BEST FOR SPORT, SKY & STREAMING

MORE CHANNELS THAN ANY OTHER TV MAG!

23-29 AUGUST 2025

TV&Satellite week

NEW

ATOMIC

Alfie Allen and **Shazad Latif** team up to save the world

LIVE

US OPEN
Will the biggest rivals in tennis face each other?

NEW

KING & CONQUEROR
James Norton goes into battle in 1066

NEW

THE THURSDAY MURDER CLUB
Meet the all-star pensioner sleuths

HotList This week's 28

Saturday 23

Premier League

FOOTBALL *TNT Sports 1, Sky Sports Main Event & Sky Sports Premier League*

Manchester City host Tottenham Hotspur at the Etihad for their first home game of the season (k-o 12.30pm). Later, Arsenal take on Leeds United (k-o 5.30pm).

Women's Rugby World Cup

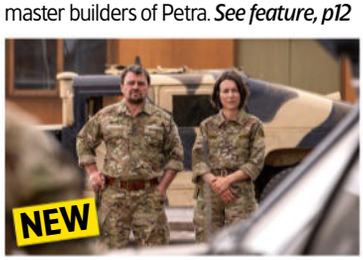
RUGBY UNION *BBC1*

Home nations Scotland and Wales kick off their tournament with a Pool B face-off (BBC1, k-o 2.45pm). Ireland take on Japan tomorrow (BBC2, k-o 12noon).

Bettany Hughes' Lost Worlds: The Nabataeans

DOCUMENTARY *C4, 8.10pm*

In a three-parter, the historian (above) uncovers the mysteries of the Nabataeans, an ancient civilisation known as the master builders of Petra. *See feature, p12*



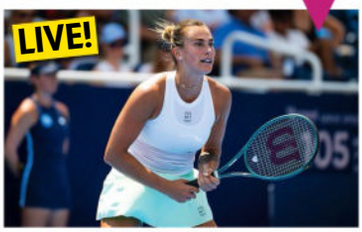
Dark Hearts

DRAMA *BBC4, 9pm & 9.50pm (box set, BBC iPlayer)*

Season 2 of the French action drama about a close-knit elite commando unit in war-torn Iraq begins with Group 45 reeling after Sab's capture.

Full listings start on **p35**

Sunday 24



US Open

TENNIS *Sky Sports+, Sky Sports Tennis & Sky Sports Main Event, from 3pm*

Coverage from New York, where the defending singles champions are Jannik Sinner and Aryna Sabalenka (above). Continues all week. *See Sport Week, p28*

The Castle: Rebuilding History

DOCUMENTARY *C4, 7.30pm*

Filmed over seven years, go behind the scenes of a £28 million restoration project at Norwich Castle. Narrated by Sir Stephen Fry. *See Documentaries, p21*

Ridley

CRIME DRAMA *ITV1, 8pm*

There are two perplexing cases for DI Carol Farman (Bronagh Waugh) and Alex Ridley (Adrian Dunbar) this week as the second series draws to a close. Concludes tomorrow. *See feature, page 12*

King & Conqueror

DRAMA *BBC1, 9.10pm (box set, iPlayer)*

James Norton (above) stars as Harold II with Nikolaj Coster-Waldau as William the Conqueror in this epic eight-part historical drama. Continues tomorrow. *See feature, page 6*

Full listings start on **p45**

Monday 25

The Royal Edinburgh Military Tattoo

FACTUAL *BBC1, 8pm*

This year marks the 75th anniversary of the military spectacular, which celebrates the 'heroes who made us' in the imposing surroundings of Edinburgh Castle.

Jamie: Eat Yourself Healthy

COOKERY *C4, 8pm*

If, like us, you've had a relaxed summer, now could be the time for a reset, and some healthy recipes from celebrity chef Jamie Oliver (above) could be just the thing. *See feature, page 11*

Disaster at Sea: The Piper Alpha Story

DOCUMENTARY *BBC2, 9pm (not Wales) (box set, BBC iPlayer)*

A look into the explosions that destroyed an oil platform in the North Sea in 1988, killing 167. *See Documentaries, page 20*

Stacey Dooley Sleeps Over

DOCUMENTARY *U&W, 9pm (box set, U)*

As Stacey Dooley's interview series returns, she spends the weekend with controversial OnlyFans content creator Lily Phillips (pictured with Dooley), who has a huge following online.

Full listings start on **p55**

Tuesday 26

Sir Billy Connolly Night

TRIBUTE *BBC4, from 9pm*

Among the treats in an evening celebrating the 82-year-old actor and comedian (above) are the 1970s tour film *Big Banana Feet* (9pm) and a 1994 interview by Sir Jeremy Isaacs (10.15pm).

The Jury: Murder Trial

DOCUMENTARY *C4, 9pm*

The BAFTA-winning series returns with 12 ordinary people sitting as jurors in the restaging of a trial in which a mother (played by an actor) is accused of killing her boyfriend. Continues to Friday.

Passage to India: A Yorkshire Vet Special

DOCUMENTARY *5, 9pm*

In this one-off, Rohin Aojula (above, left) and fellow vet Peter Wright visit Aojula's family farm in the Punjab region of India to open a much-needed pop-up clinic.

White House Farm: Murder, Bloodline and Betrayal

DOCUMENTARY *C4, 10pm (box set, Channel 4 Streaming)*

The 1985 murders of five members of the Bamber family in Essex is the subject of this two-parter. Concludes tomorrow.

Full listings start on **p65**

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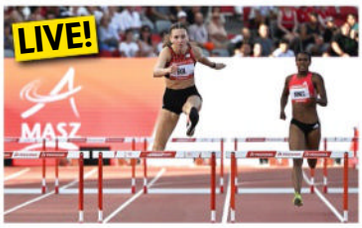
Wednesday 27

The Terminal List: Dark Wolf
***THRILLER** Prime Video*
Taylor Kitsch reprises his role from *The Terminal List* in this prequel series that focuses on former Navy SEAL Ben Edwards. ***See Your Watchlist, page 17***



Diamond League final
***ATHLETICS** BBC2, from 4.30pm*
After events held across the world, stars such as Dutch hurdler Femke Bol (above) arrive in Zurich for the two-day finale of the Diamond League series. The action concludes tomorrow.

Destination X
***REALITY** BBC1, 9pm*
Rob Brydon (above) and his remaining passengers are approaching their final European destination – but who will be able to guess where they are and go home with the prize? Concludes tomorrow.

The Great Art Fraud
***DOCUMENTARY** BBC2, 9pm (box set, BBC iPlayer)*
A look at how art dealer Inigo Philbrick (above) – husband of *Made in Chelsea*'s Victoria Baker-Harber – conned investors out of $86 million. Continues tomorrow.

■ Full listings start on **p75**

Thursday 28

The Thursday Murder Club
***DRAMA** Netflix*
Richard Osman's bestselling crime novel is brought to the screen with a stellar cast including Celia Imrie, Sir Ben Kingsley, Dame Helen Mirren and Pierce Brosnan. ***See feature, page 8***

The Dog House
***DOCUMENTARY** C4, 8pm*
As we return to Woodgreen Pets Charity, can suitable homes be found for pooches such as a one-year-old French bulldog called Spud, battle-scarred cane corso Tinker (above) and wary stray Waldo?

Dear Viv
***DOCUMENTARY** BBC3, 9pm*
This profile of *Drag Race UK* winner The Vivienne (above), who died, aged 32, in January, explores their rise to fame with contributions from family, friends and *Drag Race* stars such as Baga Chipz.

Atomic
***THRILLER** Sky Atlantic & Sky Showcase, 9pm & 10pm*
Game of Thrones' Alfie Allen plays a drug smuggler who gets caught up in a plot to transport uranium in this five-part drama. ***See feature, page 4***

■ Full listings start on **p85**

Friday 29

KPopped
***ENTERTAINMENT** Apple TV+*
International chart-topper Psy (*Gangnam Style*) hosts as big names in music – such as Megan Thee Stallion – team up with K-pop idols to perform some iconic hits together. ***See Your Watchlist, page 14***

Unknown Number: The High School Catfish
***DOCUMENTARY** Netflix*
When a teenage girl and her boyfriend are relentlessly harassed by an unknown number, investigators try to discover the culprit – and uncover a shocking twist.

The Lord of the Rings: The War of the Rohirrim
***ANIMATION** Sky Premiere, 9.45am & 5.45pm*
Produced by Peter Jackson, this animé prequel tells the story of a headstrong Middle-earth princess. ***See review, p24***

The Jury Australia: Death on the Staircase
***DOCUMENTARY** C4, 10pm (box set, Channel 4 Streaming)*
In the Australian version of the UK show, 12 'jurors' sit through a word-for-word re-creation of a manslaughter trial.

■ Full listings start on **p95**

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BOOM &

Alfie Allen, Shazad Latif and Samira Wiley star in a new thriller about smugglers carrying explosive uranium

NEW THRILLER

Atomic

Thursday, 9pm & 10pm, Sky Atlantic & Sky Showcase

A drug smuggler on his way from North Africa to the Middle East picks up an unexpected companion and some highly volatile cargo in Sky's new thriller *Atomic*.

The five-part series stars *Game of Thrones*' Alfie Allen as Max, a British criminal working for a cartel, whose luck seems to have run out when he's stopped by a group of armed militants in the middle of the desert. However, Max's life is unexpectedly spared when one of the gunmen, JJ (*Nautilus*' Shazad Latif), shoots the others and orders Max to drive him away.

In desperate need of money and with nowhere else to turn, the pair decide to complete a job for Max's boss. But they're unaware that they're actually transporting highly enriched uranium – which has put them on the radar of CIA agent Cassie Elliott (*The Handmaid's Tale*'s Samira Wiley).

Here, Allen, 38, and Latif, 37, reveal what's in store…

How would you describe the series?

Allen *Atomic* is about Max and JJ, who form an unlikely friendship. They come into possession of some highly dangerous uranium, capable of making a nuclear bomb, and are swept up into a chaotic mission that they never agreed to.

Latif It's a character-driven action adventure – it's got heart and wit, and it's got a very British element to it, even though it's taking place in the Middle East and Africa. Really, at the heart of it, it's a road movie about these two guys who are trying to find redemption.

What's the relationship like between Max and JJ when they first pair up?

Latif They don't like each other immediately, but they realise they need each other. JJ doesn't give a lot away – this is a character who doesn't even reveal his name until the last episode. He's obviously got a haunted past.

Allen Max is the chalk to JJ's cheese. He's an idealist who wears his heart on his sleeve, and he's pushing for connection, even when it's unwelcome. They start off unsure of each other's motives, but they gradually form a bond.

How does having Cassie on their tail affect them?

Latif Cassie's a highly skilled scientist who's also a non-official cover agent [working under an assumed identity that hides their ties to the agency] with the CIA, and she's there to stop terrorists from taking bombs. When she finds them, they've been at a rave and JJ has dropped a pill by accident – he's a religious man, so it's quite a shock to him. Cassie is constantly chasing our characters. We ran a lot together – it was like we were jogging partners!

Max and JJ go on the run

WORDS: STEVEN PERKINS. PHOTOS: SKY

BUST

Max finds himself with few options

What training did you undergo for this show?

Allen Training and getting ready for all the stunts at the beginning was amazing. I really like driving, and it was great to get in the cars and start whipping them about and have the stunt drivers go, 'Hey, we don't need to teach you anything.'

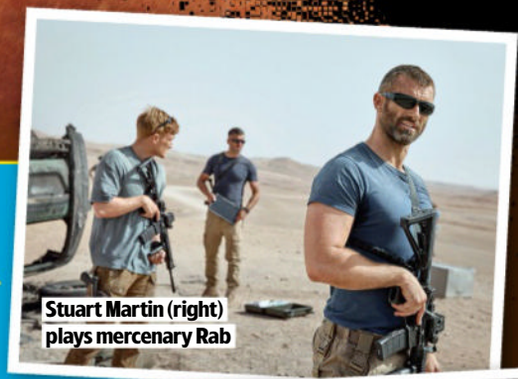
Latif I enjoyed all of it. I grew up watching action movies like *Predator* and *Demolition Man*, so it's a joy to be able to do stuff like that as an adult. The gun training was great – I'd never really handled machine guns or pistols before, but everything was really seriously taken care of. You have to look like you know what you're doing.

The two of you share a lot of scenes together across the series. Did you enjoy acting together?

Allen Working with Shazad has been amazing. We've been very, very fortunate to have a buddy-journey project where you get along with your co-star. I feel blessed to be able to work with him because it's very fun.

Latif I'd never worked with Alfie before, but as soon as we realised we were both football fans, that was the connector. The men's Euros were on when we were filming, so that was a nice decompressor at the end of the day.

HEAT OF THE MOMENT



Stuart Martin (right) plays mercenary Rab

Although the series is set in a variety of locations across North Africa and the Middle East, filming for *Atomic* took place entirely in Morocco. But while the cast enjoyed the spectacular scenery, there was one element that they found very difficult – the intense heat...

'We had some pretty harsh conditions to shoot in,' recalls Allen. 'The toughest day was when we shot in Palmyra, when it was like 44 degrees.'

'Me and Alfie had to get a giant fan put in the tent straightaway, because otherwise we were just going to explode or melt,' adds Latif. 'But it put us exactly in the frame of mind that our characters are going through. You just have to buy into it, bring some spare pants, and think to yourself, "OK, I'm going to be sweaty for 10 hours and then I'm going to go and have a shower!"'

Allen and Latif as Max and JJ

Harold of Wessex
James Norton
The young nobleman saves William's life when he's attacked by bandits on the road to London.

William, Duke of Normandy
Nikolaj Coster-Waldau
The French lord is shocked when Lady Emma turns on Harold's family at Edward's coronation.

Nikolaj Coster-Waldau and James Norton battle for the English throne in an epic drama about the Norman Conquest

Crown of destiny

WORDS: SEAN MARLAND. PHOTOS: BBC. BBC/CBS STUDIOS

NEW DRAMA

King & Conqueror

Sunday, 9.10pm, & Monday, 9.30pm, BBC1 (box set, BBC iPlayer)

William of Normandy

On 14 October 1066, the armies of King Harold and William, Duke of Normandy, met on a muddy field just outside Hastings for a battle that would become one of the most famous chapters in English history.

Edith and Harold

Every schoolchild is taught how Harold was killed after being struck by an arrow in his eye, as William's victory defined the future of England for the next thousand years. Now, eight-part series *King & Conqueror* transports us back to the beginning of that bitter struggle between the two dynasties.

'We started talking about the idea for this show seven or eight years ago,' reveals *Grantchester* star James Norton, who plays Harold. 'My first reaction was, "How has this story not been told before on TV or film?" It has defined so much of our culture, politics and law – the fabric of this country. I remember being constantly surprised reading the scripts and thinking, "Did this really happen?" But it did!'

The series, which kicks off with two episodes this week, begins in 1042 as a decade of fighting between Anglo-Saxon England's most powerful houses comes to an end when Edward the Confessor (Eddie Marsan) is crowned King. His accession to the throne is agreed to by a handful of noblemen, including Harold's father, Godwin, Earl of Wessex (Geoff Bell), who believes that he has built a strong alliance with the royal house.

KINDRED SPIRITS?

Meanwhile, across the English Channel, William, Duke of Normandy (Nikolaj Coster-Waldau), is vying for power in a dispute between France's feudal lords when he's invited to London to attend Edward's coronation, where he meets Harold for the first time.

'It's such a compelling story about these two men,' says Coster-Waldau, who played Jaime Lannister in *Game of Thrones*. 'I didn't know anything about this history, and once I started doing my research, I was surprised by how great the influence of the Normans and the Vikings was at that time.'

When William arrives in London, he meets Edward's domineering mother, Lady Emma (Juliet Stevenson), who hails from Normandy and harbours a deep resentment towards the House of Wessex, making it clear that she sees William as the future King. However, there's a bond between Harold and William.

'The two men were kindred spirits in this new generation of leaders in Europe,' says Norton, 40. 'They actually fought alongside each other, as brothers in arms, in Normandy – only for the friendship to be reversed by the time they reached the Battle of Hastings.'

INFLUENTIAL

Harold and William's respective wives, Edith (Emily Beecham) and Matilda (Clémence Poésy), also play key roles as their husbands rise through society.

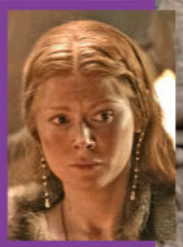
'We realised very early on that this wasn't a story about two men, this was a story about two couples,' says Norton. 'The men's decisions were informed largely by their wives.'

With Lady Emma out to destroy the House of Wessex, Harold comes to believe that taking power might be his only way of surviving. At the same time, Matilda stokes William's childhood memories in a bid to push him towards the throne.

'William had a pretty rough start in life,' reveals Coster-Waldau, 55. 'His father was killed early in his life, and by the age of 16 he'd had eight assassination attempts on his own life. Once the idea of pursuing the English crown comes into play, that ambition becomes all-consuming. For William, it's all about protection – he believes the more power he has, the safer his family will be.'

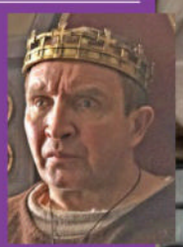
Lady Emma and Godwin

WHO'S WHO

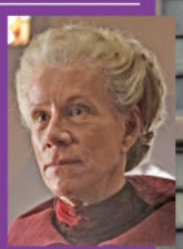


Edith
Emily Beecham
Harold's wife uncovers a plot by King Edward's mother Lady Emma to destroy the House of Wessex.

Matilda
Clémence Poésy
William's wife hails from a powerful family in Flanders and is ambitious for her husband.



Edward the Confessor
Eddie Marsan
The new King of England is unable to bring stability to his reign by producing an heir.



Lady Emma
Juliet Stevenson
King Edward's mother is determined that a child with Wessex blood will not ascend the throne.

Godwin, Earl of Wessex
Geoff Bell
Harold's father believes he has the trust of the royals and won't listen to his son's concerns.

SAXON SETTING

The action might take place in the south of England and Normandy, but *King & Conqueror* was mostly filmed at Hjallaflatir in the Heiðmörk Nature Reserve in Iceland.

The production team constructed a small village, with around 180 supporting artists and more than 50 horses employed for the biggest battle scenes.

Norton filming on location

'We spent a lot of time and attention making it feel as authentic as possible,' says Norton, who sometimes wore real chain mail for hours at a time. 'The mud and blood, the sweat and the tears – we didn't want it to feel like a pristine, precious period drama. We wanted it to feel gritty.'

CRIME of their lives

NEW FROM NETFLIX

A starry cast of veteran actors brings **Richard Osman**'s murder mystery to Netflix

NEW DRAMA

The Thursday Murder Club

From Thu 28 August, Netflix

Ibrahim, Elizabeth and Ron investigate

When TV presenter Richard Osman's debut novel *The Thursday Murder Club* was published in 2020, it introduced readers to a quartet of shrewd crime-solving pensioners who could give Miss Marple a serious run for her money.

Now, the bestseller has been adapted into a star-studded Netflix film, directed by Chris Columbus and set at Coopers Chase luxury retirement home in the fictional Kent village of Fairhaven.

While many of the residents are kept busy with art classes, jigsaws, knitting circles and caring for the herd of llamas who graze in the grounds, forthright Elizabeth Best (Dame Helen Mirren), passionate ex-trade-union activist Ron Ritchie (Pierce Brosnan) and mild-mannered psychiatrist Ibrahim Arif (Sir Ben Kingsley) meet up each Thursday to try to crack unsolved crimes from the past. And they soon recruit a newcomer – kindly former nurse Joyce Meadowcroft (Celia Imrie) – to assist them with her medical knowledge.

The foursome are faced with a present-day mystery to unravel when it emerges that Coopers Chase's unscrupulous co-owner Ian Ventham (David Tennant) plans to redevelop the site and eject everyone who lives there. Amid the resulting furore, a brutal death occurs, and, as the body count rises, Elizabeth, Ron, Ibrahim and Joyce must use all of their detection skills to unmask a killer.

Here, Mirren, 80, and Brosnan, 72, recently seen as a married couple in gangster drama *MobLand*, reveal more about the film, which will also get a limited cinema release from Friday 22 August…

What drew you to the movie?

Brosnan Director Chris Columbus is an old pal of mine. We made *Mrs Doubtfire* [1994] and *Percy Jackson & the Olympians: The Lightning Thief* [2010] together – he seems to come around every 10 years or so with wonderful jobs for me. He sent me the script and I loved it.

Mirren I was one of the many millions who read the book and loved it. I couldn't put it down and was utterly charmed by it. Reading it, you do think, 'This could be a movie.' I could tell immediately the character that I would be most suitable for. And all my friends who read the book also said, 'If they ever make a movie, you have to play Elizabeth!'

Helen, how do you see Elizabeth?

Mirren She's tough, she's smart and she's witnessed some heavy-duty things. We can tell that she was someone powerful and substantial, but it's all a bit secret. Was she a high-level politician? Was she a high-level operative in MI5 or MI6? She never quite talks about it, but we get a sense…

And, Pierce, what do you make of your character Ron?

Brosnan Ron is a stout fellow of good character. He's very humorous and there's a certain theatricality to him. He doesn't particularly want to be at Coopers Chase but there's a time in life when you just have to hang up your spurs!

The film is wryly funny but it also takes a tender look at friendship and the challenges of ageing, doesn't it?

Mirren Yes, it's comedic, and it has a very gentle, British style of comedy. But it has these absolutely serious issues within it as well – the issues that you have to deal with the further you get into your life, such as the diminishing of your mind and your body. The murder mystery is the foundation, but the essence of it are these characters and the humanity of them.

Brosnan We do see the humanity

Naomi Ackie and Daniel Mays co-star as cops on the case

Elizabeth Best
Helen Mirren
The steely pensioner has an enigmatic background and displays a talent for investigation as she and her friends hunt for a murderer.

Ibrahim Arif
Ben Kingsley
The gentle bachelor had an esteemed career as a psychiatrist and he uses his knowledge of human nature to assist in the case.

WORDS: CAREN CLARK. ALISON SLADE. PHOTOS: BBC, ITV, NETFLIX

Joyce Meadowcroft
Celia Imrie
Recently widowed, the keen baker is new to Coopers Chase and is thrilled to become part of the Thursday Murder Club.

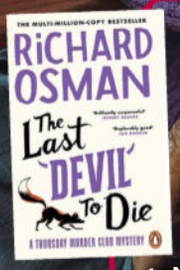
Ron Ritchie
Pierce Brosnan
A former trade-union firebrand, the witty OAP has spent his life organising protests and possesses a strong sense of justice.

of age. Everyone can identify on some level. It's about joy, it's about the sorrow of life, the grief of life, the dreams and expectations that we have, the unexpected relationships that we make, and how we move on.

What do you hope viewers will take away from watching the movie?

Brosnan There are some wonderful set pieces. It is a very interesting screenplay because, in some regards, each scene is stand-alone, but you have a through line of character, emotion and connection within these people's lives.

Mirren I hope that viewers will be entertained, but I do hope they'll be moved a little, too.



WIN A COPY OF *THE LAST DEVIL TO DIE*

***The Thursday Murder Club*, written by TV presenter Richard Osman, comes to Netflix from Thursday 28 August. To celebrate, we have 20 copies of the most recent novel in his series, *The Last Devil to Die*, to be won. To enter, answer this question:**

Richard Osman presents which quiz show?
A *The Chase*
B *House of Games*
C *Tipping Point*

Richard Osman

If you know the answer, go to bit.ly/TVSW523. This competition is open from 9am on 19 August and closes at 11.59pm on 19 September 2025. Terms and conditions can be found here: comps.whatsontv.co.uk/rules

STORY OF THE WEEK

SOAP WEEK

This week's soaps at a glance

Vanessa urges Charity to come clean

EMMERDALE

Charity shares her baby secret with Vanessa

» **Sarah is in** seventh heaven, believing Charity is carrying her and Jacob's baby after stepping up to be their surrogate. But she has no idea that the nipper growing inside her granny may be the product of a drunken bunk-up that Charity had with Ross.

As Vanessa comforts her former partner over her split from Mackenzie, Charity crumbles and admits that 'Sarah's' baby may not be Sarah's after all. Ness assumes that Charity means the baby could be Mack's, and Charity doesn't correct her. The vet also calls for honesty, but Charity wants to keep quiet.

All the while, Ross is circling, desperate to know if his and Charity's son Moses is about to get a sibling. Charity lies that she has had a paternity test done that proves Sarah and Jacob are the parents, but he demands to see the evidence. And when she refuses to show it to him, he insists on doing his own test.

Ross demands the truth

Will Charity be forced to get on board? And if so, will her fear be confirmed?

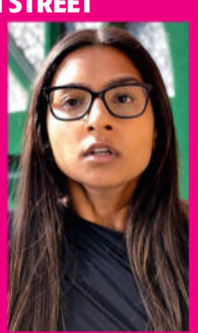
» **PLUS** Aaron makes a shocking discovery, Moira turns on Dylan after discovering he broke into Butlers, Belle breaks up with 'violent' Kammy following Gabby's warning, and Ross and Robert have a farming contest.

whattowatch.com/soaps

ALSO IN THE SOAPS THIS WEEK...

CORONATION STREET

» Asha (right) has a panic attack after a day at work, Aadi leaves for India, Carl teams up with Brody for a car-theft racket, Billy has a run-in with Theo's son Miles, and Daisy's mum Christina returns... but what does she want?



EASTENDERS

» Anthony Trueman (right) returns, Oscar confesses all to Patrick, Tommy discovers that Alfie's been in touch with Zoe, Callum's jealous to see Johnny on a date, Harry loses Okie's gun, and Julie has a surprise for Nigel.

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Change for life

Jamie Oliver's mouth-watering menu for healthy eating...

A variety of veg is a must

Oliver recommends experimenting with new flavours

NEW COOKERY

Jamie: Eat Yourself Healthy

Monday, 8pm, C4

We all know that eating well is a key ingredient towards healthy living, but sometimes that's easier said than done. Now, Jamie Oliver is here to help with his new five-part series on C4.

In *Jamie: Eat Yourself Healthy*, the chef shares delicious recipes, tips and shortcuts for a balanced diet, while working with health experts on everything from our immune systems to brain function.

Here, Oliver, 50, tells us more…

Why did you want to make this show? Many of us have good intentions to eat healthier, but life is busy. I want to prove that good nutrition can be simplified and is often cheaper, healthier and tastier than a takeaway. If you feel you could be healthier but you're not sure where to start, this is for you.

'Cooking is an act of self-love and you're worth looking after'

JAMIE OLIVER

You've studied nutrition formally, haven't you? Yes, around 10 years ago, I studied for a Royal Society for Public Health Level 4 Award in Nutrition at St Mary's University, Twickenham. I've been implementing what I've learnt in the work I've done since. Taste is at the forefront of everything I do, but good nutrition has always been behind the scenes.

What advice do you have for anyone considering a culinary health kick? Healthy eating really starts when we're shopping. Savvy shopping, smart cooking and a little bit of curiosity can make such a difference. We don't have to get it right all the time, but making good food choices more often has the potential to transform our lives. I have a whole host of helpful little swaps that will set you up for success in the kitchen.

What tips can you share? I'd say shortcut ingredients are your best friend – think frozen vegetables, tinned or jarred veggies, beans and pulses. And when it comes to veg and fruit, eat the rainbow to maximise your nutrients, vitamins and minerals.

Do you have favourite recipes from the programme? My chicken-and-berry grain bowl is packed with fibre, three of your 'seven a day', and backed up with blueberries and rice. It's a thing of joy. My chocolate-orange dessert pots feel indulgent, but are actually healthy. My wife Jools is a huge chocolate fan, so I had to get a cheeky recipe in there for her!

What do you hope viewers take away from watching? Small changes make a big difference. If you take away how to get your seven a day, I'll be delighted. Cooking is an act of self-love and you're worth looking after.

WORDS: ELAINE REILLY. PHOTOS: ALAMY, C4

LOOK WHO'S BACK...

A familiar face appearing in a new role this week

Mary-Louise Parker

Elsbeth

Monday, 9pm, Sky Witness

Born in 1964 in South Carolina, Mary-Louise Parker made her name in 90s movies including *Grand Canyon* and *Fried Green Tomatoes* (inset). Her TV roles include political operative Amy Gardner in *The West Wing*, marijuana dealer Nancy Botwin in *Weeds*, plus parts in *The Blacklist* and *Billions*. Currently, she's starring in Stephen King adaptation *The Institute* on MGM+, as Ms Sigsby, who runs a facility that imprisons children with telepathic powers.

HER NEW ROLE

In this week's episode of *Elsbeth*, *Hot Tub Crime Machine*, Parker, 61, plays decluttering guru Freya Frostad, who bumps off her hubby Axel in a hot tub when she becomes jealous of his relationship with a younger woman, with whom they are involved with as a 'throuple'. As part of her investigation, Elsbeth (Carrie Preston) consults with Freya on the contents of her trademark tote bags, but will she discover that Freya has decluttered her life by murdering Axel?

Mary-Louise Parker as Freya

Sands of time

Bettany Hughes reveals the desert tribe who shaped ancient history

Hughes heads into the desert

NEW DOCUMENTARY

Bettany Hughes' Lost Worlds: The Nabataeans

Saturday, 8.10pm, C4

For her latest series, historian, author and broadcaster Bettany Hughes is uncovering the mysteries and legacy of the Nabataeans, an extraordinary desert people who flourished in what is now Saudi Arabia between the 4th century BC and the 2nd century AD.

'The Nabataeans were hugely influential and were essentially the engine of ancient civilisation. They were originally desert nomads who became big innovators. They built the city of Petra and became very wealthy trading goods like incense and bitumen across Asia, Africa and Europe,' says Hughes.

'They were also great mariners. However, they have been largely written out of history. I wanted to make this series to write them back in and show just how important they were.'

The three-parter begins with Hughes in Hegra, Saudi Arabia, where, using the latest archaeological techniques, she reveals the secrets of a forgotten desert city that was once a bustling hub of Nabataean life.

LIFE AND DEATH

'One of my highlights was uncovering the tombs in Hegra where family groups had been buried together. It was the first time they'd been excavated, so to see those human remains coming out of the earth and learn about the Nabataeans' health and diets from forensic anthropologist Lauren Swift was fascinating.'

The opening episode also sees Hughes crossing the desert with a group of Bedouin who are descendants of the Nabataeans.

'The reason the Nabataeans became so rich is because they were the only people who could actually survive those long desert journeys and use camels to get goods delivered,' she explains.

Later in the series, Hughes visits the ancient city of Petra, the Nabataean capital, now in Jordan, and also travels to the Bay of Naples in Italy, where the Nabataeans had strong trade connections selling incense.

'They built a temple in Naples dedicated to their great sun god, Dushara, which is now submerged beneath the sea,' continues Hughes. 'I went diving down to the seabed to explore it. Seeing that underwater temple with its huge, beautiful altar was extraordinary.'

Conflict of interest

DCI Goodwin makes a tough call as the crime drama concludes

Star Terence Maynard

LAST ONE CRIME DRAMA

Ridley

Sunday, 8pm, & Monday, 9pm, ITV1

There's a double helping of *Ridley* this week as the second series comes to a close – and the first of the two feature-length episodes finds DCI Paul Goodwin in a difficult position when DI Carol Farman's son Jack becomes a key witness in a murder case.

'There's nothing Goodwin can do other than take Carol off the investigation,' reveals Terence Maynard, who plays the police chief. 'He's already short on manpower and she's the lead detective. But he's not afraid to make hard decisions for the benefit of everyone else.'

WORDS: NICK CANNON, TESS LAMACRAFT, RICHARD MCCLURE, ELAINE PENN. PHOTOS: ALAMY, ALL3MEDIA, BBC, C4, HBO, ITV, SHUTTERSTOCK, SKY, CBS

Bettany Hughes

Fortunately, Carol (Bronagh Waugh) is back with Alex Ridley (Adrian Dunbar) and the team by Monday's season finale, which focuses on the disappearance of a local woman with bipolar. Young mum Tara Dunning (Emily Stott), who works part-time at a cafe owned by Celia (Maggie Steed), sparks concern when she fails to return home or turn up for work.

'It's a missing-person case that turns into a homicide case. It's a bit of a tragedy how this one evolves,' says Maynard.

The ex-*Coronation Street* actor recently appeared in *The Bombing of Pan Am 103*, and will soon be seen in ITV1's upcoming drama *The Hack* as well as *NCIS* spin-off *NCIS: Tony & Ziva*. Meanwhile, the star is hoping there will be a third series of *Ridley*.

'We're desperate to do a third run so that we can all be together again. We filmed the first series during the pandemic, and our bubble was the main cast. So, when we came back for the second series, we'd bonded so well. We've maintained that friendship off-camera, too, and had social occasions at our houses.

'I must confess that I've never watched *Line of Duty*, although my wife is a fan. When I told her I was going to be working with Adrian, she was beside herself.'

Carol and Alex

WHAT ELSE CAN I WATCH?

We search the TV schedules to uncover the shows you might have missed...

Dark Hearts

Sat, 9pm & 9.50pm, BBC4 (box set, BBC iPlayer)

The tense French-language action drama about a special-forces unit fighting in Iraq returns for a second six-part run. Picking up from the events of Season 1, when Group 45 commando Sab (Nina Meurisse) was captured while on a high-risk mission, the team is determined to rescue her from the hands of the escaped Zaid (Moussa Maaskri). But can Sab's comrades bring her home alive?

The Jury: Murder Trial

Tuesday-Friday, 9pm, C4

Stripped across four nights, the BAFTA-winning series returns with another re-creation of a real-life trial, as actors restage the court case and a jury of 12 ordinary people arrive at a verdict. This time, a young mother stands accused of murdering her boyfriend with a knife. Did she act in self-defence, as her legal team claims, or is she telling lies? And will the jury agree with the original trial's verdict?

Billy Connolly: Big Banana Feet

Tuesday, 9pm, BBC4

This behind-the-scenes look at comedian Sir Billy Connolly's 1975 tour of a politically volatile Ireland follows the Big Yin (right) on and off stage. After a limited cinema release in the 70s, the only copy of the film lay in a dusty archive and remained unseen until it was restored by the British Film Institute.

Marc Maron: Panicked

Sunday, 10pm, Sky Comedy

US podcaster and *Stick* and *GLOW* actor Marc Maron (right) performs a stand-up comedy special at the Brooklyn Academy of Music in New York. As well as riffing on a near-death experience when he was out hiking, he also talks about his anxiety, his ageing father's dementia and having to evacuate his home, along with his pets, during the Los Angeles wildfires.

WATCHLIST

YOUR

NETFLIX

prime

BBC iPLAYER

Disney+

4

sky box sets

NOW

tv+

Special K

Music icons join forces with the **biggest names in K-pop**...

tv+ KPopped

NEW *Available: Friday 29 August*
Genre: Reality Season: 1 Episodes: 8

Get set for some K-pop magic in Apple TV+'s eight-part song-battle show *KPopped*, a brand-new concept that sees Western music legends team up with the biggest names in K-pop to reimagine their greatest hits in a series of musical showdowns.

Hosted by *Gangnam Style* singer Psy and Korean-American comedian Soojeong Son, the show features major chart-toppers like the Spice Girls' Mel B and Emma Bunton, Boy George, Jess Glynne and Kylie Minogue, as they team up with top-tier acts from the Korean music genre such as Itzy, Ateez and Kiss of Life with the aim of giving their biggest hits a fresh K-pop twist.

MUSICAL MAKEOVER

In each episode, they'll then perform their newly 'K-popped' songs in a music battle in front of an audience in Seoul, South Korea, who'll choose which song makes the best K-pop hit. And, of course, no K-pop performance is complete without all the dazzling dance moves!

The first episode features Grammy-winning American rapper Megan Thee Stallion and Patti LaBelle, AKA the 'godmother of soul', with all new remixes of *Savage* and *Lady Marmalade*. Meanwhile, Kesha, Vanilla Ice, Taylor Dayne and TLC will appear in other episodes alongside K-pop stars such as JO1, Kep1er and STAYC.

Here's our rundown of the most notable collaborations and the songs getting 'K-popped'...

The best of **Netflix, Prime Video, Disney+** and more...

SEOUL STARS

Spice Girls (Wannabe)

Mel B and Emma Bunton create all-new remixes of two of their songs, *Wannabe* and *Say You'll Be There*, alongside fellow girl group Itzy.

Kylie Minogue (Can't Get You out of My Head)

Kylie's 2001 hit gets a new K-pop flavour as she teams up with Instagram-famous boy band Ateez.

Jess Glynne (Hold My Hand)

The British singer-songwriter joins forces with South Korean girl group Kiss of Life to write a K-pop version of her 2015 hit *Hold My Hand*.

Boy George (Karma Chameleon)

The 80s icon joins the all-girl group STAYC to take it up a notch with a new version of Culture Club's 1983 chart-topper.

Vanilla Ice (Ice Ice Baby)

The 1990 hit gets a K-pop makeover and a new dance routine in a collaboration between Vanilla Ice and seven-member girl group Kep1er.

Boyz II Men (End of the Road)

The American boy band's 1992 ballad gets a new sound from Blackswan, currently the only K-pop group with no Korean members.

What we're watching...

The shows being enjoyed by the *TVSW* team

prime The Facebook Honeytrap: Catching a Killer

Genre: Documentary Eps: One-off

In 2014, British expat Christine Robinson was brutally murdered by her gardener Andrew Ndlovu at her game lodge in South Africa. Ndlovu fled to Zimbabwe, where he seemed out of the reach of the law. But Robinson's grieving niece Lehanne Sergison (right) had other ideas, and her remarkable quest for justice is told in this documentary. Unable to leave Britain because of a chronic illness, Sergison created a fake Facebook account and set a honeytrap to catch the killer.

tv+ Chief of War

Genre: Drama Season: 1 Eps: 9 (released weekly)

Aquaman's Jason Momoa (right) brings his considerable star power to the role of real-life 18th-century warrior Ka'iana, who attempts to unite the four kingdoms of Hawaii in a sweeping, breathtaking drama.

prime Built in Birmingham: Brady & the Blues

Genre: Documentary Season: 1 Episodes: 5

In the style of *Welcome to Wrexham*, this docuseries chronicles Birmingham City FC's transformation under an American consortium that includes former NFL great Tom Brady.

Now in production...

Three upcoming shows to look out for soon

tv+ Stick

Apple TV+'s comedy, starring Owen Wilson (above) as washed-up former pro golfer Pryce Cahill, who ends up mentoring gifted teen Santi (Peter Dager), will return for a second season, which is set to find the duo crossing paths with a range of new characters.

NETFLIX The Leading Man

The Netflix action comedy, based on a comic book, will see John Cena and Kevin Hart (both above) take centre stage and follows a gung-ho movie actor who is stunned when he finds out that his co-star is a real-life undercover agent.

tv+ Prodigies

Reece Shearsmith and Tobias Menzies (both above) are joining the cast of Apple TV+'s comedy, featuring Ayo Edebiri and Will Sharpe as former child prodigies who must adjust to the realities of life. Nabhaan Rizwan, Meera Syal and Lolly Adefope will also appear.

WORDS: CAREN CLARK, HANNAH DAVIES, JUDY EWENS. PHOTOS: APPLE TV+, GETTY, PRIME VIDEO

Atom Eins (Adrian Edmondson)

Adrian Edmondson shows his dark side in the sci-fi thriller

Ground control

Boy Kavalier and Atom Eins

Disney+ Alien: Earth

Available: Wednesday 27 August Genre: Sci-fi
Season: 1 Episode: 4 (of 8)

Adrian Edmondson didn't need to be asked twice when he was approached about playing the menacing Atom Eins in Disney+'s sci-fi prequel series *Alien: Earth*.

'I was in my early 20s when I saw *Alien* in the cinema. There was a moment of incredible mass hysteria when everyone jumped up, and I lost my hat,' recalls Edmondson about his lifelong love of the space saga. 'It's exciting to be back in that world.'

SINISTER SIDEKICK

Since his introduction as the right-hand man for billionaire Boy Kavalier (Samuel Blenkin) at the Prodigy Corporation, Atom has remained an enigma. Last week, however, there were chilling glimpses into his psyche when he menacingly questioned childlike hybrids Slightly and Smee after their encounter with Morrow (Babou Ceesay), the cyborg security officer of the *Maginot*, a spaceship owned by rival company Weyland-Yutani that crashed on Prodigy territory.

Now, as the series continues, it's revealed just how much he's trusted by his arrogant boss, when Boy Kavalier seeks out Atom's opinion on his dangerous decision to transport *Maginot*'s alien cargo to his high-security research island and experiment on the deadly extraterrestrials...

SPOILER ALERT!

'Boy Kavalier is this brainy tech-genius kid who is full of brilliant ideas, and Atom is his consigliere and Rottweiler enforcer,' explains the former *The Young Ones* star, whose sci-fi credits include Netflix series *3 Body Problem* and Star Wars film *The Last Jedi*. 'He's half-diplomat, half-thug – no one gets away with anything when Atom is in the room.'

This week's episode also sees Boy Kavalier and Atom work together to try to control the relationship between hybrid Wendy (Sydney Chandler) and her human brother Hermit (Alex Lawther).

'Good sci-fi writing reflects what's happening now, and *Alien: Earth* deals with a lot of different synthetic forms of humanity including the most frightening element – the introduction of AI,' says Edmondson, 68, whose wife, comedian Jennifer Saunders, is also a big *Alien* fan.

'I have several reasons to keep the storyline a secret and one is because I don't want to spoil it for my wife. She likes horror and *Alien* is her favourite. It's the best monster ever created for film and TV.'

Rafael and Isabel team up to get answers

Search & rescue

Can two missing teens be found alive?

NETFLIX Two Graves

NEW *Available: Friday 29 August Genre: Thriller*
Season: 1 Episodes: 3

After playing criminal mastermind The Professor in five seasons of Netflix thriller *Money Heist*, Álvaro Morte is caught up in another high-octane drama in Spanish-language miniseries *Two Graves*.

Morte plays Rafael, the father of missing 16-year-old Marta, who teams up with grief-stricken grandmother Isabel (*Women on the Verge of a Nervous Breakdown*'s Kiti Mánver) when Marta and her friend, Isabel's granddaughter Verónica, vanish from their sleepy coastal town.

QUEST FOR VENGEANCE

When the police close the case after two fruitless years of investigations, due to a lack of any significant evidence or suspects, Isabel is determined to do whatever it takes to find out what happened to them, and joins forces with an equally vengeful Rafael.

She soon discovers that the two teenagers were last seen getting into a car after partying at a club, but as she carries out her own investigation into their disappearance, the body count grows as she resorts to increasingly violent means to uncover the truth.

'It is a revenge story led by a character rarely seen at the heart of a drama – a grandmother willing to do whatever it takes to seek justice for the loss of her granddaughter,' says creator Agustín Martínez. 'It's a thriller full of emotion and unexpected twists.'

Friends Marta and Verónica vanish

WORDS: CAREN CLARK; IAN MACEWAN, ELAINE REILLY. PHOTOS: NETFLIX, C4, ITV, 5, SKY, PRIME VIDEO, FX. ©2025 DISNEY & ITS RELATED ENTITIES

Taylor Kitsch (second from left) returns as Ben Edwards

A prequel series **tells the backstory** of Navy SEAL Ben Edwards

Rogue hero

prime The Terminal List: Dark Wolf

NEW *Available: Wednesday 27 August*
Genre: Thriller Season: 1 Episodes: 7
(first three episodes from 27 August, then weekly)

The 2022 action series *The Terminal List* saw traumatised Navy SEAL James Reece (Marvel star Chris Pratt) set out to avenge the deaths of his comrades after a military mission he was leading in Syria was compromised.

This prequel spin-off winds back the clock to when Ben Edwards (*Waco*'s Taylor Kitsch) was working alongside James in Syria. Fans of the original will know that Ben was at the heart of a huge plot twist at the end of the series, and in *Dark Wolf* we find out exactly what brought James' friend and confidant to that explosive conclusion.

'This is the origin story that gets us to that point,' explains Kitsch, 44. 'There was so much heat around Ben with that twist, and all these questions. You're going to learn a heck of a lot more about who Ben really is.'

SLIDING-DOORS MOMENT

Kitsch adds that a particularly decisive point in Ben's journey in *Dark Wolf* is the opening mission in which he seriously oversteps the mark, leading him to leave the Navy SEALs to undertake clandestine ops for the CIA.

'One split-second decision changed the course of his life,' says Kitsch. 'You're not only stripping the bird off his chest [the symbol on the Navy SEALs' insignia], but you're also stripping away a piece of who this guy is and his purpose.'

Dark Wolf also features the return of James' comrade Ernest 'Boozer' Vickers (Jared Shaw), as well as the addition of *Westworld*'s Luke Hemsworth as CIA contractor Jules Landry and *The Umbrella Academy*'s Tom Hopper as Lieutenant Raife Hastings.

Kitsch and Tom Hopper

A fan of the Jack Carr books that the series is based on, Hopper, 40, says he was seriously impressed by the attention to detail in the military-based prequel.

'We had so many guys that served, active and retired, as part of the production team,' he says. 'You can't do better than that for authenticity.'

EVERYONE'S TALKING ABOUT...

We point you towards the TV moments you won't want to miss on catch-up

4 In Flight

In C4's thriller, flight attendant Jo (Katherine Kelly) is approached by gang boss Cormac (Stuart Martin), who tells her that she must smuggle drugs for a crime syndicate in order to keep her son safe while he is holed up in a Bulgarian prison.

itvX Ridley

The return of ITV1's crime drama finds police consultant Alex Ridley (Adrian Dunbar) investigating a raid on a jewellery store. But when a witness is murdered, Alex has to oversee a risky undercover operation to nail the perpetrators.

5 Lost in the Desert with Nick Knowles

5's travelogue sees the star make an epic trek across the Gobi Desert, where he has a go at horseback archery and tries to play the horsehead fiddle. Meanwhile, he also camps out overnight nomad-style.

sky box sets Virgin media NOW Resident Alien

As the fourth run of Sky's sci-fi comedy begins, alien Harry (Alan Tudyk) is in an outer-space prison, while his sinister doppelganger the Mantid is trying to mate on Earth. But Harry eventually gets a chance to escape...

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- Chris Nott's 70's Show • 60's Explosion
- Sing Baby Sing's Stylistics tribute
- The Chapman Twins 60s Show
- Billy Shannon • SOS Party Duo
- The Orbison Project's Roy Orbison tribute
- Jamie Thurston of Herman's Hermits
- Maxine Mazumder as Dusty
- The GN A Team

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- James Williams
- Keri Whip as Tina Turner
- Sing Baby Sing's Stylistics tribute
- Musical Youth • The Firebirds
- Paul Reason as Neil Diamond
- Chris Gee's impressions show
- Carry on New Year Party with Rich Mix & Keith Slater
- Paul Reason as Robbie Williams with band
- Country Joe • The GN A Team

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Just £10pp deposit
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Warner Norton Grange

• Self Drive to resort

• 29 January 2026

- Mark Summers Elvis Legacy Band
- Paul Reason as Neil Diamond
- The Forever Jackson Show
- Nicola Marie as Shania Twain
- The Commandments
- Boy Gorgeous
- Billy Shannon • Little Eagle
- Rich Mix Party Band
- The Chapman Twins
- The Decades Band
- Paul Reason as Robbie Williams + band
- YMCA Village People Experience
- Emily Reed as Cher
- Joanna James 60's & 70's Fever
- Magician Martin John
- The GN A Team

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Pick of the new releases

The best new shows to enjoy this week on streaming services...

Bon Appétit, Your Majesty

Saturday 23 August

Korean fantasy romcom. A modern-day French-trained chef is transported back in time to the royal palace. There, she must cook for a tyrannical ruler with a fine palate and a deadly temper.

Stargirl

Sunday 24 August

All three seasons of the superhero drama from 2020-2022. High-school student Courtney Whitmore (Brec Bassinger) inspires an unlikely group of young heroes to take up the legacy of a long-lost superhero team – the Justice Society of America. Previously shown on Prime Video.

WWE: NXT Heatwave

Sunday 24 August

The professional wrestling event, held at the Lowell Memorial Auditorium in Lowell, Massachusetts, will stream live from 11.30pm.

Lego Disney Princess: Villains Unite

Monday 25 August

Animated children's adventure. After Ariel, Moana, Tiana, Rapunzel and Snow White thwart Gaston's plan to take over their kingdoms, he calls upon fellow villains Ursula, Jafar and the Evil Queen to take down the princesses.

Upload

Monday 25 August

The fourth and final season of the sci-fi comedy from *King of the Hill* co-creator Greg Daniels set in a future where people can 'upload' themselves into a virtual afterlife of their choosing. But sentient AI is turning evil and threatening to wipe out the digital afterlife. *The Flash*'s Robbie Amell stars.

Fantasy Football Ruined Our Lives

Wednesday 27 August

Italian comedy. When Gianni, the reigning champion of a fantasy-football league, vanishes on his wedding day, which is also the final decisive day of the league, his motley group of friends recount the lead-up to his chaotic bachelor party.

Katrina: Come Hell and High Water

Wednesday 27 August

Docuseries. Twenty years after coastal hurricane Katrina devastated New Orleans, survivors reflect on the cataclysmic storm and the systemic governmental neglect it exposed as well as the bungled recovery operation and how the disaster changed the city and their lives for ever. Spike Lee is an executive producer.

The Terminal List: Dark Wolf

Wednesday 27 August

Prequel to 2022's *The Terminal List*. It follows Ben Edwards (Taylor Kitsch) on his journey from Navy SEAL to the clandestine world of CIA special operations. See feature, page 17.

The Thursday Murder Club

Thursday 28 August

Dame Helen Mirren, Pierce Brosnan, Sir Ben Kingsley and Celia Imrie star in a crime comedy based on Richard Osman's bestseller. Four retirees spend their time looking into cold-case murders for fun. But when an unexplained death occurs on their doorstep, they end up investigating a real whodunnit. See feature, page 8.

KPopped

Friday 29 August

Musical reality series. Western chart-toppers team up with K-pop bands to reimagine one of their biggest hits, which they then perform in front of a live audience in Seoul, South Korea. Among the acts featured are Patti LaBelle, Kylie Minogue and Boy George. See feature, page 14.

Shape Island

Friday 29 August

The second season of the children's animation. Three shapes have fun and search for answers, while learning how to navigate each other's differences.

Love Untangled

Friday 29 August

Korean teen romcom, set in 1998. A love-struck 19-year-old plans to win the school heart-throb by attempting to straighten her perpetually frizzy hair until a new transfer student changes everything.

Two Graves

Friday 29 August

Spanish thriller. Two years after the disappearance of a pair of teens, the gran of one of the girls is determined to do whatever it takes to find out what happened to them. See feature, p16.

Unknown Number: The High School Catfish

Friday 29 August

True-crime documentary. A teenage girl and her boyfriend become the targets of relentless harassment from an unknown phone number. As authorities dig deeper, they uncover a secret that challenges everything they initially believed about the case.

Dating Naked UK

Friday 29 August

Rylan Clark hosts the second season of the reality dating show. Singletons bare all in Panama in the hopes of finding love, and battle it out for a £50,000 prize pot.

Enemigos

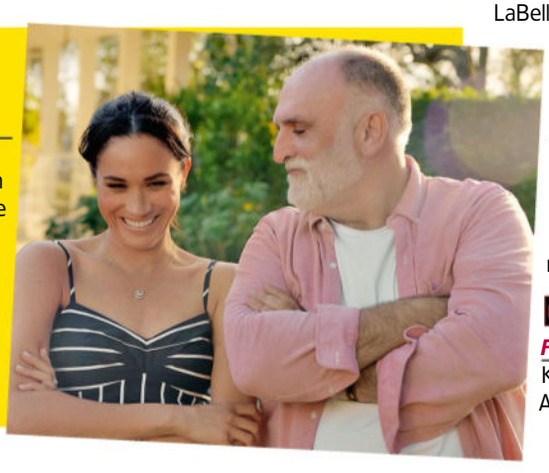
Friday 29 August

Spanish thriller. Teenagers Rubio and Chimo are sworn enemies because Rubio has relentlessly bullied Chimo. One day, Chimo has the chance for revenge and decides to carry out his plan, upending both their lives.

With Love, Meghan

Tuesday 26 August

The Duchess of Sussex is 'embracing playfulness' again in a second run of her lifestyle series, in which she's joined by celebrity chefs, artists and best pals to rustle up recipes and carry out DIY projects. Chrissy Teigen and José Andrés are among the guests at her California home.



WORDS: JUDY EWENS. PHOTOS: NETFLIX, PRIME VIDEO

Documentaries

Families recall the devastating **Piper Alpha explosion** almost 40 years ago

Inferno at sea

NEW FACTUAL

Disaster at Sea: The Piper Alpha Story

Monday, 9pm, BBC2 (box set, BBC iPlayer)

On the night of 6 July 1988 at 10pm, a catastrophic explosion rocked Piper Alpha, an oil-rig platform in the North Sea about 120 miles off Aberdeen. The raging inferno claimed the lives of 167 men who were working on the rig that night. Only 61 survived.

Now, BBC2's three-part documentary *Disaster at Sea: The Piper Alpha Story* looks back at what caused the world's deadliest offshore oil disaster and explores its ongoing impact on both survivors and loved ones.

'It was early in the morning and me and my daughters were still in bed when there was a knock at the door,' recalls Fiona, whose husband Frank Miller died in the tragedy.

'It was a family member and

Firefighters tried to control the blaze

We Want the Funk

Saturday, 9.10pm, BBC2

From its African and jazz roots to artists including James Brown and Parliament-Funkadelic, this history of funk music explores its links to politics and race relations in 1970s America. Contributors include George Clinton (above) and Robert Bell from Kool & the Gang, plus archive interviews with Sir Elton John and David Bowie.

Fake or Fortune?

Mon, 6.30pm (regions vary), BBC1

Fiona Bruce and Philip Mould reopen the files on a previous case in this special episode. In 2024, a painting bought at auction for £2,000 by amateur collector David Taylor turned out to be a lost work by Canadian impressionist Helen McNicoll. He was offered £300,000 for the work by a billionaire art collector, but what happened next?

Claridge's: A Legacy of Luxury

Saturday, 8.10pm, 5

A glimpse behind the scenes at art-deco hotel Claridge's in Mayfair, London. It began life as adjoining terraced houses in the early 19th century, before visits from Queen Victoria and Prince Albert made the hotel a favourite for the elite, with famous guests from King Edward VIII to Noel Gallagher.

WORDS: HANNAH DAVIES, REBECCA MAHONEY. PHOTOS: ALAMY, BBC, C4, SHUTTERSTOCK, 5

A firefighting platform came to the scene

she said there had been an explosion on the rig. I turned on the news on the telly and that's when it hit me. I just screamed. Later, two policemen came to say Frank was missing, but the more that time went on, I knew he wasn't coming home.'

MULTIPLE ERRORS

Using testimony from survivors given in the months following the catastrophe, the series reveals that the rig's sprinkler system failed, there were no tannoy announcements, no evacuation plans, and rescue helicopters couldn't land on the helipad due to dense smoke.

Amid panic and confusion, many workers were forced to jump around 150ft from the platform into the sea below to escape the intense heat. Of the 167 who perished, most died from smoke inhalation.

Meanwhile, those who survived were left traumatised. The documentary also hears from Rachel, whose father Geoff Bollands suffered with severe PTSD and survivor's guilt, and Marc, whose father Mark Reid escaped the inferno, only to die following a struggle with alcoholism, aged 48.

A public inquiry discovered the cause of the blaze was a leak of highly flammable condensate. Piper Alpha's operator Occidental was officially found to have inadequate maintenance and safety procedures, but no criminal charges were ever brought.

'Hundreds of things went wrong – that rig should never have been operating,' says Fiona. 'Frank was 33 and had his whole life ahead of him. I just hope his death was quick.'

Rachel and Fiona

Passage to India: A Yorkshire Vet Special

Tuesday, 9pm, 5

In a one-off special, Yorkshire vet Peter Wright travels to northern India, as he's invited by colleague Rohin Aojula to visit his family's Punjab village. As well as helping out on the farm, the pair set up a pop-up clinic, and Wright learns how to bhangra dance to celebrate a harvest festival known as Vaisakhi.

The Great Art Fraud

Wed & Thu, 9pm, BBC2 (box set, iPlayer)

Known to reality TV fans as the husband of *Made in Chelsea* star Victoria Baker-Harber (above), Inigo Philbrick is also, according to the FBI, the perpetrator of the largest art fraud in US history. This series tells the story of his rise as a London art dealer and eventual exposure as a swindler, who conned investors out of $86 million.

The dedicated restoration team

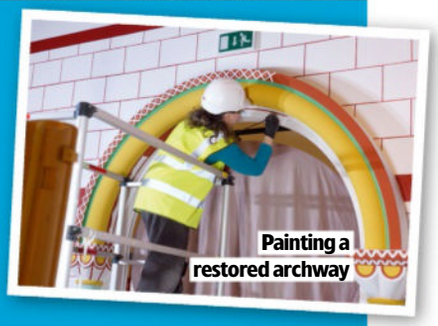
Royal rebuild

Cameras uncover **Norwich Castle**'s restoration project

NEW FACTUAL

The Castle: Rebuilding History

Sunday, 7.30pm, C4



Painting a restored archway

One of the UK's most spectacular landmarks gets a makeover in a one-off documentary chronicling the restoration of Norwich Castle's 12th-century Norman keep.

Narrated by Sir Stephen Fry and shot over seven years, it follows an ambitious £28 million project to transform the 900-year-old keep to its former grandeur, while preserving its rich history.

First established by William the Conqueror and expanded by his son, the once-royal palace was completed in 1121, but served as a county gaol from the mid-14th century, before the Victorians turned it into a museum in the 1890s.

As a team of archaeologists, engineers and historians breathe new life into ancient stonework, can they transform the Grade I-listed keep into an accessible tourist destination?

'We want to show just how wonderful this building was when it was first built,' says senior curator of archaeology Dr Tim Pestell. 'But it's nerve-racking seeing big steel beams swinging around. My chief concern is that it will knock into the Norman walling and damage it.

'We're also drilling through dungeon walls, and when you're cutting steel in a historic building, it generates heat and you have to be careful that you don't end up with a Notre Dame [fire] on your hands.'

Experts examine a medieval tapestry

The epic project involves tunnelling through 3m-thick walls, reinstating the principal floor, installing a glass atrium and roof terrace, plus creating a chapel, king's chamber and a great hall, all with authentic furniture and textiles.

Work begins in the basement, where some interesting discoveries are unearthed.

'In all the animal bones, we found classic high-status food like rabbit and deer, but also porpoise bone,' says Pestell. 'You don't think of people having a slap-up feast of porpoise, but we have the evidence.'

Films Out ck of this

MOVIE OF THE WEEK

David Corenswet is the Man of Steel in this packed and exciting reboot

SUPERMAN

SUPERHERO

From Tuesday to buy or rent from digital stores, including Prime Video and Sky Store

★★★★

The latest reboot for the iconic superhero skips all the familiar origins stuff and throws us in the midst of the plot. It's a daring storytelling choice by writer-director James Gunn. After a series of scene-setting captions telling us that Superman (David Corenswet) has just suffered his first defeat (offscreen), we open in the Arctic and find a thoroughly battered Superman taking refuge in his Fortress of Solitude.

He needs to recover his strength quickly in order to foil the nefarious schemes of megalomaniac tech billionaire Lex Luthor (Nicholas Hoult), who is whipping up a media storm to turn the world against Superman while simultaneously stirring conflict between neighbouring countries Boravia and Jarhanpur.

There are some interesting ideas and up-to-the-minute resonances here, even if too much of the ensuing action is taken up with over-extended slugfests. The flirtatious play between Superman and intrepid *Daily Planet* reporter Lois Lane (Rachel Brosnahan) is wonderful – although there's not enough of it – with the stars perfect fits for their roles. Although casual viewers will be left longing for the playful innocence of the 1978 Christopher Reeve classic, after the glum Henry Cavill take on the character this is the *Superman* film fans have been crying out for – and Gunn certainly delivers. 2025, 12, 129MIN

STAR RATINGS ★★★★★ **Excellent** ★★★★ **Very good** ★★★ **Good** ★★ **Average** ★ **Poor**

WORDS: JASON BEST, NIGEL PIZEY

More premieres and Day by Day planner

week's Best Movies

CRIME THRILLER

Night Call

Sunday, 9.50pm, Sky Premiere ★★★★

Set over a single night in Brussels, Belgium, this cracking, sweaty thriller sees 24-hour locksmith Jonathan Feltre fall foul of a drug cartel, led by a quietly malevolent Romain Duris. Tricked by Natacha Krief into breaking into a criminal's apartment so she can steal the swag inside, Feltre has until the end of the night to retrieve the money or end up dead. It's a blistering tour-de-force through Brussels' backstreets as Feltre must evade the crooks and the cops, while also utilising his skills as a locksmith. Writer-director Michiel Blanchart's movie may not be doing anything we haven't seen before, but he injects a kinetic energy into the action that propels it brilliantly. He's helped by Feltre, who's a thoroughly believable everyman – he's simply at the wrong place at the wrong time. 2024, 15, 97MIN

Shocked: Jonathan

Pink heaven: Ryan and Margot

COMEDY

Barbie

On now, Prime Video ★★★★

Living a perfect life, Barbie (Margot Robbie) suddenly has thoughts of death and must go into the real world to put things right, with lovesick Ken (Ryan Gosling) tagging along. She finds a horrifying realm where men rule, while Ken disastrously takes the idea back home... Can Barbie (with America Ferrara and daughter Ariana Greenblatt) save her world? Director and co-writer Greta Gerwig's sophisticated satire is hilarious, cutting and emotional. Robbie is sensational and so is Gosling, getting most of the best gags, certainly the best song and an emotional arc as acute as Barbie's. Helen Mirren's arch voiceover raises the laughs and, among a stellar cast, Kate McKinnon has a riot as Weird Barbie. 2023, 12, 114MIN

Steer into trouble: Mr Wolf and co

ANIMATION

The Bad Guys 2

From Monday to buy or rent from digital stores ★★★★

Smart, zippy and full of breezy silliness, this sequel to the animated movie about a heist-pulling gang of animals is great fun. Taking inspiration again from *Ocean's Eleven*, the new movie sees the dapper Mr Wolf (voiced by Sam Rockwell channelling George Clooney) and his rascally chums try to go straight but find themselves framed for a crime they didn't commit. With terrific vocal talents from the likes of Rockwell, Awkwafina and Richard Ayoade, this nimbly juggles gags for kids with clever film references for grown-ups. 2025, PG, 104MIN

ANIMATION

Trolls Band Together

From Wednesday, Netflix ★★★

Small kids will be happily rapt, if slightly bemused, by this wisecracking, candy-coloured threequel, which whisks excitable Poppy (voiced by Anna Kendrick) and grumpy Branch (Justin Timberlake) on a high-energy, life-or-death quest to reunite his broken family boyband, BroZone. Trippy visuals and sly boyband gags ('We've gone from boys to men!') make it a fun, if rather frantic outing for adults. Top marks for Kendrick's peppy vocals, rather fewer for NSYNC's bland new 'reunion' title track (they're not willing to say *Bye, Bye, Bye*, apparently...). 2023, U, 91MIN

Elevated: Branch and Poppy

Films

A very animated Middle-Earth...

ANIMATION

The Lord of the Rings: The War of the Rohirrim

Friday, 9.45am & 5.45pm, Sky Premiere ★★★★

A story pulled from the appendices of JRR Tolkien's *The Lord of the Rings*, this takes place 200 years before hobbit Bilbo Baggins even found a certain ring. Produced by Peter Jackson (who directed the original epic live-action trilogy), *The War of the Rohirrim* may be an anime cartoon, but it very much sits at home in the Middle-Earth world created by him.

The film revolves around headstrong princess Héra (voiced by Gaia Wise) who's proud, stubborn father, King Helm (Brian Cox), unwisely goes into battle against a bitter upstart he previously banished, Wulf (Luke Pasqualino). Seeing the battle is lost, Héra evacuates the city and retreats with her people to a keep called Hornburg as Wulf lays seige.

This tale may be little more than a footnote in *The Lord of the Rings* saga, but it's a fine, rugged story, leaning into classic themes such as honour, family, the cost of war and the futility of revenge. The voice cast are uniformly excellent, but it's the terrific animation that ties everything together, with hand-drawn characters blending seamlessly with the CGI landscapes. 2024, 12, 134MIN

Hidden gems Great movies you might have missed...

COMEDY DRAMA

Begin Again

Prime Video ★★★★

Mark Ruffalo's washed-up music exec hooks up with Keira Knightley's wary singer-songwriter to make sweet music in this utterly charming comedy drama. All at sea in New York, the emotionally bruised pair meet at an open-mic night, where Knightley is performing, and Ruffalo talks her into recording her music with him. The songs, performed with soulful sweetness by Knightley, slowly sink their hooks into you, just like the film itself. 2013, 15, 104MIN

MUSIC DRAMA

Crazy Heart

Disney+ ★★★★

Jeff Bridges is scintillating as a boozed-out, burnt-out country singer who gets a second chance thanks to the combined efforts of the young country singer (Colin Farrell) for whom he writes songs, the Santa Fe reporter (Maggie Gyllenhaal) he falls in love with and his good ol' boy club-owner buddy (Robert Duvall). The film is lively, atmospheric and touching, and the soundtrack is smashing, even if you're not particularly into country music. 2009, 15, 112MIN

GENRE

Destination Wedding

MGM+ ★★★★

Keanu Reeves and Winona Ryder are on brilliantly waspish form as two misanthropic strangers who meet on their way to a California wedding and waste no time before they are trading insults at each other and put-downs of everyone else. This hilarious anti-romantic comedy is very much a two-hander – no one else on screen gets a word in. But Reeves and Ryder are so charismatic, their chemistry so frisky, you really won't mind. 2018, 15, 87MIN

Saturday 23 August

FAMILY

Wonka

6pm, Sky Family ★★★★

Sex ●●● Violence ●●● Language ●●●

A sweet confection in which Willy Wonka (Timothée Chalamet) is a young man with a crazy dream (and a magic hat), hungry to share his bespoke chocolate creations, clinging to his vision as he ends up in hard labour, befriending orphan Calah Lane and clashing with baddies Paterson Joseph, Matt Lucas and Matthew Baynton. Director Paul King's light touch ensures this is a vibrant, playful delight and Chalamet charmingly makes his gentle character his own (though some may complain he's too benign), bonding generously with the winning Lane. In another film-stealing turn, Hugh Grant has a ball as a grumpy Oompa Loompa. 2023, PG, 116MIN

Sugar rush: Timothée and Hugh

FANTASY ADVENTURE

Fantastic Beasts: The Crimes of Grindelwald

5pm, ITV1 ★★★★

Sex ●●● Violence ●●● Language ●●●

Eddie Redmayne's bashful hero, Newt Scamander, is back for the second episode of the series spun from JK Rowling's Potterverse. Here, Newt and his allies (including Jude Law's Dumbledore) are drawn deeper into the gathering storm brought about by dark wizard Grindelwald (Johnny Depp). The top-notch visuals and inventive visual effects, plus an abiding message of tolerance ('There are no strange creatures, only blinkered people'), make for a magic adventure. 2018, 12, 134MIN

SUPERHERO

Superman

6.25am, Sky Hits ★★★★

Sex ●●● Violence ●●● Language ●●●

Catch up with the first three of Christopher Reeve's original *Superman* movies (see p22 for James Gunn's new version), with *II* at 8.50am and *III* at 11am. Though the once-amazing special effects have lost their sparkle, it's still a very satisfying comic-book movie. Reeve, in only his second film, is ideal as the Man of Steel and his alter ego, Clark Kent, Marlon Brando is his doomed dad, Gene Hackman a hammy Lex Luthor and Margot Kidder an ideal Lois Lane. John Williams' magnificent score helps the movie's energy levels along no end, too. 1978, PG, 143MIN

ACTION

The Northman

10.10pm, C4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Adapted from the Icelandic tale of Prince Amleth, which also inspired *Hamlet*, this adventure stars Alexander Skarsgård as a prince bent on avenging the murder of his father (Ethan Hawke), killed by his half-brother (Claes Bang) who claimed the throne and took the queen (Nicole Kidman). For a seemingly straightforward revenge tale, this film also examines the cost of revenge and the nature of its hero's journey. It's an impressive and relentlessly entertaining adventure to be savoured. Also available on Netflix from 28 August. 2022, 15, 137MIN

ACTION

Shaft

11.30pm, BBC2 ★★★★

Sex ●●● Violence ●●● Language ●●●

He's tough private eye John Shaft (Richard Roundtree) who, with a memorable theme song by Isaac Hayes, burst on to the screen for this, the first and best of three films. While the movie itself is quite preachy and a routine cop thriller, it's given a fresh impetus by its all-black Harlem setting and fast-paced action. It is also noteworthy for inaugurating the notion of 'blaxploitation' cinema, made by and for African-American audiences. 1971, 15, 100MIN

■ Full listings start on p35

Sunday 24 August

FAMILY

Paddington in Peru

Available now, Netflix ★★★★

Sex ●●● Violence ●●● Language ●●●

The latest outing for the marmalade-loving bear is a witty, enjoyably good-natured romp that takes Paddington (again brilliantly voiced by Ben Whishaw) and the Browns (here led by Hugh Bonneville and Emily Mortimer) away from London and back to Peru to visit Aunt Lucy. But when they reach the jungle home for retired bears they learn from Olivia Colman's Mother Superior that Lucy has gone missing. Setting off to find her, the group hires the dubious services of Antonio Banderas' riverboat captain, whose secret dreams of finding the mythical, treasure-filled city of El Dorado plunge the group into all manner of perils. 2024, PG, 106MIN

Bear hunt: Paddington

COMEDY DRAMA

About a Boy

1.10pm, ITV1 ★★★★

Sex ●●● Violence ●●● Language ●●●

Hugh Grant is wonderful as a rich, lazy bachelor shaken out of his happy apathy by his growing friendship with a persistent 12-year-old boy (Nicholas Hoult). Grant's bid to pass off the kid as his son while attempting to romance Rachel Weisz is a crucial complication, while Toni Collette adds a tangy note of discord as the boy's troubled mum. Based on Nick Hornby's novel, this comedy is perceptive and witty, Grant manages the transition from selfish oaf to father figure with immense skill – and, in his feature film debut, Hoult is a star. 2002, 12, 101MIN

CLASSIC DRAMA

Chariots of Fire

2.15pm, BBC2 ★★★★★

Sex ●●● Violence ●●● Language ●●●

Winner of four Oscars, this stirring British film about the battle between two Olympic runners, Ian Liddell (Ian Charleson) and Harold Abrahams (Ben Cross), from different social and ethnic backgrounds in 1924 hit a box-office bullseye. John Gielgud and Lindsay Anderson have wonderful cameos as Cambridge officials, but it is Ian Holm, as a coach, who gives the most pleasing performance. If you look in the crowd scenes, you may be able to spot Ruby Wax, Kenneth Branagh and Stephen Fry among the extras. 1981, U, 120MIN

GANGSTER CLASSIC

The Godfather

10pm, BBC2 ★★★★★

Sex ●●● Violence ●●● Language ●●●

The first part of director Francis Ford Coppola's gargantuan Mafia trilogy is, perhaps, the ultimate Hollywood gangster movie, with its wonderful, dark intensity and the enduring image of Oscar-winning Marlon Brando's highly stylised performance as Don Vito Corleone, the lethal, rasping head of a New York Mafia family. Also giving unforgettable performances are Al Pacino and James Caan as his sons and Robert Duvall as his lawyer. BBC2 is showing *The Godfather Part II* on Monday at 10pm and *Part III* on Tuesday at 11pm. 1971, 15, 167MIN

SCI-FI

Dawn of the Planet of the Apes

10.15pm, ITV1 ★★★★

Sex ●●● Violence ●●● Language ●●●

Both an exciting action movie and a smart moral fable, this sequel to 2011's *Rise of the Planet of the Apes* is set 10 years later. In the interim, humanity has been nearly wiped out by simian flu but a band of survivors (including Jason Clarke and Gary Oldman) in San Francisco come into conflict with a tribe of genetically enhanced intelligent apes led by Caesar (Andy Serkis), who faces a battle of his own against militant Koba (Toby Kebbell). 2014, 12, 130MIN

■ Full listings start on p45

Weekday movies over page

Films Weekday movies

Monday 25 August

HISTORICAL ACTION

William Tell

10.10pm, Sky Action ★★★

Sex ●●● Violence ●●● Language ●●●

Claes Bang plays the legendary 14th-century Swiss folk hero who inspires his countrymen (and here, significantly, women as well) to rebel against the dastardly Austrians occupying their land by shooting an arrow into the apple placed atop his son's head. Drawing upon the 1804 play, plus the odd bit of Shakespeare and a dollop of *Braveheart*-style bluster, the script is patchy, but the battle scenes are rousing and the sweeping good vs evil narrative makes it easy to cheer the heroes and hiss the villains. 2025, 15, 133MIN

In the firing line: Claes

FANTASY

The Golden Compass

9.45am & 6pm, Sky Family ★★★

Sex ●●● Violence ●●● Language ●●●

Dakota Blue Richards carries this lavish adaptation of Philip Pullman's best-selling *Northern Lights*, the first in the *His Dark Materials* trilogy. She plays feisty young orphan Lyra who is on a voyage to find a kidnapped friend with the help of a band of vagabond gypsies, a talking polar bear and a magical, truth-seeking compass. Nicole Kidman, Daniel Craig and Eva Green are on hand to help and hinder her. 2007, PG, 113MIN

THRILLER

Bad Times at the El Royale

11.15pm, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Straddling the border of California and Nevada in Lake Tahoe is the hotel El Royale. It's 1969 and Jeff Bridges, Jon Hamm, Cynthia Erivo and Dakota Johnson are four strangers who check in. But none is quite who he or she seems... There's also room for Chris Hemsworth, Lewis Pullman and all manner of devious twists and turns in writer-director Drew Goddard's stylish thriller. 2018, 15, 141MIN

CRIME COMEDY

Maggie Moore(s)

11.25am, Sky Thriller ★★★

Sex ●●● Violence ●●● Language ●●●

Sandwich shop owner Micah Stock decides that the answer to his woes is to have two women with the same name (one of whom is his wife) bumped off. Low-key to a fault (modest tension and zero mystery), the film's trump card is the hesitant hook-up between Jon Hamm's police chief and witness Tina Fey. They add a wisecracking warmth and fun to this comedy noir, inspired loosely by real events. 2023, 15, 99MIN

DRAMA

Jungleland

2.45am, C4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Jack O'Connell is travelling to compete in a bare-knuckle fight, accompanied by his brother Charlie Hunnam, while forced to deliver a woman (Jessica Barden) to a seedy criminal. O'Connell's all quiet acquiescence, while Hunnam's a charming chancer who's up to his neck in debts. A finely acted and emotional journey about those served a crummy hand in life. 2020, 15, 90MIN

■ Full listings start on p55

Tuesday 26 August

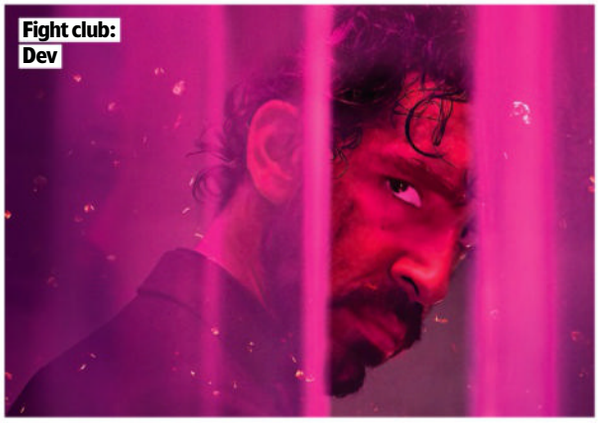
ACTION THRILLER

Monkey Man

9.40pm, Sky Thriller ★★★★

Sex ●●● Violence ●●● Language ●●●

When we first see director-co-writer-star Dev Patel he is in a monkey mask, being battered in Sharlto Copley's underground fight ring. He's also reeling from childhood memories of his mother's death and a corrupt system. So he embarks on a roaring rampage of revenge. The film is disorientating and intense, pummelling viewers with fast, jagged cuts and fight scenes that almost shove you in with the fighters as they go at each other with fists, feet, elbows, knees and teeth. It's a knockout. 2024, 18, 121MIN


Fight club: Dev

ADVENTURE

The Three Musketeers: Milady

7.40am & 2am, Sky Action ★★★★

Sex ●●● Violence ●●● Language ●●●

In this fine follow-up to *The Three Musketeers: D'Artagnan*, D'Artagnan (François Civil) must hook up with the duplicitous Milady de Winter (Eva Green) to search for his kidnapped love (Lyna Khoudri). Naturally, fellow Musketeers Athos (Vincent Cassel), Aramis (Romain Duris) and Porthos (Pio Marmaï) assist him. A sensational swashbuckler. Subtitled. 2023, 12, 115MIN

DRAMA

The G

9pm, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Brutally bleak, but brilliantly effective, this Canadian thriller has a magnificently mean, profanity-spouting Dale Dickey as a grandma (nicknamed The G) who falls foul, along with her invalid husband, of a scam in which old people's assets are signed over to a legal third party. Problem is, Dickey has a very dark past, as her so-called guardian (Bruce Ramsey) will find out... This tricksy, twisty tale pulls no punches and Dickey is a knockout. 2023, 15, 106MIN

MUSICAL

Chicago

7.55am & 4.05am, Sky Hits ★★★★

Sex ●●● Violence ●●● Language ●●●

This Oscar-winning adaptation of Bob Fosse's stage hit marked a convincing return to the traditional screen musical. Both Renée Zellweger and Catherine Zeta-Jones have their claws fully extended as a pair of imprisoned murderers. The film is a treat for both the eyes and the ears, with the only false note being struck by Richard Gere, who isn't slimy enough to convince as the gals' conniving lawyer. 2002, 12, 112MIN

WAR DRAMA

The Hurt Locker

10pm, BBC3 ★★★★★

Sex ●●● Violence ●●● Language ●●●

Kathryn Bigelow became the first woman to win a Best Director Oscar with this gripping Iraq War drama. Jeremy Renner scalds the screen as the fearless leader of a bomb-disposal team in 2004 Iraq. Bigelow plunges us into the heat and dust of Baghdad as characters puzzle over the latest improvised device. It is nerve-shredding to watch – but impossible to look away. 2008, 15, 131MIN

■ Full listings start on p65

Wednesday

DRAMA

Sharp Corner

9.30am, Sky Thriller ★★★★

Sex ●●● Violence ●●● Language ●●●

After moving to the Canadian countryside, Ben Foster, wife Cobie Smulders and their young son Willian Kosovic discover why their house was on the market for so long. It faces the titular turn in the road and, on the first night, a car crashes into

COMEDY

We're the Millers

6pm, Sky Hits ★★★★

Sex ●●● Violence ●●● Language ●●●

Jason Sudeikis plays a small-time drug-dealer who talks Jennifer Aniston's cash-strapped stripper, his geeky teen neighbour (Will Poulter) and a runaway (Emma Roberts) into pretending to be his wife and children in order to smuggle cannabis across the US-Mexico border. There are rude and raunchy gags aplenty in this very funny road movie comedy, but under the smutty surface is a sweet-natured core. 2013, 15, 110MIN

ANIMATION

Transformers One

7.15pm, Sky Animation ★★★★

Sex ●●● Violence ●●● Language ●●●

This shiny animation tells the origin stories of heroic Optimus Prime and nemesis Megatron (voiced by Chris Hemsworth and Brian Tyree Henry). They're mining bot pals on Cybertron, but a quest to reach the planet's mysterious exterior sows the seeds of enmity. The final battle succumbs to the franchise's usual overkill, but the exhilarating action and flashes of humour make up for any shortcomings. 2024, PG, 104MIN

27 August

their garden, killing the teen driver. Then it happens again and Foster slowly becomes obsessed with saving the next potential victim, even if his fixation means losing his family. A brilliantly put-together movie, this is anchored by Foster, who gives a magnificent performance as a seeming everyman on the edge. 2024, 15, 100MIN

Round the bend: Ben

Thursday 28 August

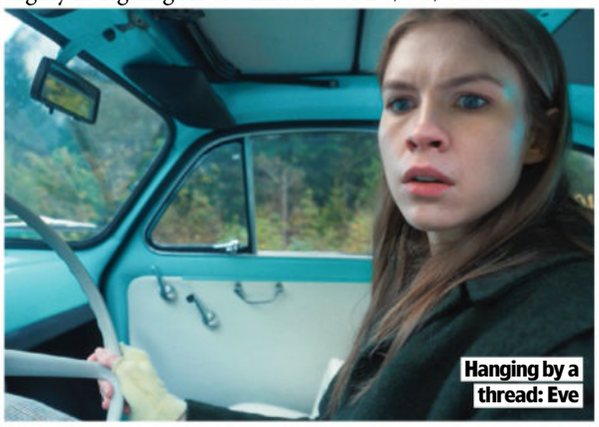
COMEDY THRILLER

Sew Torn

1.50am, Sky Thriller ★★★★

Sex ●●● Violence ●●● Language ●●●

This darkly comic, off-the-wall film sees mobile seamstress Eve Connolly stumble upon two injured motorcyclists, a pair of guns and a briefcase on a quiet forest road, the aftermath of a drug deal turned bloodily violent. Should she take the case, call the police, or drive away? Each scenario is played out as she tries to extricate herself from deadly situations with the use of spools of thread. Accept the story's contrivances and it makes for enjoyably suspenseful and highly intriguing entertainment. 2024, 15, 100MIN



Hanging by a thread: Eve

Friday 29 August

HORROR

Five Nights at Freddy's

Starts today, Netflix ★★★

Sex ●●● Violence ●●● Language ●●●

A horror aimed squarely at tweens, this adaptation of the videogames is far more fun if you know the source material. If not, it's a bit of an oddity, as Josh Hutcherson's down-on-his-luck Mike is forced to take a job as a night security guard for a closed video arcade. But it's the hunting ground for haunted animatronic creatures out for blood… Created by Jim Henson's Creature Shop, these animals, personified by teddy bear Freddy, are wonderful – scary for the young, but unlikely to bother sturdier adults. 2023, 15, 109MIN

Watch your back: Josh

COMEDY FANTASY

The Witches

11.30pm, Sky Back to School ★★★★

Sex ●●● Violence ●●● Language ●●●

Young Jasen Fisher chances upon a coven of witches (led by a fabulous Anjelica Huston) in Rowan Atkinson's Newquay hotel and overhears a plot to turn children into mice. Mai Zetterling is Fisher's granny who warns him to beware the signs of a modern witch (purple eyes and an itchy scalp)... Director Nicolas Roeg conjures up a wonderful dark edge to author Roald Dahl's classic story. 1989, PG, 90MIN

DOCUMENTARY

Summer of Soul

11.35pm, Film4 ★★★★★

Sex ●●● Violence ●●● Language ●●●

Neglected history sings out in this profound and stirring film. In 1969 (the same summer as Woodstock), 300,000-plus people attended the free Harlem Cultural Festival over six weekends, to hear the likes of BB King, Nina Simone and Sly & the Family Stone. Archived for 50 years, the footage is skilfully assembled and framed within its historical context for maximum impact. 2021, 12, 117MIN

■ Full listings start on p75

ADVENTURE

Beast

9pm, Film4 ★★★

Sex ●●● Violence ●●● Language ●●●

Idris Elba takes his daughters (Iyana Halley and Leah Jeffries) to the African savanna where their late mother once took captivating photos. 'It's the law of the jungle', remarks Sharlto Copley's game warden. 'It's only the lion that matters out here.' Elba discovers how true that is after poachers agitate a pride and one lion goes ballistic. The final confrontation turns silly, which is a shame as until then this had the makings of a jungle classic. 2022, 15, 93MIN

COMEDY DRAMA

Eighth Grade

10.05pm, BBC3 ★★★★★

Sex ●●● Violence ●●● Language ●●●

Anxious 13-year-old Kayla (Elsie Fisher) tries to navigate the choppy waters of adolescence and survive the last week of middle school, beset by the perils of pimples, crushes and social media. Anchored by the superb Fisher, this is a terrific coming-of-age film written and directed by Bo Burnham. Your heart will go out to Fisher's lonely misfit and, as her well-meaning single dad, Josh Hamilton is great as well. 2018, 15, 94MIN

COMEDY DRAMA

Seriously Red

10.50pm, Film4 ★★★

Sex ●●● Violence ●●● Language ●●●

Dolly Parton fan Red (Krew Boylan) explores whether being a Dolly impersonator is a way to make a living after an impromptu performance – and finds comfort and confidence along the way. Offbeat laughs sit uneasily alongside emotional moments in this quirky comedy drama from Australia, but the smart script highlights the contradictions found in discovering yourself while pretending to be someone else. 2022, 15, 98MIN

DRAMA

Another Round

1am, C4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Mads Mikkelsen's teacher and his friends/colleagues test a (spurious) theory that humans are born with too low a blood-alcohol level. The heavy drinking that ensues is fun – until it's not. This Danish tale is bittersweet and engaging, though lacks direction. Still, it's a treat seeing Mikkelsen play drunk, especially during a joyous, Christopher Walken-rivalling jazz dance. Subtitled. 2020, 12, 117MIN

■ Full listings start on p85

FANTASY

The Lord of the Rings: The Fellowship of the Ring

6am, Sky Lord of the Rings ★★★★★

Sex ●●● Violence ●●● Language ●●●

Peter Jackson's first film of JRR Tolkien's novel gets his masterful trilogy off to a fabulous start. Hobbit Frodo (Elijah Wood) embarks on his perilous quest to destroy the ring that could doom the world, with Ian McKellen's wizard Gandalf and Viggo Mortensen and Orlando Bloom on hand to help. All three films are showing throughout the day. 2001, PG, 178MIN

DRAMA

The Great Escaper

2.10pm, Sky Drama ★★★★

Sex ●●● Violence ●●● Language ●●●

Determined to attend the 2014 70th anniversary D-Day commemorations in France seeking closure for wartime traumas, Michael Caine's Bernie Jordan makes an audacious breakout from his care home. A heartfelt real-life drama about the tenacity of love and loss, remembrance and reconciliation, this unfussy film is given heft by Caine, while Glenda Jackson is also superb in her final role as his wife, Irene. 2023, 12, 96MIN

FAMILY

Matilda

7.50pm, Sky Back to School ★★★★

Sex ●●● Violence ●●● Language ●●●

A delightfully witty adaptation of Roald Dahl's classic story. Mara Wilson has oodles of charm as Matilda, the bright kid with telekinetic powers and awful parents (Danny DeVito, who also directs, and Rhea Perlman), while Pam Ferris is Miss Trunchbull, her ogre of a headteacher. Luckily, Embeth Davidtz is around as nice Miss Honey, the teacher who sees Matilda's potential and offers her support. 1996, PG, 98MIN

HORROR

Underwater

11.05pm, Film4 ★★★

Sex ●●● Violence ●●● Language ●●●

Six miles beneath the ocean surface, engineer Kristen Stewart is in a mining station beset by strange sightings and tremors. Sure enough, disaster strikes, leaving Stewart and a handful of survivors needing to walk a mile across the sea bed to possible safety. But there are deadly monsters lurking in the deep... Though derivative, this chiller builds tension well. 2019, 15, 95MIN

■ Full listings start on p95

Sport week

Your ultimate ... of the w...

LIVE TENNIS

From Sunday, Sky Sports Main Event, Sky Sports Tennis & Sky Sports+

Having met in the last two Grand Slam men's singles finals, reigning US Open champion Jannik Sinner and 2022 winner Carlos Alcaraz continue their thrilling rivalry when Flushing Meadows stages the final major of 2025. Meanwhile, Aryna Sabalenka looks to cement her World No 1 status as she defends her women's singles title.

Here's our guide to the US Open in numbers…

Italy's Jannik Sinner and Spain's Carlos Alcaraz

WORDS: RICHARD MCCLURE. PHOTOS: GETTY

THE MAIN EVENT

US Open

Jannik Sinner and Carlos Alcaraz resume their rivalry in New York

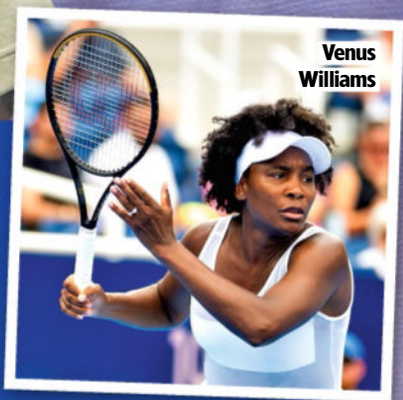
Serbian legend Novak Djokovic

2.50 AM The US Open's night sessions are legendary, even though some matches end so late most spectators have gone home. In 2022, the five-set quarter-final between Carlos Alcaraz and Jannik Sinner finished at a record 2.50am after five hours of play.

1,048,669 A record number of fans came through the gates of the Billie Jean King National Tennis Center last year – as the event surpassed one million attendees over three weeks (including qualifiers) for the first time.

90 Number of US Open wins recorded by four-time champion Novak Djokovic, second behind Jimmy Connors with 98. The last of the Serbian's Slams came in New York two years ago. As he chases that elusive 25th victory, he has suffered semi-final defeats in all three majors this year.

45 Seven-time major winner Venus Williams makes her return to Grand Slam singles at the age of 45 after receiving a wildcard. Williams, who will be the oldest singles entrant at the tournament since Renée Richards (47) in 1981, claimed US Open titles in 2000 and 2001, but has not won a singles match there since 2019.

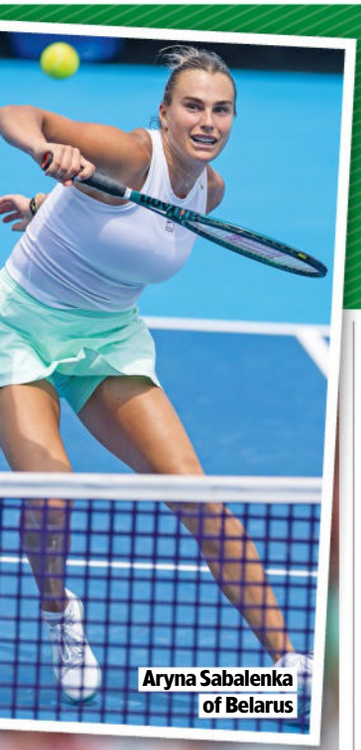


Venus Williams

Jack Draper

6 Number of British players to earn a place in the main draw this year. Jack Draper is back after reaching his first Slam semi-final last time out, joined by Cameron Norrie and debutant Jacob Fearnley. Emma Raducanu shocked the tennis world by winning the title in 2021 and is joined by Katie Boulter and Sonay Kartal.

Emma Raducanu triumphed in 2021

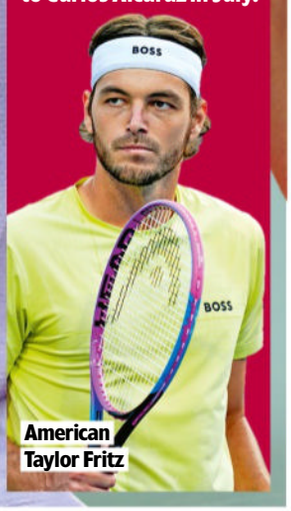


Aryna Sabalenka of Belarus

$85 MILLION

The 2025 US Open will be the richest tennis event in history. This year, prize money increases to around $85 million (£64 million) – the most lucrative Grand Slam by some distance – with winners of the singles each receiving $5 million.

22 Number of years since an American (Andy Roddick) last won the men's singles title on home soil. That could change this year with both Taylor Fritz and Ben Shelton in the Top 10 rankings. Fritz made the final at Flushing Meadows in 2024 and narrowly lost in the Wimbledon semi-finals to Carlos Alcaraz in July.



American Taylor Fritz

Scotland's Helen Nelson in action

LIVE RUGBY UNION

Scotland v Wales

Saturday, kick-off 2.45pm, BBC1

As the Women's Rugby World Cup gets under way in earnest, the pick of the opening fixtures is this home-nations Pool B clash at the Salford Community Stadium. With Canada favourites to top the group, the result could prove vital as both sides bid to make the quarter-finals. Scotland have won the last three meetings between the nations, most recently taking the honours in a close Six Nations clash in Edinburgh in March when Helen Nelson kicked nine points. 'What a game this will be,' says BBC pundit and former England coach Simon Middleton. 'Both sides will deem it a failure if they don't get out of the group, so there's everything to play for.' Also this week, Ireland begin their Pool C campaign against Japan in Northampton (Sun, k-o 12noon, BBC2).

Pole-vaulter Mondo Duplantis

LIVE ATHLETICS

Diamond League final

Wednesday & Thursday, BBC2

The track-and-field series comes to a close in Zurich, where all 32 disciplines will be contested over two days. For the first time, the winners of eight of the most popular events will receive increased prize money, including in the men's pole vault, where Sweden's world champion and Olympic gold medallist Mondo Duplantis will be out to break his own world record of 6.29m. Other Paris 2024 champions taking part include Kenya's Emmanuel Wanyonyi in the men's 800m.

Contender Jonas Vingegaard

LIVE CYCLING

Vuelta a España

From Saturday, TNT Sports 1 & TNT Sports 3

With 10 summit finishes, the 2025 Tour of Spain favours the climbers, including Denmark's Jonas Vingegaard, who is seeking to win the Grand Tour for the first time. This year marks the 80th edition of the three-week race, with the opening stages being held in Italy as the riders begin with a 183km route from Torino-Venaria Reale to Novara, before the race concludes on Sunday 14 September in Madrid. Tour de France winner Tadej Pogacar is skipping the event to focus on the UCI Road World Championships next month, but the field includes Britain's Tom Pidcock, who won his second European mountain-bike cross-country title in July.

Argentina's Tomás Albornoz

LIVE RUGBY UNION

Rugby Championship

Saturday, Sky Sports Action & Sky Sports+

In the second round's repeat fixtures, champions South Africa host Australia in Cape Town (k-o 4.10pm, Sky Sports Action), while Argentina take on New Zealand in Buenos Aires (k-o 10.10pm, Sky Sports+). Los Pumas have been inconsistent since finishing third in the 2024 Rugby Championship, but beat the Lions in Dublin in June, including a try from Tomás Albornoz.

Sport A-Z and football planner »»

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Sport week A-Z GUIDE

AMERICAN FOOTBALL

LIVE Green Bay Packers v Seattle Seahawks
Sat 9pm Sky Sports Action

ATHLETICS

LIVE Diamond League Zurich
Wed 4.30pm & Thu 7pm BBC2
Two days of track-and-field action from Weltklasse Zürich. See p29.

AUSTRALIAN RULES

LIVE Melbourne Women v St Kilda Women
Sat 6am TNT Sports 3

LIVE Richmond v Geelong Cats
Sat 7am TNT Sports 1

LIVE Fremantle Women v Brisbane Lions Women
Sat 8am TNT Sports 3

LIVE Hawthorn Women v Carlton Women
Sat 10am TNT Sports 3

LIVE GWS Giants v St Kilda
Sat 3am TNT Sports 3

LIVE North Melbourne Tasmanian Kangaroos Women v Port Adelaide Women
Sat 4am TNT Sports 1

LIVE Essendon Women v West Coast Eagles Women
Sat 5.30am TNT Sports 2

LIVE Gold Coast Suns v Essendon
Wed 10am TNT Sports 1

LIVE Richmond Women v Essendon Women
Fri 10.15am TNT Sports 4

LIVE GWS Giants Women v Adelaide Crows Women
Fri 4am TNT Sports 1

BASEBALL

LIVE New York Yankees v Boston Red Sox
Sat 6pm TNT Sports 2

LIVE Miami Marlins v Toronto Blue Jays
Sat 9pm TNT Sports 2

LIVE San Diego Padres v Los Angeles Dodgers
Sat 1.30am TNT Sports 2

LIVE MLB
Sun 6.30pm TNT Sports 2

LIVE San Diego Padres v Los Angeles Dodgers
Sun 9pm TNT Sports 4

LIVE New York Yankees v Boston Red Sox
Sun 12m't TNT Sports 1

Cricket
Phil Salt's Manchester Originals take on Northern Superchargers on Tuesday in the Hundred

LIVE New York Mets v Philadelphia Phillies
Mon 12m't TNT Sports 1

LIVE New York Mets v Philadelphia Phillies
Tue 12m't TNT Sports 1

LIVE Cleveland Guardians v Tampa Bay Rays
Wed 6pm TNT Sports 4

LIVE Seattle Mariners v San Diego Padres
Wed 9pm TNT Sports 4
The MLB match at T-Mobile Park.

LIVE Baltimore Orioles v Boston Red Sox
Thu 6pm TNT Sports 2

LIVE San Francisco Giants v Chicago Cubs
Thu 8.30pm TNT Sports 1

LIVE Philadelphia Phillies v Atlanta Braves
Fri 11.30pm TNT Sports 1

BASKETBALL

LIVE Atlanta Dream v New York Liberty
Sat 7pm TNT Sports 4

COMBAT SPORTS

LIVE Fight Night Prelims
Sat 9am TNT Sports 4

LIVE Johnny Walker v Zhang Mingyang
Sat 11am TNT Sports 4

CRICKET

LIVE Northern Superchargers Women v Oval Invincibles Women
Sat 10.45am Sky Sports Cricket & Sky Showcase
The Hundred match from Headingley.

LIVE Northern Superchargers Men v Oval Invincibles Men
Sat 2pm Sky Sports Cricket
The Hundred game from Headingley.

LIVE London Spirit Women v Southern Brave Women
Sat 2.25pm Sky Sports Mix & 3pm Sky Sports+
The Hundred match from Lord's.

LIVE London Spirit Men v Southern Brave Men
Sat 5.30pm Sky Sports Cricket & 5.45pm BBC2
The Hundred fixture from Lord's.

LIVE Saint Lucia Kings v Trinbago Knight Riders
Sat 11.30pm TNT Sports 1

LIVE Australia v South Africa
Sat 5.30am TNT Sports 4
The third ODI staged at Great Barrier Reef Arena in Mackay.

LIVE Welsh Fire Women v Trent Rockets Women
Sun 10.45am Sky Sports Cricket
Hundred match at Sophia Gardens.

LIVE Welsh Fire Men v Trent Rockets Men
Sun 2pm Sky Sports Cricket & Sky Showcase
The Hundred match from Cardiff.

LIVE Manchester Originals Women v Birmingham Phoenix Women
Sun 2.25pm Sky Sports Mix
The Hundred match at Old Trafford.

LIVE Manchester Originals Men v Birmingham Phoenix Men
Sun 5.30pm Sky Sports Cricket
The Hundred game at Old Trafford.

LIVE Saint Lucia Kings v Barbados Royals
Sun 11.30pm TNT Sports 3
The T20 match in Gros Islet.

LIVE Oval Invincibles Women v London Spirit Women
Mon 2.45pm Sky Sports Cricket
The Hundred match at The Kia Oval.

LIVE Oval Invincibles Men v London Spirit Men
Mon 6pm Sky Sports Cricket
The Hundred game at The Kia Oval.

LIVE Northern Superchargers Women v Manchester Originals Women
Tue 2.45pm BBC2 & Sky Sports Cricket
The Hundred match at Headingley.

LIVE Northern Superchargers Men v Manchester Originals Men
Tue 6pm BBC2 & Sky Sports Cricket
The Hundred game at Headingley.

LIVE Saint Lucia Kings v Guyana Amazon Warriors
Tue 11.30pm TNT Sports 2

LIVE Trent Rockets Women v Birmingham Phoenix Women
Wed 2.45pm Sky Sports Cricket
The Hundred match at Trent Bridge.

LIVE Trent Rockets Men v Birmingham Phoenix Men
Wed 6pm Sky Sports Cricket
The Hundred game at Trent Bridge.

LIVE Trinbago Knight Riders v Antigua & Barbuda Falcons
Wed 11.30pm TNT Sports 1

LIVE Southern Brave Women v Welsh Fire Women
Thu 2.45pm Sky Sports Cricket
The Hundred match at Utilita Bowl.

LIVE Southern Brave Men v Welsh Fire Men
Thu 6pm Sky Sports Cricket
The Hundred fixture at Utilita Bowl.

LIVE Saint Lucia Kings v St Kitts & Nevis Patriots
Thu 11.30pm TNT Sports 1
The T20 match in Gros Islet.

LIVE Trinbago Knight Riders v Barbados Royals
Fri 12.30am TNT Sports 3

CYCLING

LIVE Vuelta a España
Sat 11.45am, Sun 12.30pm, Mon 1pm, Tue 12.45pm, Wed 3.15pm, Thu 1.30pm & Fri 10.45am TNT Sports 3; Sat & Wed 3.15pm, Mon 1pm, Tue 12.45pm, Thu 1.30pm & Fri 2.30pm TNT Sports 1
Stages one to seven. See p29.

LIVE UCI Mountain Bike World Series Women
Fri 4.30pm TNT Sports 1

GENERAL SPORTS

LIVE Oban Camanachd v Kingussie
Sat 2pm BBC Alba

GOLF

LIVE British Masters
Sat & Sun 12noon Sky Sports Golf; Sat 3pm Sky Sports Main Event
Days three and four at The Belfry.

LIVE LIV Golf
Sat 3pm & Sun 6pm ITV4
Rounds two and three in Michigan.

LIVE Tour Championship
Sat 5.30pm & Sun 5pm Sky Sports Golf; Sat 8.30pm & Sun 7.30pm Sky Sports Main Event
The third and fourth days of the final event of the FedExCup play-offs.

LIVE European Masters
Thu 12.30pm & Fri 12.45pm Sky Sports Main Event; Thu & Fri 12.30pm Sky Sports Golf
Days one and two in Crans-Montana.

LIVE FM Championship
Thu & Fri 8pm Sky Sports Golf
Days one and two at TPC Boston.

HORSE RACING

LIVE York
Sat 1.30pm ITV1

LIVE Goodwood
Sun 1.30pm ITV4

LIVE Racing League
Thu 5.30pm ITV4

MOTORCYCLING

LIVE MotoGP
Sat 7.30am TNT Sports 2
Grand Prix of Hungary second free practice sessions in Balatonfokajár.

LIVE MotoGP
Sat 9am TNT Sports 2
Grand Prix of Hungary MotoGP second free practice and qualifying.

LIVE MotoGP
Sat 11.45am TNT Sports 2
The Grand Prix of Hungary Moto2 and Moto3 qualifying sessions.

LIVE The Grand Prix of Hungary MotoGP sprint race
Sat 1.45pm TNT Sports 2

LIVE MotoGP
Sun 8.30am TNT Sports 2

LIVE The Grand Prix of Hungary Moto3 race
Sun 9am TNT Sports 2
From Balaton Park Circuit.

LIVE The Grand Prix of Hungary Moto2 race
Sun 11am TNT Sports 2
From Balaton Park Circuit.

LIVE The Grand Prix of Hungary MotoGP race
Sun 12.15pm TNT Sports 2
The 14th round of the season at Balaton Park Circuit, Balatonfokajár.

LIVE British Superbikes
Sun & Mon 1pm TNT Sports 4; Sun 3.15pm TNT Sports 2
Days one and two at Cadwell Park.

LIVE Oxford Spires v King's Lynn Stars
Mon 7.30pm TNT Sports 1

MOTORSPORT

LIVE The MotoE Grand Prix of Hungary
Sat 11am & 3pm TNT Sports 2

LIVE Indycar
Sat 2pm, 7pm & 9.30pm, Sun 7pm Sky Sports F1

LIVE British GT Championship
Sat 3.50pm & Sun 12.40pm Sky Sports F1

LIVE NASCAR
Sat 12m't Premier Sports 2

LIVE Indy NXT
Sun 4.30pm Sky Sports F1

LIVE F1 Academy
Fri 9.05am & 4.25pm Sky Sports F1

LIVE Formula 1
Fri 11am & 2.45pm Sky Sports Main Event & Sky Sports F1
Dutch Grand Prix practice sessions.

POOL

LIVE US Open 9-Ball Pool
Sat 5.30pm & 11.30pm Sky Sports Mix

LIVE Ultimate Pool
Mon 6pm TNT Sports 2

RUGBY LEAGUE

LIVE Gold Coast Titans v St George Illawarra Dragons
Sat 6.15am Sky Sports Mix

LIVE Parramatta Eels v Sydney Roosters
Sat 8.15am Sky Sports Mix

LIVE Parramatta Eels v Sydney Roosters
Sat 10.35am Sky Sports Action

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Football planner

LIVE Newcastle Knights v Brisbane Broncos
Sat 2.50am Sky Sports Action

LIVE New Zealand Warriors v Cronulla-Sutherland Sharks
Sat 4.45am Sky Sports Mix

LIVE Wests Tigers v North Queensland Cowboys
Sun 9.15am Sky Sports Mix

LIVE Canterbury-Bankstown Bulldogs v Penrith Panthers
Thu 10.50am Sky Sports Action

LIVE Melbourne Storm v Sydney Roosters
Fri 11am Sky Sports Action

LIVE Hull Kingston Rovers v St Helens
Fri 7.30pm Sky Sports Action & Sky Sports+ (kick-off 8pm) The Super League match.

LIVE Canberra Raiders v Wests Tigers
Fri 3.45am Sky Sports Mix

RUGBY UNION

LIVE Free State Cheetahs v Golden Lions
Sat 12.55pm Sky Sports Action

LIVE Scotland v Wales
Sat 2.15pm BBC1 (kick-off 2.45pm) The first Women's World Cup Pool B match. See p29.

LIVE South Africa v Australia
Sat 4pm Sky Sports Action (kick-off 4.10pm) The Rugby Championship match. See p29.

LIVE Argentina v New Zealand
Sat 10pm Sky Sports+ (kick-off 10.10pm) The Rugby Championship match. See p29.

LIVE Ireland v Japan
Sun 11.45am BBC2 (kick-off 12noon) The opening Women's World Cup Pool C match.

LIVE Free State Cheetahs v Griquas
Fri 3.55pm Sky Sports Action

LIVE Watsonians v Corstorphine
Fri 7.30pm BBC Alba

SNOOKER

LIVE Wuhan Open
Sun 7am & 12.30pm, Mon-Thu 7am TNT Sports 1; Mon-Fri 7am & 12.30pm TNT Sports 2

TENNIS

LIVE WTA Cleveland Open final
Sat 7.30pm Sky Sports Tennis

LIVE ATP Winston-Salem Open final
Sat 10pm Sky Sports Tennis

LIVE WTA Monterrey Open final
Sat 1.30am Sky Sports Main Event & Sky Sports Tennis

LIVE US Open
Sun 3pm, Mon & Thu 3.30pm, Tue & Wed 3.30pm & 10.30pm, Fri 3.30pm & 10.15pm Sky Sports+; Sun 3pm, Mon-Fri 3.30pm Sky Sports Tennis; Sun 11pm, Mon 3.30pm & 11pm, Tue & Wed 3.30pm & 10.30pm, Thu 3.30pm, Fri 4.15pm & 10.30pm Sky Sports Main Event Days one to six of the Grand Slam from Flushing Meadows. See p29.

TRIATHLON

LIVE Supertri E World Triathlon Championship
Sat 8pm TNT Sports 3

LIVE SERIE A

Sassuolo v Napoli

Saturday, kick-off 5.30pm, TNT Sports 1 & DAZN

As the Serie A season kicks off, new signing Kevin De Bruyne will be in action as champions Napoli take on promoted Sassuolo. Midfielder Scott McTominay is on the shortlist for the Ballon d'Or – the first Scottish player to be nominated since Ally McCoist in 1987.

LIVE PREMIER LEAGUE

Newcastle United v Liverpool

Monday, kick-off 8pm, Sky Sports Main Event & Sky Sports Premier League

Swedish striker Alexander Isak has been the subject of a tug of war between the two sides as Eddie Howe's Magpies seek to build on a superb campaign last time out. The sides drew 3-3 at St James' Park in December.

LIVE EFL CUP

Grimsby Town v Manchester United

Wednesday, ITV1 & Sky Sports

New signing Benjamin Šeško could be in action at Blundell Park as six-time winners Manchester United face League Two's Grimsby in the pick of the second-round ties. Also this week, Wolves are at home to West Ham, while Bournemouth host Brentford (Sky Sports).

Saturday 23

LIVE Charlton Athletic v Leicester City
11am Sky Sports Main Event & Sky Sports Football (kick-off 12.30pm) The Championship match staged at The Valley.

LIVE Manchester City v Tottenham Hotspur
11am TNT Sports 1 (kick-off 12.30pm) The Premier League match at Etihad Stadium. Spurs romped to a 4-0 victory in this fixture last season, with James Maddison scoring twice before the break, and Pedro Porro and Brennan Johnson adding goals in the second half.

LIVE Hull City v Blackburn Rovers
12.25pm Sky Sports+ (kick-off 12.30pm) The Championship match staged at MKM Stadium.

LIVE Arsenal v Leeds United
5pm Sky Sports Main Event & Sky Sports Premier League (kick-off 5.30pm) The Premier League match staged at Emirates Stadium. The Gunners have not lost to Leeds since August 2001 and have won the last six meetings between the sides in all competitions.

LIVE Sassuolo v Napoli
5.15pm TNT Sports 1 & DAZN (kick-off 5.30pm) The Serie A match from Mapei Stadium – Città del Tricolore.

LIVE Falkirk v Hibernian
5.15pm Premier Sports 1 (kick-off 5.45pm) The Scottish Premier League fixture staged at Falkirk Stadium.

LIVE FC St Pauli v Borussia Dortmund
5.20pm Sky Sports Football (kick-off 5.30pm) The Bundesliga game staged at Millerntor-Stadion.

LIVE Atlético Madrid v Elche
6.25pm Premier Sports 2 (kick-off 6.30pm) The LaLiga match at Riyadh Air Metropolitano.

LIVE Levante v Barcelona
8.30pm Disney+ (kick-off 8.30pm) The LaLiga match from Ciutat de València.

LIVE Flamengo U20 v Barcelona U20
8.30pm TNT Sports 1 (kick-off 8.30pm)

LIVE Rosario Central v Newell's Old Boys
9.25pm Premier Sports 1 (kick-off 9.30pm)

LIVE Gotham FC v Utah Royals FC
12.30am TNT Sports 3 (kick-off 12.30am) NWSL game.

Sunday 24

LIVE St Mirren v Rangers
11am Sky Sports Main Event & Sky Sports Football (kick-off 12noon) The Scottish Premiership fixture staged at The SMISA Stadium.

LIVE AZ Alkmaar v PEC Zwolle
11.10am Premier Sports 2 (kick-off 11.15am) Eredivisie.

LIVE Everton v Brighton & Hove Albion
1pm Sky Sports Main Event (kick-off 2pm) The Premier League match from Hill Dickinson Stadium.

LIVE Crystal Palace v Nottingham Forest
1pm Sky Sports Premier League (kick-off 2pm) The Premier League match at Selhurst Park.

LIVE Ajax v Heracles Almelo
3.40pm Premier Sports 2 (kick-off 3.45pm) The Eredivisie fixture from Johan Cruyff Arena.

LIVE Osasuna v Valencia
3.55pm Premier Sports 1 (kick-off 4pm) The LaLiga match staged at Estadio El Sadar.

LIVE Rangers v Hearts
4pm BBC Alba (kick-off 4.10pm) The SWPL match at Ibrox Stadium.

LIVE Fulham v Manchester United
4pm Sky Sports Main Event & Sky Sports Premier League (kick-off 4.30pm) The Premier League match staged at Craven Cottage, where the hosts are seeking a first home win in this fixture since December 2009.

LIVE Villarreal v Girona
6pm Premier Sports 1 (kick-off 6.30pm) The LaLiga fixture at Estadio de la Cerámica.

LIVE Real Sociedad v Espanyol
6.25pm Premier Sports 2 (kick-off 6.30pm) LaLiga match.

LIVE Juventus v Parma
7.30pm TNT Sports 1 (kick-off 7.45pm) The Serie A match staged at Allianz Stadium.

LIVE Real Oviedo v Real Madrid
8.25pm Premier Sports 1 (kick-off 8.30pm) LaLiga match at Estadio Municipal Carlos Tartiere.

LIVE Argentinos Juniors v Racing Club
8.30pm Premier Sports 2 Argentine Primera Division game.

LIVE Boca Juniors v Banfield
10.10pm Premier Sports 2 (kick-off 10.15pm) Argentine Primera Division match.

LIVE São Paulo v Atlético Mineiro
12.25am Premier Sports 2 (kick-off 12.30am)

LIVE San Diego Wave FC v Racing Louisville FC
1am TNT Sports 2 (kick-off 1am) The NWSL match staged at Snapdragon Stadium.

Monday 25

LIVE Athletic Bilbao v Rayo Vallecano
6.25pm Premier Sports 1 (kick-off 6.30pm) The LaLiga game at San Mamés.

LIVE Newcastle United v Liverpool
6.30pm Sky Sports Main Event & Sky Sports Premier League (kick-off 8pm) The Premier League match staged at St James' Park. The sides shared the spoils in a thrilling 3-3 draw in last season's corresponding fixture, and Liverpool then won the reverse fixture 2-0 at Anfield.

LIVE Sevilla v Getafe
8.25pm Premier Sports 1 (kick-off 8.30pm) LaLiga game at Estadio Ramón Sanchez Pizjuán.

LIVE Flamengo v Vitória
12.55am Premier Sports 2 (kick-off 1am) The Brasileiro Serie A match at Maracanã Stadium.

LIVE Lanús v River Plate
1.10am Premier Sports 1 (kick-off 1.15am) The Argentine Primera Division fixture.

Tuesday 26

LIVE EFL Cup
7pm Sky Sports Main Event & Sky Sports Football A second-round match.

LIVE EFL Cup
7.40pm Sky Sports+ A second-round match.

LIVE Champions League
7.45pm TNT Sports 1 (kick-off 8pm) A play-off round second-leg.

LIVE Champions League
7.45pm TNT Sports 2 (kick-off 8pm) A play-off round second-leg.

Wednesday 27

LIVE EFL Cup
7pm Sky Sports Main Event & Sky Sports Football A second-round fixture.

LIVE Grimsby Town v Manchester United
7.30pm ITV1 & Sky Sports The EFL Cup second-round match from Blundell Park. League Two Grimsby defeated Shrewsbury Town 3-1 in the previous round to reach this stage for the second successive season. Their reward is this tie against a team who – despite their woes in their Premier League campaigns – triumphed in this tournament in 2023.

LIVE EFL Cup
7.40pm Sky Sports+ A second-round match.

LIVE Wehen Wiesbaden v Bayern Munich
7.40pm Premier Sports 1

LIVE Champions League
7.30pm TNT Sports 1 (kick-off 8pm) A play-off round second-leg.

LIVE Champions League
7.45pm TNT Sports 2 (kick-off 8pm) A play-off round second-leg.

LIVE Champions League
7.45pm TNT Sports 3 (kick-off 8pm) A play-off round second-leg.

LIVE Celta Vigo v Real Betis
7.55pm Premier Sports 2 (kick-off 8pm) The LaLiga match from Estadio Abanca-Balaídos.

Friday 29

LIVE Elche v Levante
6.25pm Premier Sports 1 (kick-off 6.30pm) LaLiga match.

LIVE Leicester City v Birmingham City
7pm Sky Sports Main Event & Sky Sports Football (kick-off 8pm) The Championship match at King Power Stadium. The sides last met two seasons ago, when Leicester won home and away in the league and also prevailed 3-0 here in the FA Cup. Birmingham were relegated in that campaign, but won League One last term.

LIVE Valencia v Getafe
8.25pm Premier Sports 1 (kick-off 8.30pm) The LaLiga match at the Mestalla.

LIVE Orlando Pride v Gotham FC
1am TNT Sports 2 (kick-off 1am)

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Saturday

23 August

Evening Planner

Football

Premier League

TNT Sports & Sky Sports

Today's live matches feature Man City v Spurs (TNT Sports, k-o 12.30pm) and Arsenal v Leeds (Sky Sports, 5.30pm).

Rugby Union

Women's Rugby World Cup

BBC1, kick-off 2.45pm

Home nations Scotland and Wales face each other in their opening Pool B game.

Documentary

Bettany Hughes' Lost Worlds: The Nabataeans

C4, 8.10pm

The historian uncovers the mysteries of one of the world's ancient tribes.

Drama

Dark Hearts

BBC4, 9pm & 9.50pm (box set, iPlayer)

Season two of the French drama about an elite commando unit in Iraq. Group 45 are still reeling from Sab's capture.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	‹ 6.50 Michael McIntyre's Big Show		7.55 MasterChef		8.25 Casualty		9.10 Annika	10.00 News	10.20 Match of the Day
	102 BBC2	‹ 5.45 The Hundred – Live: London Spirit Men v Southern Brave Men (Start-time 6.00)						9.10 We Want the Funk		10.30 James Brown...
	103 ITV1		7.30 Who Wants to Be a Millionaire?...			8.30 The 1% Club		9.30 One Night		10.20 News
	104 CHANNEL 4		7.10 Our Farm Next Door: Amanda, Clive...			8.10 Bettany Hughes' Lost Worlds: The...		9.10 Griff's Great American South		10.10 Film: The Northman
	105 5		7.10 Secrets of the Royal Palaces			8.10 Claridge's: A Legacy of Luxury		9.10 Harry & Meghan: The Wedding That Split Two Families		10.40 When...
	106 SKY SHOWCASE	7.00 Film: Spider-Man						9.10 Micky Flanagan – An' Another Fing Live		
ENTERTAINMENT	115 BBC3	7.00 EastEnders						9.00 Gavin & Stacey	10.00 Two Pints of Lager and a Packet of...	
	116 BBC4		7.10 Miss Marple: Nemesis					9.00 Dark Hearts		
	118 ITV2	‹ 6.55 Film: Mean Girls						9.00 Film: Pitch Perfect 3		
	136 MORE4	‹ 6.55 Four in a Bed						9.00 24 Hours in A&E		
	135 E4	‹ 6.35 Film: Star Trek						9.00 Celebrity Gogglebox	10.00 Gogglebox	
	107 SKY WITNESS	7.00 Nothing to Declare						9.00 Blue Bloods	10.00 Elsbeth	
	108 SKY ATLANTIC	‹ 6.50 Game of Thrones							10.05 The White Lotus	
	110 U&GOLD		7.25 The Vicar of Dibley		8.00 Red Dwarf			9.15 The Vicar of Dibley		10.10 Mrs Brown's Boys
	111 U&DAVE	7.00 Gavin & Stacey						9.00 Here We Go		
	119 ITV3	7.00 Midsomer Murders						9.00 Vera		
	120 ITV4	‹ 6.40 Film: Shalako						9.00 English Football League Highlights		10.35 Film: First...
	112 COMEDY CENTRAL	7.00 Friends			8.00 Michael McIntyre's Big Christmas Show			9.00 Russell Howard: Right Here Right Now	10.00 Film: The Brothers Grimsby	
	139 SKY SCI-FI	7.00 Star Trek: Voyager						9.00 Film: Anti-Life		
	113 SKY MAX	7.00 Joe Lycett's United States of Birmingham			8.00 An Idiot Abroad 2			9.00 Peacemaker	10.00 Strike Back: Vendetta	
	109 U&ALIBI	7.00 Death in Paradise			8.00 Father Brown			9.00 Death in Paradise		
	124 SKY ARTS	‹ 6.45 Queen – The Magic Years			8.00 Queen – Live at Wembley Stadium					10.25 Freddie Mercury...
	132 U&W	7.00 Nurses on the Ward						9.00 Ghosts		10.20 Gavin & Stacey
DOCUMENTARY	125 DISCOVERY	7.00 Gold Divers						9.00 In the Eye of the Storm	10.00 Marooned with Ed Stafford	
	162 ANIMAL PLANET	7.00 How Do Animals Do That?			8.00 Extinct or Alive			9.00 The Zoo	10.00 Tanked	
	129 NAT GEO	7.00 Hurricane Katrina: Race Against Time								
	123 SKY HISTORY	7.00 Cursed Treasures						9.00 The UnXplained with William Shatner		
	155 U&YESTERDAY	7.00 Bangers & Cash							10.00 Film: Farewell, My Lovely	
	121 SKY DOCS	7.00 Film: Lancaster						9.00 Hill		
FILMS – Sky Cinema	301 PREMIERE	‹ 6.15 Long Gone Heroes			8.00 The Surfer				9.45 Saturday Night	
	302 FAST	‹ 5.40 Fast & Furious Presents Hobbs & Shaw			8.00 The Fast and the Furious				10.00 2 Fast 2 Furious	
	303 HITS	‹ 5.50 Spider-Man 2			8.00 Spider-Man 3					10.20 The Purge: Anarchy
	304 GREATS	‹ 5.20 Scent of a Woman			8.00 The Golden Child				9.45 Bad Boys	
	305 KUNG FU PANDA	‹ 6.00 Kung Fu Panda 2		7.40 Kung Fu Panda 3				9.20 Kung Fu Panda 4		
	306 FAMILY	‹ 6.00 Wonka			8.00 Johnny English Reborn				9.50 Bookworm	
	307 ACTION	‹ 5.30 Wonder Woman			8.00 Kong: Skull Island				10.00 Justice League	
	308 COMEDY	‹ 6.15 Horrible Bosses			8.00 Mamma Mia!				10.00 Mamma Mia! Here We Go Again	
	309 THRILLER	‹ 6.05 The Surfer			8.00 The Sum of All Fears				10.10 Jack Reacher	
	310 DRAMA	‹ 5.50 I, Tonya			8.00 It Ends with Us				10.25 Wimbledon	
	311 SCI-FI	‹ 5.35 The Core			8.00 The Island					10.30 Constantine
	313 FILM4	‹ 6.45 I, Robot						9.00 Monster Hunter		
SPORT	401 MAIN EVENT	‹ 5.00 SNF – Live: Arsenal v Leeds United (Kick-off 5.30)				8.30 PGA Tour Golf – Live: The Tour Championship				
	402 PREMIER LEAGUE	‹ 5.00 SNF – Live: Arsenal v Leeds United (Kick-off 5.30)				8.30 Game of the Day				10.30 Premier....
	403 FOOTBALL	‹ 5.20 Bundesliga...		7.30 EFL				9.30 EFL Highlights	10.00 EFL Rivalries	
	405 CRICKET	‹ 5.30 The Hundred Live – Live: London Spirit Men v Southern Brave Men (Start-time 6.00)						9.15 The Hundred Bitesize	10.00 The Hundred	
	410 TNT SPORTS 1	‹ 5.15 Serie A – Live		7.30 UEFA...	8.00 MotoGP	8.30 U20 Intercontinental Cup – Live: Flamengo U20 v Barcelona U20 (Kick-off 8.30)				10.30 One Day...
	411 TNT SPORTS 2	‹ 6.00 MLB – Live: New York Yankees v Boston Red Sox (Start-time 6.05pm)				9.00 MLB – Live: Miami Marlins v Toronto Blue Jays (Start-time 9.10)				

‹ Denotes programmes starting before 7.00pm † Regions vary

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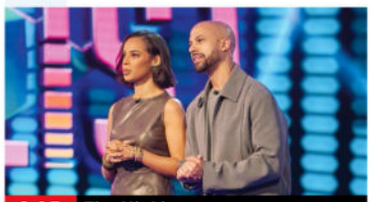
BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
10.00 **Saturday Kitchen** New edition With Thomasina Miers, Niklas Ekstedt and Melanie Blatt. (S)
11.30 **Nadiya's Everyday Baking** (S)(R)
12.00 NOON **Football Focus** (S)
12.30 PM **BBC News** (S)
12.45 **Bargain Hunt** (S)(R)(AD)
1.30 **Money for Nothing** (S)(R)
2.15 LIVE **Rugby Union: Women's World Cup** Scotland v Wales: Gabby Logan presents coverage of both teams' first Pool B match, held at Salford Community Stadium. Kick-off is at 2.45. (S)
5.15 **Garden Rescue** Charlie Dimmock and Lee Burkhill transform Linda and Justine's plot in Aylesbury into a Thai-inspired haven. (S)(R)(AD)
5.45 **BBC News** (S)
5.55 **Local News** (S)


6.05 The Hit List

6 PM
6.05 The Hit List New edition Marvin and Rochelle Humes present the music-based quiz, featuring contestants from Gravesend, Belfast and Southport. (S)
6.50 Michael McIntyre's Big Show Alison Hammond hands over her phone to play Send to All, Peter Crouch is rudely awakened for a special Midnight Gameshow in Portugal, and George Ezra performs. (S)(R)

7 PM
7.55 MasterChef New edition 9/24. Food critic Jimi Famurewa sets the brief in the latest quarter-final. (S)(AD)

8 PM
8.25 Casualty Cassie is attacked in an underground car park while buying a present for Nicole, who is horrified when both she and her attacker are brought into the ED as patients. (S)(AD)

9 PM
9.10 Annika 4/6. The detective reflects on the past after a body is found encased in a block of ice. Stars Nicola Walker. (S2) (S)(R)(AD)

10 PM
10.00 BBC News (S)
10.20 Match of the Day Highlights of the latest Premier League matches, including Manchester City v Tottenham Hotspur at the Etihad Stadium and Arsenal v Leeds United at the Emirates Stadium. (S)
■ More tomorrow at 10.30pm
11.40 The Football Interview New edition A conversation with England defender Marc Guéhi. (S)
11.55 NEW Reading Festival Featuring highlights of the BRIT award winners and Grammy-nominated Bring Me the Horizon. (S)
12.55 AM **Weather for the Week Ahead** Seven-day forecast. (S)
1.00 to 6.00 AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.35 AM **Children's Programmes**
9.20 **Gardeners' World** (S)(R)
10.20 FILM **Jailhouse Rock** Vintage musical starring Elvis Presley. (S) (1957, b/w, U, 95min) ★★★★
11.55 **Mary Berry's Simple Comforts** Double bill of editions. (S)(R)(AD)
12.55 PM **The Great British Sewing Bee** 6/10. Children's Week. (S)(R)(AD)
1.55 FILM **The Train** Wartime adventure starring Burt Lancaster and Paul Scofield. The French Resistance tries to stop a Nazi train carrying French works of art. (S) (1964, b/w, PG, 130min) ★★★★
4.05 **Beechgrove Repotted** New edition Calum Clunie shares some of his gardening tips. (S)
4.30 **Final Score** Results round-up. (S)
5.15 **Flog It!** Valuing items at London Zoo in Regent's Park. (S)(R)

9.10 We Want the Funk

5.45 LIVE Cricket: The Hundred London Spirit v Southern Brave: Coverage of the men's match from Lord's. The Brave claimed a seven-wicket victory when the teams met in Southampton last year, with Craig Overton claiming the player of the match award after taking three wickets for the loss of just 16 runs. The victors went on to finish as runners-up to Oval Invincibles, while Spirit ended the campaign at the bottom of the table. Start-time is at 6.00. (S)

9.10 NEW We Want the Funk A voyage through funk's history, from its African and jazz roots to James Brown's early work and the rise of Parliament-Funkadelic that reflected a post-civil rights sensibility. (S)

10.30 James Brown at the Electric Proms A 2006 performance of jazz standards and soul classics by the singer at the Roundhouse in London, backed by a 24-piece band and the London Community Gospel Choir. (S)(R)

11.30 FILM Shaft Action thriller starring Richard Roundtree and Moses Gunn. A tough black private eye investigates a kidnapping case. (S) (1971, 15, 95min) ★★★★
1.05 AM FILM **Luzzu** Maltese drama starring Jesmark Scicluna and Marlene Schranz. Subtitled. (S) (2021, 15, 90min) ★★★★
2.35 **Sign Zone: Parenthood** (S)(R)(AD)
3.35 **to 6.30** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Ainsley's Good Mood Food** (R)
6.30 **The Chase** Quiz show. (S)(R)
7.30 **Cooking with the Stars** (S)(R)
8.25 **Jimmy & Shivi's Farmhouse Breakfast** New edition (S)
9.25 **ITV News** (S)
9.30 **James Martin's Saturday Morning** With Louise Redknapp. (S)(R)
11.40 **Ainsley's Fantastic Flavours** New edition The rich and aromatic flavours of South Asia. (S)
12.40 PM **Tom Kerridge Cooks Spain** (R)
1.10 **ITV News** (S)
1.30 LIVE **Racing** The final day of the Ebor Festival from York. (S)
4.30 **ITV News** (S)
4.45 **Local News** (S)
5.00 FILM **Fantastic Beasts: The Crimes of Grindelwald** Fantasy sequel starring Eddie Redmayne. (S)(AD) (2018, 12, 150min) ★★★★

9.30 One Night

FILM Fantastic Beasts: The Crimes of Grindelwald (film started at 5.00pm)
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

7.30 Who Wants to Be a Millionaire? Celebrity Special Jeremy Clarkson hosts as Harry Redknapp, Craig Charles and Sam Quek attempt to answer 15 questions correctly in the hope of winning £1 million for charity. (S)(R)

8.30 The 1% Club Quiz show hosted by Lee Mack in which the questions are all about logic and common sense, with 100 contestants in every show having a chance of winning up to £100,000. (S)(R)

9.30 One Night New episode *Hat:* 2/6. After discovering that Simone's book is not purely a work of fiction, Hat grows nervous about the repercussions of keeping the truth from Tess. (S1) (S)(AD)
■ Entire series on ITVX

10.20 ITV News (S)
10.40 The Jonathan Ross Show: Special Guests Including interviews with Britney Spears, Ed Sheeran and Michael Bublé. (S)(R)
11.10 English Football League Highlights A round-up of the latest EFL action, featuring Charlton Athletic v Leicester City and Wrexham v Sheffield Wednesday in the Championship. (S)(R)
12.40 AM **Teleshopping**
3.00 The Twelve (S1) (S)(SL)(R)(AD)
3.55 Unwind with ITV (S)
5.05 to 6.00 AM **Fern Britton: Inside the Vet's** (S)(SL)(R)(AD)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.00 AM **Cheers** 16-19/26. (S8) (S)(R)
7.50 **Everybody Loves Raymond** (S)(R)
8.50 FILM **Wedding March 4: Something Old, Something New** Romantic drama sequel. (S) (2018, PG, 105min) ★★★
10.35 **The Simpsons** (S)(R)(AD)
12.00 NOON **Come Dine with Me: The Professionals** (S)(R)
1.00 PM **Four in a Bed** (S)(R)
3.35 **Location, Location, Location** House-hunting in Devon. (S)(R)
4.40 **Kirstie and Phil's Love It or List It** Kirstie Allsopp catches up with Jamie Lea and Curtis in Albrighton, Shropshire (S)(R)(AD)
5.40 **George Clarke's Remarkable Renovations** Tim and Kirsti are creating a home from an accountants' office that used to be a high-street shop. (S)(R)(AD)

9.10 Griff's Great American South

6.40 News (S)

7.10 Our Farm Next Door: Amanda, Clive and Kids 5/5. The Owens gear up for another busy lambing season – but there is still the task of putting the ancient hearth stone back in place in front of the fire. (S)(R)(AD)

8.10 NEW SERIES Bettany Hughes' Lost Worlds: The Nabataeans 1/3. The story of Nabataea, a forgotten global empire of the ancient world. *See feature, page 12.* (S)(AD)

9.10 Griff's Great American South New edition 4/6. Griff Rhys Jones explores the history of Memphis, discovering the story behind Elvis Presley's big break as well other stars that made their name there. (S)(AD)

10.10 FILM The Northman Historical adventure starring Alexander Skarsgård. Prince Amleth, the son of the murdered Viking King Aurvandill War-Raven, heads to Iceland to exact his revenge. (S)(AD) (2022, 15, 160min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.50 AM FILM **G.I. Joe: The Rise of Cobra** Action adventure. (S)(AD) (2009, 12, 120min) ★★★
2.50 **Ramsay's Kitchen Nightmares USA** Catch-up edition. (S)(SL)(R)
3.40 **Guy Martin: Supervan** (S)(R)
4.05 **Location, Location, Location** (R)
5.00 **to 6.10** AM **The Simpsons** (S)(R)

+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 | 105 | 5 | 105 | 105 | 5

5.40 AM **Milkshake!**
8.55 **SpongeBob SquarePants** (S)(R)
9.05 **Entertainment News** (S)
9.15 **Bargain-Loving Brits in the Sun** Entertainer Alex introduces her Romeo. (S)(R)(AD)
10.05 **Ben Fogle's New Lives in the Country** Double bill. (S)(R)
12.00 NOON **Susan Calman's Great British Cities** Triple bill. (S)(R)
3.00 PM **Tales from the Riverbank** Exploring the waterways of the River Thames. (S)(R)
4.00 **Tales from the Riverbank** Clare Balding heads to one of her favourite stretches of water, the River Wharfe. (S)(R)
4.55 **Fawlty Towers: Funniest Moments** A celebration of John Cleese and Connie Booth's acclaimed sitcom. (S)(R)

8.10 Claridge's: A Legacy...

6.15 **News** (S)
6.20 **NEW SERIES Great Gardens of Europe** 1/4. A look at some the continent's finest horticultural sites, beginning with the Dutch city of Leiden's Hortus Botanicus. (S)
7.10 **Secrets of the Royal Palaces** Behind-the-scenes tales of royal residences associated with Queen Victoria. Historian Jonathan Foyle tells the story of her birth in a room in Kensington Palace. (S)(R)
8.10 **NEW Claridge's: A Legacy of Luxury** Exploring the history of one of the world's most famous hotels, which is located in London's Mayfair. (S)
9.10 **NEW Harry & Meghan: The Wedding That Split Two Families** Documentary using reconstructions and insider accounts to reveal the clashes between the Duke and Duchess of Sussex and the royal household that nearly brought down the monarchy. (S)
10.40 **When TV Goes Horribly Wrong** Ken Bruce looks back at disastrous interviews. (S)(R)
12.35 AM **Bargain-Loving Brits in the Sun** Documentary. (S)(R)
1.05 **PlayOJO Live Casino Show** (S)
3.05 **Playgrounds of the Rich and Famous** Marbella. (S)(R)
3.50 **Friends** (S10) (S)(R)(AD)
4.40 **The Wonderful World of Chocolate** (S)(SL)(R)
5.25 **to 5.30** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 | 109 | 340 | 355

6.00 AM **The Pingu Show** (S)(R)
6.30 **The Epic Adventures of Morph**
6.40 **The Very Small Creatures** (R)
6.50 **The Brilliant World of Tom Gates** (S)(R)(AD)
7.05 **Monkey Life** (S)(R)
7.55 **Big Cats: An Amazing Animal Family** 2/2. (S)(R)(AD)
8.45 **Ancient Superstructures** (S)(R)
9.45 **Pharaohs at War** (S)(R)
10.45 **LIVE Cricket: The Hundred** Northern Superchargers v Oval Invincibles: The women's match at Headingley. Start-time 11.00.
2.00 PM **Football's Funniest Moments** Comical incidents from the Premier League. (S)(R)
3.00 **Gillette Labs Soccer Saturday** The latest news from this afternoon's football matches.
5.00 **Rob & Romesh vs Darts** (S)(R)

10.45 Cricket: The Hundred

6.00 **Rob & Romesh vs Hollywood Stunts** Rob Beckett and Romesh Ranganathan head to Los Angeles to throw themselves into the world of Hollywood stuntmen. (S)(R)(AD)
7.00 **FILM Spider-Man** Fantasy adventure starring Tobey Maguire and Kirsten Dunst. When a nerdy schoolboy is bitten by a mutant spider, he develops special powers giving him spider-like abilities. These skills come in handy when he is called on to save New York from the evil Green Goblin. With Willem Dafoe and James Franco. (S) (2002, 12, 121 min) ★★★★ SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
9.10 **Micky Flanagan: An' Another Fing Live** A stand-up show recorded at London's O2 Arena as part of the comedian's sell-out 2017 tour, in which he played to more than 600,000 people around the UK. The Cockney funnyman covers topics from the French and marriage, to Saga holidays with his dad and his love of Mary Berry. (S)(R)
11.00 **FILM Last Seen Alive** Mystery thriller starring Gerard Butler. (2022, 15, 95min) ★★★
1.00 AM **An Idiot Abroad 2** 1/8. Karl Pilkington visits a desert island in the South Pacific. (S)(R)
1.55 **The Office (US)** (S)(R)
3.10 **Brassic** 1/7. (S6) (S)(R)(AD)
4.00 **Road Wars** (S)(R)
5.00 **Nothing to Declare** (S)(R)
5.30 **to 6.00** AM **Monkey Life** (S)(R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
11.40pm Sportscene: Premiership Highlights (S)(R) **12.40am** The Football Interview New edition (S) **12.55** NEW Bring Me the Horizon @ Reading Festival (S) **1.55** Weather for the Week Ahead (S) **2.00-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
No variations

WALES
Sky 965, Virgin 864, Freesat 965
12.45pm Bargain Hunt (S)(R) **1.35-2.15** Scrum Queens: The Women Who Saved the World Cup (S)(R) **5.15-5.45pm** Back in the Day (S)(R)

BBC2

N. IRELAND
Sky 969, Freesat 969
5.15-5.45pm True North: Pets Saving Lives (S)(R)

WALES
Sky 968, Freesat 968
12.25pm The Great British Sewing Bee (S)(R)(AD) **1.25** FILM The Train: War action film starring Burt Lancaster. (S) (1964, b/w, PG, 130min) ★★★★ **3.35** Beechgrove Repotted New edition (S) **4.00-4.30pm** Weatherman Walking (S)(R)

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **8.00** Stwnsh Sadwrn **10.00** Help Llaw **10.15** Jason Mohammad: Stadiymau'r Byd **11.15** Trysorau Cymru: Tir, Tai a Chyfrinachau (AD) **11.45** Y Ci Perffaith **12.15pm** Cymry ar Gynfas **12.45** Prosiect Pum Mil **1.45** Efaciwis (AD) **2.45** Taith Bywyd (AD) **3.45** Colleen Ramsey: Bywyd a Bwyd **4.15** Garddio a Mwy **4.45** Cwpwrdd Epic Chris **5.15** Sioe Sir Benfro **5.45** Sioe Sir Benfro **6.15** Hen Dy Newydd (AD) **7.15** Newyddion a Chwaraeon **7.30** Cymry ar Gynfas **8.00** Noson Lawen **9.00** Rybish (AD) **9.30** Canu gyda Fy Arwr **10.30-11.35pm** Prosiect Pum Mil

BBC3

115/117/121 118 | 107/113 | 23 | 107 | 107 | 10

BBC3 programmes start at 7.00pm

7.00 PM **EastEnders** Ravi's plans are interrupted. **7.30** It is Kojo's birthday, and Harry is tasked with keeping him out of the flat. **8.00** George gets Kojo to Phil's place, but Jack arrives and discovers he took drugs. **8.30** The locals celebrate at Patrick and Yolande's stag and hen parties.
9.00 **Gavin & Stacey** 1/8. The happy couple are welcomed home after their honeymoon. **9.30** 2/8. Gavin sets out to help Smithy accept his responsibilities. (S2)
10.00 **Two Pints of Lager and a Packet of Crisps** 4/6. Janet enrols as a student. **10.30** 5/6. Jonny develops an obsession with Louise. **11.00** 6/6. Jonny decides to spice up his life. (S1) **11.30** 1/6. Gaz panics at the thought of fatherhood. (S2)
12.00 M'T **Starstruck** 1&2/6. (S2)
12.45 AM **The Instagram Effect**
1.45 **Two Pints of Lager and a Packet of Crisps**
3.45 **to 4.00** AM **Spinster**

MORE4

136/137 127 | 147 | 18 | 124 | 15

8.55 AM **Four in a Bed**
11.35 **Location, Location, Location** From Kent.
12.35 PM **George Clarke's Amazing Spaces**
1.40 **George Clarke's Old House, New Home**
2.45 **Ugly House to Lovely House with George Clarke**
3.50 **Come Dine with Me**
6.25 **Four in a Bed** The contest begins at Grove Barn B&B in Denton, Norfolk. **6.55** A visit to Picaroons in Sheringham, Norfolk.
7.25 **Four in a Bed** The third visit is to Brightham House in Malborough, Devon. **7.55** The final stay of the week is at Moran's B&B in Westward Ho!, Devon. **8.30** The owners find out how much they've been paid.
9.00 **24 Hours in A&E** A woman involved in a motorbike accident is brought to St George's Hospital.
10.00 **24 Hours in A&E** This edition focuses on the treatment of sport enthusiasts who have had accidents on two wheels.
11.05 **999: On the Front Line** A man who has collapsed by the roadside is suspected of having taken drugs.
12.10 AM **Emergency Helicopter Medics**
2.20 **24 Hours in A&E**
3.25 **to 3.55** AM **Food Unwrapped**

+1 hour 236/237 347 125

BBC4

116 119 | 107/108 | 9/24 | 106 | 108 | 11

BBC4 programmes start at 7.00pm

7.00 PM **Britain's Wild Places: The Owls and the Orchard** A year in the life of two owls.
7.10 **Miss Marple** *Nemesis – Part One:* The sleuth receives a request in the will of a friend who has recently died. **8.05** *Nemesis – Part Two:* Elizabeth Temple is injured and sends for the sleuth.
9.00 **NEW SERIES Dark Hearts** 1/6. Return of the French action adventure with Nicolas Duvauchelle. An attack on the French consulate triggers an operation. **9.50** New episode 2/6. The 45 must protect Zaïd by eliminating a survivor from Qalb Aswad. Subtitled. (S2)
■ Entire series on BBC iPlayer
10.45 **The Newsreader** 1/6. Australian drama. The *News at Six* team prepare to report on the 1987 general election. **11.40** 2/6. The country is rocked by a mass shooting in Clifton Hill, Melbourne. (S2)
12.35 AM **The Good Life**
1.05 **Yes, Minister**
1.35 **to 3.30** AM **Miss Marple**

E4

135/136 126 | 106 | 13 | 122 | 13

6.00 AM **The Goldbergs**
8.25 **Lego Masters Australia**
9.35 **Ramsay's Kitchen Nightmares USA**
12.35 PM **The Big Bang Theory**
3.05 **The Simpsons** Seven episodes, including at: **5.35** *The Last Barfighter:* Moe breaks the most sacred rule of a secret society of bartenders. **6.05** *Treehouse of Horror VII:* In another trio of horror tales, Lisa discovers Bart's demented twin in the attic.
6.35 **FILM Star Trek** Sci-fi adventure prequel starring Chris Pine and Zachary Quinto. Rebel Starfleet graduate James T Kirk falls foul of young Vulcan officer Spock when he joins the new Starship *Enterprise*. With Simon Pegg, Leonard Nimoy and Eric Bana. (2009, 12, 127min) ★★★★
9.00 **Celebrity Gogglebox** Some of Britain's best-known personalities turn their hand to being the country's most opinionated viewers, critiquing the week's TV.
10.00 **Gogglebox** Opinions on *Casualty, Queer Eye* and *Below Deck Sailing Yacht*. **11.05** Appraisals of *Sitting on a Fortune* and *Casualty*.
12.05 AM **First Dates**
2.15 **Below Deck: Mediterranean**
3.55 **to 6.00** AM **The Goldbergs**

+1 hr 235/236 306 30 123 256

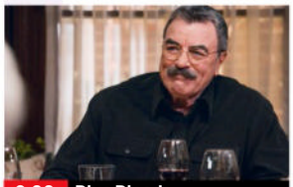
SATURDAY Entertainment

Saturday

Sky Witness

107 107 110 341 356

6.00 AM **Brit Cops: Law & Disorder** Credit card fraud.
7.00 **Sun, Sea and A&E**
9.00 **Customs UK**
10.00 **Send in the Dogs**
11.00 **Bondi Rescue**
12.00 NOON **Caught Red Handed** A crook cons his way into an elderly woman's home. **12.40** PM A hooded mugger pulls a gun on a student. **1.20** A woman whose money is being stolen fakes some bank notes to catch the culprit.
2.00 PM **Nothing to Declare**


9.00 Blue Bloods

7 PM

7.00 Nothing to Declare A courier arrives to pick up a very strange delivery. **7.30** An odd package arrives at the mail centre.

8 PM

8.00 Nothing to Declare A group of foreigners make a daring escape. **8.30** A Sri Lankan passenger is questioned.

9 PM

9.00 Blue Bloods *The Big Leagues:* 12/21. Danny reunites with a childhood friend who comes to him in desperate need. (S13)

10 PM

10.00 Elsbeth / *See... Murder:* 15/20. The lawyer pits her wits against a psychic after the stepson of one of her clients is found dead. (S2)
11.00 **Law & Order: Special Victims Unit** 3/13. (S25)
12.00 M'T **Bull** 4/16. (S5)
1.00 AM **The Cleaning Lady** (S3)
2.00 **Caught on Dashcam**
3.00 **Stop, Search, Seize**
5.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Urban Secrets**
8.00 **The Guest Wing** 1/6. (S1)
9.00 **Game of Thrones** (S1)
12.20 PM **Game of Thrones** (S1)
2.30 **Game of Thrones** 6/10. Ned investigates rumours about the Lannisters. **3.35** 7/10. Ned confronts Cersei about Jon Arryn's death and Khal Drogo vows revenge. **4.40** 8/10. Battle commences as the Lannisters launch their bid for power and the throne. **5.45** 9/10. Ned faces a fateful decision to save Sansa. (S1)

7.55 Game of Thrones

6.50 Game of Thrones *Fire and Blood:* 10/10. Robb's bannermen make an important declaration. (S1)
7.55 Game of Thrones *The North Remembers:* 1/10. As Westeros prepares for war, Robb Stark marches south to avenge his father.

9.00 Game of Thrones *The Night Lands:* 2/10. Tyrion chastises Cersei and Theon is reunited with his father. (S2)

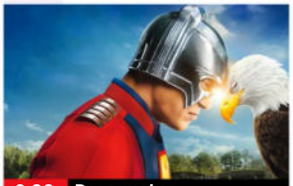
10.05 The White Lotus *Abductions:* 6/7. Ethan grows suspicious of Cam, and Tanya gives Portia a warning about Jack. (S2)
11.20 **The Sopranos** 9/13. Tony is pleased to find Carmela has heard about Junior's secrets. **12.20** AM 10/13. Tony's henchmen kill a drug dealer.
1.20 **The Sopranos** 11–13/13. (S1)
4.25 **In Treatment** 10/35. (S2)
5.00 **to 6.00** AM **The Guest Wing**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **SEAL Team** 16–19/22. (S2)
10.00 **Grimm** 11–13/13. (S6)
1.00 PM **The Walking Dead** 15/16. Aaron searches for allies. **2.00** 16/16. The communities join forces for a last stand against the Saviors. (S8) **3.00** 1/16. Rick and his group make a risky run into Washington, DC for artefacts. **4.00** 2/16. The communities work to restore a bridge. (S9)
5.00 **Rob & Romesh vs Darts**
6.00 **Rob & Romesh vs Hollywood Stunts**


9.00 Peacemaker

7.00 Joe Lycett's United States of Birmingham 1/4. Joe visits cities in America with the same name as his home town.

8.00 An Idiot Abroad 2 1/8. Karl visits destinations on his 'bucket list', beginning with a trip to an island in the South Pacific.

9.00 Peacemaker *The Ties That Grind:* 1/8. Return of the superhero action comedy spin-off from the *Suicide Squad* movie. (S2)

10.00 Strike Back: Vendetta 9/10. Carolyn Fortier persuades Section 20 to bring in Chetri before she is tracked down. (S8)
11.00 **Warrior** 1/10. Ah Sahm confronts new anti-Chinese group Teddy's Boys. (S2)
12.00 M'T **Resident Alien** 2/10. Harry must work with Asta. (S4)
1.00 AM **Road Wars**
2.00 **S.W.A.T.** New episode (S8)
3.00 **Brassic** 1/7. (S6)
4.00 **to 6.00** AM **Sun, Sea and A&E**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.45 **Dress to Impress**
8.45 **Dinner Date**
9.45 **Sam and Billie: Sister Act**
10.45 **Deal or No Deal**
1.50 PM **Celebrity Catchphrase**
2.50 **FILM Scoob!** Animation. (2020, PG, 93min) ★★★
4.45 **FILM School of Rock** Comedy with Jack Black. A wannabe rock guitarist poses as a substitute teacher at a private school and tries to turn his young pupils into a rock band. (2003, PG, 109min) ★★★★

6.55 Mean Girls

6.55 FILM Mean Girls Teen comedy starring Lindsay Lohan as a girl who moves from Africa to America and finds that she must learn a new law of the jungle when she enrols in a high school. (2004, 12, 97min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 FILM Pitch Perfect 3 Comedy sequel starring Anna Kendrick. The Bellas reunite for one last singing competition at an overseas tour. (2017, 12, 93min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
10.55 Family Guy 7/20. Meg competes in the Winter Olympics. (S17)
11.25 **Family Guy** 2/20. Brian's marriage to Jess is not what he envisioned. (S17)
11.50 **American Dad!** (S13)
12.50 AM **The Stand Up Sketch Show** Double bill.
1.50 **Deal or No Deal**
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **On the Buses**
6.35 **A Touch of Frost**
8.45 **Agatha Christie's Poirot**
10.45 **Doc Martin** 3&4/8. (S8)
12.50 PM **The Darling Buds of May**
3.00 **Agatha Christie's Marple** The sleuth teams up with a friend and a socialite to solve the riddle of a man's last words.
5.00 **Midsomer Murders** *Secrets and Spies:* Barnaby's secret past as a spy is revealed when a former agent is killed after a cricket match in Midsomer Parva. Guest stars Anna Massey.

11.00 Shetland

7.00 Midsomer Murders *The Dogleg Murders:* The peaceful setting of a prestigious local golf club is rocked by murder when a player is bludgeoned to death on the 13th hole. Guest stars Nicholas Le Prevost and Sam Torrance.

9.00 Vera *Changing Tides:* The detective investigates a suspicious fire that rips through a holiday park on the coast, destroying three cabins and claiming the life of the resort owner's sister.

11.00 **Shetland** 3/6. Perez questions Donna about the shocking DNA results. **12.00** M'T 4/6. Perez and Tosh are warned to stay away from Mathias Soderland. (S4)
1.10 AM **The Real Crown: Inside the House of Windsor**
2.15 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.15 **Sportscene: Premiership Highlights** Action from the latest top-flight matches.
8.15 **Icons of Football** A profile of Joe Jordan.
8.30 **Jules and Greg's Wild Swim** From Fife.
9.00 **NEW Billy Connolly: Big Banana Feet** The long-lost film of the comedian's 1975 tour of Ireland.
10.15 **Gary: Tank Commander** 2/6. The lads defy orders while transporting a tank back to the barracks. (S2)
10.45 **Murder Case: The Vanishing Cyclist** 2/2. Detectives make a vital breakthrough in the search for Tony Parsons.
11.45 PM **to 12.00** M'T **Franz Ferdinand: The Quay Sessions Special**

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Will & Grace** (S1)
9.00 **Sex and the City** (S1)
1.15 PM **And Just Like That...**
6.05 **And Just Like That...** 6/10. Carrie's giant leap for her future self helps her embrace the past. **6.55** 7/10. Carrie gets a proposition from her book publisher. **7.40** 8/10. After coming clean, Miranda considers a life-altering decision. **8.25** 9/10. Charlotte helps Lily through a crisis. **9.10** 10/10. Carrie tries to find some closure, and Che upsets Miranda. (S1)
10.00 **Divorce** 9/10. Robert's lawyer makes an insinuation that Frances is an unfit mother. (S1)
10.35 **Divorce** 10/10. (S1)
11.15 **Lucy Beaumont: Live at Royal Court Theatre**
12.15 AM **Girls** (S5)
2.00 **NEW Marc Maron: Panicked** Stand-up.
3.30 **Hung** 1&2/10 (S2)
4.35 **to 5.00** AM **Sort Of**

Sky Arts

124/125 114/115 123 36 143 24 350 365

6.00 AM **A Midsummer Night's Dream**
8.30 **Tales of the Unexpected**
11.00 **Alfred Hitchcock Hour**
1.00 PM **FILM South Pacific** Screen version of the classic musical. (1958, U, 151min) ★★★★
3.45 **The Michelangelo Code: Secrets of the Sistine Chapel**
6.00 **Johnny Cash: A Legend in Concert**
6.45 **Queen: Magic Years**
8.00 **Queen: Live at Wembley Stadium**
10.25 **Freddie Mercury: The Untold Story** A profile.
11.45 **Queen: Live in Milton Keynes** From 1982.
2.00 AM **Elton John: Million Dollar Piano**
4.30 **Music Icons: American Rock**
5.00 **Music Icons: Singer Writes the Song**
5.30 **to 6.00** AM **Music Icons: Birth of Metal**

Sky Mix

151 158 135 11 141 23

6.00 AM **Nothing to Declare**
8.00 **Let's Game**
8.25 **Funny Talking Animals**
8.35 **Silly Pets**
8.45 **Isadora Moon**
9.00 **Nothing to Declare**
11.00 **Kenya Wildlife Diaries**
12.00 NOON **Arctic Secrets**
1.00 PM **Gangs of Baboon Falls** Documentary.
2.00 **Wild Dogs: Pack vs Pride** Documentary.
3.00 **Secret Life of the Koala**
5.00 **Orangutan Jungle School** Documentary.
6.00 **FILM The Great Escape** Classic adventure with Steve McQueen. (1963, PG, 1963) ★★★★★
9.15 **FILM SAS: Red Notice** Action thriller starring Sam Heughan. (2021, 15, 90min) ★★★
11.30 **Caught on Dashcam**
12.30 AM **World's Most Evil Killers** Double bill.
2.30 **Nothing to Declare**
5.00 **to 6.00** AM **The Force: Manchester**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Lingo** Quiz show.
10.00 **Tipping Point**
1.00 PM **Lingo** Quiz show.
2.00 **In with a Shout**
3.00 **Tenable** Double bill.
5.00 **Deal or No Deal** Game show hosted by Stephen Mulhern.
6.00 **Lingo** Featuring Spice Girls super fan Sid and his wife Shabs. **7.00** Contestants include married couple George and Sue.
8.00 **Deal or No Deal** Stephen Mulhern hosts as Jemma tries to open the 22 red boxes in the right order, taking on the infamous Banker for the chance to win a life-changing cash prize.
9.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.00 M'T **In with a Shout** The Wilds from Edinburgh and the Slaters from Rochdale compete.
12.55 **to 1.00** AM **Unwind**

GREAT! tv

157 167 170 34 48

8.00 AM **Highway to Heaven**
10.00 **Little House on the Prairie** 3–11/23. (S3)
7.00 PM **Little House on the Prairie** *Blizzard:* 12/23. A serious snowstorm leading to tragedy. **8.00** *I'll Ride the Wind:* 13/23. Mary accepts a marriage proposal. (S3)
9.00 **FILM The Da Vinci Code** Conspiracy thriller based on Dan Brown's novel, starring Tom Hanks and Audrey Tautou. A Harvard professor and a French cryptographer solve a series of clues about the true nature of the Holy Grail while fleeing from the police and a murderous albino monk. (2006, 12, 149min) ★★★
12.00 M'T **The Avengers** (S6)
3.00 AM **Hart to Hart** (S4)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **Minder**
8.00 **Magnum, PI**
9.00 **Made in Britain**
9.30 **Racing: The Opening Show**
10.30 **The Big Match Revisited**
11.30 **Cadfael** 3/3. (S2)
1.10 PM **FILM Carry On Abroad** Comedy with Sidney James. (1972, PG, 89min) ★★
3.00 **LIVE LIV Golf** The second round of the final tournament of the season from Michigan.
5.00 **The Best of the 90s**
5.10 **Magnum, PI**
6.10 **Made in Britain**

5.10 Magnum, PI

6.40 **FILM Shalako** Western starring Sean Connery and Brigitte Bardot. European aristocrats on safari in 1880s New Mexico encounter warlike Apaches. With Stephen Boyd and Jack Hawkins. (1968, PG, 118min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **English Football League Highlights** Action from the latest matches, including Charlton Athletic v Leicester City, Wrexham v Sheffield Wednesday and Norwich City v Middlesbrough.
10.35 **FILM First Blood** Action adventure with Sylvester Stallone. Vietnam veteran John Rambo runs foul of some small-town cops and triggers a manhunt. (1982, 15, 93min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.25 AM **Wrestling: AEW Dynamite**
2.25 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S4)
2.00 PM **Star Trek: The Next Generation** 1&2/26. (S1)
4.00 **Star Trek: Voyager** 16/26. Part one of two. The crew suffer from amnesia.
5.00 17/26. Part two of two. Chakotay desperately tries to jog Janeway's memory.
6.00 18/26. Seven of Nine starts to neglect her duties while exploring her humanity on the Holodeck. (S7)

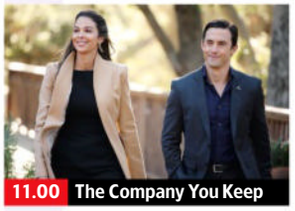
9.00 Anti-Life

7.00 **Star Trek: Voyager** *Q2:* 19/26. The omnipotent Q brings his rebellious son onto the ship to learn some discipline.
8.00 **Star Trek: Voyager** *Author, Author:* 20/26. The holographic Doctor creates tension. (S7)
9.00 **FILM Anti-Life** Sci-fi action drama starring Bruce Willis. A junior mechanic aboard a interstellar ship must outwit a cosmic terror intent on using the spaceship as a weapon. (2020, 15, 93min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.00 **The Walking Dead** 5/24. Aaron, Carol, Lydia and Jerry go to the Hilltop ruins for tools and nearby game.
12.00 M'T 6/24. Connie and Virgil hide in a house occupied by mysterious creatures. (S11)
1.00 AM **The Walking Dead** 7-9/24. Triple bill. (S11)
4.00 **to 6.00** AM **Most Haunted US**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S17)
10.00 **Elementary** 16-18/24. (S5)
1.00 PM **Death in Paradise** Five episodes, including at:
3.40 *Lucky in Love:* 3/9. A lottery winner is found dead. Guest stars Kelvin Fletcher.
5.00 *Chain Reaction:* 4/9. Neville tries to solve the mysterious death of a nurse from his hospital bed.
6.00 5/9. *Music to My Ears:* Part one of two. A concert pianist is shot dead during an apparent burglary. (S10)



11.00 The Company You Keep

7.00 **Death in Paradise** *Fake or Fortune:* 6/9. Part two of two. Neville investigates a concert pianist's murder. (S10)
8.00 **Father Brown** *The Invisible Friends:* Murder threatens to derail the live broadcast of an agricultural radio drama.
9.00 **Death in Paradise** *Pilot of the Airwaves:* 1/9. A TV news presenter is found dead and suspicion falls on her co-host.
10.00 **Death in Paradise** *Steamy Confessions:* 2/9. The team are baffled when an archaeologist is killed during a dig. (S10)
11.00 **The Company You Keep** 7/10. Charlie becomes Emma's new CIA asset and is tasked with spying on Daphne while they attend an event together. (S1)
12.00 M'T **Death in Paradise** (S10)
2.00 **to 4.00** AM **Elementary**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.05 AM **The Story of Only Fools and Horses** Double bill.
8.55 **Porridge** Fletcher takes on the role of agony aunt.
9.35 **Only Fools and Horses**
2.30 PM **Only Fools and Horses** The 1988 Christmas special. Del tries to find romance by joining a dating agency.
4.20 The 2003 Christmas special. The Trotters urgently need money to pay a tax debt.
6.00 The Christmas special from 1992. Del Boy launches a bottled water business.

6.00 Only Fools and Horses

7.25 **The Vicar of Dibley** Alice makes a pre-wedding revelation, and Geraldine is surprised by David's dashing brother.
8.00 **Red Dwarf** Part one of three. The nanobots recreate *Red Dwarf.*
8.40 Part two of three. Captain Hollister invites Rimmer to dinner.
9.15 **The Vicar of Dibley** Geraldine's hopes of romance are fuelled by a visit from David's brother.
10.10 **Mrs Brown's Boys** Agnes tries to solve Dermot's relationship problems.
10.50 Agnes worries her family are too secretive.
11.30 **Inside No 9** A man arranges a reunion on a boat for his old university friends.
12.10 AM **The Vicar of Dibley**
1.05 **Mrs Brown's Boys**
2.30 **Inside No 9**
3.00 **Back to Life**
3.30 **to 4.00** AM **Inside No 9**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Hairy Bikers Everyday Gourmets** Luxury lunches.
8.00 **Top Gear Winter Olympics Special** The presenters use cars to compete in Winter Olympic events.
9.00 **Cape Carnage: Killer Catch**
11.00 **Top Gear**
12.00 NOON **World's Most Dangerous Roads**
2.00 PM **Our Guy in India**
3.00 **Extreme Fishing with Robson Green** Double bill
5.00 **Would I Lie to You?** Triple bill of the comedy panel show.

9.00 Here We Go

7.00 **Gavin & Stacey** The Shipmans head to Wales for a wedding fayre.
7.35 The bride-to-be goes on a hen party, while Gavin embarks on two stag nights.
8.10 Nessa considers sharing her big secret on the day of the wedding.
9.00 **Here We Go** Pilot episode of the comedy. The Jessop family go on a summer holiday.
9.40 The Jessops try to use a family voucher when they visit a theme park.
10.20 Rachel attempts to help Amy get a job with an old friend from school.
11.00 **Not Going Out**
12.35 AM **Gavin & Stacey**
1.55 **Would I Lie to You?**
2.40 **World's Most Dangerous Roads** A selection of highlights from the series.
3.30 **to 4.00** AM **Would I Lie to You?**

+1 hour 211/212 327 74 259

7 PM
8 PM
9 PM
10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **Chateau DIY**
9.30 **Come Dine with Me**
12.00 NOON **A Place in the Sun** Triple bill of editions.
3.00 PM **A Place in the Sun: What Happened Next?**
4.00 **A Place in the Sun**
8.00 **Kirstie and Phil's Love It or List It: Brilliant Builds** Two homes that needed adapting for families at very different life stages.
9.00 **Grand Designs** A couple plan to make a family home out of an abandoned water tower in Northamptonshire.
10.00 **First Dates** Two sisters attend the restaurant to take a dive into dating.
11.00 **8 Out of 10 Cats Does Countdown**
12.05 AM **FILM Transformers: Revenge of the Fallen** Sci-fi adventure sequel starring Shia LaBeouf and Megan Fox. (2009, 12, 149min) ★★★
3.00 **to 5.00** AM **Gogglebox**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **Blue Bloods** (S6)
1.00 PM **NCIS** 1-5/20. (S17)
6.00 **NCIS** *Institutionalised:* 6/20. Kasie's best friend is suspected of murder.
7.00 *No Vacancy:* 7/20. The team uncover spy cameras hidden in the rooms of a motel.
8.00 *Musical Chairs:* 8/20. The team investigate the murder of a musician. (S17)
9.00 **Criminal Minds** *Dust and Bones:* 7/22. The agents hunt down a killer whose victims are all prominent members of their community.
10.00 *Neon Terror:* 8/22. A suspect sends the media footage of his crimes. (S13)
11.00 **Law & Order: Special Victims Unit** (S18&17)
2.45 AM **Criminal Minds**
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Entertainment News**
8.10 **Friends** 1-4/24. (S2)
10.15 **Fare Dodgers: At War with the Law**
12.15 PM **Nightmare Tenants, Slum Landlords**
5.20 **FILM Nim's Island** Family comedy adventure with Abigail Breslin and Jodie Foster. (2008, U, 96min) ★★★
7.15 **FILM Jackie Chan's The Medallion** Action comedy starring Jackie Chan and Lee Evans. (2003, PG, 88min) ★
9.00 **FILM Jason Bourne** Action thriller starring Matt Damon and Tommy Lee Jones. (2016, 12, 123min) ★★★
11.25 **FILM Final Destination 5** Horror thriller sequel. (2011, 15, 91min) ★★★
1.20 AM **101 Near Misses**
2.15 **The Resident** (S5)
3.50 **to 4.00** AM **Entertainment News**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Police Interceptors**
11.00 **MacGyver** (S1)
1.00 PM **MacGyver** 13/21. Jack and Angus' helicopter crashes in a remote part of Kazakhstan.
2.00 14/21. Angus and Jack hunt for an agent.
3.00 15/21. Mac and the team fear the return of the Zodiac killer. (S1)
3.55 **FILM The Glenn Miller Story** Musical. (1954, U, 116min) ★★★★★
6.20 **FILM The Dam Busters** Wartime drama starring Richard Todd and Michael Redgrave. (1954, b/w, U, 125min) ★★★★
9.00 **FILM U-571** World War Two drama starring Matthew McConaughey. (2000, 12, 115min) ★★★
11.25 **FILM Sniper** Thriller. (1992, 15, 97min) ★★★
1.30 AM **Motorway: Hell on the Highway**
3.30 **Highway Patrol**
3.55 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **The Bill**
11.00 **Tipping Point**
3.00 PM **Nurses on the Ward**
7.00 **Nurses on the Ward** A paediatric nurse is called to an emergency involving a toddler.
8.00 A cardiac nurse cares for a man whose organs are failing.
9.00 **Ghosts** The Captain and Kitty uncover something suspicious.
9.40 Kitty becomes convinced that Santa has made an early stop at Button House.
10.20 **Gavin & Stacey** Smithy worries about seeing Nessa again.
11.00 **Lies, Deceit and Betrayal** Double bill of the documentary.
1.00 AM **Hashtag Murder**
2.00 **to 3.00** AM **Louis Theroux: Surviving America's Most Hated Family**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.25 AM **Birds of a Feather**
8.00 **Bergerac**
11.30 **Lovejoy**
1.50 PM **Call the Midwife**
3.10 **Father Brown**
4.10 **Whitstable Pearl**
5.15 **The Upper Hand**
7.00 **The Brokenwood Mysteries** *A Merry Bloody Christmas:* 4/4. Shepherd encounters a Santa Claus with a slit throat. (S3)
9.00 **The Count of Monte Cristo** New episode 4/8. Five years have passed and Edmond's plans for revenge have fermented. (S1)
■ Entire series on U
10.10 **Judge John Deed** *My Daughter, Right or Wrong:* Charlie defends an animal rights activist.
12.10 AM **Call the Midwife**
1.25 **The Heart Guy**
2.25 **to 4.00** AM **The Brokenwood Mysteries**

+1 hr 243 316 60 260

SATURDAY Entertainment

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** In East Sussex.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **Celebrity Yorkshire Auction House**
12.00 NOON **The Yorkshire Auction House**
1.00 PM **Antiques Road Trip**
6.00 **The Hotel Inspector**
8.00 **Saving Lives at Sea** On the coast of south Wales, Penarth crew member Tom is called up for his first shout when a paddleboarder is caught out by the tide.
9.00 **The Repair Shop** Restoring a mosaic table. **10.00** A music box damaged in the Blitz. **11.00** Restoring a surveyors' theodolite dating back 100 years.
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase**
8.00 **Pointless Celebrities**
9.00 **Bruce's Price Is Right**
10.00 **Bruce Forsyth's Generation Game**
11.20 **All Star Family Fortunes**
12.00 NOON **Dickinson's Real Deal** From Staffordshire.
1.00 PM **Strike It Lucky**
3.00 **Bullseye** Double bill.
4.00 **The Chase Celebrity Special** Jay Rayner, Lucy Porter, Krishnan Guru-Murthy and Steve Davis play for charity. **5.00** With Hannah Mills, Chris Ramsey, Lesley Garrett and Dion Dublin.
6.00 **The Chase** Triple bill.
9.00 **The Chase Celebrity Special** Martin Roberts, Tracy Edwards, Debbie McGee and Duncan James take part.
10.00 **The Chase** Quiz show.
11.00 **Bullseye** Ten editions.
4.00 AM **The Chase Celebrity Special**
5.00 **to 6.00** AM **The Chase**

GREAT! action

323 319 426 42 33

8.10 AM **Wanted: Dead or Alive** Double bill.
9.10 **Tombstone Territory**
11.10 **FILM We Dive at Dawn** Wartime drama. (1943, b/w, U, 97min) ★★★
1.20 PM **FILM The Tall T** Western adventure. (1957, PG, 78min) ★★
3.10 **FILM Ten Wanted Men** Action Western. (1955, U, 80min) ★★★
5.00 **FILM Seminole Uprising** Western. (1955, PG, 74min) ★
6.35 **FILM Halls of Montezuma** War drama. (1950, U, 109min) ★★★
9.00 **FILM Go Tell the Spartans** War drama. (1977, 15, 114min) ★★
11.30 **FILM A Farewell to Arms** Drama. (1932, b/w, PG, 78min) ★★★
1.30 AM **FILM Super Eruption** Disaster movie. (2011, 15, 89min) ★★
3.20 **to 5.00** AM **Cops Uncut**

+1 hour 324 319

GREAT! movies

321 318 425 50 32

7.00 AM **Air Rescue**
8.00 **Sue Thomas: F.B.Eye**
1.00 PM **FILM An Emma Fielding Mystery: Site Unseen** (2017, PG) ★★
2.55 **FILM An Emma Fielding Mystery: More Bitter Than Death** Drama. (2019, PG) ★★
4.50 **FILM Mary Higgins Clark: He Sees You When You're Sleeping** Drama. (2002, PG) ★★
7.05 **FILM An Aurora Teagarden Mystery: A Bone to Pick** Drama. (2015, PG, 84min) ★★
9.00 **FILM Martha's Vineyard Mysteries: Ships in the Night** (2021, PG) ★★
10.55 **FILM Another Mother** Thriller. (2020, PG) ★★
1.00 AM **FILM Mommy Be Mine** (2018, 12) ★★
2.50 **Coast Guard Alaska**
4.00 **to 6.00** AM **FILM Famous and Fatal** Thriller. (2019, 12) ★★

+1 hour 322 318

GREAT! romance

319 317 424 52 47

8.00 AM **FILM A Picture Perfect Wedding** Drama. (2021, PG) ★★
10.05 **FILM Matching Hearts** Drama. (2020, PG) ★★
12.00 NOON **FILM Love on Harbor Island** Drama. (2020, PG, 80min) ★★
2.00 PM **FILM Dog Lovers Guide to Dating** Comedy. (2023, U) ★★
3.55 **FILM Walking the Dog** Comedy. (2017, PG) ★★
6.00 **FILM Puppy Love** Drama. (2012, U) ★★
8.00 **FILM A Tail of Love** Romantic drama. (2022, U, 87min) ★★
9.55 **FILM Love Birds** Romantic comedy. (2011, PG, 97min) ★★★★
12.05 AM **FILM Taking the Reins** Romantic comedy. (2021, PG, 84min) ★★
1.55 **Highway to Heaven**
3.00 **to 5.00** AM **FILM Dog Lovers Guide to Dating** Comedy. (2023, U) ★★

+1 hour 320 317

Rewind TV

182 81 141

6.00 AM **Highlights**
8.00 **A Sharp Intake of...**
9.30 **Jokers Wild**
10.00 **Please Sir!**
11.30 **Jokers Wild**
12.00 NOON **That's My Dog**
12.30 PM **In Loving Memory**
1.30 **FILM The Bulldog Breed** Comedy. (1960, b/w, PG, 97min) ★★
3.30 **Rewind and Remember**
4.00 **Bubblegum & Cheese**
5.00 **A Sharp Intake of...**
6.00 **We Had One of Those**
6.10 **A Sharp Intake of Breath** 7/7. (S1)
6.40 **Jokers Wild**
7.10 **Please Sir!** 6-8/13. (S2)
8.40 **Jokers Wild**
9.10 **In Loving Memory** (S4)
10.10 **Police Woman** (S1)
11.10 **Stereo Underground**
12.05 AM **FILM The Bulldog Breed** As 1.30pm.
2.05 **FILM The Giant Spider Invasion** Sci-fi horror. (1975, 15, 84min) ★★
3.35 **Mysterious Tales**
3.40 **to 6.00** AM **Highlights**

DMAX

159 152 169 39 147 35

6.00 AM **Deadliest Catch**
10.00 **Outback Opal Hunters**
1.00 PM **Outback Crystal Hunters** Triple bill.
4.00 **Aussie Gold Hunters**
7.00 **Hoarding: Buried Alive** A woman's children are removed from her care due to her hoarding. **8.00** A man who filled his 93-year-old mother's house with clutter.
9.00 **The Bad Skin Clinic** The huge keloid on a woman's ear has grown to the size of a fist. **10.00** Help for a man with a bright red face.
11.00 **Body Bizarre** The Peruvian villagers who go blind by the age of 50. **12.00** M'T A toddler with swollen hands. **1.00** AM Two brothers are joined at the hip.
2.00 **Teleshopping**
5.00 **to 6.00** AM **Baggage Battles**

+1 hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **Diners, Drive-Ins and Dives** Four editions.
8.00 **Barefoot Contessa: Back to Basics**
12.00 NOON **Classic Mary Berry** Double bill.
1.00 PM **James Martin: Sweet** Four editions.
3.00 **Nigel Slater's Simple Suppers** Eight editions.
7.00 **Jamie's Easy Meals for Every Day** Double bill.
8.00 **Maneet's Eats** Maneet Chauhan makes a masala omelet sandwich. **8.30** Maneet is cooking up a vegetarian feast of aloo gobi.
9.00 **Diners, Drive-Ins and Dives** Double bill.
10.00 **Cutthroat Kitchen: Knives Out** New edition The chefs are tasked to make in-flight dinners using plastic utensils.
11.00 PM **to 3.00** AM **Diners, Drive-Ins and Dives**

+1 hour 240/241 154

Legend

148 156 149 41 137 38

7.00 AM **FILM The Return of the Man from U.N.C.L.E** Thriller spoof. (1983, PG, 93min) ★★★
9.00 **Knight Rider** (S4)
1.00 PM **Star Trek** (S3)
2.00 **FILM The Poseidon Adventure** Vintage disaster movie. (1972, PG, 117min) ★★★★★
4.15 **FILM Coast of Skeletons** Adventure. (1964, U, 90min) ★★
6.05 **FILM The Jigsaw Man** Espionage drama. (1983, 15, 91min) ★★
8.00 **The Twilight Zone** (S1)
9.00 **FILM Pathfinder** Action adventure. (2006, 15, 99min) ★★★★
11.10 **FILM Kickboxer: Retaliation** Thriller. (2018, 15, 110min) ★★
1.20 AM **FILM Sword of Vengeance** Adventure. (2014, 15, 83min) ★★
3.05 **to 4.50** AM **FILM Demon Eye** Horror. (2019, 15, 87min) ★★

Legend Xtra

317 316 171 69 138 51

6.00 AM **MacShayne: Winner Takes All** Crime drama.
8.00 **MacShayne: Final Roll of the Dice** Crime drama.
10.00 **FILM Warbirds** Sci-fi. (2008, 15, 87min) ★★
12.00 NOON **FILM Instrument of War** War drama. (2017, 12, 90min) ★★
2.00 PM **FILM The Day the Earth Stopped** Sci-fi action thriller. (2008, 15, 90min) ★★
4.00 **Andromeda** 3-7/22. (S1)
9.00 **FILM Sabotage** Action thriller starring Arnold Schwarzenegger and Sam Worthington. (2013, 15, 107min) ★★
11.10 **FILM We Still Steal the Old Way** Prison drama starring Ian Ogilvy. (2017, 18, 90min) ★
1.10 **to 3.00** AM **FILM Assault on Station 33** Action thriller. starring Sean Patrick Flanery. (2021, 15, 90min) ★★

+1 hour 318 316 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Container Wars**
8.00 **Pawn Stars**
10.00 **MonsterQuest** Nine editions of the series.
8.00 PM **The Proof Is Out There** Investigating claims that a massive, undiscovered primate lives in North America.
9.00 **MonsterQuest** New edition Sightings across America of a winged monster known as 'Mothman.'
10.00 **Britain's Big Cat Mystery** Mysterious large cats prowling the wilderness of rural Britain's countryside.
11.10 **On the Trail of Bigfoot** Tales of apelike creatures in Alaska.
1.10 AM **Evil Encounters**
2.00 **Conspiracy Files: Unsealed** Exploring the likelihood of an extra-terrestrial strike.
3.00 **to 6.00** AM **Hardcore Pawn**

5SELECT

153 166 138 46 133 30

9.00 AM **A Yorkshire Farm**
10.00 **All Creatures Great and Small** 1&2/7. (S3)
12.00 NOON **Murder, She Wrote** Five episodes.
5.00 PM **Digging Up Britain's Past**
7.00 **WW2: The End** 1/2. Documentary marking the 80th anniversary of the end of World War Two, reliving the story through the eyes of its combatants. **8.00** 2/2. Recounting the mounting horrors that preceded the joy of VE and VJ Day.
9.00 **WWI: 100 Days to Victory** 1&2/2.
11.35 **Drain the Oceans**
12.35 AM **Sunken Warships: Secrets from the Deep**
1.35 **Forged in Fire**
2.35 **Forged in Fire Armed Forces Tournament**
3.25 **The Yorkshire Vet**
3.50 **to 4.00** AM **Entertainment News**

HGTV

158 153 191 44 149 40

7.00 AM **A Place in the Sun**
10.00 **Mini Reni** Double bill.
11.00 **My Lottery Dream Home** Eight editions.
3.00 PM **Escape to the Country** Five editions of the series in which people search for their ideal rural retreats.
8.00 **My Dream Derelict Home in the Sun** Scarlette Douglas meets a Woking couple who plan to transform an abandoned watermill in the Dordogne in France into their dream home. **9.00** Scarlette meets a Birmingham couple as they tackle a big renovation on a small budget, rescuing a derelict manor house in southern France.
10.00 **Escape to the Country** Triple bill of editions.
1.00 **to 4.00** AM **Home Town**

+1 hour 258/262 391

TLC

133/134 139 165

7.00 AM **Curvy Brides Boutique** Reality series.
8.00 **Say Yes to the Dress**
10.00 **Outdaughtered: Busby Quints** Double bill.
12.00 NOON **Extreme Cheapskates**
1.00 PM **My 600lb Life**
5.00 **The Family Chantel**
6.00 **Say Yes to the Dress: Atlanta** Double bill.
7.00 **Too Large** Jasmin knows that she must get bariatric surgery.
8.00 **Dr Pimple Popper** Four editions, including at: **11.00** Stacey's shoulder growth prevents her from being the playful teacher she once was.
12.00 M'T **My Extreme Excess Skin** Documentary.
1.00 AM **I Didn't Know I Was Pregnant** Double bill.
2.00 **Dr Pimple Popper**
5.00 **to 6.00** AM **Say Yes to the Dress: Lancashire**

+1 hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Mr Bean** (S1)
10.00 **Michael McIntyre's Big Christmas Show**
11.00 **Friends** (S8&9)
8.00 PM **Michael McIntyre's Big Christmas Show** The 2019 festive special, with Sharon Osbourne and Craig Revel Horwood.
9.00 **Russell Howard: Right Here Right Now** A 2011 stand-up show.
10.00 **FILM The Brothers Grimsby** Action comedy starring Sacha Baron Cohen and Mark Strong. (2016, 15, 83min) ★★
11.35 **South Park** (S27)
12.05 AM **Jack Whitehall Gets Around**
1.05 **CC Live: Stand Up**
1.35 **Whose Line Is It Anyway? USA**
2.35 **South Park**
3.25 **The Ricky Gervais Show**
4.15 **to 5.00** AM **Joel & Nish vs the World**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Everybody Loves Raymond** 4&6/24. (S6)
7.00 **Teleshopping**
9.00 **Friends** 5&6/24. (S9)
10.10 **Everybody Loves Raymond** (S6)
7.00 PM **Everybody Loves Raymond** 23/24. The feud between Marie and Debra continues. **7.30** 24/24. Debra and Ray reminisce. (S6)
8.00 **Friends** 7/24. Phoebe fails to impress her boyfriend's parents. **8.30** 8/24. Rachel's sister Amy joins the gang for Thanksgiving. **9.00** 9/24. Chandler returns from Tulsa to visit Monica. **9.30** 10/24. Chandler gets stuck in Tulsa for Christmas. (S9)
10.00 **Friends** (S9&5)
1.40 AM **Impractical Jokers**
2.40 **Broad City** 1&2/10. (S4)
5.05 **Beavis and Butt-Head**
5.15 **to 6.00** AM **Mr Bean**

Sky Replay

152 160 156

7.00 AM **Four Weddings**
9.00 **The Force: Manchester**
11.00 **Nothing to Declare**
1.00 PM **Nothing to Declare UK** Double bill.
2.00 **Blood & Treasure**
7.00 **Highway Cops** A motorist has an amusing excuse for his dangerous driving. **7.30** A cattle truck ends up flipping and plunging livestock into a river.. **8.00** Officers step in when a reckless teen's speeding ends badly. **8.30** A fisherman finds himself in hot water, as does a drunk driver who can barely stand.
9.00 **SurrealEstate** (S2)
2.00 AM **A League of Their Own Road Trip: Loch Ness to London**
4.00 **A League of Their Own Road Trip: Dingle to Dover**
5.00 **to 6.00** AM **Four Weddings**

MTV

126/127 137 134 351 366

6.00 AM **The Hills**
6.20 **16 and Pregnant**
7.10 **Teen Mom OG**
11.00 **Dallas Cowboys Cheerleaders**
1.00 PM **Catfish: Meltdowns**
2.00 **Catfish: The TV Show** Seven editions of the series, including at: **7.00** Mike meets his online partner Caroline for the first time. **8.00** Derek calls for help to finally meet Kristen.
9.00 **Ink Master Redemption** Miami Burgess and Frank McManus return. **9.30** Some furious Canvases return with overprotective loved ones.
10.00 **Ex on the Beach** Reality show following singletons in their search for love. **11.00** Vicky continues her romance with Ross.
12.00 M'T **Ex on the Beach**
2.00 **Catfish: The TV Show**
2.45 **Catfish: Teams**
3.35 **to 4.00** AM **The Hills**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **Alaska: Homestead Rescue** Triple bill of editions.
12.00 NOON **Naked and Afraid: Last One Standing**
3.30 PM **Naked and Afraid** A double amputee and her ex-military partner battle the Belizean jungle. **4.30** Two superfans take on Mexico's Yucatán jungle.
5.30 **Discovery Changed My Life** Individuals reveal how shows they watched on Discovery transformed their lives.
6.00 **Deadliest Catch** A typhoon brings monstrous waves.

6.00 Alaska: Homestead Rescue

7.00 **Gold Divers** Part one of two. As the first summer storm rocks the fleet, a major discovery is made.
8.00 **Gold Divers** Part two of two. Rivals battle for big gold, and a diver faces a deadly emergency.
9.00 **In the Eye of the Storm** A tornado tears through the Midwest, and a monster EF-4 strikes Rolling Fork in Mississippi.
10.00 **Marooned with Ed Stafford** The survivalist tests ancient Mayan hunting techniques in the Guatemalan jungle.
11.00 **Expedition Bigfoot** Mireya and Biko must navigate rapids to track a possible hunting party, Bryce discovers fresh prints, and Russell creates a trap for Bigfoot.
12.00 M'T **Deadliest Catch**
4.00 **to 5.00** AM **How They Do It?**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Flying Wild Alaska**
9.00 **Crikey! It's the Irwins**
10.00 **Lone Star Law**
11.00 **Dr Jeff: Rocky Mountain Vet**
1.00 PM **Pit Bulls & Parolees**
3.00 **Flying Wild Alaska** A special canine delivery for Iditarod champion Lance Mackey. **4.00** Fierce winds cause chaos for small planes.
5.00 **Treehouse Masters** A five-platform structure in Michigan.
6.00 **Saved by the Barn** The team welcome a blind goat called Charlie and two ducklings.

7.00 How Do Animals Do That?

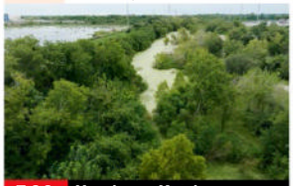
7.00 **How Do Animals Do That?** A look at why cows are always chewing. **7.30** The experts reveal why dogs bury bones.
8.00 **Extinct or Alive** In Indonesia, Forrest Galante seeks the Miller's grizzled langur, also known as the Dracula monkey.
9.00 **The Zoo** The keepers discuss their bonds with the animals, and how they help them resolve to give them the best care.
10.00 **Tanked** The CEO of a winery wants a reef tank for his living room – and it needs to be done before harvest season.
11.00 **Alaska: The Last Frontier** A father-son shrimping trip takes a deadly turn following an encounter with a glacier.
12.00 M'T **Predators Up Close with Joel Lambert** Double bill.
2.00 AM **Mountain Monsters**
3.00 **Extinct or Alive**
4.00 **to 5.00** AM **The Zoo**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Plane Crash Recreated**
10.00 **Inside Airport Lost & Found**
11.00 **Air Crash Investigation**
1.00 PM **Nazi Megastructures: Battle Ready** Documentary.
2.00 **Hitler's Last Stand: Medal of Honor** Compilation of highlights from the series.
3.00 **Lost Ships of WW2**
4.00 **Hitler's Death Army: Das Reich** 1&2/2. Documentary about elite German soldiers.
6.00 **Seconds from Disaster** The ill-fated *Hindenburg* airship, which exploded in 1937.


7.00 Hurricane Katrina

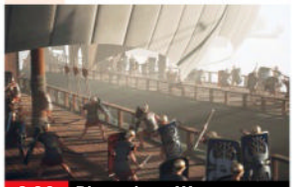
7.00 **Hurricane Katrina: Race Against Time** Documentary exploring the aftermath of the 2005 natural disaster.
8.00 **Hurricane Katrina: Race Against Time** New Orleans is flooded after the levees breach, and residents try to evacuate.
9.00 **Hurricane Katrina: Race Against Time** Three days into the flood, rescue operations continue around the clock.
10.00 **Hurricane Katrina: Race Against Time** General Honoré comes under pressure, while local heroes tirelessly save lives.
11.00 **Hurricane Katrina: Race Against Time** The future of a devastated New Orleans hangs in the balance.
12.00 M'T **Construction Fails**
1.00 AM **Air Crash Investigation**
2.55 **Food Factory** Double bill.
3.45 **Abandoned**
4.35 **to 5.00** AM **Bid & Destroy**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Storage Wars**
8.00 **History's Greatest Mysteries**
9.00 **Pawn Stars**
12.00 NOON **Ozzy & Jack's American Road Trip** Five editions, including at: **4.00** PM The father-and-son duo head to Japan in search of a samurai master.
5.00 **Ancient Superstructures** Notre-Dame de Paris, one of the most exquisite looking cathedrals in the world.
6.00 **Pharaohs at War** A look at the Battle of Actium in 31 BC.


6.00 Pharoahs at War

7.00 **Cursed Treasures** Exploring the origins of the curses surrounding the Karun Treasure.
8.00 **Cursed Treasures** How the falls of Ancient Egypt, Greece and Rome left the whereabouts of their greatest riches unknown.
9.00 **The UnXplained with William Shatner** The actor highlights the technological capabilities of distant ancestors.
10.00 **The UnXplained with William Shatner** How deciphering history's codes may hold answers to many mysteries.
11.00 **Mafia: Most Wanted** How, despite being betrayed and imprisoned, Toronto's most powerful mob bosses reestablished their power.
12.00 M'T **History's Greatest Mysteries** The fate of Nikola Tesla's papers that disappeared after his death.
1.00 AM **Forged in Fire**
3.00 **to 6.00** AM **Pawn Stars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **American Pickers**
10.00 **Bangers & Cash**
11.00 **Find It, Fix It, Flog It**
1.00 PM **'Allo 'Allo!** Triple bill.
3.00 FILM **Hands of a Murderer** Sherlock Holmes mystery thriller starring Edward Woodward and John Hillerman. (1990, PG, 90min) ★★★
5.00 **The World at War** The story of Operation Barbarossa.
6.00 **Bangers & Cash** Derek gets a tour of Hadlow Castle in Kent when he arrives to collect the owner's pre-war Alvis.

10.00 Farewell, My Lovely

7.00 **Bangers & Cash** Derek is picks up two Batmobile replicas, and Dave can't control his enthusiasm for a Ford US wartime jeep.
8.00 **Bangers & Cash** Paul and Kate collect a Series 1 Land Rover, while Jack collects an wartime paratrooper's bike.
9.00 **Bangers & Cash** Paul is picking up a stunning 1961 Vauxhall Cresta – the car changed the face of British motoring.
10.00 FILM **Farewell, My Lovely** Detective thriller set in 1940s Los Angeles, starring Robert Mitchum as hard-boiled private eye Philip Marlowe. With Charlotte Rampling. (1975, 15, 95min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.00 M'T **Bangers & Cash** Dave finds a rare 1970s Sunbeam Lotus, and a Morris Minor convertible is auctioned.
1.00 **to 3.00** AM **Bangers & Cash**

+1 hour 255 329

7 PM
8 PM
9 PM
10 PM

Saturday

Quest

144 149 137 12 144 17

6.00 AM **World's Greatest Cars** Double bill.
8.00 **Mike Brewer: Born Dealer** As 2.00pm.
9.00 **Wheeler Dealers**
2.00 PM **Mike Brewer: Born Dealer** A visit to Poland.
3.00 **MotoGP** The Grand Prix of Hungary Sprint Race.
4.00 **Shed and Buried**
6.00 **Shed and Buried: Classic Cars**
7.00 **Cycling: Vuelta a España** Stage one of the Grand Tour race.
8.00 **Shed and Buried: Classic Cars** An eclectic mix of British and American vehicles.
9.00 **Massive Engineering Mistakes** Double bill.
11.00 **Outback Truckers**
12.00 M'T **Aussie Gold Hunters**
1.00 AM **Ancient Unexplained Files**
3.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes... Atlanta**
8.00 **Say Yes... Lancashire**
9.00 **Say Yes to the Dress**
10.00 **Say Yes... Atlanta**
11.00 **Curvy Brides Boutique**
12.00 NOON **Forensic Detectives** Triple bill.
3.00 PM **Evil Lives Here**
9.00 **Murder on CCTV** New edition CCTV footage unlocks the final hours of a murdered 50-year-old lonely heart in Alabama.
10.00 **Crime Scene Investigators** New edition A Louisiana murder points to a criminal conspiracy.
11.00 **Murder on CCTV**
12.00 M'T **Michael Jackson: A Faking It Special**
1.00 AM **Shamima Begum: A Faking It Special**
2.00 **Murder Comes to Town**
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
6.05 **Storm of Suspicion**
7.00 **Bloodline Detectives** A look at the death of Barbara Carr in a home invasion in 1986. **8.00** New forensic tools are used to find the killer of Danielle Clause.
9.00 **The Killer You Know** Startling cases of overkill prove that you can't trust everyone. **10.00** Three people turn to murder to sort out their problems.
11.00 **Cold Justice** Kelly Siegler and Steve Spingola investigate a homicide in Wisconsin. **12.00** M'T The death of a retired professor. **1.00** AM Examining the disappearance of a mother in Texas.
2.00 **Medical Detectives**
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Evidence of Evil**
2.00 PM **Medical Detectives** Police investigate the murder of a DJ. **2.30** When a man is killed in his own garage, investigators turn to his wife for answers. **3.00** Investigators discover three murders are linked to one killer. **3.30** The scene of a horrendous murder baffles investigators. **4.00** Shoe impressions found at the scene of a crime are analysed. **4.30** When a chef is murdered, police discover a trail of debt.
5.00 **Shocking Crimes: Murder Book** A speed boat rams a fishing vessel in Texas.
6.00 **Judge Judy** Real-life small-claims cases.
2.00 AM **Teens Who Kill**
4.00 **48 Hours**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Stop, Search, Seize**
8.00 **Highway Patrol**
9.00 **Road Wars**
10.00 **Brit Cops: Frontline Crime UK** Documentary.
11.00 **World's Most Evil Killers**
12.00 NOON **How I Caught...**
1.00 PM **The Real Manhunter**
2.00 **Catching the Killer**
3.00 **Killer in My Village**
4.00 **What the Killer Did Next**
5.00 **Britain's Most Evil Killers**
6.00 **How I Caught the Killer**
7.00 **World's Most Evil Killers**
8.00 **Catching the Killer**
9.00 **John Wayne Gacy: Devil in Disguise**
11.05 **World's Most Evil Killers**
12.00 M'T **Killer in My Village**
1.00 AM **The Killer Within**
2.00 NEW SERIES **Gilgo Beach Killer: House of Secrets** 1/3.
3.10 **Love You to Death**
4.00 **Road Wars**
5.00 **to 6.00** AM **Send in the Dogs**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **Grand Tours of the Scottish Islands**
8.40 **Besieged Fortresses, Legendary Battles**
10.55 **Armstrong**
1.00 PM **Besieged Fortresses, Legendary Battles** The fortress of Richard the Lionheart.
3.20 **The Vietnam War** Documentary telling the epic story of the conflict. **5.10** President Kennedy wrestles with how deeply to get involved in South Vietnam. **7.05** Lyndon Johnson escalates America's military commitment. **9.30** North Vietnamese troops stream down the Ho Chi Minh Trail into the south.
12.00 M'T **Besieged Fortresses, Legendary Battles** As 1.00pm.
1.10 **to 2.00** AM **Grand Tours of the Scottish Islands**

SATURDAY

Saturday

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **Discovering: Tom Hanks**
7.00 **Discovering: Denzel Washington** Profile of the actor.
8.00 **The Directors**
9.00 **FILM Bobby** Documentary celebrating Bobby Moore. (2016, PG, 95min) ★★★★
11.00 **Costa Concordia: Chronicle of a Disaster** Documentary.
1.00 PM **JFK Revisited: Through the Looking Glass** Examining the assassination of US president John F Kennedy.
3.15 **I Am Jackie O** A profile of Jackie Kennedy Onassis.
5.00 **Nothing Compares** Documentary telling the story of Sinéad O'Connor's rise to fame.
7.00 **Lancaster** The story of the legendary bomber synonymous with the Dambusters.
9.00 **Hill** A profile of ex-Formula One driver Damon Hill.
10.50 **Lance** 1&2/2. A personal examination of the rise and fall of Lance Armstrong.
2.50 AM **QPR: The Four Year Plan**
4.40 **My Icon: Rachel Yankey**
5.00 **to 6.00** AM **The Directors**

Sky Nature

145 113/114 189 354 369

6.00 AM **Amazing Animal Friends**
8.00 **Big Cats: An Amazing Animal Family** Documentary.
9.00 **Gladiators**
10.00 **Extreme Animals: One Wild Day** Triple bill of editions.
1.00 PM **Pridelands: Wilderness Reborn** As shown at 1.00am.
2.00 **Impossible Animals**
3.00 **Planet Weird**
6.00 **Carpathian Predators**
7.00 **David Attenborough's Conquest of the Skies** Insects capable of flight. **8.00** Creatures that glide. **9.00** A look at creatures that dominate today's skies.
10.00 **Great Blue Wild** Double bill.
12.00 M'T **Carpathian Predators**
1.00 AM **Pridelands: Wilderness Reborn** An Australian family set out to rebuild a private South African hunting ranch.
2.00 **NEW SERIES Deep Dive North America** Wildlife biologist Lizzie Daly explores North America's coastlines.
3.00 **to 6.00** AM **Wild Animal Babies**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
9.00 **Britain's Most Historic Towns**
11.00 **Digging for Britain**
2.00 PM **Curse of the Ancients**
3.00 **Britain's Most Historic Towns**
6.00 **Digging for Britain** Alice Roberts and Matt Williams visit archaeological digs being carried in the east of England. **7.00** Archaeological digs in the west of Britain. **8.00** The best archaeological discoveries of 2018.
9.00 **Royal Autopsy** Alice Roberts revisits the death of Henry IV, best known for usurping and murdering his cousin Richard II.
10.00 **Deadman's Curse** Adam Palmer leads a bid to finally solve the mystery of Slumach's lost gold mine, amid the rugged terrain of the Pacific Northwest.
11.00 **Greatest Prison Escapes with Billy Hayes** The escape by six men from a Tennessee jail.
12.00 M'T **Ancient Aliens** Triple bill.
3.00 AM **Royal Autopsy** As 9.00pm.
4.00 **Inside the Tower of London**
5.00 **to 6.00** AM **What on Earth?**

Crime+Investigation

156 142 133

6.00 AM **On the Case with Paula Zahn** Triple bill of editions.
8.55 **Court Cam** Six editions.
11.45 **Hometown Tragedy**
1.05 PM **Meet, Marry, Murder**
3.00 **#Textmewhenyougethome**
4.00 **Murder Masterminds**
5.00 **Accident, Suicide or Murder?**
9.00 **Natural Born Killer** 2/2. How police stopped Vincent Stafford, a janitor who was on his way to becoming Australia's worst serial killer, in his tracks after the murder of Stephanie Scott.
10.00 **I Am a Stalker** Focusing on stories of love that turned into a deadly obsession. **11.00** Convicted stalkers tell their side of the story.
12.00 M'T **Britain's Darkest Taboos**
2.00 AM **The Toolbox Murders** Series finale 2/2. The psychological dynamics behind the crimes come to light.
3.00 **#Textmewhenyougethome**
4.00 **to 6.00** AM **Meet, Marry, Murder**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Bizarre Animal Friends**
9.00 **Critter Fixers: Country Vets**
10.00 **Secrets of the Zoo: North Carolina**
11.00 **The Incredible Dr Pol**
12.00 NOON **Yukon Vet**
2.00 PM **Wild Uganda: Perils in Paradise**
3.00 **Ice Road Rescue**
5.00 **Snakes in the City**
7.00 **Heartland Docs** Despite challenging weather conditions, Drs Ben and Erin Schroeder treat a wild bald eagle that needs immediate care before returning to the wild.
8.00 **Secrets of the Zoo** Featuring the birth of a polar bear. **9.00** Two baby white rhinos join the herd at The Wilds.
10.00 **Croatia's Coast** A look at the islands, mountains and forests of the Croatian coast, which reveal a world of unexpected wildlife and treasures.
11.00 **Snakes in the City**
12.00 M'T **Lawless Island**
2.00 AM **Secrets of the Zoo**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **Shed and Buried**
9.00 **Combat Dealers**
12.00 NOON **Shed and Buried**
3.00 PM **Salvage Hunters: The Restorers** Triple bill.
6.00 **How the Universe Works** A look back at the ground-breaking Rosetta mission. **7.00** The importance of supermassive black holes. **8.00** Experts explain the science behind the sun.
9.00 **Nazi UFO Conspiracy** Alleged connections between UFO sightings and the Nazis.
10.00 **NASA's Unexplained Files** Potential sightings of UFOs.
11.00 **UFOs Over Phoenix** An investigation into the mysterious sighting of lights over the city in 1997, for which officials have failed to come up with a reasonable explanation.
12.00 M'T **Blowing Up History: Seven Wonders** Investigating new discoveries found under the tomb of Jesus Christ.
2.00 **to 5.00** AM **Combat Dealers**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 151

9.00 AM **999 Rescue Squad**
2.00 PM **Inside the Ambulance**
3.00 **999 Rescue Squad** Five editions of the documentary series, including at: **6.00** The medics treat the victim of a stabbing at a meat plant, and a student climber plunges from a cliff face. **7.00** A cyclist plunges down a cliff in a freak accident, and a homeowner's booby trap sparks a major rescue operation.
8.00 **Inside the Ambulance** A woman needs help after having a seizure in the shower.
9.00 **999 Rescue Squad** The start of the new school term leads to a spate of stabbings. **10.00** Staff are scrambled to a block of flats after an explosion. **11.00** The team join a massive search for a missing aeroplane pilot and passenger.
12.00 M'T **999 Rescue Squad**
2.00 AM **Inside the Ambulance**
3.00 **999 Rescue Squad**
5.20 **to 6.00** AM **The Bill**

+1 hour 266 376

ID

154 141 166

8.00 AM **Married to Evil**
10.00 **The Lies That Bind**
12.00 NOON **Living a Nightmare**
2.00 PM **Who Killed Jane Doe?**
4.00 **The Perfect Murder**
6.00 **The 1990s: The Deadliest Decade** The case of Texas socialite Doris Angleton, who was shot dead in her home. **7.00** How the community of Fort Myers, Florida, was rocked when the historic Coca-Cola plant exploded.
8.00 **American Monster** The torrid relationship between Cindy Monkman and Michael Apelt.
9.00 **The Playboy Murders** A torrid affair sets off a tragic chain of events.
10.00 **Serial Killer, Serial Liar: Levi Bellfield – A Faking It Special** The serial killer lies about his horrific murders and his lies continue from behind bars.
11.00 **The Big Swindle**
12.00 M'T **Fatal Affairs**
2.00 AM **Where Murder Lies**
4.00 **to 6.00** AM **Murder Chose Me**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Garage Rehab**
10.00 **How It's Made: Dream Cars**
11.00 **Goblin Works Garage**
12.00 NOON **Bad Chad Customs**
5.00 PM **Kindig Customs** Kevin works on an after-hours project, using an Escalade body on a Suburban chassis to create a SEMA spectacle. **6.00** Dave hosts a car show to mark 20 years in the business. **7.00** After Dave picks the colour and the bodywork is finished, the Nova is almost complete and is finally moved into the assembly shop.
8.00 **Massive Engineering Mistakes** Triple bill of the series.
11.00 **Auto Trader** A customer tries to sell his Mustang and is assured by Edd China of an easy sale. **11.30** Edd transforms a rusting BMW 5 Series. **12.00** M'T A Fiat Punto loses its boy-racer accessories. **12.30** AM Edd begins work on a vintage Wolseley.
1.00 **to 5.00** AM **Garage Rehab**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.45 AM **PREMIERE Into the...**
8.15 **Sonic the Hedgehog 3**
10.10 **Wicked** Musical fantasy. (2024, PG, 160min) ★★★★
1.00 PM **The Surfer** As 8.00pm.
2.50 **Sonic the Hedgehog 3** Fantasy adventure sequel. (2024, PG, 110min) ★★★
4.45 **PREMIERE Into the Wonderwoods** Animated adventure. (2024, PG, 81min)
6.15 **Long Gone Heroes** Action thriller. (2024, 15, 101min)

4.45 Into the Wonderwoods

8.00 The Surfer Thriller starring Nicolas Cage and Julian McMahon. A father returns to the beach of his childhood to surf, but is drawn into a conflict with local thugs. (2024, 15, 100min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 Saturday Night Comedy drama starring Gabriel LaBelle. During the build-up to the first broadcast of *Saturday Night Live*, comedians and writers prepare to change TV forever. (2024, 15, 109min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **Gator Creek** Horror thriller starring Athena Strates. (2025, 15, 87min) ★
1.10 AM **The Thicket** Western. (2024, 15, 108min) ★★★
3.00 **Heart Eyes** Horror comedy. (2025, 15, 97min) ★★★★
4.40 **The Cinema List: Thriller**
5.00 **to 6.30** AM **PREMIERE Into the Wonderwoods** As 4.45pm.

Sky Cinema Hits

303 303 403 503 517

6.25 AM **Superman** Fantasy. (1978, PG, 143min) ★★★★
8.50 **Superman II** Fantasy sequel. (1980, PG, 127min) ★★★
11.00 **Superman III** Fantasy sequel. (1983, PG, 123min) ★★★
1.10 PM **Superman Returns** Fantasy adventure sequel. (2006, 12, 154min) ★★★
3.45 **Spider-Man** Fantasy adventure. (2002, 12, 121min) ★★★★
5.50 **Spider-Man 2** Fantasy sequel. (2004, PG, 127min) ★★★★

10.20 The Purge: Anarchy

8.00 Spider-Man 3 Fantasy adventure sequel starring Tobey Maguire. A mysterious substance turns Spider-Man's suit jet-black and brings out a dark side to his personality. He must conquer his inner demons before he can defeat two new adversaries. (2007, 12, 139min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 The Purge: Anarchy Horror thriller sequel starring Frank Grillo and Carmen Ejogo. (2014, 15, 102min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **Bad Boys II** Action comedy sequel starring Martin Lawrence and Will Smith. (2003, 15, 147min) ★★★
2.55 **The Cinema List: Star Trek**
3.10 **Star Trek: First Contact** Sci-fi adventure with Patrick Stewart. (1996, 12, 110min) ★★★★
5.05 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Drama

310 310 410 510 524

7.30 AM **Wimbledon** As 10.25pm.
9.25 **I, Tonya** As shown at 5.50pm.
11.40 **Sunset Boulevard** Classic Hollywood melodrama. (1950, b/w, PG, 110min) ★★★★★
1.35 PM **A Star Is Born** Drama. (2018, 15, 136min) ★★★★★
3.50 **Ordinary Angels** Drama. (2024, 12, 113min) ★★★★
5.50 **I, Tonya** Biopic starring Margot Robbie. (2017, 15, 119min) ★★★★

8.00 It Ends with Us Drama based on Colleen Hoover's novel starring Blake Lively. A woman's abusive relationship is shaken after her first love reappears. (2024, 15, 125min) ★★★
10.25 Wimbledon Romantic sports comedy with Paul Bettany and Kirsten Dunst. A lowly ranked British tennis player enjoys an unexpected winning streak at Wimbledon after he falls in love with a rising American star. (2004, 12, 98min) ★★★

12.20 AM **Anora** Comedy drama starring Mikey Madison. (2024, 18, 139min) ★★★★★
2.50 **The Young Messiah** Biblical drama starring Adam Greaves-Neal. (2016, 12, 111min) ★★
4.50 **to 6.35** AM **Golda** Biopic. (2023, 12, 100min) ★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

7.35 AM **Star Trek II: The Wrath of Khan** Sci-fi adventure. (1982, 12, 113min) ★★★★
9.40 **Dorian Gray** Gothic horror drama. (2009, 15, 112min) ★★★
11.40 **The Woman in Black: Angel of Death** Horror chiller sequel. (2014, 15, 95min) ★★★
1.35 PM **Constantine** As 10.30pm.
3.45 **Aeon Flux** Sci-fi action thriller. (2005, 15, 93min) ★★

5.35 **The Core** Sci-fi action thriller. (2002, 12, 135min) ★★★
8.00 The Island Sci-fi action thriller starring Ewan McGregor and Scarlett Johansson. In the year 2019, one of the inhabitants of a hermetically sealed facility makes a shattering discovery about the purpose of his existence. With Sean Bean. (2005, 12, 136min) ★★★
10.30 Constantine Supernatural thriller starring Keanu Reeves. (2005, 15, 121min) ★★★

12.40 AM **Hannibal Rising** Thriller prequel starring Gaspard Ulliel. (2007, 18, 116min) ★★★
2.45 **Videodrome** Sci-fi thriller. (1982, 18, 88min) ★★★★
4.25 **The Cinema List: Star Trek**
4.45 **to 6.30** AM **I.S.S** Sci-fi drama. (2023, 15, 95min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

6.10 AM **Finding Neverland** (2004)
7.55 **Spy Kids 2: Island of Lost Dreams** (2002, U) ★★★★
9.40 **The Smurfs** (2011, U) ★★
11.25 **The Smurfs 2** (2013, U) ★★
1.15 PM **Johnny English** Comedy. (2002, PG, 88min) ★★★
2.50 **Peter Rabbit** (2018, PG) ★★★
4.30 **Spy Kids 3: Game Over** Action comedy sequel. (2003, U, 84min) ★★★
6.00 **Wonka** Fantasy adventure. (2023, PG, 116min) ★★★★

8.00 Johnny English Reborn Spoof comedy sequel starring Rowan Atkinson. Bungling secret agent Johnny English causes chaos on a global scale when he tries to stop an assassination. (2011, PG, 101 min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 Bookworm Comedy starring Elijah Wood and Nell Fisher. An 11-year-old girl's world is turned upside down when her estranged father takes her on a wild adventure. (2024, 12, 103min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **The Three Musketeers: Milady** Swashbuckling sequel. (2023, 12, 115min) ★★★★
1.40 AM **Finding Neverland** Drama. (2004, PG, 101 min) ★★★★
3.30 **Ride On** Action drama. (2023, PG, 126min) ★★★
5.40 **to 7.20** AM **Big Fat Liar** Teen comedy with Frankie Muniz. (2002, PG, 88min) ★★★

Sky Cinema Action

307 307 407 507 521

6.45 AM **Jackie Chan's Police Story 2** (1988, 15) ★★★
8.50 **Saving Private Ryan** Steven Spielberg's war drama. (1998, 15, 169min) ★★★★★
11.40 **Swordfish** Action thriller. (2001, 15, 99min) ★★★
1.30 PM **300** Epic adventure. (2006, 15, 116min) ★★★★
3.30 **Terminator Salvation** Thriller. (2009, 12, 110min) ★★★
5.30 **Wonder Woman** Fantasy. (2017, 12, 121 min) ★★★★

8.00 Kong: Skull Island Action adventure starring Tom Hiddleston. A secret mission to a mysterious island descends into chaos when the wildlife proves far from welcoming. With Samuel L Jackson and Brie Larson. (2017, 12, 118min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Justice League Action adventure starring Ben Affleck. Bruce Wayne enlists the help of Wonder Woman, Aquaman, Cyborg and The Flash in the fight against supervillain Steppenwolf. (2017, 12, 120min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **Gods of Egypt** Fantasy. (2016, 12, 127min) ★★★
2.15 **Rear Window** Hitchcock thriller starring James Stewart. (1954, PG, 112min) ★★★★★
4.20 **to 6.05** AM **Young Guns II: Blaze of Glory** Western sequel. (1990, 15, 104min) ★★★

Sky Cinema Comedy

308 308 408 508 522

7.10 AM **Mean Girls** Teen comedy. (2004, 12, 97min) ★★★★
8.50 **Mean Girls** Musical remake. (2023, 12, 112min) ★★★
10.50 **Kingpin** (1996, 12) ★★★
12.50 PM **Daddy's Home 2** Comedy sequel. (2017, 12, 100min) ★★★
2.40 **Ace Ventura: When Nature Calls** (1995, PG) ★★★
4.25 **The Truman Show** Comedy. (1997, PG, 99min) ★★★★
6.15 **Horrible Bosses** Comedy. (2011, 15, 93min) ★★★

8.00 Mamma Mia! Musical starring Meryl Streep and Amanda Seyfried. A young bride-to-be living on a Greek island invites three of her mother's old boyfriends to her wedding, hoping to find out which one is her father. (2008, PG, 108min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Mamma Mia! Here We Go Again Musical sequel starring Amanda Seyfried and Lily James. The reopening of the Hotel Bella Donna leads to a reunion for Sophie's family. (2018, PG, 114min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Tropic Thunder** War spoof. (2008, 15, 107min) ★★★★
1.55 AM **The First Wives Club** Comedy. (1996, PG) ★★★
3.45 **Dad's Army** Comedy spin-off. (1971, U, 95min) ★★★★
5.25 **to 7.00** AM **The Accidental Husband** Romantic comedy. (2008, 12, 86min) ★

Sky Cinema Thriller

309 309 409 509 523

7.20 AM **He Went That Way** Crime drama. (2023, 15, 96min) ★★★
9.05 **In the Line of Fire** Thriller. (1993, 15, 127min) ★★★★
11.25 **Collateral** Crime thriller. (2004, 15, 120min) ★★★★
1.35 PM **Jack Reacher** As 10.10pm.
3.55 **Jack Reacher: Never Go Back** Action thriller sequel. (2016, 12, 118min) ★★★
6.05 **The Surfer** Psychological thriller starring Nicolas Cage. (2024, 15, 100min) ★★★★

8.00 The Sum of All Fears Action thriller starring Ben Affleck and Morgan Freeman. Neo-Nazi terrorists aim to provoke war between America and Russia by setting off a nuclear bomb on US soil. Only CIA analyst Jack Ryan can save the day. (2002, 12, 119min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 Jack Reacher Action thriller starring Tom Cruise. Former military cop Jack Reacher uncovers a murderous conspiracy after an unseen gunman shoots five people in Pittsburgh. (2012, 15, 130min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **The Surfer** As 6.05pm.
2.15 **True Romance** Crime thriller starring Christian Slater. (1993, 18, 118min) ★★★★
4.15 **to 6.10** AM **Contraband** Thriller with Mark Wahlberg. (2012, 15, 105min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Playing with Fire** Comedy. (2019, PG, 96min) ★★
12.55 PM **Hotel Transylvania** Animated family comedy. (2012, U, 91 min) ★★★★
2.45 **Baby's Day Out** Comedy. (1994, PG, 99min) ★★★
4.40 **My Best Friend's Wedding** Romantic comedy drama. (1997, 12, 104min) ★★★★
6.45 **I, Robot** Sci-fi thriller. (2004, 12, 115min) ★★★★

I, Robot (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 Monster Hunter Fantasy adventure starring Milla Jovovich. Cpt Artemis and her soldiers are transported to a new world, and engage in a battle for survival against enormous enemies. With Tony Jaa and Ron Perlman. (2020, 12, 103min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.05 **X** Horror starring Mia Goth. A group of film-makers set out to make an adult film in rural Texas, but the cast find themselves fighting for their lives. (2022, 18, 105min) ★★★
1.10 **to 3.00** AM **Sightseers** Darkly comic road movie written by and starring Alice Lowe and Steve Oram. (2012, 15, 85min) ★★

+1hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema Fast

302 302 402 502 516

6.30 AM **Fast & Furious 5** (2011)
8.45 **Fast & Furious 6** As 4.55am.
11.00 **The Fast and the Furious: Tokyo Drift** Motor racing thriller. (2006, 12, 104min) ★★
1.00 PM **Fast & Furious 7** Action thriller sequel with Vin Diesel. (2015, 12, 132min) ★★★★
3.20 **Fast & Furious 8** Action thriller sequel starring Vin Diesel. (2017, 12, 136min) ★★★

5.40 **Fast & Furious Presents Hobbs & Shaw** Adventure with Dwayne Johnson and Jason Statham. (2019, 12, 137min) ★★★
8.00 **The Fast and the Furious** Action thriller starring Vin Diesel. An undercover cop joins a gang of illegal road racers he believes are responsible for a series of truck hijackings. (2001, 15, 107min) ★★★
10.00 **2 Fast 2 Furious** Action thriller sequel starring Paul Walker. (2003, 12, 108min) ★★★

11.50 **Fast & Furious** Thriller sequel. (2009, 12, 107min) ★★★
1.40 AM **Fast & Furious 5** Thriller sequel. (2011, 12, 130min) ★★★
3.55 **Sky Cinema Preview**
4.55 **to 7.10** AM **Fast & Furious 6** Action thriller sequel with Vin Diesel. (2013, 12, 125min) ★★★

Sky Cinema Greats

304 304 404 504 518

6.35 AM **HouseSitter** As 3.35am.
8.30 **Twins** As shown at 1.45am.
10.30 **Grease** Smash-hit musical. (1978, PG, 110min) ★★★★
12.35 PM **The Great Gatsby** F Scott Fitzgerald's melancholy tale. (1974, 12, 146min) ★★★
3.05 **Gorillas in the Mist** Drama. (1988, 12, 124min) ★★★★
5.20 **Scent of a Woman** Drama. (1992, 15, 157min) ★★★★

8.00 **The Golden Child** Fantasy starring Eddie Murphy. A professional child-finder battles evil forces to save a Tibetan holy boy. With Charlotte Lewis. (1986, PG, 93min) ★★
9.45 **Bad Boys** Action comedy with Martin Lawrence and Will Smith. A bachelor cop and his married partner have to switch identities in their pursuit of heroin thieves. (1995, 15, 118min) ★★★
11.45 **Saturday Night Fever** Dance drama. (1977, 18, 119min) ★★★★

1.45 AM **Twins** Comedy with Arnold Schwarzenegger and Danny DeVito. (1988, PG, 107min) ★★★
3.35 **HouseSitter** Romantic comedy. (1992, PG, 102min) ★★★
5.20 **to 7.00** AM **Five Easy Pieces** Cult drama with Jack Nicholson. (1970, 15, 98min) ★★★★★

Sky Cinema Kung Fu Panda

305 305 412 500 514

6.20 AM **Kung Fu Panda 3** (2016)
8.00 **Kung Fu Panda 4** As 9.20pm.
9.40 **Kung Fu Panda** As 11.00pm.
11.20 **Kung Fu Panda 2** As 6.00pm.
1.00 PM **Kung Fu Panda 3** (2016)
2.40 **Kung Fu Panda 4** As 9.20pm.
4.20 **Kung Fu Panda** As 11.00pm.
6.00 **Kung Fu Panda 2** Animated comedy adventure sequel with the voice of Jack Black. (2011, PG, 90min) ★★★★

7.40 **Kung Fu Panda 3** Animated comedy adventure sequel with the voice of Jack Black. The clumsy hero is reunited with his father and must pass on his skills to a village of pandas. (2016, PG, 95min) ★★★★
9.20 **Kung Fu Panda 4** Animated comedy sequel with the voice of Jack Black. Po returns to train a new dragon warrior, while a sorceress plans to summon all of his past enemies for revenge. (2023, PG, 94min) ★★★

11.00 **Kung Fu Panda** Animated comedy adventure featuring the voices of Jack Black, Dustin Hoffman and Angelina Jolie. (2008, PG, 92min) ★★★★
12.40 AM **Kung Fu Panda 2** As 6pm.
2.20 **Kung Fu Panda 3** As 7.40pm.
4.10 **to 6.00** AM **Kung Fu Panda 4**

Movies 24

312 313 419

7.00 AM **To Her, With Love** Drama. (2022, PG, 84min) ★★
9.00 **The Honeymoon Pact** Comedy. (2023, PG, 90min) ★★
11.00 **A Missed Connection** Romantic drama. (2023, PG, 90min) ★★
1.00 PM **The PA and the Manhattan Prince** Romantic drama. (2024, PG, 90min) ★★
3.00 **Groundswell** Romantic comedy. (2022, PG, 84min) ★★

5.00 **Love for Starters** Romantic comedy. (2022, PG, 85min) ★★
7.00 **The Dancing Detective: A Deadly Tango** Mystery starring Lacey Chabert and Will Kemp. (2023, PG, 84min) ★★
9.00 **Retreat to You** Romantic drama starring Emilie Ullerup and Peter Mooney. Two estranged high-school friends are reunited at a wilderness retreat. (2023, PG, 90min) ★★
11.00 **Return to Office** Romantic drama. (2025, PG, 84min) ★★

1.00 AM **The Best Version of Love** Romantic comedy drama. (2023, PG, 86min) ★★
3.00 **to 5.00** AM **A Scottish Love Scheme** Romantic drama. (2024, PG, 84min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Beau Geste** 5/8. (S1)
6.35 **Gorgo** Sci-fi fantasy adventure. (1960, PG, 78min) ★★
8.10 **What's On TPTV with Noel**
8.25 **Space Patrol** 15/39. (S1)
9.00 **Batman** 31/60. (S2)
9.30 **Richard the Lionheart** (S1)
10.00 **Supercar** 19/26. (S1)
10.30 **The Secret Tunnel** Adventure. (1948, b/w, U, 37min) ★★★
11.30 **The Adventures of Robin Hood**

12.00 NOON **12 to the Moon** Sci-fi. (1960, b/w, U, 74min) ★★★
1.35 PM **Look at Life**
1.50 **One Step Beyond** 4/39. (S2)
2.25 **Paratrooper** War adventure. (1953, PG, 88min) ★★
4.10 **Douglas Fairbanks Presents**
4.40 **Scotland Yard** 4/39. (S1)
5.15 **Albert RN** World War Two drama. (1953, b/w, PG, 89min)
7.00 **Maigret** 10/13. (S1)
8.00 **A Family at War** 14/19. (S2)
9.00 **The Key** World War Two drama. (1958, b/w, 12, 134min) ★★★

11.35 **The File of the Golden Goose** Thriller. (1969, PG, 102min) ★★
1.40 AM **The Agitator** Drama. (1945, b/w, U, 103min) ★★★
3.40 **Look at Life**
3.55 **The Sword of Monte Cristo** Adventure. (1951, U, 80min) ★★
5.30 **to 6.00** AM **Out of Town**

SATURDAY Sport

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
10.00 **Soccer Saturday Pre-Match**
11.00 **LIVE EFL Charlton Athletic v Leicester City.** Coverage of the Championship match staged at the Valley. Kick-off is at **12.30pm**.
3.00 PM **LIVE DP World Tour Golf** Coverage of day three of the Betfred British Masters from the Belfry in Wishaw, Warwickshire. Denmark's Niklas Nørgaard was victorious here last year, finishing two strokes clear of Thriston Lawrence of South Africa.
5.00 **LIVE SNF Arsenal v Leeds United.** Coverage of the Premier League match from the Emirates Stadium. Kick-off is at **5.30pm**.
8.30 **LIVE PGA Tour Golf** Coverage of the third day of the Tour Championship, the final event of the FedExCup play-offs held at East Lake Golf Club in Atlanta.
12.00 M'T **Sky Sports News**
1.30 AM **LIVE WTA Tennis** Coverage of the WTA Monterrey Open final, a hard-court tournament staged at Club Sonoma in Mexico.
3.30 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Years**
9.00 **FNF** West Ham United v Chelsea.
9.30 **Premier League Stories**
10.00 **Saturday Social**
11.00 **The Big Interview**
11.30 **FNF** West Ham United v Chelsea.
12.00 NOON **Gillette Soccer Saturday: Build-Up**
3.00 PM **Gillette Soccer Saturday**
5.00 **LIVE SNF Arsenal v Leeds United.** Coverage of the Premier League match from the Emirates Stadium. The Gunners have not lost to Leeds since August 2001 and have won the last six meetings between the sides in all competitions, including a 4-1 triumph here and a 1-0 win at Elland Road in United's last Premier League campaign three seasons ago. Kick-off **5.30pm**.
8.30 **Game of the Day**
10.30 **Premier League Highlights** Action from Burnley v Sunderland.
11.00 Bournemouth v Wolves.
11.30 Brentford v Aston Villa.
12.00 M'T **Premier League Highlights**
3.00 AM **PL Greatest Games**
4.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL Highlights**
6.15 **EFL Cup Retro** The 2014 final.
8.15 **Old Firm Derby Best Goals**
8.45 **Edinburgh Derby Best Goals**
9.15 **EFL Greatest Games**
9.45 **EFL Highlights**
10.00 **Saturday Social**
11.00 **LIVE EFL Charlton Athletic v Leicester City.** The Championship match at the Valley. Two divisions separated these sides last term, but Charlton won the League One play-offs and the Foxes were relegated from the Premier League. Kick-off is at **12.30pm**.
3.00 PM **Gillette Soccer Saturday**
5.00 **Gillette Soccer Saturday: Reaction** Post-match analysis.
5.20 **LIVE Bundesliga FC St Pauli v Borussia Dortmund.** Both teams' opening match of the German top-flight campaign at Millerntor-Stadion. Kick-off is at **5.30pm**.
7.30 **EFL** Charlton v Leicester.
9.30 **EFL Highlights**
10.00 **EFL Rivalries** Double bill.
11.00 **EFL Highlights**
2.00 AM **EFL Greatest Games**
4.00 **EFL Cup** The 2016 final.
5.00 **to 6.00** AM **1983: When Aberdeen Ruled Europe**

Sky Sports Cricket

405 405 514 504 422 442

6.00 AM **The Hundred**
9.15 **The Hundred Bitesize**
10.45 **LIVE The Hundred Northern Superchargers Women v Oval Invincibles Women.** Coverage of the match from Headingley, Leeds. Start-time **11.00am**.
2.00 PM **LIVE The Hundred Northern Superchargers Men v Oval Invincibles Men.** Coverage of the match from Headingley. Start-time **2.30pm**.
5.30 **LIVE The Hundred London Spirit Men v Southern Brave Men.** Coverage of the match staged at Lord's, London. The Brave claimed a seven-wicket victory when the teams met in Southampton last year, with Craig Overton claiming the player of the match award after taking three wickets for the loss of just 16 runs. Start-time is at **6.00pm**.
9.00 **The Hundred Bitesize**
10.00 **The Hundred** London Spirit Women v Southern Brave Women.
1.05 AM **Ashes Greats**
1.15 **The Hundred Bitesize**
2.00 **The Hundred** A match replay.
5.30 **to 6.00** AM **The Hundred Bitesize**

Sky Sports Golf

406 406 515 505 423 443

6.00 AM **PGA Tour Golf**
11.00 **My Ryder Cup**
11.30 **Countdown to the Ryder Cup**
12.00 NOON **LIVE DP World Tour Golf** Day three of the Betfred British Masters from the Belfry.
5.30 PM **LIVE PGA Tour Golf** Coverage of day three of the Tour Championship, the final event of the FedExCup play-offs held at East Lake Golf Club in Atlanta.
12.00 M'T **PGA Tour Champions Learning Centre**
12.30 AM **HotelPlanner Tour Golf**
1.00 **PGA Tour Golf** Highlights.
2.00 **Nick Dougherty's Tee Time Tips**
3.00 **DP World Tour Golf**
5.00 **to 6.00** AM **The Open Zone**

Sky Sports Tennis

408 408 537 520 425 445

6.00 AM **WTA & ATP Tennis**
12.00 NOON **Jack Draper's US Open**
12.30 PM **Tennis** The 2024 US Open.
3.30 **WTA & ATP Tennis**
7.30 **LIVE WTA Tennis** Coverage of the Cleveland Open final staged at Nautica Entertainment Complex.
9.30 **ATP Tour This Week**
10.00 **LIVE ATP Tennis** Coverage of the Winston-Salem Open final.
12.00 M'T **Tennis** Cincinnati Open.
1.00 AM **ATP Tour This Week**
1.30 **LIVE WTA Tennis** Coverage of the Monterrey Open final.
3.30 **to 6.00** AM **WTA Tennis**

TNT Sports 1

410 413 521 408 430

7.00 AM **LIVE AFL Richmond v Geelong Cats.** Coverage from Melbourne. Bounce-up **7.15am**.
10.00 **Premier League: Big Interview**
10.30 **Premier League Preview**
11.00 **LIVE Premier League Manchester City v Tottenham Hotspur.** Coverage from Etihad Stadium. Kick-off **12.30pm**.
3.00 PM **Xtra Time** Match analysis.
3.15 **LIVE Cycling: La Vuelta Men** Coverage of the opening stage.
5.00 **TNT Sports Reload**
5.15 **LIVE Serie A Sassuolo v Napoli.** Kick-off is at **5.30pm**.
7.30 **UEFA Champions League**
8.00 **MotoGP** Grand Prix of Hungary.
8.30 **LIVE U20 Intercontinental Cup Flamengo U20 v Barcelona U20.** Coverage of the match from Estádio do Maracanã, Rio de Janeiro. Kick-off **8.30pm**.
10.30 **One Day International Cricket**
11.30 **LIVE CPL Saint Lucia Kings v Trinbago Knight Riders.** The T20 match from Gros Islet.
3.45 AM **TNT Sports Cricket Reload**
4.00 **to 6.00** AM **LIVE AFLW North Melbourne Tasmanian Kangaroos v Port Adelaide.**

TNT Sports 2

411 414 522 409 431

6.00 AM **Premier League Stories**
6.30 **Premier League Preview**
7.00 **MotoGP** Grand Prix of Hungary.
7.30 **LIVE MotoGP** Coverage from the Grand Prix of Hungary.
11.00 **LIVE MotoE** Coverage of the Grand Prix of Hungary first race.
11.45 **LIVE MotoGP** Further coverage from the Grand Prix of Hungary.
2.45 PM **TNT Sports Reload**
3.00 **LIVE MotoE** The Grand Prix of Hungary second race.
3.45 **TNT Sports Cricket Reload**
4.00 **One Day International Cricket**
5.00 **MLB Highlights**
6.00 **LIVE MLB New York Yankees v Boston Red Sox.** The American League East match at Yankee Stadium. Start-time **6.05pm**.
9.00 **LIVE MLB Miami Marlins v Toronto Blue Jays.** The inter-league match. Start-time **9.10pm**.
12.15 AM **TNT Sports Reload**
12.30 **Serie A** Sassuolo v Napoli.
1.30 **LIVE MLB San Diego Padres v Los Angeles Dodgers.** The National League West match at Petco Park. Start-time **1.40am**.
4.45 **MLB: Off the Bat**
5.15 **to 5.30** AM **MLB Classic**

Sky Sports Action

412 410 517 507 426 446

6.00 AM **Rugby Union Highlights**
9.45 **State of Origin Rugby League**
10.30 **Rugby Greatest Games**
10.35 **LIVE NRL Parramatta Eels v Sydney Roosters.** K-o **10.35am**.
12.35 PM **Women's State of Origin**
12.50 **Rugby Greatest Games**
12.55 **LIVE Currie Cup Rugby Union Free State Cheetahs v Golden Lions.** Kick-off **1.00pm**.
2.50 **Women's State of Origin**
3.20 **My Icon** Leon Pryce.
3.30 **Lions Legends** Player profiles.
4.00 **LIVE The Rugby Championship South Africa v Australia.** Kick-off is at **4.10pm**.
6.00 **Rugby Union Highlights**
7.00 **NFL Highlights**
8.00 **Super Bowl LIX Highlights**
9.00 **LIVE NFL Green Bay Packers v Seattle Seahawks.** From Lambeau Field. Kick-off **9.00pm**.
12.00 M'T **NFL Highlights**
12.45 AM **Rugby Union Highlights**
2.50 **LIVE NRLW Newcastle Knights v Brisbane Broncos.**
4.35 **Lions Legends** Martin Johnson.
4.50 **Rugby Union Retro**
5.05 **My Icon** Leon Pryce.
5.15 **Rugby Union Retro**
5.30 **to 6.00** AM **NFL Highlights**

Sky Sports Sky Sports+

404 404 518 508 427 447

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
10.00 **Soccer Saturday Pre-Match**
11.00 **EFL Build-Up**
12.25 PM **LIVE EFL Hull City v Blackburn Rovers.** Coverage of the Championship match at MKM Stadium. Both of last season's games between these teams finished in a 1-0 win for the away team. Kick-off is at **12.30pm**.
3.00 **LIVE The Hundred London Spirit Women v Southern Brave Women.** Coverage of the match staged at Lord's, London. Start-time **2.30pm**.
5.30 **Gillette Soccer Saturday: Reaction** Post-match analysis.
8.00 **Match Centre** A preview of the weekend's biggest games from the Premier League, EFL and SPFL.
10.00 **LIVE The Rugby Championship Argentina v New Zealand.** Coverage of the match from the second round of fixtures staged at José Amalfitani Stadium, as the teams face each other for the second time in two weeks. Kick-off is at **10.10pm**.
12.00 M'T **to 6.00** AM **Sky Sports Catch Up**

Sky Sports Mix

416 412 510 429 449

6.00 AM **The Hundred Bitesize**
6.15 **LIVE NRLW Gold Coast Titans v St George Illawarra Dragons.** Coverage from Cbus Super Stadium. Kick-off **6.15am**.
8.00 **The Hundred Bitesize**
8.15 **LIVE NRLW Parramatta Eels v Sydney Roosters.** Coverage of the match at CommBank Stadium in Sydney. Kick-off is at **8.15am**.
10.00 **Tennis** Cincinnati Open finals.
12.00 NOON **Tennis** US Open.
1.55 PM **The Hundred Bitesize**
2.25 **LIVE The Hundred London Spirit Women v Southern Brave Women.** Coverage from Lord's. Start-time is at **2.30pm**.
5.30 **LIVE US Open 9-Ball Pool** The semi-finals at Harrah's Resort.
9.30 **The Hundred Bitesize**
10.00 **Spirit of Yachting**
10.30 **PGA Tour Golf** Event review.
11.30 **LIVE US Open 9-Ball Pool** The final from Harrah's Resort.
3.00 AM **PDC Classics** Archive action.
3.30 **PGA Tour Golf** Event review.
4.30 **My Icon** Johnny Nelson.
4.45 **to 6.30** AM **LIVE NRLW New Zealand Warriors v Cronulla-Sutherland Sharks.** From FMG Stadium Waikato. Kick-off **4.45am**.

TNT Sports 3

413 415 523 410 432

6.00 AM **LIVE AFLW Melbourne v St Kilda.** Coverage from Casey Fields. Bounce-up **6.05am**.
8.00 **LIVE AFLW Fremantle v Brisbane Lions.** From Fremantle Oval, Perth. Bounce-up **8.05am**.
10.00 **LIVE AFLW Hawthorn v Carlton.** Coverage from Kinetic Stadium. Bounce-up **10.15am**.
11.45 **LIVE Cycling: La Vuelta Men** Coverage of the opening stage.
5.00 PM **AFL** Two match replays.
8.00 **LIVE Supertri E World Triathlon Championship** Coverage of the race in Chicago.
10.30 **Men's Cycling** Highlights.
12.30 AM **LIVE NWSL Gotham FC v Utah Royals FC.** Coverage of the match from Sports Illustrated Stadium. Kick-off is at **12.30am**.
2.45 **Training Day** Newcastle United.
3.00 **to 6.00** AM **LIVE AFL GWS Giants v St Kilda.** From ENGIE Stadium. Bounce-up **3.20am**.

TNT Sports 4

414 416 524 411 434

6.00 AM **Men's Cycling**
8.00 **MLB: Off the Bat**
8.30 **Inside Serie A** The latest news.
9.00 **LIVE UFC** The preliminary bouts.
11.00 **LIVE UFC Johnny Walker v Zhang Mingyang.** Coverage of the light-heavyweight bout from Shanghai Indoor Stadium in China.
2.30 PM **MLB Highlights**
3.30 **CPL Highlights**
4.00 **Fishing: On the Bank**
5.00 **SailGP Highlights**
6.00 **Supertri E World Triathlon Championship** From Toronto.
7.00 **LIVE WNBA Atlanta Dream v New York Liberty.** At Gateway Center Arena. Tip-off **7.00pm**.
9.00 **CPL Highlights**
9.30 **UFC** Walker v Mingyang.
12.30 AM **Men's Cycling Pro Series**
1.30 **AFL** Eagles v Swans.
3.00 **La Vuelta Men**
4.00 **MotoGP** Grand Prix of Hungary.
4.30 **to 5.30** AM **One-Day International Cricket**

Premier Sports 1

419 551

6.00 AM **NASCAR Highlights**
7.00 **Transworld Sport** Magazine.
8.00 **DTM Highlights**
9.00 **World Surf League**
10.00 **Motorsport** Drew Gibson.
11.00 **Top 14 Rugby Union**
12.00 NOON **Motorsport**
12.30 PM **World of FreeSports**
1.00 **LaLiga** Highlights and features.
3.30 **Transworld Sport** Magazine.
4.30 **Coppa Italia Show** Highlights.
5.00 **LaLiga Specials**
5.15 **LIVE SPFL Falkirk v Hibernian.**
8.15 **Football's Greatest**
8.45 **LaLiga Match Highlights**
8.55 **Temples of Sport**
9.25 **LIVE Argentine Primera Division Rosario Central v Newell's Old Boys.** K-o **9.30pm**.
11.30 **LaLiga Specials**
12.00 M'T **Coppa Italia Show**
12.30 AM **LaLiga Highlights**
3.00 **World Surf League**
4.00 **NASCAR Highlights**
5.00 **to 6.00** AM **DTM Highlights**

Premier Sports 2

420 552

6.00 AM **Champions Cup**
8.15 **LaLiga Specials**
8.30 **Major League Cricket** Another chance to see MI New York v Washington Freedom in the final.
1.00 PM **Temples of Sport**
1.30 **Premier Sports Cup** Action from a second-round match.
3.30 **Football's Greatest**
4.30 **CONCACAF Gold Cup** Action from USA v Mexico in the final.
6.25 **LIVE LaLiga Atlético Madrid v Elche.** The match at Riyadh Air Metropolitano. Kick-off **6.30pm**.
8.30 **Football's Greatest**
9.30 **LaLiga** Real Betis v Alavés.
11.30 **FastZone** Motorsports highlights.
12.00 M'T **LIVE NASCAR** Coverage of the Coke Zero Sugar 400, the 26th round of the season from Daytona International Speedway in Daytona Beach, Florida.
4.30 AM **Bike World** Magazine.
5.00 **FastZone** Motorsports highlights.
5.30 **to 6.00** AM **GP Confidential**

Sky Sports F1

407 407 516 506 424 444

6.00 AM **Formula 1** From Hungary.
2.00 PM **LIVE Indycar** The Milwaukee Mile 250 first practice session.
3.00 **F1 Features**
3.50 **LIVE British GT Championship** Qualifying session at Brands Hatch.
5.00 **Formula 1** Hungarian Grand Prix.
6.00 **Indycar** Grand Prix of Portland.
7.00 **LIVE Indycar** The Milwaukee Mile 250 qualifying session.
8.00 **British GT Championship**
9.05 **F1 Features**
9.30 **LIVE Indycar** The Milwaukee Mile 250 second practice session.
10.30 **LIVE Indycar** The Milwaukee Mile 250 final practice session.
11.30 **Indycar** Milwaukee Mile 250.
12.30 **to 6.00** AM **F1 Features**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Sunday

24 August

Evening Planner

Tennis

US Open

Sky Sports+, Sky Sports Tennis & Sky Sports Main Event, from 3pm

Day one of the Grand Slam, where Jannik Sinner is the defending champion.

Documentary

The Castle: Rebuilding History

C4, 7.30pm

Following the restoration of Norwich Castle's Norman keep over seven years.

Crime Drama

Ridley

ITV1, 8pm

As the second series draws to a close, Ridley and the team are thrown into a high-profile case. Concludes tomorrow.

Drama

King & Conqueror

BBC1, 9.10pm (box set, BBC iPlayer)

James Norton (above) and Nikolaj Coster-Waldau star in this epic historical drama about the Norman conquest.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.10 Parenthood		8.10 Antiques Roadshow		9.10 King & Conqueror		10.00 News	10.30 Match of the...
	102 BBC2	‹ 5.45 Great British Classics at the Proms		8.00 Top Gear: Best of British		9.00 Murder Case: The Vanishing Cyclist		10.00 Film: The Godfather	
	103 ITV1	7.00 Cooking with the Stars		8.00 Ridley				10.15 Film: Dawn of the Planet...	
	104 CHANNEL 4	‹ 6.30 Our Tiny...	7.30 The Castle: Rebuilding History			9.00 Celebrity SAS: Who Dares Wins		10.00 8 Out of 10 Cats Does Countdown	
	105 5	‹ 6.30 Katrina: The Hurricane That...		8.00 22 Kids & Counting		9.00 Rich Holiday, Poor Holiday		10.00 Killer at the Crime Scene	
	106 SKY SHOWCASE	‹ 6.45 Film: Spider-Man 2				9.00 S.W.A.T.		10.00 The Sopranos	
ENTERTAINMENT	115 BBC3	7.05 Room on...	7.30 Stick Man	8.00 The Fast and the Farmer-ish		9.00 RuPaul's...	9.20 Film: The Adventures of Priscilla, Queen of the Desert		
	116 BBC4	7.00 Discovering the Music of Antiquity		8.00 John Williams Film Prom: BBC Proms 2017				10.00 Battlefield Britain	
	118 ITV2	7.00 Film: Coyote Ugly				9.00 The Only Way Is Essex		10.05 Botched	
	136 MORE4	‹ 6.50 Four in a Bed				9.00 999: On the Front Line		10.00 24 Hours in A&E	
	135 E4	7.00 The Simpsons				9.00 Film: Venom			
	107 SKY WITNESS	7.00 Caught on Dashcam				9.00 Matlock		10.00 The Rookie	
	108 SKY ATLANTIC	‹ 6.50 Game of Thrones							
	110 U&GOLD	7.05 The Vicar of Dibley		8.00 Red Dwarf	8.35 The Vicar of Dibley		9.30 Mrs Brown's Boys		
	111 U&DAVE	7.00 Bradford on Duty		8.20 Would I Lie to You?		9.00 Have I Got a Bit More News for You		10.00 QI	10.40 Gavin...
	119 ITV3	‹ 6.00 Midsomer Murders		8.00 Doc Martin				10.00 Vera	
	120 ITV4	‹ 6.00 LIV Golf Live		8.00 Film: The Italian Job				10.15 Film: Passenger 57	
	112 COMEDY CENTRAL	‹ 6.25 Friends				9.00 Film: Hitch			
	139 SKY SCI-FI	7.00 Stargate Origins: Catherine				9.00 Film: Stargate – Ark of Truth			
	113 SKY MAX	7.00 The Office (US)		8.00 Rob & Romesh vs Magic in Vegas		9.00 S.W.A.T.		10.00 Film: The Hurricane Heist	
	109 U&ALIBI	7.00 Death in Paradise							
	124 SKY ARTS	‹ 5.35 Simon & Garfunkel: Old Friends...		8.00 California Dreamin': The Songs of the Mamas and the...			9.20 The Music of Buddy Holly and the Crickets		
	132 U&W	7.00 Inside the Ambulance				9.00 Inside the Operating Theatre			
DOCUMENTARY	125 DISCOVERY	7.00 Alaska: Homestead Rescue				9.00 Land Rush		10.00 Street Outlaws: Locals Only	
	162 ANIMAL PLANET	7.00 How Do Animals Do That?		8.00 Little Giants		9.00 The Zoo		10.00 Tanked	
	129 NAT GEO	7.00 Genghis Khan: The Secret History of...		8.00 Lost Ships of WW2		9.00 Naming the Dead		9.55 Construction Fails	
	123 SKY HISTORY	7.00 Medieval Murder Mysteries				9.00 Royal Murder Mysteries			
	155 U&YESTERDAY	7.00 This World: Cuba with Simon Reeve		8.00 Bangers & Cash: Restoring Classics		9.00 Bangers & Cash			
	121 SKY DOCS	‹ 5.50 How the Beatles Changed the World		8.00 Boyzone: No Matter What					
FILMS – Sky Cinema	301 PREMIERE	‹ 6.05 Sonic the Hedgehog 3		8.00 The Surfer				9.50 Night Call	
	302 FAST	‹ 6.00 2 Fast 2 Furious		8.00 Fast & Furious				10.00 Fast & Furious 5	
	303 HITS	‹ 6.00 Madame Web		8.00 Lost in Translation				9.45 Wimbledon	
	304 GREATS	‹ 5.50 In the Line of Fire		8.00 Patriot Games				10.00 Midnight Run	
	305 KUNG FU PANDA	‹ 5.40 Kung...	7.20 Kung Fu Panda			9.00 Kung Fu Panda 2			10.35 Kung Fu...
	306 FAMILY	‹ 6.00 Stuart...	7.25 Peter Rabbit 2: The Runaway			9.00 The Spiderwick Chronicles			10.40 Big Fat...
	307 ACTION	‹ 6.15 300: Rise of an Empire		8.00 Shazam!					10.20 Mad Max: Fury Road
	308 COMEDY	‹ 6.05 Miss Congeniality		8.00 Miss Congeniality 2: Armed and Fabulous				10.00 My Big Fat Greek Wedding 2	
	309 THRILLER	‹ 5.40 Vanilla Sky		8.00 The Accountant				10.15 The Surfer	
	310 DRAMA	‹ 5.20 Funny Girl		8.00 Joker: Folie à Deux					10.20 Mother!
	311 SCI-FI	‹ 6.20 A Quiet Place		8.00 A Quiet Place: Day One				9.50 Blade Runner	
	313 FILM4	7.05 Taxi				9.00 Wrath of Man			
SPORT	401 MAIN EVENT	‹ 4.00 Super Sunday	7.30 PGA Tour Golf – Live: The Tour Championship						
	402 PREMIER LEAGUE	‹ 4.00 Super Sunday	7.30 Transfer 360	8.00 PL Stories	8.30 Premier League Highlights		9.30 SNF	10.00 Premier League Highlights	
	403 FOOTBALL	7.00 SPFL				9.00 EFL League One	9.30 EFL League Two	10.00 SPFL Highlights	
	405 CRICKET	‹ 5.30 The Hundred Live – Manchester Originals Men v Birmingham Phoenix Men				9.00 The Hundred Bitesize		9.45 The Hundred Bitesize	
	410 TNT SPORTS 1	‹ 6.30 Serie A	7.30 Serie A – Live: Juventus v Parma (Kick-off 7.45)					10.00 Snooker Wuhan Open	
	411 TNT SPORTS 2	‹ 6.30 MLB – Live: Coverage of a Major League Baseball match						9.45 UFC	

‹ Denotes programmes starting before 7.00pm † Regions vary

SUNDAY

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BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
8.40 **Match of the Day** (S)(R)
10.00 **Scotland's Sacred Islands with Ben Fogle** The Orkneys. (S)(R)
11.00 **Homes Under the Hammer** (S)(R)
12.00 NOON **Bargain Hunt** (S)(R)
1.00 PM **BBC News** (S)
1.15 **Songs of Praise** New edition (S)
1.50 **Money for Nothing** (S)(R)
2.35 **Deadly 60** Steve Backshall meets southern Africa's wild dogs. (S)(R)
3.05 **Parenthood** 3/5. A look at how animal parents across grasslands are being forced to make new and difficult choices. (S)(R)(AD)
4.05 **FILM Ghostbusters II** Supernatural comedy sequel starring Bill Murray, Sigourney Weaver and Dan Ackroyd. (S)(AD) (1989, PG, 100min) ★★★
5.45 **BBC News** (S)

7.10 Parenthood

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

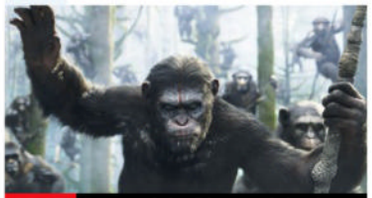
6.30 AM **A to Z of TV Gardening** (S)(R)
7.15 **Take a Hike** (S)(R)
7.45 **Countryfile** (S)(R)
8.40 **Breakfast** (S)
9.00 **Beechgrove Garden** (S)(R)
9.30 **Weatherman Walking: The Welsh Coast** (S)(R)
10.00 **Saturday Kitchen Best Bites** New edition With Ed Balls. (S)
11.30 **Nigel Slater's Simple Suppers** (R)
11.45 **LIVE Rugby Union: Women's World Cup** Ireland v Japan: The opening Pool C match at Franklin's Gardens. Kick-off is at 12.00. (S)
2.15 PM **FILM Chariots of Fire** Oscar-winning sports drama with Ben Cross and Ian Charleson. (S) (1981, U, 120min) ★★★★★
4.15 **Fake or Fortune: What Happened Next?** (S)(R)(AD)
5.15 **Flog It!** From Birmingham. (S)(R)

9.00 Murder Case: The Vanishing...

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Ainsley's Good Mood Food** (R)
6.30 **James Martin's Saturday Morning** With Louise Redknapp. (S)(R)
8.25 **Katie Piper's Weekend Escape** New edition With guests Paul Merton and Suki Webster. (S)
9.25 **ITV News** (S)
9.30 **Love Your Weekend with Alan Titchmarsh** With Sue Barker. (S)(R)
11.25 **Ainsley's Fantastic Flavours** (S)(R)
12.25 PM **Love Your Garden** (S)(R)(AD)
12.55 **ITV News** (S)
1.10 **FILM About a Boy** Comedy drama based on the novel by Nick Hornby, starring Hugh Grant. (S)(AD) (2002, 12, 115min) ★★★★
3.05 **FILM Never Say Never Again** James Bond adventure starring Sean Connery and Kim Basinger. (S)(AD) (1983, PG, 150min) ★★★
5.35 **The Chase** Quiz show. (S)(R)



10.15 Dawn of the Planet of the Apes

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.10 AM **Cheers** 20-23/26. (S8) (S)(R)
8.00 **Everybody Loves Raymond** (S)(R)
9.00 **Frasier** 5&6/25. (S11) (S)(R)(AD)
10.00 **Sunday Brunch** New edition With guests Edward Bluemel, Robert Sean Leonard, Rudimental and Sandra Yi Sencindiver. (S)
1.00 PM **The Simpsons** (S)(R)(AD)
2.25 **Four in a Bed** The first destination of the week is Northlands Farm in Chichester, West Sussex. (S)(R)
2.55 From Mad Hatters Campsite in Ely, Cambridgeshire. (S)(R)
3.25 A visit to the Redan Inn in Chilcompton, Somerset. (S)(R)
3.55 The week's final visit is to The Limes in Maldon, Essex. (S)(R)
4.25 Payment Day arrives. (S)(R)
4.55 **Grand Designs Revisited** Catching up with a couple who built a hypoallergenic home. (S)(R)(AD)

9.00 Celebrity SAS: Who Dares Wins

6 PM

BBC1

6.00 **Local News** (S)
6.10 **Countryfile** New edition John Craven is in the Yorkshire Dales to tell the story of three pioneering women who dedicated their lives to recording the traditions, voices and skills of Yorkshire's rural communities. (S)

BBC2

5.45 **NEW Great British Classics at the Proms** Clive Myrie is joined at the Royal Albert Hall by Alison Balsom and Gyles Brandreth for a musical celebration of landscapes and seascapes performed by the BBC National Orchestra of Wales. Featuring Vaughan Williams's *The Lark Ascending*, Elgar's *Enigma Variations* featuring *Nimrod*, Britten's *Four Sea Interludes* from *Peter Grimes*, and Walton's *Crown Imperial Coronation March*. (S)

ITV1

6.30 **ITV News** (S)
6.45 **Local News** (S)

CHANNEL 4

6.00 **News** (S)
6.30 **Our Tiny Islands** 3/4. Featuring a look at the lives of the residents of the Welsh island of Bardsey, including Gareth and his wife Meriel, who run a small cafe from their house. (S)(R)(AD)

7 PM

BBC1

7.10 **Parenthood** New edition 4/5. David Attenborough narrates footage of how freshwater-dwelling animals must adapt fast to raise their young. (S)(AD)

ITV1

7.00 **Cooking with the Stars** New edition 4/6. Natalie Cassidy, Jack Osbourne and Kelly Hoppen compete in a three-way cooking battle, while Jordan North goes up against Shaun Wright-Phillips. (S)(AD)

CHANNEL 4

7.30 **NEW The Castle: Rebuilding History** One-off documentary following the restoration of Norwich Castle's Norman keep over seven years, with a team of curators and craftspeople poring over every detail to ensure its historical accuracy. *See feature, page 21.* (S)(AD)

8 PM

BBC1

8.10 **Antiques Roadshow** New edition Fiona Bruce and the team of experts head to Shuttleworth House in Bedfordshire, where finds include a painting by Haitian artist Prefete Duffaut. (S)

BBC2

8.00 **Top Gear: Best of British** A look at the cream of vehicles from the UK, including the Aston Martin V8 Vantage and Lotus Exige. Plus, a look back at some of the greatest Stars in a Reasonably Priced Car. (S)(R)

ITV1

8.00 **Ridley** New episode *Fool for Love:* 3/4. When a body is discovered at an illegal rave, Ridley and the investigative team are thrust into a high-profile case as victim Oliver Grant emerges as the heir apparent to his family's property empire and poised to become its next CEO. *See feature, page12.* (S2) (S)(AD)
■ Concludes tomorrow

9 PM

BBC1

9.10 **NEW SERIES King & Conqueror** 1/8. Historical drama depicting the build-up to the Battle of Hastings. Stars James Norton. *See feature, page 6.* (S1) (S)(AD)
■ Continues tomorrow

BBC2

9.00 **Murder Case: The Vanishing Cyclist** Series finale 2/2. In January 2021, detectives make a crucial breakthrough in the search for Tony Parsons. (S)(AD)
■ Entire series on BBC iPlayer

CHANNEL 4

9.00 **Celebrity SAS: Who Dares Wins** New edition 7/8. In an attempt to physically drain the recruits, the trainers send them off for laps round the quarry. (S)(AD)
■ Concludes tomorrow

10 PM

BBC1

10.00 **BBC News** (S)
10.25 **Local News** (S)
10.30 **Match of the Day** Highlights of the latest Premier League matches, including Everton v Brighton & Hove Albion, Crystal Palace v Nottingham Forest and Fulham v Manchester United. (S)
11.30 **Tommy: The Good. The Bad. The Fury** 1/10. Documentary following boxer Tommy Fury's return to the ring. (S)(R)(AD)
12.00 M'T 2/10. Tommy's comeback fight is called off. (S)(R)(AD)
12.30 AM **Destination X** 7/10. Tensions begin to mount. (S)(R)(AD)
1.30 **Weather for the Week Ahead** (S)
1.35 **to 6.00** AM **BBC News** (S)

BBC2

10.00 **FILM The Godfather** Francis Ford Coppola's classic gangster saga of a Mafia family engaged in bloody war with rival crime families. Stars Marlon Brando, Al Pacino, James Caan, Robert Duvall, Diane Keaton and Talia Shire. (S)(AD) (1971, 15, 170min) ★★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.50 AM **Sign Zone: MasterChef** 7/24. The home cooks are challenged to make what they can of three different types of pastry. (S)(R)(AD)
1.50 **Sign Zone: Destination X** 7/10. Tensions mount as the passengers are given the chance to scupper each other. (S)(R)(AD)
2.50 **Sign Zone: Here We Go** (S)(R)(AD)
3.20 **to 6.15** AM **Previews** (S)

ITV1

10.00 **ITV News** (S)
10.15 **FILM Dawn of the Planet of the Apes** Sci-fi thriller sequel starring Andy Serkis, Jason Clarke and Gary Oldman. The leader of a colony of intelligent apes tries to prevent his tribe going to war against the human race. (S) (2014, 12, 135min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.30 AM **Teleshopping**
3.00 **Motorsport UK** Highlights from Oulton Park, featuring action from the Vertu Mini Challenge. (S)(R)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Ainsley's Fantastic Flavours** (S)(SL)(R)

CHANNEL 4

10.00 **8 Out of 10 Cats Does Countdown** Jon Richardson and Lucy Beaumont compete against Rob Brydon and Joe Wilkinson. Plus, Huge Davies helps out in Dictionary Corner. (S)(R)
11.05 **The Veil** Series finale *The Cottage:* 6/6. Imogen smuggles Adilah to see Michael. (S1) (S)(AD)
12.25 AM **FILM Snake Eyes** Adventure. (S)(AD) (2021, 12, 125min) ★★★
2.30 **Ramsay's Kitchen Nightmares USA** In Massachusetts. (S)(SL)(R)
3.20 **The Simpsons** (S)(R)(AD)
4.35 **Find It, Fix It, Flog It** (S)(R)
4.50 **George Clarke's Amazing Spaces**
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour: BBC1 203 | BBC2 303 | ITV1 35 | ITV2 112 | ITV3 251
+1 hour: CHANNEL 4 204/208 | CHANNEL 4+1 304 | E4 15 | More4 121 | Film4 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 | 105 | 5 | 105 | 105 | 5

5.30 AM **Milkshake!**
8.55 **SpongeBob SquarePants** (S)(R)
9.05 **Entertainment News** (S)
9.15 **Cruising with Susan Calman** Double bill of editions. (S)(R)
11.05 **Cruising with Jane McDonald** Triple bill of editions. (S)(R)
2.05 PM **Ibiza: Jewel of the Med** A visit to the Balearic island known for its nightlife and rich cultural history. (S)(R)
3.05 **Cyprus: Jewel of the Med** A profile of the Mediterranean island, which attracts four million visitors a year. (S)(R)
4.05 **Inside Longleat** Cameras go behind the scenes of the stately home's gardens. (S)(R)
5.00 **Lost Worlds with Ben Fogle** The presenter explores the US city of Detroit. (S)(R)(AD)

9.00 Rich Holiday, Poor Holiday

6.25 **News** (S)
6.30 NEW **Katrina: The Hurricane That Drowned New Orleans** Documentary looking back at the tropical cyclone that hit the American city in August 2005, the largest hurricane to ever make landfall in the US, with more than a thousand lives lost during it. (S)

8.00 **22 Kids & Counting** New edition The Radfords celebrate Sue's 50th birthday, but she wonders if it might be Noel getting a very unexpected gift after a trip to see a specialist. (S)

9.00 **Rich Holiday, Poor Holiday** New edition Cash-strapped best mates Hannah and Lucy travel together with wealthy pals Camilla and Sammy to experience two very different holidays in Morocco. (S)

10.00 **Killer at the Crime Scene** Investigating the death of 17-year-old Connor Lyons, whose body was discovered next to a riverbank in Hull by a dog walker. (S)(R)

11.05 **Cold Case Killers** (S)(R)
12.05 AM **Motorway Cops: Catching Britain's Speeders** (S)(R)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **Playgrounds of the Rich and Famous** From St Moritz. (S)(R)
3.50 **Friends** (S10) (S)(R)
4.40 **The Wonderful World of Chocolate** (S)(SL)(R)
5.25 **to 5.30** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 | 109 | 340 | 355

6.00 AM **The Pingu Show** (S)(R)
6.30 **The Epic Adventures of Morph**
6.40 **The Very Small Creatures** (R)
6.50 **The Brilliant World of Tom Gates** (S)(R)(AD)
7.05 **Monkey Life** Triple bill. (S)(R)
8.30 **The Simpsons** (S)(R)
10.00 **The Office (US)** (S)(R)
12.00 NOON FILM **The Secret Garden** Drama starring Colin Firth and Julie Walters. (S)(AD) (2020, PG, 99min) ★★★★
2.00 PM LIVE **Cricket: The Hundred** Welsh Fire v Trent Rockets: The men's match at Sophia Gardens, Cardiff. Start-time is at 2.30.
5.30 **Steven Frayne Meets Manchester United** (S)(R)
5.45 **Rob & Romesh vs Magic in Vegas** The duo join Penn & Teller's show in Las Vegas. (S)(R)

9.00 S.W.A.T.

6.45 FILM **Spider-Man 2** Fantasy adventure sequel starring Tobey Maguire. Tempted to abandon his secret identity as crime-fighting superhero Spider-Man, Peter Parker finds his special powers are required to combat a new criminal adversary. With Kirsten Dunst, James Franco and Alfred Molina. (S) (2004, PG, 127min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

9.00 **S.W.A.T.** New episode *Hot Button:* 6/22. When two healthcare providers are shot dead, the team investigate whether the events were politically motivated. (S8) (S)(R)(AD)

10.00 **The Sopranos** *Denial, Anger, Acceptance:* 3/13. Carmela receives surprising news about one of Tony's past relationships, while Meadow asks a dangerous favour. (S1) (S)(R)

11.00 **The Sopranos** 4/13. Tony has Dr Melfi followed. (S1) (S)(R)
12.05 AM **The Walking Dead: Dead City** 7/8. Negan and Maggie embark on journeys. (S)(R)(AD)
1.05 8/8. Maggie makes a painful choice, while Negan puts on a show. (S2) (S)(R)(AD)
2.05 **Brassic** 2/7. (S6) (S)(R)(AD)
3.05 **Road Wars** (S)(R)
4.00 **to 6.00** AM **Nothing to Declare**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
3.05pm FILM Ghostbusters II: Supernatural action comedy sequel. (S)(AD) (1989, PG, 100min) ★★★ **4.45-5.45** World Pipe Band Championships (S)(R) **11.30** Sportscene: Premiership Highlights (S)(R) **12.15am** Tommy: The Good. The Bad. The Fury (S)(R)(AD) **12.45** Tommy: The Good. The Bad. The Fury (S)(R)(AD) **1.15** Weather for the Week Ahead (S) **1.20-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
No variations

WALES
Sky 965, Virgin 864, Freesat 965
3.05pm FILM Ghostbusters II (S)(AD) (1989, PG, 100min) ★★★ **4.45** Wales on The One Show (S)(R) **5.15-5.45pm** SOS: Extreme Rescues (R)

BBC2

N. IRELAND
Sky 969, Freesat 969
9.00-10.00pm Chinook: Zulu Delta 576 (S)(R)

WALES
Sky 968, Freesat 968
4.15pm Weatherman Walking (S)(R) **4.45-5.45pm** Fake or Fortune: What Happened Next? (S)(R)(

ITV1

As main ITV1 except:

WALES
5.35pm Vanished Wales (S)(R) **6.00-6.30pm** Backstage New edition (S)

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **9.00** Yn y Gwaed **10.00** Garddio a Mwy **10.30** Cynefin **11.30** Cais Quinnell (AD) **12.00noon** Busnes Bwyd **1.00pm** Colli Cymru I'r Môr (AD) **2.00** Arfordir Cymru: Môn **2.30** Codi Hwyl (AD) **3.30** Cymry ar Gynfas **4.35** Byd Eithafol: Neo-Nazis yn Ein Plith **5.35** Cefn Gwlad (AD) **6.40** Pobol y Cwm Omnibws (AD) **7.45** Newyddion a Chwaraeon **8.00** Sioe Sir Benfro **9.00** Llond Bol O Sbaen **10.00** Y Stiwdio Grefftau **11.00-11.35pm** Trysorau Cymru: Tir, Tai a Chyfrinachau (AD)

TV&Satellite week
Best for Sky and Virgin

BBC3

115/117/121 118 | 107/113 | 23 | 107 | 107 | 10

BBC3 programmes start at 7.00pm

7.00 PM **Corey Baker's Dance Race** Dancing in striking and unexpected locations.
7.05 **Room on the Broom** Family animation.
7.30 **Stick Man** Animation.
8.00 **The Fast and the Farmer-ish** Teams compete to be the best tractor drivers in England. **8.30** Northern Ireland's Bogmen and Determinators rev up against each other.
9.00 NEW **RuPaul's Drag Race UK: Meet the Queens** RuPaul introduces the 12 new queens competing for the coveted title of the UK's next *Drag Race* superstar.
9.20 FILM **The Adventures of Priscilla, Queen of the Desert** Australian comedy with Terence Stamp, Hugo Weaving and Guy Pearce. (1994, 15, 103min) ★★★★
11.00 **The Big Proud Party Agency** Double bill.
12.00 M'T **Smoggie Queens**
1.00 AM **Ashley Cain: Into the Danger Zone** Double bill.
3.00 **to 4.00** AM **Fresh Cops**

MORE4

136/137 127 | 147 | 18 | 124 | 15

8.55 AM **A Place in the Sun**
3.35 PM **Come Dine with Me** Alarm-company owner Bill kicks off a week of dinner parties in Dundee. **4.05** Architectural technician Alex hosts. **4.40** Vegetarian Hannah prepares an Italian feast. **5.10** Self-styled food critic Phil hosts the fourth night. **5.45** Kim hosts the final dinner party in Dundee.
6.20 **Four in a Bed** The contest begins at BnB at 43 in Richmond, North Yorkshire.
6.50 **Four in a Bed** A visit to Sutton Park in Blackpool. **7.25** From Tottington Manor in Edburton in West Sussex. **7.55** The final visit is to Flynn's Pub and Guesthouse in Hackney, east London. **8.25** The winner is revealed.
9.00 **999: On the Front Line** Paramedics are called out to a young woman who has had a seizure on a bus and a man with a lung condition who is unable to reach his oxygen canister.
10.00 **24 Hours in A&E** A tree surgeon is rushed in after a fall, and doctors are concerned he may have injured his spine.
11.05 **24 Hours in A&E**
12.10 AM **999: On the Front Line** Medical series.
1.15 **24 Hours in A&E**
3.25 **to 3.55** AM **Food Unwrapped**

+1 hour 236/237 347 125

BBC4

116 119 | 107/108 | 9/24 | 106 | 108 | 11

BBC4 programmes start at 7.00pm

7.00 PM **Discovering the Music of Antiquity** A mission to recreate an ancient music score.
8.00 **John Williams Film Prom: BBC Proms 2017** Keith Lockhart conducts the BBC Concert Orchestra in music by the film composer.
10.00 **Battlefield Britain** Peter and Dan Snow reflect on the Battle of Hastings in 1066.
10.55 **Mysteries of the Bayeux Tapestry** Archaeologists, historians and scientists unravel the mysteries of the 11th-century embroidery.
11.55 **The Mystery of the Desert Kites** A look at the megastructures that stretch across the Arabian desert.
12.55 AM **The One Jasper Carrott** The comedian performs stand-up, sketches and music.
1.35 **Discovering the Music of Antiquity** As 7.00pm.
2.35 **Battlefield Britain**
3.30 **to 3.50** AM **Patrick Marber Remembers... After Miss Julie**

E4

135/136 126 | 106 | 13 | 122 | 13

6.00 AM **Hollyoaks Omnibus**
7.05 **Ramsay's Kitchen Nightmares USA**
11.00 **Junior Bake Off**
12.35 PM **The Big Bang Theory**
3.00 FILM **Deep Impact** Disaster drama starring Robert Duvall. (1998, 12, 123min) ★★★★
5.20 **Lego Masters Australia** New edition Contestants build visual showstoppers to be displayed in a real-life Kmart department store.
6.30 **The Simpsons** *Left Behind:* Homer gets Flanders a job.
7.00 **The Simpsons** *Hurricane Neddy:* Ned Flanders' home is destroyed by a hurricane. **7.30** *The Monkey Suit:* Lisa defies a new ruling that bans the teaching of evolution. **8.00** *Bart Has Two Mommies:* Bart is kidnapped. **8.30** *Ned 'n' Edna's Blend Agenda:* Ned and Edna secretly tie the knot.
9.00 FILM **Venom** Fantasy adventure starring Tom Hardy. A journalist gains superhuman strength and power when his body merges with an alien organism. (2018, 15, 112min) ★★★
11.05 **Gogglebox**
12.05 AM **Open House: The Great Sex Experiment**
1.10 **Below Deck: Mediterranean**
3.55 **The Goldbergs**
4.20 **to 6.00** AM **Hollyoaks Omnibus**

+1 hr 235/236 306 30 123 256

Sunday primetime

SUNDAY Entertainment

Sunday

Sky Witness

107 107 110 341 356

6.00 AM **Border Security: Canada's Front Line**
7.00 **UK Border Force**
9.00 **Customs UK** Double bill.
10.00 **Send in the Dogs** A look at the work of two of Europe's most famous dog detectives.
11.00 **Nothing to Declare** Twelve editions of the documentary series following the work of customs officers in Australia.
5.00 PM **Caught on Dashcam** Double bill featuring road disasters captured on video by drivers' dashboard cameras.

9.00 Matlock

7 PM 7.00 **Caught on Dashcam** A countdown of the most hilarious and spectacular real-life crashes.

8 PM 8.00 **Caught on Dashcam** Fly-on-the-dashboard documentary showcasing outrageous road disasters.

9 PM 9.00 **Matlock** *Claws:* 5/19. A client's case opens old wounds for Matlock, while a hacking inspires a love connection. (S1)

10 PM 10.00 **The Rookie** *April Fools:* 12/18. An April Fools' Day prank on LAPD's social media leads to chaos across the city. (S7)
11.00 **The Good Doctor** 2/20. (S4)
12.00 M'T **Bull** 5/16. (S5)
1.00 AM **Law & Order: Special Victims Unit** 3/13. (S25)
2.00 **Elsbeth** New episode 16/20. A man dies in a hot tub. (S2)
3.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **The Guest Wing**
9.00 **Game of Thrones** (S2)
12.15 PM **Game of Thrones** (S2)
2.25 **Game of Thrones** 8/10. Robb Stark discovers that he has been betrayed by one of his closest friends.
3.30 9/10. Tyrion defends King's Landing against Stannis Baratheon's naval assault.
4.35 10/10. Jon proves his worth to Qhorin Halfhand. (S2)
5.45 1/10. Daenerys arrives back in Slaver's Bay looking to form an army. (S3)

11.10 True Detective

7 PM 6.50 **Game of Thrones** *Dark Wings, Dark Words:* 2/10. Sansa is encouraged to speak freely about Joffrey.
7.55 **Game of Thrones** *Walk of Punishment:* 3/10. Tyrion assumes new responsibilities, and Jon is taken to the imposing Fist of the First Men.

8 PM

9 PM 9.00 **Game of Thrones** *And Now His Watch Is Ended:* 4/10. Arya is brought before the commander of the Brotherhood.

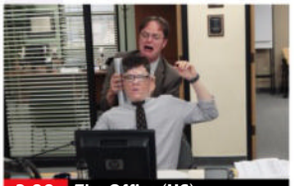
10 PM 10.05 **Game of Thrones** *Kissed by Fire:* 5/10. The Hound is judged by the gods, Robb is betrayed and Jon proves himself. (S3)
11.10 **True Detective** 7/8. Frank deals with his betrayal. (S2)
12.20 AM **The Wire** 4/13. (S1)
1.30 **Succession** 1/9. (S3)
2.40 **Julia** 2&3/8. (S1)
4.30 **In Treatment** (S1)
5.00 **to 6.00** AM **Richard E Grant's Hotel Secrets**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Highway Patrol**
7.00 **NCIS: Los Angeles** (S14)
10.00 **Grimm** 1-4/22. (S1)
2.00 PM **The Office (US)** Ten episodes, including at:
5.00 7/25. Dwight struggles to sell to a female client.
5.30 8/25. Angela discovers that her husband is having an affair with Oscar.
6.00 9/25. Dwight organises a Pennsylvania-Dutch-themed office Christmas party.
6.30 10/25. Pam accidentally brings lice into the office. (S9)



2.00 The Office (US)

7 PM 7.00 **The Office (US)** 11/25. Dwight and Clark pose as father and son.
7.30 12/25. Jim loses a major investor. (S9)

8 PM 8.00 **Rob & Romesh vs Magic in Vegas** Rob Beckett and Romesh Ranganathan are invited join Penn & Teller's show in Las Vegas.

9 PM 9.00 **S.W.A.T.** New episode *Hot Button:* 6/22. Two healthcare providers are shot and killed at women's clinics. (S8)

10 PM 10.00 **FILM The Hurricane Heist** Action thriller starring Toby Kebbell. Thieves attempt a major heist as a Category 5 hurricane approaches. (2018, 12, 103min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.00 M'T **The Walking Dead: Dead City** 7&8/8. (S2)
2.00 **Brassic** 2/7. (S6)
3.00 **Road Wars**
4.00 **to 6.00** AM **Sun, Sea and A&E**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.45 **Dress to Impress**
8.45 **The Only Way Is Essex**
10.45 **Deal or No Deal**
12.45 PM **Wheel of Fortune**
1.50 **In for a Penny**
2.20 **Celebrity Catchphrase**
3.20 **FILM Bee Movie** Animated comedy with the voices of Jerry Seinfeld and Renée Zellweger. (2007, U, 91min) ★★★
5.15 **FILM The Secret Life of Pets** Animated family adventure featuring the voice of Louis CK. (2016, U, 83min) ★★★

7.00 Coyote Ugly

7 PM 7.00 **FILM Coyote Ugly** Music drama starring Piper Perabo, Adam Garcia and Maria Bello. An aspiring singer-songwriter gets a job in a rowdy New York bar while pursuing her dreams of stardom. (2000, 12, 100min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9 PM 9.00 **The Only Way Is Essex** New edition The sun in Portugal isn't the only thing that's getting the crew hot and bothered.

10 PM 10.05 **Botched** Paul Nassif helps a woman headbutted by a dog, who is now missing the inside of her nose.
11.00 **Family Guy** 8/20. Brian and Stewie compete for money.
11.30 3/20. Stewie makes a friend his own age. (S17)
12.05 AM **American Dad!** (S13)
1.05 **The Stand Up Sketch Show**
2.00 **Deal or No Deal**
2.55 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **On the Buses**
6.30 **A Touch of Frost**
8.40 **Agatha Christie's Poirot**
12.45 PM **The Darling Buds of May** 3/7. Charley is jealous of a handsome Danish visitor.
1.50 4/7. Pop faces hostility from the villagers.
2.55 5/7. Pop rescues a pilot from his crashed plane. (S2)
4.00 **Agatha Christie's Marple** *The Secret of Chimneys:* A party at a country house is marred by the discovery of a body in a secret passageway.

8.00 Doc Martin

7 PM 6.00 **Midsomer Murders** *The Black Book:* A masterpiece by a landscape artist is auctioned for £400,000 after a fierce bidding war.

8 PM 8.00 **Doc Martin** *From the Mouths of Babies:* 5/8. Mrs Tishell seems to be having a delayed onset of mourning.

9 PM 9.00 **Doc Martin** *Accidental Hero:* 6/8. Penhale decides to have a Police Open day to raise some awareness. (S8)

10 PM 10.00 **Vera** *Old Wounds:* The detective investigates the death of a teenager who disappeared during the 1984 miners' strike.
11.50 **Joan** 5/6. Joan is attacked in prison as a warning before being released, while Boisie's warehouse is burnt down.
12.50 AM 6/6. Paul pulls out on the day of the robbery. (S1)
1.50 **On the Buses**
2.20 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.15 **Sportscene: Premiership Highlights** Extended action from Rangers v St Mirren.
8.00 **Endurance Race: Itera** A look at the highlights from the qualifier for the 2026 Adventure Racing World Championship.
9.00 **NEW SERIES Disaster at Sea: The Piper Alpha Story** 1/3. The story of how the 1988 disaster on the oil platform unfolded.
10.00 **Still Game** 2/6. Jack and Victor go back to school. (S3)
10.30 **Scot Squad** 4/6. Singh and McKirdy pull over two celebrated children's entertainers. (S4)
11.00 **Edinburgh Unlocked**
11.30 PM **to 12.00** M'T **The Scandals That Shocked Scotland**

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Will & Grace** (S1)
9.00 **Sex and the City** (S1)
12.15 PM **And Just Like That...**
6.40 **And Just Like That...** *A Hundred Years Ago:* 8/11. Carrie questions her past life choices.
7.30 *There Goes the Neighbourhood:* 9/11. Carrie makes a big decision about her and Aidan's future.
8.20 *The Last Supper – Part One: Appetizer:* 10/11. Carrie prepares to bids a fond farewell to her apartment.
9.10 *The Last Supper – Part Two: Entree:* 11/11. Miranda reconnects with Steve. (S2)
10.00 **NEW Marc Maron: Panicked** The comedian and podcaster performs a stand-up special.
11.30 **Veep** 5&6/10. (S3)
12.40 AM **Entourage** (S2)
1.55 **Sex and the City** (S1)
3.15 **Somebody Somewhere**
3.50 **to 5.00** AM **Hello Ladies**

Sky Arts

124/125 114/115 123 36 143 24 350 365

6.00 AM **The Sound of Music: Live!**
8.20 **Tales of the Unexpected**
11.00 **Alfred Hitchcock Hour**
1.00 PM **Supershow: Last Great Jam of the 60s**
2.30 **Opry Live**
3.30 **Paul Simon: Live at Webster Hall, New York**
5.35 **Simon & Garfunkel: Old Friends – Live on Stage** A 2003 concert.
8.00 **California Dreamin': The Songs of the Mamas and the Papas**
9.20 **The Music of Buddy Holly and the Crickets**
11.20 **Alfred Hitchcock Hour**
12.20 AM **Garbo: Where Did You Go?**
2.15 **Discovering Romance on Film**
3.45 **FILM Boys** Short film. (2021, 18, 24min) ★★
4.10 **Music Icons: Women Who Rock**
4.35 **Music Icons: Songs for the People**
5.00 **to 6.00** AM **Music Icons**

Sky Mix

151 158 135 11 141 23

6.00 AM **Border Patrol**
8.00 **Let's Game**
8.25 **Funny Talking Animals**
8.35 **Silly Pets**
8.45 **Isadora Moon**
9.00 **Star Trek: The Next Generation** (S2)
2.00 PM **Caught on Dashcam**
3.00 **Border Security: Canada's Front Line**
5.00 **Caught Red Handed**
7.00 **Caught on Dashcam**
8.00 **The Rookie** *Crossfire:* 7/22. Nolan and Celina find there is more to a shooting than they initially realised.
9.00 *The Collar:* 8/22. The team try to stop an explosive rampage. (S5)
10.00 **NCIS: Los Angeles** 19&20/21. (S14)
12.00 M'T **Caught on Dashcam** Road disasters captured on video by dashboard cameras.
1.00 AM **Send in the Dogs**
2.00 **Motorway Patrol**
4.00 **to 6.00** AM **Border Patrol**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Lingo** Quiz show.
10.00 **Tipping Point**
1.00 PM **Lingo** Quiz show.
2.00 **In with a Shout**
3.00 **Tenable** Five university friends take on a series of Top 10 list questions.
4.00 **Tenable for Soccer Aid** Five team-mates from Glasgow Rangers Women's FC take part.
5.00 **Deal or No Deal**
6.00 **Lingo** Double bill of the quiz hosted by Adil Ray.
8.00 **Deal or No Deal** Stephen Mulhern hosts as Tina attempts to open the 22 red boxes in the right order, taking on the Banker for the chance to win a life-changing cash prize.
9.00 **Tipping Point** Triple bill of the quiz show hosted by Ben Shephard.
12.00 M'T **In with a Shout** The Smiths from London and the Taylors from Suffolk compete.
12.55 **to 1.00** AM **Unwind**

GREAT! tv

157 167 170 34 48

8.10 AM **M*A*S*H** 13/20. (S9)
8.40 **Highway to Heaven**
11.35 **Murder, She Wrote**
1.35 PM **Murder, She Wrote**
4.45 **FILM The Mountain Between Us** Romantic adventure starring Idris Elba and Kate Winslet. (2017, 12, 112min) ★★
7.00 **FILM Hercules** Mythological adventure starring Dwayne Johnson and Ian McShane. (2014, 12, 98min) ★★★
9.00 **FILM Angels & Demons** Mystery thriller sequel based on the bestselling novel by Dan Brown, starring Tom Hanks and Ewan McGregor. (2009, 12, 138min) ★★
11.55 **The New Avengers** (S1)
2.05 AM **The Avengers** (S6)
3.00 **Randall and Hopkirk (Deceased)** 4/26. (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **Motorsport Mundial**
6.30 **Auto Mundial**
7.00 **Motorsport UK**
8.00 **British Rally Championship**
8.55 **English Football League Highlights** Recent action.
10.25 **British Touring Car Championship Highlights**
11.55 **Made in Britain**
12.25 PM **The Big Match Revisited**
1.30 **LIVE Racing** From Goodwood, Beverley and Yarmouth.
4.00 **The Motorbike Show**
6.00 **LIVE LIV Golf** The concluding round from Michigan.

10.15 Passenger 57

LIVE LIV Golf (started at 6.00pm)

8.00 FILM The Italian Job Crime thriller starring Mark Wahlberg, Charlize Theron and Edward Norton. A gang of thieves seek revenge against a former comrade after being double-crossed out of the proceeds of a gold bullion heist. (2003, 12, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 FILM Passenger 57 Thriller starring Wesley Snipes as an anti-terrorist expert who finds himself on board a hijacked plane. (1992, 15, 84min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **FILM RoboCop 3** Thriller sequel. (1992, 15, 104min) ★★
1.55 AM **Berlin Station** 5/10. (S1)
3.00 **Teleshopping**
5.00 **to 5.30** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted US**
8.00 **Teleshopping**
11.00 **Fact or Faked: Paranormal Files** Unidentified creatures.
12.00 NOON **Star Trek: Deep Space Nine** Five episodes of the sci-fi drama, including at: **3.00** PM 9/20. An alien criminal hides on the station. **4.00** 10/20. Quark is forced to play a deadly game. (S1)
5.00 **FILM Stargate: Continuum** Sci-fi spin-off starring Ben Browder and Michael Shanks. (2008, PG, 99min) ★★

9.00 Stargate: The Ark of Truth

7.00 Stargate Origins: Catherine Sci-fi drama spin-off. Catherine Langford enlists the help of two soldiers to venture into the Stargate and save the world from an unimaginable darkness. Stars Ellie Gall.

9.00 FILM Stargate: The Ark of Truth Sci-fi adventure spin-off starring Michael Shanks and Ben Browder. The SG-1 team journey to another galaxy to stop an invasion of Earth and the destruction of humanity. (2008, 12, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 The Leftovers 1/8. Kevin does his best to forget that he died. **12.00** M'T 2/8. Nora travels to St Louis to investigate a scam. **1.00** AM 3/8. Kevin Sr wanders the Australian Outback. **2.00** 4/8. Nora and Kevin head to Australia. (S3)
3.00 **The Leftovers** 5/8. (S3)
4.00 **to 6.00** AM **Most Haunted US**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S17)
10.00 **Father Brown** Four episodes.
2.00 PM **Death in Paradise** 4/9. *Chain Reaction:* Neville tries to solve the mysterious death of a nurse from his hospital bed. **3.20** 5/9. *Music to My Ears:* Part one of two. A concert pianist is shot and killed. **4.40** 6/9. *Fake or Fortune:* Part two of two. Neville probes a concert pianist's murder. **5.40** 7/9. *Somewhere in Time:* The host of a fishing trip is found dead on a beach. (S10)

8.20 Death in Paradise

7.00 Death in Paradise *I'll Never Let You Go:* 8/9. A man confesses to murdering his boss – despite being unable to remember what actually happened. (S10)
8.20 Death in Paradise *Last Call to Honore:* 1/9. When a seemingly simple kidnapping ends in murder, the team must work out what went wrong and how someone wound up dead.
9.40 Death in Paradise *A Double Bogey:* 2/9. The arrival of a long-lost brother to a family-run golf club culminates in a body being retrieved from the course. (S11)

11.00 Shakespeare & Hathaway: Private Investigators 5/10. Lu infiltrates a slimming club. **12.00** M'T 6/10. Frank and Lu find themselves trapped in a famous author's house. (S4)
1.00 AM **Death in Paradise**
2.00 **to 4.00** AM **Elementary**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.20 AM **The Story of Only Fools and Horses** Double bill.
9.20 **Only Fools and Horses**
1.15 PM **Only Fools and Horses** Eight episodes, including at: **4.30** Del Boy jumps at the opportunity to decorate the local Chinese restaurant. **5.10** Del Boy, Rodney and Grandad go on holiday abroad. **5.50** Del Boy starts his own chandelier-cleaning business.
6.30 **Dad's Army** The platoon are assigned to guard a telephone line through the night.

8.35 The Vicar of Dibley

7.05 The Vicar of Dibley Geraldine's hopes of romance are fuelled by a visit from David's handsome brother.
8.00 Red Dwarf Part three of three. The crew escape from their captors.
8.35 The Vicar of Dibley Alice suggests a nativity play starring herself and Hugo as Mary and Joseph.
9.30 Mrs Brown's Boys Agnes is concerned when Dermot announces he wants to ask old friend Buster to be his best man. **10.10** Agnes hatches a plan to gatecrash Maria's hen party.
10.50 Only Fools and Horses Del Boy takes up cards.

11.30 **Inside No 9**
12.05 AM **The Vicar of Dibley**
1.05 **Mrs Brown's Boys**
2.30 **Inside No 9**
3.00 **Back to Life**
3.25 **to 4.00** AM **Inside No 9**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Hairy Bikers Everyday Gourmets** Creating quality meals on a tight budget.
8.00 **American Pickers**
10.00 **Our Guy in India**
11.00 **Top Gear** Double bill.
1.00 PM **Storage Hunters UK**
3.00 **Hairy Bikers' Best of British**
5.00 **Caribbean with Simon Reeve** Simon's journey takes him to Barbados, St Vincent, Venezuela and Colombia. **6.00** The explorer visits Nicaragua and Honduras on the final leg of his journey.

7.00 Bradford on Duty

7.00 Bradford on Duty Examining how the NHS is trying to relieve pressure on hospitals by caring for patients in their own homes.
8.20 Would I Lie to You? With Jack Dee, Tinchy Stryder, Gaby Roslin and Romesh Ranganathan.
9.00 Have I Got a Bit More News for You Roy Wood Jr hosts the satirical quiz, with guests Roisin Conaty and Richard Osman.
10.00 QI With guests Doon Mackichan, Jimmy Carr and Dara O Briain.
10.40 Gavin & Stacey The Shipmans travel to Wales to spend Christmas with the West family.
12.05 AM **Live at the Apollo** Lou Sanders introduces sets by Celya AB and Neil Delamere.
1.05 **Schitt's Creek**
3.05 **to 4.00** AM **Have I Got a Bit More News for You**

+1 hour 211/212 327 74 259

7 PM
8 PM
9 PM
10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **Four in a Bed**
2.00 PM **George Clarke's Kitchen vs Garden**
3.00 **George Clarke's Remarkable Renovations**
4.00 **A Place in the Sun**
5.00 **A Place in the Sun: What Happened Next?**
6.00 **A Place in the Sun**
8.00 **Supercruising: Life at Sea** The MS *Nieuw Statendam* sails across North Africa and Europe.
9.00 **Gogglebox** Omnibus of the two part-special for Stand Up to Cancer.
10.00 **Celebrity Gogglebox** Appraisals of *Stranger Things* and *Love Island*.
11.05 **FILM G.I. Joe: The Rise of Cobra** Adventure starring Dennis Quaid. (2009, 12, 113min) ★★★
1.20 AM **Crime Scene Cleaners** Documentary.
2.25 **24 Hours in A&E**
3.25 **999: On the Front Line**
4.25 **to 4.55** AM **A Place in the Sun**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **Murder, She Wrote**
11.05 **Blue Bloods** (S6)
1.05 PM **NCIS** 9-13/20. (S17)
6.00 **NCIS** *On Fire:* 14/20. Torres and Bishop are victims of a hit-and-run. **7.00** *Lonely Hearts:* 15/20. Sloane has a secret admirer. **8.00** *Ephemera:* 16/20. The team investigate the suicide of a retired US Navy officer. (S17)
9.00 **NCIS: Hawaii** *Past Due:* 21/22. The discovery of a dead former MI6 agent uncovers secrets. (S2)
10.00 **Law & Order: Special Victims Unit** *Motherly Love:* 10/21. A boy is faced with a tough choice. (S18)
11.00 **Law & Order: Special Victims Unit** (S18&17)
1.45 AM **Criminal Minds: Evolution** 5/22. (S16)
2.50 **Criminal Minds** (S11)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Friends** (S2)
10.00 **Fare Dodgers: At War with the Law** Triple bill.
1.00 PM **Traffic Cops**
5.00 **Police Interceptors** Four editions, including at: **7.00** Armed police respond to reports of a fight involving machetes. **8.00** Police enter a 'house of horrors', while tracking a suspect.
9.00 **999: Emergency Call Out** A baby girl is thought to be suffering an anaphylactic shock.
10.00 **Car Pound Cops** Series finale Tracking cars as they are seized for a variety of offences.
11.00 **Banged Up Abroad**
12.00 M'T **My Husband My Killer: Murdered in Paradise** Documentary.
1.10 AM **Acts of Murder**
2.10 **The Resident** (S5)
3.45 **to 4.00** AM **Entertainment News**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Trucking Hell**
9.15 **Ice Cold Catch**
10.15 **Ice Road Truckers**
12.20 PM **Outback Truckers**
1.20 **Trucking Heavy: Massive Moves**
2.20 **FILM Hell Bent for Leather** Western starring Audie Murphy. (1959, PG, 83min) ★★
4.05 **FILM The Big Gundown** Spaghetti Western starring Lee Van Cleef. (1966, 15, 84min) ★★
6.30 **FILM The Man Who Shot Liberty Valance** Classic John Ford Western starring James Stewart. (1962, b/w, U, 122min) ★★★★★
9.00 **FILM The Quick and the Dead** Western starring Sharon Stone and Gene Hackman. (1995, 15, 108min) ★★★
11.15 **Motorway: Hell on the Highway** Four editions.
3.20 AM **Highway Patrol**
3.45 **to 4.00** AM **Trucking Hell**

U&W

132/133 131/133 125 25 156 28

6.10 AM **Tipping Point**
11.00 **999 Rescue Squad**
1.00 PM **999 Rescue Squad**
7.00 **Inside the Ambulance** A patient whose heart has stopped for more than 15 minutes. **8.00** Medics treat a man who appears to be having a heart attack.
9.00 **Inside the Operating Theatre** A woman needs an operation to remove a lump from her foot. **10.00** An operation in which a patient's heart is stopped and restarted.
11.00 **Multiple Birth Wards** Part one of two. Following couples during multiple pregnancies.. **12.00** M'T Part two of two. A couple expecting a second set of twins.
1.00 AM **Hashtag Murder**
2.00 **to 3.00** AM **Louis Theroux: America's Most Dangerous Pets**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.00 AM **Birds of a Feather**
7.45 **The Bill**
12.35 PM **Kingdom**
3.35 **Catherine Cookson's A Dinner of Herbs**
6.40 **Call the Midwife** 3/9. A mother shares a terrible truth about her marriage. (S12)
8.00 **Sister Boniface Mysteries** *Sister Town:* 9/10. Tragedy strikes at a war memorial ceremony. (S1)
9.00 **Silent Witness** *First Casualty:* Two deaths seem to be connected.
11.15 **Whitstable Pearl** *Walking with Ghosts:* 5/6. A ghost tour guide sees a body being buried on the beach on Halloween. (S3)
12.15 AM **PD James: The Murder Room**
2.10 **Hamish Macbeth**
3.00 **to 4.00** AM **The Count of Monte Cristo**

+1 hr 243 316 60 260

Sunday

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Portugal.
7.00 **Teleshopping**
8.00 **Fantasy Homes by the Sea** Double bill.
10.00 **My Dream Derelict Home in the Sun**
12.00 NOON **Who Do You Think You Are?**
2.00 PM **Long Lost Family**
3.00 **A Place in the Sun**
7.00 **Long Lost Family: Born Without A Trace** The story of a man left on the front seat of a car in Northern Ireland.
8.00 **Long Lost Family: What Happened Next** Davina McCall and Nicky Campbell catch up with a woman who wanted to find her father.
9.00 **Dr Pimple Popper** Triple bill of editions.
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Fantasy Homes by the Sea**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Bidding Room**
9.00 **Tenable** Double bill.
11.00 **Play Your Cards Right**
12.00 NOON **Pointless Celebrities** Quiz show.
1.00 PM **Through the Keyhole** Double bill.
2.00 **Who Wants to Be a Millionaire?** Quiz show.
3.00 **Classic Who Wants to Be a Millionaire?** Quiz.
4.00 **Tenable** Double bill.
6.00 **The Chase Celebrity Special** Matt Allwright, Stacey Solomon, Louise Minchin and Keith Allen compete for charity.
7.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
9.00 **The Chase Celebrity Special** Faye Tozer, Jamie Theakston, Ben Cohen and Sara Pascoe take part in the quiz.
10.00 **The Chase** Six editions.
4.00 AM **The Chase Celebrity Special**
5.00 **to 6.00** AM **The Chase**

GREAT! action

323 319 426 42 33

8.10 AM **FILM The Warrant** (2020, 12, 84min) ★★
10.20 **Tombstone Territory**
12.20 PM **FILM Jack Mccall, Desperado** Western. (1953, U, 76min) ★★
2.00 **FILM The Magnificent Seven Ride!** Western adventure sequel. (1972, PG, 100min) ★★★
4.15 **FILM Barquero** Western starring Lee Van Cleef. (1969, PG, 114min) ★
6.40 **FILM Alvarez Kelly** Western starring William Holden and Janice Rule. (1966, PG, 116min) ★★
9.00 **FILM The Unforgiven** Western starring Burt Lancaster and Audrey Hepburn. (1960, PG, 125min) ★★★
11.35 **FILM Last Knights** Medieval adventure starring Clive Owen. (2015, 15, 112min) ★★
2.00 AM **Cops Uncut**
3.30 **to 5.00** AM **Air Rescue**

+1 hour 324 319

GREAT! movies

321 318 425 50 32

7.00 AM **Air Rescue**
8.00 **Sue Thomas: F.B.Eye**
1.00 PM **FILM Garage Sale Mystery: Picture a Murder** (2018, PG) ★★
3.00 **FILM Lost Letter Mysteries: Lost Without You** (2016, PG) ★★
5.00 **FILM Lost Letter Mysteries: Higher Ground** (2017, PG) ★★
7.00 **FILM Lost Letter Mysteries: Home Again** Drama. (2017, PG) ★★
9.00 **FILM Martha's Vineyard Mystery: Poisoned in Paradise** Drama. (2021, PG) ★★
10.55 **FILM In Bed with a Killer** Suspense thriller. (2019, PG, 92min) ★★
1.00 AM **FILM Nowhere to Be Found** Thriller. (2019, PG, 93min) ★★
3.00 **Coast Guard Alaska**
4.00 **to 6.00** AM **FILM Watching Over You** Thriller. (2018, PG) ★★

+1 hour 322 318

GREAT! romance

319 317 424 52 47

8.00 AM **FILM Love in the Sun** (2019, PG) ★★
10.05 **FILM Sun, Sand and Romance** (2017, PG) ★★
12.00 NOON **FILM To England, with Love** Romantic comedy. (2023, PG, 89min) ★★
2.00 PM **FILM The Presence of Love** Romantic drama. (2022, PG, 84min) ★★
3.55 **FILM A Royal Runaway Romance** Comedy. (2022, PG, 84min) ★★
6.00 **FILM Sister Dating Swap** Romantic comedy. (2023, PG, 89min) ★★
8.00 **FILM Butlers In Love** Romantic comedy. (2022, PG, 89min) ★★
9.55 **FILM Love, Once and Always** Romantic drama. (2018, PG, 90min) ★★
11.50 **FILM Written in the Stars** Romantic drama. (2021, U ,89min) ★★
1.55 **to 5.00** AM **Highway to Heaven**

+1 hour 320 317

Rewind TV

182 81 141

6.00 AM **Highlights**
9.00 **A Sharp Intake of...**
10.00 **Jokers Wild**
10.30 **Please Sir!**
11.30 **Jokers Wild**
12.00 NOON **In Loving...**
1.30 PM **FILM Up in the World** Vintage comedy. (1956, U, 91min) ★★★
3.20 **Rewind & Remember**
3.30 **The Tony Hancock Show**
4.00 **Tracing the Rails**
4.30 **Jack Hargreaves' Old Country**
5.00 **Walking Westward**
5.30 **Jokers Wild**
6.00 **We Had One of Those**
6.10 **In Loving Memory** (S5)
7.40 **Please Sir!** (S2)
8.40 **A Sharp Intake of Breath** 1&2/6. (S2)
9.40 **Police Woman** (S1)
10.40 **Dark Skies** (S1)
12.40 AM **FILM Up in the World** As 1.30pm.
2.30 **Cut Price Comedy Show**
3.00 **That's My Dog**
4.00 **to 6.00** AM **Highlights**

DMAX

159 152 169 39 147 35

6.00 AM **Baggage Battles**
10.00 **Junkyard Empire**
2.00 PM **Kindig Customs**
5.00 **Iron Resurrection**
7.00 **Expedition Bigfoot** Russell tracks a creature to a mysterious lake.
8.00 The team discover evidence that could prove Bigfoot exists.
9.00 **Alien Encounters: Fact or Fiction** A man sees an object ejecting something in the sky.
10.00 A farmer believes he witnessed a UFO.
11.00 **Expedition X** Alleged paranormal activity at Lake Superior.
12.00 M'T Jess and Phil venture into the Ozarks.
1.00 AM Jess and Phil search a frigid lake for a legendary beast.
2.00 **Teleshopping**
5.00 **to 6.00** AM **Baggage Battles**

+1 hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **Diners, Drive-Ins and Dives** Four editions.
8.00 **Man v Food**
12.00 NOON **Jamie's Easy Meals for Every Day**
1.00 PM **James Martin: Sweet** Four editions.
3.00 **The Great British Bake Off** Six editions.
9.00 **River Cottage Veg** Hugh Fearnley-Whittingstall's vegetable patch is invaded by slugs, jeopardising his plans to provide a meat-free wedding banquet.
10.00 Hugh's plan for a meat-free summer runs into trouble while on a fishing trip.
11.00 Hugh goes wild swimming with a vegetarian triathlete.
12.00 M'T Hugh takes up a challenge set by a local pub landlady.
1.00 **to 3.00** AM **Diners, Drive-Ins and Dives**

+1 hour 240/241 154

Legend

148 156 149 41 137 38

7.00 AM **FILM Collision Earth** Sci-fi thriller. (2011, 12, 95min) ★★
9.00 **The Fall Guy**
2.00 PM **FILM Five Guns West** Western drama. (1954, PG, 78min) ★★
3.30 **FILM Duel** Thriller. (1971, PG, 91min) ★★★★
5.20 **FILM Zulu** Historical action adventure starring Michael Caine. (1963, PG, 138min) ★★★★★
8.00 **The Twilight Zone** (S1)
9.00 **FILM Escape Plan** Action thriller starring Sylvester Stallone and Arnold Schwarzenegger. (2013, 15, 113min) ★★★
11.15 **FILM Crank 2: High Voltage** Action thriller starring Jason Statham. (2009, 18, 91min) ★★
1.10 AM **FILM Death Wish** Vigilante action drama. (1974, 18, 89min) ★★★
3.00 **to 4.50** AM **FILM Circus of Horrors** Chiller. (1960, 15, 91min) ★★

Legend Xtra

317 316 171 69 138 51

6.00 AM **FILM The Shape of Things to Come** Sci-fi. (1979, 15, 94min) ★★★
8.00 **FILM Magma: Volcanic Disaster** Disaster movie. (2006, PG, 87min) ★★
10.00 **FILM Crack in the World** Sci-fi thriller. (1965, PG, 96min) ★★
12.00 NOON **King Solomon's Mines** 1&2/2. Adventure starring Patrick Swayze.
4.00 PM **The A-Team** (S4&5)
9.00 **FILM Soldier Blue** Western starring Candice Bergen, Peter Strauss and Donald Pleasence. (1970, 18, 109min) ★★★★
11.15 **FILM Wired Shut** Thriller starring Blake Stadel and Natalie Sharp. (2021, 15, 95min) ★★
1.10 **to 3.00** AM **FILM Death Trench** World War One horror starring Rossif Sutherland. (2017, 18, 88min) ★★

+1 hour 318 316 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Auction Hunters**
8.00 **Junk and Disorderly**
10.00 **MonsterQuest**
1.00 PM **MonsterQuest** Seven editions.
8.00 **The Sumatran Monster** A primate-like creature known as the Orang Pendek, or Forest Man
9.00 **Myths & Monsters** A look at how the wild is a rich setting for myths and legends, with countless tales about the wilderness and the monsters within it.
10.00 **Big Cat Britain Declassified** Exploring the UK's population of mysterious large cats.
11.50 **On the Trail of the Lake Michigan Mothman** A rash of sightings of a winged creature.
1.20 AM **National Park Mysteries** Double bill.
2.00 **Haunted Hospitals**
4.00 **to 6.00** AM **Flipping Bangers**

5SELECT

153 166 138 46 133 30

9.00 AM **Britain's Greatest Bridges** Tower Bridge.
9.20 **The Yorkshire Vet**
9.50 **All Creatures Great and Small** 3&4/7. (S3)
11.50 **Columbo** Five episodes.
7.35 PM **Fawlty Towers: Funniest Moments** A celebration of John Cleese and Connie Booth's popular sitcom.
9.00 **The Two Ronnies: The Lost Sketches** Comedy clip show looking back at sketches and songs by the pair recorded for their 1986 series *The Two Ronnies in Australia*.
10.30 **Wogan: The Great Entertainer** Celebrating the life of Terry Wogan.
12.00 M'T **All Change! The Year We Went Decimal**
1.00 AM **Nazi Megastructures**
2.00 **Digging Up Britain's Past** Double bill.
3.50 **to 4.00** AM **Entertainment News**

HGTV

158 153 191 44 149 40

7.00 AM **My Lottery Dream Home** Eight editions.
11.00 **Escape to the Country**
1.00 PM **Escape to the Country** Five editions of the property series in which people search for their ideal rural retreats.
6.00 **Mini Reni** Joanna Gaines transforms her parents' patio into a glass-enclosed room perfect for enjoying time with their family.
6.30 Joanna heads to New York for a special renovation. She blends warm, neutral colours to design a new office for Hoda Kotb with a fresh, modern feel.
7.00 **A Place in the Sun** Six editions of the property series featuring advice on buying a second home abroad.
1.00 **to 4.00** AM **Bargain Mansions**

+1 hour 258/262 391

TLC

133/134 139 165

7.00 AM **Curvy Brides Boutique** Reality series.
8.00 **Say Yes to the Dress**
10.00 **Outdaughtered: Busby Quints** Double bill.
12.00 NOON **Extreme Cheapskates**
1.00 PM **My 600lb Life**
5.00 **The Family Chantel**
6.00 **7 Little Johnstons**
7.00 **Good Bones**
8.00 **Sister Wives**
9.00 **Jay & Pamela**
10.00 **My Strange Addiction: Still Addicted?** Eating car seat foam.
11.00 **Body Bizarre**
12.00 M'T **My Extreme Excess Skin** Documentary.
1.00 AM **I Didn't Know I Was Pregnant**
2.00 **My Strange Addiction: Still Addicted?**
3.00 **Body Bizarre**
4.00 **Sister Wives**
5.00 **to 6.00** AM **Curvy Brides Boutique**

+1 hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Mr Bean**
10.00 **Stupid Central**
11.00 **Friends** (S9&10)
8.00 PM **Friends** 2/18. Ross invites Joey and Rachel to dinner with him and Charlie.
8.30 3/18. Ross treats himself to a spray tan, but fails to follow the instructions. (S10)
9.00 **FILM Hitch** Romantic comedy starring Will Smith and Eva Mendes. (2005, 12, 118min) ★★★
11.25 **Stupid Central**
12.25 AM **Whose Line Is It Anyway? USA**
1.25 **CC Live: Stand Up Shorts** With Kemah Bob.
1.55 **Mike Judge's Beavis and Butt-Head**
2.55 **South Park** 8/14. (S15)
3.20 **The Pep Talk**
3.25 **The Ricky Gervais Show**
4.15 **to 5.00** AM **Joel & Nish vs the World**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Mr Bean** Comedy.
7.00 **Teleshopping**
9.00 **Friends** (S9)
11.00 **Everybody Loves Raymond** Double bill.
12.00 NOON **Whose Line Is It Anyway? USA**
4.00 PM **Michael McIntyre's Big Show** Triple bill.
7.00 **Michael McIntyre's Big Show** With Rob Beckett.
8.00 With All Saints.
9.00 **Friends** 23/23. The gang visit Barbados. (S9)
10.00 1/18. Rachel and Joey struggle to tell Ross about their kiss.
10.35 5/18. Rachel's sister looks after Emma.
11.10 11/18. Joey appears on a quiz show.
11.50 12/18. Phoebe and Mike's wedding day arrives. (S10)
12.30 AM **Friends** (S10&5)
1.35 **Michael McIntyre's Big Show** Four editions.
5.15 **to 6.00** AM **Everybody Loves Raymond**

Sky Replay

152 160 156

7.00 AM **Four Weddings**
9.00 **The Force: Manchester**
12.00 NOON **Nothing to Declare UK** Triple bill.
1.30 PM **Nothing to Declare**
2.00 **Blood & Treasure**
7.00 **Highway Cops** A dust cloud wreaks havoc.
7.30 A driver is caught downing beers.
8.00 The rescue helicopter is called upon.
8.30 Tourists take a corner far too fast.
9.00 **SurrealEstate** *Set Your Flag on Fire:* 6/10. Phil's sister arrives.
10.00 *God and Monsters:* 7/10. A new agent joins the Agency.
11.00 *Let Sleeping Dogs Lie:* 8/10. Luke reconnects with his mother. (S2)
12.00 M'T **SurrealEstate** (S2)
2.00 AM **A League of Their Own Road Trip: Dingle to Dover** Double bill.
4.00 **to 6.00** AM **Four Weddings**

MTV

126/127 137 134 351 366

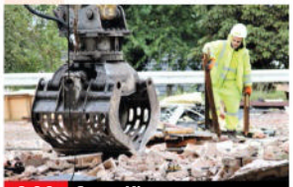
6.00 AM **The Hills**
6.20 **16 and Pregnant**
7.10 **Teen Mom OG**
11.00 **Dallas Cowboys Cheerleaders**
1.00 PM **Catfish: The TV Show** Five editions.
6.00 **Catfish: On The Run**
8.00 **Catfish: The TV Show** Nev and Max help a woman track down her internet celebrity crush.
9.00 **Badass Brides** Cameras follow brides-to-be.
10.00 **Geordie Stories: Nathan & Dad** Following Nathan Henry and his father, Glen, who has terminal cancer.
11.00 **Ink Master: OGs vs. Young Guns**
12.00 M'T **Jersey Shore Family Vacation**
1.00 AM **The Challenge: Vets & New Threats**
2.20 **Caught in the Act: Unfaithful** Reality series.
3.10 **to 4.00** AM **Catfish: The TV Show**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **Kindig Customs**
12.00 NOON **Building Off the Grid** Six editions, including at: **2.00** PM A hi-tech dream home in the Maui jungle. **3.00** A couple plan to build a cabin in the middle of Maine's secluded coastline. **4.00** An avid skier builds an off-grid rustic straw bale cabin. **5.00** A family battle the elements to construct an uber-efficient house.
6.00 **Scrap Kings** In Berkshire, a scrap artist works on a challenging new piece.


6.00 Scrap Kings

7.00 **Alaska: Homestead Rescue** Marty re-rescues the Broadhead family, whose Ohio home faces major structural issues. He must restore a settling berm and construct a concrete storm.
9.00 **Land Rush** A blizzard forces Tiffany to make a tough decision, and Danny stops his build to hunt for much needed food.
10.00 **Street Outlaws: Locals Only** One racer in Las Vegas gets a chance to go up against Kayla Morton.
11.00 **Roadworthy Rescues** Derek has had a 1955 Pontiac Chieftain waiting for a revival, and he is keen to turn it into a tribute to the early days of NASCAR.
12.00 M'T **Alaskan Bush People**
4.00 **to 5.00** AM **How Do They Do It?**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Flying Wild Alaska**
9.00 **Crikey! It's the Irwins**
10.00 **Lone Star Law**
11.00 **Dr Jeff: Rocky Mountain Vet**
1.00 PM **Pit Bulls & Parolees**
3.00 **Flying Wild Alaska** Luke tries to complete a rescue before the sun sets. **4.00** Company COO Jim tries to land on a frozen river.
5.00 **Treehouse Masters** Pete Nelson creates an owl-inspired treehouse in North Carolina.
6.00 **Bad Dog!** Featuring a pug that is obsessed with pizza.

8.00 Little Giants

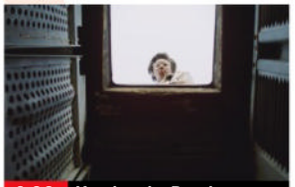
7.00 **How Do Animals Do That?** How sea turtles navigate their way home. **7.30** A look at how millions of birds fly as one
8.00 **Little Giants** Bradley and Billy search for a predator called the sugar glider. **8.30** A search for the vicious Cape mole-rat.
9.00 **The Zoo** Following surgery, Olga the ostrich is ready to be reunited with her flock, and a new squirrel monkey arrives.
10.00 **Tanked** NFL star Adrian Peterson orders a classy aquarium he plans to make more precious than his trophy cabinet.
11.00 **Alaska: The Last Frontier** The Kilcher family's Thanksgiving feast goes mobile.
12.00 M'T **Fish or Die** The anglers try to hook a giant trevally.
1.00 AM **Saved by the Barn**
2.00 **Mountain Monsters**
3.00 **Little Giants** Double bill.
4.00 **to 5.00** AM **The Zoo**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **The Inner Portrait**
8.30 **Drain the Titanic: A Ship Reborn** Documentary.
9.30 **Titanic: The Digital Resurrection** Documentary.
11.00 **Vikings: The Rise and Fall**
1.00 PM **D-Day Revealed: Drain the Oceans** D-Day wrecks.
2.00 **Liberation: D-Day to Berlin** Four editions, including at: **4.00** Hitler's surprise attack into liberated Belgium.
6.00 **Lost Treasures of Arabia** New edition Exploring Nabatean cities like Petra.


9.00 Naming the Dead

7.00 **Genghis Khan: The Secret History of the Mongols** New edition The rise to power of the ruthless Mongol leader.
8.00 **Lost Ships of WW2** New edition A hunt for *Musashi*, the biggest battleship ever built.
9.00 **Naming the Dead** New edition In 1961, a body was found crushed under ice in Nebraska.
9.55 **Construction Fails** A ship breaks a Baltimore bridge, and a Manhattan crane catches fire.
10.55 **Air Crash Investigation** The case of Sriwijaya Air Flight 182, which crashed into the Java Sea after a hard left bank.
11.55 **Air Crash Investigation**
1.55 AM **Inside Airport Lost & Found** Vintage rackets.
2.55 **Food Factory** Double bill.
3.45 **Abandoned** Double bill.
4.35 **to 5.00** AM **Bid & Destroy**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Pawn Stars**
8.00 **Alone** Survival challenge.
9.00 **Storage Wars**
12.00 NOON **Ozzy & Jack's American Road Trip** Five editions, including at: **4.00** The Osbournes explore Memphis, Tennessee.
5.00 PM **Digging Up Britain's Past** Experts seek a lost garden planted in 1592 for an event attended by Elizabeth I. **6.00** Raksha Dave and Alex Langlands visit one of Britain's best-preserved Roman sites.

5.00 Digging Up Britain's Past

7.00 **Medieval Murder Mysteries** The killing of brilliant but controversial young playwright Christopher Marlowe.
8.00 **Medieval Murder Mysteries** The suspicious death of Elizabethan noblewoman Amy Dudley, the wife of Robert Dudley.
9.00 **Royal Murder Mysteries** The controversial life of Prince Albert Victor, who was even a suspect in the Jack the Ripper case.
10.00 **Royal Murder Mysteries** The story of royal doctor Bertrand Dawson, who admitted to performing euthanasia on George V.
11.00 **History's Most Shocking** Footage of real-life events, including an exploding whale, an alligator attack, a disaster at Dallas Airshow and mayhem on a ski lift.
12.00 M'T **The UnBelievable with Dan Aykroyd** Exploring the strangest crimes in history.
1.00 AM **Storage Wars**
4.00 **to 6.00** AM **Ancient Aliens**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Antiques Roadshow**
8.00 **Great Canal Journeys**
11.00 **Bangers & Cash**
2.00 PM **FILM The Square Peg** World War Two comedy starring Norman Wisdom. (1958, b/w, U, 89min) ★★★
4.00 **The World at War** Bomber Command is unable to hit its targets precisely.
5.00 **Canal Boat Diaries** Robbie Cumming journeys from Braunston to Lapworth. **6.00** Exploring the waterways of inner city Birmingham.

2.00 The Square Peg

7.00 **This World: Cuba with Simon Reeve** A look at how economic liberalisation has affected Cubans and their society.
8.00 **Bangers & Cash: Restoring Classics** The team purchase a 1972 VW Fastback and pick up a 40-year-old police bike.
9.00 **Bangers & Cash** Paul and Kate collect a Series 1 Land Rover, while Jack collects a wartime paratrooper's bike.
10.00 **Bangers & Cash** Derek heads to County Durham where a man is reluctantly letting his late father's car collection go.
11.00 **Bangers & Cash: Restoring Classics** A rare Reliant Scimitar GTC and a Honda CBR superbike are restored. **12.00** M'T The team are on the hunt to restore one of the greatest names in motoring history – the Bugatti.
1.00 **to 3.00** AM **Bangers & Cash**

+1 hour 255 329

7 PM
8 PM
9 PM
10 PM

Sunday

Quest

144 149 137 12 144 17

6.00 AM **Incredible Engineering Blunders: Fixed** Double bill.
8.00 **Find It, Fix It, Flog It**
12.00 NOON **Money for Nothing** Triple bill.
3.00 PM **The Yorkshire Auction House** Triple bill.
6.00 **Johnny Vegas' Little Shop of Antiques**
7.00 **Cycling: Vuelta a España** Stage two.
8.00 **Salvage Hunters**
9.00 **The Yorkshire Auction House** A warehouse full of collectibles is cleared to fund a luxury holiday. **10.00** A collection of radio equipment. **11.00** Thirty years' worth of collectibles.
12.00 M'T **Massive Engineering Mistakes**
1.00 AM **Aircrash Confidential**
2.00 **Destroyed in Seconds**
4.00 **to 5.00** AM **How It's Made**

+1 hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes... Atlanta**
8.00 **Say Yes...Lancashire**
9.00 **Say Yes to the Dress**
10.00 **Say Yes... Atlanta**
11.00 **Curvy Brides Boutique**
12.00 NOON **FBI Files**
3.00 PM **A Killer's Mistake**
7.00 **A Killer's Mistake** Examining the crimes of Rahim Mohammadi. **8.00** Detectives uncover a web of lies when firefighter Bob Poynter is killed. **9.00** Toronto's most prolific serial killer. **10.00** The crimes of Malcolm Webster.
11.00 **Murder on CCTV** The case of Jessica Padgett.
12.00 M'T **Boris Johnson: A Faking It Special**
1.00 AM **Ted Bundy: A Faking It Special**
2.00 **Murder Comes to Town**
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
6.05 **Storm of Suspicion** A lack of evidence leaves detectives frozen in the investigation of missing mother-to-be Mary Ann Powell.
7.00 **Bloodline Detectives** Human remains found in 1994 start a long search to identify a killer. **8.00** In 1986, police struggle to find a young mother's killer.
9.00 **The Killer You Know** Examining the stories of how hatred and greed led four killers to enact their revenge. **10.00** Police officers are stunned by three murder cases in which the victim and killer share blood.
11.00 **Cold Justice** Triple bill.
2.00 AM **Medical Detectives**
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Evidence of Evil**
2.00 PM **Medical Detectives** Investigators must sift through the ashes at the scenes of several fires. **2.30** When a woman is found dead, it initially looks like suicide. **3.00** A series of deaths span two continents. **3.30** A skilled bomber is on the loose after a woman is killed. **4.00** A killer attempts to destroy all evidence linked to his crime. **4.30** Investigating the death of a young girl.
5.00 **Shocking Crimes: Murder Book** A team of investigators try to unravel the mystery of a missing retiree.
6.00 **Judge Judy** Real-life small-claims cases.
2.00 AM **Teens Who Kill**
4.00 **48 Hours**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Motorway Patrol**
9.00 **Caught Red Handed**
1.15 PM **Caught on Dashcam**
2.15 **World's Most Evil Killers**
3.15 **How I Caught the Killer**
4.15 **Death on the Beach**
7.15 **Catching a Serial Killer: Bruce McArthur**
9.00 **NEW SERIES Gilgo Beach Killer: House of Secrets** A look inside the home of the alleged Gilgo Beach killer. **10.10** New edition 2/3. The feverish hunt for information after Rex Heuermann was arrested.
11.25 **John Wayne Gacy: Devil in Disguise**
12.30 AM **Killer in My Village**
1.25 **The Real Manhunter**
2.15 **Murders That Shocked the Nation**
3.10 **Love You to Death**
4.00 **Stop, Search, Seize**
5.00 **to 6.00** AM **Send in the Dogs**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **Grand Tours of the Scottish Islands**
8.40 **Besieged Fortresses, Legendary Battles**
11.00 **One PM Central Standard Time**
1.00 PM **Besieged Fortresses, Legendary Battles**
3.20 **The Vietnam War** Hanoi lays plans for a surprise offensive. **5.15** North Vietnamese and Viet Cong forces launch surprise attacks. **7.10** Nixon wins the presidency, promising law and order at home and peace overseas. **9.35** President Nixon begins withdrawing US troops, and news breaks of a massacre carried out by American soldiers.
12.00 M'T **Besieged Fortresses, Legendary Battles** Focusing on the Siege of Orléans.
1.10 **to 2.00** AM **Grand Tours of the Scottish Islands**

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **Discovering: Whoopi Goldberg**
7.00 **Discovering: Jodie Foster**
8.00 **The Directors**
10.00 **Enigma** Documentary.
12.00 NOON **Elizabeth Taylor: The Lost Tapes** Documentary.
2.00 PM **I Am Raquel Welch**
3.45 **My Icon: Denise Lewis**
4.00 **The Yardbirds**
5.50 **How the Beatles Changed the World** The story of how four young men from Liverpool transformed the world for ever.
8.00 **Boyzone: No Matter What** 1-3/3. Documentary about the boy band, featuring rare interviews with the members.
11.00 **Tina** A celebration of Tina Turner's life and career.
1.20 AM **The Great Horsemeat Scandal** Documentary.
2.00 NEW SERIES **The Yogurt Shop Murders** 1/4. The story of the 1991 killing of four teenage girls in Austin, Texas.
3.15 **Fake Famous** Documentary about social media influencers.
5.00 **to 6.00** AM **The Directors**

Sky Nature

145 113/114 189 354 369

6.00 AM **Amazing Animal Friends**
8.00 **Gladiators** Double bill.
10.00 **Whale with Steve Backshall**
1.00 PM **Whale with Steve Backshall** Documentary.
2.00 **Impossible Animals**
3.00 **Planet Weird** Triple bill.
6.00 NEW SERIES **Deep Dive North America** Wildlife biologist Lizzie Daly explores North America's coastlines.
7.00 **Micro Monsters with David Attenborough** The broadcaster explores the battles and rivalries within the world of bugs.
7.30 A look at how creepy-crawly predators defuse the defences of their prey.
8.00 Courtship in the bug world.
8.30 The mating habits of bugs.
9.00 Bugs that prefer co-operation to conflict.
9.30 Insect colonies.
10.00 **Great Blue Wild**
12.00 M'T **Land of the Far North**
2.00 AM **Wild Crusades: The Monkey Diaries**
3.00 **to 6.00** AM **Ningaloo: Australia's Ocean Wonder**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
9.00 **Britain's Most Historic Towns**
11.00 **Digging for Britain**
2.00 PM **Curse of the Ancients**
3.00 **Britain's Most Historic Towns**
6.00 **Digging for Britain** Focusing on digs in the north of Britain.
7.00 The best discoveries of 2018 in the east of the UK.
8.00 The best discoveries of 2018 from the west of the UK.
9.00 **Royal Autopsy** Alice Roberts delves into the life and death of Queen Anne, who shockingly endured 17 failed pregnancies.
10.00 **Britain in Colour** A vivid portrait of the Royal Family from the late 19th century.
11.00 **Close Encounters** A possible sighting in France becomes one of the most investigated cases in UFO history.
11.30 A former naval officer sees five bright lights in the sky.
12.00 M'T **Ancient Aliens**
3.00 AM **Britain in Colour**
4.00 **Royal Autopsy** As 9.00pm.
5.00 **to 6.00** AM **Craig Charles: UFO Conspiracies**

Crime+Investigation

156 142 133

6.00 AM **Robbie Coltrane's Critical Evidence** Double bill.
8.00 **Crimes That Shook Britain**
10.00 **Murdertown**
11.00 **Nightmare in Suburbia**
1.00 PM **Killer Britain with Dermot Murnaghan** Double bill.
3.00 **Murder By Medic**
7.00 **When Missing Turns to Murder** A disappearance from a family home in 2002.
8.00 **The Real Murders of Atlanta** A young mother is shot dead.
9.00 **The Toolbox Murders** Series finale 2/2. As the legal aftermath of the murders unfolds, the criminal connections and psychological dynamics behind the crimes come to light.
10.00 **Cold Case Files** A teacher is found dead in her apartment.
11.00 **Last Night Out**
12.00 M'T **Secrets of Penthouse**
1.00 AM **Secrets of the Hells Angels**
2.00 **Murder By Medic**
3.00 **The Toolbox Murders**
4.00 **to 6.00** AM **Green Eyed Killers**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **The Incredible Dr Pol**
10.00 **Wild Mongolia: Land of Extremes**
11.00 **Savage Kingdom**
1.00 PM **Mega Hammerhead**
2.00 **Killer Shark vs Killer Whale**
3.00 **Perfect Predator**
4.00 **Secrets of the Zoo: Tampa**
6.00 **Critter Fixers: Country Vets** New edition The vets perform a check-up on a pregnant pug.
7.00 **Europe's New Wild** Efforts to save a rare species of bear in Italy and Croatia.
8.00 **Hunt for the Giant Squid** Experts try to photograph the creature in its natural habitat.
9.00 **Titans of the Sea: A Family Affair** Documentary following a family of sperm whales off the coast of Mauritius.
10.00 **Australia's Land of the Ancients** The ancient landscape of northeastern Australia.
11.00 **Snakes in the City**
12.00 M'T **Alaska: The Next Generation** Double bill.
2.00 AM **Secrets of the Zoo**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **Shed and Buried**
9.00 **The Antiques Brothers**
12.00 NOON **Combat Dealers**
3.00 PM **World's Greatest Motorcycle Rides** Triple bill.
6.00 **Blowing Up History** Archaeologists use pioneering technology to investigate the ancient city of Samarra.
7.00 Archaeologists uncover the engineering secrets behind lost coliseums of Rome.
8.00 Focusing on the legendary city of Xanadu, using aerial imaging and CGI to investigate the truth behind this mythical lost city.
9.00 **Salvage Hunters: The Restorers** Gill uses an old vinyl to rescue a 120-year-old Chinese writing table.
10.00 Upholsterer Craig is apprehensive about repairing an extremely rare leather sofa.
11.00 Blacksmith Nev revamps a 19th century weathervane.
12.00 M'T **Shed and Buried**
2.00 **to 5.00** AM **Combat Dealers**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 151

9.00 AM **Inside the Vets**
1.00 PM **Inside the Vets**
7.00 **Inside the Vets** A pet belonging to a staff member fights for its life, and vets try to work out why a greyhound has lost all the power in its back legs.
8.00 A dog is brought in bleeding heavily from an injured tail, while the team also treat a parakeet and a lizard.
9.00 A dog ends up suffering from stress after sharing its home with a cheetah, while a tiny puppy needs treatment for a head injury.
10.00 A 17-year-old cat has life-threatening surgery, while the vets also have two troublesome rats and a badly behaved puppy on their hands.
11.00 The staff attempt to save a 104-year-old tortoise's eyesight, while a bearded dragon has suffered a leg injury.
12.00 M'T **Inside the Vets**
4.30 AM **999 Rescue Squad**
5.20 **to 6.00** AM **The Bill**

+1 hour 266 376

ID

154 141 166

8.00 AM **The Killer in My Family**
10.00 **Who the (Bleep) Did I Marry?**
12.00 NOON **Disappeared**
2.00 PM **Murder in the Heartland**
4.00 **Southern Fried Homicide**
6.00 **Home Sweet Homicide** The 2013 murder of basketball coach Jimmy McClain.
7.00 The case of Cody MacPherson, who having moved to New Jersey seeking work disappeared after a night of partying with friends.
8.00 **Disappeared** Investigating the case of missing mother-of-three Joey Lynn Offutt.
9.00 **What Happened at Fells Acres?** The allegation of sexual abuse at a family-run day-care in Malden, Massachusetts.
10.00 **The Playboy Murders** A man from a Playmate's past becomes a murder suspect.
11.00 **Who Killed Biggie and Tupac?**
12.00 M'T **Two Shallow Graves**
2.00 AM **I Am Homicide**
4.00 **to 6.00** AM **The Perfect Suspect**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **American Chopper**
10.00 **How It's Made: Dream Cars**
11.00 **G.A.S. Extreme Customs**
12.00 NOON **Shorty's Dream Shop**
5.00 PM **Planes That Never Flew** A look at the British-designed Saunders-Roe SR177.
6.00 A look at the SST, America's answer to Concorde.
7.00 **Wheeler Dealers** Mike Brewer and Elvis Priestley snap up a bargain Mitsubishi Shogun.
8.00 Mike discovers a true 1990s Japanese legend – the Nissan 300ZX twin turbo.
9.00 Mike finds a Land Cruiser FJ60, but the original four-speed transmission holds it below motorway speeds.
10.00 Mike unearths a 1973 Toyota Celica – but almost everything needs work.
11.00 Mike and the team are excited when a legendary 1991 Toyota MR2 Turbo is found.
12.00 M'T Mike restores a 1994 Mitsubishi 3000GT VR-4.
1.00 **to 5.00** AM **American Chopper**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.30 AM **Saturday Night** Comedy. (2024, 15, 109min) ★★★★
8.30 **Wicked** Musical fantasy. (2024, PG, 160min) ★★★★
11.10 **Sonic the Hedgehog 3**
1.05 PM **Into the Wonderwoods**
2.35 **The Surfer** As 8.00pm.
4.25 **September 5** Fact-based thriller with Peter Sarsgaard. (2024, 15, 95min) ★★★★
6.05 **Sonic the Hedgehog 3** Fantasy adventure sequel. (2024, PG, 110min) ★★★

9.50 Night Call

8.00 The Surfer Thriller starring Nicolas Cage and Julian McMahon. A father returns to the beach of his childhood to surf, but is drawn into a conflict with local thugs. (2024, 15, 100min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 PREMIERE Night Call French-Belgian thriller starring Jonas Bloquet. After responding to an emergency call, a locksmith gets caught in the crosshairs of a ruthless mob boss. Subtitled. (2024, 15, 97min) ★★★★
See review, page 23.
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **Heart Eyes** Horror comedy. (2025, 15, 97min) ★★★★
1.10 AM **The Mountain** Comedy. (2024, PG, 89min) ★★★★
2.45 **Into the Wonderwoods** Animation. (2024, PG, 81min)
4.15 **to 6.05** AM **The Room Next Door** Drama with Tilda Swinton. (2024, 12, 102min) ★★★★

Sky Cinema Hits

303 303 403 503 517

6.00 AM **Antz** (1998, PG) ★★★
7.25 **Robin and the Hoods** Comedy. (2024, PG, 101 min) ★★
9.10 **Star Trek Into Darkness** Sci-fi. (2013, 12) ★★★★
11.25 **Spider-Man** Fantasy adventure. (2002, 12, 121 min) ★★★★
1.30 PM **Spider-Man 2** Fantasy sequel. (2004, PG) ★★★★
3.40 **Spider-Man 3** Fantasy sequel. (2007, 12, 139min) ★★★
6.00 **Madame Web** Fantasy. (2024, 12, 116min) ★★★

6.00 Madame Web

8.00 Lost in Translation Comedy drama starring Bill Murray and Scarlett Johansson. A Hollywood actor and a young woman strike up a friendship in a Tokyo hotel. (2003, 15, 102min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 Wimbledon Romantic sports comedy starring Paul Bettany and Kirsten Dunst. A lowly ranked British tennis player enjoys an unexpected winning streak at Wimbledon after he falls in love with a rising American star. (2004, 12, 98min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 **Django Unchained** Quentin Tarantino's Oscar-winning Western starring Jamie Foxx. (2012, 18, 165min) ★★★★
2.10 AM **This Is 40** Comedy. (2012, 15, 135min) ★★★
4.25 **to 6.00** AM **Under the Boardwalk** Animated comedy. (2023, PG, 83min) ★★★

Sky Cinema Drama

310 310 410 510 524

6.35 AM **Funny Girl** As 5.20pm.
9.15 **The Young Messiah** Biblical drama. (2016, 12, 111min) ★★
11.20 **A Nice Indian Boy** As 2.10am.
1.10 PM **It Ends with Us** Romantic drama. (2024, 15, 125min) ★★★
3.30 **Golda** As shown at 12.25am.
5.20 **Funny Girl** Musical biopic starring Barbra Streisand as singer-comedian Fanny Brice. (1968, U, 169min) ★★★★

8.00 Joker: Folie à Deux Musical thriller starring Joaquin Phoenix and Lady Gaga. Comedian Arthur Fleck meets the love of his life while incarcerated at Arkham State Hospital. (2024, 15, 138min) ★★★★
10.20 Mother! Thriller with Jennifer Lawrence and Javier Bardem. A secluded couple's relationship is tested when uninvited guests arrive at their home, disrupting their peaceful existence. (2017, 18, 121min) ★★★★

12.25 AM **Golda** Biopic starring Helen Mirren. (2023, 12, 100min) ★★
2.10 **A Nice Indian Boy** Romantic comedy. (2024, 12, 96min) ★★★
3.55 **I Used to Be Funny** Comedy drama. (2023, 15, 105min) ★★★
5.50 **to 7.35** AM **Cicada** Drama. (2020, 15, 96min) ★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.30 AM **The Cinema List: Star Trek**
6.45 **Chappie** Sci-fi action thriller. (2015, 15, 120min) ★★
8.50 **The Purge** Horror thriller. (2013, 15, 85min) ★★★
10.30 **Blade Runner** As 9.50pm.
12.30 PM **Ready Player One** Sci-fi adventure starring Tye Sheridan. (2018, 12, 140min) ★★★★
2.55 **Ouija** Horror starring Olivia Cooke. (2014, 15, 87min) ★★

4.35 **Ouija: Origin of Evil** Supernatural horror prequel. (2016, 15, 99min) ★★★
6.20 **A Quiet Place** Horror starring Emily Blunt and John Krasinski. (2018, 15, 90min) ★★★★
8.00 **A Quiet Place: Day One** Horror prequel starring Lupita Nyong'o. (2024, 15, 100min) ★★★★
9.50 **Blade Runner** Ridley Scott's thriller starring Harrison Ford as the bounty hunter in pursuit of five highly dangerous 'replicants.' (1982, 15, 130min) ★★★★★

12.00 M'T **I.S.S** Sci-fi drama. (2023, 15, 95min) ★★★
1.45 AM **The Purge: Election Year** Action horror sequel with Frank Grillo. (2016, 15, 108min) ★★★
3.45 **Friendship's Death** Sci-fi drama. (1987, 15, 78min) ★★★
5.20 **to 7.10** AM **Ouija: Origin of Evil**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

7.20 AM **Spy Kids 3: Game Over** Action comedy sequel. (2003, U, 84min) ★★★
8.50 **Bookworm** (2024, 12) ★★★★
10.50 **Peter Rabbit** (2018, PG) ★★★
12.30 PM **Wonka** Fantasy adventure. (2023, PG, 116min) ★★★★
2.35 **Johnny English Reborn** Spoof sequel. (2011, PG) ★★★
4.25 **Stuart Little** Fantasy. (1999, U, 84min) ★★★★★
6.00 **Stuart Little 2** Fantasy sequel. (2002, U, 78min) ★★★★

7.25 Peter Rabbit 2

7.25 Peter Rabbit 2: The Runaway Family comedy adventure sequel. (2021, U, 93min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 The Spiderwick Chronicles Fantasy adventure starring Freddie Highmore. Three teenage siblings find their great-great uncle's guide to the fantastical world. (2008, PG, 91min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.40 Big Fat Liar Teen comedy starring Frankie Muniz and Paul Giamatti. (2002, PG, 88min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Pups United** Adventure. (2015, U, 89min) ★★★
1.45 **Harriet the Spy** Family comedy adventure. (1996, PG, 97min) ★★★★
3.30 **Blueback** Family drama. (2022, PG, 102min) ★★★
5.15 **to 6.30** AM **Friend or Foe** Drama. (1981, U, 70min) ★★★

Sky Cinema Action

307 307 407 507 521

6.05 AM **The Cinema List**
6.20 **The Young Master** As 4am.
8.10 **Bad Boys for Life** Action sequel. (2020, 15) ★★★
10.15 **The Legend of Zorro** Adventure. (2005, PG) ★★★
12.30 PM **Kong: Skull Island** Action adventure. (2017, 12) ★★★★
2.30 **Justice League** (2017, 12) ★★
4.35 **Ghost Rider: Spirit of Vengeance** (2012, 12) ★★
6.15 **300: Rise of an Empire** Fantasy. (2014, 15) ★★★

6.15 300: Rise of an Empire

8.00 Shazam! Comedy adventure starring Zachary Levi. Youngster Billy Batson is chosen by the ancient wizard Shazam as his new champion, and receives various superpowers. With Mark Strong, Asher Angel and Djimon Hounsou. (2019, 12, 132min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 Mad Max: Fury Road Sci-fi action thriller starring Tom Hardy and Charlize Theron. (2015, 15, 120min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Young Guns II: Blaze of Glory** Western sequel. (1990, 15, 104min) ★★★
2.20 **Yes, Madam!** Action comedy. (1985, 18, 93min) ★★★
4.00 **The Young Master** Action comedy starring Jackie Chan. (1980, 15, 86min) ★★★
5.55 **to 8.15** AM **Fury** World War Two drama starring Brad Pitt. (2014, 15, 134min) ★★★

Sky Cinema Comedy

308 308 408 508 522

7.00 AM **HouseSitter** Comedy. (1992, PG, 102min) ★★★
8.45 **Mamma Mia!** Musical. (2008, PG, 108min) ★★★★
10.40 **Mamma Mia! Here We Go Again** (2018, PG) ★★★★
12.40 PM **A Night at the Roxbury** Comedy. (1998, 15, 82min) ★
2.05 **Yesterday** (2019, 12) ★★★
4.10 **School of Rock** Comedy. (2003, PG, 109min) ★★★★
6.05 **Miss Congeniality** Comedy. (2000, 12, 109min) ★★★★

4.10 School of Rock

8.00 Miss Congeniality 2: Armed and Fabulous Crime comedy sequel starring Sandra Bullock. The kidnapping of the reigning Miss United States reawakens FBI agent Gracie Hart's crime-fighting instincts. (2005, 12, 113min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 My Big Fat Greek Wedding 2 Romantic comedy sequel with Nia Vardalos and John Corbett. (2016, 12, 94min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **The Nutty Professor** Comedy remake starring Eddie Murphy. (1996, 12, 95min) ★★★
1.20 AM **Nutty Professor II: The Klumps** Comedy sequel. (2000, 12, 105min) ★★★
3.20 **A Night at the Roxbury** Spin-off comedy from *Saturday Night Live*. (1998, 15, 82min) ★
4.50 **to 6.25** AM **Blades of Glory** Slapstick sports comedy. (2007, 12, 93min) ★★★

Sky Cinema Thriller

309 309 409 509 523

6.10 AM **Some Other Woman** Thriller. (2023, 15) ★★★
7.50 **Jack Reacher: Never Go Back** Thriller sequel. (2016, 12) ★★★
9.50 **Vertigo** Hitchcock thriller. (1958, PG, 128min) ★★★★★
12.00 NOON **The Surfer** As 10.15pm.
1.50 PM **Contraband** Thriller. (2012, 15, 105min) ★★★
3.45 **Promising Young Woman** Thriller. (2020, 15) ★★★★
5.40 **Vanilla Sky** Fantasy drama. (2001, 15, 136min) ★★★

5.40 Vanilla Sky

8.00 The Accountant Action thriller starring Ben Affleck and Anna Kendrick. A man with autism moonlights as a money launderer for the Mob, but the Treasury Department soon closes in. With Jon Bernthal and JK Simmons. (2016, 15, 123min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

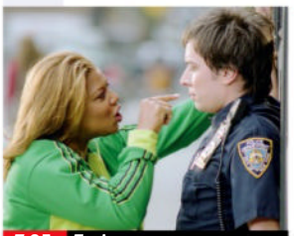
10.15 The Surfer Thriller starring Nicolas Cage and Julian McMahon. A father returns to the beach of his childhood to surf, but is drawn into a conflict with local thugs. (2024, 15, 100min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Law Abiding Citizen** Thriller. (2009, 18, 109min) ★★
1.50 AM **Serpico** Crime drama. (1973, 18, 130min) ★★★★
4.05 **Mob Cops** Crime drama. (2024, 15, 87min) ★
5.45 **to 7.45** AM **The Independent** Drama. (2022, 12) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **One Million Years BC** Adventure. (1966, PG) ★★★
1.05 PM **Hotel Transylvania 2** Animated comedy sequel. (2015, U, 89min) ★★★
2.50 **Sonic the Hedgehog** Fantasy. (2020, PG, 99min) ★★★
4.45 **Starman** Sci-fi fantasy. (1984, PG, 115min) ★★★★
7.05 **Taxi** Action comedy starring Queen Latifah and Jimmy Fallon. (2004, 12, 97min) ★★



7.05 Taxi

Taxi (film started at 7.05pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 Wrath of Man Guy Ritchie's crime thriller starring Jason Statham, Holt McCallany and Andy Garcia. A security guard displays unusual skills, which leaves his colleagues wondering about his shady past. (2021, 15, 119min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 Conan the Barbarian Action fantasy starring Jason Momoa and Rachel Nichols. A young warrior grows up determined to wreak revenge on the evil warlord who slew his father. (2010, 15, 112min) ★★
1.30 **to 3.45** AM **The Lighthouse** Thriller with Robert Pattinson and Willem Dafoe. (2019, b/w, 15, 109min) ★★★★

+1hour 314 430 47 301 257

Sky Cinema Fast

302 302 402 502 516

7.10 AM **The Fast and the Furious: Tokyo Drift** As 2.30am.
9.00 **Fast & Furious 7** As 4.55am.
11.20 **Fast & Furious 8** Action thriller sequel. (2017, 12, 136min) ★★★
1.40 PM **Fast & Furious Presents Hobbs & Shaw** Adventure. (2019, 12, 137min) ★★★
4.00 **The Fast and the Furious** Action thriller starring Vin Diesel. (2001, 15, 107min) ★★★

6.00 **2 Fast 2 Furious** Action thriller sequel. (2003, 12, 108min) ★★★
8.00 **Fast & Furious** Action thriller sequel, starring Vin Diesel and Paul Walker. A wanted man reunites with an old FBI agent pal to seek revenge on a drugs baron. (2009, 12, 107min) ★★★
10.00 **Fast & Furious 5** Action thriller sequel starring Vin Diesel and Paul Walker. A trio of car thieves assemble a crack team to steal a Rio de Janeiro drug lord's money. (2011, 12, 130min) ★★★

12.15 AM **Fast & Furious 6** Thriller sequel. (2013, 12, 125min) ★★★
2.30 **The Fast and the Furious: Tokyo Drift** Motor racing thriller. (2006, 12, 104min) ★★
4.20 **Sky Cinema Preview**
4.55 **to 7.15** AM **Fast & Furious 7** Thriller sequel. (2015, 12) ★★★★

Sky Cinema Greats

304 304 404 504 518

7.00 AM **True Grit** As 5.05am.
9.10 **The Firm** Legal thriller. (1993, 15, 155min) ★★★
11.45 **Scent of a Woman** Drama. (1992, 15, 157min) ★★★★
2.20 PM **The Golden Child** Fantasy. (1986, PG, 93min) ★★
4.05 **Enter the Dragon** Action thriller. (1973, 18, 97min) ★★★★
5.50 **In the Line of Fire** Thriller. (1993, 15, 127min) ★★★★

8.00 **Patriot Games** Action thriller starring Harrison Ford. A retired CIA agent becomes the target of a vengeful IRA man after foiling an assassination attempt on a British politician. With Anne Archer and Sean Bean. (1992, 15, 116min) ★★★
10.00 **Midnight Run** Comedy thriller starring Robert De Niro and Charles Grodin. A bounty hunter tries to bring in an embezzler wanted by both the FBI and the Mob. (1988, 18, 122min) ★★★★

12.10 AM **Rear Window** Hitchcock thriller starring James Stewart. (1954, PG, 112min) ★★★★★
2.10 **Five Easy Pieces** Cult drama. (1970, 15, 98min) ★★★★★
4.05 **Sky Cinema Preview**
5.05 **to 7.25** AM **True Grit** Western. (1969, PG, 128min) ★★★★★

Sky Cinema Kung Fu Panda

305 305 412 500 514

6.00 AM **Kung Fu Panda** As 7.20pm.
7.40 **Kung Fu Panda 2** As 9.00pm.
9.15 **Kung Fu Panda 3** As 10.35pm.
10.55 **Kung Fu Panda 4** As 5.40pm.
12.35 PM **Kung Fu Panda** As 7.20pm.
2.15 **Kung Fu Panda 2** As 9.00pm.
4.00 **Kung Fu Panda 3** As 10.35pm.
5.40 **Kung Fu Panda 4** Animated comedy adventure sequel featuring the voice of Jack Black. (2023, PG, 94min) ★★★

7.20 **Kung Fu Panda** Animated comedy adventure featuring the voices of Jack Black, Dustin Hoffman and Angelina Jolie. A tubby, lazy panda who dreams of becoming a martial arts master is unexpectedly called upon to be a hero. (2008, PG, 92min) ★★★★
9.00 **Kung Fu Panda 2** Animated comedy adventure sequel with the voices of Jack Black, Gary Oldman and Angelina Jolie. (2011, PG, 90min) ★★★★

10.35 **Kung Fu Panda 3** Animated comedy adventure sequel with the voice of Jack Black. (2016, PG, 95min) ★★★★
12.15 AM **Kung Fu Panda 4** (2023)
1.55 **Kung Fu Panda** As 7.20pm.
3.35 **Kung Fu Panda 2** As 9.00pm.
5.10 **to 6.50** AM **Kung Fu Panda 3**

Movies 24

312 313 419

7.00 AM **The Engagement Back-Up** Comedy. (2022, PG, 91min) ★★
9.00 **The Love Subscription** Comedy. (2023, PG, 86min) ★★
11.00 **Love Hacks** Romantic drama. (2022, PG, 90min) ★★
1.00 PM **Married By Mistake** Comedy. (2023, PG, 88min) ★★
3.00 **PREMIERE Mystery Island: Play for Keeps** Crime drama. (2025, PG, 90min) ★★

5.00 **Campfire Romance** Romantic comedy. (2022, PG, 90min) ★★
7.00 **The Blessing Bracelet** Drama. (2023, PG, 90min) ★★
9.00 **Girlfriendship** Romantic comedy starring Tamera Mowry-Housley. A booking mix-up turns a woman's birthday getaway into a week-long journey where she and her friends rediscover their purpose. (2022, PG, 84min) ★★
11.00 **The Wedding Cottage** Comedy. (2023, PG, 84min) ★★

1.00 AM **To Her, With Love** Romantic drama starring Skye P Marshall. (2022, PG, 84min) ★★
3.00 **to 5.00** AM **You, Me, and that Mountain Retreat** Romantic comedy. (2023, PG, 86min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Emergency** Thriller. (1963, b/w, U, 63min) ★★
7.10 **Not So Dusty** Comedy. (1956, b/w, U, 90min) ★★
8.45 **The Fly** Classic horror tale. (1958, PG, 95min) ★★★★
10.35 **The Beverly Hillbillies** (S1)
11.10 **The Stranger Wore a Gun** Western. (1953, U, 83min) ★★
12.50 PM **Worzel Gummidge** (S3)
1.25 **Batman** 31/60. (S2)

2.00 **The Last Day of Trolley Bus 666 Edgware**
2.15 **Doctor in Clover** Comedy. (1966, PG, 101min) ★★★
4.15 **Look at Life**
4.30 **The Vise** 7/39. (S1)
5.00 **The Footage Detectives**
6.00 **The Four Feathers** Period adventure with John Clements. (1939, U, 130min) ★★★★★
8.15 **Look at Life**
8.30 **It's the Only Way to Go**
9.05 **The Wheeltappers and Shunters Social Club**

10.10 **Adventures of a Plumber's Mate** Comedy. (1978, 18) ★
11.55 **A Rage to Live** Melodrama. (1964, 15, 101min) ★★★
2.00 AM **The Heritage Chart Show**
3.05 **Stars in Your Eyes** (1956) ★★★
5.00 **to 6.00** AM **A Home for Max Miller** Documentary.

8 PM
9 PM
10 PM
11 PM

Sunday

Sky Sports Main Event

401 401 511 501 419 439

- 6.00 AM **Sky Sports Catch Up**
- 7.00 **Goals on Sunday**
- 9.00 **The Sunday Supplement**
- 11.00 **LIVE SPFL St Mirren v Rangers.** The Scottish Premiership match at the SMISA Stadium. Kick-off **12.00noon**.
- 1.00 PM **LIVE Premier League Everton v Brighton & Hove Albion.** Coverage of the top-flight match from Hill Dickinson Stadium, as Everton play their first competitive senior fixture at their new ground. Kick-off **2.00pm**.
- 4.00 **LIVE Super Sunday Fulham v Manchester United.** Coverage of the Premier League match at Craven Cottage. Kick-off **4.30pm**.
- 7.30 **LIVE PGA Tour Golf** Coverage of the fourth and concluding day of the Tour Championship staged at East Lake Golf Club in Atlanta.
- 11.00 **LIVE US Open Tennis** Day one of the Grand Slam at the USTA Billie Jean King National Tennis Center. *See feature, page 28.*
- 2.30 AM **LIVE US Open Tennis** Continued coverage of day one of the Grand Slam in New York.
- 5.30 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

- 6.00 AM **Premier League Highlights**
- 9.00 **The Sunday Supplement**
- 11.00 **Super Sunday Pre-Match**
- 1.00 PM **LIVE Super Sunday Crystal Palace v Nottingham Forest.** Coverage of the Premier League match staged at Selhurst Park. Kick-off **2.00pm**.
- 4.00 **LIVE Super Sunday Fulham v Manchester United.** Coverage of the Premier League match staged at Craven Cottage, where the hosts are seeking a first home win in this fixture since December 2009. Kick-off is at **4.30pm**.
- 7.30 **Transfer 360** Edwin Van Der Sar.
- 8.00 **Premier League Stories**
- 8.30 **Premier League Highlights** Bournemouth v Wolves.
  9.00 Brentford v Aston Villa.
  9.30 Arsenal v Leeds United
  10.00 Highlights from Everton v Brighton & Hove Albion.
  10.30 Action from Crystal Palace v Nottingham Forest.
  11.00 Fulham v Manchester United at Craven Cottage.
- 11.30 **Premier League Highlights**
- 3.00 AM **PL Greatest Games**
- 4.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 513 503 421 441

- 6.00 AM **EFL Highlights**
- 11.00 **LIVE SPFL St Mirren v Rangers.** Coverage of the Scottish Premiership match staged at the SMISA Stadium. St Mirren fared well in matches against the Gers last term, winning two, drawing one and losing just one of the four meetings between the sides. Kick-off **12.00noon**.
- 2.30 PM **EFL Highlights**
- 7.00 **SPFL** St Mirren v Rangers.
- 9.00 **EFL League One Goals** A round-up of strikes from the division.
- 9.30 **EFL League Two Goals**
- 10.00 **SPFL Highlights** St Mirren v Rangers at The SMISA Stadium.
- 10.15 **EFL Highlights** Action from Birmingham City v Oxford United.
  10.30 Coventry City v QPR.
  10.45 Highlights from Norwich City v Middlesbrough.
- 11.00 **EFL Greatest Games**
- 12.00 M'T **Championship Retro** Watford v Leicester City in the 2013 play-off semi-final.
- 2.00 AM **EFL Greatest Games**
- 4.00 **EFL Cup** Manchester United v Southampton in the 2017 final.
- 5.00 **to 6.00** AM **SPFL Special: Celtic's Invincibles**

Sky Sports Cricket

405 405 514 504 422 442

- 6.00 AM **The Hundred**
- 9.15 **The Hundred Bitesize**
- 10.45 **LIVE The Hundred Welsh Fire Women v Trent Rockets Women.** Coverage from Sophia Gardens. Start-time **11.00am**.
- 2.00 PM **LIVE The Hundred Welsh Fire Men v Trent Rockets Men.** Coverage of the match at Sophia Gardens. Start-time **2.30pm**.
- 5.30 **LIVE The Hundred Manchester Originals Men v Birmingham Phoenix Men.** Coverage of the game at Emirates Old Trafford. Start-time **6.00pm**.
- 9.00 **The Hundred Bitesize** Welsh Fire Men v Trent Rockets Men.
  9.15 Action from Welsh Fire Women v Trent Rockets Women.
  9.30 Manchester Originals Women v Birmingham Phoenix Women.
  9.45 Manchester Originals Men v Birmingham Phoenix Men.
- 10.00 **The Hundred** Another chance to see Manchester Originals Women v Birmingham Phoenix Women.
- 1.05 AM **Ashes Greats**
- 1.15 **The Hundred Bitesize**
- 2.00 **The Hundred** A match replay.
- 5.30 **to 6.00** AM **The Hundred Bitesize**

Sky Sports Golf

406 406 515 505 423 443

- 6.00 AM **PGA Tour Golf**
- 11.00 **HotelPlanner Tour Golf**
- 11.30 **Countdown to the Ryder Cup**
- 12.00 NOON **LIVE DP World Tour Golf** Coverage of day four of the Betfred British Masters from the Belfry in Wishaw, Warwickshire.
- 5.00 PM **LIVE PGA Tour Golf** Coverage of the fourth and concluding day of the Tour Championship, the final event of the FedExCup play-offs held at East Lake Golf Club in Atlanta.
- 11.00 **PGA Tour Champions** Highlights from the Rogers Charity Classic.
- 12.00 M'T **PGA Tour Champions Learning Centre**
- 12.30 AM **HotelPlanner Tour Golf Highlights** Action from the Vierumaki Finnish Challenge.
- 1.00 **PGA Tour Golf**
- 2.00 **The Open Zone**
- 3.00 **DP World Tour Golf**
- 5.00 **to 6.00** AM **Nick Dougherty's Tee Time Tips**

TNT Sports 1

410 413 521 408 430

- 6.00 AM **Fishing: On the Bank**
- 7.00 **LIVE Snooker: Wuhan Open** The opening session of the first round from Wuhan Gymnasium, where the players will compete in best-of-nine-frame matches to progress to the next round.
- 10.00 **Premier League**
- 11.30 **U20 Intercontinental Cup**
- 12.30 PM **LIVE Snooker: Wuhan Open** Coverage of the second session of the first round in China.
- 3.30 **CPL Highlights**
- 4.00 **MLB Highlights**
- 5.00 **AFL** GWS Giants v St Kilda.
- 6.30 **Serie A** Sassuolo v Napoli.
- 7.30 **LIVE Serie A Juventus v Parma.** Coverage of the Italian top-flight match from Allianz Stadium. Kick-of is at **7.45pm**.
- 9.45 **TNT Sports Reload**
- 10.00 **Snooker Wuhan Open**
- 12.00 M'T **LIVE MLB New York Yankees v Boston Red Sox.** Coverage of the American League East match staged at Yankee Stadium. Start-time **12.00m't**.
- 3.15 AM **Serie A** Juventus v Parma.
- 4.15 **La Vuelta Men** Stage two.
- 5.15 **Premier League: Big Interview**
- 5.45 **to 6.00** AM **Training Day**

TNT Sports 2

411 414 522 409 431

- 5.30 AM **LIVE AFLW Essendon v West Coast Eagles.** Coverage of the match from Windy Hill in Melbourne. Bounce-up **5.35am**.
- 7.30 **Premier League: Big Interview**
- 8.00 **MotoGP** Grand Prix of Hungary.
- 8.30 **LIVE MotoGP** The Grand Prix of Hungary MotoGP warm-up.
- 9.00 **LIVE MotoGP** Coverage of the Grand Prix of Hungary Moto3 race.
- 11.00 **LIVE MotoGP** The Grand Prix of Hungary Moto2 race at Balaton Park Circuit in Balatonfokajár.
- 12.15 PM **LIVE MotoGP** The Grand Prix of Hungary MotoGP race staged at Balaton Park Circuit.
- 2.15 **MotoGP Chequered Flag**
- 3.15 **LIVE British Superbikes** The opening day at Cadwell Park.
- 6.00 **MLB Plays of the Week**
- 6.30 **LIVE MLB** Coverage of a Major League Baseball match.
- 9.45 **UFC** Walker v Mingyang.
- 12.45 AM **Playing for Our Future**
- 1.00 **LIVE NWSL San Diego Wave FC v Racing Louisville FC.**
- 3.15 **UEFA Champions League**
- 3.30 **British Superbikes**
- 4.00 **to 6.00** AM **Snooker Wuhan Open**

Sky Sports Action

412 410 517 507 426 446

- 6.00 AM **The Rugby Championship**
- 8.00 **Lions Legends** Player profiles.
- 8.30 **The Rugby Championship**
- 10.30 **Lions Legends**
- 11.00 **British and Irish Lions Tour**
- 2.00 PM **World Matchplay Darts** Another chance to see the final on day nine of the tournament at Winter Gardens in Blackpool.
- 4.30 **Lions Legends** Profiles.
- 5.15 **Super League Highlights**
- 5.30 **Lions Legends** Player profiles.
- 6.00 **British and Irish Lions Tour** Action from the three-match series between Australia and British & Irish Lions.
- 9.00 **The Rugby Championship** South Africa v Australia: A chance to see the match in the second round of fixtures at DHL Stadium.
- 11.00 **Lions Legends** A profile of Welsh number eight Mervyn Davies.
  11.15 A profile of Martin Johnson.
- 11.30 **The Rugby Championship** Argentina v New Zealand: Another chance to see the match in the second round of fixtures at José Amalfitani Stadium, Buenos Aires.
- 1.30 AM **Lions Legends**
- 2.00 **British and Irish Lions Tour** Australia v British & Irish Lions.
- 5.00 **to 6.00** AM **Lions Legends**

Sky Sports Sky Sports+

404 404 518 508 427 447

- 6.00 AM **Sky Sports Catch Up**
- 7.00 **Goals on Sunday**
- 9.00 **The Sunday Supplement**
- 11.00 **Super Sunday Pre-Match**
- 1.00 PM **Super Sunday Build-Up**
- 2.00 **Sports Sunday**
- 3.00 **LIVE US Open Tennis** Coverage of day one of the Grand Slam at the USTA Billie Jean King National Tennis Center, New York, where the first round is scheduled to get under way. The opening day of last year's tournament saw a pair of American players claim straight-set victories on Arthur Ashe Stadium, as Ben Shelton triumphed 6-4, 6-2, 6-2 over Dominic Thiem before Coco Gauff beat Varvara Gracheva 6-2, 6-0. *See feature, page 28.*
- 12.00 M'T **LIVE US Open Tennis** Further coverage of day one of the Grand Slam at the USTA Billie Jean King National Tennis Center in Flushing Meadows, New York.
- 2.30 AM **LIVE US Open Tennis** Continued coverage of day one of the Grand Slam at the USTA Billie Jean King National Tennis Center in Flushing Meadows, New York.
- 5.30 **to 6.00** AM **Sky Sports News**

Sky Sports Tennis

408 408 537 520 425 445

- 6.00 AM **ATP Tennis** Highlights.
- 8.00 **WTA Tennis** Monterrey Open.
- 10.00 **US Open Tennis**
- 11.00 **US Open 2025 Preview**
- 11.30 **Tennis** The 2024 US Open.
- 2.30 **US Open 2025 Preview**
- 3.00 **LIVE US Open Tennis** Coverage of day one of the Grand Slam staged at the USTA Billie Jean King National Tennis Center in New York. *See feature, page 28.*
- 2.30 AM **LIVE US Open Tennis** Continued coverage of day one of the Grand Slam at the USTA Billie Jean King National Tennis Center in Flushing Meadows, New York.
- 5.30 **to 6.00** AM **WTA & ATP Tennis**

Sky Sports Mix

416 412 510 429 449

- 6.30 AM **The Hundred Bitesize**
- 7.15 **Tennis** The 2024 US Open.
- 9.15 **LIVE NRLW Wests Tigers v North Queensland Cowboys.** Coverage from Leichhardt Oval.
- 11.00 **The Hundred Bitesize**
- 12.00 NOON **WTA Tennis**
- 1.55 PM **The Hundred Bitesize**
- 2.25 **LIVE The Hundred Manchester Originals Women v Birmingham Phoenix Women.** Coverage of the match from Emirates Old Trafford.
- 5.30 **The Hundred Bitesize**
- 6.00 **WTA Tennis** Cleveland Open.
- 7.00 **ATP Tennis** Winston-Salem Open.
- 8.00 **WTA Tennis** Monterrey Open.
- 9.00 **Spirit of Yachting**
- 9.30 **Tennis** Cincinnati Open.
- 11.00 **PGA Tour Champions**
- 12.00 M'T **PL Greatest Games**
- 1.00 AM **PDC Classics** Archive action.
- 3.00 **EFL Greatest Games**
- 4.00 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 3

413 415 523 410 432

- 6.00 AM **LIVE AFL** Coverage of a match from Australia.
- 9.00 **eSports Show** The latest news.
- 9.30 **Men's Cycling** Renewi Tour.
- 10.30 **SailGP Highlights**
- 11.30 **La Vuelta Men** The first stage.
- 12.30 PM **LIVE Cycling: La Vuelta Men** Coverage of stage two.
- 5.00 **Supertri E World Triathlon Championship** From Chicago.
- 6.00 **Fishing: On the Bank**
- 7.00 **MotoGP** Grand Prix of Hungary.
- 8.00 **MotoGP Chequered Flag**
- 9.00 **One Day International Cricket**
- 10.00 **La Vuelta Men** Stage two.
- 11.00 **British Superbikes** Highlights.
- 11.30 **LIVE CPL Saint Lucia Kings v Barbados Royals.** Coverage of the T20 match at Darren Sammy Cricket Ground in Gros Islet.
- 3.45 AM **One Day International Cricket** Australia v South Africa.
- 4.45 **TNT Sports Cricket Reload**
- 5.00 **to 6.00** AM **Fishing: On the Bank**

TNT Sports 4

414 416 524 411 434

- 5.30 AM **LIVE One-Day International Cricket Australia v South Africa.** Coverage of the third ODI in the three-match series from Great Barrier Reef Arena in Mackay.
- 1.00 PM **LIVE British Superbikes** Coverage of day one at the seventh round of the season at Cadwell Park in Lincolnshire.
- 6.00 **AFL** Another chance to see Western Bulldogs v Fremantle.
  7.30 Brisbane Lions v Hawthorn.
- 9.00 **LIVE MLB San Diego Padres v Los Angeles Dodgers.** The National League West match at Petco Park. Start-time **9.10pm**.
- 12.15 AM **Men's Cycling** Action from stage five of the Renewi Tour.
- 1.15 **Men's Cycling Pro Series** Stage four of the Tour of Germany.
- 2.15 **Ultimate Pool** Pairs Cup.
- 3.45 **Lomu: The Lost Tapes**
- 5.15 **TNT Sports Reload**
- 5.30 **to 6.00** AM **eSports Show**

Premier Sports 1

419 551

- 6.00 AM **Transworld Sport** Magazine.
- 7.00 **World Surf League**
- 8.00 **PSA Squash Highlights**
- 9.00 **Motorsport** Valentino Rossi.
- 9.30 **Scottish Rally Championship**
- 10.00 **LaLiga** Real Betis v Alavés.
- 12.00 NOON **Transworld Sport**
- 1.00 PM **Football's Greatest**
- 2.00 **LaLiga** Atlético Madrid v Elche.
- 3.55 **LIVE LaLiga Osasuna v Valencia.** Kick-off is at **4.00pm**.
- 6.00 **LIVE LaLiga Villarreal v Girona.** Kick-off is at **6.30pm**.
- 8.25 **LIVE LaLiga Real Oviedo v Real Madrid.** Coverage of the match from Estadio Municipal Carlos Tartiere. Kick-off **8.30pm**.
- 11.00 **Temples of Sport**
- 11.30 **Football's Greatest**
- 12.00 M'T **Top 14 Rugby Union**
- 1.00 AM **Motorsport** Drew Gibson.
- 2.00 **LaLiga Specials**
- 3.00 **Transworld Sport** Magazine.
- 4.00 **World Surf League**
- 5.00 **to 6.00** AM **FIM Sidecarcross**

Premier Sports 2

420 552

- 6.00 AM **Motorsport Highlights**
- 9.30 **Bike World** Magazine.
- 10.00 **Football** Recent highlights.
- 11.10 **LIVE Eredivisie AZ Alkmaar v PEC Zwolle.** Kick-off **11.15am**.
- 1.15 PM **Football** Highlights.
- 3.40 **LIVE Eredivisie Ajax v Heracles Almelo.** Kick-off is at **3.45pm**.
- 5.45 **LaLiga Match Highlights**
- 6.25 **LIVE LaLiga Real Sociedad v Espanyol.** Kick-off is at **6.30pm**.
- 8.30 **LIVE Argentine Primera Division Argentinos Juniors v Racing Club.**
- 10.10 **LIVE Argentine Primera Division Boca Juniors v Banfield.** Kick-off **10.15pm**.
- 12.15 AM **LaLiga Match Highlights**
- 12.25 **LIVE Brasileiro Serie A São Paulo v Atlético Mineiro.**
- 2.30 **Temples of Sport**
- 3.00 **Argentine Primera**
- 5.00 **Temples of Sport**
- 5.30 **to 6.00** AM **FastZone**

Sky Sports F1

407 407 516 506 424 444

- 6.00 AM **Formula 1** Highlights.
- 11.15 **Brad Pitt Drives a McLaren**
- 11.30 **British GT Championship**
- 12.40 PM **LIVE British GT Championship** Coverage from Brands Hatch. Start-time **2.05pm**.
- 3.15 **F1 Features**
- 3.30 **Formula 1** Hungarian Grand Prix.
- 4.30 **LIVE Indy NXT** The Indy NXT by Firestone at the Milwaukee Mile.
- 5.30 **F1 Features**
- 6.00 **Indycar** The Milwaukee Mile 250.
- 7.00 **LIVE Indycar** The Snap-on Milwaukee Mile 250 in West Allis.
- 9.30 **Indy NXT** From Milwaukee Mile.
- 10.30 **British GT Championship**
- 1.10 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Monday

25 August

Evening Planner

Factual

The Royal Edinburgh Military Tattoo: 75th Anniversary

BBC1, 8pm

Military spectacular from Edinburgh.

Cookery

Jamie: Eat Yourself Healthy

C4, 8pm

Jamie Oliver demonstrates healthy meals, including a smoked salmon omelette.

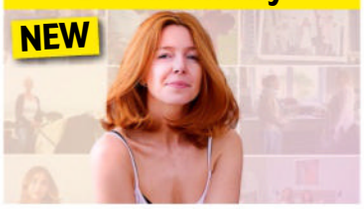
Documentary

Disaster at Sea: The Piper Alpha Story

BBC2, 9pm (not Wales) (box set, iPlayer)

A look back at what caused the world's deadliest offshore disaster in 1988.

Documentary



Stacey Dooley Sleeps Over

U&W, 9pm (box set, U)

The documentary maker returns to meet more fascinating characters, starting with adult-content creator Lily Phillips.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	‹ 6.30 Fake or... †	7.30 EastEnders †	8.00 The Royal Edinburgh Military Tattoo: 75th Anniversary			9.30 King & Conqueror	10.15 News; Local News	
	102 BBC2	7.00 For Rent...	7.30 Mastermind	8.00 Only Connect	8.30 University...	9.00 Disaster at Sea: The Piper Alpha Story		10.00 Film: The Godfather Part II	
	103 ITV1	‹ 6.30 The Chase	7.30 Emmerdale	8.00 Coronation Street		9.00 Ridley			
	104 CHANNEL 4	7.00 The Great Celebrity Bake Off for Stand...		8.00 Jamie: Eat Yourself Healthy		9.00 Celebrity SAS: Who Dares Wins		10.00 Celebrity Gogglebox	
	105 5	7.00 Traffic Cops		8.00 Motorway Cops: Catching Britain's...		9.00 Police: Night Shift 999		10.00 Murdered at First Sight	
	106 SKY SHOWCASE	‹ 5.30 Film: Spider-Man 3		8.00 Film: Sleepless in Seattle				10.00 Micky Flanagan: If Ever We Needed It	
ENTERTAINMENT	115 BBC3	7.00 Horrible Histories		8.00 Stacey & Joe				10.00 Film: Ghostbusters II	
	116 BBC4	7.00 Planet Earth		8.00 Vienna: Empire, Dynasty and Dream		9.00 Rise of the Nazis: The Manhunt		10.00 The Girl Who Talked to Dolphins	
	118 ITV2	7.00 Deal or No Deal		8.00 The Bachelor Australia		9.00 The Only Way Is Essex		10.05 Botched	
	136 MORE4	‹ 5.10 Film: Oliver!		8.00 Grand Designs		9.00 Our Welsh Chapel Dream		10.00 24 Hours in A&E	
	135 E4	7.00 Hollyoaks	7.30 The Simpsons	8.00 Below Deck Sailing Yacht		9.00 Celebs Go Dating		10.00 First Dates	
	107 SKY WITNESS	7.00 Caught on Dashcam				9.00 Elsbeth		10.00 Blue Bloods	
	108 SKY ATLANTIC	‹ 6.50 The Gilded Age							
	110 U&GOLD	7.05 The Vicar of Dibley		8.00 Red Dwarf: The Promised Land				10.00 The Vicar of Dibley	
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 Alison & Larry: Billericay to Barry		10.00 QI XL	
	119 ITV3	‹ 6.55 Heartbeat		8.00 Grace				10.00 Law & Order: UK	
	120 ITV4	‹ 6.30 Film: Jurassic Park				9.00 Film: Snowpiercer			
	112 COMEDY CENTRAL	‹ 6.55 Friends				9.00 Stupid Central		10.00 Russell Howard: Right Here Right Now	
	139 SKY SCI-FI	7.00 UFO						10.00 Film: TimeCop	
	113 SKY MAX	7.00 The Office (US)				9.00 Mr Bigstuff			
	109 U&ALIBI	‹ 6.20 Death in Paradise				9.00 Shakespeare & Hathaway: Private Investigators			
	124 SKY ARTS	‹ 5.15 André Rieu: Live in Vienna		8.00 André Rieu: Live in Maastricht V				10.10 Pavarotti: A Voice for the Ages	
	132 U&W	7.00 MasterChef Australia			8.30 Inside the...	9.00 Stacey Dooley Sleeps Over		10.00 One Born Every Minute	
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers: Dream Car		8.00 Roadworthy Rescues		9.00 Alien Invasion: Hudson Valley			
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Expedition Bigfoot		9.00 Alaska: The Last Frontier		10.00 Mountain Monsters	
	129 NAT GEO	7.00 Car S.O.S.		8.00 Construction Fails		9.00 To Catch a Smuggler		10.00 Trafficked with Mariana Van Zeller	
	123 SKY HISTORY	7.00 Pompeii: The Last Mysteries Revealed				9.00 Weird Britain: UFO Special		10.00 Mafia: Most Wanted	
	155 U&YESTERDAY	7.00 The Americas with Simon Reeve		8.00 Wilderness with Simon Reeve		9.00 Tropic of Cancer with Simon Reeve		10.00 Bangers & Cash	
	121 SKY DOCS	7.00 Elvis Presley: The Searcher				9.00 The Yogurt Shop Murders			
FILMS – Sky Cinema	301 PREMIERE	‹ 6.20 Night Call		8.00 The Surfer			9.50 Long Gone Heroes		
	302 FAST	‹ 5.45 Fast & Furious 5		8.00 Fast & Furious 6				10.10 The Fast and the Furious...	
	303 HITS	‹ 6.00 Ghostbusters: Frozen Empire		8.00 Edge of Tomorrow				10.00 Vanilla Sky	
	304 GREATS	‹ 6.00 Raiders of the Lost Ark		8.00 Indiana Jones and the Temple of Doom				10.00 Indiana Jones and the Last Crusade	
	305 KUNG FU PANDA	‹ 6.20 Kung Fu Panda 3		8.00 Kung Fu Panda 4			9.40 Kung Fu Panda		
	306 FAMILY	‹ 6.00 The Golden Compass		8.00 MouseHunt			9.45 Bean		
	307 ACTION	‹ 5.50 Mad Max: Fury Road		8.00 The Mummy				10.10 William Tell	
	308 COMEDY	‹ 6.10 Anyone But You		8.00 The Blues Brothers				10.15 Baywatch	
	309 THRILLER	‹ 5.55 RocknRolla		8.00 Layer Cake			9.55 Snatch		
	310 DRAMA	‹ 5.45 The Quiet Man		8.00 The Shawshank Redemption				10.30 I Used to Be...	
	311 SCI-FI	‹ 6.05 10 Cloverfield Lane		8.00 Interstellar					
	313 FILM4	‹ 6.35 The Day After Tomorrow				9.00 Uncharted			
SPORT	401 MAIN EVENT	‹ 6.30 MNF – Live: Newcastle United v Liverpool (Kick-off 8.00)							
	402 PREMIER LEAGUE	‹ 6.30 MNF – Live: Newcastle United v Liverpool (Kick-off 8.00)							
	403 FOOTBALL	‹ 6.30 Bundesliga...	7.30 EFL Highlights		8.30 SPFL Round-Up	9.00 EFL Highlights			
	405 CRICKET	‹ 6.00 The Hundred Live – Oval Invincibles Men v London Spirit Men (Start-time 6.30)					9.30 The Hundred	10.00 The Hundred Bitesize	
	410 TNT SPORTS 1	7.00 PL Stories	7.30 British Speedway – Live: Oxford Spires v King's Lynn Stars					10.00 Snooker Wuhan Open	
	411 TNT SPORTS 2	‹ 6.00 Ultimate Pool – Live: Coverage of Group 13 of the Pairs Cup					9.30 British Superbikes		10.30 MLB Highlights

‹ Denotes programmes starting before 7.00pm † Regions vary

MONDAY

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Monday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.30 **Animal Park** (S)(R)(AD)
10.15 **Countryfile Treasures** (S)(R)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** New edition (S)
1.00 **BBC News** (S)
1.20 **Local News** (S)
1.30 **Money for Nothing** (S)(R)
2.00 **Attenborough and the Mammoth Graveyard** (S)(R)(AD)
3.00 **Escape to the Country** New edition From Devon. (S)
3.45 **NEW SERIES The Travelling Auctioneers** From York. (S)
4.30 **The Answer Run** New edition (S)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.20 **Local News** (S)
6.30 **Fake or Fortune: What Happened Next?** Series finale A painting by Helen McNicholl. (S)

3.45 The Travelling Auctioneers

7 PM

7.30 **EastEnders** Lily makes a shocking discovery, Patrick is delighted when Antony arrives, and the Brannings face a big problem. (S)(AD)

8 PM

8.00 **The Royal Edinburgh Military Tattoo: 75th Anniversary** Highlights of the 75th anniversary event held on the esplanade of Edinburgh Castle. Commentary by JJ Chalmers and Jennifer Reoch. (S)

9 PM

9.30 **King & Conqueror** New episode 2/8. William and Harold are both under threat from those in power in France and England, Refuge in Flanders offers hope for new mother Matilda, while a vengeful Lady Emma hounds the Godwins. (S1) (S)(AD)
■ Entire series on BBC iPlayer

10 PM

10.15 **BBC News** (S)
10.35 **Local News** (S)
10.45 **Have I Got News for You** Amol Rajan hosts the satirical quiz, with guest panellists Miles Jupp and Andrea Jenkyns. (S)(R)
11.15 **This Country** 3/6. An infamous Mucklowe family member returns to the village. (S)(R)(AD)
11.45 4/6. Kurtan receives sad news about a relative. (S3) (S)(R)(AD)
12.15 AM **Destination X** 8/10. After a shock elimination, the X-bus continues its journey towards the £100,000 prize with just five players remaining. (S)(R)(AD)
1.15 **Weather for the Week Ahead** Seven-day forecast. (S)
1.20 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.15 AM **Bargain Hunt** (S)(R)
7.00 **Sign Zone: Antiques Roadshow** From Firstsite in Colchester. (S)(R)
8.00 **Match of the Day** (S)(R)
9.00 **BBC News** (S)
1.00 PM **Impossible** Quiz show. (S)(R)
1.45 **Bridge of Lies** Game show. (S)(R)
2.30 **The Tournament** Quiz show. (S)(R)
3.15 **Great British Menu: The Finals** The eight regional champions cook their vegan starter courses. (S)(R)
4.15 **Big Cats About the House** Following the work of Giles Clark, as he works to transform the Big Cat Sanctuary in Kent. (S)(R)(AD)
5.15 **Flog It!** From Aberystwyth. (S)(R)
6.00 **Richard Osman's House of Games** Double bill of the quiz show, featuring guests Diarmuid Gavin, Roo Irvine, John Kearns and Claire Richards. (S)(R)

9.00 Disaster at Sea

7.00 **For Rent: Rooms Under the Radar** The hidden world of unlicensed shared housing. (S)(R)
7.30 **Mastermind** New edition Tonight's specialist subjects include Oscar Wilde and the Dambusters raid. (S)

8.00 **Only Connect** New edition The Pitchers take on the Benchwarmers in a first-round match. (S)
8.30 **University Challenge** New edition Trinity College, Cambridge take on Linacre College, Oxford in round one. (S)

9.00 **NEW TO BBC2 Disaster at Sea: The Piper Alpha Story** 1/3. The story of how the 1988 disaster on the North Sea oil platform unfolded, killing 167. *Previously on BBC Scotland. See feature, page 20.* (S)(AD)
■ Entire series on BBC iPlayer

10.00 **FILM The Godfather Part II** Francis Ford Coppola's epic gangster sequel starring Al Pacino and Robert De Niro. Having escaped to the United States following his mother's murder by a Mafia don, Sicilian Vito Corleone rises to prominence as a feared gangster. Fifty years later, his son Michael consolidates his position as the head of his late father's empire. (S)(AD) (1974, 18, 190min) ★★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
1.10 AM **Sign Zone: Countryfile** John Craven explores the history shaped by the River Nidd, and meets those who care for it. (S)(R)
2.05 **Sign Zone: Destination X** (S)(R)
3.05 **Sign Zone: Policing Paradise** (R)
3.35 **to 6.30** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.45 **ITV News** (S)
1.50 **Local News** (S)
2.00 **Celebrity Catchphrase** With Tony Audenshaw, Tamzin Outhwaite and Phil Tufnell. (S)(R)(AD)
3.00 **Lingo** Adil Ray hosts the word-based quiz show. (S)(R)
4.00 **Deal or No Deal: Celebrity Special** Sisters Motsi and Oti Mabuse compete to win big money for charity. (S)(R)(AD)
5.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
6.00 **Local News** (S)
6.10 **ITV News** (S)
6.30 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)

9.00 Ridley

7.30 **Emmerdale** Ross confronts Charity and asks if Mack left because he found out about their infidelity, while Ray puts doubts in Dylan's head, and Belle breaks up with Kammy. (S)(AD)

8.00 **Coronation Street** Aadi's loved ones hatch a plan to keep him in Weatherfield, Brody and the Metcalfes learn Joanie's fate, Abi appeals to Tracy's better nature, while Theo schemes to scupper Todd's night out. (S)(AD)

9.00 **Ridley** Series finale *The Memory Jar:* 4/4. The tranquillity of the village of Colden Vale is shattered when wife and mother Tara Dunning vanishes, with initial speculations lingering on the possibility she might have intentionally disappeared. However, a chilling discovery alters the course of the inquiry and suggests more sinister motivations and the stakes are raised after a second person goes missing. (S2) (S)(AD)
■ Entire series on ITVX
10.55 **ITV News** (S)
11.10 **Cold Case Forensics: The Murder of Stephen Lawrence** 3/3. Scientist Dr Angela Gallop and other experts reveal how the landmark case regarding the murder of Stephen Lawrence was finally brought to trial. (S)(R)(AD)
12.00 M'T **Teleshopping**
3.00 AM **Cooking with the Stars** (S)(R)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Jimmy's Taste of Florida** (S)(SL)(R)(AD)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.25 AM **Cheers** (S8&9) (S)(R)
8.10 **The King of Queens** (S)(R)(AD)
9.10 **Frasier** 7-10/25. (S11) (S)(R)(AD)
11.10 **Ramsay's Kitchen Nightmares USA** From New York. (S)(R)
12.05 PM **FILM Romancing the Stone** Romantic adventure starring Michael Douglas, Kathleen Turner and Danny DeVito. (S)(AD) (1984, 12, 125min) ★★★★
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **The Great House Giveaway** Transforming a three-storey Georgian terrace in Swansea. (S)(R)
5.00 **Chateau DIY** Tim and Rebecca are coming to the end of their two-year gîte project. (S)(R)(AD)
6.00 **A Place in the Sun** A property search in Oliva, Spain. (S)(R)
6.30 **News** (S)

8.00 Jamie: Eat Yourself Healthy

7.00 **The Great Celebrity Bake Off for Stand Up to Cancer** David Schwimmer, Jesy Nelson, Rose Matafeo and Tom Davis take part in the culinary challenge, recreating their most embarrassing celebrity fail in meringue. (S)(R)(AD)

8.00 **NEW SERIES Jamie: Eat Yourself Healthy** 1/5. Chef Jamie Oliver prepares recipes designed to help transform people's health, beginning with meatballs with two different sources of protein. *See feature, page 11.* (S)(AD)

9.00 **Celebrity SAS: Who Dares Wins** Series finale 8/8. The recruits are handed over to a team of interrogators, and must maintain a cover story under intense psychological and physical punishments. (S)(AD)

10.00 **Celebrity Gogglebox** Series highlights from 2022, in which the famous faces involved included Rylan, Gyles Brandreth, Joanna Lumley, Tom Allen, Rob Beckett, Denise Van Outen, Duncan James, Sophie Ellis-Bextor and Zoe Ball. (S)(R)
11.05 **First Dates** (S)(R)(AD)
12.10 AM **Love Cheats** (S)(SL)(R)(AD)
1.00 **The Fear Clinic: Face Your Phobia** (S)(SL)(R)(AD)
1.55 **Ramsay's Kitchen Nightmares USA** From Pennsylvania. (S)(SL)(R)
2.45 **FILM Jungleland** Drama starring Charlie Hunnam and Jack O'Connell. (S)(SL) (2020, 15, 95min) ★★★★
4.20 **Kirstie's House of Craft** (S)(R)
4.35 **Hollyoaks Omnibus** (S)(R)(AD)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 | 105 | 5 | 105 | 105 | 5

5.30 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley with Matt Allwright** Topical debate. (S)
12.30 PM **Vanessa** Discussion. (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)
2.20 **FILM Behind Her Smile** Thriller starring Vivica A Fox. (S) (2024, 12, 100min) ★★★
4.00 **All Creatures Great and Small** *Many Happy Returns:* 4/7. Tristan celebrates his birthday, and Siegfried gives him new responsibilities. (S2) (S)(R)(AD)
5.00 **News** (S)
6.00 **Bargain-Loving Brits in the Sun** Burnley magician Matt hopes he is fit enough for an escape act. (S)(R)(AD)
6.55 **News** (S)

8.00 Motorway Cops

7.00 **Traffic Cops** Officers spot a car using fake registration plates that they believe has been used for the getaway in a recent robbery. (S)(R)
7.55 **News** (S)
8.00 **Motorway Cops: Catching Britain's Speeders** New edition Police race to clear a crash after a car ploughs into a chemical tanker on the M62, while a suspiciously honest provisional driver raises eyebrows. (S)
9.00 **Police: Night Shift 999** New edition 8/10. PC Smith spots a suspected burglar, only for the man to take off on foot, while student officer West gets the chance to make his first drugs stop and arrest. (S)
10.00 **Murdered at First Sight** New edition 3/10. A look at the killing of 14-year-old Breck Bednar by Lewis Daynes, a 17-year-old he met online through gaming and who groomed him. (S)
11.05 **Murder 360** New edition A murder suspect appears to be a grandmother. (S)
12.05 AM **Britain's Hotel Murders** New edition Panashe Bako. (S)
1.05 **PlayOJO Live Casino Show** (S)
3.05 **Monaco: How the Super Rich Live** Documentary. (S)(R)
3.50 **Friends** (S10) (S)(R)(AD)
4.35 **The Wonderful World of Chocolate** (S)(SL)(R)
5.20 **to 5.30** AM **Entertainment News** (S)

+1 hour 205 | 305 | 38 | 128 | 253

SKY SHOWCASE

106 106 | 109 | 340 | 355

6.00 AM **Planet Shark** (S)(R)(AD)
8.00 **The Simpsons** (S)(R)
9.30 **David Attenborough's Natural History Museum Alive** (S)(R)
11.00 **David Attenborough's Wild City** Triple bill. (S)(R)(AD)
2.00 PM **The Simpsons** (S)(R)
3.30 **FILM The Lego Movie 2: The Second Part** Animated comedy adventure sequel featuring the voices of Chris Pratt and Elizabeth Banks. (2019, U, 107min) ★★★★
5.30 **FILM Spider-Man 3** Fantasy adventure starring Tobey Maguire and Kirsten Dunst. A mysterious substance turns Spider-Man's suit jet-black and brings out a dark side to his personality. With James Franco. (S) (2007, 12, 139min) ★★★

8.00 Sleepless in Seattle

FILM Spider-Man 3 (started at 5.30pm)
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
8.00 **FILM Sleepless in Seattle** Romantic comedy starring Tom Hanks and Meg Ryan as two people who fall in love without ever meeting. A woman hears a grieving widower pour his heart out on the radio and becomes convinced he is the man of her dreams. With Bill Pullman and Rosie O'Donnell. (1993, PG, 105min) ★★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
10.00 **Micky Flanagan: If Ever We Needed It** A stand-up show by the comedian, who discusses life since turning 60 and reflects on the changes in the world around him. (S)(R)
11.15 **Never Mind the Buzzcocks** With Perrie Edwards, Bradley Simpson, Duncan James and Sam Campbell. (S)(R)(AD)
12.15 AM **Curb Your Enthusiasm** 1/10. Mel Brooks asks Larry to star in *The Producers.* (S)(R)
12.50 2/10. Larry offends Ben Stiller by refusing to sing *Happy Birthday* to him (S4) (S)(R)
1.30 **The Force: Manchester** (S)(R)
3.30 **Road Wars** Double bill. (S)(R)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
6.50pm Attenborough and the Empire of the Ants (S)(R) **7.00-8.00** Fake or Fortune: What Happened Next? Series finale (S)(AD) **10.45** EastEnders (S)(AD) **11.15** Have I Got News for You (S)(R) **11.45** Sportscene: SWPL Highlights (S)(R) **12.15am** Scotcast (S)(R) **12.45** This Country (S)(R)(AD) **1.45** Weather for the Week Ahead (S) **1.50-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.45pm True North: The Omagh Hum (S)(R) **11.15** Have I Got News for You (S)(R) **11.45** This Country (S)(R)(AD) **12.50am** Destination X (S)(R)(AD) **1.50-6.00am** BBC News

WALES
Sky 965, Virgin 864, Freesat 965
6.30pm Chris Cooks Cymru (S)(R) **7.00-7.30pm** Weatherman Walking (S)(R)

BBC2

N. IRELAND
Sky 969, Freesat 969
10.00pm Gairdíní an Phobail (S)(R) **10.30 FILM** The Godfather Part II (S)(AD) (1974, 18, 190min) ★★★★★ **1.40-2.05am** Weather Watchers (S)(R)

WALES
Sky 968, Freesat 968
6.30-7.30pm Fake or Fortune: What Happened Next? Series finale (S)

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Trysorau Cymru (AD) **12.30pm** Heno **1.00** Mynyddoedd y Byd **2.00** Newyddion **2.05** Prynhawn Da New edition **3.00** Newyddion **3.05** Llond Bol O Sbaen **4.00** Awr Fawr **5.00** Stwnsh **6.00** Cartrefi Cymru **6.30** Sgwrs Dan y Lloer **6.57** Newyddion **7.00** Heno New edition **7.45** Newyddion **8.00** Colleen Ramsey **8.25** Garddio a Mwy New edition **8.55** Newyddion **9.00** Rafio Autograss Cenedlaethol **10.00** Sgorio **10.30** Ffasiwn Drefn (AD) **11.00-11.35pm** Cymry ar Gynfas

TV&Satellite week
New issue on sale tomorrow

BBC3

115/117/121 118 | 107/113 | 23 | 107 | 107 | 10

BBC3 programmes start at 7.00pm

7.00 PM **Horrible Histories** Joan of Arc is visited by a confused angel, and Mrs Celt enjoys being a Roman. **7.30** *Crimewatch BC* attempts to solve the murder of Julius Caesar.
8.00 **Stacey & Joe** Pickle Cottage gets a spooky make-over for Halloween. **9.00** After nearly 20 years, Joe returns to Albert Square.
10.00 **FILM Ghostbusters II** Supernatural comedy sequel starring Bill Murray and Sigourney Weaver. Five years after ridding New York of a plague of spooks and demons, the team battle another batch of spooks in the Big Apple. With Dan Ackroyd, Harold Ramis and Rick Moranis. (1989, PG, 99min) ★★★
11.40 **Charlotte in Sunderland**
12.40 AM **The Instagram Effect**
1.40 **Eating with My Ex**
2.40 **RuPaul's Drag Race UK: Meet The Queens**
3.00 **to 4.00** AM **Ashley Cain: Into the Danger Zone**

BBC4

116 119 | 107/108 | 9/24 | 106 | 108 | 11

BBC4 programmes start at 7.00pm

7.00 PM **Planet Earth** A look at how the sun affects life on Earth through the seasons.
8.00 **Vienna: Empire, Dynasty and Dream** Simon Sebag Montefiore follows the Habsburgs to their demise.
9.00 **Rise of the Nazis: The Manhunt** How the son of Josef Mengele considered turning his father in.
10.00 **The Girl Who Talked to Dolphins** Documentary exploring an attempt in the 1960s to teach a dolphin to understand English by flooding a house and inviting a young woman to live there full time with the animal.
11.00 **Imagine: Anselm Kiefer – Remembering the Future** Alan Yentob joins the German artist at his awe-inspiring studios.
12.05 AM **Planet Earth**
1.05 **The Girl Who Talked to Dolphins** As 10.00pm.
2.05 **Vienna: Empire, Dynasty and Dream** As 8.00pm.
3.05 **to 4.00** AM **Rise of the Nazis: The Manhunt**

MORE4

136/137 127 | 147 | 18 | 124 | 15

8.55 AM **Find It, Fix It, Flog It**
9.55 **A Place in the Sun**
10.55 **A Place in the Sun: Home or Away**
11.55 **Come Dine with Me**
2.30 PM **Four in a Bed**
5.10 **FILM Oliver!** Oscar-winning musical based on Charles Dickens' *Oliver Twist*, starring Mark Lester. A runaway orphan learns the ways of the London underworld from a gang of urchin pickpockets and their boss. (1968, U, 146min) ★★★★★
8.00 **Grand Designs** Kevin McCloud follows the progress of Dorran, who promised his wife and children he would build them a super-modern underground home on a hill outside Canterbury.
9.00 **Our Welsh Chapel Dream** Now that permission has been granted, Keith and Marj get to work in the main chapel hall.
10.00 **24 Hours in A&E** Patients who have injured themselves through work or play.
11.05 **24 Hours in A&E** Two trauma patients arrive on the hospital's new helipad.
12.10 AM **Royal Flying Doctors** New episode 7/8. A dodgy batch of MDMA brings chaos to a charity drag night. (S2)
1.15 **24 Hours in A&E**
3.20 **to 3.55** AM **Food Unwrapped**

+1 hour 236/237 | 347 | 125

E4

135/136 126 | 106 | 13 | 122 | 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **Brooklyn Nine-Nine**
9.00 **The Simpsons**
10.00 **Young Sheldon**
11.00 **Modern Family**
12.00 NOON **The Big Bang Theory** 10-13/23. (S3)
2.00 PM **Brooklyn Nine-Nine**
3.00 **The Simpsons**
4.00 **The Big Bang Theory**
6.00 **The Simpsons**
7.00 **Hollyoaks** Sienna's getaway hits the brakes.
7.30 **The Simpsons** *Left Behind:* Homer gets Flanders a job.
8.00 **Below Deck Sailing Yacht** New edition The deck team band together to pull off a dazzling drag show.
9.00 **Celebs Go Dating** New edition After a fling in Ibiza, Liv and Louis bump into each other at the agency.
10.00 **First Dates** Guests include a woman whose exes tend to marry someone else soon after the break-up.
11.05 **Gogglebox**
12.10 AM **The Big Bang Theory**
1.05 **The Simpsons**
1.35 **Brooklyn Nine-Nine**
2.30 **Celebs Go Dating**
3.25 **Below Deck Sailing Yacht**
4.15 **Young Sheldon**
5.00 **Modern Family**
5.25 **to 6.00** AM **Brooklyn Nine-Nine**

+1 hr 235/236 | 306 | 30 | 123 | 256

Monday primetime

MONDAY Entertainment

Monday

Sky Witness

107 107 110 341 356

6.00 AM **Border Patrol**
7.00 **Bondi Rescue**
9.00 **UK Border Force**
10.00 **Caught Red Handed** A doorstep crook cons his way into an elderly woman's home. **10.40** A hooded mugger pulls a gun on a student. **11.20** A fast jewellery snatch.
12.00 NOON **Caught on Dashcam**
2.00 PM **Nothing to Declare** Eight editions of the documentary.
6.00 **Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras.

9.00 Elsbeth

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Richard E Grant's Hotel Secrets** Triple bill.
9.00 **Game of Thrones** (S3)
2.30 PM **The Gilded Age** 1/8. Bertha prepares for the duke's imminent arrival. **3.30** 2/8. Agnes and Ada are concerned about Peggy's worsening condition. **4.30** 3/8. Negotiations with the duke start to disintegrate. **5.40** 4/8. Gladys and the duke's wedding is imminent and Bertha must deal with rumours in the press. (S3)

10.10 The Gilded Age

Sky Max

113/114 109/110 111 346 361

6.00 AM **Highway Patrol**
8.00 **NCIS: Los Angeles** (S14)
10.00 **TV's Greatest Game Shows**
12.00 NOON **Friends: The Reunion**
2.00 PM **The Office (US)** Nine episodes, including at: **4.50** 18/25. The staff get hold of promos for the documentary. **5.20** 19/25. Jim and Pam go to marriage counselling. **5.50** 20/25. Dwight and Angela compete to build the best paper aeroplane. **6.15** 21/25. Dwight finally gets his black belt in karate. (S9)

9.00 Mr Bigstuff

ITV2

118 122 115 6 113 6

6.00 AM **Highlights**
8.40 **Billie and Greg: Family Diaries**
9.35 **The Only Way Is Essex**
10.15 **Real Housewives of Potomac**
11.05 **The Real Housewives of Salt Lake City**
12.00 NOON **Dinner Date**
1.00 PM **Billie and Greg...**
2.00 **The Only Way Is Essex**
3.05 **The Bachelor Australia**
4.00 **Real Housewives of Potomac**
5.00 **The Real Housewives of Salt Lake City** New edition
6.00 **Celebrity Catchphrase**

10.05 Botched

ITV3

119 123 117 10 115 7

6.00 AM **Classic Emmerdale**
7.00 **Classic Coronation Street**
8.10 **Midsomer Murders**
10.15 **The Royal** *The Last Waltz:* The charity ball goes with a bang.
11.20 **Heartbeat** Double bill.
1.35 PM **Classic Emmerdale**
2.40 **Classic Coronation Street**
3.40 **Midsomer Murders** *Four Funerals and a Wedding:* A traditional battle of the sexes results in two deaths.
5.45 **Heartbeat** *Brainstorm:* Mike has problems when a man held in custody drops dead.

8.00 Grace

7 PM

7.00 Caught on Dashcam A countdown of the most hilarious and spectacular real-life crashes.

6.50 The Gilded Age *A Different World:* 5/8. Gladys tries to adjust to her new circumstances.
7.50 The Gilded Age *If You Want to Cook an Omelette:* 6/8. Bertha encourages Gladys to stand up for herself, while George tries to secure a rail line.

7.00 The Office (US) 22/25. Jim hatches a scheme to derail Dwight's plan. **7.30** 23/25. Andy goes all out to nail his audition.

7.00 Deal or No Deal Stephen Mulhern hosts as Ozzy tries to open the 22 red boxes in the right order for the chance to win big.

6.55 Heartbeat *Bad Penny:* Greengrass falls in love with an aristocratic lady poacher, and an old flame of Mike's suddenly arrives.

8 PM

8.00 Caught on Dashcam Road disasters captured on video by drivers' dashboard cameras.

8.00 The Office (US) 24/25. Dwight and Angela's wedding day arrives. **8.30** 25/25. The last-ever episode. (S9)

8.00 The Bachelor Australia New edition The girls get back to nature during a camping trip and meet a body language specialist.

8.00 Grace *Dead Man's Grip:* The detective and his team are called to the scene of a fatal crash, but an unexpected discovery suggests there could be far more to this accident than meets the eye.

9 PM

9.00 Elsbeth New episode *Hot Tub Crime Machine:* 16/20. After a man dies in a hot tub, Elsbeth consults the victim's wife. (S2)

9.00 The Gilded Age *Ex-Communicated:* 7/8. Larry shares a promising discovery, only to receive some troubling news.

9.00 Mr Bigstuff 1/6. Lee and Glen deal with the news that their father is alive. **9.30** 2/6. Kirsty has a rough start to her new job.

9.00 The Only Way Is Essex New edition The Portugal trip is coming to an end as Chloe and Sadd try to resolve their drama.

10 PM

10.00 Blue Bloods *Past History:* 13/21. Danny and Baez track a killer targeting young women. (S13)
11.00 **Bull** 7/22. (S6)
12.00 M'T **Law & Order: Organized Crime** 10/13. (S4)
1.00 AM **The Equalizer** 11/18. (S2)
2.00 **The Rookie** New episode (S7)
3.00 **FBI: Most Wanted** New episode 3/22. (S6)
4.00 **Send in the Dogs**
5.00 **to 6.00** AM **The Real A&E**

+1 hour 207 310

10.10 The Gilded Age *My Mind Is Made Up:* 8/8. Bertha finalises the guest list for the ball and faces the fall-out from her actions. (S3)
11.25 **The Undoing** 3/6. Jonathan resurfaces as Grace learns about his recent troubles.
12.30 AM **The Undoing** 4/6. (S1)
1.35 **The Time Traveler's Wife**
2.35 **The Sopranos** 1/13. (S2)
3.40 **The White Lotus** 6/7. (S2)
5.00 **to 6.00** AM **Fish Town**

+1 hour 208/209

10.00 Mr Bigstuff 3/6. Glen is left reeling after watching an old home video. **10.30** 4/6. Lee and Glen head to a reunion. (S2)
11.00 **Mr Bigstuff** 5/6. Glen freaks out, and Sue has a meltdown. **11.30** 6/6. Sue plays her most manipulative trump card. (S2)
12.00 M'T **Freddie Down Under**
1.00 AM **Resident Alien** 2/10. (S4)
2.00 **Warrior** 2/10. (S2)
3.00 **Freddie Down Under**
4.00 **Road Wars**
5.00 **to 6.00** AM **Highway Patrol**

10.05 Botched The removal of an underarm cyst as an infant resulted in Gabby's breasts not developing properly.
11.05 **Family Guy** 9&4/20. (S17)
12.05 AM **American Dad!** (S13)
1.05 **Bob's Burgers** 1/22. (S9)
1.35 **Plebs** 1/8. (S4)
2.00 **Olivia Attwood's Bad Boyfriends**
3.00 **Teleshopping**
4.00 **to 4.30** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

10.00 Law & Order: UK *Sacrifice:* 4/6. A man is attacked and his kidney is surgically removed. Guest stars Denis Lawson. (S2)
11.00 **Law & Order: UK** 5/6. Brooks and Devlin investigate the death of a teenager. (S2)
11.50 **Professor T** 1/6. A student is left in a coma after a fire. (S2)
12.55 AM **A Cruel Love: The Ruth Ellis Story**
1.55 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
2.00 PM **Sign Zone: Beechgrove Garden**
2.30 **Sign Zone: Island Crossings**
3.30 **Sign Zone: Grand Tours of Scotland's Rivers**
4.00 **This Is BBC Scotland**
7.00 **Reporting Scotland**
7.30 **Sportscene: SWPL Highlights** Recent action.
8.00 **The Travelling Auctioneers**
8.30 **Grand Tours of Scotland's Rivers**
9.00 **Meet You at the Hippos** Exploring street sculptures created by artists in new towns.
10.00 **River City** New episode Gillian warns Mikey about Jonathon's past.
10.30 **Two Doors Down** 2/6. Christine has difficulty picking a bathroom. (S7)
11.00 **Scotcast** New edition
11.30 PM **to 12.00** M'T **Up for It** A bicycle time trial.

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Will & Grace** (S1)
9.00 **Sex and the City** (S2)
11.15 **And Just Like That...**
1.15 PM **And Just Like That...**
5.00 **And Just Like That...** 7/12. Carrie throws Charlotte a party. **5.50** 8/12. Aidan is in town for a visit. **6.40** 9/12. Miranda opens up to Joy. **7.30** 10/12. Carrie has a burst of creative energy. **8.20** 11/12. Carrie contemplates the ending of her book. **9.10** 12/12. The last of episode of the comedy drama starring Sarah Jessica Parker. (S3)
10.00 **Real Time with Bill Maher** New edition The comedian and his guests discuss the week's events.
11.10 **Micky Flanagan: If Ever We Needed It** Stand-up performance.
1.00 AM **Veep** 1&2/10. (S4)
2.20 **Curb Your Enthusiasm**
3.40 **to 5.00** AM **Barry**

Sky Arts

124/125 114/115 123 36 143 24 350 365

6.00 AM **John Williams: The Berlin Concert**
7.50 **The Joy of Painting**
9.00 **Tales of the Unexpected**
10.00 **Alfred Hitchcock Presents** Double bill.
11.00 **The Directors**
12.00 NOON **The Phantom of the Opera at the Royal Albert Hall**
2.50 PM **Queen: Live at Wembley Stadium**
5.15 **André Rieu: Live in Vienna** A performance at Hofburg Palace.
8.00 **André Rieu: Live in Maastricht V**
10.10 **Pavarotti: A Voice for the Ages**
11.30 **Golden Age: Milos at Blenheim Palace**
12.40 AM **National Theatre Live: Othello**
3.20 **Inside Art: Masterpieces from Buckingham Palace**
4.15 **The Art of the Garden**
5.10 **to 6.00** AM **Auction**

Sky Mix

151 158 135 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: Canada's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.10 PM **Border Security: Canada's Front Line**
12.45 **FILM The Great Escape** Classic PoW escape adventure starring Steve McQueen. (1963, PG, 166min) ★★★★★
4.00 **Star Trek: Enterprise**
5.00 **Stargate SG-1** (S7)
6.00 **Star Trek: Voyager** (S1)
7.00 **Star Trek: The Next Generation** 14/22. (S2)
8.00 **Star Trek: Deep Space Nine** 24/26. (S3)
9.00 **FBI** 4&5/15. (S3)
11.00 **Grimm** 22/22. (S5)
12.00 M'T **Killer in My Village**
1.00 AM **Nothing to Declare**
2.00 **Brit Cops: Frontline Crime UK** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Lingo** Quiz show.
10.00 **Tipping Point**
1.00 PM **Lingo** Quiz show.
2.00 **In with a Shout**
3.00 **Tenable for Soccer Aid** Five team-mates from the Glasgow Rangers Women's FC take part in this charity edition.
4.00 **Tenable** A mother and her four sons take on a series of Top 10 list questions to win big.
5.00 **Deal or No Deal** Hosted by Stephen Mulhern.
6.00 **Lingo** Double bill of the quiz hosted by Adil Ray.
8.00 **Deal or No Deal** Game show hosted by Stephen Mulhern.
9.00 **Tipping Point** Triple bill of the arcade-themed game show hosted by Ben Shephard, in which contestants drop tokens down a choice of four chutes in the hope of winning a £10,000 prize.
12.00 M'T **In with a Shout**
12.55 **to 1.00** AM **Unwind**

GREAT! tv

157 167 170 34 48

8.00 AM **Father Dowling Mysteries** 11/22. (S3)
9.00 **Diagnosis Murder**
10.00 **Little House on the Prairie** 14&15/23. (S3)
12.00 NOON **Highway to Heaven** 6/24. (S2)
1.00 PM **Father Dowling Mysteries** 16/22. (S3)
2.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
8.00 **M*A*S*H** 17&18/20. (S9)
9.00 **FILM Inferno** Ron Howard's adaptation of Dan Brown's novel, with Tom Hanks. Professor Robert Langdon tries to stop a lethal virus from killing millions of people. (2016, 12, 121min) ★★★
11.35 **The Avengers** (S5)
12.35 AM **M*A*S*H** (S9)
1.35 **Airline USA**
2.05 **Hart to Hart** 2/22. (S5)
3.00 **Crazy Like a Fox** (S2)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **The Best of the 70s**
6.15 **Minder**
7.15 **Kojak**
9.25 **Magnum, PI**
11.25 **Giant Lobster Hunters**
12.25 PM **Kojak**
2.30 **Magnum, PI** Double bill of the detective drama.
4.40 FILM **Carry On Abroad** Comedy starring Sidney James and Kenneth Williams. A group of British tourists on the island of Elsbels find that their hotel is only half built. (1972, PG, 89min) ★★

6.30 FILM **Jurassic Park** Monster thriller starring Sam Neill and Laura Dern. A billionaire showman creates an island leisure park populated by genetically engineered – and very dangerous – dinosaurs. (1993, PG, 127min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 FILM **Snowpiercer** Fantasy thriller starring Chris Evans. In a snow-ravaged world, travellers fight for survival on a train that perpetually circumnavigates the globe. With Tilda Swinton and Octavia Spencer. (2013, 15, 126min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 FILM **The Krays** Crime drama starring Martin and Gary Kemp as twins Reg and Ronnie Kray, who ran London's underworld in the 1960s. (1990, 18, 119min) ★★★
1.45 AM **Motorsport UK**
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 FILM **Battle for Pandora** Sci-fi adventure starring Tom Sizemore and Mark Riketson. (2022, PG, 90min) ★★
1.00 PM **Stargate Atlantis** Five episodes, including at: **4.00** 13/20. The team are taken hostage by Kolya. **5.00** 14/20. McKay gains superhuman abilities. (S3)
6.00 **UFO** 1/4. Documentary exploring people's fascination with unidentified flying objects.

7.00 **UFO** 2/4. Elite US Navy pilots encounter an unidentified aerial phenomenon in 2004.

8.00 **UFO** 3/4. As the world reels from the *New York Times* bombshell, some wonder if the government may be hiding something.

9.00 **UFO** 4/4. A look at how acclaimed psychiatrist John Mack began an investigation into claims of alien abduction.

10.00 FILM **TimeCop** Sci-fi thriller with Jean-Claude Van Damme. A 21st-century TimeCop discovers that an unscrupulous US senator is manipulating the past to his own advantage. (1994, 18, 94min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Wynonna Earp** (S4)
2.00 AM **True Blood** 5&6/10. (S6)
4.00 **Fact or Faked: Paranormal Files** Unidentified creatures.
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S11)
9.00 **Father Brown** Four episodes.
1.00 PM **Death in Paradise** 7/9. The host of a fishing trip is found harpooned on a beach. **2.20** 8/9. A man confesses to murder but can't recall what actually happened. (S10) **3.40** 1/9. A seemingly simple kidnapping ends in murder. **5.00** 2/9. A body is found on a family-run golf course after the arrival of a long-lost brother. **6.20** 3/9. A skydiver is murdered in mid-air. (S11)

7.40 **Death in Paradise** *Undercover and Out:* 4/9. Florence's undercover role takes a dangerous turn when she finds herself in familiar surroundings, amid a murder investigation. (S11)

9.00 **Shakespeare & Hathaway: Private Investigators** 5/10. Lu infiltrates a slimming club to discover their secrets.

10.00 **Shakespeare & Hathaway: Private Investigators** 6/10. Frank and Lu become trapped in an author's house. (S4)
11.00 **Death in Paradise**
12.00 M'T **White Collar** 2/16. Neal goes undercover as an adviser to bring a corrupt senator suspected of illegal campaign fund-raising to justice. (S2)
1.00 AM **Death in Paradise**
2.00 **to 4.00** AM **Elementary**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.05 AM **Highlights**
8.30 **Only Fools and Horses**
9.50 **Are You Being Served?**
10.30 **Porridge**
11.10 **Last of the Summer Wine**
12.30 PM **Keeping Up Appearances**
1.10 **I Didn't Know You Cared**
1.50 **Dad's Army**
2.30 **Porridge**
3.10 **Last of the Summer Wine**
4.30 **I Didn't Know You Cared**
5.10 **Are You Being Served?**
5.50 **Dad's Army**
6.30 **Porridge**

7.05 **The Vicar of Dibley** Alice suggests an unconventional nativity play starring herself and Hugo as Mary and Joseph.

8.00 **Red Dwarf: The Promised Land** The posse meet three cat clerics who worship Lister. Lister vows to help them as they're being hunted by a feral cat leader who wants to wipe out cats who worship anyone but him.

10.00 **The Vicar of Dibley** Alice and Hugo's baby is christened amid chaos.
10.55 **Not Going Out** Guy's presence in the flat continues to rile Lee.
11.30 **Not Going Out**
12.05 AM **Inside No 9**
12.45 **The Vicar of Dibley**
1.45 **Not Going Out**
3.00 **Inside No 9**
3.30 **to 4.00** AM **Back to Life**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.20 AM **Pointless** Quiz show.
8.10 **Top Gear Nepal Special**
9.45 **Top Gear Middle East Special**
11.25 **Top Gear Patagonia Special**
2.10 PM **Gavin & Stacey** Six episodes, including at: **4.00** Pete and Dawn prepare to renew their wedding vows. **4.40** The Essex gang arrive for a day at the beach in Barry. **5.20** Nessa and Dave's wedding day arrives.
6.00 **Hairy Bikers' Best of British** The duo explore the food provided by British waterways.

7.00 **Would I Lie to You?** With James Acaster, Gabby Logan, Melvin Odoom and Fay Ripley.
7.40 **Richard Osman's House of Games** With Karim Zeroual and Rob Rinder. **8.20** Steve Cram, Lloyd Griffith, Jeanette Kwakye and Josie Long take part.

9.00 **Alison & Larry: Billericay to Barry** Alison Steadman and Larry Lamb take a 210-mile road trip from Billericay to Barry Island.

10.00 **QI XL** Guests Jack Whitehall, Cal Wilson and Jimmy Carr join regular panellist Alan Davies and host Stephen Fry.
11.00 **Taskmaster** Katy Wix uses a long part of her body to steal something sweet.
12.00 M'T **Mock the Week**
12.40 AM **Would I Lie to You?**
2.00 **Hate Thy Neighbour**
2.55 **to 4.00** AM **Richard Osman's House of Games**

+1 hour 211/212 327 74 259

7 PM
8 PM
9 PM
10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **Car S.O.S.**
10.00 **Chateau DIY**
12.00 NOON **George Clarke's Amazing Spaces**
1.00 PM **A Place in the Sun: What Happened Next?**
2.00 **A Place in the Sun**
3.00 **Come Dine with Me**
5.30 **A Place in the Sun**
6.00 **Kirstie and Phil's Love It or List It**
7.00 **The Big Pound Shop Swap** A family swap their luxury supermarket for a discount store.
8.00 **George Clarke's Kitchen vs Garden** A dream kitchen and a Japanese garden.
9.00 **Celebrity Gogglebox**
10.00 FILM **The Northman** Action adventure. (2022, 15, 137min) ★★★★
12.40 AM **Gogglebox**
1.45 **First Dates**
2.50 **George Clarke's Kitchen vs Garden**
3.50 **to 4.45** AM **Our Farm Next Door: Amanda, Clive and Kids**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.05 **NCIS** 2-4/24. (S7)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Double Identity:* 17/24. The team make a surprising discovery. **7.00** *Jurisdiction:* 18/24. A navy diver hunting for treasure is murdered. **8.00** *Guilty Pleasure:* 19/24. A reporter for the *Navy Times* is found stabbed to death. (S7)
9.00 **NCIS: Hawaii** Series finale *Dies Irae:* 22/22. A figure from Tennant's CIA past re-emerges. (S2)
10.00 **Law & Order: Special Victims Unit** *No Surrender:* 12/21. An army ranger tries to recover from an assault. (S18)
11.00 **Law & Order: Special Victims Unit** (S18&17)
1.50 AM **Blue Bloods** (S7)
2.45 **Criminal Minds** (S11)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Entertainment News**
8.05 **Nightmare Tenants, Slum Landlords**
10.05 **Traffic Cops**
12.10 PM **Police Interceptors**
3.20 FILM **Godzilla** Fantasy with Matthew Broderick and Jean Reno. (1998, PG, 139min) ★★★
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **Ambulance: Code Red** Following emergency response teams on their most extreme callouts.
10.00 **999: Critical Condition** A man is admitted after falling down the stairs.
11.00 **Skin A&E**
12.00 M'T **Cause of Death**
1.00 AM **GPs: Behind Closed Doors** Medical series.
2.00 **The Resident** (S5)
3.35 **to 4.00** AM **Home and Away**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.05 **Outback Truckers**
10.05 **Trucking Hell**
11.05 **Trucking Heavy: Massive Moves**
2.05 PM FILM **The Dam Busters** War drama with Richard Todd. (1954, b/w, U, 125min) ★★★★
4.45 FILM **U-571** World War Two drama starring Matthew McConaughey. (2000, 12, 115min) ★★★
7.00 **Motorway Cops: Catching Britain's Speeders** PC Martain Anderson stakes out a fast-food outlet.
8.00 **Police Interceptors** A high-speed pursuit through Lincoln.
9.00 **Ice Road Truckers**
11.00 **MacGyver** 16/21. (S1)
12.00 M'T **Behind Bars: Toughest Prisons**
1.00 AM **Coastguard: Search & Rescue SOS**
2.00 **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **Tipping Point: Lucky Stars** Seven editions.
1.05 PM **My Family**
2.30 **Gavin & Stacey** Seven episodes, including at: **6.20** Nessa goes into labour a month early.
7.00 **MasterChef Australia** New edition 'Fish King' Josh Niland shows his take on surf and turf.
8.30 **Inside the Ambulance** Paramedics help a 49-year-old man who has fallen in the street.
9.00 NEW SERIES **Stacey Dooley Sleeps Over** 1/3. The presenter spends the weekend with 23-year-old Lily Phillips, a high-profile adult content creator.
10.00 **One Born Every Minute**
11.00 **999 Rescue Squad**
1.00 AM **Hashtag Murder**
2.00 **to 3.00** AM **Sort Your Life Out with Stacey Solomon**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.35 AM **Soldier, Soldier**
8.35 **Doctors**
9.55 **Classic Holby City**
10.55 **Classic Casualty**
12.00 NOON **The Bill**
1.00 PM **Classic EastEnders**
2.20 **Soldier, Soldier**
3.20 **The Doctor Blake Mysteries** 1/8. (S4)
4.20 **London's Burning**
5.25 **'Allo 'Allo!**
6.00 **Waiting for God**
6.40 **Last of the Summer Wine** Double bill.
8.00 **The Brokenwood Mysteries** New episode *Sudden Death Round:* 2/6. A school fundraiser ends in tragedy. (S11)
10.00 **New Tricks**
11.00 **Spooks**
12.15 AM **Pie in the Sky**
1.20 **'Allo 'Allo!**
1.55 **Birds of a Feather**
2.35 **Sister Boniface Mysteries** 9/12. (S2)
3.25 **to 4.00** AM **Waiting for God**

+1 hr 243 316 60 260

MONDAY Entertainment

Monday

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** Jurassic Coast.
7.00 **Teleshopping**
8.00 **The Yorkshire Auction House** Seven editions.
3.00 PM **Antiques Road Trip**
5.00 **The Derbyshire Auction House**
7.00 **Antiques Road Trip**
9.00 **The Yorkshire Auction House** New edition Angus Ashworth and his team perform house clearances and uncover hidden gems. **10.00** A warehouse filled with collectibles is cleared to fund a holiday. **11.00** Angus and the team help a widow clear out her home, uncovering a riding crop, a 19th-century stool and a jewellery collection.
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **The Yorkshire Auction House**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Double bill.
11.00 **The Chase** Quiz show
12.00 NOON **Classic Who Wants to Be a Millionaire?** Quiz show.
1.00 PM **The Bidding Room**
2.00 **Family Fortunes**
3.00 **Bullseye** Double bill.
4.00 **Classic Who Wants to Be a Millionaire?**
5.00 **The Bidding Room**
6.00 **Tenable** Double bill.
8.00 **The Chase** Double bill of the quiz show.
10.00 **Who Wants to Be a Millionaire? Olympic Special** Sports stars Roger Black, Matthew Pinsent, Paula Radcliffe, Jonathan Edwards, Sharron Davies and Colin Jackson take part.
11.00 **Celebrity Who Wants to Be a Millionaire?**
12.00 M'T **Bullseye** Double bill.
1.00 AM **The Crystal Maze**
2.00 **The Chase** Triple bill.
5.00 **to 6.00** AM **Bullseye**

GREAT! action

323 319 426 42 33

8.00 AM **Wild West Chronicles** 1/11. (S2)
8.30 **Tombstone Territory**
9.30 **FILM The Unforgiven** (1960, PG) ★★★
12.00 NOON **FILM Terror in a Texas Town** Western. (1958, b/w, PG) ★★★
1.50 PM **FILM Hondo** Western. (1953, PG) ★★★★
3.45 **FILM Seven Men from Now** Western adventure. (1956, U, 77min) ★★★
5.35 **FILM Bandolero!** Western drama. (1968, 15, 106min) ★★★
8.00 **FILM The Last Wagon** Western adventure. (1956, PG, 99min) ★★★
10.15 **FILM Ain't Them Bodies Saints** Drama. (2013, 15, 95min) ★★★★
12.20 AM **FILM Jack Hunter and the Quest for Akhenaten's Tomb** (2008, 15) ★★
2.30 **Cops Uncut**
4.00 **to 5.00** AM **Air Rescue**

+1 hour 324 319

GREAT! movies

321 318 425 50 32

7.00 AM **Air Rescue**
8.00 **Saving Lives at Sea**
9.00 **Sue Thomas: F.B.Eye**
11.00 **FILM The Gourmet Detective: Death Al Dente** (2015, PG) ★★
12.55 PM **FILM White Hot: A Sandra Brown Mystery** (2016, PG) ★★
2.50 **FILM Mary Higgins Clark: You Belong to Me** (2002, 15) ★★
4.55 **FILM Mary Higgins Clark: Weep No More, My Lady** Mystery. (1992, PG, 91 min) ★★
7.00 **Sue Thomas: F.B.Eye**
9.00 **FILM Exposed** Thriller starring Keanu Reeves. (2016, 15, 100min) ★★
11.15 **FILM Final Verdict** Mystery drama. (2009, PG, 90min) ★★
1.20 AM **FILM A Date to Die For** (2015, PG) ★★
3.20 **Air Rescue**
4.00 **to 6.00** AM **FILM Early Release** (2017, PG) ★★

+1 hour 322 318

GREAT! romance

319 317 424 52 47

8.00 AM **FILM Love at Sea** Drama. (2018, PG) ★★
10.05 **FILM Love at the Shore** Romantic comedy. (2017, PG, 84min) ★★
12.10 PM **FILM Sand Dollar Cove** Romantic drama. (2021, PG, 84min) ★★
2.00 **FILM Meet Me in New York** Romantic drama. (2022, PG, 90min) ★★
4.05 **FILM Rome in Love** Drama. (2019, PG) ★★
6.05 **FILM Paris, Wine and Romance** Drama. (2019, PG, 84min) ★★
8.00 **FILM Caribbean Summer** Romantic comedy drama. (2022, PG, 84min) ★★
9.50 **FILM And So It Goes** Romantic comedy. (2014, 12, 90min) ★★★
11.50 **FILM Planning for Joy** Romantic comedy. (2022, PG, 86min) ★★
1.55 **to 5.00** AM **Highway to Heaven**

+1 hour 320 317

Rewind TV

182 81 141

6.00 AM **Highlights**
11.00 **I Dream of Jeannie**
11.30 **Thick as Thieves**
12.00 NOON **Please Sir!** (S2)
12.30 PM **Haggard** 1/7. (S1)
1.00 **FILM At War with the Army** Military comedy. (1950, b/w, U, 100min) ★
2.45 **Auto Rewind**
3.00 **Mapp and Lucia** (S1)
4.00 **Born Free** 1/13. (S1)
5.00 **A Sharp Intake of...**
5.30 **You're Only Young Twice**
6.00 **The Monkees** (S1)
6.30 **In Loving Memory** (S5)
7.00 **I Dream of Jeannie**
7.30 **Haggard** 1/7. (S1)
8.00 **Thick as Thieves**
8.30 **A Sharp Intake of Breath** 3/6. (S2)
9.00 **Brass** 7-8/13. (S1)
10.00 **Game On** 4/6. (S2)
10.35 **Stereo Underground**
11.35 **The Monkees** (S1)
12.05 AM **FILM The Deadly Companions** Western. (1961, PG, 90min) ★★★
2.05 **to 6.00** AM **Highlights**

DMAX

159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Maine Cabin Masters**
12.00 NOON **Alaskan Bush People** Documentary.
1.00 PM **Yukon Men**
3.00 **Alaska: Homestead Rescue** Double bill.
6.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** A huge new boat discovers that the crabs are all in one location.
9.00 **Body Bizarre** The story of how a development in the womb left a boy with no eyes. **10.00** Tony became a hermit when huge lumps grew around his face.
11.00 **Jeremy Wade's Dark Waters** A creature wiping out the fish in a Western Australian river.
12.00 M'T **Naked and Afraid**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Building Alaska**

+1 hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **Paul Goes to Hollywood** A road trip from New York to LA.
7.00 **James Martin's Great British Adventure**
1.00 PM **James Martin's Great British Adventure**
9.00 **Tom Kerridge's American Feast** Tom travels to Colorado to find out why people who live there are some of the fittest in America. **9.30** Tom travels to California's Central Valley, where he bakes a walnut and orange cake and harvests asparagus.
10.00 **James Martin's Great British Adventure** The chef celebrates 1940s to 1960s motorsport at the Goodwood Revival.
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Guy's Grocery Games**

+1 hour 240/241 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 10/24. (S8)
9.00 **The Fall Guy** 9/22. (S3)
10.00 **Star Trek** 23/24. (S3)
11.00 **FILM Bigfoot** Monster movie. (2012, 12) ★★
1.00 PM **FILM The Vengeance of She** Fantasy adventure. (1967, PG, 101min) ★
3.00 **FILM The Man Who Haunted Himself** Chiller. (1970, PG) ★★★
5.00 **The Twilight Zone** (S1)
5.30 **Charlie's Angels** (S1)
7.00 **The Fall Guy** (S3)
8.00 **Walker, Texas Ranger**
9.00 **FILM Parker** Thriller starring Jason Statham. (2013, 15, 114min) ★★★
11.20 **FILM The Football Factory** Violent drama. (2004, 18, 91min) ★
1.10 AM **FILM Acts of Violence** Crime drama. (2018, 15, 86min) ★★
3.00 **to 4.50** AM **FILM Frankenstein Created Woman** (1966, 15) ★★★

Legend Xtra

317 316 171 69 138 51

6.00 AM **FILM Eye of the Beast** As 5.00pm.
8.00 **FILM The Day the Earth Stopped** Thriller. (2008, 15, 90min) ★★
10.00 **Andromeda** 7/22. (S1)
11.00 **King Solomon's Mines**
1.00 PM **FILM Sherlock Holmes** Mystery. (2010, 12, 89min) ★★
3.00 **Andromeda** 7/22. (S1)
4.00 **The A-Team** 2/13. (S5)
5.00 **FILM Eye of the Beast** Monster movie. (2007, 15, 90min) ★★
7.00 **Andromeda** 8/22. (S1)
8.00 **The A-Team** 3/13. (S5)
9.00 **FILM Lone Survivor** War drama starring Mark Wahlberg. (2013, 15, 116min) ★★★★
11.20 **FILM The Trust** Comedy thriller starring Nicolas Cage and Elijah Wood. (2016, 15, 90min) ★★★
1.10 **to 3.00** AM **FILM The Two Faces of Dr Jekyll** Horror. (1960, 15) ★★

+1 hour 318 316 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Pawn Stars**
7.30 **Auction Hunters**
7.55 **Storage Hunters**
8.55 **Hardcore Pawn**
10.15 **UFO Hunters**
11.10 **Weird or What? With William Shatner**
12.10 PM **Mysteries from Above** Desert mysteries.
1.05 **Pawn Stars**
2.05 **Dickinson's Real Deal**
3.05 **Storage Hunters**
4.00 **Ancient Aliens**
6.00 **UFO Hunters**
7.00 **Storage Hunters**
8.00 **Dickinson's Real Deal**
9.00 **Secret Societies**
10.00 **World's Greatest Treasure Mysteries**
11.00 **Forbidden History**
12.00 M'T **Weird Britain**
1.00 AM **UFO Hunters**
2.00 **Ancient Aliens**
3.45 **Wicked Tuna**
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **Entertainment News**
9.10 **FILM The Likely Lads** Comedy spin-off. (1976, PG, 90min) ★★
11.00 **FILM Are You Being Served?** Comedy. (1977, PG, 95min) ★★
1.00 PM **FILM All Creatures Great and Small** Comedy drama. (1974, PG, 87min) ★★★
3.00 **Murder, She Wrote**
4.00 **Columbo**
6.00 **Secrets of the Royal Palaces** Double bill.
8.00 **Ben Fogle: New Lives in the Wild** Ireland.
9.00 **Susan Calman's Grand Day Out** Lyme Regis.
10.00 **Cyprus: Jewel of the Med** Documentary.
11.00 **Prisoner: Cell Block H**
1.00 AM **Autopsy**
2.00 **Dogs Behaving (Very) Badly**
2.55 **Paul Martin's Antiques Showdown**
3.50 **to 4.00** AM **Entertainment News**

HGTV

158 153 191 44 149 40

7.00 AM **My Dream Derelict Home in the Sun**
1.00 PM **My Dream Derelict Home in the Sun**
7.00 **My Dream Derelict Home in the Sun** A renovation project on a crumbling coach house. **8.00** Rebuilding an abandoned bungalow.
9.00 **Fixer Upper: The Lakehouse** Chip and Jo Gaines revive a dated lakehouse estate. **9.30** Chip and Jo try to bring the outdoors into the overall space.
10.00 **Celebrity IOU** New edition Actor Andy Garcia honours his late best friend by surprising his widow.
11.00 **Home Town**
12.00 M'T **A Place in the Sun**
1.00 AM **Building Alaska**
2.00 **Flip or Flop**
3.00 **to 4.00** AM **My Lottery Dream Home**

+1 hour 258/262 391

TLC

133/134 139 165

7.00 AM **Extreme Couponing**
8.00 **My Lottery Dream Home** Double bill.
9.00 **Say Yes to the Dress**
11.00 **My 600lb Life**
12.00 NOON **Dr Pimple...**
1.00 PM **7 Little Johnstons**
2.00 **Return to Amish**
3.00 **Outdaughtered: Busby Quints**
5.00 **My 600lb Life**
6.00 **Dr Pimple Popper**
7.00 **Extreme Sisters**
8.00 **My Big Fat Fabulous Life**
9.00 **1000-lb Sisters**
10.00 **Baylen Out Loud**
11.00 **World's Tiniest Brothers** Documentary.
12.00 M'T **My Extreme Excess Skin** Documentary.
1.00 AM **I Didn't Know I Was Pregnant** Double bill.
2.00 **Baylen Out Loud**
3.00 **World's Tiniest...**
4.00 **My Big Fat Fabulous Life**
5.00 **to 6.00** AM **Extreme Cheapskates**

+1 hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **The Best of Mr Bean**
9.00 **Mr Bean**
1.00 PM **Friends**
8.00 **Friends** 9/18. Joey regrets dating one of Phoebe's friends. **8.30** 10/18. Rachel and Phoebe spot Chandler sneaking around with a beautiful blonde. (S10)
9.00 **Stupid Central** New editions Featuring keep-fit disasters. **9.30** Including extreme sports gone wrong.
10.00 **Russell Howard: Right Here Right Now**
11.00 **Whose Line Is It Anyway? USA**
12.00 M'T **South Park** (S16)
2.00 AM **Broad City**
3.00 **Jason Byrne: Audience Precipitation**
3.45 **The Pep Talk**
3.50 **Your Face or Mine**
4.15 **to 5.00** AM **Stupid Central**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Michael McIntyre's Big Show** With All Saints.
7.00 **Teleshopping**
9.00 **Michael McIntyre's Big Show** Five editions.
2.00 PM **The Best of Mr Bean**
3.00 **Mr Bean**
10.00 **Friends** 20/24. Joey throws a party for the cast of *Days of Our Lives*. **10.30** 21/24. Chandler and Monica go to a fertility clinic for tests. **11.00** 22/24. Monica and Chandler interview a potential sperm donor. **11.30** 23&24/24. The gang visit Barbados. (S9) **12.30** AM 1/18. Phoebe makes a discovery. (S10)
1.05 **Beavis and Butt-Head**
2.05 **Key & Peele**
3.00 **Whose Line Is It Anyway? USA**
3.45 **Harry Hill Live: Sausage Time**
4.30 **Out of Order**
5.15 **to 6.00** AM **Last Man Standing**

Sky Replay

152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **Border Security: America's Front Line**
3.00 PM **The Force: Manchester**
8.00 **Border Security: America's Front Line**
9.00 **Road Wars**
10.00 **The Force: Manchester** Officers raid a property believed to house a cannabis factory.
11.00 **There's Something About Movies** With Gemma Arterton, Guz Khan and Jonathan Ross.
12.00 M'T **The Russell Howard Hour**
1.00 AM **A League of Their Own Road Trip: Dingle to Dover**
2.00 **Duck Quacks Don't Echo** With Dara O Briain.
3.00 **Road Wars**
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV

126/127 137 134 351 366

6.00 AM **The Hills**
6.20 **16 and Pregnant**
7.10 **Teen Mom: The Next Chapter** Reality series.
8.00 **Catfish: The TV Show**
4.00 PM **Catfish: The Dramatic**
5.00 **Catfish: The TV Show**
6.00 **Dallas Cowboys Cheerleaders**
7.00 **Laguna Beach: The Real Orange County**
8.00 **Rich Kids, Skint Holiday** A globetrotter experiences a holiday on a wet, Welsh campsite.
9.00 **Skin A&E**
10.00 **Ink Master: OGs vs. Young Guns** New edition
11.00 **Dating Naked UK**
12.00 M'T **Ink Master Redemption** New edition
12.30 AM **Ridiculousness** New edition
1.00 **Ink Master**
2.45 **Caught in the Act: Unfaithful**
3.35 **to 4.00** AM **The Hills**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Railroad Alaska**
9.00 **Dual Survival**
11.00 **Bad Chad Customs**
1.00 PM **Gold Divers** Double bill.
3.00 **Gold Rush** Double bill..
5.00 **Building Off the Grid** First-time builders want to build a home using shipping containers in Oklahoma.
6.00 **Baggage Battles** The buyers head to Georgia where they seek valuable items.
6.30 Iconic items from Orlando's star attractions.

7.00 **Wheeler Dealers: Dream Car** Mike and Elvis attempt to buy carpenter Simon his dream BMW Z4.
8.00 **Roadworthy Rescues** Derek enlists Steve Dulcich to restore a derelict Dodge Coronet.
9.00 **Alien Invasion: Hudson Valley** Ben Hansen joins UFO experts Melissa Tittl and Marc D'Antonio as they investigate a recent spike in extraterrestrial activity in New York's Hudson Valley.
11.00 **Buying Alaska** A plan to build a cabin in the mountains.
11.30 A million-dollar property.
12.00 M'T **Moonshiners**
1.00 AM **Alien Invasion: Hudson Valley** As shown at 9.00pm.
3.00 **Street Outlaws**
4.00 **to 5.00** AM **Expedition Bigfoot**

+1hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Flying Wild Alaska**
9.00 **Saved by the Barn**
10.00 **Tanked**
11.00 **Animal Cops Philadelphia**
1.00 PM **Crikey! It's the Irwins**
2.00 **Pit Bulls & Parolees**
3.00 **Flying Wild Alaska**
5.00 **Lone Star Law** Bad weather conditions lead to a serious car crash, and illegal deer disposals are investigated.
6.00 **Dr Jeff: Rocky Mountain Vet** The vets care for a cat in Denver that has been mysteriously losing weight.

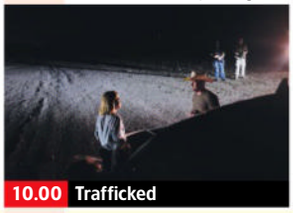
7.00 **Treehouse Masters** Pete and his team build a double-decker hideout in Texas, featuring a saloon-style first floor.
8.00 **Expedition Bigfoot** The team believe they have finally found where Bigfoot has been hiding during their expedition.
9.00 **Alaska: The Last Frontier** The Kilchers move the historic Octagon building to safety, and finish Shane's cabin build.
10.00 **Mountain Monsters** The team are shocked to find out there is an enormous canine stalking Cherokee County, North Carolina.
11.00 **Pit Bulls & Parolees** The shelter faces a challenging rescue when a domestic fire reveals a house full of dogs.
12.00 M'T **Crikey! It's the Irwins**
1.00 AM **Expedition Bigfoot**
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops Philadelphia**

+1hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Airport Security: Rome**
10.00 **Area 51: The CIA's Secret Files** Documentary.
11.00 **Secrets of Area 51**
12.00 NOON **Air Crash Investigation**
2.00 PM **Miracle Landing on the Hudson** How US Airways Flight 1549 was forced to land on the Hudson River.
3.00 **Destruction Decoded**
5.00 **Car S.O.S** Fuzz Townshend and Tim Shaw secretly restore a Daimler SP250 'Dart.'
6.00 Tim and Fuzz secretly customise a Triumph Stag.



7.00 **Car S.O.S** Fuzz Townshend and Tim Shaw fix up an iconic 1989 VW Golf GTI Mk 2.
8.00 **Construction Fails** New edition Earthquake-proof buildings fall down in Turkey, and a bridge collapses in Dresden.
9.00 **To Catch a Smuggler** New edition As HSI agents find illegal guns in Miami, the CBP in Texas seize a bounty of meth.
10.00 **Trafficked with Mariana Van Zeller** New edition A look at how Militia movements take the law into their own hands.
11.00 **Air Crash Investigation** An industry-wide safety problem.
12.00 M'T **Lost Treasures of Arabia**
1.00 AM **To Catch a Smuggler**
2.00 **Abandoned** Documentary
2.30 **Money Meltdown**
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Exotic Animal ER: Double Dose**

+1hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Rust Valley Restorers**
6.50 **American Pickers**
7.45 **Storage Wars**
9.10 **Pawn Stars**
1.00 PM **Titanic: Mystery Solved**
3.00 **Digging for Britain** Alice Roberts visits archaeological digs in the west of Britain.
4.00 Archaeological digs in the east of the country.
5.00 Alice joins teams of archaeologists in the north.
6.00 The forgotten story of the Roman Army's secret weapon in Britain – their cavalry.

7.00 **Pompeii: The Last Mysteries Revealed** Part one of two. A look at the lifestyle of Pompeii's wealthiest citizens.
8.00 **Pompeii: The Last Mysteries Revealed** Part two of two. The Pompeii Archaeological Park teams continue their research.
9.00 **Weird Britain: UFO Special** Andy McGrath explores the Welsh Triangle and revisits UFO landing sites.
10.00 **Mafia: Most Wanted** Series finale The Mafia's power in Canada becomes clearer with the identification of seven primary mob families
11.00 **Holy Marvels with Dennis Quaid** New edition Adverse events blamed on the wrath of angry gods.
12.00 M'T **Evil Encounters**
12.55 AM **Digging for Britain**
3.45 **Weird Britain: UFO Special**
4.45 **Pawn Stars**
5.35 **to 6.00** AM **Dirty Old Cars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys** Four editions.
8.00 **Bangers & Cash**
10.00 **Nazi Hunters**
11.00 **War Factories**
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash**
4.00 **Nazi Hunters**
5.00 **War Factories** The mass production of ammunition brought on by Samuel Colt.
6.00 **Antiques Roadshow** The team visit Exeter Cathedral, where items include artwork painted by Edward VII as a child.

7.00 **The Americas with Simon Reeve** The adventurer travels down the Rocky Mountains from Montana to Colorado.
8.00 **Wilderness with Simon Reeve** Simon treks across the mountains and treacherous ice fields of Patagonia, South America.
9.00 **Tropic of Cancer with Simon Reeve** Stage four of Simon's trip takes him across the areas of India rarely visited by tourists.
10.00 **Bangers & Cash** Derek makes the short trip to a mysterious Yorkshire beauty spot to pick up a 1920s-style bus.
11.00 **Billy Connolly Does...** Billy tackles heroes and villains.
12.00 M'T **Bangers & Cash: Restoring Classics** The team take on the restoration of a 1992 Vauxhall Nova Merit Plus.
1.00 AM **Abandoned Engineering**
2.00 **to 3.00** AM **Great British Railway Journeys**

+1hour 255 329

7 PM
8 PM
9 PM
10 PM

Monday

Quest

144 149 137 12 144 17

6.00 AM **Find It, Fix It, Flog It**
7.00 **Shed and Buried: Classic Cars**
2.00 PM **The Yorkshire Auction House**
3.00 **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
6.00 **Wheeler Dealers**
7.00 **Cycling: Vuelta a España** Stage three.
8.00 **Shed and Buried** Double bill of editions.
9.00 **Mike Brewer: Born Dealer** New edition A BMW M3 turns into a headache for Mike.
10.00 **MotoGP Highlights** The Grand Prix of Hungary.
11.00 **British Superbikes** Action from round seven at Cadwell Park.
12.00 M'T **How Do They Do It?**
1.00 AM **Fifth Gear Recharged**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes... UK**
7.00 **Say Yes to the Dress**
8.00 **Say Yes... Lancashire**
9.00 **Say Yes... UK**
10.00 **Say Yes... Atlanta**
11.00 **Judge Rinder's Crime Stories** Real-life cases.
12.00 NOON **Deadly Affairs**
1.00 PM **On the Case with Paula Zahn**
2.00 **Murder on CCTV**
3.00 **10 Steps to Murder**
4.00 **American Monster**
6.00 **Disappeared**
7.00 **A Killer's Mistake**
8.00 **Murder on CCTV**
9.00 **On the Case with Paula Zahn** New edition
10.00 **The Detectives: My Killer Case**
11.00 **Murder on CCTV**
12.00 M'T **Chris Watts: A Faking It Special**
1.00 AM **Jussie Smollett: A Faking It Special**
2.00 **Murder Comes to Town**
3.00 **to 4.00** AM **FBI Files**

+1hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Fraud Squad** Investigators track a hospital worker who has stolen vital equipment.
8.00 **Killers: Caught on Camera** Surveillance footage captures last movements of a missing woman.
9.00 **Murder: First on Scene** A beloved Spanish teacher is found dead.
10.00 **Prosecuting Evil with Kelly Siegler** When a grieving mother takes her own life, her parents start an investigation.
11.00 **The Truth About My Murder** Double bill.
1.00 AM **Murder: First on Scene** As 9.00pm.
2.00 **Prosecuting Evil with Kelly Siegler**
3.00 **Killers: Caught on Camera** As 8.00pm.
4.00 **to 6.00** AM **Judge Judy**

+1hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Evidence of Evil**
11.00 **Medical Detectives**
2.00 PM **Evidence of Evil**
4.00 **Medical Detectives** When an off-duty police officer is killed,his colleagues are set on finding out why.
4.30 One warm afternoon, a town in Wisconsin faces its first triple homicide.
5.00 Police search a vehicle involved in a pedestrian's death.
5.30 A man dies in a boating accident.
6.00 The case of a victim who ingested a large amount of cyanide.
6.30 Investigators try to catch the person behind a hit-and-run accident.
7.00 **Judge Judy** Back-to-back real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Highway Cops**
7.00 **Send in the Dogs**
8.00 **UK Border Force**
9.00 **Caught on Dashcam**
12.00 NOON **Caught Red Handed** Six editions.
4.00 PM **The Suzy Lamplugh Mystery**
6.00 **Murder Next Door**
9.00 **Richard Ramirez: The Night Stalker Tapes** 1/2. The life of the infamous serial killer.
10.15 2/2. Richard Ramirez evolves into a 'rock star' on death row.
11.30 **John Wayne Gacy: Devil in Disguise**
12.30 AM **Murders That Shocked the Nation**
1.30 **Killer in My Village**
2.30 **Ireland's Most Evil Killers** Joe O'Reilly.
3.30 **Border Security: Canada's Front Line**
5.00 **to 6.00** AM **Motorway Patrol**

+1hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **Grand Tours of the Scottish Islands**
8.40 **Jungle War**
1.00 PM **Grand Tours of the Scottish Islands**
1.40 **Jungle War** How the jungles of the Pacific shaped the battles of World War Two.
2.50 The aftershocks of World War Two.
3.55 Examining ever-evolving jungle warfare tactics.
5.00 Exploring jungle warfare in the final years of the Vietnam War.
6.10 **The Vietnam War** President Nixon announces Hanoi has agreed to a peace deal.
8.30 The Watergate scandal forces President Nixon to resign.
10.50 **Vietnam: The Girl in the Picture** Documentary.
12.00 M'T **Trump's Comeback**
1.10 **to 2.00** AM **Grand Tours of the Scottish Islands**

MONDAY

Monday

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **100 Foot Wave**
7.00 **Discovering: Peter Ustinov**
8.00 **The Directors**
9.00 **Bobby Robson: More Than a Manager** Documentary.
11.00 **Schmeichel** Documentary.
1.00 PM **Lancaster** The story of the legendary bomber synonymous with the Dambusters.
3.00 **Spitfire** The story of British single-seat fighter plane the Supermarine Spitfire.
5.00 **Elvis Presley: The Searcher** 1&2/2. Documentary about the life and career of the singer.
9.00 NEW SERIES **The Yogurt Shop Murders** 1/4. The story of the 1991 killing of four teenage girls in Austin, Texas. **10.15** New edition 2/4. Trauma continues to haunt the community as family members search for healing.
11.30 **Amsterdam Narcos**
12.30 AM **100 Foot Wave**
1.30 **Queen of Speed**
3.20 **SIC: Prince of MotoGP**
5.00 **to 6.00** AM **Discovering: Peter Ustinov**

Crime+Investigation

156 142 133

6.00 AM **Imperfect Murder**
7.00 **Homicide Hunter**
8.00 **Killer Town**
9.00 **Murdertown**
10.00 **Sunshine Slayings**
11.00 **#Textmewhenyougethome**
12.00 NOON **Exhumed: Killer Revealed** Documentary.
1.00 PM **Somebody's Hiding...**
2.00 **Judge Rinder's Crime Stories**
3.00 **Murdertown**
4.00 **Murder at My Door**
5.00 **What the Killer Did Next**
6.00 **Imperfect Murder**
7.00 **An Hour to Kill**
8.00 NEW SERIES **Somebody's Hiding Something**
9.00 **When Missing Turns to Murder** New edition
10.00 **West End Murders**
11.00 **Killed Without A Trace**
12.00 M'T **Somebody's Hiding...**
1.00 AM **When Missing Turns to...**
2.00 **An Hour to Kill**
3.00 **Last Night Out** New edition
4.00 **What the Killer Did Next**
5.00 **to 6.00** AM **Sunshine Slayings**

+1 hour 256 333

U&Eden

166 134/162 176 57 160 151

9.00 AM **Abandoned Engineering**
1.00 PM **Abandoned Engineering**
7.00 **Abandoned Engineering** Investigating what happened to a pirate city in Jamaica, a grim gulag in Croatia and a Louisiana plantation caught up in the aftermath of the US Civil War. **8.00** Examining a ghost island once belonging to a secretive country on the fringes of Europe. Also, a haunting site in the UK with evidence of strange burial practices. **9.00** A marooned ironclad structure off the coast of England that hides a dramatic story of war and resilience. **10.00** Forgotten relics from the defence of America's homeland, concealed by the banks of the Mississippi. **11.00** An American jail for dangerous prisoners with links to an infamous cult leader.
12.00 M'T **Abandoned Engineering**
5.20 **to 6.00** AM **Celebrity Mastermind**

+1 hour 266 376

Sky Nature

145 113/114 189 354 369

6.00 AM **Amazing Animal Friends**
7.00 **Monkey Life**
8.00 **Colombia's Wild Coast**
9.40 **David Attenborough's Natural History Museum Alive**
11.00 **David Attenborough's Wild City**
2.00 PM **Impossible Animals**
3.00 **Alien Abyss** Triple bill.
6.00 **Wild Crusades: The Monkey Diaries** A look at the life of Sri Lanka's toque macaque.
7.00 **Attenborough's Journey** A look at the making of *First Life*.
8.00 **David Attenborough's Rise of Animals: Triumph of the Vertebrates** 1/2. Exploring the evolution of vertebrates. **9.00** 2/2. How mammals came to dominate the natural world.
10.00 **Secret Life of the Tasmanian Devil** 1/2. The marsupial native only to the Australian island. **11.00** 2/2. How Tasmanian Devils look after their young.
12.00 M'T **Planet Shark**
3.00 AM **Pridelands: Wilderness Reborn** Documentary.
4.00 **to 6.00** AM **Hope for Wildlife: The Next Generation**

WILD

165 145/133 182

8.00 AM **Yukon Vet**
9.00 **Alaska Animal Rescue**
10.00 **Monster Fish**
11.00 **Critter Fixers: Country Vets**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Critter Fixers: Country Vets**
3.00 **America's National Parks**
4.00 **Secrets of the Zoo: North Carolina**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City**
7.00 **Amazonia** A look at rarely-seen creatures of the Amazon. **8.00** An analysis of the rarely seen predators of the Amazon.
9.00 **Predator in Paradise** Predatory animals that live on beaches and prey on other coastal creatures.
10.00 **Alaska: The Next Generation**
11.00 **Ice Road Rescue**
12.00 M'T **Animal Fight Club**
1.00 AM **Last of the Giants: Wild Fish** Ravenous sharks threaten to derail the team's mission.
2.00 **The Incredible Dr Pol**
3.00 **Alaska Animal Rescue**
4.00 **to 5.00** AM **World's Deadliest**

ID

154 141 166

8.00 AM **The Killer in My Family**
9.00 **People Magazine Investigates**
11.00 **Southern Fried Homicide**
1.00 PM **A Killer's Mistake**
3.00 **The Perfect Murder**
5.00 **Married to Evil**
6.00 **Primal Instinct**
7.00 **Broken Trust** When Adele and Stephen Craven hired handyman Rusty McIntire to remodel their basement, it kicked off a chain of events that led to murder. **8.00** Investigating the case of Ron Hiiri, a ladies' man living the good life in Connecticut.
9.00 **Boris Johnson: A Faking It Special** Experts analyse the former Prime Minister's colourful past and complicated relationship with the truth.
10.00 **On the Case with Paula Zahn**
11.00 **Death by Fame**
12.00 M'T **The Curious Case of Natalia Grace: Natalia Speaks**
2.00 AM **Married to Evil**
3.00 **Primal Instinct**
4.00 **to 6.00** AM **Broken Trust**

+1 hour 254 366

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Great Escapes with Morgan Freeman**
9.00 **Digging Up Britain's Past**
10.00 **Combat Ships**
11.00 **Ancient Aliens**
1.00 PM **Secrets of the Lost Liners**
2.00 **Digging Up Britain's Past**
3.00 **Battle 360**
4.00 **Medieval Dead**
5.00 **Lost Worlds**
6.00 **UFOs Declassified**
7.00 **What on Earth?**
8.00 **Auction Hunters** Double bill.
9.00 **Craig Charles: UFO Conspiracies** A perplexing UFO encounter in west Ireland.
10.00 **Al Murray: Why Do the Brits Win Every War?** Exploring the truth behind how the Vikings were so successful in Britain.
11.00 **MonsterQuest** The world's largest species of octopus.
12.00 M'T **Ancient Aliens**
2.00 AM **Great Escapes with Morgan Freeman**
3.00 **Battle 360**
4.00 **Medieval Dead**
5.00 **to 6.00** AM **Lost Worlds**

Discovery History

174 147 181 320 325

7.00 AM **Creating the X-Craft**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Creating the X-Craft** The development of the US Navy's latest warship, the X-Craft, going behind the scenes at America's Naval Surface Warfare Centre where the vessel is being designed.
9.00 **Paranormal Declassified** Paul Beban looks for answers in a string of unsolved cattle mutilations across America.
10.00 **How Do They Do It?**
11.00 **Massive Engineering Mistakes**
12.00 M'T **Mysteries at the Museum**
2.00 AM **How the Universe Works**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Scrapyard Dynasty**
7.00 **Kindig Customs**
8.00 **Motor Pickers**
9.00 **Bad Chad Customs**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Outback Car Hunters**
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **Bad Chad Customs**
4.00 **Shorty's Dream Shop**
5.00 **Motor Pickers**
6.00 **Salvage Hunters: Classic Cars**
7.00 **Shed and Buried**
8.00 **Shorty's Dream Shop** A big fan of the movie *Training Day* wants his 1978 Monte Carlo built in the same vein.
9.00 **Richard Hammond's Big** The Burj Khalifa in Dubai.
10.00 **Bad Chad Customs**
11.00 **Shed and Buried**
12.00 M'T **Shorty's Dream Shop**
1.00 AM **Outback Car Hunters**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers: Dream Car**
4.00 **to 5.00** AM **Trans Am**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.05 AM **The Mountain** As 4.55am.
7.40 **Into the Wonderwoods** Animation. (2024, PG, 81min)
9.10 **Sonic the Hedgehog 3**
11.05 **Night Call** As 6.20pm.
12.45 PM **The Surfer** As 8.00pm.
2.35 **Saturday Night** Comedy. (2024, 15, 109min) ★★★★
4.25 **Sonic the Hedgehog 3** Fantasy sequel. (2024, PG) ★★★
6.20 **Night Call** French-Belgian crime thriller. Subtitled. (2024, 15, 97min) ★★★★

9.50 Long Gone Heroes

8.00 The Surfer Thriller starring Nicolas Cage and Julian McMahon. A father returns to the beach of his childhood to surf, but is drawn into a conflict with local thugs. (2024, 15, 100min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 Long Gone Heroes Action thriller starring Eden Brolin and Andy Garcia. A special forces operative attempts to rescue his kidnapped niece when a mercenary mission spirals into chaos. (2024, 15, 101min)

11.40 **Heart Eyes** Horror comedy. (2025, 15, 97min) ★★★★
1.25 AM **The Room Next Door** Drama starring Tilda Swinton. (2024, 12, 102min) ★★★★
3.15 **Gator Creek** Horror thriller. (2025, 15, 87min) ★
4.55 **to 6.40** AM **The Mountain** Family comedy adventure. (2024, PG, 89min) ★★★★

Sky Cinema Hits

303 303 403 503 517

6.00 AM **Cloudy with a Chance of Meatballs** (2009, U) ★★★★
7.35 **Cloudy with a Chance of Meatballs 2** (2013, U) ★★★
9.15 **Ghostbusters: Frozen Empire**
11.15 **The Great Gatsby** F Scott Fitzgerald's melancholy tale. (1974, 12, 146min) ★★★
1.40 PM **The Firm** As 12.20am.
4.15 **The Surfer** (2024, 15) ★★★★
6.00 **Ghostbusters: Frozen Empire** Supernatural comedy sequel. (2023, 12, 115min) ★★★

8.00 Edge of Tomorrow

8.00 Edge of Tomorrow Sci-fi adventure starring Tom Cruise and Emily Blunt. A soldier fighting against an alien army is repeatedly killed and brought back to life to relive the same battle. With Brendan Gleeson. (2014, 12, 113min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Vanilla Sky Romantic fantasy drama starring Tom Cruise and Penélope Cruz. A wealthy young man's charmed life takes a bizarre turn after he meets the girl of his dreams. With Cameron Diaz and Kurt Russell. (2001, 15, 136min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **The Firm** Legal thriller. (1993, 15, 155min) ★★★
3.05 **Star Trek: Nemesis** Sci-fi adventure with Patrick Stewart. (2002, 12, 116min) ★★★
5.10 **to 6.05** AM **Sky Cinema Preview**

Sky Cinema Drama

310 310 410 510 524

7.35 AM **The Quiet Man** As 5.45pm.
9.50 **Flashdance** As 2.15am.
11.40 **Joker: Folie à Deux** Musical thriller starring Joaquin Phoenix. (2024, 15, 138min) ★★★★
2.05 PM **I Used to Be Funny** (2023)
4.00 **Cicada** Drama starring Matthew Fifer. (2020, 15, 96min) ★★★★
5.45 **The Quiet Man** John Ford's romantic drama starring John Wayne. (1952, U, 129min) ★★★

8.00 The Shawshank Redemption Prison drama with Tim Robbins and Morgan Freeman. A mild-mannered banker convicted of murder forms an unlikely friendship with a fellow convict. (1994, 15, 142min) ★★★★★
10.30 I Used to Be Funny Comedy drama starring Rachel Sennott. A comedian agonises over whether or not to join the search for a missing teenage girl she used to look after. (2023, 15, 105min) ★★★

12.25 AM **Cicada** As 4.00pm.
2.15 **Flashdance** Adrian Lyne's dance drama starring Jennifer Beals. (1983, 15, 96min) ★★★
4.00 **to 6.05** AM **A Different Man** Psychological thriller with Adam Pearson and Sebastian Stan. (2024, 15, 112min) ★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

7.10 AM **Aeon Flux** As 1.10am.
8.55 **Ouija** Horror starring Olivia Cooke. (2014, 15, 87min) ★★
10.35 **Battleship** As 10.55pm.
12.55 PM **A Quiet Place** Horror. (2018, 15, 90min) ★★★★
2.35 **A Quiet Place: Day One** Horror prequel starring Lupita Nyong'o. (2024, 15, 100min) ★★★★
4.25 **Cloverfield** Offbeat disaster movie. (2007, 15, 81min) ★★★

6.05 **10 Cloverfield Lane** Thriller. (2016, 12, 103min) ★★★★
8.00 Interstellar Sci-fi drama starring Matthew McConaughey, Anne Hathaway and Michael Caine. A spacecraft goes in search of a new home for the human race before a devastated Earth becomes uninhabitable. (2014, 12, 166min) ★★★★
10.55 Battleship Sci-fi adventure starring Taylor Kitsch, Rihanna and Alexander Skarsgård. (2012, 12, 126min) ★★★

1.10 AM **Aeon Flux** Sci-fi action thriller starring Charlize Theron. (2005, 15, 93min) ★★
2.55 **Escape from the 21st Century** Chinese fantasy. Subtitled. (2024, 15, 94min) ★★★
4.40 **to 6.15** AM **47 Metres Down** Horror. (2017, 15, 89min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

6.30 AM **Daddy Day Camp** (2007)
8.05 **MouseHunt** As 8.00pm.
9.45 **The Golden Compass** (2007)
11.45 **Stuart Little** Fantasy. (1999, U, 84min) ★★★★★
1.15 PM **Stuart Little 2** Fantasy sequel. (2002, U) ★★★★
2.40 **Peter Rabbit 2: The Runaway** (2021, U) ★★★
4.20 **The Spiderwick Chronicles** Fantasy. (2008, PG) ★★★★
6.00 **The Golden Compass** Fantasy. (2007, PG, 109min) ★★★

6.00 The Golden Compass

8.00 **MouseHunt** Slapstick comedy starring Nathan Lane and Lee Evans. The efforts of two brothers to renovate an old mansion are thwarted by a tenacious mouse. (1997, PG, 98min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **Bean** Big-screen spin-off from the TV comedy, starring Rowan Atkinson. Disaster-prone Mr Bean creates havoc when he accompanies a valuable painting to America. With Peter MacNicol. (1997, PG, 90min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **Jackie Chan's The Tuxedo** Action comedy starring Jackie Chan. (2002, 12, 98min) ★★
1.05 AM **Harriet the Spy** Family comedy adventure. (1996, PG, 97min) ★★★★
2.55 **Daddy Day Camp** Comedy sequel. (2007, PG, 88min) ★★
4.35 **to 6.00** AM **Friend or Foe** Drama. (1981, U, 70min) ★★★

Sky Cinema Action

307 307 407 507 521

8.15 AM **Blood for Dust** (2023)
10.05 **Dragon Lord** As 4.05am.
11.55 **Ghost Rider: Spirit of Vengeance** Fantasy adventure sequel. (2012, 12, 91min) ★★
1.40 PM **300: Rise of an Empire** Fantasy adventure sequel. (2014, 15, 100min) ★★★
3.30 **Shazam!** Comedy adventure. (2019, 12, 132min) ★★★★
5.50 **Mad Max: Fury Road** Sci-fi thriller starring Tom Hardy. (2015, 15, 120min) ★★★★★

5.50 Mad Max: Fury Road

8.00 **The Mummy** Action adventure starring Brendan Fraser and Rachel Weisz. In 1920s Egypt, a dashing American, an English librarian and her wastrel brother unwittingly revive an evil high priest. (1999, 15, 124min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

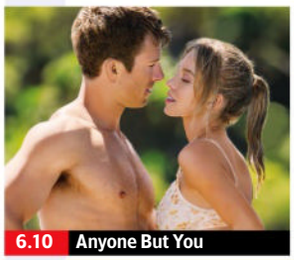
10.10 **William Tell** Historical drama with Claes Bang. During the 14th century, William Tell defends his family and homeland of Switzerland after the Austrian King invades. (2025, 15, 133min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Yes, Madam!** Action comedy. (1985, 18) ★★★
2.15 **Blood for Dust** Action thriller. (2023, 15, 98min) ★★★
4.05 **Dragon Lord** Action comedy. (1982, 15, 102min) ★★★★
5.55 **to 7.40** AM **Police Story 3: Supercop** Action thriller sequel. (1992, 15, 91min) ★★

Sky Cinema Comedy

308 308 408 508 522

6.25 AM **Knocked Up** Comedy. (2007, 15, 129min) ★★★★
8.35 **Miss Congeniality** Comedy. (2000, 12, 109min) ★★★★
10.30 **Miss Congeniality 2: Armed and Fabulous** (2005, 12) ★★
12.30 PM **School of Rock** Comedy. (2003, PG, 109min) ★★★★
2.25 **Blades of Glory** (2007) ★★★
4.05 **The 40-Year-Old Virgin** Comedy. (2005, 15) ★★★★
6.10 **Anyone But You** Comedy. (2023, 15, 103min) ★★★★



6.10 Anyone But You

8.00 **The Blues Brothers** Cult comedy from John Landis, starring John Belushi and Dan Aykroyd as delinquent brothers who get their old R&B band back together to save the orphanage that was their childhood home. (1980, 15, 135min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **Baywatch** Action comedy based on the TV series, starring Dwayne Johnson and Zac Efron. A veteran lifeguard teams up with an Olympic swimmer to scupper a criminal scheme. (2017, 15, 121min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **Wimbledon** Romantic comedy starring Paul Bettany. (2004, 12, 98min) ★★★
2.20 **'About Last Night...'** Comedy drama. (1986, 18, 113min) ★
4.30 **to 6.45** AM **Crazy Rich Asians** Romantic comedy. (2018, 12, 120min) ★★★★

Sky Cinema Thriller

309 309 409 509 523

7.45 AM **Promising Young Woman** Thriller. (2020, 15) ★★★★
9.45 **Mob Cops** As 11.45pm.
11.25 **Maggie Moore(s)** Comedy thriller starring Jon Hamm. (2023, 15, 99min) ★★★
1.10 PM **The Accountant** Thriller. (2016, 15, 123min) ★★★
3.25 **Bad Boys II** Action comedy sequel starring Will Smith. (2003, 15, 147min) ★★★
5.55 **RocknRolla** Crime comedy thriller. (2008, 15, 110min) ★★

5.55 RocknRolla

8.00 **Layer Cake** Gangster thriller starring Daniel Craig and Michael Gambon. A slick London drug dealer finds himself in trouble when a drug deal goes sour. (2004, 15, 105min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.55 **Snatch** Crime comedy drama starring Jason Statham, Benicio Del Toro and Brad Pitt. A group of British crooks plan to steal a diamond from a US mobster. (2000, 18, 102min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Mob Cops** Crime drama. (2024, 15, 87min) ★
1.20 AM **Rear Window** Hitchcock thriller starring James Stewart. (1954, PG, 112min) ★★★★★
3.20 **The Last Stop in Yuma County** Crime thriller. (2023, 15, 90min) ★★★★
5.00 **The Cinema List: Thrillers**
5.15 **to 7.05** AM **Swordfish** Action thriller. (2001, 15, 99min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **The Muppets Take Manhattan** Musical comedy. (1984, U, 94min) ★★★★
12.50 PM **Hotel Transylvania 3: Summer Vacation** Animated sequel. (2018, U, 97min) ★★
2.50 **Titanic** Oscar-winning drama. (1997, 12, 195min) ★★★★
6.35 **The Day After Tomorrow** Disaster movie starring Dennis Quaid and Jake Gyllenhaal. (2004, 12, 124min) ★★★★

11.15 Bad Times at the El Royale

The Day After Tomorrow (film started at 6.35pm) **8 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Uncharted** Fantasy action adventure starring Tom Holland and Mark Wahlberg. A pair of treasure hunters embark on a globetrotting search for a fortune that was lost 500 years previously. With Antonio Banderas. (2022, 12, 116min) ★★★ **9 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Bad Times at the El Royale** Mystery thriller starring Jeff Bridges and Cynthia Erivo. In the late 1960s, several strangers meet by chance at a Lake Tahoe hotel with a dark past. (2018, 15, 141min) ★★★★ **10 PM**
2.05 **to 3.55** AM **Sheroes** Adventure comedy starring Sasha Luss and Wallis Day. (2023, 18, 91min) ★★ **11 PM**

+1 hour 314 430 47 301 257

Sky Cinema Fast

302 302 402 502 516

7.15 AM **Fast & Furious 8** (2017)
9.35 **Fast & Furious Presents Hobbs & Shaw** As 4.35am.
11.55 **The Fast and the Furious** Action thriller starring Vin Diesel. (2001, 15, 107min) ★★★
1.55 PM **2 Fast 2 Furious** Action thriller sequel with Paul Walker. (2003, 12, 108min) ★★★
3.55 **Fast & Furious** Action thriller sequel. (2009, 12, 107min) ★★★
5.45 **Fast & Furious 5** Action thriller sequel. (2011, 12, 130min) ★★★
8.00 **Fast & Furious 6** Action thriller sequel starring Vin Diesel, Paul Walker and Dwayne Johnson. The gang of carjackers come out of retirement to stop a criminal mastermind from constructing a superweapon. (2013, 12, 125min) ★★★
10.10 **The Fast and the Furious: Tokyo Drift** Motor racing thriller starring Lucas Black and Bow Wow. (2006, 12, 104min) ★★
11.55 **Fast & Furious 7** Thriller sequel. (2015, 12, 132min) ★★★★
2.15 AM **Fast & Furious 8** Thriller sequel. (2017, 12, 136min) ★★★
4.35 **to 7.05** AM **Fast & Furious Presents Hobbs & Shaw** Adventure with Dwayne Johnson. (2019, 12, 137min) ★★★

Sky Cinema Greats

304 304 404 504 518

7.25 AM **Star Trek The Motion Picture** As shown at 12.10am.
9.35 **Star Trek II: The Wrath of Khan** As shown at 2.20am.
11.30 **Vertigo** Hitchcock thriller. (1958, PG, 128min) ★★★★★
1.50 PM **In the Line of Fire** Thriller. (1993, 15, 127min) ★★★★
4.00 **Patriot Games** Action thriller starring Harrison Ford and Anne Archer. (1992, 15, 116min) ★★★
6.00 **Raiders of the Lost Ark** Steven Spielberg's adventure starring Harrison Ford. Buccaneering archaeologist Indiana Jones tries to stop the Ark of the Covenant from falling into Nazi hands. (1981, PG, 115min) ★★★★★
8.00 **Indiana Jones and the Temple of Doom** Steven Spielberg's adventure starring Harrison Ford. (1984, PG, 118min) ★★★
10.00 **Indiana Jones and the Last Crusade** Action adventure. (1989, PG, 127min) ★★★★★
12.10 AM **Star Trek The Motion Picture** Sci-fi action adventure. (1979, U, 132min) ★★★
2.20 **Star Trek II: The Wrath of Khan** Sci-fi. (1982, 12, 113min) ★★★★
4.15 **Sky Cinema Preview**
5.15 **to 7.05** AM **Congo** Adventure. (1995, 12, 108min) ★★★

Sky Cinema Kung Fu Panda

305 305 412 500 514

6.50 AM **Kung Fu Panda 4** As 8pm.
8.30 **Kung Fu Panda** As 9.40pm.
10.10 **Kung Fu Panda 2** As 4.40pm.
11.45 **Kung Fu Panda 3** As 6.20pm.
1.25 PM **Kung Fu Panda 4** As 8pm.
3.00 **Kung Fu Panda** As 9.40pm.
4.40 **Kung Fu Panda 2** Animated comedy adventure sequel with the voices of Jack Black, Gary Oldman and Angelina Jolie. (2011, PG, 90min) ★★★★
6.20 **Kung Fu Panda 3** Animated comedy adventure sequel. (2016, PG, 95min) ★★★★
8.00 **Kung Fu Panda 4** Animated comedy adventure sequel featuring the voice of Jack Black. Po returns to find and train a new dragon warrior, while a sorceress plans to summon all of his past enemies for revenge. (2023, PG, 94min) ★★★
9.40 **Kung Fu Panda** Animation with the voice of Jack Black. (2008, PG, 92min) ★★★★
11.20 **Kung Fu Panda 2** Animated comedy adventure sequel. (2011, PG, 90min) ★★★★
1.00 AM **Kung Fu Panda 3** (2016)
2.45 **Kung Fu Panda 4** As 8.00pm.
4.30 **to 6.35** AM **Deep Sea** Animated family adventure. (2023, PG, 112min) ★★★

Movies 24

312 313 419

7.00 AM **Our Take on Love** Drama. (2022, PG, 87min) ★★
9.00 **Groundswell** Romantic comedy. (2022, PG, 84min) ★★
11.00 **His and Hers** Romantic drama. (2024, PG, 90min) ★★
1.00 PM **Love on Retreat** Romantic drama. (2023, PG, 85min) ★★
3.00 **Romantic Rewrite** Romantic comedy starring Kristina Cole. (2022, PG, 82min) ★★
5.00 **Journey to You** Romantic drama. (2025, PG, 84min) ★★
7.00 **A Royal Makeover** Romantic comedy starring Veronica Long. (2023, PG, 87min) ★★
9.00 **A Bridesmaid in Love** Romantic comedy starring Tori Anderson and Sean Poague. A bridesmaid helps organise her best friend's wedding, and finds herself falling for the bride's brother. (2022, PG, 87min) ★★
11.00 **Love On Your Doorstep** Drama. (2023, PG, 86min) ★★
1.00 AM **The Engagement Back-Up** Romantic comedy drama. (2022, PG, 91min) ★★
3.00 **to 5.00** AM **Return to Office** Romantic drama starring Janel Parrish. (2025, PG, 84min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Johnny Ringo** 6/38. (S1)
6.30 **The Gilded Cage** Crime thriller. (1955, b/w, PG, 77min) ★★
8.00 **The Secret Man** Spy thriller. (1958, b/w, U, 68min) ★★★
9.30 **Tons of Trouble** Comedy. (1955, b/w, U, 77min) ★★★
11.05 **Hour of Decision** Mystery with Jeff Morrow and Hazel Court. (1957, b/w, PG, 79min) ★★★
12.40 PM **What's On TPTV with Noel**
12.50 **Fighting Man of the Plains** Western starring Randolph Scott. (1949, PG, 94min) ★★★
2.40 **Albert RN** Wartime drama. (1953, b/w, PG, 89min) ★★★
4.25 **The Beverly Hillbillies** (S2)
4.55 **Scotland Yard** 28/39. (S1)
5.30 **Bonanza** 29/32. (S1)
6.30 **The Vise** 7/39. (S1)
7.00 **The Footage Detectives**
8.00 **Public Eye** 9/13. (S7)
9.05 **A Dandy in Aspic** Espionage thriller starring Laurence Harvey. (1968, PG, 107min) ★★★
11.15 **Nor the Moon by Night** Drama. (1958, U, 95min) ★★
1.15 AM **Three Came Home** Drama. (1950, PG, 106min) ★★★★
3.20 **Thunder Rock** Fantasy drama. (1942, b/w, PG, 112min) ★★★
5.25 **to 6.00** AM **The Life and Legend of Wyatt Earp**

MONDAY Sport 25 August

Monday

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports Catch Up**
7.00 **Sky Sports Breakfast**
9.00 **Ref Watch** Refereeing decisions.
10.00 **Sky Sports FC**
12.00 NOON **Transfer Talk**
1.00 PM **Lunchtime Live**
2.00 **Sports Desk**
3.30 LIVE **US Open Tennis** Coverage of the second day of the Grand Slam tournament staged at the USTA Billie Jean King National Tennis Center in Flushing Meadows, New York.
6.30 LIVE **MNF Newcastle United v Liverpool.** Coverage of the Premier League match staged at St James' Park. The sides shared the spoils in a thrilling 3–3 draw in last season's corresponding fixture. Liverpool then won the reverse fixture 2–0 at Anfield, but Newcastle would avenge that loss by memorably prevailing 2–1 against the Reds in the EFL Cup final. Kick-off is at **8.00pm**.
11.00 LIVE **US Open Tennis** Further coverage of day two of the Grand Slam staged at the USTA Billie Jean King National Tennis Center in Flushing Meadows, New York.
5.30 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Highlights**
9.00 **Ref Watch** Refereeing decisions.
10.00 **Sky Sports FC**
12.00 NOON **Transfer Talk**
1.00 PM **Premier League Highlights** West Ham United v Chelsea.
1.30 Burnley v Sunderland.
2.00 Bournemouth v Wolves.
2.30 Brentford v Aston Villa.
3.00 **Premier League Highlights** Arsenal v Leeds United.
3.30 Everton v Brighton & Hove Albion at Hill Dickinson Stadium.
4.00 Highlights from Crystal Palace v Nottingham Forest.
4.30 Fulham v Manchester United staged at Craven Cottage.
5.00 **The Premier League Show**
6.00 **Ref Watch** Refereeing decisions.
6.30 LIVE **MNF Newcastle United v Liverpool.** Coverage of the Premier League match from St James' Park. Kick-off **8.00pm**.
11.00 **Transfer 360** Duncan Ferguson.
11.30 **The Big Interview**
12.00 M'T **MNF** Newcastle v Liverpool.
12.30 AM **Premier League Stories**
1.00 **PL Retro** Chelsea v Tottenham.
3.00 **PL Greatest Games**
4.00 **to 6.00** AM **PL Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL Cup Retro**
8.45 **EFL Greatest Games**
9.00 **SPFL Round-Up**
9.15 **SPFL Highlights**
9.30 **EFL Greatest Games**
10.00 **Championship Season Review**
11.00 **Best Goals: EFL Cup 2021/22**
11.30 **EFL Trophy Football**
12.00 NOON **EFL Cup Highlights**
1.00 PM **Best Scottish Premiership Goals 2021/22** Highlights.
1.30 **SPFL** Goals from 2014/15.
2.00 **EFL Highlights**
5.00 **SPFL Round-Up**
5.15 **SPFL Highlights**
5.30 **EFL League One Goals**
6.00 **EFL League Two Goals**
6.30 **Bundesliga Highlights Show**
7.30 **EFL Highlights**
8.30 **SPFL Round-Up**
8.45 **SPFL Highlights**
9.00 **EFL Highlights** Action from Charlton Athletic v Leicester City.
9.15 Hull City v Blackburn Rovers.
9.30 **EFL Highlights** Championship.
11.00 **EFL Greatest Games**
12.00 M'T **Retro League One**
2.00 AM **EFL Greatest Games**
4.00 **EFL Cup Retro** The 2018 final.
4.30 **EFL** Goals from 2017/18.
5.00 **to 6.00** AM **Henrik Larsson: 20 Years On**

Sky Sports Cricket

405 405 514 504 422 442

6.00 AM **The Hundred** A replay of Manchester Originals Women v Birmingham Phoenix Women.
9.15 **The Hundred Bitesize**
10.30 **The Hundred** A replay of Welsh Fire Men v Trent Rockets Men.
2.00 PM **The Hundred Bitesize**
2.45 LIVE **The Hundred Oval Invincibles Women v London Spirit Women.** Coverage of the match staged at the Oval in London. Start-time is at **3.00pm**.
6.00 LIVE **The Hundred Oval Invincibles Men v London Spirit Men.** Coverage of the game at the Oval. Start-time **6.30pm**.
9.30 **The Hundred Bitesize** Brief highlights from Oval Invincibles Men v London Spirit Men.
9.45 Oval Invincibles Women v London Spirit Women highlights.
10.00 Oval Invincibles Men v London Spirit Men highlights.
10.15 **The Hundred** A replay of Oval Invincibles Women v London Spirit Women at The Oval in London.
1.30 AM **The Hundred Bitesize**
2.00 **The Hundred** Another chance to see Oval Invincibles Men v London Spirit Men at The Oval in London.
5.30 **to 6.00** AM **Hundred Bitesize**

Sky Sports Golf

406 406 515 505 423 443

6.00 AM **DP World Tour Golf** Replay of day four of the British Masters The Belfry in Wishaw, Warwickshire.
11.00 **PGA Tour Golf** Replay of day four of the Tour Championship at East Lake Golf Club in Atlanta.
5.00 PM **Ryder Cup Memories**
6.00 **Countdown to the Ryder Cup**
6.30 **DP World Tour Golf** A review of the British Masters tournament.
7.00 **PGA Tour Golf** A review of this year's Tour Championship.
8.00 **My Ryder Cup** Player memories
9.00 **PGA Tour Golf** A review of this year's Tour Championship.
10.00 **DP World Tour Golf** A review of the British Masters tournament.
10.30 **Tour Golf Highlights** Action from the Vierumaki Finnish Challenge.
11.00 **PGA Tour Golf** Event review.
12.00 M'T **DP World Tour Golf**
12.30 AM **Tour Golf Highlights**
1.00 **PGA Tour Golf** Archive action.
3.00 **to 6.00** AM **DP World Tour Golf**

Sky Sports Tennis

408 408 537 520 425 445

6.00 AM **ATP Tour This Week**
6.30 **US Open Tennis** The first day.
3.30 PM LIVE **US Open Tennis** Coverage of day two of the Grand Slam event at the USTA Billie Jean King National Tennis Center in Flushing Meadows, New York.
2.30 AM LIVE **US Open Tennis** Further coverage of day two from Flushing Meadows, New York.
5.30 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **Supertri E World Triathlon Championship** From Chicago.
7.00 LIVE **Snooker: Wuhan Open** The third session of the first round from Wuhan Gymnasium in China.
10.00 **Onboard** The Ocean Race.
10.30 **Premier League** Manchester City v Tottenham Hotspur.
12.00 NOON **La Vuelta Men**
1.00 PM LIVE **Cycling: La Vuelta Men** Coverage of the third stage of the Grand Tour race, a 139km route from Maurizio Canavese to Ceres in Italy.
5.00 **UEFA Champions League – Stories of the Finals**
5.30 **MLB Highlights**
6.30 **Premier League: Big Interview**
7.00 **Premier League Stories**
7.30 LIVE **British Speedway Oxford Spires v King's Lynn Stars.** Coverage of the match from the 12th round of the season at Oxford Stadium.
10.00 **Snooker Wuhan Open**
12.00 M'T LIVE **MLB New York Mets v Philadelphia Phillies.** Coverage of the National League East match staged at Citi Field. Start-time is at **12.10am**.
3.15 **to 6.00** AM **MLB Classic**

TNT Sports 2

411 414 522 409 431

6.00 AM **One Day International Cricket** Australia v South Africa in the third ODI staged at Great Barrier Reef Arena in Mackay.
7.00 LIVE **Snooker: Wuhan Open** The third session of the first round from Wuhan Gymnasium in China, where the players will compete in best-of-nine-frame matches to progress to the next round.
10.00 **British Superbikes** Race one at Cadwell Park in Lincolnshire.
10.30 **Serie A** Sassuolo v Napoli.
11.30 Juventus v Parma.
12.30 PM LIVE **Snooker: Wuhan Open** The fourth session of the first round at Wuhan Gymnasium.
3.30 **MLB Highlights**
4.30 **WNBA** Highlights from Atlanta Dream v New York Liberty.
5.30 **The WRC Magazine**
6.00 LIVE **Ultimate Pool** Coverage of Group 13 of the Pairs Cup.
9.30 **British Superbikes** Races two and three at Cadwell Park.
10.30 **MLB Highlights**
11.30 **UFC** Another chance to see Johnny Walker v Zhang Mingyang.
2.30 AM **UFC Fight Flashback**
3.00 **La Vuelta Men** The third stage.
4.00 **to 6.00** AM **Snooker**

Sky Sports Action

412 410 517 507 426 446

6.00 AM **The Rugby Championship** South Africa v Australia.
8.00 **Rugby Union Retro**
8.30 **The Rugby Championship** Argentina v New Zealand.
10.30 **Rugby Union Retro**
11.00 **State of Origin Rugby League Highlights** Queensland Maroons v New South Wales Blues.
12.00 NOON Queensland Maroons v New South Wales Blues in game two of the series.
1.00 PM New South Wales Blues v Queensland Maroons in the third and final game of the series.
2.00 **The Rugby Championship** South Africa v Australia.
4.00 **Rugby Union Retro**
4.30 **The Rugby Championship** Argentina v New Zealand.
6.30 **Rugby Union Retro**
7.00 **British and Irish Lions Tour** Australia v British & Irish Lions.
8.00 Australia v British & Irish Lions in the third Test of the series.
9.00 **The Rugby Championship** South Africa v Australia.
11.00 **Rugby Union Retro**
11.30 **The Rugby Championship**
1.30 AM **Rugby Union Retro**
2.00 **State of Origin Rugby League**
5.00 **to 6.00** AM **Super League**

Sky Sports Sky Sports+

404 404 518 508 427 447

6.00 AM **Sky Sports Catch Up**
7.00 **Sky Sports Breakfast**
9.00 **Ref Watch** Refereeing decisions.
10.00 **Sky Sports FC**
12.00 NOON **Transfer Talk**
1.00 PM **Lunchtime Live**
2.00 **Sports Desk**
3.30 LIVE **US Open Tennis** Day two of the Grand Slam at the USTA Billie Jean King National Tennis Center in Flushing Meadows, New York, where the first round is scheduled to continue. At this stage 12 months ago, the women's number one seed Iga Swiatek got her campaign under way at Arthur Ashe Stadium with a 6–4, 7–5 victory over Kamilla Rakhimova, and she was followed by the top seed in the men's draw, Jannik Sinner, who triumphed 2–6, 6–2, 6–1, 6–2 over American Mackenzie McDonald.
12.00 M'T LIVE **US Open Tennis** Further coverage of day two of the Grand Slam tournament staged at the USTA Billie Jean King National Tennis Center in Flushing Meadows, New York, as the first round continues.
5.30 **to 6.00** AM **Sky Sports News**

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **US Open Tennis** A 2024 review.
8.00 **The Hundred Bitesize**
9.00 **PL Retro** A replay of Chelsea v Wigan Athletic from 2010.
11.00 **WTA Tennis** Cleveland Open.
12.00 NOON **ATP Tennis** Highlights.
1.00 PM **WTA Tennis** Monterrey Open.
2.00 **PL Greatest Games**
3.00 **Formula 1** Hungarian Grand Prix.
4.00 **The Hundred Bitesize**
5.00 **Ryder Cup Memories**
6.00 **WTA Tennis** Cleveland Open.
6.30 **DP World Tour Golf** A review of the British Masters tournament.
7.00 **ATP Tennis** Winston-Salem Open.
8.30 **Spirit of Yachting**
9.00 **WTA Tennis** Monterrey Open.
10.00 **PGA Tour Golf** Event review.
11.00 **The Hundred Bitesize**
12.00 M'T **PL Greatest Games**
1.00 AM **PDC Classics** Archive action.
2.00 **PGA Tour Golf** Event review.
3.00 **EFL Greatest Games**
4.00 **to 6.00** AM **DP World Tour Golf**

TNT Sports 3

413 415 523 410 432

6.00 AM **MotoGP** Highlights of races at the Grand Prix of Hungary.
9.30 **MotoGP Chequered Flag**
10.30 **Men's Cycling** Renewi Tour.
11.30 **Onboard** The Ocean Race.
12.00 NOON **CPL Highlights**
1.00 PM LIVE **Cycling: La Vuelta Men** Coverage of the third stage of the Grand Tour race, a route of 139km from Maurizio Canavese to Ceres in Italy.
5.00 **Serie A** Sassuolo v Napoli.
6.00 Juventus v Parma.
7.00 **CPL Highlights**
8.00 **The Gruppetto** Cycling action.
8.15 **UEFA Champions League – Stories of the Finals**
8.30 **Spirit of Yachting** Fastnet Race.
9.00 **Fishing: On the Bank**
10.00 **La Vuelta Men** The third stage.
11.00 **MotoGP** Grand Prix of Hungary.
2.30 AM **MotoGP Chequered Flag**
3.30 **British Superbikes**
4.30 **The WRC Magazine**
5.00 **to 6.00** AM **CPL Highlights**

TNT Sports 4

414 416 524 411 434

6.00 AM **Men's Cycling** La Vuelta.
7.00 The Renewi Tour fifth stage.
8.00 The Tour of Germany.
9.00 **AFL** Essendon v Carlton.
10.30 **AFL** Collingwood v Melbourne.
12.00 NOON **Cricket Reload**
12.30 PM **British Superbikes**
1.00 LIVE **British Superbikes** Day two of the seventh round of the season at Cadwell Park.
6.00 **Motocross World Championship** Action from Arnhem, Netherlands.
9.00 **NWSL** Highlights from NJ/NY Gotham FC v Utah Royals FC.
10.00 Action from San Diego Wave FC v Racing Louisville FC.
11.00 **Hard Knocks** NFL insight.
12.00 M'T **One-Day International Cricket** Australia v South Africa.
1.00 AM **Unbreakable: England 2003**
2.30 **Spirit of Yachting**
3.00 **Fishing: On the Bank**
4.00 **WNBA** Dream v Liberty.
5.00 **to 6.00** AM **U20 Intercontinental Cup**

Premier Sports 1

419 551

6.00 AM **British Minibikes**
8.00 **Top 14 Rugby Union**
9.00 **Transworld Sport** Magazine.
10.00 **Motorsport** Drew Gibson.
11.00 **LaLiga Specials**
12.00 NOON **PSA Squash Highlights**
1.00 PM **Indy Autonomous Challenge**
2.00 **Motorsport** Recent action.
3.00 **World Surf League** J-Bay Open.
4.00 **Transworld Sport** Magazine.
5.00 **LaLiga Specials** Goalkeepers.
5.15 **LaLiga Match Highlights**
6.25 LIVE **LaLiga Athletic Bilbao v Rayo Vallecano.** Coverage from San Mamés. Kick-off **6.30pm**.
8.25 LIVE **LaLiga Sevilla v Getafe.** From Estadio Ramón Sanchez Pizjuán. Kick-off is at **8.30pm**.
10.30 **Temples of Sport**
11.00 **World of FreeSports**
11.30 **LaLiga** Highlights and features.
1.10 AM LIVE **Argentine Primera División Lanús v River Plate.**
3.15 **LaLiga Specials**
4.30 **to 6.00** AM **Kart Racing**

Premier Sports 2

420 552

6.00 AM **NASCAR** Highlights.
10.00 **Bike World** Magazine.
10.30 **Temples of Sport**
11.00 **LaLiga** Atlético Madrid v Elche.
1.00 PM **Temples of Sport**
2.00 **LaLiga** Villarreal v Girona.
4.00 **Football's Greatest**
4.30 **LaLiga** Another chance to see Real Oviedo v Real Madrid.
6.30 **SPFL** Falkirk v Hibernian.
8.30 **Eredivisie** Another chance to see Ajax v Heracles Almelo staged at the Johan Cruyff Arena.
10.30 **Football's Greatest** Some of the finest players in history take a look back at their storied careers.
11.00 **Brasileiro Serie A** A replay of São Paulo v Atlético Mineiro.
12.55 AM LIVE **Brasileiro Serie A Flamengo v Vitória.** Coverage of the match staged at Maracanã Stadium. Kick-off is at **1.00am**.
3.00 **LaLiga Match Highlights**
3.30 **to 6.00** AM **Top 14 Rugby Union**

Sky Sports F1

407 407 516 506 424 444

6.00 AM **Formula 1** Highlights from the Australian Grand Prix.
7.00 **Formula 1** Action from the Chinese Grand Prix sprint race.
8.00 **Formula 1** Chinese Grand Prix.
9.00 Japanese Grand Prix.
10.00 Bahrain Grand Prix.
11.00 Australian Grand Prix.
12.00 NOON **Formula 1** Chinese Grand Prix sprint race highlights.
1.00 PM **Formula 1** Highlights of the Chinese Grand Prix in Shanghai.
2.00 Japanese Grand Prix.
3.00 Bahrain Grand Prix.
4.00 Australian Grand Prix.
5.00 **Formula 1** Highlights from the Chinese Grand Prix sprint race.
6.00 **Formula 1** Chinese Grand Prix.
7.00 Japanese Grand Prix.
8.00 Bahrain Grand Prix.
9.00 **Indycar** The Milwaukee Mile 250.
11.30 **Indy NXT** The Milwaukee Mile.
12.30 AM **Lewis Hamilton: Why Heritage Matters**
1.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Tuesday

26 August

Evening Planner

Documentary

The Jury: Murder Trial

C4, 9pm

The series returns with 12 'jurors' sitting on a trial in which a young mum has been charged with her boyfriend's murder.

Documentary

Passage to India: A Yorkshire Vet Special

5, 9pm

Vet Rohin Aojoula, together with Peter Wright, visit the Punjab region of India.

Comedy

Billy Connolly: Big Banana Feet

BBC4, 9pm

An evening dedicated to Connolly starts with a lost film of his 1975 Ireland tour.

Documentary

White House Farm: Murder, Bloodline & Betrayal

C4, 10pm (box set, C4 Streaming)

Two-part documentary delving into the murder of the Bamber family in 1985.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show †	7.30 EastEnders	8.00 The Repair Shop		9.00 The Great British Sewing Bee		10.00 News; Local News	10.40 Billion...
	102 BBC2	‹ 6.00 The Hundred – Live: Northern Superchargers Men v Manchester Originals Men (Start-time 6.30)					9.30 QI XL		10.30 Newsnight
	103 ITV1	‹ 6.30 News	7.30 Emmerdale	8.00 Coronation Street		9.00 Who Wants to Be a Millionaire?...		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 The Big Pound Shop Swap		9.00 The Jury: Murder Trial		10.00 White House Farm: Murder, Bloodline...	
	105 5	7.00 Coastal Adventures with Helen, Jules...		8.00 The Yorkshire Vet		9.00 Passage to India: A Yorkshire Vet Special			10.30 Casualty 24/7...
	106 SKY SHOWCASE	7.00 The Office (US)		8.00 Joe Lycett's United States of Birmingham		9.00 Rob & Romesh vs K-Pop		10.00 Resident Alien	
ENTERTAINMENT	115 BBC3	7.00 Horrible Histories		8.00 Top Gear		9.00 Tommy: The Good. The Bad. The Fury		10.00 Film: The Hurt Locker	
	116 BBC4	7.00 Planet Earth		8.00 The Good Life	8.30 Yes, Minister	9.00 Billy Connolly: Big Banana Feet		10.15 Face to Face with Billy...	
	118 ITV2	7.00 Deal or No Deal		8.00 The Bachelor Australia		9.00 Sam and Billie: Sister Act		10.05 Botched	
	136 MORE4	‹ 6.55 Location, Location, Location		7.55 Grand Designs		9.00 24 Hours in Police Custody: Nightclub Predator			
	135 E4	7.00 Hollyoaks	7.30 The Simpsons	8.00 Below Deck Sailing Yacht		9.00 Celebs Go Dating		10.00 Gogglebox	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 The Equalizer		9.00 The Rookie		10.00 FBI: Most Wanted	
	108 SKY ATLANTIC	‹ 6.50 Six Feet Under		7.55 Game of Thrones		9.00 Gomorrah			
	110 U&GOLD		7.05 The Vicar of Dibley	8.00 Red Dwarf	8.35 The Vicar of Dibley			9.50 Not Going Out	
	111 U&DAVE	7.00 Would I Lie to You?		7.40 Richard Osman's House of Games		9.00 Have I Got a Bit More News for You		10.00 Dave Gorman: Modern Life Is Goodish	
	119 ITV3	‹ 6.55 Heartbeat		8.00 Agatha Christie's Poirot				10.00 Law & Order: UK	
	120 ITV4	‹ 6.55 The Motorbike Show		8.00 The Chase Celebrity Special		9.00 Hell's Kitchen		10.00 Film: Sudden Impact	
	112 COMEDY CENTRAL	7.00 Friends				9.00 Jack Whitehall Live		10.00 Film: The Brothers Grimsby	
	139 SKY SCI-FI	7.00 Primeval		8.00 Stargate Atlantis		9.00 The Leftovers		10.00 The Walking Dead	
	113 SKY MAX	7.00 Stargate Atlantis		8.00 Joe Lycett's United States of Birmingham		9.00 From		10.00 Resident Alien	
	109 U&ALIBI	7.00 Father Brown		8.00 Death in Paradise				10.00 Mudtown	
	124 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Julie Andrews Forever		9.00 Stories from the National Portrait Gallery		10.00 My Week with Maggi Hambling	
	132 U&W	7.00 MasterChef Australia		8.00 Inside the Ambulance		9.00 One Born Every Minute			
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers: Dream Car		8.00 Roadworthy Rescues		9.00 Deadliest Catch		10.00 Gold Divers	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Guardians of the Glades		9.00 Alaska: The Last Frontier		10.00 Mountain Monsters	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Inside the SS				10.00 Lost Ships of WW2	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Shipwrecks: When History Resurfaces		9.00 History's Most Shocking		10.00 History's Greatest Mysteries	
	155 U&YESTERDAY	7.00 The Americas with Simon Reeve		8.00 Bangers & Cash: Restoring Classics		9.00 Bangers & Cash			
	121 SKY DOCS	7.00 House of Kardashian		8.00 David Frost Vs		9.00 I Am Johnny Cash			
FILMS – Sky Cinema	301 PREMIERE	‹ 6.15 September 5		8.00 The Surfer				9.50 Gator Creek	
	302 80S	‹ 5.50 Blade Runner		8.00 Friday the 13th Part II			9.35 Friday the 13th Part III		
	303 HITS	‹ 6.15 Blades of Glory		8.00 It Ends with Us				10.15 A Star Is Born	
	304 GREATS	‹ 5.25 Scent of a Woman		8.00 Schindler's List					
	305 ANIMATION		7.10 Penguins of Madagascar			8.50 The Garfield Movie			10.40 Teen...
	306 BACK TO SCHOOL	‹ 5.40 Despicable Me	7.30 Spy Kids				9.15 The Spiderwick Chronicles		
	307 ACTION	‹ 5.30 Gladiator II		8.00 The Mummy Returns				10.15 Twister	
	308 COMEDY	‹ 6.15 Just Friends		8.00 You've Got Mail				10.05 'About Last Night...'	
	309 THRILLER	‹ 6.05 Layer Cake		8.00 Eileen			9.40 Monkey Man		
	310 DRAMA	‹ 6.05 Five Easy Pieces		8.00 The Great Gatsby				10.30 The Sons of...	
	311 SCI-FI	‹ 6.20 The Woman in Black		8.00 The Woman in Black: Angel of Death			9.40 The Purge: Anarchy		
	313 FILM4	‹ 6.45 Charlie's Angels				9.00 The G			
SPORT	401 MAIN EVENT	7.00 EFL Cup – Live: Coverage of a second-round tie							10.30 US Open Tennis
	402 PREMIER LEAGUE	7.00 Gillette Labs Soccer Special							10.30 PL Review
	403 FOOTBALL	7.00 EFL Cup – Live: Coverage of a second-round tie							10.30 SPFL Round-Up
	405 CRICKET	‹ 6.00 The Hundred Live – Northern Superchargers Men v Manchester Originals Men (Start-time 6.30)					9.30 The Hundred	10.00 The Hundred Bitesize	
	410 TNT SPORTS 1	7.00 Playing for Our Future	7.45 UEFA Champions League – Live: Coverage of a play-off round second-leg match (Kick-off 8.00)					10.00 PL Reload	10.30 PL Stories
	411 TNT SPORTS 2	7.00 Onboard	7.45 UEFA Champions League – Live: Coverage of a play-off round second-leg match (Kick-off 8.00)					10.00 The WRC...	10.30 Onboard

‹ Denotes programmes starting before 7.00pm † Regions vary

TUESDAY

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Tuesday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.30 **Animal Park** (S)(R)(AD)
10.15 **Countryfile Treasures** (S)(R)
11.15 **Homes Under the Hammer** New edition From Hampshire, east London and Yorkshire. (S)(AD)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Money for Nothing** (S)(R)
2.30 **Scam Interceptors** (S)(R)
3.00 **Escape to the Country** (S)(R)
3.45 **The Travelling Auctioneers** New edition Helping people declutter and downsize. (S)
4.30 **The Answer Run** New edition Quiz hosted by Jason Manford. (S)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.00 The Great British Sewing Bee

7 PM

7.00 **The One Show** Lauren Laverne and Roman Kemp host the topical show. (S)
7.30 **EastEnders** Patrick is shocked when he learns the truth, and Gina tries to get Harry's attention. (S)(AD)

8 PM

8.00 **The Repair Shop** New edition The team of experts restore a unique pair of cowboy boots, a piece of plaster holding a loved one's message, a puppet who has lost his limbs and a pioneering film-maker's award. (S)(AD)

9 PM

9.00 **The Great British Sewing Bee** New edition 7/10. The sewers face art-inspired challenges that tasks them with making a baby-doll dress, upcycling a pair of painter's overalls and embracing the bold colours and shapes of pop art. (S)(AD)

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **Billion Dollar Playground** 3/8. The guests expect military precision for their corporate retreat at a deluxe country estate but with egos clashing and complaints flying, it might be anything but relaxing. (S)(R)(AD)
11.25 **Billion Dollar Playground** 4/8. CEO Alex sends in back-up to keep things five-star at the country estate, and a new face shakes up the team. Meanwhile, two staff members get cosy on a team night out. (S)(R)(AD)
12.10 AM **The Hit List** Contestants from Gravesend, Belfast and Southport take part in the music quiz. (S)(R)
12.55 **Weather for the Week Ahead** (S)
1.00 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.30 AM **Bargain Hunt** (S)(R)
7.15 **The Bidding Room** (S)(R)
8.00 **Sign Zone: The Repair Shop on the Road** Items include a banjolele and a celestial projector. (S)(R)(AD)
9.00 **BBC News** (S)
1.00 PM **Impossible** Quiz show. (S)(R)
1.45 **Bridge of Lies** Game show. (S)(R)
2.30 **Beechgrove Repotted** Kirsty Wilson creates garden items from recycled materials. (S)(R)
2.45 LIVE **Cricket: The Hundred** Northern Superchargers v Manchester Originals: The women's match from Headingley, Leeds. The Superchargers claimed a 46-run victory when the teams met here last year with the help of player of the series Annabel Sutherland's innings of 44 off 26 balls. Start-time is at 3.00. (S)

6.00 Cricket: The Hundred

6.00 LIVE **Cricket: The Hundred** Northern Superchargers v Manchester Originals: Coverage of the men's match from Headingley, Leeds. The Superchargers won by 14 runs when the teams faced each other here last season, with England star Harry Brook impressing with an innings of 58 off just 33 balls. The victors still ended up narrowly missing out on the play-offs, while the Originals finished seventh in the eight-team league after managing just one win all season. Start-time is at 6.30. (S)
9.30 **QI XL** Panellists Bill Bailey, Daliso Chaponda, Sally Phillips and Alan Davies try to come up with interesting answers as host Sandi Toksvig asks a random selection of questions. (S)(R)
10.15 **Don Rodolfo** Comedy short based on the hit live show of the same name, starring Ciaran Dowd and Jayde Adams. (S)(R)
10.30 **Newsnight** (S)
11.00 FILM **The Godfather Part III** Concluding chapter of Francis Ford Coppola's grand gangster epic starring Al Pacino as Michael Corleone, now an ageing businessman trying to put his criminal days behind him. With Diane Keaton and Talia Shire. (S)(AD) (1990, 15, 150min) ★★★★
1.30 AM **Sign Zone: MasterChef** (S)(R)
3.00 **Sign Zone: Chess Masters: The Endgame** (S)(R)
3.30 **to 6.30** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Celebrity Catchphrase** Stephen Mulhern hosts a charity edition of the game show, with Nikki Fox, Robert Rinder and Georgia Taylor trying to guess the familiar phrases. (S)(R)(AD)
3.00 **Lingo** Word-based quiz show hosted by Adil Ray. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

7.30 Emmerdale

7.30 **Emmerdale** April is concerned by Dylan's suspicious behaviour, Ross is unsure whether to believe Charity, while Chas urges Robert to let Aaron go. (S)(AD)
8.00 **Coronation Street** Aadi's departure hits Asha hard, Jenny is put out by Christina's return, Billy tries to reason with Miles on Theo's behalf, Carl comes to Brody's rescue, and Gary dodges Maria's line of questioning. (S)(AD)
9.00 **Who Wants to Be a Millionaire? Celebrity Special** Jeremy Clarkson hosts a celebrity version of the big-prize quiz in which Stephen Fry and Jeanette Kwakye answer questions to win cash for their chosen charities. (S)(R)(AD)
10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 FILM **Never Say Never Again** James Bond adventure starring Sean Connery. After stealing two US cruise missiles, international crime syndicate SPECTRE holds the world to ransom. Only Bond can save the day. With Kim Basinger and Max von Sydow. (S)(AD) (1983, PG, 130min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.55 AM **Teleshopping**
3.00 **Under the Bridge** 7/8. The unfolding trial pushes Rebecca to the brink. (S)(SL)(R)(AD)
3.50 8/8. The last opportunity for justice arrives. (S1) (S)(SL)(R)
4.50 **to 6.00** AM **Unwind with ITV** (S)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.25 AM **Cheers** 2-5/27. (S9) (S)(R)
8.10 **The King of Queens** (S)(R)(AD)
9.10 **Frasier** 12-15/25. (S11) (S)(R)(AD)
11.10 **Ramsay's Kitchen Nightmares USA** From Rhode Island. (S)(R)
12.05 PM **News** (S)
12.10 **A New Life in the Sun** (S)(R)
1.10 **Car S.O.S** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **The Great House Giveaway** Nurse Ffion and fundraiser Georgia renovate a terraced house in Clynderwen, Pembrokeshire. (S)(R)
5.00 **Chateau DIY** Tim and Krys try to complete their formal garden in time for a party. (S)(R)(AD)
6.00 **Sun, Sea and Selling Houses** Steve and Shaun Garner help a Northamptonshire couple find a home in Almería, Spain. (S)(R)

8.00 The Big Pound Shop Swap

7.00 **News** (S)
8.00 **The Big Pound Shop Swap** New edition The Beimers from Holywood, Northern Ireland, swap their supermarket favourites for bargain alternatives, comparing each product and seeing how much they can save. (S)(AD)
9.00 NEW SERIES **The Jury: Murder Trial** 1/4. A word-by-word restaging of a real-life murder trial, in which a young mother finds herself in the dock after stabbing her boyfriend. (S)(AD)
■ Continues tomorrow
10.00 NEW SERIES **White House Farm: Murder, Bloodline and Betrayal** 1/2. Examining the brutal murder of the Bamber family in 1985, starting by revisiting the night of the killings. (S)(AD)
■ Concludes tomorrow
11.05 **Crime Scene Cleaners** New edition 9/10. Cleaners tackle a booby-trapped flat. (S)(AD)
12.10 AM **999: On the Front Line** (S)(R)
1.05 **Ramsay's Kitchen Nightmares USA** From California. (S)(SL)(R)
1.55 FILM **First Love** Japanese drama. Subtitled. (2019, 15, 110min) ★★★★
3.45 **Jamie's Comfort Food** (S)(R)
3.55 **Location, Location, Location** (R)
4.50 **George Clarke's Amazing Spaces**
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 | 105 | 5 | 105 | 105 | 5

5.30 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley with Matt Allwright** Topical debate. (S)
12.30 PM **Vanessa** Discussion. (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.20 FILM PREMIERE **My Doctor's Secret Life** Thriller starring Jessica Morris and Taylor Castro. (S) (2023, 12, 100min) ★★
4.00 **All Creatures Great and Small** *The Last Man In:* 5/7. A familiar face from Helen's past returns to Darrowby. (S2) (S)(R)(AD)
5.00 **News** (S)
6.00 **Bargain-Loving Brits in the Sun** In Fuengirola, Andy and Matt prepare for a fundraiser at their new bar. (S)(R)(AD)
6.55 **News** (S)

7.00 Coastal Adventures

7.00 **Coastal Adventures with Helen, Jules & JB** New edition In Dorset, Jules Hudson musters his courage for a paragliding flight above the Jurassic coast. (S)
7.55 **News** (S)

8.00 NEW SERIES **The Yorkshire Vet** Julian Norton heads out onto the waves with his labrador patient and intrepid owner – a young lady who has broken records for swimming and sailing across oceans. (S)

9.00 NEW **Passage to India: A Yorkshire Vet Special** Huddersfield vet Rohin Aojula returns to his family farm in the Punjab region of northern India, joined by his father, as well as his friend Peter Wright. (S)

10.30 **Casualty 24/7: Every Second Counts** Nurse Millie Schumacher assesses 81-year-old Clifford, who has accidentally double dosed on his prescription medication and is suffering a blistering headache. (S)(R)

11.35 **Surgeons: A Matter of Life or Death** Following life-saving operations at the University Hospitals Birmingham. (S)(R)
12.35 AM **Car Pound Cops** (S)(R)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **Warship: Life at Sea** (S)(R)
3.50 **Friends** (S10) (S)(R)(AD)
4.40 **The Wonderful World of Chocolate** (S)(SL)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 | 305 | 38 | 128 | 253

SKY SHOWCASE

106 106 | 109 | 340 | 355

6.00 AM **Sky News Breakfast**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate Atlantis** (S4) (S)(R)
11.00 **Hope for Wildlife: The Next Generation** (S)(R)(AD)
12.00 NOON **The Simpsons** (S)(R)
1.00 PM **Hawaii Five-0** (S1) (S)(R)
3.00 **NCIS: Los Angeles** (S14) (S)(R)
4.00 **S.W.A.T.** 7/22. (S6) (S)(R)(AD)
5.00 **The Simpsons** *Much Apu About Something:* Sanjay's son turns the Kwik-E-Mart into a health-food store. (S)(R)
5.30 *Barthood:* A coming-of-age story about Bart's life. (S)(R)
6.00 *Love Is in the N2-O2-Ar-CO2-Ne-He-CH4:* Professor Frink plays matchmaker. (S)(R)
6.30 *Gal of Constant Sorrow:* Bart lets a homeless woman live in his wardrobe. (S)(R)

8.00 United States of Birmingham

7.00 **The Office (US)** *Basketball:* 5/6. Michael arranges a basketball match between his staff and the warehouse workers. (S)(R)
7.30 *Hot Girl:* 6/6. A pretty woman selling purses causes a stir in the office. (S1) (S)(R)

8.00 **Joe Lycett's United States of Birmingham** 2/4. Joe continues his American road trip, moving onto Ohio – the state with the highest concentration of Birminghams. (S)(R)(AD)

9.00 **Rob & Romesh vs K-Pop** Comedians Rob Beckett and Romesh Ranganathan enter the world of the music phenomenon of K-Pop, starting their journey at a sold-out NCT Dream gig at Wembley Arena. (S)(R)(AD)

10.00 **Resident Alien** New episode *Ties That Bind:* 3/10. Harry and D'arcy travel to an unexpected place to recover an alien device that was left behind by his people. (S4) (AD)

11.00 **Peacemaker** 1/8. Superhero action comedy spin-off from the *Suicide Squad* movie. (S2) (R)
12.00 M'T **Brassic** 3/7. An old flame of Farmer Jim turns up. (S)(R)(AD)
1.00 AM 4/7. Vinnie and the gang attempt to rescue Gideon from a cult. (S6) (S)(R)(AD)
2.00 **Road Wars** (S)(R)
3.00 **NCIS: Los Angeles** (S14) (S)(R)
4.00 **S.W.A.T.** 7/22. (S6) (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
7.00-7.30pm River City (S)(R) **12.10am** Scotcast (S)(R) **12.40** The Hit List (S)(R) **1.25** Weather for the Week Ahead (S) **1.30-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.40pm The Crime I Can't Forget (S)(R) **11.40** Billion Dollar Playground (S)(R)(AD) **12.30am** Billion Dollar Playground (S)(R)(AD) **1.15-6.00am** BBC News (S)

WALES
Sky 965, Virgin 864, Freesat 965
10.40pm Rookie Cops (S)(R) **11.10** Billion Dollar Playground (S)(R)(AD) **11.55** Billion Dollar Playground (S)(R)(AD) **12.40-6.00am** News (S)

BBC2

N. IRELAND
Sky 969, Freesat 969
No variations

WALES
Sky 968, Freesat 968
9.30pm NEW For Rent: Rooms Under the Radar (S) **10.00** Weatherman Walking (S)(R) **10.10-10.30pm** Beacons: Short Films from Wales New episode (S)

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Sain Ffagan (AD) **12.35** Heno **1.20** Ffilmiau Ddoe **1.30** Cledrau Coll **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Rafio Autograss Cenedlaethol **4.00** Awr Fawr **5.00** Stwnsh **6.00** Arfordir Cymru: Môn **6.30** Sgorio **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm New episode (AD) **8.25** Cartrefi Cymru **8.55** Newyddion a'r Tywydd **9.00** Gwesty Aduniad **10.00** Jess Davies **10.30-11.35pm** Jason Mohammad: Stadiymau'r Byd

TV&Satellite week
New issue on sale today

BBC3

115/117/121 118 | 107/113 | 23 | 107 | 107 | 10

BBC3 programmes start at 7.00pm

7.00 PM **Horrible Histories** The feud between two warring Viking families. **7.25** Queen Cleopatra reveals her beauty secrets.
7.55 **The Catch Up**
8.00 **Top Gear** Peter Jones and Theo Paphitis are the Stars in a Reasonably Priced Car.
9.00 **Tommy: The Good. The Bad. The Fury** New editions 3/10. Molly-Mae's new series drops, and Tommy opens up about his drinking. **9.30** 4/10. Things start to look up both personally and professionally for Tommy. ■ Entire series on BBC iPlayer
10.00 FILM **The Hurt Locker** Iraq War drama starring Jeremy Renner, Anthony Mackie and Brian Geraghty. (2008, 15, 125min) ★★★★★
12.05 AM **Top Gear**
1.05 **Confessions of a Steroid Gang** Triple bill of editions.
2.35 **Tommy: The Good. The Bad. The Fury** Double bill.
3.40 **to 3.55** AM **Glen Powell: The Story So Far**

BBC4

116 119 | 107/108 | 9/24 | 106 | 108 | 11

BBC4 programmes start at 7.00pm

7.00 PM **Planet Earth** Life on the world's highest peaks.
8.00 **The Good Life** Tom and Barbara get closer to nature than they intended.
8.30 **Yes, Minister** Sir Humphrey is haunted by past mistakes.
9.00 NEW **Billy Connolly: Big Banana Feet** The long-lost film of the comedian's 1975 tour of Ireland, capturing him on and off stage to provide a record of him as he stood on the cusp of international stardom.
10.15 **Face to Face with Billy Connolly** The comedian talks to Jeremy Isaacs in an interview from 1994.
10.55 **Billy Connolly: Made in Scotland** 1/2. Billy returns to the country of his birth.
11.55 **Billy Connolly: Made in Scotland** 2/2. Billy reveals the influences behind his career.
12.55 AM **The Trials of Oscar Pistorius** Documentary.
2.05 **Face to Face with Billy...**
2.45 **to 3.45** AM **Billy Connolly: Made in Scotland**

MORE4

136/137 127 | 147 | 18 | 124 | 15

8.55 AM **Find It, Fix It, Flog It**
10.00 **A Place in the Sun**
10.30 **A Place in the Sun: Home or Away**
11.35 **A Place in the Sun**
12.35 PM **Come Dine with Me** Five editions of the culinary contest from Somerset.
3.10 **Four in a Bed** Five editions of the B&B challenge.
5.55 **Location, Location, Location** From the New Forest and Southampton. **6.55** House-hunting in Amersham and Berkshire.
7.55 **Grand Designs** Kevin McCloud meets Harry and Briony, who have decided to build a house heavily inspired by American modernist properties.
9.00 **24 Hours in Police Custody: Nightclub Predator** 1/2. The investigation into a serial rapist who police believe preyed on dozens of women.
10.00 **24 Hours in Police Custody: Nightclub Predator** 2/2. Sexual predator Craig France is in custody but the satisfaction of getting a charge is short lived.
11.05 **Emergency Helicopter Medics** Medical series.
12.10 AM **24 Hours in A&E**
1.15 **24 Hours in Police Custody: Nightclub Predator** 1&2/2.
3.25 **to 3.55** AM **Food Unwrapped**

+1 hour 236/237 | 347 | 125

E4

135/136 126 | 106 | 13 | 122 | 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **Brooklyn Nine-Nine**
9.00 **The Simpsons**
10.00 **Young Sheldon**
11.00 **Modern Family**
12.00 NOON **The Big Bang Theory** 14-17/23. (S3)
2.00 PM **Brooklyn Nine-Nine**
3.00 **The Simpsons**
4.00 **The Big Bang Theory**
6.00 **The Simpsons**
7.00 **Hollyoaks** A grieving mum stirs up trouble in town.
7.30 **The Simpsons** *Hurricane Neddy:* Ned Flanders' home is destroyed by a hurricane.
8.00 **Below Deck Sailing Yacht** New edition A confrontation between Gary and Chase reaches boiling point.
9.00 **Celebs Go Dating** New edition Actor and comedian Donna Preston chats to Paul and Dr Tara.
10.00 **Gogglebox** *Bridgerton, The Piano* and *Britain's Got Talent* are appraised.
11.05 **First Dates**
12.05 AM **The Big Bang Theory**
1.05 **The Simpsons**
1.35 **Brooklyn Nine-Nine**
2.30 **Celebs Go Dating**
3.30 **Below Deck Sailing Yacht**
4.20 **Young Sheldon**
5.05 **Modern Family**
5.30 **to 6.00** AM **Brooklyn Nine-Nine**

+1 hr 235/236 | 306 | 30 | 123 | 256

Tuesday primetime

TUESDAY Entertainment

Tuesday

Sky Witness

107 107 110 341 356

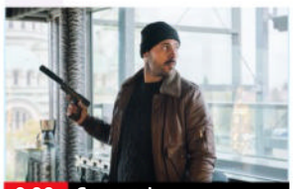
6.00 AM **Motorway Patrol**
7.00 **Border Security: America's Front Line** Double bill.
8.00 **Border Patrol** Double bill.
9.00 **UK Border Force**
10.00 **Brit Cops: Rapid Response**
11.00 **Bondi Rescue** Double bill.
12.00 NOON **FBI** 4/22. A wealthy accountant is shot. (S5)
1.00 PM **FBI: International** (S2)
2.00 **FBI: Most Wanted** 3/22. The team search for fugitives from a diamond heist. (S4)
3.00 **Caught on Dashcam**
4.00 **Nothing to Declare**

9.00 The Rookie

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Richard E Grant's Hotel Secrets** Double bill.
8.00 **True Blood** 11&12/12. (S4)
10.10 **Six Feet Under** 6&7/12. (S5)
12.20 PM **Game of Thrones** (S1)
1.25 **Babylon Berlin** 1&2/12. (S4)
3.35 **True Blood** 1/12. Sookie and Lafayette struggle to decide what to do about Tara.
4.40 2/12. Bill and Eric are interrogated by the vampire Authority. (S5)
5.45 **Six Feet Under** 6/12. Nate gets all nostalgic about his lost first love. (S5)



9.00 Gomorrah

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S1)
8.00 **The Blacklist** 4/22. (S9)
9.00 **Stargate Atlantis** (S4)
11.00 **SEAL Team** 21/22. (S2)
12.00 NOON **The Blacklist** (S9)
1.00 PM **Hawaii Five-0** (S1)
3.00 **NCIS: Los Angeles** (S14)
4.00 **S.W.A.T.** 7/22. (S6)
5.00 **SEAL Team** 20/22. The tension between Jason and Ray comes to a head. (S2)
6.00 **Stargate Atlantis** 9/20. McKay's sister Jeannie Miller is kidnapped by Henry Wallace. Guest stars Kate Hewlett. (S4)

10.00 Resident Alien

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.45 **Dinner Date**
8.40 **Billie and Greg**
9.35 **The Only Way Is Essex**
10.15 **Real Housewives of Potomac**
11.15 **The Real Housewives of Salt...**
12.05 PM **Dinner Date**
1.05 **Billie and Greg**
2.05 **The Only Way Is Essex**
3.05 **The Bachelor Australia**
4.05 **Real Housewives of Potomac**
5.00 **The Real Housewives of Salt Lake City** New edition
6.00 **Celebrity Catchphrase**

9.00 Sam & Billie: Sister Act

ITV3

119 123 117 10 115 7

6.00 AM **Classic Emmerdale**
7.00 **Classic Coronation Street**
8.10 **Midsomer Murders**
10.15 **The Royal** *Unbreakable Chain.*
11.20 **Heartbeat** Double bill.
1.35 PM **Classic Emmerdale**
2.40 **Classic Coronation Street**
3.40 **Midsomer Murders** *Dance with the Dead:* A man's apparent suicide shocks the village of Morton Fendle.
5.45 **Heartbeat** *Appearances:* A woman is admitted to hospital after a series of burglaries, and Nick and Jo plan their life.

8.00 Agatha Christie's Poirot

7 PM

7.00 Nothing to Declare Double bill of the documentary following the work of customs officers in Australia.

6.50 Six Feet Under *The Silence:* 7/12. Nate and Brenda are faced with a dilemma. (S5)
7.55 Game of Thrones *You Win or You Die:* 7/10. Ned confronts Cersei about Jon Arryn, and Khal Drogo vows revenge on the Seven Kingdoms. (S1)

7.00 Stargate Atlantis *This Mortal Coil:* 10/20. Part one of two. A mysterious probe crashes into the city-ship. (S4)

7.00 Deal or No Deal Stephen Mulhern hosts as Taylor takes on the Banker for the chance to win life-changing money.

6.55 Heartbeat *Local Knowledge:* Mysterious bumps in the night make Greengrass wonder if his house could be haunted.

8 PM

8.00 The Equalizer *DWB:* 13/18. McCall races to find Dante when he is abducted by a pair of panicked deputies. (S2)

8.00 Joe Lycett's United States of Birmingham 2/4. The comedian visits Ohio – the state with the most Birminghams.

8.00 The Bachelor Australia New edition At the Bachelor Love Triathlon, the six girls left compete for time with Jimmy.

8.00 Agatha Christie's Poirot *Curtain – Poirot's Final Case:* Last-ever episode. The sleuth takes on his final case as he and Hastings return to the scene of their first murder investigation to battle Poirot's ultimate nemesis.

9 PM

9.00 The Rookie New episode *Three Billboards:* 13/18. Anti-LAPD billboards are erected throughout the city. (S7)

9.00 Gomorrah 3/12. Ciro has retired to Sofia in Bulgaria, and is now the trusted right-hand man of gangster Valentin.

9.00 From *Long Day's Journey Into Night:* 1/10. First episode of the sci-fi horror series starring Harold Perrineau. (S1)

9.00 Sam & Billie: Sister Act New edition 2/6. Greg celebrates turning 40, while Sam and Billie talk about past traumas.

10 PM

10.00 FBI: Most Wanted New episode *White Buffalo:* 3/22. An act of defiance by climate activists goes wrong. (S6)
11.00 **Bull** 8/22. (S6)
12.00 M'T **Law & Order: Organized Crime** 11/13. (S4)
1.00 AM **The Equalizer** 12/18. (S2)
2.00 **Fire Country** New episode (S3)
3.00 **The Cleaning Lady** (S3)
4.00 **Send in the Dogs**
5.00 **to 6.00** AM **The Real A&E**

+1 hour 207 310

10.00 Gomorrah 4/12. Genny must confront Scianel now she is out of prison, and Don Avitabile prepares for revenge. Subtitled. (S3)
11.05 **The Sopranos** 2/13. Junior urges Tony to make peace with his mother. (S2)
12.10 AM **The Wire** 4/13. (S1)
1.20 **The Pacific** 5/10.
2.20 **Game of Thrones** (S1)
4.30 **In Treatment** (S1)
5.00 **to 6.00** AM **Fish Town**

+1 hour 208/209

10.00 Resident Alien New episode *Ties That Bind:* 3/10. Harry attempts to recover an alien device. (S4)
11.00 **Peacemaker** 1/8. Superhero action comedy spin-off. (S2)
12.00 M'T **Brassic** 3/7. An old flame of Farmer Jim turns up.
1.00 AM 4/7. The gang try to rescue Gideon from a cult. (S6)
2.00 **The Walking Dead: Dead City** 7&8/8. (S2)
4.00 **S.W.A.T.** 7/22. (S6)
5.00 **to 6.00** AM **Highway Patrol**

10.05 Botched Terry Dubrow helps an eating disorder survivor feel beautiful in her own skin by downsizing her breasts.
11.00 **Family Guy** 10&5/20. (S17)
12.00 M'T **American Dad!** (S13)
1.00 AM **Bob's Burgers** 2/22. (S9)
1.30 **Plebs** 2/8. (S4)
2.00 **Olivia Attwood's Bad Boyfriends**
3.00 **Teleshopping**
4.00 **to 4.30** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

10.00 Law & Order: UK *Honour Bound:* 6/6. Brooks agrees to help old friend Jimmy Valentine with a drug sting. (S2)
11.00 **Law & Order: UK** 1/7. Two children go on trial for killing a toddler. (S3)
11.50 **Professor T** 2/6. A barrister and his wife are killed. (S2)
12.55 AM **A Cruel Love: The Ruth Ellis Story** 2/4. (S1)
1.55 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **Roaming in the Wild** With a peddle boat in tow, Mark Taylor and Andrew O'Donnell head to Loch Ness.
8.00 **Scotland from the Sky** James Crawford takes to the skies to explore Scotland's cities, coasts and countryside.
9.00 NEW **Murder Case: Who Killed Kiesha?** Detectives try to find the killer of Kiesha Donaghy.
10.00 NEW **Nicotine Pouches: What's the Problem?** A look at the marketing of nicotine pouches.
10.15 NEW **Should We Hook Up?** Jax Sinclair explores the darker side of hook-up culture.
10.30 **Scotcast** New edition Topical discussion.
11.00 PM **to 12.00** M'T **Darren McGarvey's Class Wars**

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Will & Grace** (S1)
9.00 **The Conners** (S3)
10.00 **The Office (US)** (S1)
11.00 **Sex and the City** (S3)
12.20 PM **Girls** 9&10/10. (S5)
1.30 **Sex and the City** (S3)
2.40 **Girls** 1&2/10. (S6)
4.00 **The Office (US)** (S1)
5.00 **Will & Grace** (S1)
6.00 **The Conners** (S3)
7.00 **The Office (US)** (S1)
8.00 **Will & Grace** (S1)
9.00 FILM **Borat Subsequent Moviefilm** Spoof documentary sequel starring Sacha Baron Cohen. Borat returns to America intent on giving his 15-year-old daughter to the vice president. (2020, 15, 95min) ★
10.45 **And Just Like That...** 1/10. First episode of the *Sex and the City* revival, starring Sarah Jessica Parker. (S1)
11.45 **Entourage** 7&8/14. (S2)
1.00 AM **Veep** 3&4/10. (S3)
2.20 **Curb Your Enthusiasm**
3.40 **to 5.00** AM **Barry**

Sky Arts

124/125 114/115 123 36 143 24 350 365

6.00 AM **Cirque du Soleil**
7.55 **The Joy of Painting**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
11.55 **Discovering**
12.50 PM **Tales of the...**
1.50 **Camille Pissarro: Father of Impressionism**
3.00 **Backstage with London Philharmonic Orchestra**
4.00 **The Directors**
5.00 **Discovering**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Julie Andrews Forever**
9.00 **Stories from National Portrait Gallery**
10.00 **My Week with Maggi Hambling**
11.00 **The Art of Australia**
12.15 AM **Paul Simon: Live at Webster Hall, New York**
2.20 **The Assassination of John Lennon**
4.10 **The Art of the Garden**
5.05 **to 6.00** AM **Auction**

Sky Mix

151 158 135 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: Canada's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: Canada's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Enterprise**
5.00 **Stargate SG-1** (S7)
6.00 **Star Trek: Voyager** (S1)
7.00 **Star Trek: The Next Generation** *Pen Pals:* 15/22. Data befriends a troubled youngster. (S2)
8.00 **Star Trek: Deep Space Nine** *Facets:* 25/26. (S3)
9.00 **FBI: Most Wanted** (S4)
10.00 **FBI: International** (S3)
11.00 **Grimm** 1/13. (S6)
12.00 M'T **Killer in My Village**
1.00 AM **Nothing to Declare**
2.00 **Brit Cops: Frontline Crime UK** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Patrol**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Lingo** Quiz show.
10.00 **Tipping Point**
1.00 PM **Lingo** Word-based quiz hosted by Adil Ray.
2.00 **In with a Shout**
3.00 **Tenable** Double bill of the quiz show hosted by Warwick Davis.
5.00 **Deal or No Deal** Stephen Mulhern hosts as Elia takes on the ruthless Banker.
6.00 **Lingo** Double bill of the quiz hosted by Adil Ray.
8.00 **Deal or No Deal** Stephen Mulhern hosts as Amy takes on the ruthless Banker for the chance to win life-changing money.
9.00 **Tipping Point** Triple bill of the arcade-themed game show hosted by Ben Shephard, in which contestants drop tokens down a choice of four chutes in the hope of winning a £10,000 prize.
12.00 M'T **In with a Shout**
12.55 **to 1.00** AM **Unwind**

GREAT! tv

157 167 170 34 48

8.00 AM **Father Dowling Mysteries** 12/22. (S3)
9.00 **Diagnosis Murder**
10.00 **Little House on the Prairie** 16&17/23. (S3)
12.00 NOON **Highway to Heaven** 7/24. (S2)
1.00 PM **Father Dowling Mysteries** 17/22. (S3)
2.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
8.00 **M*A*S*H** 19&20/20. (S9)
9.00 **Randall and Hopkirk (Deceased)** *That's How Murder Snowballs:* 5/26. Jeff and Marty investigate a murderous stage act. (S1)
10.00 **The New Avengers** (S2)
11.00 **The Avengers** (S5)
12.00 M'T **M*A*S*H** (S9)
1.00 AM **Randall and Hopkirk (Deceased)**
2.00 **Hart to Hart** 3/22. (S5)
3.00 **Crazy Like a Fox** (S2)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **World of Sport**
6.15 **Minder**
7.15 **Kojak**
9.25 **Magnum, PI**
11.30 **Giant Lobster Hunters**
1.30 PM **Kojak**
3.40 **Magnum, PI** *Black on White:* Higgins becomes the target of Mau-Mau warriors.
4.45 **Magnum, PI** *Flashback:* Thomas finds himself whisked back in time to the 1930s.
5.45 **Minder** *Whose Wife Is it Anyway?* Arthur persuades Terry to mind a shop.

10.00 Sudden Impact

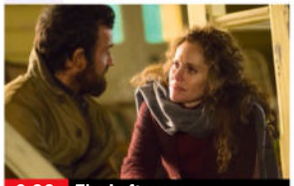
6.55 **The Motorbike Show** Henry Cole meets bike builder extraordinaire Alan Milyard and joins the Bike for Life ride out.
8.00 **The Chase Celebrity Special** Max George, Christine Ohuruogu, Maisie Smith and Owain Wyn-Evans compete.
9.00 **Hell's Kitchen** The chefs are tasked with creating a menu to be served during the wedding reception.
10.00 **FILM Sudden Impact** Thriller starring Clint Eastwood. Detective 'Dirty Harry' Callahan goes on the trail of a rape victim turned killer. (1983, 18, 117min) ★★ SEX ●●● VIOLENCE ●●● LANG ●●●
12.25 AM **FILM Passenger 57** Thriller starring Wesley Snipes. (1992, 15, 84min) ★★★
2.00 **BattleBots**
2.55 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 3/26. (S1)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: Deep Space Nine** 11/20. (S1)
2.00 **Primeval** 5/10. (S3)
3.00 **Stargate Atlantis** 15/20. (S3)
4.00 **Star Trek: Voyager** (S7)
5.00 **Star Trek: Deep Space Nine**
6.00 **Star Trek: The Next Generation** 3/26. The crew members fall victim to a mysterious disease. (S1)


9.00 The Leftovers

7.00 **Primeval** 5/10. A deadly flesh-eating fungus threatens to spread its lethal spores. (S3)
8.00 **Stargate Atlantis** *The Game:* 15/20. Sheppard and McKay discover a simulation they have played is actually real. (S3)
9.00 **The Leftovers** *Certified:* 6/8. Nora finds an unlikely ally in her quest, while Laurie attempts to track down Kevin. (S3)
10.00 **The Walking Dead** *New Haunts:* 10/24. The heroes experience Halloween in the Commonwealth. (S11)
11.00 **Wynonna Earp** 10/12. A deadly foe re-emerges in the Ghost River Triangle. **12.00** M'T 11/12. Wynonna and Waverly take two different and dangerous paths. (S4)
12.50 AM **Westworld** 3&4/10. Double bill of the series. (S2)
3.10 **Primeval** As 7.00pm.
4.10 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S11)
9.00 **Father Brown** As 6.00pm.
10.00 **The Mentalist** 2/23. (S2)
11.00 **Hudson & Rex** 15/20. (S5)
12.00 NOON **Father Brown**
1.00 PM **Death in Paradise** (S6)
2.00 **Murdoch Mysteries** (S11 & 12)
4.00 **The Mentalist** 2/23. (S2)
5.00 **Hudson & Rex** 15/20. Jesse's sister contacts him to ask for help. (S5)
6.00 **Father Brown** *The Battle of Kembleford:* A medieval murder is committed at a battle re-enactment.

7.00 Father Brown

7.00 **Father Brown** *The Final Devotion:* The priest joins forces with Flambeau to search for a lost treasure in a 15th-century castle.
8.00 **Death in Paradise** *Stumped in Murder:* 4/8. The president of the local cricket club is found shot dead on the pitch. (S6)
9.00 **Death in Paradise** *Now You See Him, Now You Don't:* 8/8. A blind actor is the only witness to her husband's murder. (S9)
10.00 **Mudtown** 1/6. Drama starring Erin Richards and Tom Cullen. A magistrate uncovers a web of criminal activity that sees her maternal instincts clash with her commitment to uphold the truth. (S1)
11.00 **Father Brown** As 6.00pm.
12.00 M'T **White Collar** 3/16. (S2)
1.00 AM **Death in Paradise**
2.00 **to 4.00** AM **Elementary**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.30 AM **Highlights**
8.35 **Last of the Summer Wine**
9.55 **Are You Being Served?**
10.35 **Porridge**
11.15 **Last of the Summer Wine**
12.30 PM **Keeping Up Appearances**
1.10 **Don't Wait Up**
1.50 **Dad's Army**
2.30 **Porridge**
3.10 **Last of the Summer Wine**
4.30 **Don't Wait Up**
5.10 **Are You Being Served?**
5.50 **Dad's Army**
6.30 **Porridge**

6.30 Porridge

7.05 **The Vicar of Dibley** Alice and Hugo's baby is christened amid chaos, while David asks Geraldine to marry him.
8.00 **Red Dwarf** Lister mistakenly joins an army of hardened convicts.
8.35 **The Vicar of Dibley** 2/2. Dawn French stars in the last-ever episode, which sees the vicar preparing for her wedding.
9.50 **Not Going Out** Lee's attempt to impress Lucy with his knowledge of the art world backfires. **10.25** Lee begins to feel isolated and decides to give speed-dating a go.
11.00 **Inside No 9** Two men plan to abduct the wife of a wealthy hedge fund manager.
11.40 **The Vicar of Dibley**
12.50 AM **Not Going Out**
2.20 **Inside No 9** As 11.00pm.
2.50 **Back to Life**
3.20 **to 4.00** AM **Don't Wait Up**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Pointless** Quiz show.
8.00 **The Force: Behind the Line**
8.30 **Top Gear: From A-Z**
11.00 **Rick Stein's Cornwall**
12.00 NOON **Storage Hunters UK**
2.00 PM **Railroad Australia**
3.00 **Top Gear** Double bill.
5.00 **Rick Stein's Cornwall** Rick chats to author Patrick Gale. **5.30** The chef visits the fishing port of Boscastle.
6.00 **Hairy Bikers' Best of British** Si and Dave explain how hard times forced cooks to make the most of what they had.

10.00 Modern Life Is Goodish

7.00 **Would I Lie to You?** With Susie Dent, Bob Mortimer, Ore Oduba and Stacey Solomon.
7.40 **Richard Osman's House of Games** With Jessica Knappett and Alex Jones. **8.20** Steve Cram, Lloyd Griffith, Jeanette Kwakye and Josie Long take part.
9.00 **Have I Got a Bit More News for You** Martin Lewis hosts the satirical quiz, with Ignacio Lopez and Steph McGovern.
10.00 **Dave Gorman: Modern Life Is Goodish** Dave asks what the term generation really means and why his mum uses emojis.
11.00 **Taskmaster** Jo Brand reveals her psychic powers, and David Baddiel spray-paints his face.
12.00 M'T **Mock the Week**
12.40 AM **Would I Lie to You?**
2.00 **Hate Thy Neighbour**
3.00 **to 4.00** AM **Richard Osman's House of Games**

+1 hour 211/212 327 74 259

7 PM
8 PM
9 PM
10 PM

Tuesday

4seven

137/138 163 143 49 127 16

9.00 AM **Car S.O.S.**
10.00 **Chateau DIY**
12.00 NOON **George Clarke's Amazing Spaces**
1.00 PM **A Place in the Sun**
3.00 **Come Dine with Me**
5.30 **A Place in the Sun**
7.00 **Kirstie and Phil's Love It or List It: Brilliant Builds**
8.00 **Jamie: Eat Yourself Healthy** Recipes designed to transform people's health.
9.00 **Gogglebox** *Gordon, Gino & Fred: Viva España* and *Top Guns: Inside the RAF* is appraised.
10.00 **24 Hours in A&E** A pedestrian is rushed to Queen's Medical Centre after a hit-and-run.
11.05 **Gogglebox**
12.05 AM **Love Cheats**
1.10 **Celebrity SAS: Who Dares Wins**
3.20 **Griff's Great American South**
4.15 **to 4.45** AM **Guy Martin: Supervan**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 5-7/24. (S7)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Moonlighting:* 20/24. An NCIS polygraph specialist comes under suspicion. **7.00** *Obsession:* 21/24. Tony becomes obsessed with finding a woman whose brother has been murdered. **8.00** *Borderland:* 22/24. The agents try to track down a serial killer. (S7)
9.00 **Criminal Minds: Evolution** New episode *True Conviction:* 6/22. The aftermath of the explosion may end the Sicarius case unless the BAU can find a reason to keep it open. (S16)
10.00 **Law & Order: Special Victims Unit** (S18)
1.50 **Person of Interest** (S2)
2.45 **Criminal Minds** (S11)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Nightmare Tenants, Slum Landlords**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Car Pound Cops: Give Me My Car Back!**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts** An 82-year-old is rushed in.
9.00 **NEW SERIES Skin A&E** In Birmingham, Dr Emma and Dr Dev face their biggest-ever head cyst.
10.00 **A&E After Dark**
11.00 **999: Emergency Call Out** Documentary.
12.00 M'T **Broadmoor: For the Criminally Insane**
1.00 AM **GPs: Behind Closed Doors** Medical series.
2.00 **The Resident**
3.35 **to 4.00** AM **Home and Away**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.05 **Highway Patrol**
9.35 **Outback Truckers**
10.35 **Trucking Hell**
11.35 **Police Interceptors**
1.30 PM **FILM The Big Gundown** Western starring Lee Van Cleef. (1966, 15, 84min) ★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
9.00 **The Motorway** A young man runs into some trouble on the M60.
10.00 **Frontline Police 24/7** A domestic incident quickly turns violent.
11.00 **MacGyver** 17/21. The team are blamed for a terrorist bombing. (S1)
12.00 M'T **Behind Bars: World's Toughest Prisons** Documentary.
1.00 AM **Coastguard: Search & Rescue SOS**
2.00 **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **Tipping Point: Lucky Stars Christmas Special**
7.00 **Tipping Point**
10.00 **My Dream Home**
1.00 PM **Tipping Point**
4.00 **Property Brothers: Forever Homes**
6.00 **DIY SOS: The Big Build**
7.00 **MasterChef Australia** New edition With chef and author Ixta Belfrage.
8.00 **Inside the Ambulance** Paramedics treat a pensioner with a head injury and a child who has suffered a seizure.
9.00 **One Born Every Minute** A woman gives birth after many rounds of IVF treatment. **10.00** A baby's shoulders become wedged during delivery.
11.00 **999 Rescue Squad**
1.00 AM **Hashtag Murder**
2.00 **to 3.00** AM **Sort Your Life Out with Stacey Solomon**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.35 AM **Soldier, Soldier**
8.35 **Doctors**
9.55 **Classic Holby City**
10.55 **Classic Casualty**
12.00 NOON **The Bill**
1.00 PM **Classic EastEnders**
2.20 **Soldier, Soldier**
3.20 **The Doctor Blake Mysteries** 2/8. (S4)
4.20 **London's Burning**
5.25 **'Allo 'Allo!**
6.00 **Waiting for God**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Dalziel & Pascoe** *On Beulah Heights:* The duo investigate the horrific murder of an eight-year-old girl.
10.00 **New Tricks** *WildJustice:* An investigation leaves Sasha facing a dilemma.
11.20 **Spooks** 9/10. (S5)
12.40 AM **Pie in the Sky**
1.45 **'Allo 'Allo!**
2.25 **Waiting for God**
3.00 **to 4.00** AM **Sister Boniface Mysteries**

+1 hr 243 316 60 260

TUESDAY Entertainment

Tuesday

Really
142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Majorca.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
11.00 **Escape to the Country**
1.00 PM **Salvage Hunters**
3.00 **Antiques Road Trip**
5.00 **The Derbyshire Auction House**
6.00 **Celebrity Yorkshire Auction House**
7.00 **Antiques Road Trip**
9.00 **Who Do You Think You Are?** Chris Ramsey explores his family tree.
10.00 **Alex Polizzi: The Fixer** A struggling family-run fish and chip shop.
11.30 **The Hotel Inspector** Alex Polizzi heads to Warwick Hall, Cumbria.
12.30 AM **Help! My House Is Haunted** A woman asks for help with her 14th-century hunting lodge.
1.30 **Ghost Bait**
2.00 **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge
130/131 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Double bill.
11.00 **The Chase** Quiz show.
12.00 NOON **Classic Who Wants to Be a Millionaire?** Quiz show.
1.00 PM **The Bidding Room**
2.00 **Family Fortunes**
3.00 **Bullseye** Double bill.
4.00 **Classic Who Wants to Be a Millionaire?**
5.00 **The Bidding Room** Items include a unique 1960s vase and two chalkware statues.
6.00 **Tenable** Double bill.
8.00 **The Chase** Double bill.
10.00 **Who Wants to Be a Millionaire? Celebrity Special** With Joan Collins, Stephen Fry and Nigella Lawson. **11.00** With Griff Rhys Jones, Al Murray, Harry Hill and Saffron Burrows.
12.00 M'T **Bullseye** Double bill.
1.00 AM **The Crystal Maze**
2.00 **The Chase** Triple bill.
5.00 **to 6.00** AM **Bullseye**

GREAT! action
323 319 426 42 33

8.00 AM **Wild West Chronicles** 8/11. (S2)
8.30 **FILM Fort Ti** Western. (1953, U, 73min) ★★★
10.00 **The New Avengers**
11.00 **The High Chaparral**
12.00 NOON **Tombstone Territory** 11 & 12/39. (S1)
1.00 PM **FILM Alvarez Kelly** (1966, PG, 116min) ★★
3.20 **FILM Jack Mccall, Desperado** Western. (1953, U, 76min) ★★
5.00 **Wanted: Dead or Alive**
6.00 **Tombstone Territory**
7.00 **The High Chaparral**
8.00 **The New Avengers**
9.00 **FILM Hercules** Mythological adventure. (2014, 12, 98min) ★★★
11.05 **FILM Sniper Elite** Sci-fi action adventure. (2014, 15, 91 min) ★★
1.10 AM **FILM Jack Hunter and the Star of Heaven** Adventure sequel. (2008, PG, 90min) ★★
3.20 **to 5.00** AM **Cops Uncut**
+1 hour 324 319

GREAT! movies
321 318 425 50 32

7.00 AM **Air Rescue**
8.00 **Saving Lives at Sea**
11.00 **FILM The Gourmet Detective: Eat, Drink & Be Buried** Mystery. (2017, PG, 83min) ★★
1.00 PM **FILM The Good Sister** Suspense thriller. (2014, PG, 84min) ★★
2.55 **FILM Nanny's Killer Scandal** Thriller. (2018, 15, 96min) ★★
5.00 **FILM Dating to Kill** Thriller. (2019, 12) ★★
7.00 **Sue Thomas: F.B.Eye**
9.00 **FILM The Da Vinci Code** Conspiracy thriller starring Tom Hanks and Audrey Tautou. (2006, 12, 149min) ★★★
12.05 AM **FILM Fatal Memories** Thriller. (2014, 12, 90min) ★★
2.10 **Coast Guard Alaska**
3.20 **Air Rescue**
4.00 **to 6.00** AM **FILM The Killer Trainer** Thriller. (2018, 12, 90min) ★★
+1 hour 322 318

GREAT! romance
319 317 424 52 47

8.00 AM **FILM The Dating List** Romantic comedy. (2019, PG, 90min) ★★
10.05 **FILM Just My Type** Comedy. (2020, PG) ★★
12.05 PM **FILM Romantic Rewrite** Comedy. (2022, PG, 82min) ★★
2.00 **FILM It Was Always You** Romantic drama. (2021, PG, 86min) ★★
3.55 **FILM Love, of Course** Romantic comedy. (2018, PG, 84min) ★★
6.00 **FILM Love Off the Page** Romantic drama. (2022, PG, 87min) ★★
8.00 **FILM Rip in Time** Time-travel romance. (2022, PG, 84min) ★★
9.55 **FILM The Clue to Love** Drama. (2021, U) ★★
11.50 **FILM Loving Every Minute** Fantasy drama. (2022, U, 86min) ★★
2.00 AM **Highway to Heaven**
2.55 **to 5.00** AM **FILM It Was Always You** (2021)
+1 hour 320 317

Rewind TV
182 81 141

6.00 AM **Highlights**
11.00 **I Dream of Jeannie**
11.30 **Jokers Wild**
12.00 NOON **Please Sir!** (S2)
12.30 PM **Haggard** 2/7. (S1)
1.00 **Auto Rewind**
1.15 **FILM Yuma** Western. (1971, PG, 73min) ★★
2.45 **Auto Rewind**
3.00 **Mapp and Lucia** (S1)
4.00 **Born Free** 2/13.
5.00 **A Sharp Intake of Breath** 4/6. (S2)
5.30 **You're Only Young Twice**
6.00 **The Monkees** (S1)
6.30 **In Loving Memory** (S5)
7.00 **I Dream of Jeannie**
7.30 **Haggard** 2/7. (S1)
8.00 **Jokers Wild**
8.30 **A Sharp Intake of Breath** 4/6. (S2)
9.00 **Brass** 9&10/13. (S1)
10.00 **Game On** 5/6. (S2)
10.35 **Stereo Underground**
11.35 **The Monkees**
12.05 AM **FILM Dementia 13** Horror. (1963, 15) ★★★
1.35 **to 6.00** AM **Highlights**

DMAX
159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Maine Cabin Masters**
12.00 NOON **Alaskan Bush People** Documentary.
1.00 PM **Edge of Alaska**
3.00 **Alaska: Homestead Rescue** Double bill.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** An old rivalry heats up between Harley and Keith. **8.00** Captain Mandy hits the king crab jackpot.
9.00 **Outback Opal Hunters** The Bushmen dig a new emergency shaft. **10.00** Slim Pickings are forced to relocate.
11.00 **Jeremy Wade's Dark Waters** Jeremy heads to Australia to investigate an underwater attack.
12.00 M'T **British Speedway**
1.00 AM **Naked and Afraid**
2.00 **Teleshopping**
5.00 **to 6.00** AM **Building Alaska**
+1 hour 259 369 153

Food Network
140/141 154 190 43 148 39

6.00 AM **Tom Kerridge's American Feast**
7.00 **Barefoot Contessa**
8.00 **James Martin's American Adventure**
9.00 **River Cottage**
10.00 **Hairy Bikers Go North**
11.00 **Great British Bake Off**
1.00 PM **James Martin's Great British Adventure**
2.00 **James Martin's American Adventure**
3.00 **Barefoot Contessa**
4.00 **Delicious Miss Brown**
4.30 **Girl Meets Farm**
5.00 **River Cottage**
6.00 **Hairy Bikers Go North**
7.00 **Great British Bake Off**
9.00 **Jamie's Easy Meals for Every Day** New editions
10.00 **James Martin's Great British Adventure**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Guy's Grocery Games**
+1 hour 240/241 154

Legend
148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 11/24. (S8)
9.00 **The Fall Guy** 10/22. (S3)
10.00 **Charlie's Angels** (S1)
11.30 **FILM Billy the Kid v Dracula** Horror Western. (1966, PG, 73min) ★
1.00 PM **FILM The Bull of the West** Western. (1972, 12, 90min) ★★
3.00 **FILM Posse** Western. (1975, 15, 94min) ★★
5.00 **Star Trek** 24/24. (S3)
6.00 **Charlie's Angels** (S1)
7.00 **The Fall Guy** 11/22. (S3)
8.00 **Walker, Texas Ranger**
9.00 **FILM Stratton** Thriller starring Dominic Cooper. (2017, 15, 94min) ★★
10.55 **FILM Deathwatch** Horror thriller. (2002, 15, 95min) ★★★
12.50 AM **FILM An American Werewolf in Paris** Horror thriller sequel. (1997, 15, 102min) ★★
2.45 **to 4.35** AM **FILM Iron Sky: The Coming Race** Fantasy. (2019, 15) ★

Legend Xtra
317 316 171 69 138 51

6.00 AM **FILM Island of Terror**
8.00 **FILM Sherlock Holmes** Mystery with Ben Syder. (2010, 12, 89min) ★★
10.00 **Andromeda** 8/22. (S1)
11.00 **FILM Eye of the Beast** Monster movie. (2007, 15, 90min) ★★
1.00 PM **FILM 2021: War of the Worlds** Sci-fi thriller. (2021, 12, 78min) ★★
3.00 **Andromeda** 8/22. (S1)
4.00 **The A-Team** 3/13. (S5)
5.00 **FILM Island of Terror** Sci-fi horror. (1966, PG, 90min) ★★★
7.00 **Andromeda** 9/22. (S1)
8.00 **The A-Team** 4/13. (S5)
9.00 **FILM Sneakers** Comedy adventure starring Robert Redford. (1992, 15, 125min) ★★★
11.25 **FILM The Hitman's Apprentice** Thriller. (2012, 15, 82min) ★★
1.10 **to 3.00** AM **FILM Brake** Suspense thriller. (2012, 15, 87min) ★★★
+1 hour 318 316 371 139

Blaze
164 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Pawn Stars**
7.30 **Auction Hunters**
7.55 **Storage Hunters**
8.55 **Hardcore Pawn**
10.15 **UFO Hunters**
11.10 **Weird or What? With William Shatner**
12.10 PM **Mysteries from Above** Documentary.
1.05 **Pawn Stars**
2.05 **Dickinson's Real Deal**
3.05 **Storage Hunters**
4.00 **Ancient Aliens**
6.00 **UFO Hunters**
7.00 **Storage Hunters**
8.00 **Dickinson's Real Deal**
9.00 **Junk and Disorderly**
10.00 **Rust Valley Restorers**
11.00 **Court Cam**
12.00 M'T **Craig Charles: UFO Conspiracies**
1.00 AM **UFO Hunters**
2.00 **Ancient Aliens**
3.45 **Wicked Tuna**
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT
153 166 138 46 133 30

9.00 AM **Secrets of the Royal Palaces**
11.00 **Ben Fogle: New Lives in the Wild** Ireland.
12.00 NOON **A Yorkshire Farm**
1.00 PM **The Yorkshire Vet**
3.00 **Murder, She Wrote**
4.00 **Columbo**
5.35 **The Yorkshire Vet**
6.00 **Secrets of the Royal Palaces** Tales of St James's Palace. **7.00** Osborne House on the Isle of Wight.
8.00 **Ben Fogle: New Lives in the Wild** A man who lives in an area of Brazil near the Amazon river.
9.00 **Drain the Oceans** The secrets of America's most famous siege.
10.00 **Nazi Megastructures**
11.00 **Prisoner: Cell Block H**
1.00 AM **Dogs Behaving (Very) Badly**
3.00 **Paul Martin's Antiques Showdown**
3.50 **to 4.00** AM **Entertainment News**

HGTV
158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **My Lottery Dream Home** Six editions.
2.00 PM **A Place in the Sun**
3.00 **My Dream Derelict Home in the Sun**
4.00 **Escape to the Country**
6.00 **A Place in the Sun**
8.00 **My Dream Derelict Home** Restoring a Victorian property.
9.00 **Rico to the Rescue** New edition Rico León and his team salvage a basement renovation.
10.00 **NEW SERIES Battle on the Mountain** Rico León, Kim Myles and Kim Wolfe and their teams do battle over kitchens.
12.00 M'T **A Place in the Sun**
1.00 AM **Building Alaska**
2.00 **Flip or Flop**
3.00 **to 4.00** AM **My Lottery Dream Home**
+1 hour 258/262 391

TLC
133/134 139 165

7.00 AM **Extreme Couponing**
8.00 **My Lottery Dream Home** Double bill.
9.00 **Say Yes to the Dress**
11.00 **My 600lb Life**
12.00 NOON **Dr Pimple Popper** Medical series.
1.00 PM **7 Little Johnstons**
2.00 **Return to Amish**
3.00 **Outdaughtered**
5.00 **My 600lb Life**
6.00 **Dr Pimple Popper**
7.00 **Curvy Brides Boutique**
8.00 **The Bad Skin Clinic**
9.00 **The Bad Foot Clinic**
10.00 **My Strange Addiction: Still Addicted?**
11.00 **Body Bizarre**
12.00 M'T **My Extreme Excess Skin** Documentary.
1.00 AM **I Didn't Know I Was Pregnant**
2.00 **My Strange Addiction**
3.00 **Body Bizarre**
4.00 **The Bad Skin Clinic**
5.00 **to 6.00** AM **Extreme Cheapskates**
+1 hour 233/234 365

Comedy Central
112/113 135 132 345 360

8.00 AM **Impractical Jokers**
9.00 **New Girl** (S6)
10.00 **Last Man Standing**
11.00 **Everybody Loves Raymond** 1–4/25. (S7)
1.00 PM **Friends** (S10)
7.00 **Friends** 15/18. Joey's agent passes away. **7.30** 16/18. The gang throw a going-away party for Rachel. **8.00** 17 & 18/18. Last-ever episode. (S10)
9.00 **Jack Whitehall Live**
10.00 **FILM The Brothers Grimsby** Action comedy starring Sacha Baron Cohen and Mark Strong. (2016, 15, 83min) ★★
11.35 **Whose Line Is It Anyway? USA**
12.35 AM **South Park**
2.05 **Broad City**
3.05 **Important Things with Demetri Martin**
3.30 **Jack Whitehall Live**
4.15 **to 5.00** AM **Friends**
+1 hour 212/213 332

Comedy Cen. Extra
127/128 136 154 345 360

6.00 AM **Last Man Standing**
7.00 **Teleshopping**
9.00 **Most Ridiculous**
10.00 **Daria** 12 & 13/13. (S4)
11.00 **Friends** 17–20/24. (S5)
1.00 PM **Impractical Jokers**
2.00 **Daria** 1 & 2/14. (S5)
3.00 **Takeshi's Castle**
4.00 **Guessable?**
5.00 **Most Ridiculous**
6.00 **Mr Bean** Comedy. (S1)
7.00 **Everybody Loves Raymond** 1–4/25. (S7)
9.00 **New Girl** 3/8. Jess and Schmidt clash. **9.30** 4/8. The gang go to a memorial service. (S7)
10.00 **Friends** 2–6/18. (S10)
12.35 AM **Beavis and Butt-Head** (S7)
2.00 **Key & Peele**
3.00 **Whose Line Is It Anyway? USA**
3.45 **The Alternative Comedy Experience**
4.30 **Out of Order: Best Bits**
5.15 **to 6.00** AM **Last Man Standing**

Sky Replay
152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **Highway Cops**
11.00 **Hold the Front Page**
12.00 NOON **Blood & Treasure** 8/13. (S2)
1.00 PM **Motorway Patrol**
2.00 **Border Security: America's Front Line**
4.00 **Highway Cops**
5.00 **Motorway Patrol**
6.00 **Blood & Treasure** (S2)
7.00 **Border Security: America's Front Line**
9.00 **Road Wars**
10.00 **The Force: Manchester**
11.00 **There's Something About Movies**
12.00 M'T **The Russell Howard Hour**
1.00 AM **A League of Their Own Road Trip**
2.00 **Duck Quacks Don't Echo** With Sara Cox.
3.00 **Road Wars**
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV
126/127 137 134 351 366

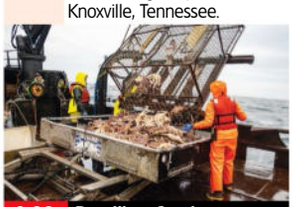
6.00 AM **The Hills**
6.20 **16 and Pregnant**
7.10 **Teen Mom: The Next Chapter** Reality series.
8.00 **Catfish: The TV Show**
1.00 PM **Catfish: Love Triangles**
2.00 **Catfish: Scammed**
3.00 **Catfish: The TV Show**
6.00 **Dallas Cowboys Cheerleaders**
7.00 **Laguna Beach: The Real Orange County**
8.00 **Car Crash Couples**
9.00 **Geordie Stories: Nathan & Dad**
10.00 **Geordie Shore: The Reunion Series** New edition The final arrival causes a shock.
11.00 **Dating Naked UK**
12.00 M'T **Ink Master Redemption** New edition
12.30 AM **Ridiculousness** New edition
1.00 **Ink Master**
2.45 **Caught in the Act**
3.35 **to 4.00** AM **The Hills**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Railroad Alaska**
9.00 **Dual Survival**
10.00 **The Dino Hunters**
11.00 **Bad Chad Customs**
1.00 PM **Gold Divers**
3.00 **Gold Rush** Double bill.
5.00 **Building Off the Grid** A couple set out to build a cabin deep in the Cascade Mountains of Washington State.
6.00 **Baggage Battles** The buyers go in search of old currency. **6.30** Vintage objects in Knoxville, Tennessee.



9.00 Deadliest Catch

7.00 **Wheeler Dealers: Dream Car** Mike and Elvis are determined to buy a Mini Countryman for a caring mother.

8.00 **Roadworthy Rescues** Derek heads to Alabama in search of a Bandit replica, but he stumbles across a Trans Am instead.

9.00 **Deadliest Catch** New edition A knife injury on deck leaves Sig scrambling, and Keith's throttle fails in rough seas.

10.00 **Gold Divers** New edition Part one of two. The fleet scramble to make up for a week of lost mining in innovative ways.

11.00 **Gold Divers** New edition Part two of two. A big risk brings a big reward for one captain.
12.00 M'T **Moonshiners** Mark and Digger recruit a bourbon maker.
1.00 AM **Deadliest Catch**
2.00 **Gold Divers** Double bill.
4.00 **to 5.00** AM **Expedition Bigfoot**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Flying Wild Alaska**
9.00 **Predators Up Close with Joel Lambert** Hyenas.
10.00 **Tanked** With Ludacris.
11.00 **Animal Cops Philadelphia**
1.00 PM **Crikey! It's the Irwins**
2.00 **Pit Bulls & Parolees**
3.00 **Shark Week Immersion**
4.00 **Into the Shark Bite**
5.00 **Lone Star Law** Game Warden Inman tackles a pollution case.
6.00 **Dr Jeff: Rocky Mountain Vet** A Weimaraner that has stopped eating, and a pit bull with an injured leg.

8.00 Guardians of the Glades

7.00 **Treehouse Masters** Pete builds a luxurious Thomas Jefferson-inspired treehouse complete with colonial columns.

8.00 **Guardians of the Glades** The team venture into an abandoned factory to save upper Florida from invasive pythons.

9.00 **Alaska: The Last Frontier** A festive edition of the documentary detailing the lives of wilderness enthusiasts the Kilchers.

10.00 **Mountain Monsters** The hunters meet up with their leader, Trapper, who reveals a clue they have been missing.

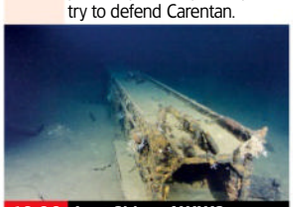
11.00 **Pit Bulls & Parolees** M2 and Kanani plan to do something special for the dog that saved their lives.
12.00 M'T **Crikey! It's the Irwins**
1.00 AM **Guardians of the Glades**
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops Philadelphia**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Europe from Above**
9.00 **Air Crash Investigation: Special Report**
10.00 **Air Crash Investigation**
12.00 NOON **Lost Tombs of the Pyramids** Documentary.
1.00 PM **Genghis Khan: The Secret History of the Mongols**
2.00 **Hitler's Last Stand**
4.00 **Construction Fails**
5.00 **Car S.O.S** The boys take on a rundown Renault Alpine GTA.
6.00 **Hitler's Last Stand** Nazi paratroopers desperately try to defend Carentan.



10.00 Lost Ships of WW2

7.00 **Air Crash Investigation** A military cargo plane crashes, and footage of the disaster points to an obvious cause.

8.00 **Inside the SS** Hitler's private army, formed in 1925 from volunteers who aspired to become part of a racial elite.

9.00 **Inside the SS** A look at the role of the SS in the Holocaust, with many volunteering to run the death camps.

10.00 **Lost Ships of WW2** Rob Kraft hunts for *Musashi*, the biggest battleship ever built.

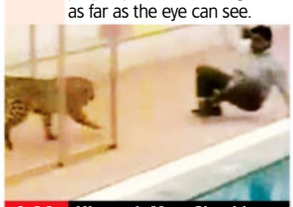
11.00 **Air Crash Investigation**
12.00 M'T **Lost Treasures of Arabia**
1.00 AM **To Catch a Smuggler**
2.00 **Abandoned**
2.30 **Money Meltdown**
2.55 **Lords of War**
3.20 **Food Factory** Double bill.
4.10 **Exotic Animal ER**
4.35 **to 5.00** AM **Prairie Dog Dynasty**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Salvage Kings**
6.55 **Pawn Stars**
10.10 **Storage Wars**
12.00 NOON **The Proof Is Out There**
1.00 PM **History's Most Shocking**
2.00 **History's Greatest Mysteries**
3.00 **Ghost Ships** Double bill.
5.00 **Contraband: Seized at Sea** Agents intercept a boat carrying migrants, with one in dire need of medical attention.
6.00 **American Pickers** Dani and Robbie check out an Arizona property with steam engines as far as the eye can see.



9.00 History's Most Shocking

7.00 **Forged in Fire** Top champions from previous seasons return to the forge to compete against one of the expert judges.

8.00 **Shipwrecks: When History Resurfaces** Kevin Sempé dives in search of wrecks harking back to the Roman Empire's greatness.

9.00 **History's Most Shocking** New edition Footage of real-life events, including a leopard on a rampage in India.

10.00 **History's Greatest Mysteries** New edition Experts examine the most mysterious of the Dead Sea Scrolls.

11.00 **The UnBelievable with Dan Aykroyd** Improbable yet true-life tales of survival.
12.00 M'T **Evil Encounters** Stories of alleged encounters with paranormal entities.
12.55 AM **The Proof Is Out There**
1.50 **History's Most Shocking**
2.50 **Contraband: Seized at Sea**
3.40 **Pawn Stars**
4.25 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys** Four editions.
8.00 **Bangers & Cash**
10.00 **Nazi Hunters**
11.00 **War Factories**
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash**
4.00 **Nazi Hunters**
5.00 **War Factories**
6.00 **Antiques Roadshow** Fiona Bruce visits the Thiepval Memorial to the Missing of the Somme in France for an edition marking the centenary of the outbreak of World War One.

11.00 Billy Connolly Does...

7.00 **The Americas with Simon Reeve** Simon travels the length of California and scales one of the world's tallest trees.

8.00 **Bangers & Cash: Restoring Classics** The team cannot believe their luck when a low-mileage Volvo 144 rolls in.

9.00 **Bangers & Cash** Paul and Kate collect a Series 1 Land Rover, while Jack picks up a wartime paratrooper's bike.

10.00 **Bangers & Cash** Paul is off to the Lake District to pick up seven vehicles, including a Thames Truck and a Vauxhall Victor.

11.00 **Billy Connolly Does...** Billy reveals all the things he loves about showbiz.
12.00 M'T **Bangers & Cash: Restoring Classics** The team restore a 1988 VW Golf GTI.
1.00 AM **Abandoned Engineering**
2.00 **to 3.00** AM **Great British Railway Journeys**

+1 hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Find It, Fix It, Flog It**
7.00 **Vintage Voltage**
9.00 **American Pickers**
10.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Double bill.
2.00 PM **The Yorkshire Auction House**
3.00 **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
6.00 **Wheeler Dealers**
7.00 **Cycling: Vuelta a España** Stage four.
8.00 **Mike Brewer: Born Dealer** A BMW M3.
9.00 **Johnny Vegas' Little Shop of Antiques** Series finale Johnny and Bev ponder the future.
10.00 **Celebrity Yorkshire Auction House**
11.00 **How Do They Do It?**
1.00 AM **Fifth Gear Recharged** Double bill.
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes... UK**
7.00 **Say Yes to the Dress**
8.00 **Say Yes... Lancashire**
9.00 **Say Yes... UK**
10.00 **Say Yes... Atlanta**
11.00 **Judge Rinder's Crime Stories** Real-life cases.
12.00 NOON **Deadly Affairs**
1.00 PM **On the Case with Paula Zahn**
2.00 **Murder on CCTV**
3.00 **10 Steps to Murder**
4.00 **American Monster**
6.00 **Disappeared**
7.00 **A Killer's Mistake**
8.00 **Murder on CCTV**
9.00 **Fatal Destination** New edition
10.00 **Forensic Factor: A New Era**
11.00 **Murder on CCTV**
12.00 M'T **The Grindr Killer: A Faking It Special**
1.00 AM **Levi Bellfield: A Faking It Special**
2.00 **Murder Comes to Town**
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Fraud Squad** A scam cons a group of NHS hospitals out of money.
8.00 **Killers: Caught on Camera** In Michigan, a young couple are found dead in a shed.
9.00 **Murder: First on Scene** When the bodies of two men are found stabbed to death in neighbouring flats, detectives need to act fast to find the killer.
10.00 **Prosecuting Evil with Kelly Siegler** Kelly looks into the murders of two girls in Houston.
11.00 **The Truth About My Murder** Double bill.
1.00 AM **Murder: First on Scene** As 9.00pm.
2.00 **Prosecuting Evil with Kelly Siegler**
3.00 **Killers: Caught on Camera** As 8.00pm.
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Evidence of Evil**
11.00 **Medical Detectives**
2.00 PM **Evidence of Evil**
4.00 **Medical Detectives** Investigating the shooting of a 15-year-old. **4.30** A killer who seemed to disappear. **5.00** The discovery of Legionnaire's Disease. **5.30** Two men who had been married to the same woman die of heart disease six years apart. **6.00** Investigators study a family in South Dakota whose son, a vegetarian, is the only family member who hasn't become sick. **6.30** Casino security cameras capture the final images of a woman before she went missing.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Highway Cops**
7.00 **Send in the Dogs**
8.00 **UK Border Force**
9.00 **The Force: Manchester**
10.00 **Caught on Dashcam**
11.00 **Snapped** Shirley Nelson.
12.00 NOON **Murders That Shocked the Nation**
1.00 PM **Britain's Most Evil...**
2.00 **Killer in My Village**
3.00 **How I Caught the Killer**
4.00 **World's Most Evil Killers**
5.00 **The Murders at Starved Rock**
6.10 **Killer in My Village**
7.05 **Most Evil Killers**
9.00 **Fred West: The Glasgow Girls**
12.00 M'T **Devil in Disguise**
1.05 AM **Murder Next Door**
2.00 **Killer in My Village**
3.00 **Ireland's Most Evil Killers** Colin Whelan.
4.00 **Border Security: Canada's Front Line**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **Ultimate Rome**
9.35 **Digging Up Britain's...**
10.35 **Iron Curtain: Living Under Soviet...**
11.55 **Apocalypse: Stalin**
1.00 PM **Grand Tours of the Scottish Islands**
1.40 **Ultimate Rome**
2.55 **Digging Up Britain's...**
3.55 **Iron Curtain: Living Under Soviet...**
5.10 **Apocalypse: Stalin**
6.20 **Ultimate Rome**
7.35 **Digging Up Britain's Past** Searching for the remains of World War One stables.
8.40 NEW SERIES **Iron Curtain: Living Under Soviet Occupation** The occupation of Poland, Hungary, East Germany and Czechoslovakia.
9.55 **Apocalypse: Stalin**
11.00 **Digging Up Britain's...**
12.00 M'T **Iron Curtain: Living Under Soviet...**
1.10 **to 2.00** AM **Grand Tours of the Scottish Islands**

TUESDAY

Tuesday

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **100 Foot Wave**
7.00 **Discovering: Ian McKellen**
8.00 **The Directors**
9.00 **The Seventies**
10.00 **Scouting for Girls: Fashion's Darkest Secret**
11.00 **House of Kardashian**
12.00 NOON **Jackie Stewart**
2.00 PM **Lennox: The Untold Story**
4.00 **Discovering: Ian McKellen**
5.00 **The Directors**
6.00 **The Seventies**
7.00 **House of Kardashian** 1/3. Exploring one of the world's most powerful families.
8.00 **David Frost Vs** Recalling some of the journalist's most famous interviews with The Beatles.
9.00 **I Am Johnny Cash** A celebration of the life and career of the country singer-songwriter.
10.45 **Mr Dynamite: The Rise of James Brown** The career of the singer, musician and producer.
1.00 AM **100 Foot Wave**
2.00 **The Last Rider**
4.00 **The Directors**
5.00 **to 6.00** AM **Discovering: Ian McKellen**

Sky Nature

145 113/114 189 354 369

6.00 AM **Cub Camp**
7.00 **Monkey Life**
8.00 **Africa's Wild Horizons**
9.00 **Wild Workers**
10.00 **Australia's Hidden Islands**
11.00 **Hope for Wildlife: The Next Generation**
12.00 NOON **Into the Wild: India**
1.00 PM **Monkey Life**
2.00 **Africa's Wild Horizons**
3.00 **Wild Workers**
4.00 **Australia's Hidden Islands**
5.00 **Land of Primates**
6.00 **Into the Wild: India**
7.00 **Monkey Life** Double bill.
8.00 **Deep Dive North America** Lizzie Daly explores North America's coastlines.
9.00 **Strange Creatures**
10.00 **Into the Wild: India**
11.00 **Land of Primates**
12.00 M'T **Hope for Wildlife: The Next Generation**
1.00 AM **Cub Camp**
2.00 **Deep Dive North America**
3.00 **Strange Creatures**
4.00 **Africa's Wild Horizons**
5.00 **to 6.00** AM **Wild Workers**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Secrets of the Lost Liners**
9.00 **Digging Up Britain's Past**
10.00 **Combat Ships**
11.00 **Ancient Aliens**
1.00 PM **Secrets of the Lost Liners**
2.00 **Digging Up Britain's Past**
3.00 **Battle 360**
4.00 **Truthseekers**
5.00 **Cracking the Code**
6.00 **UFOs Declassified**
7.00 **What on Earth?**
8.00 **Footprints of Civilisation** Exploring the legacy of earlier civilisations on modern life.
9.00 **Hitler's Engineers** The support Hitler received from Fritz Todt.
10.00 **Ross Kemp: Mafia and Britain** Ross heads to New York, where he discovers the links between America and Britain in the rise of the Mafia. Plus, the exploits of the infamous Kray twins
11.00 **Strange Evidence**
12.00 M'T **Ancient Aliens**
2.00 AM **Footprints of Civilisation**
3.00 **Battle 360**
4.00 **Truthseekers**
5.00 **to 6.00** AM **Cracking the Code**

Crime+Investigation

156 142 133

6.00 AM **Imperfect Murder**
7.00 **Homicide Hunter**
8.00 **Killer Town**
9.00 **Murdertown**
10.00 **Sunshine Slayings**
11.00 **#Textmewhenyougethome**
12.00 NOON **Exhumed: Killer...**
1.00 PM **Somebody's Hiding...**
2.00 **Judge Rinder's Crime Stories**
3.00 **Murdertown**
4.00 **Murder at My Door**
5.00 **What the Killer Did Next**
6.00 **Imperfect Murder**
7.00 **An Hour to Kill**
8.00 **Somebody's Hiding Something** New edition
9.00 **Last Night Out** New edition
10.00 **The Real Murders of Atlanta** New edition Documentary.
11.00 **Beyond the Headlines: The Tanya Kach Story**
12.00 M'T **Somebody's Hiding...**
1.00 AM **Last Night Out**
2.00 **The Real Murders of Atlanta**
3.00 **Exhumed: Killer Revealed**
4.00 **What the Killer Did Next**
5.00 **to 6.00** AM **Sunshine Slayings**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Yukon Vet**
9.00 **Alaska Animal Rescue**
10.00 **Monster Fish**
11.00 **Critter Fixers: Country Vets**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Amazonia**
3.00 **America's National Parks**
4.00 **Secrets of the Zoo: North Carolina**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City**
7.00 **Secrets of the Zoo** A sloth bear is ready to find a mate.
8.00 **Fish Tank Kings** The team undertakes the renovation of a tank belonging to two protective fish collectors.
9.00 **Kingdom of the Apes: Battle Lines** Conflicts between apes.
10.00 **Alaska: The Next Generation**
11.00 **Ice Road Rescue**
12.00 M'T **Animal Fight Club**
1.00 AM **Last of the Giants: Wild Fish** Cyril Chauquet searches for a giant barracuda.
2.00 **The Incredible Dr Pol**
3.00 **Alaska Animal Rescue**
4.00 **to 5.00** AM **World's Deadliest**

Discovery History

174 147 181 320 325

7.00 AM **Coast Guard at War**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Coast Guard at War** Examining the role of the Coast Guard in the Vietnam War, featuring contributions from members who served during the conflict, along with footage recorded at the time.
9.00 **Paranormal Declassified** Paul Beban unearths files that could lead to an alien cover-up all the way to the White House.
10.00 **How Do They Do It?**
11.00 **Massive Engineering Mistakes**
12.00 M'T **Mysteries at the Museum**
2.00 AM **How the Universe Works**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 151

9.00 AM **The Architecture the Railways Built** Four editions.
1.00 PM **The Architecture the Railways Built** Six editions.
7.00 **The Architecture the Railways Built** Tim Dunn heads to the seaside to find out how the railways changed the fortunes of Margate and Ramsgate. **8.00** Tim heads north of the border to scale a Scottish railway icon – the Forth Bridge. **9.00** Tim Dunn visits the popular Victorian holiday resort Saltburn-by-the-Sea, exploring the North Yorkshire town that owes its very existence to the railways. **10.00** Tim heads to Bishopstone in Sussex, a seaside station with a difference. **11.00** Tim explores London's first passenger railway – the London and Greenwich Railway.
12.00 M'T **The Architecture the Railways Built** Six editions.
5.20 **to 6.00** AM **Celebrity Mastermind**

+1 hour 266 376

ID

154 141 166

8.00 AM **Primal Instinct**
9.00 **A Killer's Mistake**
11.00 **The Perfect Murder**
1.00 PM **No One Can Hear You Scream** Double bill.
3.00 **Blood Runs Cold** Double bill.
5.00 **Love Kills** Double bill.
7.00 **Murder Chose Me** Investigating the death of a popular cheerleader in a hail of gunfire. **8.00** How the discovery of a mutilated corpse prompted an investigation into a trio of murders, involving an unreliable informant and a deadly cartel.
9.00 **Mother, May I Murder?** The murder of a father devastates his family. But when his widow and her son turn the home into a sex party house, it exposes a very different reality.
10.00 **Evil Lives Here** An Illinois wife and mother's shooting spree on Christmas morning 2003.
11.00 **Devil in Suburbia**
12.00 M'T **Murder Comes Home**
2.00 AM **Love Kills**
4.00 **to 6.00** AM **Murder Chose Me**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Scrapyard Dynasty**
7.00 **Kindig Customs**
8.00 **Motor Pickers**
9.00 **Bad Chad Customs**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Outback Car Hunters**
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **Bad Chad Customs**
4.00 **Shorty's Dream Shop**
5.00 **Motor Pickers**
6.00 **Salvage Hunters: Classic Cars**
7.00 **Shed and Buried**
8.00 **Shorty's Dream Shop** Shorty's right-hand man Joe Gomez creates a widebody Accord.
9.00 **Richard Hammond's Big** The Appomattox production platform in the Gulf of Mexico.
10.00 **Bad Chad Customs**
11.00 **Shed and Buried**
12.00 M'T **Shorty's Dream Shop**
1.00 AM **Outback Car Hunters**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers: Dream Car**
4.00 **to 5.00** AM **Gear Dogs**

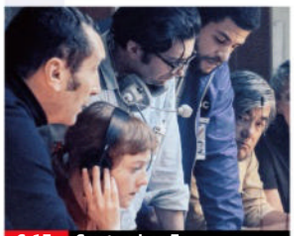
+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.40 AM **William Tell** As 4.45am.
9.05 **Into the Wonderwoods** Animation. (2024, PG, 81min)
10.35 **Saturday Night** Comedy. (2024, 15, 109min) ★★★★
12.35 PM **The Surfer** As 8.00pm.
2.30 **Sonic the Hedgehog 3** Fantasy sequel. (2024, PG) ★★★
4.30 **Night Call** French-Belgian crime thriller. Subtitled. (2024, 15, 97min) ★★★★
6.15 **September 5** Thriller. (2024, 15, 95min) ★★★★



6.15 September 5

8.00 The Surfer Thriller starring Nicolas Cage and Julian McMahon. A father returns to the beach of his childhood to surf, but is drawn into a conflict with local thugs. (2024, 15, 100min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

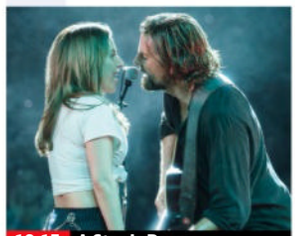
9.50 Gator Creek Horror starring Athena Strates and Madalena Aragão. A woman and her friends survive a plane crash, but discover something more dangerous lurking in the shallows. (2025, 15, 87min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 **Heart Eyes** Horror comedy starring Mason Gooding. (2025, 15, 97min) ★★★★
1.10 AM **Night Call** As 4.30pm.
3.00 **The Mountain** Comedy drama starring Elizabeth Atkinson. (2024, PG, 89min) ★★★★
4.45 **to 7.10** AM **William Tell** Historical drama starring Claes Bang. (2025, 15, 133min) ★★★

Sky Cinema Hits

303 303 403 503 517

6.05 AM **The First Purge** (2018)
7.55 **Chicago** As shown at 4.05am.
9.55 **The Meg** Action thriller. (2018, 12, 113min) ★★★
11.55 **The Legend of Zorro** Historical adventure sequel. (2005, PG, 130min) ★★★
2.10 PM **Edge of Tomorrow** Sci-fi. (2014, 12, 113min) ★★★★
4.10 **Bad Boys for Life** Action comedy. (2020, 15) ★★★
6.15 **Blades of Glory** Comedy. (2007, 12, 93min) ★★★



10.15 A Star Is Born

8.00 It Ends with Us Drama based on Colleen Hoover's novel, starring Blake Lively. A woman's abusive relationship is shaken after her first love reappears. With Justin Baldoni, Jenny Slate and Brandon Sklenar. (2024, 15, 125min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 A Star Is Born Drama starring Lady Gaga and Bradley Cooper, who also directed. A fading music star falls in love with a nightclub singer-songwriter. (2018, 15, 136min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.40 AM **Blades of Glory** (2007)
2.20 **The First Purge** Horror thriller prequel starring Y'lan Noel. (2018, 15, 98min) ★★
4.05 **to 6.05** AM **Chicago** Oscar-winning screen version of the hit Broadway musical. (2002, 12, 112min) ★★★★

Sky Cinema Drama

310 310 410 510 524

6.05 AM **Widow Clicquot** As 4.25pm.
7.45 **The Sons of Katie Elder**
9.55 **Five Easy Pieces** As 6.05pm.
11.50 **The Shawshank Redemption** Prison drama starring Tim Robbins and Morgan Freeman. (1994, 15, 142min) ★★★★★
2.20 PM **A Different Man** Thriller. (2024, 15, 112min) ★★★★
4.25 **Widow Clicquot** Biopic. (2023, 15, 90min) ★★★★

6.05 **Five Easy Pieces** Cult drama. (1970, 15, 98min) ★★★★★
8.00 **The Great Gatsby** F Scott Fitzgerald's melancholy tale of a rich bootlegger and his romantic obsession with a woman from his past. Stars Robert Redford and Mia Farrow. (1974, 12, 146min) ★★★
10.30 **The Sons of Katie Elder** Western drama starring John Wayne, Dean Martin, Michael Anderson Jr and Earl Holliman. (1965, U, 122min) ★★★

12.40 AM **Parachute** Comedy drama. (2023, 15, 108min) ★★★★
2.40 **Minyan** Drama with Samuel H Levine. (2020, 15, 130min) ★★★
4.50 **to 6.50** AM **Tommy** Ken Russell's screen version of The Who's famous rock opera. (1975, 15, 111min) ★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.15 AM **The Pact** As 1.55am.
7.50 **Cloverfield** Offbeat disaster movie. (2007, 15, 81min) ★★★
9.20 **Interstellar** Sci-fi drama. (2014, 12, 166min) ★★★★
12.15 PM **10 Cloverfield Lane** Thriller. (2016, 12, 103min) ★★★★
2.05 **The Birds** Hitchcock horror. (1963, 15, 118min) ★★★★★
4.15 **Total Recall** Sci-fi thriller remake. (2012, 12, 113min) ★★★

6.20 **The Woman in Black** Horror chiller starring Daniel Radcliffe. (2012, 12, 91min) ★★★★
8.00 **The Woman in Black: Angel of Death** Horror sequel starring Helen McCrory and Jeremy Irvine. (2014, 15, 95min) ★★★
9.40 **The Purge: Anarchy** Horror sequel starring Frank Grillo. A gun-toting loner protects a group of people lost on the streets during a dangerous night when all laws are suspended. (2014, 15, 102min) ★★★

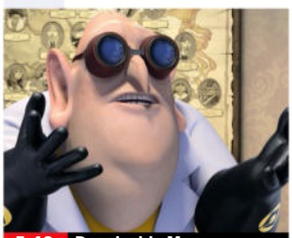
11.30 **The Island** Sci-fi action thriller. (2005, 12, 136min) ★★★
1.55 AM **The Pact** Mystery thriller. (2012, 15, 85min) ★★★
3.30 **MaXXXine** Crime thriller. (2024, 18, 110min) ★★★
5.25 **to 7.10** AM **Monolith** Thriller. (2022, 15, 90min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Back to School

306 306 406 506 519

6.00 AM **Sky Cinema Preview**
7.00 **Cloudy with a Chance of Meatballs** As 11.05pm.
8.35 **Cloudy with a Chance of Meatballs 2** As 12.50am.
10.20 **The Spiderwick Chronicles**
12.10 PM **Ella Enchanted** Fantasy. (2004, PG, 96min) ★★★
2.00 **Bookworm** As 4.15am.
4.00 **Kung Fu Panda** Animation. (2008, PG, 92min) ★★★★
5.40 **Despicable Me** Animation. (2010, U, 94min) ★★★★



5.40 Despicable Me

7.30 **Spy Kids** Family action comedy starring Antonio Banderas, Carla Gugino and Alan Cumming. (2001, U, 88min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

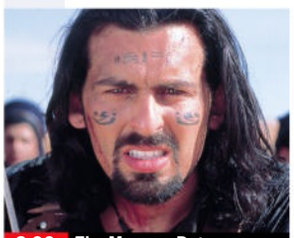
9.15 **The Spiderwick Chronicles** Fantasy adventure starring Freddie Highmore. Three teenage siblings find their great-great uncle's guide to the fantastical world. With Mary-Louise Parker and Nick Nolte. (2008, PG, 91min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.05 **Cloudy with a Chance of Meatballs** Animated comedy. (2009, U, 90min) ★★★★
12.50 AM **Cloudy with a Chance of Meatballs 2** Animated sequel. (2013, U, 93min) ★★★
2.40 **Monster House** Animated comic horror adventure. (2006, PG, 91min) ★★★★
4.15 **to 6.00** AM **Bookworm** Comedy adventure starring Elijah Wood and Nell Fisher. (2024, 12, 103min) ★★★★

Sky Cinema Action

307 307 407 507 521

7.40 AM **The Three Musketeers: Milady** As shown at 2.00am.
9.45 **Shrapnel** As 4.00am.
11.25 **The Hand of Death** Action thriller. (1976, 15, 95min) ★★★
1.10 PM **The Mummy** Adventure. (1999, 15, 124min) ★★★★
3.25 **The Huntsman: Winter's War** Fantasy adventure. (2016, 12, 114min) ★★★
5.30 **Gladiator II** Historical drama sequel starring Paul Mescal. (2024, 15, 148min) ★★★



8.00 The Mummy Returns

8.00 **The Mummy Returns** Action adventure sequel starring Brendan Fraser. A dashing ex-legionnaire and his Egyptologist wife confront an evil ancient Egyptian high priest and a fierce warrior who has been frozen in time for five millennia. (2001, 12, 129min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

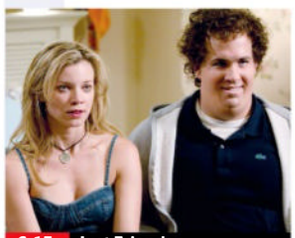
10.15 **Twister** Disaster drama starring Helen Hunt and Bill Paxton. An estranged married couple of meteorologists reunite to chase tornadoes across the American Midwest. (1996, PG, 114min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **Police Story 3: Supercop** Thriller. (1992, 15, 91min) ★★
2.00 **The Three Musketeers: Milady** Swashbuckling sequel. (2023, 12, 115min) ★★★★
4.00 **Shrapnel** Action thriller. (2023, 15, 89min) ★★
5.35 **to 7.15** AM **The Hand of Death**

Sky Cinema Comedy

308 308 408 508 522

6.45 AM **Weird Science** Comedy. (1985, 12, 94min) ★★★
8.35 **The Money Pit** Comedy. (1985, 15, 91min) ★★★
10.20 **Anyone But You** Comedy. (2023, 15, 103min) ★★★★
12.15 PM **Kangaroo Jack** Comedy. (2003, PG, 89min) ★
1.55 **Superbad** Teen comedy. (2007, 15, 113min) ★★★★
4.00 **Parenthood** Comedy drama. (1989, 15, 124min) ★★★★
6.15 **Just Friends** (2005, 12) ★★



6.15 Just Friends

8.00 **You've Got Mail** Romantic comedy starring Tom Hanks and Meg Ryan as two bookshop owners who hate one another in real life but are e-mail lovers in cyberspace. With Parker Posey. (1998, PG, 114min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

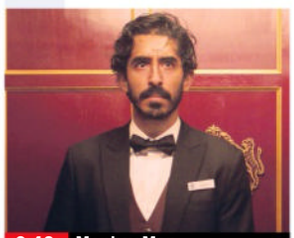
10.05 **'About Last Night...'** Comedy drama about the bitter-sweet love affair of two Chicago yuppies. Stars Rob Lowe, Demi Moore, Elizabeth Perkins and James Belushi. (1986, 18, 113min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **The Men Who Stare at Goats** Offbeat comedy. (2009, 15, 89min) ★★★
1.45 **David Brent: Life on the Road** Comedy. (2016, 15, 96min) ★★
3.25 **Clerks** Cult comedy. (1994, b/w, 18, 92min) ★★★★
5.00 **to 7.00** AM **Home Delivery** Comedy. (2023, 15) ★★★

Sky Cinema Thriller

309 309 409 509 523

7.05 AM **Eileen** As 8.00pm.
8.55 **Maggie Moore(s)** Comedy thriller. (2023, 15) ★★★
10.40 **The Surfer** As 11.45pm.
12.30 PM **RocknRolla** Crime comedy thriller. (2008, 15, 110min) ★★
2.30 **The Last Stop in Yuma County** Crime thriller. (2023, 15, 90min) ★★★★
4.05 **Sharp Corner** Thriller. (2024, 15, 110min) ★★★★
6.05 **Layer Cake** Gangster thriller. (2004, 15, 105min) ★★★★



9.40 Monkey Man

8.00 **Eileen** Mystery thriller starring Thomasin McKenzie and Anne Hathaway. A woman's friendship with a new co-worker takes a sinister turn. With Shea Whigham. (2023, 15, 97min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

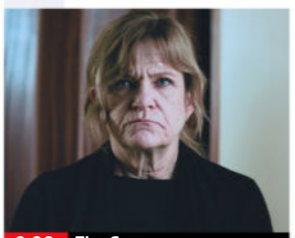
9.40 **Monkey Man** Action thriller starring Dev Patel and Sharlto Copley. A man unleashes a campaign of vengeance against the men who killed his mother. (2024, 18, 121min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **The Surfer** Thriller with Nicolas Cage and Julian McMahon. (2024, 15, 100min) ★★★★
1.35 AM **Nighthawks** Action thriller with Sylvester Stallone. (1981, 18, 99min) ★★★
3.20 **Murder by Numbers** Crime thriller with Sandra Bullock. (2002, 15, 120min) ★★★
5.25 **to 6.00** AM **Sky Cinema Preview**

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Muppets from Space** Sci-fi comedy. (1999, U) ★★★
12.45 PM **Patrick** Family comedy. (2018, PG, 94min) ★★★
2.35 **The Call of the Wild** Historical adventure. (2020, PG, 96min) ★★★
4.30 **The Sheriff of Fractured Jaw** Comedy Western with Kenneth More. (1958, U, 103min) ★★★
6.45 **Charlie's Angels** Comedy thriller. (2019, 12, 118min) ★★



9.00 The G

Charlie's Angels (film started at 6.45pm) **8 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **The G** Crime thriller starring Dale Dickey. A mysterious woman seeks revenge on the corrupt legal guardian who destroyed her life. With Romane Denis and Daniel Brochu. (2023, 15, 106min) ★★★★ **9 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

11.10 **The Drop** Crime drama with Tom Hardy. A Brooklyn bartender who secretly works for gangsters gets involved in a robbery gone wrong that digs up long-buried secrets. (2014, 15, 107min) ★★★★ **11 PM**
1.20 **to 3.50** AM **Wheel of Fortune and Fantasy** Japanese drama. Subtitled. (2021, 15, 121min) ★★★★

+1 hour 314 430 47 301 257

Sky Cinema 80s

302 302 402 502 516

7.05 AM **Friendship's Death** (1987)
8.35 **Gloria** As shown at 2.55am.
10.50 **Melancholia** As 5.00am.
12.30 PM **The Young Master** Action comedy. (1980, 15, 86min) ★★★
2.30 **Royal Warriors** Action thriller. (1986, 18, 96min) ★★★
4.20 **Friendship's Death** Sci-fi drama. (1987, 15, 78min) ★★★
5.50 **Blade Runner** Futuristic thriller. (1982, 15, 130min) ★★★★★

8.00 **Friday the 13th Part II** Horror thriller sequel starring Amy Steel and John Furey. The only survivor of the killings at Camp Crystal is murdered, and a whole new killing spree begins. (1981, 18, 87min) ★★
9.35 **Friday the 13th Part III** Horror thriller sequel starring Richard Brooker and Dana Kimmell. The maniac in a hockey-mask slaughters another group of teenagers at Camp Crystal Lake. (1982, 18, 95min) ★

11.15 **American Gigolo** Stylish thriller. (1980, 18, 117min) ★★★
1.15 AM **Repo Man** Cult sci-fi thriller. (1984, 18, 92min) ★★★★
2.55 **Gloria** Crime thriller. (1980, 15, 121min) ★★★★
5.00 **to 6.45** AM **Melancholia** Drama. (1989, 15, 85min) ★★★

Sky Cinema Greats

304 304 404 504 518

7.05 AM **Star Trek III: The Search for Spock** Sci-fi adventure. (1984, PG, 105min) ★★
9.05 **Star Trek IV: The Voyage Home** Sci-fi. (1986, PG, 119min) ★★★★
11.15 **Raiders of the Lost Ark** Steven Spielberg's adventure. (1981, PG, 115min) ★★★★★
1.15 PM **Indiana Jones and the Temple of Doom** Adventure. (1984, PG, 118min) ★★★

3.15 **Indiana Jones and the Last Crusade** Action adventure. (1989, PG, 127min) ★★★★★
5.25 **Scent of a Woman** Drama. (1992, 15, 157min) ★★★★
8.00 **Schindler's List** Steven Spielberg's historical drama with Liam Neeson. An Austro-German businessman wheels and deals with the Nazis to save the lives of over 1,000 Jews. (1993, 15, 195min) ★★★★★
11.15 **Lawless** Crime drama. (2012, 18, 111min) ★★★★

1.15 AM **Congo** Jungle adventure. (1995, 12, 108min) ★★★
3.05 **Star Trek: First Contact** Sci-fi. (1996, 12, 110min) ★★★★
5.00 **Sky Cinema Preview**
5.55 **to 7.55** AM **Star Trek: Insurrection** Sci-fi adventure. (1998, PG, 105min) ★★★

Sky Cinema Animation

305 305 412 500 514

6.35 AM **Batman Unlimited: Mechs...**
7.55 **Cloudy with a Chance of Meatballs** Animated comedy. (2009, U, 90min) ★★★★
9.30 **The Prince of Egypt** (1998)
11.15 **Sinbad: Legend of the Seven Seas** Animated adventure. (2003, U, 85min) ★★★★
12.45 PM **The Garfield Movie** (2023)
2.30 **Madagascar** Animated comedy. (2005, U, 86min) ★★★

4.00 **How to Train Your Dragon** Animated fantasy adventure. (2010, PG, 98min) ★★★★
5.40 **Buffalo Kids** Animation. (2024, U, 79min) ★★★
7.10 **Penguins of Madagascar** Animated family comedy. (2014, U, 88min) ★★★★
8.50 **The Garfield Movie** Animation. (2023, U, 101min) ★★★
10.40 **Teen Titans Go! & DC Super Hero Girls: Mayhem in the Multiverse** Animated adventure. (2022, PG, 79min) ★★★

12.05 AM **Piece By Piece** Animation. (2024, PG, 100min) ★★★
1.45 **The Prince of Egypt** Animated drama. (1998, U, 99min) ★★★★
3.35 **Batman Unlimited: Mechs vs Mutants** (2016, PG) ★★★
4.55 **to 6.35** AM **The Canterville Ghost** Animation. (2023, PG) ★★

Movies 24

312 313 419

7.00 AM **Love Hacks** Romantic drama. (2022, PG, 90min) ★★
9.00 **Sweet on You** Romantic comedy. (2023, PG, 85min) ★★
11.00 **Styled with Love** Romantic comedy. (2022, PG, 89min) ★★
1.00 PM **The Magic of Lemon Drops** Romantic fantasy. (2024, PG, 84min) ★★
3.00 **Girlfriendship** Romantic comedy. (2022, PG, 84min) ★★

5.00 **Sealed with a List** Festive drama. (2023, PG, 84min) ★★
7.00 **The Love Subscription** Romantic comedy with Carolina Bartczak. (2023, PG, 86min) ★★
9.00 **Autumn at Apple Hill** Romantic comedy starring Erin Cahill and Wes Brown. A woman inherits her grandparents' inn, and becomes suspicious when a hotel executive checks in. (2024, PG, 84min) ★★
11.00 **The Blessing Bracelet** Drama. (2023, PG, 90min) ★★

1.00 AM **Our Take on Love** Romantic drama starring Lesa Wilson. (2022, PG, 87min) ★★
3.00 **to 5.00** AM **Heart of the Manor** Romantic comedy. (2021, PG, 85min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **The Last Journey** Thriller. (1935, b/w, U, 66min) ★★★
7.20 **The Large Rope** (1953) ★★★
8.45 **D.O.A. (Dead on Arrival)** Thriller. (1950, b/w, PG) ★★★
10.25 **Miss Robin Hood** (1952, U) ★★
11.55 **Doctor in Clover** Comedy. (1966, PG, 101min) ★★★
1.55 PM **Lorna Doone** (1951, U) ★★★
3.40 **A Matter of Choice** Drama. (1963, b/w, PG, 90min) ★★

5.20 **Edgar Wallace Mystery Theatre**
6.30 **Star Performance: Dante's Inferno** 2/19. (S1)
7.05 **Batman** 23/60. (S2)
7.35 **Dial 999** 18/39. (S1)
8.05 **California Suite** Comedy. (1978, 12, 103min) ★★★
10.10 **Cellar Club with Caroline Munro**
10.15 **Eyes of Laura Mars** Suspense thriller. (1978, 15, 104min) ★★★
12.20 AM **Cellar Club with Caroline...**
12.25 **Mansion of the Doomed** Horror. (1976, 18, 89min) ★★★
2.05 **Cellar Club with Caroline Munro**

2.10 **Voyage to the Planet of Prehistoric Women** Sci-fi. (1968, 18, 78min) ★★★
3.45 **The Big Boodle** Crime thriller. (1957, b/w, U, 84min) ★★★
5.25 **Charlie Chester Don't Take Chances** Comic rhyming poem.
5.30 **to 6.00** AM **Beverly Hillbillies**

TUESDAY Sport 26 August

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
9.00 **Good Morning Transfers**
10.00 **Sky Sports FC**
12.00 NOON **Transfer Talk**
1.00 PM **Lunchtime Live**
2.00 **Sports Desk**
3.30 LIVE **US Open Tennis** Coverage of day three of the Grand Slam at the USTA Billie Jean King National Tennis Center in Flushing Meadows, New York.
7.00 LIVE **EFL Cup** Coverage of a second-round match, as the competition won by Newcastle United last season continues.
10.30 LIVE **US Open Tennis** Further coverage of the third day of the Grand Slam at the USTA Billie Jean King National Tennis Center in Flushing Meadows. The third day of last year's tournament saw the beginning of the second round, as Madison Keys raced to a 6-4, 6-0 win over Maya Joint.
2.30 AM LIVE **US Open Tennis** Continued coverage of day three of the Grand Slam at the USTA Billie Jean King National Tennis Center in Flushing Meadows.
5.30 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **MNF** Newcastle Utd v Liverpool.
7.30 **FNF** West Ham United v Chelsea.
8.00 **SNF** Arsenal v Leeds United.
8.30 **MNF** Newcastle Utd v Liverpool.
9.00 **Good Morning Transfers**
10.00 **Sky Sports FC**
12.00 NOON **Transfer Talk**
1.00 PM **MNF Hlts** Newcastle United v Liverpool from St James' Park.
1.30 **FNF** West Ham United v Chelsea.
2.00 **Premier League Highlights** Brentford v Aston Villa.
2.30 **SNF** Arsenal v Leeds United.
3.00 **Premier League Highlights** Everton v Brighton & Hove Albion. **3.30** Crystal Palace v Nottingham Forest from Selhurst Park. **4.00** Fulham v Manchester United at Craven Cottage.
4.30 **MNF Hlts** Newcastle United v Liverpool from St James' Park.
5.00 **The Premier League Show**
6.00 **The Transfer Show**
7.00 **Gillette Labs Soccer Special**
10.30 **Premier League Review**
11.30 **Transfer 360** Robbie Fowler.
12.00 M'T **Premier League Years**
2.00 AM **PL Retro** Crystal Palace v Liverpool from 2013/14.
4.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL Cup Retro** Manchester United v Southampton in 2017.
8.00 **There's Only One Sauzee**
8.30 **Dundee United: Champions 83**
9.00 **EFL Greatest Games**
10.00 **Championship Season Review**
11.00 **Best Goals: EFL Cup 2022/23**
11.30 **EFL Trophy Football**
12.00 NOON **EFL Cup Highlights**
1.00 PM **EFL Highlights**
2.30 **SPFL Round-Up**
2.45 **SPFL Highlights**
3.00 **EFL Cup Highlights**
4.00 **EFL Highlights**
5.00 **EFL Greatest Games**
5.30 **EFL Highlights**
6.00 **EFL Cup** Bromley v Ipswich Town. **6.30** Highlights from Birmingham City v Sheffield United.
7.00 LIVE **EFL Cup** Coverage of a second-round match, as the competition won by Newcastle United last season continues.
10.30 **SPFL Round-Up**
10.45 **SPFL Highlights**
11.00 **EFL Greatest Games**
12.00 M'T **EFL Cup Highlights**
12.30 AM **Retro League One**
2.30 **EFL Greatest Games**
4.00 **EFL Cup Highlights**
5.30 **to 6.00** AM **EFL**

Sky Sports Cricket

405 405 514 504 422 442

6.00 AM **The Hundred**
9.15 **The Hundred Bitesize**
10.30 **The Hundred** Oval Invincibles Men v London Spirit Men.
2.00 PM **The Hundred Bitesize**
2.45 LIVE **The Hundred Northern Superchargers Women v Manchester Originals Women.** Coverage of the match from Headingley in Leeds. The Superchargers claimed a 46-run victory when the teams met here last year. Start-time **3.00pm**.
6.00 LIVE **The Hundred Northern Superchargers Men v Manchester Originals Men.** Coverage of the match from Headingley. The Superchargers won by 14 runs when the teams faced each other here last season, with England star Harry Brook impressing with an innings of 58 off 33 balls. Start-time **6.30pm**.
9.30 **The Hundred Bitesize**
10.15 **The Hundred** A replay of Northern Superchargers Women v Manchester Originals Women.
1.30 AM **The Hundred Bitesize**
2.00 **The Hundred** A match replay.
5.30 **to 6.00** AM **The Hundred Bitesize**

Sky Sports Golf

406 406 515 505 423 443

6.00 AM **Golf Academy**
7.00 **Playing Lessons**
8.00 **Nick Dougherty's Tee Time Tips**
9.00 **The Open Zone**
9.30 **DP World Tour Golf**
10.00 **PGA Tour Golf** Event review.
11.00 **Best of the Open Zone 2024**
12.00 NOON **Golf Academy**
1.00 PM **Turkish Airlines Masterclass**
1.30 **Playing Lessons** With Max Homa.
2.00 **Nick Dougherty's Tee Time Tips**
3.00 **Women's Golf** Women's Open.
4.00 **The Open Zone** Archive action.
5.00 **HotelPlanner Tour Golf**
5.30 **DP World Tour Golf**
6.00 **PGA Tour Golf** Event review.
7.00 **Europe! Europe!**
9.00 **PGA Tour Golf** Highlights.
10.00 **DP World Tour Golf**
10.30 **Countdown to the Ryder Cup**
11.00 **PGA Tour Golf** Event review.
12.00 M'T **Best of the Open Zone**
1.00 AM **Golf Academy**
2.00 **Playing Lessons**
3.00 **Nick Dougherty's Tee Time Tips**
4.00 **The Open Zone** Archive action.
5.00 **to 6.00** AM **Best of the Open Zone 2024**

Sky Sports Tennis

408 408 537 520 425 445

6.00 AM **Tennis** Cincinnati Open.
6.30 **US Open Tennis** The second day.
1.00 PM **US Open Tennis** Action from day two of the Grand Slam.
3.30 LIVE **US Open Tennis** Coverage of day three of the Grand Slam at the USTA Billie Jean King National Tennis Center in Flushing Meadows, New York.
12.00 M'T LIVE **US Open Tennis** Further coverage of day three of the Grand Slam at the USTA Billie Jean King National Tennis Center.
5.30 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **Premier League Review**
7.00 LIVE **Snooker: Wuhan Open** The opening session of round two from Wuhan Gymnasium in China.
10.00 **Fishing: On the Bank**
11.00 **The WRC Magazine**
11.30 **The Gruppetto** Cycling action.
11.45 **La Vuelta Men** The third stage.
12.45 PM LIVE **Cycling: La Vuelta Men** Coverage of stage four, a 192km route from Susa to Voiron.
4.15 **The Gruppetto** Cycling action.
4.30 **Premier League**
7.00 **Playing for Our Future**
7.15 **UEFA Champions League**
7.45 LIVE **UEFA Champions League** Coverage of a play-off round second-leg. Kick-off **8.00pm**.
10.00 **Premier League Reload**
10.15 **MotoGP Rewind**
10.30 **Premier League Stories**
11.00 **Crouchy and Cole**
11.15 **TNT Sports Cricket Reload**
11.30 **MLB Lead Off** A look ahead.
12.00 M'T LIVE **MLB New York Mets v Philadelphia Phillies.**
3.00 AM **MLB Closer** Match review.
3.30 **La Vuelta Men** Stage four.
4.30 **Longines Global Champions Tour** Grand Prix of Valkenswaard.
5.30 **to 6.00** AM **WRC Magazine**

TNT Sports 2

411 414 522 409 431

6.00 AM **La Vuelta Men**
7.00 LIVE **Snooker: Wuhan Open** The opening session of round two from Wuhan Gymnasium in China.
10.00 **Supertri E World Triathlon Championship** From Chicago.
11.00 **British Superbikes**
12.30 PM LIVE **Snooker: Wuhan Open** Coverage of the second session of round two staged at Wuhan Gymnasium in China.
3.30 **Longines Global Champions Tour** Grand Prix of Valkenswaard.
4.30 **MLB Highlights**
5.30 **Fishing: On the Bank**
6.30 **The WRC Magazine**
7.00 **Onboard** Sailing highlights.
7.30 **Kenny Allstar's Number 1's**
7.45 LIVE **UEFA Champions League** Coverage of a play-off round second-leg. Kick-off **8.00pm**.
10.00 **The WRC Magazine**
10.30 **Onboard** Sailing highlights.
11.00 **Spirit of Yachting**
11.30 LIVE **CPL Saint Lucia Kings v Guyana Amazon Warriors.** Coverage of the T20 match at Daren Sammy Cricket Ground.
3.45 AM **TNT Sports Cricket Reload**
4.00 **to 6.00** AM **Snooker Wuhan Open**

Sky Sports Action

412 410 517 507 426 446

6.00 AM **Super League Retro: Magic Weekend** A chance to see Bradford Bulls v Leeds Rhinos from the 2007 Magic Weekend.
8.00 **Rugby League Retro** Hull Kingston Rovers v Wakefield Trinity Wildcats from 2007.
10.00 **Super League Highlights**
11.00 **Women's State of Origin** New South Wales Sky Blues v Queensland Maroons.
2.00 PM **Super League Retro: Magic Weekend** A chance to see Bradford Bulls v Leeds Rhinos from the 2007 Magic Weekend.
4.00 **Rugby League Retro** Hull Kingston Rovers v Wakefield Trinity Wildcats from 2007.
6.00 **Super League Retro: Magic Weekend** A chance to see Bradford Bulls v Leeds Rhinos from the 2007 Magic Weekend.
8.00 **Rugby League Retro** Hull Kingston Rovers v Hull FC from the 2012 Magic Weekend.
10.00 **Super League Retro: Magic Weekend** Castleford Tigers v Wakefield Trinity from 2012.
12.00 M'T **Rugby League Retro**
2.00 AM **Women's State of Origin**
5.00 **to 6.00** AM **Super League Highlights**

Sky Sports Sky Sports+

404 404 518 508 427 447

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
9.00 **Good Morning Transfers**
10.00 **Sky Sports FC**
12.00 NOON **Transfer Talk**
1.00 PM **Lunchtime Live**
2.00 **Sports Desk**
3.30 LIVE **US Open Tennis** Coverage of day three of the Grand Slam at the USTA Billie Jean King National Tennis Center in Flushing Meadows, New York.
7.00 **EFL Cup Build-Up**
7.40 LIVE **EFL Cup** Coverage of a second-round match, as the Premier League teams not inolved in European competition enter the tournament.
10.30 LIVE **US Open Tennis** Continued coverage of day three of the Grand Slam at the USTA Billie Jean King National Tennis Center in Flushing Meadows. The corresponding day at last year's tournament witnessed 2023 women's singles champion Coco Gauff register a comfortable 6-4, 6-0 victory over Tatjana Maria.
2.30 AM LIVE **US Open Tennis** Concluding coverage of day three.
5.30 **to 6.00** AM **Sky Sports News**

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **PGA Tour Golf**
8.00 **PGA Tour Champions**
9.00 **The Hundred Bitesize**
9.30 **WTA Tennis** Cleveland Open.
10.30 **ATP Tennis** Winston-Salem Open.
11.30 **WTA Tennis** Monterrey Open.
12.30 PM **The Hundred Bitesize**
1.00 **PGA Tour Golf** Event review.
2.00 **PL Greatest Games**
3.00 **Women's Golf** Women's Open.
4.00 **WTA Tennis** Cleveland Open.
5.00 **ATP Tennis** Winston-Salem Open.
6.00 **WTA Tennis** Monterrey Open.
7.00 **Spirit of Yachting**
7.30 **The Hundred Bitesize**
8.00 **PGA Tour Golf** Event review.
9.00 **WTA Tennis** Cleveland Open.
10.00 **ATP Tennis** Winston-Salem Open.
11.00 **WTA Tennis** Monterrey Open.
12.00 M'T **PL Greatest Games**
1.00 AM **PDC Classics** Archive action.
3.00 **EFL Greatest Games**
4.00 **The Open Zone** Highlights.
5.00 **to 6.00** AM **Best of the Open Zone 2024**

TNT Sports 3

413 415 523 410 432

6.00 AM **British Superbikes**
7.30 **Motocross World Championship**
10.30 **MotoGP** Grand Prix of Hungary.
11.30 **MotoGP Chequered Flag**
12.30 PM **The Gruppetto** A look back at the latest cycling action.
12.45 LIVE **Cycling: La Vuelta Men** Coverage of stage four of the Grand Tour race, a 192km route from the Italian town of Susa to the French commune of Voiron.
4.15 **Playing for Our Future: Cricket**
4.30 **MotoGP** Highlights from the Grand Prix of Hungary at Balaton Park Circuit in Balatonfokajár.
8.00 **British Superbikes Highlights**
9.00 **British Speedway** Oxford Spires v King's Lynn Stars.
10.00 **La Vuelta Men** Action from stage four of the Grand Tour race.
11.00 **Premier League Review**
12.00 M'T **UEFA Champions League**
2.00 AM **Serie A** Action from Italy.
4.00 **British Superbikes Highlights**
5.00 **to 6.00** AM **British Speedway**

TNT Sports 4

414 416 524 411 434

6.00 AM **AFL** Four match replays.
12.00 NOON **Supertri E World Triathlon Championship** Action from the race in Chicago.
1.00 PM **MLB Highlights**
2.00 **Premier League Review** Action from the second matchday of the season, including Newcastle United v Liverpool, Manchester City v Tottenham Hotspur, and West Ham United v Chelsea.
3.00 **U20 Intercontinental Cup** Highlights from Flamengo U20 v Barcelona U20.
4.00 **AFL** Another chance to see Port Adelaide v Gold Coast Suns. **5.30** A chance to see North Melbourne v Adelaide Crows. **7.00** Richmond v Geelong Cats. **8.30** Another chance to see West Coast Eagles v Sydney Swans.
10.00 **Snooker Wuhan Open** Highlights of day three from Wuhan Gymnasium in China.
12.00 M'T **to 6.00** AM **AFL**

Premier Sports 1

419 551

6.00 AM **Motorsport** Highlights.
7.00 **Top 14 Rugby Union Highlights**
8.00 **FIM Sidecarcross**
9.00 **LaLiga Match Highlights**
10.30 **Eredivisie Highlights**
11.30 **Scottish Football Social Club**
12.30 PM **British Minibikes**
1.30 **World of FreeSports**
2.00 **World Surf League**
3.00 **Eredivisie Highlights**
4.00 **LaLiga Match Highlights**
5.00 **NASCAR Highlights**
6.00 **World of FreeSports**
6.30 **LaLiga Highlights**
8.00 **Sporting Greats**
8.30 **Scottish Football Social Club**
9.30 **LaLiga Match Highlights**
10.30 **Eredivisie Highlights**
11.30 **PSA Squash Highlights**
12.30 AM **Top 14 Rugby Union**
1.30 **Transworld Sport** Magazine.
2.30 **World Surf League**
3.30 **Motorsport** Drew Gibson.
4.30 **LaLiga Specials**
5.30 **to 6.00** AM **World of FreeSports**

Premier Sports 2

420 552

6.00 AM **NASCAR Xfinity Series**
9.00 **Bike World** Magazine.
9.30 **LaLiga Specials**
10.00 **LaLiga** Another chance to see Athletic Bilbao v Rayo Vallecano.
12.00 NOON **Brasileiro Serie A** A replay of Flamengo v Vitória.
2.00 PM **Football's Greatest** The finest players in history discuss their careers.
2.30 **Argentine Primera** A chance to see Boca Juniors v Banfield.
4.30 **Argentine Primera** Another chance to see Lanus v River Plate.
6.30 **LaLiga** Another chance to see Atlético Madrid v Elche.
8.30 **LaLiga** Another chance to see Real Oviedo v Real Madrid.
10.30 **LaLiga Specials** A look at the top scorer in the 2024/25 season.
11.00 **LaLiga** Villarreal v Girona.
1.00 AM **Football's Greatest**
2.00 **NASCAR Xfinity Series**
5.00 **Bike World** Magazine.
5.30 **to 6.00** AM **Temples of Sport**

Sky Sports F1

407 407 516 506 424 444

6.00 AM **Formula 1** Highlights.
12.00 NOON **Formula 1** Action from the Miami Grand Prix sprint race. **1.00** PM The Miami Grand Prix. **2.00** Emilia Romagna Grand Prix.
3.00 **Formula 1** Monaco Grand Prix. **4.00** Saudi Arabian Grand Prix. **5.00** Miami Grand Prix sprint race. **6.00** The Miami Grand Prix.
7.00 **Formula 1** The Emilia Romagna Grand Prix in Imola, Italy. **8.00** The Monaco Grand Prix.
9.00 **Indycar** The Milwaukee Mile 250.
10.00 **Formula 1** Hungarian Grand Prix.
11.00 **Indycar** The Milwaukee Mile 250.
12.00 M'T **Formula 1** From Hungary.
1.00 **to 6.00** AM **The Home of F1**

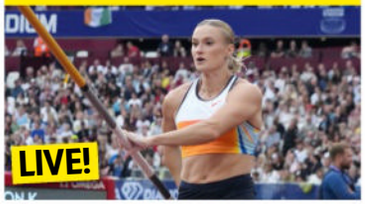
SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Wednesday 27 August

Evening Planner

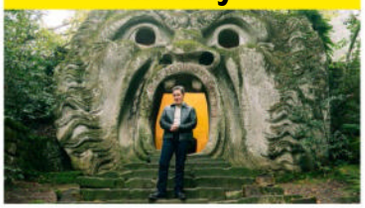
Wednesday

Athletics



Diamond League Zurich
BBC2, 4.30pm
Can the reigning world and Olympic women's pole vault champion Katie Moon (USA) finish the season on a high?

Reality



Destination X
BBC1, 9pm
Rob Brydon accompanies the remaining passengers as the final destination draws near – but where in Europe are they?

Documentary

The Great Art Fraud
BBC2, 9pm (box set, BBC iPlayer)
How art dealer Inigo Philbrick (husband of *Made in Chelsea*'s Victoria Baker-Haber) conned investors out of $86million.

OnDemand

prime

The Terminal List: Dark Wolf
Available today
The Terminal List spin-off prequel, focusing on Navy SEAL Ben Edwards (Taylor Kitsch).

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 MasterChef		9.00 Destination X		10.00 News; Local News	10.40 UEFA...
	102 BBC2	7.00 SOS: Extreme...	7.30 Grand Tours of...	8.00 Saving Lives at Sea		9.00 The Great Art Fraud		10.00 Limbs in the...	10.30 Newsnight
	103 ITV1	7.00 Emmerdale	7.30 EFL Cup – Live: Grimsby Town v Manchester United						10.20 News; Local News
	104 CHANNEL 4	7.00 News		8.00 George Clarke's Kitchen vs Garden		9.00 The Jury: Murder Trial		10.00 White House Farm: Murder, Bloodline...	
	105 5	7.00 Kent: The Garden of England		8.00 Supermarket Clothes		9.00 Casualty 24/7: Every Second Counts		10.00 Soldier: For King and Country	
	106 SKY SHOWCASE	7.00 The Office (US)		8.00 Shark with Steve Backshall		9.00 Game of Thrones			
ENTERTAINMENT	115 BBC3	7.00 Horrible Histories		8.00 Top Gear		9.05 Billion Dollar Playground			10.35 Pretty...
	116 BBC4	7.00 Planet Earth		8.00 What Are UFOs?		9.00 Tribe		10.15 Film: Mrs Dalloway	
	118 ITV2	7.00 Deal or No Deal		8.00 The Bachelor Australia		9.00 Family Guy			
	136 MORE4	‹ 6.55 Location, Location, Location		7.55 Grand Designs				10.00 Location, Location, Location Australia	
	135 E4	7.00 Hollyoaks	7.30 The Simpsons	8.00 Below Deck Sailing Yacht		9.00 Celebs Go Dating		10.00 Gogglebox	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 The Equalizer		9.00 Fire Country		10.00 Matlock	
	108 SKY ATLANTIC	‹ 6.50 Six Feet Under		7.55 Game of Thrones		9.00 The White Lotus			10.30 True Detective
	110 U&GOLD	‹ 6.50 The Vicar of Dibley		8.00 Red Dwarf	8.35 Vicar of Dibley: Inside Out				10.40 Not...
	111 U&DAVE	7.00 Would I Lie to You? At...	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	‹ 6.55 Heartbeat		8.00 Vera				10.00 Law & Order: UK	
	120 ITV4	7.00 Target Sports Stars Fishing Championship				9.00 The Motorbike Show		10.00 All Elite Wrestling: Collision	
	112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Hitch			
	139 SKY SCI-FI	7.00 Primeval		8.00 Stargate Atlantis		9.00 The Leftovers		10.00 The Walking Dead	
	113 SKY MAX	7.00 Stargate Atlantis		8.00 There's Something About Movies		9.00 Film: The Hurricane Heist			
	109 U&ALIBI	7.00 Father Brown		8.00 Death in Paradise		9.00 Mudtown		10.00 Father Brown	
	124 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Battle of the Bagpipes		9.00 Wonderland: Gothic		10.00 I Am Jackie O	
	132 U&W	7.00 MasterChef Australia		8.00 Inside the Ambulance at Christmas		9.00 Multiple Birth Wards			
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers: Dream Car		8.00 Roadworthy Rescues		9.00 Street Outlaws: Locals Only		10.00 Roadworthy Rescues	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Dog Detectives		9.00 Alaska: The Last Frontier		10.00 Mountain Monsters	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Car S.O.S.				10.00 Construction Fails	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Shipwrecks: When History Resurfaces		9.00 Death Coast		10.00 Deadman's Curse	
	155 U&YESTERDAY	7.00 The Americas with Simon Reeve		8.00 Australia with Simon Reeve		9.00 Train Rescue Down Under		10.00 Bangers & Cash	
	121 SKY DOCS	7.00 House of Kardashian		8.00 David Frost Vs		9.00 Amsterdam Narcos		10.00 Escobar by Escobar	
FILMS – Sky Cinema	301 PREMIERE	‹ 6.00 Saturday Night		8.00 The Surfer			9.50 Night Call		
	302 80S	‹ 5.50 Superman II		8.00 Superman III				10.10 Superman IV – The Quest for...	
	303 HITS	‹ 6.00 We're the Millers		8.00 The Truman Show				10.00 Knocked Up	
	304 GREATS	‹ 5.55 The Sons of Katie Elder		8.00 Robin Hood: Prince of Thieves					10.25 The Warriors
	305 ANIMATION		7.15 Transformers One			9.05 The Prince of Egypt			
	306 BACK TO SCHOOL	‹ 5.45 Despicable Me 2	7.40 Spy Kids 2: Island of Lost Dreams				9.35 Robin and the Hoods		
	307 ACTION	‹ 5.50 Kraven the Hunter		8.00 The Scorpion King			9.35 Bad Boys II		
	308 COMEDY	‹ 6.25 Ace Ventura Pet Detective		8.00 Sixteen Candles			9.40 The Nutty Professor		
	309 THRILLER	‹ 5.10 The Firm		8.00 The Perfect Storm				10.20 The Bikeriders	
	310 DRAMA	‹ 5.45 Girl You Know It's True		8.00 Chuck Chuck Baby			9.50 Beach Rats		
	311 SCI-FI	‹ 6.05 Five Nights at Freddy's		8.00 Gravity			9.40 The Nun		
	313 FILM4	‹ 6.20 First Knight				9.00 Nope			
SPORT	401 MAIN EVENT	7.00 EFL Cup – Live: Coverage of a second-round tie							10.30 US Open Tennis
	402 PREMIER LEAGUE	7.00 The Transfer Show		8.00 PL Stories	8.30 Netbusters	9.00 PL Stories	9.30 Netbusters	10.00 PL Icons	10.30 The Big Padel...
	403 FOOTBALL	7.00 EFL Cup – Live: Coverage of a second-round tie							10.30 EFL Cup...
	405 CRICKET	‹ 6.00 The Hundred Live – Trent Rockets Men v Birmingham Phoenix Men (Start-time 6.30)					9.30 The Hundred	10.00 The Hundred Bitesize	
	410 TNT SPORTS 1	7.00 Premier League Stories	7.30 UEFA Champions League – Live: Coverage of a play-off round second-leg match (Kick-off 8.00)						10.30 PL Review
	411 TNT SPORTS 2	‹ 5.30 UEFA Champions League	7.45 UEFA Champions League – Live: Coverage of a play-off round second-leg match (Kick-off 8.00)					10.00 Snooker Wuhan Open	

‹ Denotes programmes starting before 7.00pm † Regions vary

WEDNESDAY

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Wednesday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.30 **Animal Park** (S)(R)(AD)
10.15 **Countryfile Treasures** (S)(R)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Money for Nothing** (S)(R)
2.30 **Scam Interceptors** (S)(R)
3.00 **Escape to the Country** A couple search for a new home in Hampshire or Wiltshire. (S)(R)
3.45 **The Travelling Auctioneers** New edition Globetrotter Jenny needs some help from the experts to clear the family home. (S)
4.30 **The Answer Run** New edition (S)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

4.30 The Answer Run

7 PM

7.00 **The One Show** Roman Kemp and Clara Amfo present the topical show. (S)
7.30 **EastEnders** The Vic hosts a barbecue but things soon get out of hand, while Howie is feeling under pressure. (S)(AD)

8 PM

8.00 **MasterChef** New edition 10/24. It's the fourth week of heats, and a fresh batch of ambitious cooks, including a fishmonger, take on the Basic to Brilliant and the Mystery Box challenge. (S)(AD)
■ Continues tomorrow

9 PM

9.00 **Destination X** New edition 9/10. The four remaining passengers hunt through mines for clues and look to the stars for an advantage that could push even the strongest players out of the game. (S)(AD)
■ Concludes tomorrow

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **Match of the Day: Champions League** A round-up of action from the play-off round second-leg ties, including Club Brugge v Rangers at Jan Breydel Stadium and Kairat Almaty v Celtic at Central Stadium. (S)
11.30 **FILM Just Mercy** Fact-based drama starring Michael B Jordan and Jamie Foxx. A death row prisoner, with the help of a young civil rights defence attorney, appeals his murder conviction. With Brie Larson and Rob Morgan. (S) (2019, 15, 130min) ★★★★
1.40 AM **Weather for the Week Ahead** Seven-day forecast. (S)
1.45 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.30 AM **Escape to the Country** (S)(R)
7.15 **The Travelling Auctioneers** (S)(R)
8.00 **Sign Zone: Celebrity Antiques Road Trip** From Cheshire. (S)(R)
9.00 **BBC News** (S)
1.00 PM **Impossible** Quiz show. (S)(R)
1.45 **Bridge of Lies** Game show. (S)(R)
2.30 **Great British Menu: The Finals** The eight regional champions cook their fish courses. (S)(R)
3.30 The finalists hope to impress with their main courses. (S)(R)
4.30 **LIVE Athletics: Diamond League Zurich** Day one of the Weltklasse Zürich, the 15th and final meeting of the campaign, held at Stadion Letzigrund in Switzerland. (S)
6.30 **Richard Osman's House of Games** With guests Diarmuid Gavin, Roo Irvine, John Kearns and Claire Richards. (S)(R)

10.00 Limbs in the Loch

7.00 **SOS: Extreme Rescues** New edition A family of six get lost in a storm, and a sheepdog is stuck on a quarry ledge. (S)
7.30 **Grand Tours of Scotland's Rivers** Exploring the River Don from its source in the Grampians. (S)(R)

8.00 **Saving Lives at Sea** New edition 5/10. A 999 call comes in from the young son of a windsurfer in trouble and the Mudeford crew battle 80mph winds in an increasingly desperate search. (S)(AD)

9.00 **NEW SERIES The Great Art Fraud** 1/3. The story of how Inigo Philbrick created an $86million fraud and became a global fugitive with his reality TV star girlfriend. (S)(AD)
■ Continues tomorrow

10.00 **NEW SERIES Limbs in the Loch: Catching a Killer** 1/6. Strathclyde Police open a murder investigation after divers discover human limbs during a training exercise. (S)(AD)
■ Continues tomorrow
10.30 **Newsnight** (S)

11.00 **Miriam Margolyes Discovers New Zealand** 1/2. The actor embarks on a road trip around New Zealand's North Island. (S)(R)(AD)
12.00 MT **Saving Lives at Sea** (S)(R)(AD)
1.05 AM **Sign Zone: Great British Railway Journeys** (S)(R)(AD)
1.35 **Sign Zone: The Great British Sewing Bee** 6/10. The contestants tackle Children's Week.(S)(R)(AD)
2.30 **Sign Zone: Confessions of a Brain Surgeon** (S)(R)(AD)
3.30 **to 6.15** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Celebrity Catchphrase** Stephen Mulhern hosts as Kate Garraway, Pete Wicks and Bradley Wiggins try to guess well-known phrases for the chance to win a £50,000 jackpot for charity. (S)(R)(AD)
3.00 **Lingo** Word-based quiz show hosted by Adil Ray. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

7.30 Football: EFL Cup

7.00 **Emmerdale** Dylan tells Ray he wants a break from working with him, while Moira realises she has been duped. (S)(AD)
7.30 **LIVE Football: EFL Cup** Grimsby Town v Manchester United: All the action from the Carabao Cup second-round tie, which comes from Blundell Park. League Two Grimsby defeated Shrewsbury Town 3-1 in the previous round to reach this stage for the second successive season. Their reward is this plum tie against a team that has won this trophy on six occasions, with the most recent of those triumphs coming in the 2022/23 season. (S)

10.20 **ITV News** (S)
10.55 **Local News** (S)

11.10 **Heathrow: Britain's Busiest Airport** Following a new member of the Passenger Experience Manager Team. (S)(R)(AD)
11.35 **British Touring Car Championship Highlights** Action from Knockhill. (S)(R)
12.50 AM **Teleshopping**
3.00 **One Night** 2/6. (S1) (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **James Martin's Midweek Menu** (S)(SL)(R)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.25 AM **Cheers** (S9) (S)(R)
8.10 **The King of Queens** (S)(R)(AD)
9.10 **Frasier** 16-19/25. (S11) (S)(R)(AD)
11.10 **Ramsay's Kitchen Nightmares USA** From New Jersey. (S)(R)
12.05 PM **News** (S)
12.10 **A New Life in the Sun** (S)(R)
1.10 **Car S.O.S** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **The Great House Giveaway** Retail supervisor Kim and plumber Gary renovate a terraced house in Stockton-on-Tees. (S)(R)
5.00 **Chateau DIY** Tim and Margreeth decide to create a wellbeing and mindfulness experience. (S)(R)(AD)
6.00 **Sun, Sea and Selling Houses** Teaching supervisor Emma and gardener Elwyn hope to find a property in Alicante, Spain. (S)(R)

8.00 Kitchen vs Garden

7.00 **News** (S)

8.00 **George Clarke's Kitchen vs Garden** New edition George and Luke Millard are in Exmouth, where Dan and Immy have a choice between a Mediterranean-style garden or a high-end kitchen to suit their eclectic taste. (S)(AD)

9.00 **The Jury: Murder Trial** New edition 2/4. The jury are presented with evidence of the victim's previous violent behaviour – including CCTV footage from the night of the killing itself. (S)(AD)
■ Continues tomorrow

10.00 **White House Farm: Murder, Bloodline and Betrayal** Series finale 2/2. Jeremy Bamber, the sole survivor of the massacre, speaks from prison, while his supporters fight to prove his innocence 40 years after his arrest. (S)(AD)

11.05 **24 Hours in A&E** A 20-year-old is rushed in after coming off her motorbike. (S)(R)(AD)
12.05 AM **24 Hours in A&E** (S)(R)(AD)
1.00 **Celebrity SAS: Who Dares Wins** 7&8/8. Double bill. (S)(SL)(R)(AD)
2.50 **Huge Homes with Hugh Dennis** From Surrey. (S)(SL)(R)(AD)
3.45 **Location, Location, Location** (R)
4.40 **George Clarke's Amazing Spaces**
5.35 **Find It, Fix It, Flog It** (S)(R)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley with Matt Allwright** Topical debate. (S)
12.30 PM **Vanessa** Discussion. (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.20 FILM **She Is Not Your Daughter** Thriller starring Alicia Leigh Willis and Emily Topper. (S)(AD) (2022, 12, 100min) ★★
4.00 **All Creatures Great and Small** *Home Truths:* 6/7. James gets ready to give his parents some difficult news. (S2) (S)(R)(AD)
5.00 **News** (S)
6.00 **Bargain-Loving Brits in the Sun** Lucy hopes to convince her friend Carla to have a go at stand-up comedy. (S)(R)(AD)
6.55 **News** (S)

8.00 Supermarket Clothes

7.00 **Kent: The Garden of England** 3/5. In Dover, 74-year-old Kevin prepares accountant Rob for swimming the English Channel. (S)(R)
7.55 **News** (S)

8.00 NEW **Supermarket Clothes – Are You Missing Out?** Investigating the huge business of supermarket clothing in the UK, exploring whether these clothes are a bargain or a salutary lesson in buy cheap, buy twice. (S)

9.00 **Casualty 24/7: Every Second Counts** New edition A seizure in the waiting room sends a 34-year-old woman to resus, and a former stone mason, battles against a life-threatening lung infection. (S)

10.00 **Soldier: For King and Country** Series finale 4/4. Junior fusiliers learn to fight with a Warrior armoured vehicle, and some of the soldiers get hands on with potential enemy weapon systems. (S)
11.05 **Special Forces: Most Daring Missions** Series finale 3/3. A covert rescue mission. (S)
12.05 AM **Police: Night Shift 999** (R)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **The World's Most Expensive Hotels** Caesars Palace. (S)(R)
3.50 **Friends** (S10) (S)(R)(AD)
4.40 **The Wonderful World of Chocolate** (S)(SL)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Sky News Breakfast**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate Atlantis** (S4) (S)(R)
11.00 **Hope for Wildlife: The Next Generation** (S)(R)(AD)
12.00 NOON **The Simpsons** (S)(R)
1.00 PM **Hawaii Five-0** (S1) (S)(R)
3.00 **NCIS: Los Angeles** (S14) (S)(R)
4.00 **S.W.A.T.** 8/22. (S6) (S)(R)(AD)
5.00 **The Simpsons** *The City of New York v Homer Simpson:* Homer takes the family on a trip to New York. (S)(R)
5.30 *The Girl Code:* A female coder decides to make Lisa her protégée. (S)(R)
6.00 *The Principal and the Pauper:* Principal Skinner is exposed as an imposter. (S)(R)
6.30 *Lisa's Sax:* Bart destroys Lisa's prized saxophone. (S)(R)

8.00 Shark with Steve Backshall

7.00 **The Office (US)** *The Dundies:* 1/22. The staff members endure the annual awards banquet. (S)(R)
7.30 *Sexual Harassment:* 2/22. The team are told to attend a seminar on sexual harassment. (S2) (S)(R)

8.00 **Shark with Steve Backshall** 3/3. The naturalist joins scientists to find the shark hotspots in the Pacific Ocean, where their locations are under threat and numbers are plummeting. (S)(R)(AD)

9.00 **Game of Thrones** *The Wolf and the Lion:* 5/10. Ned tries to stop Robert from entering the tournament after a suspicious death threatens to overshadow the event. Catelyn takes Tyrion to her sister's fortress. (S)(R)(AD)

10.05 **Game of Thrones** *A Golden Crown:* 6/10. Ned is reinstated by Robert and hears rumours that associates of the Lannisters have begun stirring up trouble across the Seven Kingdoms. (S1) (S)(R)(AD)
11.05 **An Idiot Abroad 2** (S)(R)(AD)
12.05 AM **The Office (US)** (S2) (S)(R)
1.05 **NCIS: Los Angeles** (S14) (S)(R)
2.00 NEW SERIES **Atomic** 1/5. Action adventure starring Alfie Allen and Shazad Latif. (S)
3.00 New episode 2/5. Max receives evidence the cartel has kidnapped his girlfriend. (S1) (S)
4.00 **S.W.A.T.** 8/22. Violence erupts at a festival. (S7) (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
11.30pm Scotcast (S)(R)
12.00m't FILM Just Mercy (S) (2019, 15, 130min) ★★★★ **2.10am** Weather for the Week Ahead (S)
2.15-6.00am BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
No variations

WALES
Sky 965, Virgin 864, Freesat 965
7.00-7.30pm SOS: Extreme Rescues New edition (S)

BBC2

N. IRELAND
Sky 969, Freesat 969
10.00-10.30pm True North: The Omagh Hum (S)(R) **11.00pm-12.00m't** NEW Murder Case: The Vanishing Cyclist (S)(AD)

WALES
Sky 968, Freesat 968
6.30pm Richard Osman's House of Games (S)(R)
7.00-7.30 The One Show (S) **11.00** Beacons: Short Films from Wales New episode (S) **11.15pm-12.00m't** QI XL (S)(R)

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Y Ci Perffaith **12.30** Heno **1.00** Darn Bach o Hanes (AD) **1.30** Garddio a Mwy **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Hen Dy Newydd (AD) **4.00** Awr Fawr **5.00** Stwnsh **6.00** Ffasiwn Drefn (AD) **6.30** Gwladfa: Gwilym Bowen Rhys **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm New episode (AD) **8.25** Sgwrs Dan y Lloer **8.55** Newyddion a'r Tywydd **9.00** Prosiect Pum Mil **10.00** Efaciwis (AD) **11.00-11.35pm** Bwyd Bach Shumana a Catrin

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BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **Horrible Histories** Caligula tries to conquer Britain without his army. **7.30** World War Two code-breakers show off some nifty inventions.
7.55 **The Catch Up**
8.00 **Top Gear** The team compete in a 1950s-style race from London to Edinburgh.
9.05 **Billion Dollar Playground** The team host a corporate retreat at a country estate. **9.50** CEO Alex sends in back-up to keep things five-star at the country estate.
10.35 **Pretty Little Liars: Summer School** *Sweet Sixteen:* 3/8. The identities of the PLLs are leaked online, while Tabby uncovers a disturbing secret. **11.25** *When a Stranger Calls:* 4/8. Mouse searches for the real Rose Waters. (S1)
12.15 AM **Top Gear** As 8.00pm.
1.20 **Tommy: The Good. The Bad. The Fury** Double bill.
2.25 **The Big Proud Party Agency** Double bill.
3.25 **to 3.55** AM **Ginger's House**

MORE4

136/137 127 147 18 124 15

8.55 AM **Find It, Fix It, Flog It**
10.00 **A Place in the Sun**
10.30 **A Place in the Sun: Home or Away**
11.35 **A Place in the Sun**
12.35 PM **Come Dine with Me** Five editions of the culinary contest from Cheltenham.
3.10 **Four in a Bed** Five editions.
5.55 **Location, Location, Location** Kirstie and Phil help house-hunters in Warrington and Liverpool. **6.55** From Huddersfield and the Peak District.
7.55 **Grand Designs** Kevin McCloud meets energy conservationist Andrew, who has decided to build a radical, self-heating home for his family – the first of its kind in the UK.
9.00 **Grand Designs** Zara and her partner Giuliano take a leap of faith as they build the malthouse-inspired home of their dreams in the Lincolnshire Wolds.
10.00 **Location, Location, Location Australia** New edition In Canberra, Mitch steers a car enthusiast towards her dream garage, with a house attached, while Mark helps a family of five to find their perfect home.
11.05 **999: On the Front Line**
12.05 AM **Emergency Helicopter Medics**
1.15 **24 Hours in A&E**
3.25 **to 3.50** AM **Food Unwrapped**

+1 hour 236/237 347 125

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Planet Earth** A look at the wildlife of the world's mightiest rivers.
8.00 NEW **What Are UFOs?** Astrophysicists and engineers use new technologies to try and investigate the mystery of flying objects in the sky.
8.50 **Gangland Lemurs** David Attenborough offers an insight into Madagascan ring-tailed lemurs.
9.00 **Tribe** The lives of the Babongo people of Gabon.
10.00 **Eileen Atkins Remembers... Mrs Dalloway** Eileen reflects on her 1997 film version of Virginia Woolf's *Mrs Dalloway*.
10.15 FILM **Mrs Dalloway** Period drama based on the novel by Virginia Woolf, adapted by Eileen Atkins and starring Vanessa Redgrave. (1997, PG, 97min) ★★★
11.50 **Virginia Woolf: A Night's Darkness, A Day's Sail**
12.35 AM **Planet Earth**
1.35 **What Are UFOs?**
2.30 **to 3.30** AM **Billy Connolly: Made in Scotland**

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **Brooklyn Nine-Nine**
9.00 **The Simpsons**
10.00 **Young Sheldon**
11.00 **Modern Family**
12.00 NOON **The Big Bang Theory** 18-21/23. (S3)
2.00 PM **Brooklyn Nine-Nine**
3.00 **The Simpsons**
4.00 **The Big Bang Theory**
6.00 **The Simpsons**
7.00 **Hollyoaks** Secrets are revealed that shock Grace.
7.30 **The Simpsons** *The Monkey Suit:* Lisa defies a new ruling and ends up in court.
8.00 **Below Deck Sailing Yacht** Series finale Danni and Chase cannot find common ground regarding their future.
9.00 **Celebs Go Dating** New edition Things get very awkward between Donna and her blind date, Damien.
10.00 **Gogglebox** *Britain's Got Talent* and *Mary Berry's Simple Comforts* is assessed.
11.05 **First Dates Valentine's**
12.10 AM **The Big Bang Theory**
1.05 **The Simpsons**
1.40 **Brooklyn Nine-Nine**
2.35 **Celebs Go Dating**
3.35 **Below Deck Sailing Yacht**
4.25 **Young Sheldon**
5.10 **Modern Family**
5.35 **to 6.00** AM **Brooklyn Nine-Nine**

+1 hr 235/236 306 30 123 256

WEDNESDAY Entertainment

Wednesday

Sky Witness

107 107 110 341 356

6.00 AM **Motorway Patrol**
7.00 **Border Security: America's Front Line** Double bill.
8.00 **Border Patrol** Double bill.
9.00 **UK Border Force**
10.00 **Brit Cops: Rapid Response**
11.00 **Bondi Rescue** Double bill.
12.00 NOON **FBI** 5/22. (S5)
1.00 PM **FBI: International** (S2)
2.00 **FBI: Most Wanted** 4/22. After a professor is murdered, the team encounter a dangerous fugitive. (S4)
3.00 **Caught on Dashcam**
4.00 **Nothing to Declare**

9.00 Fire Country

7 PM

7.00 Nothing to Declare Double bill of the documentary following the work of customs officers in Australia.

8 PM

8.00 The Equalizer *Pulse:* 14/18. McCall receives a desperate plea for help from her former CIA trainee. (S2)

9 PM

9.00 Fire Country New episode 5/20. An aeroplane makes an emergency landing. (S3)
■ Entire series on Box Sets

10 PM

10.00 Matlock *Sixteen Steps:* 6/19. Olympia and Julian revisit a case involving contaminated baby formula. (S1)
11.00 **Bull** 9/22. (S6)
12.00 M'T **Law & Order: Organized Crime** 12/13. (S4)
1.00 AM **The Equalizer** 13/18. (S2)
2.00 **FBI** New episode 4/22. (S7)
3.00 **FBI: International** New episode
4.00 **Send in the Dogs**
5.00 **to 6.00** AM **The Real A&E**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Fish Town**
8.00 **True Blood** 1&2/12. (S5)
10.10 **Six Feet Under** 8&9/12. (S5)
12.20 PM **Game of Thrones** (S1)
1.25 **Babylon Berlin** 3&4/12. (S4)
3.35 **True Blood** 3/12. Sookie worries when Debbie's parents arrive in Bon Temps in search of their missing daughter.
4.40 4/12. Jason uncovers a secret about the death of his parents at a club. (S5)
5.45 **Six Feet Under** 8/12. The future of Fisher & Diaz becomes uncertain. (S5)

9.00 The White Lotus

6.50 Six Feet Under *Ecotone:* 9/12. Claire is shocked to discover Ted shares her passion for politics. (S5)
7.55 Game of Thrones *The Pointy End:* 8/10. The Lannisters launch their bid for the throne and a sinister enemy emerges at Castle Black. (S1)

9.00 The White Lotus *Arrevderci:* 7/7. Albie asks Dominic for a karmic payment for Lucia, and Ethan confronts Cam. (S2)

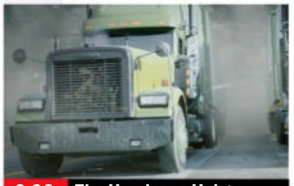
10.30 True Detective *Black Maps and Motel Rooms:* 7/8. Ray, Ani and Paul try to elude detection and untangle a mystery. (S2)
11.45 **Succession** 2/9. Kendall tries to find more allies. (S3)
1.00 AM **Dexter: New Blood** (S1)
2.05 **NEW SERIES Atomic** 1&2/5. Action adventure starring Alfie Allen and Shazad Latif. (S1)
4.05 **Game of Thrones** (S1)
5.05 **to 6.00** AM **Fish Town**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S1)
8.00 **The Blacklist** 5/22. (S9)
9.00 **Stargate Atlantis** (S4)
11.00 **SEAL Team** 22/22. (S2)
12.00 NOON **The Blacklist** (S9)
1.00 PM **Hawaii Five-0** (S1)
3.00 **NCIS: Los Angeles** (S14)
4.00 **S.W.A.T.** 8/22. (S6)
5.00 **SEAL Team** 21/22. Ray is separated from the team in enemy territory. (S2)
6.00 **Stargate Atlantis** 11/20. Part two of two. The crew try to ally with the Wraith. Guest stars Jill Wagner. (S4)



9.00 The Hurricane Heist

7.00 Stargate Atlantis *Spoils of War:* 12/20. The team salvage a damaged Hive ship. Guest stars Andee Frizzell. (S4)

8.00 There's Something About Movies With Kevin Bridges, Daniel Mays and Kelly Macdonald.

9.00 FILM The Hurricane Heist Action thriller starring Toby Kebbell. Thieves attempt a major heist against the US Treasury as a Category 5 hurricane approaches one of its mint facilities (2018, 12, 103min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 An Idiot Abroad 2 1/8. Karl Pilkington visits destinations on his 'bucket list', beginning with a trip to an island in the South Pacific.
12.00 M'T **NCIS: Los Angeles** 12&13/21. Double bill. (S14)
2.00 AM **The Force: Manchester**
4.00 **S.W.A.T.** 8/22. (S6)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.45 **Dinner Date**
8.40 **Billie and Greg**
9.35 **The Only Way Is Essex**
10.15 **Real Housewives of Potomac**
11.10 **Real Housewives of Salt...**
12.05 PM **Dinner Date**
1.05 **Billie and Greg**
2.05 **The Only Way Is Essex**
3.05 **The Bachelor Australia**
4.05 **Real Housewives of Potomac**
5.00 **Real Housewives of Salt Lake City** Series finale
6.00 **Celebrity Catchphrase**

7.00 Deal or No Deal

7.00 Deal or No Deal Stephen Mulhern hosts as Chisara takes on the Banker for the chance to win life-changing money.

8.00 The Bachelor Australia New edition Brooke's return at a cocktail party sends the girls into a spin.

9.00 Family Guy 11/20. Peter is hired as the new White House press secretary.
9.30 12/20. Peter begins work at a massage parlour.

10.00 Family Guy 13/20. Peter is mistakenly identified as transgender.
10.30 6/20. Chris goes to a vocational school. (S17)
11.00 **Family Guy** 7/20. (S17)
11.30 **American Dad!** (S13)
12.30 AM **Bob's Burgers** 3/22. (S9)
1.00 **Olivia Attwood's Bad Boyfriends** Reality series.
2.00 **Karaoke Club: Drag Edition**
3.00 **Teleshopping**
4.00 **to 4.30** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Classic Emmerdale**
7.00 **Classic Coronation Street**
8.10 **Midsomer Murders**
10.15 **The Royal** *If Not for You.*
11.20 **Heartbeat** Double bill.
1.35 PM **Classic Emmerdale**
2.40 **Classic Coronation Street**
3.40 **Midsomer Murders** *The Animal Within:* Barnaby and Jones investigate the mysterious death of a trickster.
5.50 **Heartbeat** *The Enemy Within:* A former PoW causes chaos in the village, and Greengrass is fleeced by a pair of conmen.

10.00 Law & Order: UK

6.55 Heartbeat *Unconsidered Trifles:* A girl takes an overdose, while Blaketon becomes very secretive when his car goes missing.

8.00 Vera *Muddy Waters:* When a man's body is dredged up from a slurry pit on a remote farm, Vera must connect the dots between the victim and a wounded illegal immigrant who has been working there.

10.00 Law & Order: UK *Hounded:* 2/7. Steel pushes the boundaries of the law to the limit in a prosecution. (S3)
11.00 **Law & Order: UK** 3/7. Steel finds himself pitted against a brilliant defence lawyer. (S3)
11.50 **Professor T** 3/6. The professor deciphers a puzzle. (S2)
12.55 AM **A Cruel Love: The Ruth Ellis Story** 3/4. Drama. (S1)
1.55 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **Scotland's Home of the Year** The central region.
8.00 **This Farming Life** Robert's cattle get their first taste of freedom and fresh grass in the Cairngorms.
9.00 **Highland Cops** The hunt for a missing person in the vast rural area around Golspie sees a search dog deployed.
10.00 **River City** New episode The aftermath of Jonathon's attack forces Gillian and Roisin to act.
10.30 **Gary: Tank Commander** 3/6. Gary and the lads are put on kitchen duty as punishment for a prank. (S2)
11.00 **Scotcast** New edition Topical discussion.
11.30 PM **to 12.00** M'T **The Scandals That Shocked Scotland**

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Will & Grace** (S1)
9.00 **The Conners** (S3)
10.00 **The Office (US)** (S2)
11.00 **Sex and the City** (S3)
12.10 PM **Girls** 1&2/10. (S6)
1.30 **Sex and the City** (S3)
2.40 **Girls** 3&4/10. (S6)
4.00 **The Office (US)** (S1)
5.00 **Will & Grace** (S1)
6.00 **The Conners** (S3)
7.00 **The Office (US)** (S2)
8.00 **Will & Grace** 13/22. Jack offers Karen comfort and advice.
8.30 14/22. Will's brother falls for Grace. (S1)
9.00 **Dave Chappelle: Killin' Them Softly** Stand-up comedy show.
10.10 **And Just Like That...** *Little Black Dress:* 2/10. Miranda and Charlotte come to Carrie's aid, proving the value of good friends. (S1)
11.10 **Entourage** (S2)
1.00 AM **Veep** 5&6/10. (S5)
2.20 **Curb Your Enthusiasm**
3.40 **to 5.00** AM **Barry**

Sky Arts

124/125 114/115 123 36 143 24 350 365

6.00 AM **Pavarotti: A Voice for the Ages**
7.20 **The Joy of Painting**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **Discovering**
1.00 PM **Tales of the...**
2.00 **Inside Art**
2.25 **Backstage with London Philharmonic Orchestra**
4.00 **The Directors**
5.00 **Discovering**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Battle of the Bagpipes**
9.00 **Wonderland: Gothic**
10.00 **I Am Jackie O**
11.40 **Art's Wildest Movement: Mannerism**
12.40 AM **Comedy Legends**
1.40 **Peter O'Toole: Along the Sky Road to Aqaba**
3.40 **Inside Art**
4.10 **National Treasures: The Art of Collecting**
5.05 **to 6.00** AM **Freddie Mercury: Auction**

Sky Mix

151 158 135 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: Canada's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: Canada's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Enterprise**
5.00 **Stargate SG-1** (S7)
6.00 **Star Trek: Voyager**
7.00 **Star Trek: The Next Generation** *Q-Who?* 16/22. Q throws the *Enterprise* into the path of the Borg. (S2)
8.00 **Star Trek: Deep Space Nine** 26/26. (S3)
9.00 **The Rookie** (S5)
11.00 **Grimm** 2/13. (S6)
12.00 M'T **Killer in My Village**
1.00 AM **Nothing to Declare**
2.00 **Brit Cops: Frontline Crime UK** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Patrol**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Lingo** Word-based quiz hosted by Adil Ray.
10.00 **Tipping Point** Triple bill of the game show.
1.00 PM **Lingo** Word-based quiz hosted by Adil Ray.
2.00 **In with a Shout** Game show hosted by Joel Dommett.
3.00 **Tenable** Double bill of the quiz show hosted by Warwick Davis.
5.00 **Deal or No Deal** Stephen Mulhern hosts the game show.
6.00 **Lingo** Double bill of the word-based quiz show hosted by Adil Ray.
8.00 **Deal or No Deal** Stephen Mulhern hosts the game show in which a contestant takes on the ruthless Banker.
9.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.00 M'T **In with a Shout** Game show hosted by Joel Dommett.
12.55 **to 1.00** AM **Unwind**

GREAT! tv

157 167 170 34 48

8.00 AM **Father Dowling Mysteries** 13/22. (S3)
9.00 **Diagnosis Murder**
10.00 **Little House on the Prairie** 18&19/23. (S3)
12.00 NOON **Highway to Heaven** 8/24. (S2)
1.00 PM **Father Dowling Mysteries** 18/22. (S3)
2.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
8.00 **M*A*S*H** 1&2/22. (S10)
9.00 **Randall and Hopkirk (Deceased)** *Just for the Record:* 6/26. Jeff and Jeannie act as escorts for two beauty contestants. (S1)
10.00 **The New Avengers** (S2)
11.00 **The Avengers** (S5)
12.00 M'T **M*A*S*H** (S10)
1.00 AM **Randall and Hopkirk (Deceased)**
2.00 **Hart to Hart** 4/22. (S5)
3.00 **Crazy Like a Fox** (S2)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **Great Racehorses**
6.20 **Minder**
7.20 **Kojak** Double bill.
9.30 **Magnum, PI** Double bill.
11.35 **Giant Lobster Hunters**
1.35 PM **Kojak** Double bill.
3.40 **Magnum, PI** *Foiled Again:* Higgins kills a fencing opponent during a contest. **4.45** *Mr White Death:* Thomas tries to find a wrestler's son who he has not seen for years.
5.50 **Minder** *Fatal Impression:* Arthur becomes involved with a gambler who promptly dies.

9.00 The Motorbike Show

7.00 **Target Sports Stars Fishing Championship** Action from the annual event held at Tunnel Barn Farm Fisheries, which brought together top stars from the world of sport to raise funds for charity, including Tony Bellew and Gail Emms.
9.00 **The Motorbike Show** Presenter Henry Cole goes green-laning in Oxfordshire and visits speed week in Yorkshire.
10.00 **Wrestling: AEW Collision** Hard-hitting action, featuring stars including FTR, Thunder Rosa and Jon Moxley.
12.00 M'T **EFL Cup Highlights** Action from the second-round ties, including Grimsby Town v Manchester United.
1.30 AM **LIV Golf Highlights** Action from Michigan..
2.20 **The Protectors**
2.50 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 4/26. (S1)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: Deep Space Nine** 12/20. (S1)
2.00 **Primeval** 6/10. (S3)
3.00 **Stargate Atlantis** 16/20. (S3)
4.00 **Star Trek: Voyager** (S7)
5.00 **Star Trek: Deep Space Nine**
6.00 **Star Trek: The Next Generation** 4/26. Tasha Yar takes part in a duel to defend an entire civilisation. (S1)

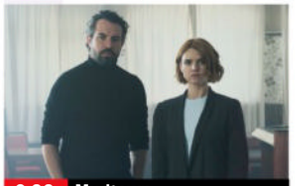
10.00 The Walking Dead

7.00 **Primeval** 6/10. Abby and Sarah are pursued by a flock of giant meat-eating birds. (S3)
8.00 **Stargate Atlantis** *The Ark:* 16/20. A race of people frozen for thousands of years is accidentally awoken by the team. (S3)
9.00 **The Leftovers** *The Most Powerful Man in the World (and His Identical Twin Brother):* 7/8. Kevin has a new identity. (S3)
10.00 **The Walking Dead** *Rogue Element:* 11/24. Eugene searches for Stephanie after she goes missing. (S11)
11.00 **UFO** 1/4. Documentary exploring people's fascination with unidentified flying objects. **12.00** M'T 2/4. US Navy pilots encounter an unidentified aerial phenomenon in 2004.
1.00 AM **UFO** 3&4/4. Double bill of the documentary series.
3.00 **Primeval** As 7.00pm.
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S12)
9.00 **Father Brown** As 6.00pm.
10.00 **The Mentalist** 3/23. (S2)
11.00 **Hudson & Rex** 16/20. (S5)
12.00 NOON **Father Brown**
1.00 PM **Death in Paradise** (S6)
2.00 **Murdoch Mysteries** (S12)
4.00 **The Mentalist** 3/23. (S2)
5.00 **Hudson & Rex** 16/20. Rex urgently seeks help from Detective Sidney Scott. (S5)
6.00 **Father Brown** *The Kembleston Players:* Rehearsals for a play are derailed by a dramatic death.



9.00 Mudtown

7.00 **Father Brown** *The New Order:* The priest finds his position under threat when he clashes with an influential new parishioner.
8.00 **Death in Paradise** *Man Overboard – Part One:* 5/8. The team's latest murder inquiry takes them to London. (S6)
9.00 **Mudtown** New episode *Cast Iron Fake:* 2/6. Claire decides to take matters into her own hands. (S1)
■ Entire series on Box Sets
10.00 **Father Brown** *The Two Deaths of Hercule Flambeau:* The sleuth races to protect a crown that contains a nail from Christ's crucifixion.
11.00 **Father Brown** As 6.00pm.
12.00 M'T **White Collar** 4/16. Peter and Neal investigate the kidnapping of Mozzie's object of affection. (S2)
1.00 AM **Death in Paradise**
2.00 **to 4.00** AM **Elementary**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.05 AM **Highlights**
8.25 **Last of the Summer Wine**
9.40 **Are You Being Served?**
10.20 **Porridge**
10.55 **Last of the Summer Wine**
12.15 PM **Keeping Up Appearances**
12.55 **Don't Wait Up**
1.35 **Dad's Army**
2.15 **Porridge**
2.55 **Last of the Summer Wine**
4.15 **Don't Wait Up**
4.55 **Are You Being Served?**
5.35 **Dad's Army**
6.15 **Porridge**

11.20 Inside No 9

6.50 **The Vicar of Dibley** 2/2. Dawn French stars in the last-ever episode, which sees the vicar preparing for her wedding.
8.00 **Red Dwarf** Kryten sets up apirate TV station to entertain the prisoners.
8.35 **The Vicar of Dibley: Inside Out** Dawn French, Richard Curtis and a host of guest stars recall their favourite Dibley moments, and enjoy unseen footage from the show.
10.40 **Not Going Out** Guy showers Lucy with gifts, causing Lee to become suspicious of his motives.
11.20 **Inside No 9** A woman and her teenage son encounter a mysterious stranger.
12.00 M'T **Porridge**
12.40 AM **The Vicar of Dibley: Inside Out** As 8.35pm.
2.45 **Back to Life**
3.10 **to 4.00** AM **Don't Wait Up**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Pointless** Quiz show.
8.00 **Border Force: America's Gatekeepers** Double bill.
10.00 **Railroad Australia**
12.00 NOON **Storage Hunters UK: Celebrity Special**
1.00 PM **Celebrity Storage Hunters**
2.00 **Railroad Australia**
3.00 **Top Gear** Double bill.
5.00 **Rick Stein's Fresh Food** Caribbean fruit and vegetables. **5.30** Paul Merrett visits Billingsgate fish market.
6.00 **Hairy Bikers' Best of British** The duo look at wartime food.

5.00 Rick Stein's Fresh Food

7.00 **Would I Lie to You? At Christmas** Guests include the Rev Richard Coles and Clive Myrie.
7.40 **Richard Osman's House of Games** With Karim Zeroual and Rob Rinder. **8.20** Steve Cram, Lloyd Griffith, Jeanette Kwakye and Josie Long take part.
9.00 **QI XL** Guests Cal Wilson, Phill Jupitus and Rob Brydon join regular panellist Alan Davies and host Stephen Fry.
10.00 **Have I Got a Bit More News for You** Martin Clunes hosts the satirical quiz, with guests Lyse Doucet and Chloe Petts.
11.00 **Taskmaster**
12.00 M'T **Mock the Week**
12.40 AM **Would I Lie to You?**
1.20 **Would I Lie to You? At Christmas** As 7.00pm.
2.00 **Hate Thy Neighbour**
2.55 **to 4.00** AM **Richard Osman's House of Games**

+1 hour 211/212 327 74 259

7 PM
8 PM
9 PM
10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **Car S.O.S**
10.00 **Chateau DIY**
12.00 NOON **George Clarke's Remarkable Renovations**
1.00 PM **A Place in the Sun**
3.00 **Come Dine with Me**
5.30 **A Place in the Sun**
7.00 **Supercruising: Life at Sea** Documentary.
8.00 **The Big Pound Shop Swap** A family from Northern Ireland swap supermarket favourites for bargain alternatives.
9.00 **24 Hours in A&E** Pedestrian Jane is urgently rushed in to Queen's Medical Centre after a hit-and-run.
10.00 **999: On the Front Line**
11.05 **Gogglebox**
12.05 AM **First Dates**
1.10 FILM **Infinite** Thriller starring Mark Wahlberg. (2021, 12, 106min) ★★
3.15 **999: On the Front Line**
4.10 **to 4.40** AM **A Place in the Sun**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 8-10/24. (S7)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Patriot Down:* 23/24. An agent's body is found badly burned. **7.00** *Rule Fifty-One:* 24/24. Gibbs is taken by the head of a drug cartel in Mexico. (S7) **8.00** *The Spider and the Fly:* 1/24. The team get closer to tracking down a Mexican drug kingpin. (S8)
9.00 **Criminal Minds** *False Flag:* 9/22. Two members of a Roswell conspiracy group die in quick succession. **10.00** *Submerged:* 10/22. Multiple backyard-pool murders are reported in California. (S13)
11.00 **Law & Order: Special Victims Unit** (S18)
2.45 AM **Criminal Minds**
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Nightmare Tenants, Slum Landlords**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Car Pound Cops: Give Me My Car Back!**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **Call the Bailiffs: Time to Pay Up**
10.00 **Murder 360** New edition When Kelly Cochran's lover is found dead, detectives investigate her husband.
11.00 **Broadmoor: For the Criminally Insane**
12.00 M'T **Banged Up Abroad**
1.00 AM **GPs: Behind Closed Doors** Medical series.
2.00 **The Resident** (S5)
3.35 **to 4.00** AM **Home and Away**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.05 **Highway Patrol**
9.35 **Outback Truckers**
10.35 **Trucking Hell**
11.35 **Police Interceptors**
1.35 PM FILM **The Glenn Miller Story** Vintage musical biopic. (1954, U, 116min) ★★★★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors** The helicopter crew are called out to rescue a woman. **7.00** Sgt Jon Moon and his police dog Kanto are confronted by a thief. **8.00** Officers deal with a rowdy reveller.
9.00 **Traffic Cops**
10.00 **Police: Suspect No 1**
11.00 **MacGyver** 18/21. (S1)
12.00 M'T **Behind Bars: World's Toughest Prisons**
1.00 AM **Coastguard: Search & Rescue SOS**
2.00 **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.15 AM **MasterChef Junior USA Specials**
7.00 **Tipping Point**
10.00 **My Dream Home**
1.00 PM **Tipping Point**
4.00 **Property Brothers: Forever Homes**
6.00 **DIY SOS: The Big Build**
7.00 **MasterChef Australia** New edition The contestants must recreate guest chef Blayne Bertoncello's highly-technical dessert.
8.00 **Inside the Ambulance at Christmas** Jamie and Stuart race to a supermarket where a man has collapsed.
9.00 **Multiple Birth Wards** Double bill of editions.
11.00 **Stacey Dooley Sleeps Over** With Lily Phillips.
12.00 M'T **999 Rescue Squad**
1.00 AM **Hashtag Murder**
2.00 **to 3.00** AM **Sort Your Life Out with Stacey Solomon**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.35 AM **Soldier, Soldier**
8.35 **Doctors**
9.55 **Classic Holby City**
10.55 **Classic Casualty**
12.00 NOON **The Bill**
1.00 PM **Classic EastEnders**
2.20 **Soldier, Soldier**
3.20 **The Doctor Blake Mysteries** 3/8. (S4)
4.20 **London's Burning**
5.25 **'Allo 'Allo!**
6.00 **Waiting for God**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Father Brown**
8.00 **Sister Boniface Mysteries** 6/12. (S2)
10.00 **New Tricks** *Bermondsey Boy:* An old friend asks Gerry to investigate the murder of his grandson.
11.20 **Spooks** 10/10. (S5)
12.40 AM **Pie in the Sky**
1.40 **'Allo 'Allo!**
2.25 **Waiting for God**
2.55 **to 4.00** AM **Sister Boniface Mysteries**

+1 hr 243 316 60 260

WEDNESDAY Entertainment

Wednesday

Really
142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Sicily.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
11.00 **Escape to the Country**
1.00 PM **Salvage Hunters**
3.00 **Antiques Road Trip**
5.00 **Celebrity Yorkshire Auction House**
7.00 **Antiques Road Trip** A visit to Congleton. **8.00** Various items are found in Littlehampton.
9.00 **1000-lb Roomies** New edition Jaz stops the weight loss shot to focus on healing her body and mind.
10.00 **Dr Pimple Popper** A man with a large growth on his neck. **11.00** Two twins have numerous matching bumps on their heads.
12.00 M'T **Help! My House Is Haunted** Reality series.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge
130/131 159 139 48 142 43

7.00 AM **The Chase** Quiz.
9.00 **Tenable** Double bill.
11.00 **The Chase**
12.00 NOON **Classic Who Wants to Be a Millionaire?** Quiz show.
1.00 PM **The Bidding Room**
2.00 **Family Fortunes**
3.00 **Bullseye** Double bill.
4.00 **Classic Who Wants to Be a Millionaire?** Quiz.
5.00 **The Bidding Room**
6.00 **Tenable** Double bill.
8.00 **The Chase** Double bill.
10.00 **Who Wants to Be a Millionaire? Valentine's Special – Part One** With Trisha Goddard and husband Peter Gianfrancesco, and Lance Gerrard-Wright and Ulrika Jonsson.
11.00 **Celebrity Who Wants to Be a Millionaire?**
12.00 M'T **Bullseye** Double bill.
1.00 AM **The Crystal Maze**
2.00 **The Chase** Triple bill.
5.00 **to 7.00** AM **Bullseye**

GREAT! action
323 319 426 42 33

8.10 AM **FILM Seminole Uprising** Western. (1955, PG, 74min) ★
10.00 **The New Avengers**
11.00 **The High Chaparral**
12.00 NOON **Tombstone Territory** Western series.
1.00 PM **FILM The Last Wagon** Western. (1956, PG, 99min) ★★★
3.15 **FILM Apache Territory** B-movie Western. (1958, U, 77min) ★★
5.00 **Wanted: Dead or Alive**
6.00 **Tombstone Territory**
7.00 **The High Chaparral**
8.00 **The New Avengers**
9.00 **FILM Punisher War Zone** Action. (2008, 18, 103min) ★★★
11.10 **FILM Shadow Wolves** Action adventure. (2019, 95min) ★★
1.15 AM **FILM Jack Hunter and the Lost Treasure of Ugarit** Adventure. (2008, 125min) ★★
3.20 **to 5.00** AM **Cops Uncut**
+1 hour 324 319

GREAT! movies
321 318 425 50 32

7.00 AM **Air Rescue**
8.00 **Saving Lives at Sea**
9.00 **Sue Thomas: F.B.Eye**
11.00 **FILM The Gourmet Detective: Roux the Day** Crime drama. (2020, PG, 83min) ★★
1.00 PM **FILM Girlfriend Killer** Thriller. (2017, 12, 120min) ★★
2.55 **FILM My Mother's Stalker** Thriller. (2018, 12, 85min) ★
5.00 **FILM I Do, or Die – A Killer Arrangement** Thriller. (2020, 12) ★★
7.00 **Sue Thomas: F.B.Eye**
9.00 **FILM Angels & Demons** Mystery thriller. (2009, 12, 138min) ★★
11.55 **FILM A Bride's Nightmare** Thriller. (2020, PG, 85min) ★★
2.00 AM **FILM Ring of Deceit** Mystery. (2009, PG) ★
4.00 **to 6.00** AM **FILM The Killer Trainer** Thriller. (2018, 12, 90min) ★★
+1 hour 322 318

GREAT! romance
319 317 424 52 47

8.00 AM **FILM Valentine's Again** Romantic fantasy. (2017, PG, 70min) ★★
10.00 **FILM Valentine in the Vineyard** Romance. (2019, 125min) ★★
12.05 PM **FILM A Vineyard Romance** Drama. (2021, PG, 86min) ★★
2.00 **FILM Raise a Glass to Love** Romantic drama. (2021, PG, 84min) ★★
3.55 **FILM The Perfect Pairing** Drama. (2022, U, 82min) ★★
5.55 **FILM Love on the Vines** Romantic drama. (2016, PG, 78min) ★★
8.00 **FILM Just One Kiss** Romantic comedy. (2022, PG, 85min) ★★
9.55 **FILM Love Struck Cafe** Romantic drama. (2017, PG, 84min) ★★
11.50 **FILM Love By Accident** Drama. (2020, PG) ★★
1.55 **to 5.00** AM **Highway to Heaven**
+1 hour 320 317

Rewind TV
182 81 141

6.00 AM **Highlights**
10.00 **Bewitched** (S1)
10.30 **You're Only Young...**
11.00 **I Dream of Jeannie**
11.30 **Jokers Wild**
12.00 NOON **Please Sir!** (S2)
12.30 PM **Haggard** 3/7. (S1)
1.00 **The Last Days of Pompeii**
3.45 **Auto Rewind**
4.00 **Born Free** 3/13. (S1)
5.00 **A Sharp Intake of...**
5.30 **You're Only Young Twice** 5/9. (S3)
6.00 **The Monkees** (S1)
6.30 **In Loving Memory** (S5)
7.00 **I Dream of Jeannie**
7.30 **Haggard** 3/7. (S1)
8.00 **Jokers Wild**
8.30 **A Sharp Intake of Breath** 5/6. (S2)
9.00 **Brass** 11&12/13. (S1)
10.00 **Game On** 6/6. (S2)
10.35 **Stereo Underground**
11.35 **The Monkees** (S1)
12.05 AM **FILM The Great St Louis Bank Robbery** (1958, b/w, PG) ★
1.50 **to 6.00** AM **Highlights**

DMAX
159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Maine Cabin Masters**
12.00 NOON **Alaskan Bush People** Documentary.
1.00 PM **Edge of Alaska**
3.00 **Alaska: Homestead Rescue** Double bill.
6.00 **Outback Opal Hunters** The Cheals break through to a long-lost underground mine.
7.00 **Deadliest Catch** The first arctic storm of the season arrives. **8.00** A freak accident threatens the Northwestern crew.
9.00 **Tiny House, Big Living** Four editions of the property series.
11.00 **Jeremy Wade's Dark Waters** Unusual fish.
12.00 M'T **Naked and Afraid XL** Documentary.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Building Alaska**
+1 hour 259 369 153

Food Network
140/141 154 190 43 148 39

6.00 AM **Jamie's Easy Meals for Every Day**
7.00 **Barefoot Contessa**
8.00 **James Martin's American Adventure**
9.00 **River Cottage to the...**
10.00 **Hairy Bikers Go North**
11.00 **Great British Bake Off**
1.00 PM **James Martin's Great British Adventure**
2.00 **James Martin's American Adventure**
3.00 **Barefoot Contessa**
4.00 **Delicious Miss Brown**
4.30 **Girl Meets Farm**
5.00 **River Cottage to the Core** Picnic food.
6.00 **Hairy Bikers Go North**
7.00 **Great British Bake Off**
9.00 **Hairy Bikers Go North**
10.00 **James Martin's Great British Adventure**
11.00 **Diners, Drive-Ins and Dives** Culinary series.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Guy's Grocery Games**
+1 hour 240/241 154

Legend
148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 12/24. (S8)
9.00 **The Fall Guy** 11/22. (S3)
10.00 **Charlie's Angels** (S1)
11.00 **FILM Fiend Without a Face** British sci-fi chiller. (1958, PG, 75min) ★★
12.30 PM **FILM Post Impact** Sci-fi adventure. (2003, 15, 91min) ★★
2.25 **FILM King Kong** Remake of the classic monster movie. (1976, PG, 130min) ★★★
5.00 **Star Trek** 2/30. (S1)
6.00 **Charlie's Angels** (S1)
7.00 **The Fall Guy** (S3)
8.00 **Walker, Texas Ranger**
9.00 **FILM Alien Nation** Sci-fi thriller starring James Caan and Mandy Patinkin. (1988, 18, 94min) ★★★
10.50 **FILM Big Kill** Western. (2019, 15, 126min) ★★
1.25 AM **FILM The Outsider** Thriller. (2014, 15) ★★
3.15 **to 5.00** AM **FILM Stake Land II** Horror sequel. (2016, 15, 85min) ★★

Legend Xtra
317 316 171 69 138 51

6.00 AM **FILM Global Meltdown** As 5.00pm.
8.00 **FILM 2021: War of the Worlds** Sci-fi thriller. (2021, 12, 78min) ★★
10.00 **Andromeda** 9/22. (S1)
11.00 **FILM Island of Terror** Sci-fi horror. (1966, PG, 90min) ★★★
1.00 PM **FILM Coward of the County** Drama. (1981, PG, 104min) ★★
3.00 **Andromeda** 9/22. (S1)
4.00 **The A-Team** 4/13. (S5)
5.00 **FILM Global Meltdown** Disaster thriller. (2017, PG, 105min) ★
7.00 **Andromeda** 10/22. (S1)
8.00 **The A-Team** 5/13. (S5)
9.00 **FILM Double Team** Action starring Jean-Claude Van Damme. (1997, 18, 93min) ★★
10.50 **FILM Under Suspicion** Thriller set in the 1950s. (1991, 18, 100min) ★★
1.00 **to 3.00** AM **FILM Double Team** As 9pm.
+1 hour 318 316 371 139

Blaze
164 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Pawn Stars**
7.30 **Auction Hunters**
7.55 **Storage Hunters**
8.55 **Hardcore Pawn**
10.15 **UFO Hunters**
11.10 **Weird or What?**
12.10 PM **Mysteries from Above** Documentary
1.05 **Pawn Stars**
2.05 **Dickinson's Real Deal**
3.05 **Storage Hunters**
4.00 **Ancient Aliens**
6.00 **UFO Hunters**
7.00 **Storage Hunters**
8.00 **Dickinson's Real Deal**
9.00 **MonsterQuest**
10.00 **World's Most Unexplained**
11.00 **The Proof Is Out There: Bermuda Triangle**
12.00 M'T **Mission Unexplained**
1.00 AM **UFO Hunters**
2.00 **Ancient Aliens**
3.45 **Wicked Tuna**
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT
153 166 138 46 133 30

9.00 AM **Secrets of the Royal Palaces**
11.00 **Ben Fogle: New Lives in the Wild** Brazil.
12.00 NOON **A Yorkshire Farm**
1.00 PM **The Yorkshire Vet**
3.00 **Murder, She Wrote**
4.00 **Columbo**
5.30 **The Yorkshire Vet**
6.00 **Secrets of the Royal Palaces** Double bill.
8.00 **Ben Fogle: New Lives in the Wild** Ben travels to the coastal forests of southern Sweden.
9.00 **Portugal with Michael Portillo** 6/6. Michael explores Sintra, once the playground of Portuguese royalty.
10.00 **Into the Amazon with Robson Green**
11.00 **Prisoner: Cell Block H**
1.00 AM **Dogs Behaving (Very) Badly**
3.00 **Paul Martin's Antiques Showdown**
3.50 **to 4.00** AM **Entertainment News**

HGTV
158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **My Lottery Dream Home** Six editions.
2.00 PM **A Place in the Sun**
3.00 **My Dream Derelict Home** A Victorian semi.
4.00 **Escape to the Country**
6.00 **A Place in the Sun**
8.00 **My Dream Derelict Home** Renovations.
9.00 **Chasing the West** New edition Jonathan and Drew Scott help a couple with two daughters and 10 pets.
10.00 **Home Town** New edition A woman leaves New Orleans for a serene spot.
11.00 **Home Town**
12.00 M'T **A Place in the Sun**
1.00 AM **Building Alaska**
2.00 **Flip or Flop**
3.00 **to 4.00** AM **My Lottery Dream Home**
+1 hour 258/262 391

TLC
133/134 139 165

7.00 AM **Extreme Couponing**
8.00 **My Lottery Dream Home** Double bill.
9.00 **Say Yes to the Dress**
11.00 **My 600lb Life**
12.00 NOON **Dr Pimple Popper** Medical series.
1.00 PM **7 Little Johnstons**
2.00 **Return to Amish**
3.00 **Outdaughtered: Busby Quints**
5.00 **My 600lb Life**
6.00 **Dr Pimple Popper**
7.00 **Sister Wives**
9.00 **1000-lb Sisters**
10.00 **Dr Pimple Popper**
11.00 **Body Bizarre**
12.00 M'T **Sex Sent Me to the ER** Documentary.
1.00 AM **I Didn't Know I Was Pregnant** Double bill.
2.00 **Dr Pimple Popper**
3.00 **Body Bizarre**
4.00 **Sister Wives**
5.00 **to 6.00** AM **Extreme Cheapskates**
+1 hour 233/234 365

Comedy Central
112/113 135 132 345 360

8.00 AM **Impractical Jokers**
10.00 **Last Man Standing**
11.00 **Everybody Loves Raymond** 5-8/25. (S7)
1.00 PM **Friends** (S10&1)
7.00 **Friends** 5/24. Ross joins Rachel on her first trip to a launderette. **7.30** 6/24. Chandler dates a married woman. **8.00** 7/24. Joey learns something about Monica. **8.30** 8/24. Ross and Monica's grandmother passes away. (S1)
9.00 **FILM Hitch** Comedy starring Will Smith. (2005, 12, 118min) ★★★
11.25 **Whose Line Is It Anyway? USA**
12.25 AM **South Park**
1.55 **Broad City** 3&/10. (S5)
2.55 **Jason Byrne: Audience Precipitation**
3.40 **Beavis and Butt-Head**
3.50 **Your Face or Mine**
4.15 **to 5.00** AM **Friends**
+1 hour 212/213 332

Comedy Cen. Extra
127/128 136 154 345 360

6.00 AM **Last Man Standing**
7.00 **Teleshopping**
9.00 **Most Ridiculous**
10.00 **Daria** 1&2/14. (S5)
11.00 **Friends** 19-22/24. (S5)
1.00 PM **Impractical Jokers**
2.00 **Daria** 3&4/14. (S5)
3.00 **Takeshi's Castle**
4.00 **Guessable?**
5.00 **Most Ridiculous**
6.00 **Mr Bean** 3&4/14. (S1)
7.00 **Everybody Loves Raymond** Ray enjoys a steam bath with Frank. **7.30** Robert jets off for a holiday in Las Vegas. **8.00** Ray starts sharing the children's bathroom. **8.30** Debra and Ray befriend a couple. (S7)
9.00 **South Park** (S4&6)
12.00 M'T **Beavis and Butt-Head** (S7&8)
2.00 AM **Key & Peele**
3.00 **Teachers** (S2)
3.45 **Jack Dee: So What?**
4.30 **Out of Order**
5.15 **to 6.00** AM **Last Man Standing**

Sky Replay
152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **Highway Cops**
11.00 **Hold the Front Page**
12.00 NOON **Blood & Treasure** 9/13. (S2)
1.00 PM **Motorway Patrol**
2.00 **Border Security**
4.00 **Highway Cops**
5.00 **Motorway Patrol**
6.00 **Blood & Treasure** (S2)
7.00 **Border Security**
9.00 **Road Wars**
10.00 **The Force: Manchester**
11.00 **There's Something About Movies**
12.00 M'T **The Russell Howard Hour**
1.00 AM **A League of Their Own Road Trip: Dingle to Dover**
2.00 **Duck Quacks Don't Echo** Lee Mack hosts.
3.00 **Road Wars**
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV
126/127 137 134 351 366

6.00 AM **The Hills**
6.20 **16 and Pregnant**
7.10 **Teen Mom: The Next Chapter** Reality series.
8.00 **Catfish: The TV Show**
6.00 PM **Dallas Cowboys Cheerleaders**
7.00 **Laguna Beach: The Real Orange County**
8.00 **I Used to Be Fat** An overweight teen plans to lose weight.
9.00 **Ghosted: Love Gone Missing** Trey and Austin became best bros – but all that changed when Austin blew off plans.
10.00 **Caught in the Act: Unfaithful** New edition Nunu questions if Caleb is the man of her dreams.
11.00 **Dating Naked UK**
12.00 M'T **Ridiculousness** New edition
12.30 AM **Ridiculousness**
1.00 **Ink Master**
2.45 **Caught in the Act: Unfaithful**
3.35 **to 4.00** AM **The Hills**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Railroad Alaska**
9.00 **The Dino Hunters**
11.00 **Bad Chad Customs**
1.00 PM **Gold Divers**
3.00 **Gold Rush** Double bill.
5.00 **Building Off the Grid** A builder heads to the wilderness of Colorado to build the ultimate tent.
6.00 **Baggage Battles** Vintage casino and advertising items. **6.30** At a gambling auction in Las Vegas, the bidders take notice of a Gatling gun.

8.00 Roadworthy Rescues

7.00 **Wheeler Dealers: Dream Car** The boys desperately want to buy a policeman his dream car – a Subaru Impreza.

8.00 **Roadworthy Rescues** Brothers Derek and Sean head back to the family farm, where they dig out a 1971 Chevrolet Chevelle.

9.00 **Street Outlaws: Locals Only** New edition Locals face off in Ohio before the winner goes up against the Kye Kelley.

10.00 **Roadworthy Rescues** New edition Derek enlists David Freiburger to assist him in fixing a 1940 Chevrolet's list of issues.

11.00 **Buying Alaska** Double bill.
12.00 M'T **Moonshiners** Josh lands in a high-risk environment.
1.00 AM **Street Outlaws: Locals Only** As 9.00pm.
2.00 **Roadworthy Rescues**
3.00 **Street Outlaws**
4.00 **to 5.00** AM **Expedition Bigfoot**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Flying Wild Alaska**
9.00 **Predators Up Close with Joel Lambert**
10.00 **Tanked**
11.00 **Animal Cops Philadelphia**
1.00 PM **Crikey! It's the Irwins**
2.00 **Pit Bulls & Parolees**
3.00 **Flying Wild Alaska**
5.00 **Lone Star Law** Clarke and Temple stop a forest fire and help a distressed pelican.
6.00 **Dr Jeff: Rocky Mountain Vet** The team head to a remote town where they encounter an unexpected animal.

8.00 Dog Detectives

7.00 **Treehouse Masters** Pete Nelson designs a thrill-seeker's treehouse in Washington, with a bouncy-bridge entryway.

8.00 **Dog Detectives** Some devastating news about PC McIntyre's Alsatian Rudi jeopardises their future together.

9.00 **Alaska: The Last Frontier** Atz Lee and Atz Sr seek out a black bear, and Eivin builds a survival bike fitted with weapons.

10.00 **Mountain Monsters** The hunters track down one of the cloaked figures at the heart of the Spearfinger mystery.

11.00 **Pit Bulls & Parolees** A woman who loves adopting dogs is ready for another.
12.00 M'T **Crikey! It's the Irwins** A turtle undergoes surgery.
1.00 AM **Dog Detectives**
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops Philadelphia**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Europe from Above**
9.00 **Air Crash Investigation: Special Report**
10.00 **Air Crash Investigation**
12.00 NOON **Car S.O.S**
2.00 PM **Erased: WWII Heroes of Colour** Documentary.
3.00 **Lost Ships of WW2**
4.00 **Drain the Sunken Pirate City**
5.00 **Car S.O.S** The boys pick up a 1978 JCB digger belonging to a former carpenter.
6.00 **Hitler's Last Stand** US soldiers fight through the infamous Siegfried Line.

8.00 Car S.O.S

7.00 **Air Crash Investigation** Investigators discover a pattern of abusive behaviour may have contributed to a crash.

8.00 **Car S.O.S** Tim Shaw and Fuzz Townshend work on a 1971 Lamborghini Espada belonging to a man with health issues.

9.00 **Car S.O.S** Tim Shaw and Fuzz Townshend set out restore a 1962 Mini Cooper belonging to a retired rally driver.

10.00 **Construction Fails** Earthquake-proof buildings fall down in Turkey, and a bridge collapses in Dresden.

11.00 **Air Crash Investigation**
12.00 M'T **Naming the Dead**
1.00 AM **To Catch a Smuggler: Tropical Takedown**
2.00 **Abandoned**
2.30 **Lords of War**
3.20 **Food Factory**
4.10 **to 5.00** AM **Prairie Dog Dynasty**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Rust Valley Restorers**
6.55 **Salvage Kings**
7.50 **American Pickers**
8.45 **Pawn Stars**
10.10 **Storage Wars**
12.00 NOON **The Proof Is Out There**
1.00 PM **Death Coast**
2.00 **Deadman's Curse**
3.00 **Ghost Ships**
5.00 **Airport Security: USA** Officers in San Francisco intercept a drug mule.
6.00 **American Pickers** Mike goes wild for a rare, barn-fresh Shelby Mustang in Alabama.

9.00 Death Coast

7.00 **Forged in Fire** A former champion fashions a Vaquero Machete, hoping to prove they possess the skills to Beat the Judges.

8.00 **Shipwrecks: When History Resurfaces** The bay of Saint-Pierre in Martinique, which suffered a volcanic eruption in 1902.

9.00 **Death Coast** New edition A powerful hurricane forces Jeff Mackinnon and his team into a secluded cove.

10.00 **Deadman's Curse** New edition A divining rod is considered as a means to reveal the location of Slumach's gold.

11.00 **Mysteries Unearthed with Danny Trejo** Investigating some of the world's most significant discoveries.
12.00 M'T **Evil Encounters** Reports of a man 'abducted by aliens'.
12.55 AM **The Proof Is Out There**
1.50 **Death Coast** As 9.00pm.
2.50 **Airport Security: USA**
3.40 **Pawn Stars**
4.25 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys** Four editions.
8.00 **Bangers & Cash**
10.00 **Nazi Hunters**
11.00 **War Factories**
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash**
4.00 **Nazi Hunters**
5.00 **War Factories** Iconic aircraft, such as the Spitfire and the Hurricane, that were powered by Rolls-Royce Merlin engines.
6.00 **Antiques Roadshow** The team return to Polesden Lacey near Dorking in Surrey.

9.00 Train Rescue Down Under

7.00 **The Americas with Simon Reeve** Explorer Simon Reeve continues his trip by travelling from Texas to southern Mexico.

8.00 **Australia with Simon Reeve** The adventurer visits Kakadu National Park, the northern Bush and the Great Barrier Reef.

9.00 **NEW SERIES Train Rescue Down Under** The Ghan's maintenance team must ensure the train departs the next day.

10.00 **Bangers & Cash** Derek collects a Triumph TR8 from Kirkby Stephen East Railway Station, and has a ride on a vintage engine.

11.00 **Billy Connolly Does...** The comedian ponders the best approach to growing old and talks about his health scares.
12.00 M'T **Bangers & Cash: Restoring Classics**
1.00 AM **Abandoned Engineering**
2.00 **to 3.00** AM **Great British Railway Journeys**

+1 hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Find It, Fix It, Flog It**
7.00 **Vintage Voltage**
9.00 **American Pickers**
10.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Double bill.
2.00 PM **The Yorkshire Auction House**
3.00 **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
6.00 **Wheeler Dealers**
7.00 **Shed and Buried: Classic Cars** A Mini Clubman racing car.
8.00 **Cycling: Vuelta a España** Action from stage five of the race.
9.00 **The Yorkshire Auction House** A hunt for gold in a Glasgow flat proves a challenge for Angus.
11.00 **How Do They Do It?**
1.00 AM **Fifth Gear Recharged** Double bill.
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes...UK**
7.00 **Say Yes to the Dress**
8.00 **Say Yes... Lancashire**
9.00 **Say Yes... UK**
10.00 **Say Yes... Atlanta**
11.00 **Judge Rinder's Crime Stories**
12.00 NOON **Deadly Affairs**
1.00 PM **On the Case with Paula Zahn**
2.00 **Murder on CCTV**
3.00 **10 Steps to Murder**
4.00 **American Monster**
6.00 **Disappeared**
7.00 **The Killer in My Family**
8.00 **Murder on CCTV**
9.00 **911: Did the Killer Call?** New edition A man's savage murder at home.
10.00 **The Killer in My Family**
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Jimmy Savile** Documentary.
1.00 AM **Faking It: Tears of a Crime**
2.00 **Murder Comes to Town**
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Fraud Squad** A locksmith scams a London hospital out of half a million pounds.
8.00 **Killers: Caught on Camera** A woman goes missing in Colorado.
9.00 **Murder: First on Scene** A community is distraught when a 16-year-old is murdered.
10.00 **Prosecuting Evil with Kelly Siegler** A teenager finds herself caught up in a dangerous love triangle.
11.00 **The Truth About My Murder** Double bill.
1.00 AM **Murder: First on Scene** See 9.00pm.
2.00 **Prosecuting Evil with Kelly Siegler**
3.00 **Killers: Caught on Camera** See 8.00pm.
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Evidence of Evil**
11.00 **Medical Detectives**
1.00 PM **Medical Detectives**
2.00 **Evidence of Evil**
4.00 **Medical Detectives** An 11-year-old boy who ate a burger containing dangerous E-coli bacteria. **4.30** Investigators solve a murder with the help of a squashed tomato. **5.00** Examining the capture of a multiple rapist and murderer. **5.30** Examining the murder of a rock singer 10 years previously. **6.00** The case of a British couple reported missing by friends. **6.30** A geology professor helps find the killer of a missing university student.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Highway Cops**
7.00 **Send in the Dogs**
8.00 **UK Border Force**
9.00 **The Force: Manchester**
10.00 **Caught on Dashcam**
11.00 **Snapped** Catherina Voss.
12.00 NOON **Murders That Shocked the Nation**
1.00 PM **Britain's Most...**
2.00 **Killer in My Village**
3.00 **How I Caught the Killer**
4.00 **World's Most Evil Killers**
5.00 **The Murders at Starved Rock**
6.10 **Killer in My Village**
7.05 **Britain's Most Evil Killers**
8.00 **World's Most Evil Killers**
9.00 **Killer in My Village**
10.00 **Murders at the Boarding House**
12.30 AM **John Wayne Gacy: Devil in Disguise**
1.30 **Murder Next Door**
2.20 **Killer in My Village**
3.10 **Ireland's Most Evil Killers**
4.00 **to 6.00** AM **Highlights**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **Mary Beard's Ultimate Rome: Empire Without Limit**
9.20 **Hitler's Power**
10.30 **Iron Curtain...**
11.50 **Apocalypse: Stalin**
1.00 PM **Mary Beard's Ultimate Rome: Empire Without Limit**
2.20 **Hitler's Power**
3.30 **Iron Curtain...**
4.40 **Apocalypse: Stalin**
5.55 **Mary Beard's Ultimate Rome: Empire Without Limit** Roman economy.
7.15 **Hitler's Power**
8.20 **Iron Curtain: Living Under Soviet Occupation** New edition How, by 1949, Soviet domination of Eastern Europe was total.
9.40 **Apocalypse: Stalin**
10.50 **Hitler's Power**
12.00 M'T **Iron Curtain...**
1.20 **to 2.00** AM **Grand Tours of the Scottish Islands**

WEDNESDAY

Wednesday

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **100 Foot Wave**
7.00 **Discovering: Ed Harris**
8.00 **The Directors**
9.00 **The Seventies**
10.00 **Scouting for Girls: Fashion's Darkest Secret**
11.00 **House of Kardashian**
12.00 NOON **Enigma**
2.00 PM **I Am Raquel Welch**
3.45 **My Icon: Tanni Grey Thompson**
4.00 **Discovering: Ed Harris**
5.00 **The Directors**
6.00 **The Seventies**
7.00 **House of Kardashian** 2/3. A sex tape of Kim emerges, leading to a stratospheric reality show.
8.00 **David Frost Vs** The journalist's interviews with Muhammad Ali.
9.00 **Amsterdam Narcos** Series finale 3/3. Dutch law-enforcement officers take a dramatic gamble.
10.00 **Escobar by Escobar** 1–4/4. The story behind the Escobar empire.
2.00 AM **100 Foot Wave**
3.00 **QPR: The Four Year Plan**
4.50 **My Icon: Chris Hughton**
5.00 **to 6.00** AM **Discovering: Ed Harris**

Crime+Investigation

156 142 133

6.00 AM **Imperfect Murder**
7.00 **Homicide Hunter**
8.00 **Killer Town**
9.00 **Murdertown**
10.00 **Sunshine Slayings**
11.00 **#Textmewhenyougethome**
12.00 NOON **Exhumed: Killer...**
1.00 PM **Somebody's Hiding...**
2.00 **Judge Rinder's Crime Stories**
3.00 **Murdertown**
4.00 **Murder at My Door with Kym Marsh** Documentary.
5.00 **What the Killer Did Next**
6.00 **Imperfect Murder**
7.00 **An Hour to Kill**
8.00 **Somebody's Hiding Something** New edition
9.00 **NEW SERIES Lie Detector: Truth or Deception** Individuals suspected of serious crimes take a polygraph test.
11.00 **Last Night Out**
12.00 M'T **Somebody's Hiding...**
1.00 AM **Lie Detector: Truth or...**
3.00 **Exhumed: Killer Revealed**
4.00 **What the Killer Did Next**
5.00 **to 6.00** AM **Sunshine Slayings**

+1 hour 256 333

U&Eden

166 134/162 176 57 160 151

9.00 AM **Africa from Above**
1.00 PM **Africa from Above**
7.00 **Africa from Above** Exploring the rich biodiversity of Uganda, known as the 'Pearl of Africa,' where spectacular landscapes include the glacier-tipped Rwenzori mountains, ancient rainforests and crater lakes. **8.00** Exploring Morocco's Mediterranean coastline, the mighty Atlas mountains and the seemingly endless Sahara. **9.00** A journey above Zambia, exploring the far-western reaches of the Zambezi, the largest mammal migration on earth, and Victoria Falls, the largest waterfall on the planet. **10.00** A journey over Mozambique, exploring palm-fringed sands, parks and seafaring traditions, and the melting pot of African, Arabic and Portuguese traditions.
11.00 **Africa from Above**
5.20 **to 6.00** AM **Celebrity Mastermind**

+1 hour 266 376

Sky Nature

145 113/114 189 354 369

6.00 AM **Big Beasts: Last of the Giants** Documentary.
7.00 **Monkey Life**
8.00 **Valley of Flood and Fire**
9.00 **Wild Workers**
10.00 **Australia's Hidden Islands**
11.00 **Hope for Wildlife: The Next Generation**
12.00 NOON **Into the Wild: India**
1.00 PM **Monkey Life**
2.00 **Valley of Flood and Fire**
3.00 **Wild Workers**
4.00 **Australia's Hidden Islands**
5.00 **Land of Primates**
6.00 **Into the Wild: India**
7.00 **Monkey Life** Double bill.
8.00 **Shark with Steve Backshall**
9.00 **Undiscovered Vistas**
10.00 **Into the Wild: India**
11.00 **Land of Primates**
12.00 M'T **Hope for Wildlife: The Next Generation**
1.00 AM **Big Beasts: Last of the Giants** Documentary.
2.00 **Shark with Steve Backshall**
3.00 **Undiscovered Vistas**
4.00 **Valley of Flood and Fire**
5.00 **to 6.00** AM **Wild Workers**

WILD

165 145/133 182

8.00 AM **Yukon Vet**
9.00 **Alaska Animal Rescue: Critical Conditions**
10.00 **Monster Fish**
11.00 **Critter Fixers: Country Vets**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Ocean's Weirdest**
3.00 **America's National Parks**
4.00 **Secrets of the Zoo: North Carolina**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City**
7.00 **Untamed Americas**
8.00 **Africa's Deadly Kingdoms** A look at the wildlife of South Africa's West Coast.
9.00 **Wild Chile** The impact of weather systems on Chile.
10.00 **Alaska: The Next Generation**
11.00 **Ice Road Rescue**
12.00 M'T **Animal Fight Club**
1.00 AM **Last of the Giants: Wild Fish** Cyril Chauquet sets his sights on the African cubera.
2.00 **The Incredible Dr Pol**
3.00 **Alaska Animal Rescue: Critical Conditions**
4.00 **to 5.00** AM **World's Deadliest**

ID

154 141 166

8.00 AM **Love Kills**
9.00 **No One Can Hear You Scream**
11.00 **Blood Runs Cold**
1.00 PM **The 1990s: The Deadliest Decade** Double bill.
3.00 **Caught in the Net**
5.00 **The Lies That Bind**
7.00 **Disappeared** A case in which a mother and Bible teacher went missing from her family's farm. **8.00** The case of 38-year-old Eric Franks, who vanished while preparing to move in with his long-lost high-school girlfriend.
9.00 **Dark Waters: Murder in the Deep** The case of Jeffrey Skelton, who was so enraged by rumours of infidelity involving his wife Marilyn, that he broke into Michael Delmore's house and shot him dead.
10.00 **Calls from the Inside** The story of how an Oregon love triangle came to a deadly end.
11.00 **Good Cop, Bad Cop**
12.00 M'T **I Went Undercover**
2.00 AM **The Lies That Bind**
4.00 **to 6.00** AM **Disappeared**

+1 hour 254 366

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Secrets of the Lost Liners**
9.00 **Digging Up Britain's Past**
10.00 **Combat Ships**
11.00 **Ancient Aliens**
1.00 PM **Secrets of the Lost Liners**
2.00 **Digging Up Britain's Past**
3.00 **Secrets of the Lost Ark**
4.00 **Truthseekers**
5.00 **Cracking the Code**
6.00 **UFOs Declassified**
7.00 **What on Earth?**
8.00 **Great Escapes with Morgan Freeman** The exploits of German-born US pilot Dieter Dengler, who was shot down over Laos during the Vietnam War.
9.00 **The UnXplained with William Shatner** William Shatner focuses his attentions on Mars.
10.00 **Secrets in the Ice** Abandoned homes are discovered in a remote part of Greenland.
11.00 **Alien Files: Unsealed**
12.00 M'T **Ancient Aliens**
2.00 AM **Hitler's Engineers**
3.00 **Secrets of the Lost Ark**
4.00 **Truthseekers**
5.00 **to 6.00** AM **Cracking the Code**

Discovery History

174 147 181 320 325

7.00 AM **Day After D-Day**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works** The formation of a black hole.
8.00 **Day After D-Day** Men who survived the Normandy invasion as young soldiers in June 1944 recall their experiences of the conflict and discuss the effect it had on their lives.
9.00 **Paranormal Declassified** Journalist Paul Beban treks deep into the woods of the Midwest in search of Bigfoot.
10.00 **How Do They Do It?**
11.00 **Massive Engineering Mistakes**
12.00 M'T **Mysteries at the Museum**
2.00 AM **How the Universe Works**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Scrapyard Dynasty**
7.00 **Kindig Customs**
8.00 **Motor Pickers**
9.00 **Bad Chad Customs**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Outback Car Hunters**
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **Bad Chad Customs**
4.00 **Shorty's Dream Shop**
5.00 **Motor Pickers**
6.00 **Salvage Hunters: Classic Cars**
7.00 **Shed and Buried**
8.00 **Shorty's Dream Shop** 1/2. Rick wants to raise money to promote road safety.
9.00 **Richard Hammond's Big** Elements that engineering projects have in common.
10.00 **Bad Chad Customs**
11.00 **Shed and Buried**
12.00 M'T **Shorty's Dream Shop**
1.00 AM **Outback Car Hunters**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers: Dream Car**
4.00 **to 5.00** AM **Gear Dogs**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

7.10 AM **The Thicket** Western. (2024, 15, 108min) ★★★
9.00 **The Surfer** As 8.00pm.
10.55 **Into the Wonderwoods** Animation. (2024, PG, 81min)
12.30 PM **Sonic the Hedgehog 3** Fantasy adventure sequel. (2024, PG, 110min) ★★★
2.30 **Night Call** As 9.50pm.
4.15 **September 5** Thriller. (2024, 15, 95min) ★★★★
6.00 **Saturday Night** Comedy. (2024, 15, 109min) ★★★★

8.00 The Surfer

8.00 The Surfer Thriller starring Nicolas Cage and Julian McMahon. A father returns to the beach of his childhood to surf, but is drawn into a conflict with local thugs. (2024, 15, 100min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 Night Call French-Belgian thriller starring Jonas Bloquet and Mustii. After responding to an emergency call, a locksmith gets caught in the crosshairs of a ruthless mob boss. Subtitled. (2024, 15, 97min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Long Gone Heroes** Action thriller starring Eden Brolin. (2024, 15, 101min)
1.30 AM **The Room Next Door** Drama starring Tilda Swinton. (2024, 12, 102min) ★★★★
3.30 **Heart Eyes** Horror comedy. (2025, 15, 97min) ★★★★
5.20 **to 7.00** AM **Gator Creek** Horror. (2025, 15, 87min) ★

Sky Cinema Hits

303 303 403 503 517

6.05 AM **Knocked Up** As 10.00pm.
8.15 **The Meg** Action thriller. (2018, 12, 113min) ★★★
10.10 **The Legend of Zorro** Adventure. (2005, PG) ★★★
12.25 PM **Blades of Glory** Comedy. (2007, 12, 93min) ★★★
2.00 **It Ends with Us** Romance. (2024, 15, 125min) ★★★
4.15 **Swordfish** Action thriller. (2001, 15, 99min) ★★★
6.00 **We're the Millers** Comedy. (2013, 15, 110min) ★★★★

6.00 We're the Millers

8.00 The Truman Show Satirical comedy starring Jim Carrey as the unwitting star of the world's longest running documentary soap opera. With Laura Linney, Natascha McElhone and Ed Harris. (1997, PG, 99min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Knocked Up Romantic comedy with Seth Rogen and Katherine Heigl. An unemployed slacker gets a gorgeous TV reporter pregnant during a drunken one-night stand. (2007, 15, 129min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **The Purge: Anarchy** Horror sequel starring Frank Grillo. (2014, 15, 102min) ★★★
2.15 **Thanksgiving** Horror thriller. (2023, 18, 106min) ★★★
4.10 **Sky Cinema Preview**
4.35 **to 6.20** AM **Lost in Translation** Comedy drama. (2003, 15, 102min) ★★★★★

Sky Cinema Drama

310 310 410 510 524

6.50 AM **Girl You Know It's True**
9.05 **Parachute** Comedy drama. (2023, 15, 108min) ★★★★
11.05 **The Great Gatsby** F Scott Fitzgerald's melancholy tale. (1974, 12, 146min) ★★★
1.35 PM **Minyan** Coming-of-age drama. (2020, 15, 130min) ★★★
3.45 **Tommy** Ken Russell's screen version of The Who's rock opera. (1975, 15, 111min) ★★★★
5.45 **Girl You Know It's True** Biopic starring Elan Ben Ali and Tijan Njie. (2023, 15, 124min) ★★★
8.00 **Chuck Chuck Baby** Musical drama starring Louise Brealey. A woman who lives with her ex-husband and his girlfriend seeks romance while toiling at the local chicken factory. (2023, 15, 101min) ★★★★
9.50 **Beach Rats** Drama starring Harris Dickinson, Madeline Weinstein and Kate Hodge. (2017, 15, 98min) ★★★
11.40 **The Great Escape** Classic PoW escape adventure starring Steve McQueen and James Garner. (1963, PG, 166min) ★★★★★
2.40 AM **Poison** Drama starring Tim Roth and Trine Dyrholm. (2024, PG, 86min) ★★★★
4.15 **to 6.10** AM **Chuck Chuck Baby**

Sky Cinema Sci-fi/Horror

311 311 411 511 525

7.10 AM **The Birds** Hitchcock horror. (1963, 15, 118min) ★★★★★
9.20 **Total Recall** Sci-fi thriller remake. (2012, 12, 113min) ★★★
11.25 **The Woman in Black: Angel of Death** Horror chiller sequel. (2014, 15, 95min) ★★★
1.10 PM **The Island** Sci-fi thriller. (2005, 12, 136min) ★★★
3.35 **A.I. Artificial Intelligence** Sci-fi. (2001, 12, 145min) ★★★★
6.05 **Five Nights at Freddy's** Horror thriller based on a series of video games, starring Josh Hutcherson and Piper Rubio. (2023, 15, 109min) ★★★
8.00 **Gravity** Space thriller starring Sandra Bullock and George Clooney. A novice astronaut becomes stranded in space during her first NASA mission. (2013, 12, 91min) ★★★★★
9.40 **The Nun** Horror thriller starring Taissa Farmiga and Demián Bichir. (2018, 15, 96min) ★★★
11.25 **MaXXXine** Crime thriller. (2024, 18, 110min) ★★★
1.15 AM **The Purge: Election Year** Horror. (2016, 15, 108min) ★★★
3.05 **Salem's Lot** Horror thriller. (2024, 15, 109min) ★★★
5.00 **to 6.35** AM **Arcadian** Horror. (2024, 15, 92min) ★★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Back to School

306 306 406 506 519

6.00 AM **Ella Enchanted** Fantasy. (2004, PG, 96min) ★★★
7.45 **The Tiger Rising** As 1.15am.
9.30 **Monster House** Animation. (2006, PG, 91min) ★★★★
11.05 **Spy Kids** (2001, U) ★★★★
12.40 PM **Kung Fu Panda** Animation. (2008, PG, 92min) ★★★★
2.20 **Despicable Me** (2010) ★★★★
4.00 **Kung Fu Panda 2** Animation. (2011, PG, 90min) ★★★★
5.45 **Despicable Me 2** Animated sequel. (2013, U, 97min) ★★★

9.35 Robin and the Hoods

7.40 **Spy Kids 2: Island of Lost Dreams** Family comedy adventure sequel starring Alexa Vega and Daryl Sabara. (2002, U, 100min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.35 **Robin and the Hoods** Family comedy starring Naomie Harris and Darcey Ewart. A property developer threatens the neighbourhood of 11-year-old Robin and her gang, the Hoods. (2024, PG, 101min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **The Witches** Fantasy adventure based on Roald Dahl's story, starring Anjelica Huston and Mai Zetterling. (1989, PG, 90min) ★★★★
1.15 AM **The Tiger Rising** Family drama starring Dennis Quaid. (2022, PG, 102min) ★★★
3.10 **The Secret Garden** Family drama starring Colin Firth. (2020, PG, 99min) ★★★★
5.05 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Action

307 307 407 507 521

7.15 AM **The Huntsman: Winter's War** Fantasy. (2016, 12) ★★★
9.15 **The Mummy Returns** Adventure. (2001, 12) ★★★★
11.25 **Twister** Disaster movie. (1996, PG, 114min) ★★★
1.30 PM **Rampage** Fantasy. (2018, 12, 107min) ★★★
3.20 **Gladiator II** Historical drama sequel starring Paul Mescal. (2024, 15, 148min) ★★★
5.50 **Kraven the Hunter** Fantasy. (2024, 15, 127min) ★★★

9.35 Bad Boys II

8.00 **The Scorpion King** Fantasy adventure starring Dwayne Johnson. A skilled Egyptian warrior is hired by the nomadic people of the desert to destroy an evil warlord. (2002, 12, 91min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.35 **Bad Boys II** Action comedy thriller sequel starring Martin Lawrence and Will Smith as Miami cops striving to bring down a Cuban drug lord. (2003, 15, 147min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **Crank** Thriller with Jason Statham and Amy Smart. (2006, 18, 88min) ★★★★
1.40 **The Dark Tower** Fantasy adventure starring Idris Elba. (2017, 12, 95min) ★★
3.20 **SAS: Red Notice** Action thriller starring Sam Heughan. (2021, 15, 90min) ★★★
5.25 **to 7.40** AM **Once Upon a Time in China** Martial arts adventure starring Jet Li. (1991, 15, 120min) ★★★★★

Sky Cinema Comedy

308 308 408 508 522

7.00 AM **Parenthood** Comedy drama. (1989, 15) ★★★★
9.10 **Just Friends** Comedy. (2005, 12, 94min) ★★
10.55 **You've Got Mail** Comedy. (1998, PG, 114min) ★★★
1.00 PM **The First Wives Club** Comedy. (1996, PG) ★★★
2.50 **You, Me and Dupree** Comedy. (2006, 12, 109min) ★★★
4.45 **My Big Fat Greek Wedding 2**
6.25 **Ace Ventura Pet Detective** Comedy. (1993, 12) ★★★★

8.00 Sixteen Candles

8.00 **Sixteen Candles** John Hughes' teen comedy starring Molly Ringwald as a gauche teenager with dreams of a perfect romance. With Anthony Michael Hall. (1984, 12, 89min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 **The Nutty Professor** Comedy remake starring Eddie Murphy as a shy, obese college professor who is transformed into a slim, sharp-tongued ladykiller. With Jada Pinkett and James Coburn. (1996, 12, 95min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **Nutty Professor II: The Klumps** Comedy sequel. (2000, 12, 105min) ★★★
1.25 AM **My Big Fat Greek Wedding 2** Romantic comedy sequel. (2016, 12, 94min) ★★
3.10 **Ace Ventura Pet Detective**
4.45 **to 6.30** AM **Dad's Army** Film spin-off from the TV sitcom. (1971, U, 95min) ★★★★

Sky Cinema Thriller

309 309 409 509 523

6.00 AM **Ruthless** (2023, 15) ★★★
7.35 **Out of the Blue** Romantic thriller. (2022, 15, 104min) ★★
9.30 **Sharp Corner** Thriller. (2024, 15, 110min) ★★★★
11.25 **Murder by Numbers** Thriller. (2002, 15, 120min) ★★★
1.30 PM **The Surfer** As 12.25am.
3.15 **Extremely Wicked, Shockingly Evil and Vile** Biopic. (2019, 15) ★★★★
5.10 **The Firm** Legal thriller. (1993, 15, 155min) ★★★

10.20 The Bikeriders

8.00 **The Perfect Storm** Fact-based action drama starring George Clooney and Mark Wahlberg. In October 1991, six New England fishermen get caught in a terrifying storm. With Mary Elizabeth Mastrantonio, John C Reilly and William Fichtner. (2000, 12, 129min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

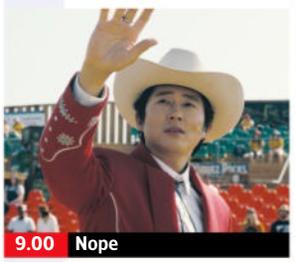
10.20 **The Bikeriders** Crime drama starring Tom Hardy and Jodie Comer. Over a decade, a motorcycle club evolves from a gathering of local outsiders to a sinister gang. (2023, 15, 116min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **The Surfer** Thriller. (2024, 15, 100min) ★★★★
2.10 **Django Unchained** Director Quentin Tarantino's Western. (2012, 18, 165min) ★★★★
5.10 **to 7.20** AM **Gloria** Thriller. (1980, 15, 121min) ★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Tora! Tora! Tora!** World War Two drama. (1970, U, 144min) ★★★
1.50 PM **The Art of Racing in the Rain** Comedy drama. (2019, PG, 110min) ★★★
4.00 **Time Bandits** Fantasy. (1980, PG, 110min) ★★★★
6.20 **First Knight** Mythical drama with Sean Connery, Richard Gere and Julia Ormond. (1995, PG, 134min) ★★★



9.00 Nope

First Knight (film started at 6.20pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Nope** Writer-director Jordan Peele's sci-fi thriller starring Daniel Kaluuya, Keke Palmer and Steven Yeun. The residents of a lonely valley in inland California bear witness to an uncanny and chilling discovery. (2022, 15, 130min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **Summer of Soul** Documentary about the legendary 1969 Harlem Cultural Festival, which celebrated African American music and culture and promoted Black pride and unity. (2021, 12, 118min) ★★★★★
1.55 **to 3.45** AM **River** Japanese fantasy comedy. Subtitled. (2023, 12, 86min) ★★★

+1hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema 80s

302 302 402 502 516

6.45 AM **The Young Master** Action comedy. (1980, 15, 86min) ★★★
8.35 **Royal Warriors** Action thriller. (1986, 18, 96min) ★★★
10.15 **Friday the 13th Part II** Horror thriller. (1981, 18, 87min) ★★
12.00 NOON **Friday the 13th Part III** Horror. (1982, 18, 95min) ★
1.50 PM **Blade Runner** Ridley Scott's thriller starring Harrison Ford. (1982, 15, 130min) ★★★★★
4.00 **Jaws 3** Adventure thriller sequel. (1983, 12, 99min) ★★
5.50 **Superman II** Fantasy adventure sequel with Christopher Reeve. (1980, PG, 127min) ★★★
8.00 **Superman III** Fantasy adventure sequel starring Christopher Reeve. (1983, PG, 123min) ★★★
10.10 **Superman IV: The Quest for Peace** Fantasy adventure sequel starring Christopher Reeve. The Man of Steel tries to rid the world of nuclear weapons. (1987, PG, 90min) ★
11.45 **Star Trek II: The Wrath of Khan** Sci-fi. (1982, 12, 113min) ★★★★
1.45 AM **Star Trek III: The Search for Spock** Sci-fi adventure. (1984, PG, 105min) ★★
3.35 **Jaws 3** As shown at 4.00pm.
5.20 **to 6.10** AM **Sky Cinema Preview**

Sky Cinema Greats

304 304 404 504 518

7.55 AM **Star Trek V: The Final Frontier** As shown at 1.55am.
9.55 **Star Trek VI: The Undiscovered Country**
12.00 NOON **Scent of a Woman** Coming-of-age drama. (1992, 15, 157min) ★★★★
2.40 PM **Schindler's List** Director Steven Spielberg's historical drama starring Liam Neeson. (1993, 15, 195min) ★★★★★
5.55 **The Sons of Katie Elder** Western. (1965, U, 122min) ★★★
8.00 **Robin Hood: Prince of Thieves** Adventure starring Kevin Costner. Robin Hood forms a band of outlaws to exact revenge on the tyrannical Sheriff of Nottingham. With Alan Rickman and Morgan Freeman. (1991, PG, 138min) ★★
10.25 **The Warriors** Thriller starring Michael Beck and James Remar. (1979, 15, 94min) ★★★
12.00 M'T **Sudden Death** Action thriller. (1995, 18, 110min) ★★★
1.55 AM **Star Trek V: The Final Frontier** Sci-fi adventure. (1989, PG, 100min) ★★
3.45 **Star Trek VI: The Undiscovered Country** Sci-fi adventure with William Shatner. (1991, PG, 109min) ★★★★
5.40 **to 7.15** AM **The Warriors**

Sky Cinema Animation

305 305 412 500 514

6.35 AM **Lego DC Comics Super Heroes: The Flash** As 2.00am.
8.00 **How to Train Your Dragon** Animation. (2010, PG) ★★★★
9.45 **The Sloth Lane** As 10.50pm.
11.20 **Buffalo Kids** Animation. (2024, U, 79min) ★★★
12.50 PM **Madagascar** Animated comedy. (2005, U, 86min) ★★★
2.25 **Penguins of Madagascar** Animation. (2014, U) ★★★★
4.00 **Antz** Animated comedy. (1998, PG, 83min) ★★★
5.30 **The Boss Baby** Animated comedy. (2017, U, 97min) ★★★
7.15 **Transformers One** Animation. (2024, PG, 104min) ★★★★
9.05 **The Prince of Egypt** Animated drama with the voice of Val Kilmer. (1998, U, 99min) ★★★★
10.50 **The Sloth Lane** Animation. (2024, PG, 90min) ★★★
12.25 AM **The Canterville Ghost** Animated family adventure. (2023, PG, 89min) ★★
2.00 **Lego DC Comics Super Heroes: The Flash** Animated adventure. (2018, U, 78min) ★★★
3.30 **Batman Unlimited: Animal Instincts** Animated adventure. (2015, PG, 74min) ★★
4.55 **to 6.20** AM **Little Vampire** Animation. (2020, PG) ★★★

Movies 24

312 313 419

7.00 AM **Love on Retreat** Romantic drama. (2023, PG, 85min) ★★
9.00 **Romantic Rewrite** Romantic comedy. (2022, PG, 82min) ★★
11.00 **Journey to You** Romantic drama. (2025, PG, 84min) ★★
1.00 PM **CrimeTime: Freefall** Mystery. (2024, PG, 90min) ★★
3.00 **A Bridesmaid in Love** Romantic comedy drama. (2022, PG, 87min) ★★
5.00 **His and Hers** Romantic drama. (2024, PG, 90min) ★★
7.00 **An Easter Bloom** Drama starring Aimee Teegarden. (2024, PG, 84min) ★★
9.00 **Stepping into Love** Romantic drama starring Jenna Michno and Christian Howard. The curator of a struggling museum works with an avant garde artist to develop an unconventional exhibit. (2023, PG, 82min) ★★
11.00 **A Harvest Homecoming** Drama. (2023, PG, 85min) ★★
1.00 AM **Love Hacks** Romantic drama starring Annie Clark. (2022, PG, 90min) ★★
3.00 **to 5.00** AM **Moriah's Lighthouse** Romantic comedy. (2022, PG, 84min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Stagecoach West** (S1)
7.00 **Master Spy** Espionage thriller. (1962, b/w, U, 68min) ★★
8.25 **Look at Life**
8.35 **You Pay Your Money** Thriller. (1957, b/w, U, 68min) ★
9.50 **The Return of October** Comedy. (1948, U, 98min) ★★★
11.35 **Batman** Big-screen spin-off from the popular TV series. (1966, U, 105min) ★★★★
1.45 PM **Islington Road Safety 1940s** Short film.
1.55 **The Brothers** 11/13. (S5)
3.00 **The Four Feathers** Classic period adventure starring John Clements and Ralph Richardson. (1939, U, 130min) ★★★★★
5.15 **Mr Beamish Goes South**
5.55 **Douglas Fairbanks Presents**
6.25 **Strange But True**
7.00 **Danger UXB** 10/13. (S1)
8.05 **Van der Valk** 2/7. (S2)
9.05 **Maigret** 6/6. (S13)
10.55 **Reckless** 4/6. (S1)
12.00 M'T **The Claim** Period drama. (2000, 15, 120min) ★★
2.20 AM **Planespotting** Drama with Mark Benton and Lesley Sharp.
4.15 **Circumstantial Evidence** Drama. (1952, b/w, PG, 62min) ★★★
5.25 **to 6.00** AM **Churchill's Secret Army**

WEDNESDAY Sport 27 August

Wednesday

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
9.00 **Good Morning Transfers**
10.00 **Sky Sports FC**
12.00 NOON **Transfer Talk**
1.00 PM **Lunchtime Live**
2.00 **Sports Desk**
3.30 LIVE **US Open Tennis** Coverage of day four of the Grand Slam event from the USTA Billie Jean King National Tennis Center in Flushing Meadows, New York.
7.00 LIVE **EFL Cup** Coverage of a second-round tie, as the competition won by Newcastle United last season continues.
10.30 LIVE **US Open Tennis** Further coverage of day four of the Grand Slam event at the USTA Billie Jean King National Tennis Center in Flushing Meadows, New York. Great Britain's Katie Boulter was among the seeded players to be eliminated on the corresponding day last year, with Elena Rybakina and Mirra Andreeva also knocked out of the women's draw, while Hubert Hurkacz, Sebastian Korda, and France Arthur Fils were among the men to suffer defeats.
5.30 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Highlights**
9.00 **Good Morning Transfers**
10.00 **Sky Sports FC**
12.00 NOON **Transfer Talk**
1.00 PM **Premier League Highlights** Everton v Brighton & Hove Albion. **1.30** Fulham v Manchester United staged at Craven Cottage. **2.00** Arsenal v Leeds United. **2.30** Brentford v Aston Villa. **3.00** Newcastle United v Liverpool. **3.30** West Ham United v Chelsea. **4.00** Crystal Palace v Nottingham Forest staged at Selhurst Park. **4.30** Burnley v Sunderland.
5.00 **The Premier League Show**
7.00 **The Transfer Show**
8.00 **Premier League Stories**
8.30 **Netbusters** Recent action.
9.00 **Premier League Stories**
9.30 **Netbusters** Highlights.
10.00 **Premier League Icons**
10.30 **The Big Padel Match**
10.45 **Carragher vs Thomas Frank Quiz** Football-based quiz
11.00 **Premier League Years**
1.00 AM **PL Retro** Bournemouth v Liverpool from 2016/17.
3.00 **PL Greatest Games**
4.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL Cup** The 2018 final.
8.00 **1983: When Aberdeen Ruled Europe** Sports documentary.
9.00 **EFL Greatest Games**
9.30 **Championship Season Review**
11.00 **Best Goals: EFL Cup 23/24**
11.30 **EFL Trophy** The 2023/24 final.
12.00 NOON **EFL Cup Highlights**
2.00 PM **SPFL Round-Up**
2.15 **SPFL Highlights**
2.30 **EFL Highlights**
3.30 **EFL Cup Highlights**
4.00 **EFL Highlights**
5.00 **EFL Greatest Games**
5.30 **EFL Highlights** Action from recent Championship matches.
6.30 **EFL Cup Highlights** Action from a match in the second-round.
7.00 LIVE **EFL Cup** Coverage of a second-round tie, as the competition won by Newcastle United last season continues.
10.30 **EFL Cup Highlights** Action from a match in the second-round.
11.00 **EFL Greatest Games**
12.00 M'T **EFL Cup Highlights**
12.30 AM **Championship Retro**
2.30 **EFL Greatest Games**
4.00 **EFL Cup Retro** The 2020 final.
5.00 **EFL Cup Highlights**
5.30 **to 6.00** AM **EFL Trophy**

Sky Sports Cricket

405 405 514 504 422 442

6.00 AM **The Hundred** Replay of Northern Superchargers Women v Manchester Originals Women.
9.15 **The Hundred Bitesize**
10.30 **The Hundred** Another chance to see Northern Superchargers Men v Manchester Originals Men.
2.00 PM **The Hundred Bitesize**
2.45 LIVE **The Hundred Trent Rockets Women v Birmingham Phoenix Women.** Coverage from Trent Bridge, Nottingham. Start-time **3.00pm**.
6.00 LIVE **The Hundred Trent Rockets Men v Birmingham Phoenix Men.** Coverage from Trent Bridge. Start-time **6.30pm**.
9.30 **The Hundred Bitesize** Brief highlights from Trent Rockets Men v Birmingham Phoenix Men. **9.45** Trent Rockets Women v Birmingham Phoenix Women. **10.00** Action from Trent Rockets Men v Birmingham Phoenix Men.
10.15 **The Hundred** Another chance to see Trent Rockets Women v Birmingham Phoenix Women.
1.30 AM **The Hundred Bitesize**
2.00 **The Hundred** Trent Rockets Men v Birmingham Phoenix Men.
5.30 **to 6.00** AM **The Hundred**

Sky Sports Golf

406 406 515 505 423 443

6.00 AM **Women's Golf**
7.00 **Ladies European Tour Golf**
9.00 **LPGA Tour Golf**
1.00 PM **Ladies European Tour Golf**
2.00 **LPGA Tour Golf**
4.00 **LPGA Tour Golf** Action from day four of the Canadian Women's Open in Ontario, Canada.
6.00 **PGA Tour Champions** Highlights from the Ally Challenge.
7.00 **PGA Tour: The Cut**
7.30 **Tour Golf Highlights** Action from the Dutch Futures.
8.00 **Countdown to the Ryder Cup**
8.30 **My Ryder Cup** Player memories.
9.00 **Ladies European Tour Golf** The PIF London Championship.
10.00 **PGA Tour Golf** A review of the Tour Championship tournament.
11.00 **Tour Golf Highlights**
11.30 **PGA Tour Champions**
12.30 AM **Tour Golf Highlights**
1.00 **Ladies European Tour Golf**
2.00 **to 6.00** AM **DP World Tour Golf**

Sky Sports Tennis

408 408 537 520 425 445

6.00 AM **WTA Tennis** Canadian Open.
6.30 **US Open Tennis** The third day.
3.30 PM LIVE **US Open Tennis** Coverage of day four of the Grand Slam event at the USTA Billie Jean King National Tennis Center in Flushing Meadows. Great Britain's Katie Boulter was among the seeded players to be eliminated on the corresponding day last year.
12.00 M'T LIVE **US Open Tennis** Further coverage of day four of the Grand Slam event at the USTA Billie Jean King National Tennis Center in Flushing Meadows.
5.30 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **WNBA** Recent highlights.
7.00 LIVE **Snooker: Wuhan Open** Coverage of the opening session of round three from China.
10.00 LIVE **AFL Gold Coast Suns v Essendon.** From Carrara Stadium. Bounce-up **10.20am**.
1.00 PM **MLB Highlights**
2.00 **The Gruppetto** Cycling action.
2.15 **La Vuelta Men** Stage four.
3.15 LIVE **Cycling: La Vuelta Men** Stage five of the Grand Tour race, a 20km team time-trial staged around the city of Figueres.
6.00 **TNT Sports Reload**
6.30 **Serie A – Full Impact**
7.00 **Premier League Stories**
7.30 LIVE **UEFA Champions League** Coverage of a play-off round second-leg, as the teams continue their bids to reach the league phase. Kick-off **8.00pm**.
10.30 **Premier League Review**
11.30 LIVE **CPL Trinbago Knight Riders v Antigua & Barbuda Falcons.** The T20 match staged at Brian Lara Cricket Academy in Tarouba, Trinidad and Tobago.
3.45 AM **TNT Sports Cricket Reload**
4.00 **British Superbikes Highlights**
5.00 **to 6.00** AM **British Speedway**

TNT Sports 2

411 414 522 409 431

6.00 AM **La Vuelta Men** Stage four.
7.00 LIVE **Snooker: Wuhan Open** The opening session of round three of the tournament staged at Wuhan Gymnasium in China.
10.00 **Ally's Social Club**
10.30 **Sign Up – Into Football**
11.30 **The WRC Magazine**
12.00 NOON **The Gruppetto**
12.15 PM **Premier League Reload**
12.30 LIVE **Snooker: Wuhan Open** The second session of round three at Wuhan Gymnasium in China.
3.30 **Premier League: Big Interview**
4.00 **Premier League Review**
5.00 **Discovery Golf** The latest news.
5.30 LIVE **UEFA Champions League** A play-off round second-leg. Kick-off **5.45pm**.
7.45 LIVE **UEFA Champions League** Coverage of a play-off round second-leg, as the teams continue their bids to reach the league phase. Kick-off **8.00pm**.
10.00 **Snooker: Wuhan Open**
12.00 M'T **AFL** Another chance to see Gold Coast Suns v Essendon.
1.30 AM **TNT Sports Reload**
2.00 **Serie A – Full Impact**
2.30 **Snooker Wuhan Open**
4.30 **to 6.00** AM **Ultimate Pool**

Sky Sports Action

412 410 517 507 426 446

6.00 AM **Rugby League Retro** Another chance to see London Broncos v Canberra from 1997.
8.00 **Rugby League Retro** Another chance to see Widnes Vikings v Leeds Rhinos from 2002.
10.00 **The Rugby Championship** A chance to see South Africa v New Zealand from 2024.
12.15 PM **British and Irish Lions Tour** Invitational Australia & New Zealand XV v British & Irish Lions.
1.15 **Super League Highlights**
2.00 **Rugby League Retro** Replay of London Broncos v Canberra from the 1997 World Club Series.
4.00 **Rugby League Retro** Another chance to see Widnes Vikings v Leeds Rhinos from 2002.
6.00 **Rugby League Retro** Replay of London Broncos v Canberra from the 1997 World Club Series.
8.00 **Super League Retro** Replay of Bradford Bulls v Leeds Rhinos from the 2007 Magic Weekend.
10.00 **Rugby League Retro** Hull Kingston Rovers v Wakefield Trinity Wildcats from 2007.
12.00 M'T **Super League Retro**
2.00 AM **Rugby League Retro**
4.00 **to 6.00** AM **Super League**

Sky Sports Sky Sports+

404 404 518 508 427 447

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
9.00 **Good Morning Transfers**
10.00 **Sky Sports FC**
12.00 NOON **Transfer Talk**
1.00 PM **Lunchtime Live**
2.00 **Sports Desk**
3.30 LIVE **US Open Tennis** Coverage of day four of the Grand Slam event from the USTA Billie Jean King National Tennis Center in Flushing Meadows, New York.
7.00 **EFL Cup Build-Up** A preview of the evening's cup matches.
7.40 LIVE **EFL Cup** Coverage of a second-round match, as the Premier League teams that are not involved in the European competitions enter the tournament.
10.30 LIVE **US Open Tennis** Further coverage of day four of the Grand Slam event from the USTA Billie Jean King National Tennis Center in Flushing Meadows, New York. Great Britain's Katie Boulter was among the seeded players to be eliminated on the corresponding day last year, with Elena Rybakina, and Mirra Andreeva also knocked out of the women's draw.
5.30 **to 6.00** AM **Sky Sports News**

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **WTA Tennis** Cincinnati Open.
7.30 **The Hundred Bitesize**
8.00 **PGA Tour Golf**
9.00 **Indycar** The Milwaukee Mile 250.
10.00 **The Hundred Bitesize**
11.00 **LPGA Tour Golf**
1.00 PM **PDC Classics**
2.00 **PL Greatest Games**
3.00 **The Hundred Bitesize**
4.00 **Indycar** The Milwaukee Mile 250.
5.00 **LPGA Tour Golf** Action from day four of the Portland Classic.
7.00 **WTA Tennis** Monterrey Open.
8.00 **Indycar** The Milwaukee Mile 250.
9.00 **The Hundred Bitesize** Brief highlights of recent matches.
10.00 **PGA Tour Champions** Highlights from the Ally Challenge.
11.00 **PGA Tour Golf** A review of the Tour Championship tournament.
12.00 M'T **PL Greatest Games**
1.00 AM **PDC Classics** Archive action.
2.00 **PGA Tour Champions**
3.00 **EFL Greatest Games**
4.00 **to 6.00** AM **DP World Tour Golf**

TNT Sports 3

413 415 523 410 432

6.00 AM **UEFA Champions League**
8.00 **U20 Intercontinental Cup**
9.00 **NWSL** Recent highlights.
11.00 **UEFA Champions League**
1.00 PM **CPL Highlights**
1.30 **WNBA** Highlights of Atlanta Dream v New York Liberty.
2.30 **The WRC Magazine**
3.00 **No Filter Cycling**
3.15 LIVE **Cycling: La Vuelta Men** Stage five of the Grand Tour race, a 20km team time-trial staged around the city of Figueres.
6.00 **British Superbikes Rewind**
6.15 **Ultimate Pool** The Pairs Cup.
7.45 LIVE **UEFA Champions League** A play-off round second-leg. Kick-off is at **8.00pm**.
10.00 **La Vuelta Men** Action from stage five of the Grand Tour race.
11.00 **MotoGP Highlights**
12.00 M'T **UEFA Champions League**
4.00 AM **La Vuelta Men** Stage five.
5.00 **Serie A – Full Impact**
5.30 **to 6.00** AM **Discovery Golf**

TNT Sports 4

414 416 524 411 434

6.00 AM **AFL** GWS Giants v St Kilda.
7.30 **AFL** Western Bulldogs v Fremantle.
9.00 **Onboard** The Ocean Race.
9.30 **The WRC Magazine**
10.00 **British Superbikes Highlights**
11.00 **British Speedway** Action from Oxford Spires v King's Lynn Stars.
12.00 NOON **MotoGP** Highlights from the Grand Prix of Hungary.
3.30 PM **MotoGP Chequered Flag**
4.30 **MotoE Highlights**
5.00 **The WRC Magazine**
5.30 **MLB Plays of the Week**
6.00 LIVE **MLB Cleveland Guardians v Tampa Bay Rays.** Coverage of the American League match staged at Progressive Field. Start-time is at **6.10pm**.
9.00 LIVE **MLB Seattle Mariners v San Diego Padres.** Coverage of the inter-league match staged at T-Mobile Park. Start-time **9.10pm**.
12.15 AM **The Gruppetto**
12.30 **WNBA** Match highlights.
1.30 **to 6.00** AM **AFL**

Premier Sports 1

419 551

6.00 AM **Top 14 Rugby Union**
7.00 **Transworld Sport** Magazine.
8.00 **LaLiga Highlights**
9.00 **FIM Sidecarcross**
10.00 **DTM Highlights**
11.00 **Ultimate Karting**
12.00 NOON **LaLiga Highlights**
1.00 PM **Eredivisie Highlights**
2.00 **Scottish Football Social Club**
3.00 **LaLiga Match Highlights**
4.00 **NASCAR Highlights**
5.00 **Sporting Countdowns**
5.30 **FIM Sidecarcross**
6.30 **Football Highlights**
7.40 LIVE **German Cup Wehen Wiesbaden v Bayern Munich.**
10.30 **LaLiga Specials**
11.00 **Football's Greatest**
11.30 **LaLiga Highlights**
12.30 AM **PSA Squash Highlights**
1.30 **Top 14 Rugby Union**
2.30 **Transworld Sport** Magazine.
3.30 **World Surf League**
4.30 **Motorsport** Drew Gibson.
5.30 **to 6.00** AM **LaLiga Specials**

Premier Sports 2

420 552

6.00 AM **Football's Greatest**
6.30 **LaLiga Specials**
7.00 **LaLiga** Real Sociedad v Espanyol.
9.00 **Football's Greatest**
9.30 **FastZone** Motorsports highlights.
10.00 **LaLiga** Real Betis v Alavés.
12.00 NOON **LaLiga** Another chance to see Mallorca v Celta Vigo.
2.00 PM **Football's Greatest**
2.30 **NASCAR Xfinity Series**
5.30 **FastZone** Motorsports highlights.
6.00 **Bike World** Magazine.
6.30 **LaLiga Specials**
7.25 **Football's Greatest**
7.55 LIVE **LaLiga Celta Vigo v Real Betis.** The Spanish top-flight match staged at Estadio Abanca-Balaidos. Kick-off is at **8.00pm**.
10.00 **Football's Greatest**
10.30 **LaLiga Specials**
11.00 **LaLiga** Another chance to see Real Oviedo v Real Madrid.
1.00 AM **Football's Greatest**
1.30 **to 6.00** AM **Major League Cricket** Action from the final.

Sky Sports F1

407 407 516 506 424 444

6.00 AM **Formula 1** Highlights.
12.00 NOON **Formula 1** Highlights from the Canadian Grand Prix. **1.00** PM Austrian Grand Prix. **2.00** The British Grand Prix. **3.00** The Belgian Grand Prix. **4.00** The Spanish Grand Prix. **5.00** The Canadian Grand Prix.
6.00 **Formula 1** The Austrian Grand Prix at Red Bull Ring in Spielberg. **7.00** Action from the British Grand Prix staged at Silverstone. **8.00** The Belgian Grand Prix at Circuit de Spa-Francorchamps. **9.00** The Canadian Grand Prix. **10.00** The Austrian Grand Prix. **11.00** The British Grand Prix. **12.00** M'T Belgian Grand Prix.
1.00 **to 6.00** AM **The Home of F1**

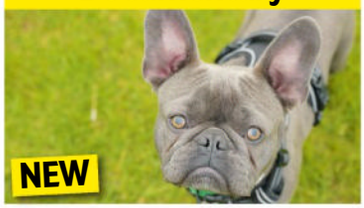
SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Thursday

28 August

Evening Planner

Documentary



The Dog House

C4, 8pm

We're back at Woodgreen Pets Charity, to see if the team can match French bulldog Spud with a perfect new owner.

Documentary

Dear Viv

BBC3, 9pm

A tribute to *RuPaul's Drag Race UK* winner The Vivienne, also known as James Lee Williams, who died in January.

Thriller

Atomic

Sky Atlantic & Sky Showcase, 9pm & 10pm

Alfie Allen stars as a smuggler who, along with Shazad Latif's outsider, is caught up in a high-risk trafficking mission.

OnDemand

NETFLIX

The Thursday Murder Club

Available today

Adaptation of Richard Osman's bestseller, starring Helen Mirren and Pierce Brosnan.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show †	7.30 EastEnders	8.00 MasterChef		9.00 Destination X		10.00 News; Local News	10.40 Tommy...
	102 BBC2	7.00 Athletics: Diamond League Zurich – Live: The Weltklasse Zürich				9.00 The Great Art Fraud		10.00 Limbs in the...	10.30 Newsnight
	103 ITV1	‹ 6.30 News	7.30 Emmerdale		8.30 Tom Kerridge...	9.00 The Fortune Hotel		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 The Dog House		9.00 The Jury: Murder Trial		10.00 First Dates	
	105 5	7.00 Kent: The Garden of England		8.00 The Hotel Inspector		9.00 Ben Fogle: New Lives in the Wild		10.00 Fare Dodgers: At War with the Law	
	106 SKY SHOWCASE	‹ 6.30 Film: Spider-Man 3				9.00 Atomic			
ENTERTAINMENT	115 BBC3	7.00 Horrible Histories		8.00 Top Gear		9.00 Dear Viv		10.05 Film: Eighth Grade	
	116 BBC4		7.15 Planet Earth		8.15 Talking Pictures: The...	9.00 Film: The Godfather			
	118 ITV2	‹ 6.30 Deal or No Deal	7.30 The Bachelor Australia			9.00 Family Guy			
	136 MORE4	‹ 6.55 Location, Location, Location		7.55 Grand Designs		9.00 24 Hours in A&E			
	135 E4	7.00 The Simpsons		8.00 Billion Pound Cruise		9.00 Celebs Go Dating		10.00 Gogglebox	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 The Equalizer		9.00 FBI		10.00 FBI: International	
	108 SKY ATLANTIC	‹ 6.50 Six Feet Under		7.55 Game of Thrones		9.00 Atomic			
	110 U&GOLD		7.20 Porridge	8.00 Red Dwarf	8.35 Not Going Out	9.10 The Vicar of Dibley		10.10 Not Going Out	
	111 U&DAVE	7.00 Would I Lie to You?		7.40 Richard Osman's House of Games		9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	‹ 6.55 Heartbeat		8.00 Vera				10.00 Law & Order: UK	
	120 ITV4	‹ 5.30 Racing: Racing League Live – The final round, from Southwell				9.00 Film: Pale Rider			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Russell Howard: Right Here Right Now		10.00 South Park	
	139 SKY SCI-FI	7.00 Primeval		8.00 Stargate Atlantis		9.00 The Leftovers			10.20 The Walking Dead
	113 SKY MAX	7.00 Stargate Atlantis		8.00 Friends: The Reunion				10.00 From	
	109 U&ALIBI	7.00 Father Brown		8.00 Death in Paradise		9.00 Annika		10.00 Death in Paradise	
	124 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Discovering: Alain Delon		9.00 The Directors		10.00 Douglas Adams: The Man Who...	
	132 U&W	7.00 MasterChef Australia		8.00 Inside the Ambulance		9.00 Stacey Dooley Sleeps Over		10.00 One Born Every Minute	
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers: Dream Car		8.00 Roadworthy Rescues		9.00 In the Eye of the Storm		10.00 Marooned with Ed Stafford	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Surviving Joe Exotic		9.00 Alaska: The Last Frontier		10.00 Mountain Monsters	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Inside Airport Lost & Found		9.00 Car S.O.S.		10.00 Destruction Decoded	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Swamp People: Serpent Invasion		9.00 Swamp Mysteries with Troy Landry		10.00 Alone	
	155 U&YESTERDAY	7.00 The Americas with Simon Reeve		8.00 Bangers & Cash					
	121 SKY DOCS	7.00 House of Kardashian		8.00 The Yogurt Shop Murders					10.30 Film: Bowling...
FILMS – Sky Cinema	301 PREMIERE	‹ 6.00 Sonic the Hedgehog 3		8.00 The Surfer			9.50 Heart Eyes		
	302 80S	‹ 6.00 Raiders of the Lost Ark		8.00 Indiana Jones and the Temple of Doom				10.00 Indiana Jones and the Last Crusade	
	303 HITS	‹ 6.00 Collateral		8.00 Twisters				10.05 The Surfer	
	304 GREATS	‹ 5.50 In the Line of Fire		8.00 Patriot Games				10.00 Enter the Dragon	
	305 ANIMATION		7.10 Rango			9.05 Teen Titans Go! to the Movies			10.35 Batman...
	306 BACK TO SCHOOL	‹ 5.50 Despicable Me 4		7.40 Spy Kids 3: Game Over			9.20 The Secret Garden		
	307 ACTION	‹ 5.35 Man of Steel		8.00 Bad Boys for Life				10.05 Godzilla	
	308 COMEDY	‹ 6.25 Disaster Movie		8.00 Big Daddy			9.40 Tropic Thunder		
	309 THRILLER	‹ 5.50 Nightcrawler		8.00 Jaws				10.15 Lawless	
	310 DRAMA	‹ 6.20 The Great Escaper		8.00 Schindler's List					
	311 SCI-FI	‹ 5.55 Terminator Salvation		8.00 I Am Legend			9.45 The Purge		
	313 FILM4		7.10 13 Going on 30			9.00 Beast			
SPORT	401 MAIN EVENT	‹ 3.30 US Open Tennis – Live: Coverage of day five of the Grand Slam							
	402 PREMIER LEAGUE	7.00 The Transfer Show		8.00 Big Interview	8.30 PL Stories	9.00 PL Review		10.00 Big Interview	10.30 PL Stories
	403 FOOTBALL	7.00 EFL Highlights		8.00 SPFL Round-Up	8.30 EFL Highlights	9.00 EFL Cup Highlights		10.00 SPFL Round-Up	10.30 EFL Highlights
	405 CRICKET	‹ 6.00 The Hundred Live – Live: Southern Brave Men v Welsh Fire Men (Start-time 6.30)					9.30 The Hundred	10.00 The Hundred Bitesize	
	410 TNT SPORTS 1	7.00 PL Stories	7.30 Serie A...	8.00 TNT Sports...	8.30 MLB – Live: San Francisco Giants v Chicago Cubs (Start-time 8.45pm)				
	411 TNT SPORTS 2	‹ 6.00 MLB – Live: Baltimore Orioles v Boston Red Sox (Start-time 6.05)					9.30 CPL Highlights	10.00 Snooker Wuhan Open	

‹ Denotes programmes starting before 7.00pm † Regions vary

THURSDAY

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Thursday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.30 **Animal Park** (S)(R)(AD)
10.15 **Countryfile Treasures** (S)(R)
11.15 **Homes Under the Hammer** New edition From north London, Co Durham and Norwich. (S)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Money for Nothing** (S)(R)
2.30 **Scam Interceptors** (S)(R)
3.00 **Escape to the Country** (S)(R)
3.45 **The Travelling Auctioneers** New edition Auctioneer James Broad examines a house packed full of interesting items. (S)
4.30 **The Answer Run** New edition (S)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

8.00 MasterChef

7 PM

7.00 **The One Show** Clara Amfo and Roman Kemp present the topical show. (S)
7.30 **EastEnders** Alfie finally admits the truth, George wants answers from Harry, and Patrick makes an announcement. (S)(AD)

8 PM

8.00 **MasterChef** New edition 11/24. The week's second heat sees the contenders attempting to turn an everyday ingredient into a dish worthy of an apron. Choices include beans, chicken and spinach. (S)(AD)
■ Continues tomorrow

9 PM

9.00 **Destination X** Series finale 10/10. The remaining contenders attempt to decrypt further location clues while being misled. Rob Brydon hosts, as the series reaches its conclusion. (S)(AD)

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **Tommy: The Good. The Bad. The Fury** 3/10. Molly-Mae's new series drops, and Tommy opens up about his drinking. Back in training, a comeback fight could be on the horizon, and hope finally returns. (S)(R)(AD)
11.10 **Tommy: The Good. The Bad. The Fury** 4/10. Things start to look up for Tommy. (S)(R)(AD)
11.40 **NEW Radio 1 at Reading and Leeds Festival** The festivals' biggest performances, headlined by Hozier, Chappell Roan, Bring Me the Horizon and Travis Scott. (S)
12.40 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.45 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.15 AM **Homes Under the Hammer** (R)
7.15 **The Travelling Auctioneers** (S)(R)
8.00 **Sign Zone: Gardeners' World** (R)
9.00 **BBC News** (S)
1.00 PM **Impossible** Quiz show. (S)(R)
1.45 **Bridge of Lies** Game show. (S)(R)
2.30 **The Tournament** Quiz. (S)(R)
3.15 **Great British Menu: The Finals** The finalists craft their desserts. (S) (R)
4.15 **Big Cats About the House** 2/3. Maya the jaguar begins to explore the house. (S)(R)(AD)
5.15 **Flog It!** From Hopetoun House near Edinburgh. (S)(R)
6.00 **Richard Osman's House of Games** With guests Diarmuid Gavin, Roo Irvine, John Kearns and Claire Richards. (S)(R)
6.30 **Rick Stein's Food Stories** The chef meets a trio of food pioneers in the West Country. (S)(R)(AD)

9.00 The Great Art Fraud

7 PM

7.00 **LIVE Athletics: Diamond League Zurich** Coverage of the second and concluding day of the Weltklasse Zürich, the 15th and final meeting of the campaign, held at Stadion Letzigrund in Switzerland. Double Olympic champion Beatrice Chebet of Kenya set a meeting record here last year, winning the women's 5,000m in a time of 14:09.52. (S)

8 PM

9 PM

9.00 **The Great Art Fraud** New edition 2/3. Inigo Philbrick and girlfriend Victoria vanish without a trace. As his victims realise they have been conned, the FBI launch a global manhunt. (S)(AD)
■ Entire series on BBC iPlayer

10 PM

10.00 **Limbs in the Loch: Catching a Killer** New edition 2/6. A nationwide hunt is launched for prime suspect William Beggs. (S)(AD)
10.30 **Newsnight** (S)
11.00 **Disaster at Sea: The Piper Alpha Story** 1/3. The story of how the 1988 disaster on the North Sea oil platform unfolded, told through the testimonies of rig workers and their families. (S)(R)(AD)
12.00 M'T **Sign Zone: Miriam Margolyes Discovers New Zealand** (S)(R)
1.00 AM **Sign Zone: Saving Lives at Sea** The Newhaven crew attempt to rescue a yachtsman. (S)(R)(AD)
2.00 **Sign Zone: King & Conqueror** (R)
3.35 **to 6.15** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Celebrity Catchphrase** Stephen Mulhern hosts a charity edition of the game show, with Adjoa Andoh, Adrian Chiles and Trevor Nelson trying to win a £50,000 jackpot for their chosen good causes. (S)(R)(AD)
3.00 **Lingo** Word-based quiz show hosted by Adil Ray. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

8.30 Tom Kerridge Cooks Spain

7 PM

7.30 **Emmerdale** Moira confronts Dylan, while Robert and Ross argue, and John is up to something. (S)(AD)

8 PM

8.30 **Tom Kerridge Cooks Spain** Series finale The chef's journey draws to a close in Catalonia, on the Ebro Delta. Later he visits Lleida, the produce heartland of the region, as the donut peaches come into season. (S)(AD)

9 PM

9.00 **The Fortune Hotel** New edition 7/8. The four remaining pairs face a Hotel Game that sees them targeting one another with daggers, but only if they can answer questions about their rivals. (S)(AD)
■ Concludes tomorrow

10 PM

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **FILM Dawn of the Planet of the Apes** Sci-fi thriller sequel starring Andy Serkis and Jason Clarke. The leader of a colony of super-intelligent apes tries his best to prevent his tribe going to war against the human race. With Gary Oldman. (S) (2014, 12, 125min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.50 AM **Teleshopping**
3.00 **The Fortune Hotel** As shown at 9.00pm. (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Jimmy & Shivi's Farmhouse Breakfast** With Candice Brown. (S)(SL)(R)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.25 AM **Cheers** 12-15/27. (S9) (S)(R)
8.10 **The King of Queens** (S)(R)(AD)
9.10 **Frasier** 20-24/25. (S11) (S)(R)(AD)
11.10 **Ramsay's Kitchen Nightmares USA** From Boston. (S)(R)
12.05 PM **News** (S)
12.10 **A New Life in the Sun** (S)(R)
1.10 **Car S.O.S** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **The Great House Giveaway** Handyman Ned and estate agent Josh transform a three-bed terrace in Crosby, Merseyside. (S)(R)
5.00 **Chateau DIY** Tim and Margreeth continue with their woodland mindfulness project. (S)(R)(AD)
6.00 **Sun, Sea and Selling Houses** In Alicante, sisters Sophie and Charlotte Rodriguez catch up with two of their former clients. (S)(R)

10.00 First Dates

7 PM

7.00 **News** (S)

8 PM

8.00 **NEW SERIES The Dog House** Woodgreen Pets Charity try to match more abandoned dogs with new owners. One-year-old French bulldog Spud bursts into the pen, searching for what would be already his fourth home in his short life. (S)(AD)

9 PM

9.00 **The Jury: Murder Trial** New edition 3/4. The prosecution cross-examine the defendant. The jurors become increasingly divided and a character statement leaves both juries conflicted. (S)(AD)
■ Concludes tomorrow

10 PM

10.00 **First Dates** New edition Sparks fly as *TOWIE*'s Leah Wright attends the resturant seeking some old-school romance with ex-bouncer Steve. Plus, a nervous first-timer meets a confident dater. (S)(AD)
11.05 **Gogglebox** Views on *The Masked Dancer* and *Bad Sisters*. (S)(SL)(R)
12.05 AM **Ramsay's Kitchen Nightmares USA** (S)(SL)(R)
1.00 **FILM Another Round** Oscar-winning Danish comedy drama starring Mads Mikkelsen. Subtitled. (S) (2020, 12, 120min) ★★★★
3.00 **Crime Scene Cleaners** (S)(R)
3.55 **The Big Pound Shop Swap** (S)(R)
4.50 **George Clarke's Amazing Spaces**
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley with Matt Allwright** Topical debate. (S)
12.30 PM **Vanessa** Discussion. (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.15 FILM **My Missing Sister** Thriller starring Kelly Sullivan. (S) (2022, 12, 100min) ★★
3.55 **All Creatures Great and Small Christmas Special** *The Perfect Christmas:* 7/7. James and Helen question their future together. (S2) (S)(R)(AD)
5.00 **News** (S)
6.00 **Bargain-Loving Brits in the Sun** Colin organises a Halloween-themed family fun day at his animal rescue centre. (S)(R)(AD)
6.55 **News** (S)

9.00 New Lives in the Wild

7.00 **Kent: The Garden of England** 4/5. Cameras tour Hever Castle, once the home of the second wife of King Henry VIII, Anne Boleyn. (S)(R)
7.55 **News** (S)

8.00 **The Hotel Inspector** New edition 7/8. On the edge of the Wye Valley in Gloucestershire, Alex Polizzi checks into the Farmer's Boy Inn, a roadside pub with rooms where a pie obsession runs deep. (S)

9.00 **Ben Fogle: New Lives in the Wild** Series finale 3/3. In northern Thailand, Ben reconnects with Yidan, who left urban life in China to start a farm, and learns how memories from her past shaped her path. (S)

10.00 **Fare Dodgers: At War with the Law** Six revenue protection officers from South Western Railway set a trap to block rush-hour fare dodgers at London's Vauxhall. (S)(R)

11.05 **Motorway Cops: Catching Britain's Speeders** (S)(R)
12.05 AM **Soldier: For King and Country** Documentary. (S)(R)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **Susan Calman's Grand Day Out** North Yorkshire Moors. (S)(R)
3.50 **Friends** (S1) (S)(R)(AD)
4.40 **The Wonderful World of Chocolate** (S)(SL)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Sky News Breakfast**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate Atlantis** (S4) (S)(R)
11.00 **Hope for Wildlife: The Next Generation** (S)(R)(AD)
12.00 NOON **The Simpsons** (S)(R)
1.00 PM **Hawaii Five-0** (S1) (S)(R)
3.00 **NCIS: Los Angeles** (S14) (S)(R)
4.00 **S.W.A.T.** *Pariah:* 9/22. The team tackle a series of random shootings. (S6) (S)(R)(AD)
5.00 **The Simpsons** *The Two Mrs Nahasapeemapetilons:* When Apu's mother visits town, he pretends Marge is his wife. (S)(R)
5.30 *Teenage Mutant Milk-Caused Hurdles:* Bart has a crush on his new teacher. (S)(R)
6.00 *Lisa the Skeptic:* Lisa finds an unusual fossil while on an archaeological dig. (S)(R)

6.30 Spider-Man 3

6.30 FILM **Spider-Man 3** Fantasy adventure sequel starring Tobey Maguire and Kirsten Dunst. A mysterious substance turns Spider-Man's suit jet-black and brings out a dark side to his personality. He must conquer his inner demons before he can defeat two new adversaries. With James Franco, Thomas Haden Church and Topher Grace. (S) (2007, 12, 139min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

9.00 NEW SERIES **Atomic** *Al Britani:* 1/5. Action adventure based on William Langewiesche's non-fiction book *Atomic Bazaar*, starring Alfie Allen and Shazad Latif. *See feature, page 4.* (S)

10.00 **Atomic** New episode *Baal:* 2/5. Max receives evidence that the cartel has kidnapped his girlfriend Laetitia and he must take the statues all the way to Marrakech if he is to save her. (S1) (S)

11.00 **Micky Flanagan: An' Another Fing Live** A stand-up show recorded at London's O2 Arena as part of the comedian's sell-out 2017 tour. (S)(R)
12.50 AM **Curb Your Enthusiasm** 3&4/10. Double bill. (S4) (S)(R)
2.00 **Sex and the City** (S1) (S)(R)
2.35 **The Office (US)** (S2) (S)(R)
3.05 **NCIS: Los Angeles** (S14) (S)(R)
4.00 **S.W.A.T.** 9/22. (S7) (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
7.00-7.30pm River City (S)(R) **11.40** Scotcast (S)(R) **12.10am** NEW Radio 1 at Reading and Leeds Festival (S) **1.10** Weather for the Week Ahead (S) **1.15-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
No variations

WALES
Sky 965, Virgin 864, Freesat 965
No variations

BBC2

N. IRELAND
Sky 969, Freesat 969
10.00-10.30pm NEW SERIES Limbs in the Loch: Catching a Killer: A murder investigation by Strathclyde police. (S)(AD)

WALES
Sky 968, Freesat 968
6.00pm Richard Osman's House of Games (S)(R) **6.30-7.00** Scrum V: The Warm Up **11.00** Beacons: Short Films from Wales New episode (S) **11.05** Don Rodolfo (S)(R) **11.20** Rick Stein's Food Stories (S)(R)(AD) **11.50pm-12.00m't** Blue Planet II: Into the Blue (S)(R)

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Colleen Ramsey: Bywyd a Bwyd **12.30** Heno **1.00** Trysorau Cymru: Tir, Tai a Chyfrinachau (AD) **1.30** Trysorau Cymru: Tir, Tai a Chyfrinachau (AD) **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Prosiect Pum Mil **4.00** Awr Fawr **5.00** Stwnsh **6.00** Busnes Bwyd **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm New episode (AD) **8.25** Gwladfa: Gwilym Bowen Rhys **8.55** Newyddion a'r Tywydd **9.00** Y Babell Lên 2025 New edition **10.30** Colli Cymru I'r Môr (AD) **11.30-12.05am** Cartrefi Cymru

TV&Satellite week
Best for Sky and Virgin

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **Horrible Histories** A compilation of songs from the second series. **7.30** A French prankster from the Middle Ages.
7.55 **The Catch Up**
8.00 **Top Gear** The team find the perfect car for 17-year-olds.
9.00 NEW **Dear Viv** A celebratory, deeply personal portrait tracing the life and legacy of *Drag Race UK* winner The Vivienne, who died in January 2025.
10.05 FILM **Eighth Grade** Comedy drama starring Elsie Fisher. An introverted 13-year-old tries to make it through eighth grade before starting high school. (2018, 15, 93min) ★★★★★
11.35 NEW **Austin Butler: The Story So Far**
12.00 M'T **Tommy: The Good. The Bad. The Fury**
1.00 AM **Top Gear** As 8.00pm.
2.05 **The Fast and the Farmer-ish** Documentary.
2.35 **Rocket Fuel** Comedy.
2.50 **to 3.55** AM **Tommy: The Good. The Bad. The Fury**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Space Age Reptiles** David Attenborough investigates the world of geckos, reptiles with incredibly sticky feet.
7.15 **Planet Earth** David Attenborough looks at subterranean life in the world's darkest caves.
8.15 **Talking Pictures: The Godfather Trilogy** New edition Celia Imrie takes viewers on a journey through the BBC's archives, exploring the story behind Francis Ford Coppola's acclaimed *Godfather* trilogy.
9.00 FILM **The Godfather** Francis Ford Coppola's classic gangster saga of a Mafia family engaged in bloody war with rival crime families. Stars Marlon Brando, Al Pacino and James Caan. (1971, 15, 167min) ★★★★★
11.45 FILM **The Godfather Part II** Francis Ford Coppola's epic gangster sequel starring Al Pacino. (1974, 18, 200min) ★★★★★
3.00 **to 4.00** AM **Tribe**

MORE4

136/137 127 147 18 124 15

8.55 AM **Find It, Fix It, Flog It**
10.00 **A Place in the Sun**
10.30 **A Place in the Sun: Home or Away**
11.35 **A Place in the Sun**
12.35 PM **Come Dine with Me** Five editions of the contest from the Welsh valleys.
3.10 **Four in a Bed** Five editions of the B&B challenge.
5.55 **Location, Location, Location** Kirstie and Phil go house-hunting in Essex.
6.55 A search for properties in south and east London.
7.55 **Grand Designs** Kevin McCloud visits a couple building a home that looks like a work of art overlooking a south Devon valley, with large zinc shards jutting out in all directions.
9.00 **24 Hours in A&E** A seven-year-old boy is brought in after falling from a tree, a 66-year-old man has collapsed at home and an eight-year-old is suffering from severe hay fever.
10.00 **24 Hours in A&E** A 13-year-old boy arrives by helicopter after a collision during a game of baseball, while parents bring in their six-month-old daughter.
11.05 **Emergency Helicopter Medics** Documentary.
12.05 AM **The Good Doctor**
1.05 **24 Hours in A&E**
3.15 **to 3.45** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Modern Family**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **Brooklyn Nine-Nine**
9.00 **The Simpsons**
10.00 **Young Sheldon**
11.00 **Modern Family**
12.00 NOON **The Big Bang Theory** (S3&4)
2.00 PM **Brooklyn Nine-Nine**
3.00 **The Simpsons**
4.00 **The Big Bang Theory**
6.00 **The Simpsons**
7.00 **The Simpsons** *Lost Verizon:* Bart steals a mobile phone. **7.30** *Bart Has Two Mommies:* Bart is kidnapped by a lonely chimpanzee.
8.00 **Billion Pound Cruise** Behind the scenes of the *Symphony of the Seas*.
9.00 **Celebs Go Dating** New edition Dr Tara spices up the morning at the agency for Paul and Anna.
10.00 **Gogglebox** Appraisals of *The Third Day* and *Des*.
11.05 **First Dates: Valentine's**
12.05 AM **The Big Bang Theory**
1.05 **The Simpsons**
1.35 **Rick and Morty**
2.05 **Mike Tyson Mysteries** New episode (S4)
2.30 **Celebs Go Dating**
3.30 **Brooklyn Nine-Nine**
4.20 **Young Sheldon**
5.05 **Modern Family**
5.30 **to 6.00** AM **Brooklyn Nine-Nine**

+1 hr 235/236 306 30 123 256

THURSDAY Entertainment

Thursday

Sky Witness

107 107 110 341 356

6.00 AM **Motorway Patrol**
7.00 **Border Security: America's Front Line** Double bill.
8.00 **Border Patrol** Double bill.
9.00 **UK Border Force**
10.00 **Brit Cops: Rapid Response**
11.00 **Bondi Rescue** Double bill.
12.00 NOON **FBI** 6/22. Maggie returns to help the team investigate two homicides. (S5)
1.00 PM **FBI: International** 5/22. The Fly Team search for a Romanian surrogate (S2)
2.00 **Caught on Dashcam**
4.00 **Nothing to Declare**

9.00 FBI

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Fish Town**
8.00 **True Blood** 3&4/12. (S5)
10.10 **Six Feet Under** (S5)
12.20 PM **Game of Thrones** (S1)
1.25 **Babylon Berlin** 5&6/12. (S4)
3.35 **True Blood** 5/12. Sookie becomes involved in Bill and Eric's mission to find the missing Russell Edgington. **4.40** 6/12. Russell Edgington manages to fall into the hands of the Authority. (S5)
5.45 **Six Feet Under** 10/12. Keith makes an embarrassing discovery at work. (S5)

9.00 Atomic

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S1)
8.00 **The Blacklist** 6/22. (S9)
9.00 **Stargate Atlantis** (S4)
11.00 **SEAL Team** 1/20. (S3)
12.00 NOON **The Blacklist** (S9)
1.00 PM **Hawaii Five-0** (S1)
3.00 **NCIS: Los Angeles** (S14)
4.00 **S.W.A.T.** 9/22. One member of the team's family connections could be the key to stopping a series of shootings. (S6)
5.00 **SEAL Team** 22/22. Bravo's future is uncertain. (S2)
6.00 **Stargate Atlantis** 13/20. The city goes into lockdown. (S4)

10.00 From

ITV2

118 122 115 6 113 6

6.00 AM **Highlights**
8.40 **Billie and Greg**
9.40 **The Only Way Is Essex**
10.25 **Real Housewives of Potomac**
11.20 **Real Housewives of Salt Lake City** Reality series.
12.10 PM **Buying the View**
12.40 **Billie and Greg**
1.45 **The Only Way Is Essex**
2.45 **The Bachelor Australia**
3.45 **Real Housewives of Potomac**
5.00 **Real Housewives of New Jersey** Reality series.
6.00 **In for a Penny** Game show.

9.00 Family Guy

ITV3

119 123 117 10 115 7

6.00 AM **Classic Emmerdale**
7.00 **Classic Coronation Street**
8.10 **Midsomer Murders**
10.15 **The Royal** *Doing the Rounds.*
11.20 **Heartbeat** Double bill.
1.35 PM **Classic Emmerdale**
2.40 **Classic Coronation Street**
3.40 **Midsomer Murders** *King's Crystal:* A family glassware business collapses after the death of one of its partners.
5.50 **Heartbeat** *Heroes and Villains:* Ventress investigates missing golf balls, and some lads break into a local war hero's home.

8.00 Vera

7 PM

Sky Witness
7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

Sky Atlantic
6.50 **Six Feet Under** *Static:* 11/12. David is plagued by nightmares six weeks after the funeral. (S5)
7.55 **Game of Thrones** *Baelor:* 9/10. Ned faces a fateful decision to save Sansa's life, and Tyrion is forced onto the battlefield. (S1)

Sky Max
7.00 **Stargate Atlantis** *Harmony:* 14/20. Sheppard and McKay come to the aid of a child princess. (S4)

ITV2
6.30 **Deal or No Deal** Ellie gets her chance to open the iconic red boxes.
7.30 **The Bachelor Australia** New edition Jimmy's search for love hits some serious turbulence when he meets the remaining girls' nearest and dearest in Hometowns Week.

ITV3
6.55 **Heartbeat** *Love Me Do:* The new sergeant finally arrives, and everyone is under suspicion when a girl reports a stalker.

8 PM

Sky Witness
8.00 **The Equalizer** *Hard Money:* 15/18. McCall is forced to ask her ex-husband for help with a gunshot victim. (S2)

Sky Max
8.00 **Friends: The Reunion** One-off special in which Jennifer Aniston, Lisa Kudrow, Courteney Cox, David Schwimmer, Matt LeBlanc and Matthew Perry get together to catchup and reminisce about the hit comedy.

ITV3
8.00 **Vera** *Shadows in the Sky:* When a dock worker plunges from a multi-storey car park, Vera investigates a work dispute over a young man's death and uncovers a life of secrets and lies.

9 PM

Sky Witness
9.00 **FBI** New episode *Doubted:* 4/22. The sister of an FBI profiler is the victim of an attempted kidnapping. (S7)

Sky Atlantic
9.00 **NEW SERIES Atomic** *Al Britani:* 1/5. Action adventure starring Alfie Allen and Shazad Latif. *See feature, page 4.*

ITV2
9.00 **Family Guy** 14/20. Peter decides to go on a diet. **9.30** 15/20. The guys volunteer to chaperone the high school prom.

10 PM

Sky Witness
10.00 **FBI: International** New episode *The Unwinnable War:* 4/22. Tate goes on her first undercover mission. (S4)
11.00 **Bull** 10/22. (S6)
12.00 M'T **Law & Order: Organized Crime** 13/13. (S4)
1.00 AM **Chicago Med** New episode
2.00 **Chicago Fire** New episode
3.00 **Chicago PD** New episode
4.00 **Send in the Dogs**
5.00 **to 6.00** AM **The Real A&E**

+1 hour 207 310

Sky Atlantic
10.00 **Atomic** New episode *Baal:* 2/5. Max receives evidence that the cartel have kidnapped his girlfriend Laetitia. (S1)
11.00 **The Last of Us** 1/9. Post-apocalyptic drama. (S1)
12.35 AM **The Sopranos** 3/13. (S2)
1.35 **Dexter: New Blood** (S1)
2.35 **Julia** 4/8. (S1)
3.30 **Game of Thrones** 9/10. (S1)
4.35 **In Treatment** (S1)
5.05 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

Sky Max
10.00 **From** *The Way Things Are Now:* 2/10. At Colony House, Tabitha and Julie grapple with their new nightmarish reality. (S1)
11.00 **The Force: North East**
1.00 AM **Road Wars** Chris and Simon arrest a biker who is armed with nunchucks.
2.00 **Peacemaker** New episode 2/8. Superhero action comedy with John Cena. (S2)
3.00 **NCIS: Los Angeles** 14/21. (S14)
4.00 **S.W.A.T.** 9/22. (S6)
5.00 **to 6.00** AM **Highway Patrol**

ITV2
10.00 **Family Guy** 16/20. The Griffins give commentary on a recent episode. **10.30** 8/20. Stewie and Brian become rivals. (S17)
11.00 **Family Guy** 9/20. (S17)
11.30 **American Dad!** (S13)
12.30 AM **Bob's Burgers** 4/22. (S9)
1.00 **Olivia Attwood's Bad Boyfriends** Reality series.
2.00 **Karaoke Club: Drag Edition**
3.00 **Teleshopping**
4.00 **to 4.30** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3
10.00 **Law & Order: UK** *Confession:* 4/7. Devlin investigates the murder of a police sergeant he had been friends with since childhood. (S3)
11.00 **Law & Order: UK** 5/7. Brooks and Devlin investigate the murder of a prison officer. (S3)
11.50 **Professor T** 4/6. (S2)
12.55 AM **A Cruel Love: The Ruth Ellis Story** 4/4. Drama. (S1)
1.55 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **Our Lives: Female Fishermen – Beyond the Buoys** The lives of three young women working as fishermen.
8.00 **Beechgrove Garden** New edition Judging day approaches in the vegetable plot contest.
8.30 **Jules and Greg's Wild Swim** The River Tay.
9.00 **Facelift** 2/4. Building work gets under way at the hospital.
10.00 **Two Doors Down** 3/6. Ian's school friend turns up out the blue. (S7)
10.30 **NEW SERIES The Big Scottish Book Club** 1/3. With guests John Niven, Hallie Rubenhold and Desiree Burch.
11.00 **Scotcast** New edition Topical discussion.
11.30 PM **to 12.00** M'T **Scot Squad** 4/6. (S4)

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Will & Grace** (S1)
9.00 **The Conners** (S3)
10.00 **The Office (US)** (S2)
11.00 **Sex and the City** (S3)
12.20 PM **Girls** 3&4/10. (S6)
1.30 **Sex and the City** (S3)
2.40 **Girls** 5&6/10. (S6)
4.00 **The Office (US)** (S2)
5.00 **Will & Grace** (S1)
6.00 **The Conners** (S3)
7.00 **The Office (US)** (S2)
8.00 **Will & Grace** 15/22. Part two of two. Will learns about Grace and Sam. **8.30** 16/22. The duo vie for the affections of a new tenant. (S1)
9.00 **Lucy Beaumont: Live from Royal Court Theatre** Stand-up show.
10.00 **And Just Like That...** *When in Rome...* 3/10. Carrie learns of a surprising development involving Big's ex. (S1)
11.00 **Entourage** (S2)
1.00 AM **Veep** 7&8/10. (S1)
2.20 **Curb Your Enthusiasm**
3.40 **to 5.00** AM **Barry**

Sky Arts

124/125 114/115 123 36 143 24 350 365

6.00 AM **André Rieu: Live in Maastricht V**
8.05 **The Joy of Painting**
9.05 **Tales of the Unexpected**
10.05 **Hitchcock Presents**
11.05 **The Directors**
12.00 NOON **Discovering**
1.00 PM **Tales of the...**
2.00 **Cleo Laine: The Unseen Home Movies**
3.00 **World War II & Cinema**
4.00 **The Directors**
5.00 **Discovering**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Discovering: Alain Delon**
9.00 **The Directors**
10.00 **Douglas Adams: The Man Who Imagined Our Future**
11.30 **The Art of Film**
12.30 AM **David Baddiel: The Not the Trilogy – Fame: Not the Musical**
1.50 **Voices of Ireland**
3.10 **Inside Art**
3.40 **to 6.00** AM **National Treasures**

Sky Mix

151 158 135 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: Canada's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: Canada's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Enterprise**
5.00 **Stargate SG-1** (S7)
6.00 **Star Trek: Voyager** (S1)
7.00 **Star Trek: The Next Generation** 17/22. (S2)
8.00 **Star Trek: Deep Space Nine** 1/26. (S4)
9.00 **Britain's Most Evil Killers** A profile of Hassan Al Shatanawi.
10.00 **The Real Manhunter**
11.00 **Grimm** 3/13. (S6)
12.00 M'T **Killer in My Village**
1.00 AM **Nothing to Declare**
2.00 **Brit Cops: Rapid Response** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Patrol**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Lingo** Word-based quiz hosted by Adil Ray.
10.00 **Tipping Point** Triple bill of the game show.
1.00 PM **Lingo** Word-based quiz hosted by Adil Ray.
2.00 **In with a Shout** Game show hosted by Joel Dommett.
3.00 **Tenable** Double bill of the quiz show hosted by Warwick Davis.
5.00 **Deal or No Deal** Stephen Mulhern hosts the game show.
6.00 **Lingo** Double bill of the word-based quiz show hosted by Adil Ray.
8.00 **Deal or No Deal** Stephen Mulhern hosts the game show in which a contestant takes on the ruthless Banker.
9.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.00 M'T **In with a Shout** Game show hosted by Joel Dommett.
12.55 **to 1.00** AM **Unwind**

GREAT! tv

157 167 170 34 48

8.00 AM **Father Dowling Mysteries** 14/22. (S3)
9.00 **Diagnosis Murder**
10.00 **Little House on the Prairie** 20&21/23. (S3)
12.00 NOON **Highway to Heaven** 9/24. (S2)
1.00 PM **Father Dowling Mysteries** 19/22. (S3)
2.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
8.00 **M*A*S*H** 3&4/22. (S10)
9.00 **FILM The Mountain Between Us** Adventure with Idris Elba and Kate Winslet. A neurosurgeon and a bride-to-be attempt to survive when their plane crashes. (2017, 12, 112min) ★★
11.20 **The Avengers** (S5)
12.20 AM **M*A*S*H** (S10)
1.20 **Airline USA**
2.00 **Hart to Hart** 5/22. (S5)
3.00 **Crazy Like a Fox** (S2)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **Nine Dart Finishes**
6.05 **Minder**
7.05 **Kojak** Double bill.
9.15 **Magnum, PI** Double bill.
11.15 **Giant Lobster Hunters**
12.15 PM **Kojak** Double bill.
2.20 **Magnum, PI**
4.25 **The Saint** *The Queen's Ransom:* A former monarch enlists Templar's help.
5.30 LIVE **ITV Racing: Racing League** Megan Nicholls presents coverage of the sixth and final round of the season, which comes from Southwell.

5.30 Racing League

LIVE ITV Racing: Racing League (started at 5.30pm)

9.00 FILM **Pale Rider** Western starring Clint Eastwood. A mysterious lone horseman protects a mining settlement against ruthless land-grabbers. With Michael Moriarty and Carrie Snodgress. (1985, 15, 115min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 FILM **The Italian Job** Crime thriller inspired by the classic 1960s caper, starring Mark Wahlberg and Charlize Theron. (2003, 12, 110min) ★★★
1.20 AM **The Protectors**
1.55 **BattleBots**
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 5/26. (S1)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: Deep Space Nine** 13/20. (S1)
2.00 **Primeval** 7/10. (S3)
3.00 **Stargate Atlantis** 17/20. (S3)
4.00 **Star Trek: Voyager** (S7)
5.00 **Star Trek: Deep Space Nine**
6.00 **Star Trek: The Next Generation** 5/26. The crew have their first encounter with the Ferengi. (S1)

11.10 Westworld

7.00 **Primeval** 7/10. A wounded dinosaur and a medieval knight on horseback appear through an anomaly. (S3)

8.00 **Stargate Atlantis** *Sunday:* 17/20. McKay is faced with a mysterious incident when a blast rips through the city. (S3)

9.00 **The Leftovers** *The Book of Nora:* 8/8. In the final episode, Nora makes the decision to enter Dr Eden and Dr Bekker's machine. (S3)
10.20 **The Walking Dead** *The Lucky Ones:* 12/24. Aaron and Maggie encounter Governor Pamela Milton. (S11)

11.10 **Westworld** 5/10. Maeve and her allies discover a new world.
12.20 AM 6/10. Elsie gets closer to uncovering the truth about Delos, and Dolores calculates her next move. (S2)
1.30 **True Blood** 5&6/10. (S6)
3.30 **Primeval** As 7.00pm.
4.20 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S12)
9.00 **Father Brown** As 6.00pm.
10.00 **The Mentalist** 4/23. (S2)
11.00 **Hudson & Rex** 17/20. (S5)
12.00 NOON **Father Brown**
1.00 PM **Death in Paradise** (S6)
2.00 **Murdoch Mysteries**. (S12)
4.00 **The Mentalist** 4/23. (S2)
5.00 **Hudson & Rex** 17/20. Charlie gets a break in a long-unsolved kidnapping case that has haunted him for years. (S5)
6.00 **Father Brown** *The Horns of Cernunnos:* A young woman is plagued by otherworldly visions.

5.00 Hudson & Rex

7.00 **Father Brown** *The Island of Dreams:* A visit to Chummy's holiday camp leads to a murder mystery. Guest stars Ted Robbins.

8.00 **Death in Paradise** *Man Overboard – Part Two:* 6/8. The detectives find themselves with two murders to solve. (S6)

9.00 **Annika** 4/6. The team are called in when writer Cara Gibson is found dead under a bridge. (S1)

10.00 **Death in Paradise** *The Perfect Murder:* 6/8. A volleyball player is murdered. Guest stars Joe Absolom. (S4)
11.00 **Father Brown** As 6.00pm.
12.00 M'T **White Collar** 5/16. Neal and Peter help a woman targeted by hitmen and plan to fake her murder to get closer to her prospective killers. (S2)
1.00 AM **Death in Paradise**
2.00 **to 4.00** AM **Elementary**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.40 AM **Highlights**
8.50 **Last of the Summer Wine**
10.10 **Are You Being Served?**
10.50 **Porridge**
11.30 **Last of the Summer Wine**
12.50 PM **Keeping Up Appearances**
1.30 **Don't Wait Up**
2.00 **Dad's Army**
2.40 **Porridge**
3.20 **Last of the Summer Wine**
4.40 **Don't Wait Up**
5.20 **Keeping Up Appearances**
6.00 **Are You Being Served?**
6.40 **Dad's Army**

8.35 Not Going Out

7.20 **Porridge** Peace evades the inmates of Slade Prison, and Fletcher's bid to find a little tranquillity seems destined to fail.

8.00 **Red Dwarf** Rimmer and Lister are forced to play a game of basketball .
8.35 **Not Going Out** Guy showers Lucy with gifts, causing Lee to become suspicious of his motives.
9.10 **The Vicar of Dibley** A summer water shortage presents problems for the locals – especially Alice.
10.10 **Not Going Out** Lucy announces to the friends that she is pregnant.
10.50 Lee wins £1,000 in a writing competition.

11.30 **Inside No 9**
12.05 AM **The Vicar of Dibley**
1.05 **Not Going Out**
2.30 **Inside No 9**
3.00 **Not Going Out**
3.30 **to 4.00** AM **Don't Wait Up**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Pointless** Quiz show.
8.00 **Border Force: America's Gatekeepers** Double bill.
10.00 **Railroad Australia**
12.00 NOON **Celebrity Storage Hunters** Double bill.
2.00 PM **Railroad Australia**
3.00 **Top Gear** Double bill.
5.00 **Rick Stein's Fresh Food** Tips for cooking on a budget.
5.30 A former schoolteacher who lives like a Victorian.
6.00 **Hairy Bikers' Best of British** Si and Dave explore Britain's fondness for picnics.

10.00 Have I Got a Bit More...

7.00 **Would I Lie to You?** With Steve Davis, Craig Parkinson, Sara Pascoe and Claudia Winkleman.
7.40 **Richard Osman's House of Games** With Jessica Knappett and Alex Jones.
8.20 Steve Cram, Lloyd Griffith, Jeanette Kwakye and Josie Long take part.

9.00 **QI XL** Guests Bill Bailey, Sandi Toksvig and Susan Calman join regular panellist Alan Davies and host Stephen Fry.

10.00 **Have I Got a Bit More News for You** Bill Bailey hosts the satirical quiz, with guests Helen Lewis and Daliso Chaponda.
11.00 **Taskmaster** The five comics go undercover as they try to impress Greg Davies.
12.00 M'T **Mock the Week**
12.40 AM **Would I Lie to You?**
2.00 **Hate Thy Neighbour**
2.55 **to 4.00** AM **Richard Osman's House of Games**

+1 hour 211/212 327 74 259

7 PM
8 PM
9 PM
10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **Car S.O.S**
10.00 **Chateau DIY**
12.00 NOON **George Clarke's Kitchen vs Garden**
1.00 PM **A Place in the Sun**
3.00 **Come Dine with Me**
5.30 **A Place in the Sun**
7.00 **Jamie: Eat Yourself Healthy** Jamie Oliver prepares healthy recipes.
8.00 **Location, Location, Location** Two young families ask for Kirstie and Phil's help finding new homes in Devon.
9.00 **Celebrity Gogglebox**
10.00 **White House Farm: Murder, Bloodline and Betrayal** The massacre of the Bamber family.
11.05 Jeremy Bamber speaks from prison.
12.10 AM FILM **Snake Eyes** Action adventure starring Henry Golding. (2021, 12, 121min) ★★
2.35 **The Fear Clinic: Face Your Phobia**
3.35 **to 4.35** AM **24 Hours in A&E**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.05 **NCIS** 11-13/24. (S7)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Worst Nightmare:* 2/24. The team try to locate a kidnapped girl but have to contend with her grandfather, a former special forces agent.
7.00 *Short Fuse:* 3/24. A robber is shot dead by the homeowner who lied to police about it.
8.00 *Royals and Loyals:* 4/24. The team look into the death of a petty officer who was killed on a British ship. (S8)
9.00 **Blue Bloods** *Love Lost:* 19/22. Erin faces off in court against her ex-husband. (S7)
10.00 **Law & Order: Special Victims Unit** (S18)
1.50 AM **Person of Interest**
2.45 **Criminal Minds** (S12)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Nightmare Tenants, Slum Landlords**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Car Pound Cops: Give Me My Car Back!**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts** A man is rushed in with signs of sepsis from an infection.
9.00 **A&E After Dark** Chaos erupts in Birmingham when a man becomes aggressive and loud.
10.00 **Ambulance: Code Red**
11.00 **Skin A&E**
12.00 M'T **A&E: Crash Scene Emergency**
1.00 AM **GPs: Behind Closed Doors** Medical series.
2.00 **The Resident** (S5)
3.35 **to 4.00** AM **Home and Away**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.10 **Outback Truckers**
10.05 **Trucking Hell**
11.05 **Traffic Cops**
12.05 PM **Police Interceptors**
2.05 FILM **Hell Bent for Leather** Western. (1959, PG, 83min) ★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
8.00 **Motorway Cops: Catching Britain's Speeders** Documentary.
9.00 NEW SERIES **Mud Mountain Haulers** Following logging and log hauling workers.
10.00 New edition Craig's brother Brent cuts corners to get extra wood off the mountain.
11.00 **MacGyver** 19/21. (S1)
12.00 M'T **Behind Bars: World's Toughest Prisons**
1.00 AM **Coastguard: Search & Rescue SOS**
2.00 **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.15 AM **MasterChef Junior USA Specials**
7.00 **Tipping Point**
10.00 **My Dream Home**
1.00 PM **Tipping Point**
4.00 **Property Brothers: Forever Homes**
6.00 **DIY SOS: The Big Build**
7.00 **MasterChef Australia** New edition Four teams must create a savoury dish that uses potatoes in at least two ways.
8.00 **Inside the Ambulance** The crews come to the aid of a man with an unexplained broken leg.
9.00 **Stacey Dooley Sleeps Over** With adult content creator Lily Phillips.
10.00 **One Born Every Minute**
11.00 **999 Rescue Squad**
1.00 AM **Preaching Evil: A Wife on the Run with Warren Jeffs**
2.00 **to 3.00** AM **Sort Your Life Out with Stacey Solomon**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.35 AM **Soldier, Soldier**
8.35 **Doctors**
9.55 **Classic Holby City**
10.55 **Classic Casualty**
12.00 NOON **The Bill**
1.00 PM **Classic EastEnders**
2.20 **Soldier, Soldier**
3.20 **The Doctor Blake Mysteries** 4/8. A jockey is found dead. (S4)
4.20 **London's Burning**
5.25 **'Allo 'Allo!**
6.00 **Waiting for God**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Signora Volpe** *An Anxious Aunt:* 1/3. A disillusioned British spy-turned-detective starts a new life in Italy. Stars Emilia Fox. (S1)
10.00 **New Tricks**
11.20 **Spooks** 1/10. (S6)
12.40 AM **Pie in the Sky**
1.40 **'Allo 'Allo!**
2.30 **Waiting for God**
3.00 **to 4.00** AM **Sister Boniface Mysteries**

+1 hr 243 316 60 260

THURSDAY Entertainment

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Cumbria.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
11.00 **Escape to the Country**
1.00 PM **Salvage Hunters**
3.00 **Antiques Road Trip**
5.00 **Celebrity Yorkshire Auction House**
7.00 **Antiques Road Trip** Christina Trevanion and Mark Stacey search for items in the Cotswolds. **8.00** From Cheshire.
9.00 **Ghost Adventures: House Calls** New episode A man's obsession with the paranormal has upended his life and cost him his job.
10.00 **Paranormal: Caught on Camera** A shadow figure in a haunted Nevada prison.
11.00 **Help! My House Is Haunted** Triple bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Double bill.
11.00 **The Chase** Quiz show.
12.00 NOON **Classic Who Wants to Be a Millionaire?** Quiz show.
1.00 PM **The Bidding Room**
2.00 **Family Fortunes**
3.00 **Bullseye** Double bill.
4.00 **Classic Who Wants to Be a Millionaire?** Big-money quiz show hosted by Chris Tarrant.
5.00 **The Bidding Room** Items include a vintage pub game and a statue.
6.00 **Tenable** Double bill of the game show hosted by Warwick Davis.
8.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
10.00 **Who Wants to Be a Millionaire? Celebrity Special** Double bill.
12.00 M'T **Bullseye** Double bill.
1.00 AM **The Crystal Maze**
2.00 **The Chase** Triple bill.
5.00 **to 7.00** AM **Bullseye**

GREAT! action

323 319 426 42 33

8.00 AM **Cops Uncut**
9.00 **Wanted: Dead or Alive**
10.00 **The New Avengers**
11.00 **The High Chaparral**
12.00 NOON **Tombstone Territory** (S1)
1.00 PM **FILM Terror in a Texas Town** Western with Sterling Hayden. (1958, b/w, PG, 81min) ★★★
2.50 **FILM Rage at Dawn** Western with Randolph Scott. (1955, U) ★★
5.00 **Wanted: Dead or Alive**
6.00 **Tombstone Territory**
7.00 **The High Chaparral**
8.00 **The New Avengers**
9.00 **FILM Halls of Montezuma** World War Two drama. (1950, U, 109min) ★★★
11.25 **FILM Midnight in St Petersburg** Thriller. (1995, 15, 86min) ★★
1.25 AM **FILM Outlaws and Angels** Western. (2016, 18, 90min) ★★
3.50 **to 5.00** AM **Cops Uncut**

+1 hour 324 319

GREAT! movies

321 318 425 50 32

7.00 AM **Air Rescue**
8.00 **Saving Lives at Sea**
9.00 **Sue Thomas: F.B.Eye**
11.00 **FILM Lost Letter Mysteries: From Paris with Love** Drama. (2015, PG, 120min) ★★
1.00 PM **FILM Evil Intent** Thriller with Abbie Cobb. (2019, 12, 86min) ★
2.55 **FILM The Alleged Abduction** Mystery. (2019, PG, 90min) ★★
5.00 **FILM No Surrender** Thriller. (2011, PG) ★★
7.00 **Sue Thomas: F.B.Eye**
9.00 **FILM Inferno** Thriller. (2016, 12, 121min) ★★★
11.30 **FILM Fatal Performance** Thriller. (2013, PG, 83min) ★★
1.45 AM **FILM Deadliest Switch** Suspense thriller. (2020, 12, 97min) ★★
4.00 **to 6.00** AM **FILM Twisted Tenant** Thriller. (2018, PG, 90min) ★★

+1 hour 322 318

GREAT! romance

319 317 424 52 47

8.00 AM **FILM Cooking with Love** Romantic comedy. (2018, PG, 90min) ★★
10.00 **FILM Love's Sweet Recipe** Drama. (2021, PG, 85min) ★★
12.05 PM **FILM The Irresistible Blueberry Farm** Drama. (2016, PG, 115min) ★★
2.00 **FILM Sweet Autumn** Romantic drama. (2020, PG, 84min) ★★
4.05 **FILM October Kiss** Romantic drama. (2015, PG, 110min) ★★
5.55 **FILM Zoe's Having a Baby** Comedy drama. (2023, U, 90min) ★★
8.00 **FILM Love, Classified** Drama. (2022, PG,) ★★
9.55 **FILM Love's Match** Romantic drama. (2021, PG, 84min) ★★
11.55 **FILM Cupid, Inc** Comedy. (2012, PG, 90min) ★★
1.55 **to 5.00** AM **Highway to Heaven**

+1 hour 320 317

Rewind TV

182 81 141

6.00 AM **Highlights**
10.30 **You're Only Young Twice**
11.00 **I Dream of Jeannie**
11.30 **Jokers Wild**
12.00 NOON **Please Sir!** (S3)
12.30 PM **Haggard** 4/7. (S1)
1.00 **The Last Days of Pompeii** 2/3. (S1)
2.45 **Auto Rewind**
3.00 **Mapp and Lucia** (S2)
4.00 **Born Free** 4/13. (S1)
5.00 **A Sharp Intake of Breath** 6/6. (S2)
5.30 **You're Only Young Twice**
6.00 **The Monkees** (S1)
6.30 **In Loving Memory** (S5)
7.00 **I Dream of Jeannie**
7.30 **Haggard** 4/7. (S1)
8.00 **Jokers Wild**
8.30 **A Sharp Intake of...**
9.00 **Brass** (S1&2)
10.00 **Game On** 1/6. (S3)
10.35 **Stereo Underground**
11.35 **The Monkees** (S1)
12.05 AM **FILM Incident on a Dark Street** Drama. (1973, PG, 96min) ★★
2.05 **to 6.00** AM **Highlights**

DMAX

159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Maine Cabin Masters**
12.00 NOON **Alaskan Bush People** Documentary.
1.00 PM **Edge of Alaska**
3.00 **Alaska: Homestead Rescue** Double bill.
6.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** In the biggest storm of the season, Jake faces a life and death decision. **8.00** Following Alaskan crab fisherman as they brave the treacherous waves of the Bering sea.
9.00 **Expedition From Hell: The Lost Tapes** Mickey sends a team member back to civilisation.
10.00 **Expedition Unknown**
12.00 M'T **Naked and Afraid XL** Documentary.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Building Alaska**

+1 hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **Hairy Bikers Go...**
7.00 **Barefoot Contessa**
8.00 **James Martin's American Adventure**
9.00 **River Cottage to the Core** Blackberry picking.
10.00 **Hairy Bikers Go North**
11.00 **Great British Bake Off**
1.00 PM **James Martin's Great British Adventure**
2.00 **French Adventure**
3.00 **Barefoot Contessa**
4.00 **Delicious Miss Brown**
4.30 **Girl Meets Farm**
5.00 **River Cottage to the Core** Blackberry picking.
6.00 **Hairy Bikers Go North**
7.00 **Great British Bake Off**
9.00 **James Martin's Islands to Highlands**
10.00 **James Martin's Great British Adventure**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Guy's Grocery Games**

+1 hour 240/241 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 13/24. (S8)
9.00 **The Fall Guy** 12/22. (S3)
10.00 **Charlie's Angels** (S1)
11.00 **FILM Meteorites!** Disaster thriller. (1998, PG, 85min) ★
1.00 PM **FILM The Blood Beast Terror** Chiller. (1967, 12, 88min) ★
2.45 **FILM Five Golden Dragons** Adventure. (1967, PG, 100min) ★★
5.00 **Star Trek** 3/30. (S1)
6.00 **Charlie's Angels** (S1)
7.00 **The Fall Guy** 13/22. (S3)
8.00 **Walker, Texas Ranger**
9.00 **FILM Narrow Margin** Suspense thriller. (1990, 15, 97min) ★★★
11.00 **FILM Escape Plan 2: Hades** Thriller sequel. (2018, 15, 96min) ★★
12.55 AM **FILM Edge of the World** Adventure. (2021, 15, 104min) ★★
2.55 **to 4.50** AM **FILM Jack's Back** Thriller. (1988, 18, 93min) ★★

Legend Xtra

317 316 171 69 138 51

6.00 AM **The Poseidon Adventure** 1&2/4. (S1)
8.00 **FILM Coward of the County** Drama. (1981, PG, 104min) ★★
10.00 **Andromeda** 10/22. (S1)
11.00 **FILM Global Meltdown** Disaster thriller. (2017, PG, 105min) ★
1.00 PM **FILM Monster Island** Sci-fi thriller. (2019, PG, 90min) ★★
3.00 **Andromeda** 10/22. (S1)
4.00 **The A-Team** 5/13. (S5)
5.00 **The Poseidon Adventure** 1&2/4. (S1)
7.00 **Andromeda** 11/22. (S1)
8.00 **The A-Team** 6/13. (S5)
9.00 **FILM Air America** War action comedy starring Mel Gibson. (1990, 15, 112min) ★★★
11.10 **FILM Cross the Line** Action thriller. (2015, 15, 87min) ★★
1.00 **to 3.00** AM **FILM Horror Express** Horror. (1972, 15, 88min) ★★★

+1 hour 318 316 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Pawn Stars**
7.30 **Auction Hunters: Pawn Shop Edition**
7.55 **Storage Hunters**
8.55 **Hardcore Pawn**
10.15 **UFO Hunters**
11.10 **Weird or What?**
12.10 PM **Mysteries from Above** A remote island.
1.05 **Pawn Stars**
2.05 **Dickinson's Real Deal**
3.05 **Storage Hunters**
4.00 **Ancient Aliens**
6.00 **UFO Hunters**
7.00 **Storage Hunters**
8.00 **Dickinson's Real Deal**
9.00 **Top 25 Alien Encounters: UFO Case Files Exposed**
10.20 **UFOs: Lost Evidence**
12.10 AM **Close Encounters**
1.00 **UFO Hunters**
2.00 **Ancient Aliens**
3.45 **Wicked Tuna**
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **Secrets of the Royal Palaces**
11.00 **Ben Fogle: New Lives in the Wild** Sweden.
12.00 NOON **The Secret Life of Bees** Documentary.
1.00 PM **The Yorkshire Vet**
3.00 **Murder, She Wrote**
4.00 **Columbo** *Double Shock.*
5.35 **The Yorkshire Vet**
6.00 **Secrets of the Royal Palaces** Documentary.
7.00 **Celebrity Puzzling**
8.00 **Ben Fogle: New Lives in the Wild** Ben meets a Glaswegian woman who relocated to Ethiopia.
9.00 **William & Catherine: Putting Family First**
10.30 **Around the World by Train with Tony Robinson** Documentary.
11.00 **Prisoner: Cell Block H**
1.00 AM **Dogs Behaving (Very) Badly**
3.00 **Paul Martin's Antiques Showdown**
3.50 **to 4.00** AM **Entertainment News**

HGTV

158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **My Lottery Dream Home** Six editions.
2.00 PM **A Place in the Sun**
3.00 **My Dream Derelict Home** Property series.
4.00 **Escape to the Country**
6.00 **A Place in the Sun**
8.00 **My Dream Derelict Home** Property series.
9.00 **My Dream Derelict Home in the Sun** A manor house in France.
10.00 **The Flipping El Moussas** New edition Tarek and Heather El Moussa juggle family and business as they take on a challenging new flip.
11.00 **Home Town**
12.00 M'T **A Place in the Sun**
1.00 AM **Building Alaska**
2.00 **Flip or Flop**
3.00 **to 4.00** AM **My Lottery Dream Home**

+1 hour 258/262 391

TLC

133/134 139 165

7.00 AM **Extreme Couponing**
8.00 **My Lottery Dream Home** Double bill.
9.00 **Say Yes to the Dress**
11.00 **My 600lb Life**
12.00 NOON **Dr Pimple Popper** Medical series.
1.00 PM **7 Little Johnstons**
2.00 **Breaking Amish**
3.00 **Outdaughtered: Busby Quints** Double bill.
5.00 **My 600lb Life**
6.00 **Dr Pimple Popper**
7.00 **Say Yes to the Dress**
8.00 **I Didn't Know I Was Pregnant** Double bill.
9.00 **1000-lb Sisters**
11.00 **Body Bizarre**
12.00 M'T **I Was Bitten**
1.00 AM **I Didn't Know I Was Pregnant** Double bill.
2.00 **1000-lb Sisters**
3.00 **Body Bizarre**
4.00 **I Didn't Know I Was Pregnant** Double bill.
5.00 **to 6.00** AM **Extreme Cheapskates**

+1 hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Impractical Jokers**
9.00 **New Girl** 21&22/22. (S6)
10.00 **Last Man Standing**
11.00 **Everybody Loves Raymond** 9-12/25. (S7)
1.00 PM **Friends** (S1)
7.00 **Friends** 13/24. Chandler sees Rachel in the nude. **7.30** 14/24. Chandler meets an old flame. **8.00** 15/24. Monica applies for a new job. **8.30** 16/24. Part one of two. Phoebe's twin sister visits. (S1)
9.00 **Russell Howard: Right Here Right Now** A performance from the comedian's 2011 tour.
10.00 **South Park**
1.30 AM **CC Live: Stand Up Shorts**
2.00 **Broad City**
3.00 **Stupid Central**
3.50 **Important Things with Demetri Martin**
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Last Man Standing**
7.00 **Teleshopping**
9.00 **Most Ridiculous**
10.00 **Daria** 3&4/14. (S5)
11.00 **Friends** 21-24/24. (S5)
1.00 PM **Impractical Jokers**
2.00 **Daria** 5&6/14. (S5)
3.00 **Takeshi's Castle**
4.00 **Guessable?**
5.00 **Most Ridiculous**
6.00 **Mr Bean** 5&6/14. (S1)
7.00 **Everybody Loves Raymond** 9-12/25. (S7)
9.00 **New Girl** 5/8. Winston struggles with the reality of becoming a father. **9.30** 6/8. A dog ruins Nick's big plans. (S7)
10.00 **Friends** 7-12/18. (S10)
1.15 AM **Beavis and Butt-Head** (S8)
2.00 **Key & Peele** (S4)
3.00 **Harry Hill Live: Sausage Time**
3.45 **Comedy Store**
4.30 **Out of Order**
5.15 **to 6.00** AM **Last Man Standing**

Sky Replay

152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **Highway Cops**
11.00 **Hold the Front Page**
12.00 NOON **Blood & Treasure**
1.00 PM **Motorway Patrol**
2.00 **Border Security: America's Front Line**
4.00 **Highway Cops**
5.00 **Motorway Patrol**
6.00 **Blood & Treasure** (S2)
7.00 **Border Security: America's Front Line**
9.00 **Road Wars**
10.00 **The Force: Manchester**
11.00 **There's Something About Movies**
12.00 M'T **The Russell Howard Hour**
1.00 AM **A League of Their Own Road Trip: Southeast Asia**
2.00 **Duck Quacks Don't Echo** Lee Mack hosts.
3.00 **Road Wars**
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV

126/127 137 134 351 366

6.00 AM **16 and Pregnant**
7.10 **Teen Mom: The Next Chapter**
8.00 **Catfish: The Dramatic**
9.00 **Catfish: The TV Show**
10.00 **Catfish: Love Triangles**
11.00 **Catfish: The TV Show**
12.00 NOON **Catfish: Scammed**
1.00 PM **Catfish: The TV Show** Double bill.
3.00 **Catfish: Wannabees**
4.00 **Catfish: The TV Show**
6.00 **Dallas Cowboys Cheerleaders**
7.00 **Laguna Beach: The Real Orange County**
8.00 **Rich Kids Go Skint**
9.00 **Help! I'm in a Secret Relationship!**
10.00 **Jersey Shore Family Vacation** New edition The meatballs find a gig.
11.00 **The Challenge: Vets & New Threats**
12.30 AM **Love & Hip Hop: Atlanta** Reality show.
1.30 **Ink Master**
3.35 **to 4.00** AM **The Hills**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **The Last Alaskans**
9.00 **The Dino Hunters**
11.00 **Bad Chad Customs**
1.00 PM **Gold Divers** Double bill.
3.00 **Hoffman Family Gold**
5.00 **Building Off the Grid** Building a modern solar-powered home in the Black Hills of South Dakota.
6.00 **Baggage Battles** The bidders eye up a rare *Wizard of Oz* piece in a sealed trunk. **6.30** A ceremonial mask at an auction in South Africa.

9.00 In the Eye of the Storm

7.00 **Wheeler Dealers: Dream Car** Mike takes a big gamble to secure a classic Fiesta RS Turbo.
8.00 **Roadworthy Rescues** Derek manages to find himself a 1950 Ford 8N tractor, but it has a cracked engine block.
9.00 **In the Eye of the Storm** New edition Florida is pounded by two huge back-to-back deadly hurricanes in 2024.
10.00 **Marooned with Ed Stafford** Ed climbs a mountain and goes five days without a solid meal in Mongolia's Gobi Desert.
11.00 **Buying Alaska** John and Elise look to escape the crowds. **11.30** An adventurous couple want a remote wilderness cabin.
12.00 M'T **Moonshiners**
1.00 AM **In the Eye of the Storm**
2.00 **Marooned with Ed Stafford**
3.00 **Street Outlaws**
4.00 **to 5.00** AM **Expedition Bigfoot**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Flying Wild Alaska**
9.00 **Wild Dubai**
10.00 **Tanked**
11.00 **Animal Cops Philadelphia**
12.00 NOON **Animal Cops Miami**
1.00 PM **Crikey! It's the Irwins**
2.00 **Pit Bulls & Parolees**
3.00 **Flying Wild Alaska**
5.00 **Lone Star Law** A concerned citizen reports a hunter on his property and a fisherman is caught catching oysters.
6.00 **Dr Jeff: Rocky Mountain Vet** A remote town that is overwhelmed with feral cats.

6.00 Dr Jeff: Rocky Mountain...

7.00 **Treehouse Masters** Pete Nelson designs private treetop escapes for those who wish to reconnect with nature.
8.00 **Surviving Joe Exotic** Joe Exotic gives one of his last interviews before his arrest, and ex-employees discuss his infamous zoo.
9.00 **Alaska: The Last Frontier** Eivin and Eve take their kids crabbing, and Otto buries a pet.
10.00 **Mountain Monsters** The hunters search for Jeff after he is drawn away by a cloaked figure.
11.00 **Pit Bulls & Parolees** Earl finds a dog riddled with tumours.
12.00 M'T **Crikey! It's the Irwins** Tiny poison dart frogs arrive.
1.00 AM **Surviving Joe Exotic**
2.00 **Treehouse Masters**
3.00 **Animal Cops Philadelphia**
4.00 **to 5.00** AM **Animal Cops Miami**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Europe from Above**
9.00 **Air Crash Investigation: Special Report**
10.00 **Air Crash Investigation**
12.00 NOON **Ice Road Rescue**
2.00 PM **Apocalypse: Hitler Takes on the East** Double bill.
4.00 **Drain the Oceans: Deep Dive** Documentary.
5.00 **Car S.O.S** The boys take on one of their worst-ever cars.
6.00 **Hitler's Last Stand** A Japanese-American regiment fight to reach a battalion in the Vosges Mountains.

10.00 Destruction Decoded

7.00 **Air Crash Investigation** Investigators discover a danger that the industry has known about for years.
8.00 **Inside Airport Lost & Found** New edition A mysterious matching set of luggage turns out to be stuffed with produce.
9.00 **Car S.O.S** Tim Shaw and Fuzz Townshend head to Kent to rescue a 1973 Dennis fire engine that belongs to a firefighter.
10.00 **Destruction Decoded** A look at the stories behind 10 infamous train and plane disasters.
11.00 **Air Crash Investigation**
12.00 M'T **Air Crash Investigation: Surviving Disaster**
1.00 AM **To Catch a Smuggler**
2.00 **Made in a Day**
2.30 **Lords of War**
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Prairie Dog Dynasty**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Rust Valley Restorers**
6.55 **Salvage Kings**
7.50 **American Pickers**
8.45 **Pawn Stars**
10.10 **Storage Wars**
12.00 NOON **The Proof Is Out There**
1.00 PM **Alone** As 10.00pm.
2.00 **Swamp Mysteries with Troy Landry** As 9.00pm.
3.00 **Mayhem! The Secret Lives of the Georgian Kings**
5.00 **Airport Security: USA**
6.00 **American Pickers** A Wisconsin collector shows off his prized pistol.

8.00 Swamp People

7.00 **Forged in Fire** A bid to create one of history's most famous swords, the Tizona.
8.00 **Swamp People: Serpent Invasion** New edition The hunters push past exhaustion in the final stretch of python season.
9.00 **NEW SERIES Swamp Mysteries with Troy Landry** The expert and his crew return to the Louisiana swamps.
10.00 **Alone** New edition One participant discovers unconventional food sources to adapt to the harsh environment.
11.00 **Mysteries Unearthed with Danny Trejo** How some of the most valuable treasures were found in unlikely ways.
12.00 M'T **Evil Encounters**
12.55 AM **The Proof Is Out There**
1.50 **Swamp Mysteries with Troy Landry** As 9.00pm.
2.50 **Airport Security: USA**
3.40 **Pawn Stars**
4.25 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys** Four editions.
8.00 **Bangers & Cash** Double bill.
10.00 **Nazi Hunters** As 4.00pm.
11.00 **War Factories** As 5.00pm.
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash: Restoring Classics** Double bill.
4.00 **Nazi Hunters** The story of a Jewish group that hunted down their persecutors.
5.00 **War Factories** How aircraft carriers changed sea warfare.
6.00 **Antiques Roadshow** From the Royal Marines Museum.

8.00 Bangers & Cash

7.00 **The Americas with Simon Reeve** Simon travels across Central America, from the Caribbean to the Pacific.
8.00 **Bangers & Cash** New edition Dave falls for a rare 1980s hot hatch – a Citroën Visa GT Tonic.
9.00 **Bangers & Cash** Dave travels to Leicestershire where Steve Perry has a 1980 Ford Granada Ghia and a 1981 Ford Cortina.
10.00 **Bangers & Cash** Dave collects a barely used 1984 Honda Prelude from one of his all-time heroes – Ron Haslam.
11.00 **Billy Connolly Does...** Billy looks at what it means to be Scottish, from terrible folk songs to *Brigadoon*.
12.00 M'T **Bangers & Cash: Restoring Classics**
1.00 AM **Abandoned Engineering**
2.00 **to 3.00** AM **Great British Railway Journeys**

+1 hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Find It, Fix It, Flog It**
7.00 **Vintage Voltage**
9.00 **American Pickers**
10.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Double bill.
2.00 PM **The Yorkshire Auction House**
3.00 **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
6.00 **Wheeler Dealers**
7.00 **Cycling: Vuelta a España** Stage six.
8.00 **Salvage Hunters** Drew and Viki buy for Viki's new Edinburgh premises. **9.00** A stunning garden statue of Mr Punch.
10.00 **Secret Life of the Auction House** New edition Iconic items from Peter Stringfellow.
11.00 **How Do They Do It?**
1.00 AM **Fifth Gear**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes... UK**
7.00 **Say Yes to the Dress**
8.00 **Say Yes... Lancashire**
9.00 **Say Yes... UK**
10.00 **Say Yes... Atlanta**
10.30 **Say Yes to the Dress**
11.00 **Judge Rinder's Crime Stories**
12.00 NOON **Deadly Affairs**
1.00 PM **On the Case**
2.00 **Murder on CCTV**
3.00 **Faking It: Tears of a Crime** Chris Parker.
4.00 **American Monster**
6.00 **American Detective**
7.00 **The Killer in My Family**
8.00 **Murder on CCTV**
9.00 **Evil Lives Here** New episode
10.00 **Evil Lives Here: Shadows of Death**
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** Julie Heath.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Fraud Squad** An NHS manager cooks up a scam with his mates to line their pockets.
8.00 **Killers: Caught on Camera** In Texas, a woman is found shot dead outside her home.
9.00 **Murder: First on Scene** A young couple are randomly beaten by a group of teenagers.
10.00 **Prosecuting Evil with Kelly Siegler** When an elderly couple dies in their home, Houston police suspect foul play.
11.00 **The Truth About My Murder** Double bill.
1.00 AM **Murder: First on Scene** As 9.00pm.
2.00 **Prosecuting Evil with Kelly Siegler**
3.00 **Killers: Caught on Camera** As 8.00pm.
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Evidence of Evil**
11.00 **Medical Detectives**
1.00 PM **Medical Detectives**
2.00 **Evidence of Evil**
4.00 **Medical Detectives** A look at explanations for fog on the deadliest highway in America. **4.30** A pair of man's trainers are found next to the body of a woman. **5.00** How DNA analysis of blood spots linked the death of an Arizonan woman to her husband. **5.30** Fingerprints are analysed in the case of a missing girl. **6.00** A mother and child have unexpained flu-like symptoms. **6.30** Cigarettes are found at the murder scene of a Napa County killing.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Highway Cops**
7.00 **Send in the Dogs**
8.00 **UK Border Force**
9.00 **The Force: Manchester**
10.00 **Caught on Dashcam**
11.00 **Snapped**
12.00 NOON **Murders That Shocked the Nation**
1.00 PM **Britain's Most Evil...**
2.00 **Killer in My Village**
3.00 **How I Caught the Killer**
4.00 **World's Most Evil Killers**
5.00 **The Murders at Starved Rock**
6.10 **Killer in My Village**
7.05 **Britain's Most Evil Killers**
8.00 **World's Most Evil Killers**
9.00 **Catching the Killer**
11.00 **Britain's Most Evil Killers**
12.00 M'T **Murder Next Door**
1.00 AM **How I Caught the...**
2.00 **Killer in My Village**
3.00 **Ireland's Evil Killers**
4.00 **Border Security: Canada's Front Line**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **Ultimate Rome: Empire Without Limit**
9.20 **Hitler's Power**
10.30 **Iron Curtain: Living Under Soviet Occupation**
11.50 **Apocalypse: Stalin**
1.00 PM **Ultimate Rome: Empire Without Limit**
2.20 **Hitler's Power**
3.30 **Iron Curtain: Living Under Soviet Occupation**
4.45 **Apocalypse: Stalin**
5.55 **Ultimate Rome: Empire Without Limit**
7.15 **Hitler's Power**
8.25 **Iron Curtain: Living Under Soviet Occupation** Series finale How Moscow's grip over the Eastern Bloc remained strong after Stalin's death.
9.35 **Apocalypse: Stalin**
10.50 **Hitler's Power**
12.00 M'T **Iron Curtain: Living Under Soviet Occupation** As 8.25pm.
1.15 **to 2.00** AM **Grand Tours of the Scottish Islands**

THURSDAY

Thursday

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **100 Foot Wave**
7.00 **Discovering: Gary Oldman**
8.00 **The Directors**
9.00 **The Seventies**
10.00 **Scouting for Girls: Fashion's Darkest Secret**
11.00 **House of Kardashian**
12.00 NOON **Spitfire**
2.00 PM **Bobby Robson: More Than a Manager**
4.00 **Discovering: Gary Oldman**
5.00 **The Directors**
6.00 **The Seventies**
7.00 **House of Kardashian** 3/3. Kylie Jenner becomes a Generation Z icon.
8.00 **The Yogurt Shop Murders** 1/4. The story of the 1991 killing of four teenage girls in Texas.
9.15 2/4. Trauma continues to haunt the community.
10.30 FILM **Bowling for Columbine** Michael Moore's documentary. (2002, 15, 114min) ★★★★
12.50 AM **100 Foot Wave**
2.00 **Schmeichel**
4.00 **The Directors**
5.00 **to 6.00** AM **Discovering: Gary Oldman**

Crime+Investigation

156 142 133

6.00 AM **Imperfect Murder**
7.00 **Homicide Hunter**
8.00 **Killer Town**
9.00 **Murdertown**
10.00 **Sunshine Slayings**
11.00 **#Textmewhenyougethome**
12.00 NOON **Exhumed: Killer...**
1.00 PM **Somebody's Hiding...**
2.00 **Judge Rinder's Crime Stories**
3.00 **Murdertown**
4.00 **Murder at My Door with Kym Marsh** Susan Annis.
5.00 **What the Killer Did Next**
6.00 **Imperfect Murder**
7.00 **An Hour to Kill**
8.00 **Somebody's Hiding Something** New edition
9.00 **The First 48** New edition
10.00 **Interrogation Raw** New edition Documentary.
11.00 **Homicide Hunter**
12.00 M'T **Somebody's Hiding...**
1.00 AM **The First 48**
2.00 **Interrogation Raw**
3.00 **Exhumed: Killer Revealed**
4.00 **What the Killer Did Next**
5.00 **to 6.00** AM **Sunshine Slayings**

+1 hour 256 333

U&Eden

166 134/162 176 57 160 151

9.00 AM **999 Rescue Squad**
11.00 **Inside the Ambulance**
3.00 PM **999 Rescue Squad**
5.00 **Inside the Ambulance** The team assist a student with a life-threatening condition.
6.00 A woman who might be having a stroke receives help from the paramedics.
7.00 A taxi-driver is injured in a head-on collision with a car that was being pursued by police.
8.00 **999 Rescue Squad** A car crash victim has to be put into an induced coma at the roadside.
9.00 **Inside the Ambulance** A taxi flips over on the motorway with two passengers trapped inside.
10.00 **999 Rescue Squad** The response teams rush to save the life of a 21-year-old man who has been shot twice in the chest at a Doncaster pub.
11.00 **Inside the Ambulance**
3.00 AM **999 Rescue Squad**
4.30 **Inside the Ambulance**
5.15 **to 6.00** AM **Anthony Bourdain: Parts Unknown**

+1 hour 266 376

Sky Nature

145 113/114 189 354 369

6.00 AM **Big Beasts: Last of the Giants** Documentary.
7.00 **Monkey Life**
8.00 **Valley of Flood and Fire**
9.00 **Wild Workers**
10.00 **Australia's Hidden Islands**
11.00 **Hope for Wildlife: The Next Generation**
12.00 NOON **Into the Wild: India**
1.00 PM **Monkey Life**
2.00 **Valley of Flood and Fire**
3.00 **Wild Workers**
4.00 **Australia's Hidden Islands**
5.00 **Land of Primates**
6.00 **Into the Wild: India**
7.00 **Monkey Life** Double bill.
8.00 **Great Parks of Africa**
9.00 **Animals Decoded**
10.00 **Into the Wild: India**
11.00 **Land of Primates**
12.00 M'T **Hope for Wildlife: The Next Generation**
1.00 AM **Big Beasts: Last of the Giants** Documentary.
2.00 **Great Parks of Africa**
3.00 **Animals Decoded**
4.00 **Valley of Flood and Fire**
5.00 **to 6.00** AM **Wild Workers**

WILD

165 145/133 182

8.00 AM **Yukon Vet**
9.00 **Alaska Animal Rescue: Family Values** Documentary.
10.00 **Monster Fish**
11.00 **Critter Fixers: Country Vets**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Untamed Americas**
3.00 **America's National Parks**
4.00 **Secrets of the Zoo: North Carolina**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City**
7.00 **Secrets of the Zoo** An onager and a bonobo are given a new lease of life by the zoo vets.
8.00 **Wild Vietnam** 1/2. The wildlife of Vietnam's mountains.
9.00 2/2. Exploring southern Vietnam's tropical habitats.
10.00 **Alaska: The Next Generation**
11.00 **Ice Road Rescue**
12.00 M'T **Animal Fight Club**
1.00 AM **Last of the Giants: Wild Fish** Cyril Chauquet lands a formidable barracuda.
2.00 **The Incredible Dr Pol**
3.00 **Alaska Animal Rescue**
4.00 **to 5.00** AM **World's Deadliest**

ID

154 141 166

8.00 AM **The Lies That Bind**
9.00 **The 1990s: The Deadliest Decade** Double bill.
11.00 **Caught in the Net**
1.00 PM **Murder Under the Friday Night Lights** Double bill.
3.00 **Murder in the Heartland**
5.00 **Twisted Love** Double bill.
7.00 **I Am Homicide** Retired detective Garry McFadden recounts a case in which a woman was robbed, attacked and murdered in her home as she returned from church.
8.00 The retired detective recalls finding himself playing a frustrating cat-and-mouse game with a seemingly religious family of church-goers, pastors and a killer.
9.00 **The Murder Tapes** A retired professor is found brutally murdered in Michigan.
10.00 **Devil Among Us** A sniper shooting on a Alaska highway.
12.00 M'T **Hear No Evil**
2.00 AM **Twisted Love**
4.00 **to 6.00** AM **I Am Homicide**

+1 hour 254 366

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Secrets of the Lost Liners**
9.00 **Digging Up Britain's Past**
10.00 **Combat Ships**
11.00 **Ancient Aliens**
1.00 PM **Secrets of the Lost Liners**
2.00 **U-Boat Wargamers**
3.05 **Secrets of the Lost Ark**
4.00 **Truthseekers**
5.00 **Cracking the Code**
6.00 **UFOs Declassified**
7.00 **What on Earth?**
8.00 **History's Greatest Mysteries**
9.00 **Secrets of the Hells Angels** The story of Sonny Barger, commander of the world's most infamous biker gang.
10.00 **Life After People** A look at how Marine Corps dogs would put their training to use in the absence of humans.
11.00 **Haunted Hospitals**
12.00 M'T **Ancient Aliens**
2.00 AM **Ross Kemp: Mafia and Britain** A look at the exploits of the infamous Kray twins.
3.00 **Secrets of the Lost Ark**
4.00 **Truthseekers**
5.00 **to 6.00** AM **Cracking the Code**

Discovery History

174 147 181 320 325

7.00 AM **Tony Robinson's VE Day: Minute by Minute**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Tony Robinson's VE Day: Minute by Minute** The actor examines a pivotal day in the history of the modern world, looking at the key events that made VE Day such a momentous 24 hours.
9.00 **Paranormal Declassified** Paul Beban investigates a surge in demonic activity in America.
10.00 **How Do They Do It?**
11.00 **Massive Engineering Mistakes**
12.00 M'T **Mysteries at the Museum**
2.00 AM **How the Universe Works**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Scrapyard Dynasty**
7.00 **Kindig Customs**
8.00 **Motor Pickers**
9.00 **Bad Chad Customs**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Outback Car Hunters**
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **Bad Chad Customs**
4.00 **Shorty's Dream Shop**
5.00 **Motor Pickers**
6.00 **Salvage Hunters: Classic Cars**
7.00 **Shed and Buried**
8.00 **Shorty's Dream Shop** 2/2. The 1956 Corvette is completed with a couple of twists.
9.00 **Richard Hammond's Workshop** First edition. Richard opens a classic car restoration workshop.
10.00 **Bad Chad Customs**
11.00 **Shed and Buried**
12.00 M'T **Shorty's Dream Shop**
1.00 AM **Outback Car Hunters**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers: Dream Car**
4.00 **to 5.00** AM **Gear Dogs**

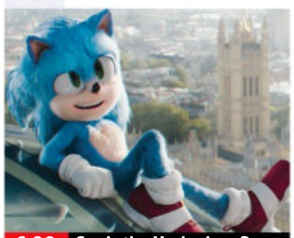
+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

7.00 AM **Sky Cinema Preview**
7.25 **Into the Wonderwoods**
9.00 **Sonic the Hedgehog 3**
11.00 **September 5** As 3.15am.
12.50 PM **Night Call** As 1.30am.
2.40 **The Surfer** As 8.00pm.
4.30 **Into the Wonderwoods** Animated family adventure. (2024, PG, 81min)
6.00 **Sonic the Hedgehog 3** Fantasy sequel starring Jim Carrey and James Marsden. (2024, PG, 110min) ★★★



6.00 Sonic the Hedgehog 3

8.00 **The Surfer** Thriller starring Nicolas Cage and Julian McMahon. A father returns to the beach of his childhood to surf, but is drawn into a conflict with local thugs. (2024, 15, 100min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 **Heart Eyes** Horror comedy starring Mason Gooding and Olivia Holt. A serial killer targets romantic partners on Valentine's Day. (2025, 15, 97min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **The Room Next Door** Drama starring Tilda Swinton. (2024, 12, 102min) ★★★★
1.30 AM **Night Call** French-Belgian crime thriller. Subtitled. (2024, 15, 97min) ★★★★
3.15 **September 5** Fact-based thriller with Peter Sarsgaard. (2024, 15, 95min) ★★★★
4.55 **to 6.40** AM **The Mountain** Family comedy adventure. (2024, PG, 89min) ★★★★

Sky Cinema Hits

303 303 403 503 517

6.20 AM **Let's Dance** As 2.20pm.
8.15 **Star Trek Into Darkness**
10.30 **The 40-Year-Old Virgin** Comedy. (2005, 15) ★★★★
12.25 PM **We're the Millers** Comedy. (2013, 15) ★★★★
2.20 **Let's Dance** Vintage musical. (1950, U, 112min) ★★
4.15 **The Truman Show** Comedy. (1997, PG, 99min) ★★★★
6.00 **Collateral** Thriller starring Tom Cruise and Jamie Foxx. (2004, 15, 120min) ★★★★

6.00 Collateral

8.00 **Twisters** Standalone disaster drama sequel starring Daisy Edgar-Jones and Glen Powell. A meteorologist crosses paths with a storm-chasing social media star in Oklahoma. With Anthony Ramos. (2024, 12, 122min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **The Surfer** Thriller starring Nicolas Cage and Julian McMahon. A father returns to the beach of his childhood to surf, but is drawn into a conflict with local thugs. (2024, 15, 100min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **Fury** World War Two drama. (2014, 15, 134min) ★★★
2.20 AM **Star Trek Into Darkness** Sci-fi adventure starring Chris Pine and Zachary Quinto. (2013, 12, 132min) ★★★★
4.40 **to 6.35** AM **The First Purge** Thriller prequel starring Y'lan Noel. (2018, 15, 98min) ★★

Sky Cinema Drama

310 310 410 510 524

6.10 AM **Beach Rats** As 11.25am.
7.55 **Poison** Drama with Tim Roth. (2024, PG, 86min) ★★★★
9.40 **Chuck Chuck Baby** Drama. (2023, 15, 101min) ★★★★
11.25 **Beach Rats** Coming-of-age drama (2017, 15, 98min) ★★★
1.05 PM **Schindler's List** As 8.00pm.
4.20 **The Post** Fact-based drama starring Meryl Streep and Tom Hanks. (2017, 12, 113min) ★★★★

6.20 **The Great Escaper** Drama starring Michael Caine. (2023, 12, 96min) ★★★★
8.00 **Schindler's List** Steven Spielberg's Oscar-winning historical drama starring Liam Neeson. An Austro-German businessman wheels and deals with the Nazis to save the lives of over 1,000 Jews. (1993, 15, 195min) ★★★★★
11.15 **Rent** Screen version of the hit Broadway musical, with Rosario Dawson. (2005, 12, 135min) ★★

1.45 AM **Wimbledon** Romantic sports comedy starring Paul Bettany and Kirsten Dunst. (2004, 12, 98min) ★★★
3.35 **Sky Cinema Preview**
4.25 **to 6.35** AM **The Convert** Action drama with Guy Pearce. (2024, 15, 119min) ★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.35 AM **A.I. Artificial Intelligence** Steven Spielberg's sci-fi fantasy. (2001, 12, 145min) ★★★★
9.10 **Sick** As shown at 2.35am.
10.40 **Sinister** Horror thriller. (2012, 15, 105min) ★★★
12.35 PM **Five Nights at Freddy's** Horror. (2023, 15, 109min) ★★★
2.35 **Gravity** Thriller starring Sandra Bullock and George Clooney. (2013, 12, 91min) ★★★★★

4.15 **The Nun** Horror thriller. (2018, 15, 96min) ★★★
5.55 **Terminator Salvation** Sci-fi action thriller sequel. (2009, 12, 110min) ★★★
8.00 **I Am Legend** Sci-fi thriller starring Will Smith. A military scientist fears he is the last man on Earth after a deadly virus kills most of humanity. (2007, 15, 101min) ★★★★
9.45 **The Purge** Horror thriller starring Ethan Hawke and Lena Headey. (2013, 15, 85min) ★★★

11.15 **The Purge: Anarchy** Horror sequel. (2014, 15, 102min) ★★★
1.00 AM **Arcadian** Horror thriller. (2024, 15, 92min) ★★★★
2.35 **Sick** Horror starring Gideon Adlon. (2022, 18, 83min) ★★★
4.00 **to 6.15** AM **The Core** Sci-fi thriller. (2002, 12, 135min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Back to School

306 306 406 506 519

6.00 AM **Scarygirl** As 4.25am.
7.35 **The Witches** (1989) ★★★★
9.10 **Robin and the Hoods** Comedy. (2024, PG, 101min) ★★
10.55 **Spy Kids 2: Island of Lost Dreams** (2002, U) ★★★★
12.40 PM **Kung Fu Panda 2** Animation. (2011, PG) ★★★★
2.15 **Despicable Me 2** (2013) ★★★
4.00 **Kung Fu Panda 3** Animation. (2016, PG, 95min) ★★★★
5.50 **Despicable Me 4** Animation. (2024, U, 94min) ★★★

7.40 Spy Kids 3: Game Over Sci-fi comedy adventure sequel starring Daryl Sabara, Alexa Vega and Sylvester Stallone. (2003, U, 84min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.20 The Secret Garden Family drama starring Colin Firth. When a young girl is sent to live with her uncle on his remote country estate after her parents die, she discovers a magical garden. (2020, PG, 99min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **The Inventor** Animated adventure with the voices of Daisy Ridley and Stephen Fry. (2023, PG, 100min) ★★★
1.10 AM **The Cat in the Hat** Comic fantasy starring Mike Myers. (2003, PG, 82min) ★★★★
2.45 **Big Fat Liar** Teen comedy starring Frankie Muniz. (2002, PG, 88min) ★★★
4.25 **to 6.00** AM **Scarygirl** Animated fantasy adventure. (2023, PG, 90min) ★★★

Sky Cinema Action

307 307 407 507 521

7.40 AM **Once Upon a Time in Mexico** (2003, 15) ★★★
9.25 **Rampage** Fantasy adventure. (2018, 12, 107min) ★★★
11.15 **Kraven the Hunter** Fantasy. (2024, 15, 127min) ★★★
1.25 PM **Bad Boys II** Action comedy thriller sequel. (2003, 15, 147min) ★★★
3.55 **The Scorpion King** Fantasy. (2002, 12, 91min) ★★★
5.35 **Man of Steel** Adventure. (2013, 12, 143min) ★★★

8.00 Bad Boys for Life Action comedy sequel starring Will Smith and Martin Lawrence. Miami detective Mike Lowrey is targeted for assassination by a crime lord's widow. With Paola Nunez and Vanessa Hudgens. (2020, 15, 124min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 Godzilla Thriller remake starring Aaron Taylor-Johnson. A giant monster may be the only hope of stopping a race of underground creatures on a deadly global rampage. (2014, 12, 118min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **The Mummy: Tomb of the Dragon Emperor** Fantasy adventure sequel. (2008, 12, 112min) ★★★
2.05 **Black Site** Action thriller. (2022, 15, 93min) ★★
3.45 **to 6.00** AM **The Legend of Zorro** Adventure sequel. (2005, PG, 130min) ★★★

Sky Cinema Comedy

308 308 408 508 522

6.30 AM **Coming 2 America** Comedy with Eddie Murphy. (2021, 12, 108min) ★★★
8.30 **Big Daddy** As 8.00pm.
10.15 **Tropic Thunder** As 9.40pm.
12.10 PM **Seven Psychopaths** Dark comedy thriller. (2012, 15, 106min) ★★★★
2.05 **Knocked Up** As 1.25am.
4.15 **Crazy Rich Asians** Comedy. (2018, 12, 120min) ★★★★
6.25 **Disaster Movie** Spoof comedy. (2008, 12, 86min) ★

8.00 Big Daddy Comedy starring Adam Sandler. A law school graduate adopts a five-year-old boy to impress his girlfriend. With Joey Lauren Adams and Kristy Swanson. (1999, 12, 95min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 Tropic Thunder Spoof war movie co-written, directed by and starring Ben Stiller. A group of actors are dropped into a Southeast Asian jungle to film a war movie, unaware that they have inadvertently strayed into territory controlled by drug lords. (2008, 15, 107min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **HouseSitter** Comedy. (1992, PG, 102min) ★★★
1.25 AM **Knocked Up** Comedy. (2007, 15, 129min) ★★★★
3.35 **Crazy Rich Asians** As 4.15pm.
5.40 **to 7.15** AM **Disaster Movie**

Sky Cinema Thriller

309 309 409 509 523

7.20 AM **Naked Singularity** Crime comedy. (2021, 15) ★★★
9.05 **Vertigo** Hitchcock thriller. (1958, PG, 128min) ★★★★★
11.20 **Extremely Wicked, Shockingly Evil and Vile** Biopic. (2019, 15) ★★★★
1.20 PM **The Perfect Storm** Action drama. (2000, 12) ★★★★
3.40 **The Bikeriders** Crime drama. (2023, 15, 116min) ★★★★
5.50 **Nightcrawler** Crime thriller. (2014, 15, 115min) ★★★★

8.00 Jaws Steven Spielberg's monster thriller starring Roy Scheider, Robert Shaw and Richard Dreyfuss. A killer shark terrorises a beach resort on America's east coast. With Lorraine Gary and Murray Hamilton. (1975, 12, 125min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

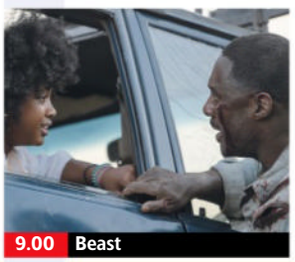
10.15 Lawless Prohibition-era crime drama starring Shia LaBeouf and Tom Hardy. Three brothers run a profitable moonshine business in 1930s Virginia until the appointment of a corrupt deputy. (2012, 18, 111min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **Head Count** Thriller. (2023, 15, 77min) ★★★
1.50 **Sew Torn** Comedy thriller. (2024, 15, 100min) ★★★★
3.40 **Parallel** Fantasy thriller. (2024, 15, 88min) ★★★★
5.20 **to 7.20** AM **Greedy People** Comedy. (2024, 15) ★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Mysterious Island** Fantasy. (1961, U, 97min) ★★★
1.05 PM **Starman** Sci-fi fantasy. (1984, PG, 115min) ★★★★
3.20 **The Man from Laramie** Western. (1955, U) ★★★
5.25 **It Should Happen To You** Vintage romantic comedy. (1953, b/w, U, 100min) ★★★
7.10 **13 Going on 30** Romantic comedy with Jennifer Garner. (2004, 12, 98min) ★★★



13 Going on 30 (film started at 7.10pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 Beast Action thriller starring Idris Elba and Sharlto Copley. A recently widowed man and his teenage daughters are hunted by a huge rogue lion in the savanna. (2022, 15, 93min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.50 Seriously Red Comedy starring Krew Boylan. A failed real-estate agent attempts to become the world's greatest Dolly Parton impersonator. (2022, 15, 104min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.45 AM **Wild Card** Action thriller. (2015, 15, 92min) ★★★
2.30 **to 4.00** AM **Thief** Crime thriller. (1971, PG, 74min) ★★

+1hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema 80s

302 302 402 502 516

6.10 AM **Star Trek II: The Wrath of Khan** Sci-fi adventure. (1982, 12, 113min) ★★★★
8.10 **Star Trek III: The Search for Spock** Sci-fi adventure. (1984, PG, 105min) ★★
10.00 **Superman II** Fantasy sequel. (1980, PG, 127min) ★★★
12.10 PM **Superman III** Fantasy sequel with Christopher Reeve. (1983, PG, 123min) ★★★
2.20 **Superman IV: The Quest for Peace** Fantasy adventure sequel. (1987, PG, 90min) ★
4.00 **Star Trek IV: The Voyage Home** Sci-fi. (1986, PG, 119min) ★★★★
6.00 **Raiders of the Lost Ark** Steven Spielberg's adventure. (1981, PG, 115min) ★★★★★
8.00 **Indiana Jones and the Temple of Doom** Action adventure. (1984, PG, 118min) ★★★
10.00 **Indiana Jones and the Last Crusade** Action adventure. (1989, PG, 127min) ★★★★★
12.10 AM **Midnight Run** Comedy thriller starring Robert De Niro. (1988, 18, 122min) ★★★★
2.20 **'About Last Night...'** Comedy drama. (1986, 18, 113min) ★
4.15 **Sky Cinema Preview**
5.15 **to 7.25** AM **Star Trek IV: The Voyage Home** As 4.00pm.

Sky Cinema Greats

304 304 404 504 518

7.15 AM **Star Trek: Generations**
9.15 **Rear Window** As 1.55am.
11.10 **The Sons of Katie Elder** Western starring John Wayne. (1965, U, 122min) ★★★
1.15 PM **Robin Hood: Prince of Thieves** Fantasy adventure. (1991, PG, 138min) ★★
3.40 **True Grit** As 11.45pm.
5.50 **In the Line of Fire** Thriller. (1993, 15, 127min) ★★★★
8.00 **Patriot Games** Action thriller starring Harrison Ford. A retired CIA agent becomes the target of a vengeful IRA man after foiling an assassination attempt on a British politician. With Anne Archer and Sean Bean. (1992, 15, 116min) ★★★
10.00 **Enter the Dragon** Action thriller starring Bruce Lee as an undercover agent who infiltrates a martial arts competition on an island fortress. With John Saxon. (1973, 18, 97min) ★★★★
11.45 **True Grit** Vintage Western. (1969, PG, 128min) ★★★★★
1.55 AM **Rear Window** Thriller. (1954, PG, 112min) ★★★★★
3.50 **Star Trek: Generations** Sci-fi. (1994, PG, 118min) ★★★
5.50 **to 6.50** AM **Sky Cinema Preview**

Sky Cinema Animation

305 305 412 500 514

6.20 AM **Scooby-Doo! The Sword and the Scoob** As 1.30am.
7.45 **The Boss Baby** Animated comedy. (2017, U, 97min) ★★★
9.25 **Antz** Animated comedy. (1998, PG, 83min) ★★★
10.55 **The Prince of Egypt** Animated drama. (1998, U, 99min) ★★★★
12.40 PM **Transformers One** Animated sci-fi adventure. (2024, PG, 104min) ★★★★
2.30 **Bon Voyage, Charlie Brown** Animated family adventure. (1980, U, 70min) ★★
4.00 **Despicable Me 4** Animated sequel. (2024, U, 94min) ★★★
5.40 **Migration** Animated comedy. (2023, U, 83min) ★★★
7.10 **Rango** Animated Western. (2011, PG, 103min) ★★★★
9.05 **Teen Titans Go! to the Movies** Animated family adventure. (2018, PG, 84min) ★★★
10.35 **Batman Unlimited: Animal Instincts** (2015, PG) ★★
12.00 M'T **Little Vampire** Animation. (2020, PG, 85min) ★★★
1.30 AM **Scooby-Doo! The Sword and the Scoob** (2021, PG) ★★★
2.55 **Pil's Adventures** Animated adventure. (2021, U, 89min) ★★
4.30 **to 6.10** AM **Scarygirl** Animated fantasy. (2023, PG, 90min) ★★★

Movies 24

312 313 419

7.00 AM **The Magic of Lemon Drops** Romantic fantasy. (2024, PG, 84min) ★★
9.00 **Girlfriendship** Romantic comedy. (2022, PG, 84min) ★★
11.00 **Return to Office** Romantic drama. (2025, PG, 84min) ★★
1.00 PM **Scented with Love** Drama. (2022, PG, 83min) ★★
3.00 **Styled with Love** Romantic comedy. (2022, PG, 89min) ★★
5.00 **Autumn at Apple Hill** Comedy. (2024, PG, 84min) ★★
7.00 **Our Take on Love** Romantic drama starring Lesa Wilson. (2022, PG, 87min) ★★
9.00 **Heart of the Manor** Romantic comedy starring Ashlynn Yennie and Ross Jirgl. A real-estate agent finds herself in competition with a developer who wants to buy her family's historic estate. (2021, PG, 85min) ★★
11.00 **The Love Subscription** Comedy. (2023, PG, 86min) ★★
1.00 AM **Love on Retreat** Romantic drama starring Ansley Gordon. (2023, PG, 85min) ★★
3.00 **to 5.00** AM **Romantic Rewrite** Romantic comedy drama. (2022, PG, 82min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Sherlock Holmes** (S1)
6.30 **Melody Club** Musical comedy. (1949, b/w, U, 64min) ★★★
7.50 **The Happiness of Three Women** Vintage comedy. (1954, b/w, U, 80min) ★★★
9.25 **Card from the Cotswolds**
9.50 **The Price of Silence** Drama. (1959, b/w, U, 81min) ★★★
11.25 **Nearest and Dearest** Comedy spin-off. (1972, 12, 84min) ★★
1.10 PM **Sparrows Can't Sing** Drama starring James Booth. (1962, b/w, PG, 94min) ★★
3.00 **Crown Court** Triple bill.
4.30 **Doctor in Distress** Comedy. (1963, PG, 102min) ★★★★
6.35 **Tonight in Great Britain**
7.00 **For the Love of Ada** 1/6. (S1)
7.30 **The Cheaters** 13/27. (S2)
8.00 **The Brothers** 11/16. (S7)
9.05 **East of Sudan** Period adventure. (1964, U, 85min) ★
10.55 **The Upturned Glass** Thriller. (1947, b/w, PG, 87min) ★★
12.40 AM **Tomorrow** Drama starring Robert Duvall and Olga Bellin. (1972, b/w, PG, 103min) ★★★
2.45 **Cabin Boy** Offbeat comedy. (1994, 12, 77min) ★★
4.25 **to 6.00** AM **The Great Flamarion** Crime drama. (1945, b/w, PG, 78min) ★★★

THURSDAY Sport 28 August

Thursday

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
9.00 **Good Morning Transfers**
10.00 **Sky Sports FC**
12.00 NOON **Transfer Talk**
12.30 PM **LIVE DP World Tour Golf** Coverage of day one of the Omega European Masters from Crans-sur-Sierre Golf Club in Crans-Montana, Switzerland. England's Matt Wallace was the victorious player last year, defeating Alfredo García-Heredia of Spain in a play-off to win his fifth title on the tour and his first since 2018.
3.30 **LIVE US Open Tennis** Coverage of day five of the Grand Slam from the USTA Billie Jean King National Tennis Center in Flushing Meadows, New York. Three-time runner up Victoria Azarenka suffered a three-set loss to China's Wang Yafan in the corresponding session last year.
12.00 M'T **LIVE US Open Tennis** Further coverage of day five of the Grand Slam at the USTA Billie Jean King National Tennis Center in Flushing Meadows, New York, as the second round continues.
5.30 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League 100 Club**
9.00 **Good Morning Transfers**
10.00 **Sky Sports FC**
12.00 NOON **Transfer Talk**
1.00 PM **Premier League Years**
3.00 **PL Retro** A chance to see Wigan Athletic v Arsenal from 2010.
5.00 **The Premier League Show** A daily guide to the top flight.
7.00 **The Transfer Show** Analysis of the latest transfer news.
8.00 **The Big Interview**
8.30 **Premier League Stories**
9.00 **Premier League Review** Action from the top flight.
10.00 **The Big Interview** An interview with Newcastle United midfielder Sandro Tonali.
10.30 **Premier League Stories** Christian Benteke reflects on his time in the Premier League.
11.00 **Premier League Years** A look back at memorable moments from the 2005/06 season.
1.00 AM **PL Retro** Leicester City v West Ham United from 2016.
3.00 **PL Greatest Games**
4.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL Cup Retro**
8.45 **EFL Greatest Games**
9.30 **Championship Season Review**
11.00 **Best Goals: EFL Cup 24/25**
11.30 **EFL Trophy** Action from Birmingham City v Peterborough United in the final at Wembley.
12.00 NOON **EFL Cup** Another chance to see a second-round match.
2.00 PM **EFL Cup Highlights**
2.30 **EFL Highlights** Championship.
3.30 **EFL Cup Highlights**
4.00 **EFL Highlights**
5.00 **EFL Greatest Games**
5.30 **EFL Cup Highlights**
6.30 **Bundesliga Weekly**
7.00 **EFL Highlights** Championship.
8.00 **SPFL Round-Up**
8.15 **SPFL Highlights**
8.30 **EFL Highlights** Recent action.
9.00 **EFL Cup Highlights**
10.00 **SPFL Round-Up**
10.15 **SPFL Highlights**
10.30 **EFL Highlights** Action from Wrexham v Sheffield Wednesday.
10.45 Derby County v Bristol City.
11.00 **EFL Greatest Games**
12.00 M'T **Celtic's Invincibles**
1.00 AM **SPFL** The 2009/10 season.
1.30 **to 6.00** AM **SPFL Greatest Games**

Sky Sports Cricket

405 405 514 504 422 442

6.00 AM **The Hundred**
9.15 **The Hundred Bitesize**
10.30 **The Hundred** A match replay.
2.00 PM **The Hundred Bitesize**
2.45 **LIVE The Hundred Southern Brave Women v Welsh Fire Women.** Coverage of the match from Utilita Bowl, Southampton. Fire won by seven wickets when the teams met at Sophia Gardens last year with the help of a fine bowling display by Hayley Matthews. Start-time **3.00pm**.
6.00 **LIVE The Hundred Southern Brave Men v Welsh Fire Men.** Coverage of the match from Utilita Bowl in Southampton, as the round-robin stage reaches a conclusion. Start-time **6.30pm**.
9.30 **The Hundred Bitesize** Southern Brave Men v Welsh Fire Men.
9.45 Highlights of Southern Brave Women v Welsh Fire Women.
10.00 Highlights of Southern Brave Men v Welsh Fire Men.
10.15 **The Hundred** Southern Brave Women v Welsh Fire Women.
1.30 AM **The Hundred Bitesize**
2.00 **The Hundred** A match replay.
5.30 **to 6.00** AM **The Hundred Bitesize**

Sky Sports Golf

406 406 515 505 423 443

6.00 AM **PGA Tour: The Cut**
6.30 **HotelPlanner Tour Golf**
7.00 **LPGA Tour Golf** Highlights.
9.00 **PGA Tour Champions**
10.00 **PGA Tour Golf** Event review.
11.00 **PGA Tour: The Cut**
11.30 **My Ryder Cup**
12.00 NOON **Countdown to the Ryder Cup** A look ahead.
12.30 PM **LIVE DP World Tour Golf** Coverage of the opening day of the Omega European Masters from Crans-sur-Sierre Golf Club.
5.30 **PGA Tour Learning Centre**
6.00 **PGA Tour: The Cut**
6.30 **HotelPlanner Tour Golf**
7.00 **PGA Tour Golf** Event review.
8.00 **LIVE LPGA Tour Golf** Coverage of day one of the FM Championship staged at TPC Boston in Norton, Massachusetts.
11.00 **PGA Tour: The Cut**
11.30 **HotelPlanner Tour Golf**
12.00 M'T **My Ryder Cup**
1.00 AM **DP World Tour Golf**
2.00 **Golf Academy**
3.00 **PGA Tour: The Cut**
3.30 **HotelPlanner Tour Golf**
4.00 **My Ryder Cup**
5.00 **to 6.00** AM **Playing Lessons**

TNT Sports 1

410 413 521 408 430

6.00 AM **Serie A – Full Impact**
6.30 **Premier League Stories**
7.00 **LIVE Snooker: Wuhan Open** Coverage of the opening session of the quarter-finals from Wuhan.
10.00 **Serie A – Full Impact**
10.30 **Premier League Netbusters**
11.00 **UEFA Champions League**
11.30 **Onboard** The Ocean Race.
12.00 NOON **British Superbikes**
12.15 PM **The Gruppetto**
12.30 **La Vuelta Men** The fifth stage.
1.30 **LIVE Cycling: La Vuelta Men** Stage six of the Grand Tour race.
5.00 **UEFA Champions League** The draw for the league phase.
6.15 **Premier League Reload**
6.30 **Premier League: Big Interview**
7.00 **Premier League Stories**
7.30 **Serie A – Full Impact**
8.00 **TNT Sports Reload**
8.30 **LIVE MLB San Francisco Giants v Chicago Cubs.** Coverage of the National League match from Oracle Park. Start-time **8.45pm**.
11.30 **LIVE CPL Saint Lucia Kings v St Kitts & Nevis Patriots.** Coverage of the T20 match from Gros Islet, Saint Lucia.
3.45 AM **TNT Sports Cricket Reload**
4.00 **to 6.00** AM **Snooker**

TNT Sports 2

411 414 522 409 431

6.00 AM **La Vuelta Men** Stage five.
7.00 **LIVE Snooker: Wuhan Open** Coverage of the opening session of the quarter-finals staged at Wuhan Gymnasium in China, where the players will compete in best-of-nine-frame matches.
10.00 **Ultimate Pool** Pairs Cup.
11.30 **TNT Sports Reload**
12.00 NOON **Discovery Golf**
12.30 PM **LIVE Snooker: Wuhan Open** Coverage of the second session of the quarter-finals from Wuhan Gymnasium in China, where the players will compete in best-of-nine-frame matches.
3.30 **Supertri E World Triathlon**
4.30 **Premier League Netbusters**
5.00 **MLB Highlights**
6.00 **LIVE MLB Baltimore Orioles v Boston Red Sox.** Coverage from Camden Yards. Start-time **6.05pm**.
9.15 **British Superbikes Rewind**
9.30 **CPL Highlights**
10.00 **Snooker Wuhan Open**
12.00 M'T **Ultimate Pool** Pairs Cup.
1.30 AM **Onboard** The Ocean Race.
2.00 **La Vuelta Men** The sixth stage.
3.00 **Fishing: On the Bank**
4.00 **Supertri E World Triathlon**
5.00 **to 6.00** AM **WNBA**

Sky Sports Action

412 410 517 507 426 446

6.00 AM **Rugby League Retro** A chance to see Leigh Centurions v Wigan Warriors from 2017.
8.00 Another chance to see St Helens v Brisbane Broncos in the 2001 World Club Challenge.
10.00 **Super League Highlights**
10.45 **Rugby Greatest Games**
10.50 **LIVE NRL Canterbury-Bankstown Bulldogs v Penrith Panthers.** Coverage of the match from the 26th round of fixtures at Accor Stadium in Sydney. Kick-off is at **10.50am**.
12.50 PM **State of Origin Rugby League Highlights**
1.35 **My Icon** Sporting influences.
2.00 **Rugby League Retro** Another chance to see Leigh Centurions v Wigan Warriors from 2017.
4.00 A chance to see St Helens v Brisbane Broncos in the 2001 World Club Challenge.
6.00 Leigh Centurions v Wigan Warriors from 2017.
8.00 A chance to see London Broncos v Canberra from 1997.
10.00 A replay of Widnes Vikings v Leeds Rhinos from 2002.
12.00 M'T **to 6.00** AM **Rugby League Retro**

Sky Sports Sky Sports+

404 404 518 508 427 447

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
9.00 **Good Morning Transfers** The latest football transfer news.
10.00 **Sky Sports FC** Interactive show covering the football headlines.
12.00 NOON **Transfer Talk** Discussion of the latest transfer news.
1.00 PM **Lunchtime Live** The sports stories making the headlines.
2.00 **Sports Desk** Sports news with live analysis and comments.
3.30 **LIVE US Open Tennis** Coverage of day five of the Grand Slam from the USTA Billie Jean King National Tennis Center in Flushing Meadows, New York. Three-time runner up Victoria Azarenka suffered a three-set loss to China's Wang Yafan in the corresponding session last year.
12.00 M'T **LIVE US Open Tennis** Further coverage of day five of the Grand Slam at the USTA Billie Jean King National Tennis Center in Flushing Meadows, New York. American players Frances Tiafoe and Ben Shelton were involved in an epic encounter on Arthur Ashe Stadium at this stage last year.
5.30 **to 6.00** AM **Sky Sports News**

Sky Sports Tennis

408 408 537 520 425 445

6.00 AM **ATP Tour This Week**
6.30 **US Open Tennis** Highlights from day four of the Grand Slam.
3.30 PM **LIVE US Open Tennis** Coverage of day five of the Grand Slam from the USTA Billie Jean King National Tennis Center.
12.00 M'T **LIVE US Open Tennis** Further coverage of day five of the Grand Slam from New York.
5.30 **to 6.00** AM **WTA & ATP Tennis**

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **LPGA Tour Golf**
9.00 **PGA Tour Champions**
10.00 **The Hundred Bitesize**
10.30 **WTA Tennis** Cleveland Open.
11.30 **ATP Tennis** Winston-Salem Open.
12.30 PM **The Hundred Bitesize**
1.00 **Indycar** Milwaukee Mile 250.
2.00 **PL Greatest Games**
3.00 **PL Retro** Action from 2013/14.
5.00 **HotelPlanner Tour Golf**
5.30 **DP World Tour Golf**
6.00 **The Hundred Bitesize**
7.00 **PGA Tour Golf**
8.00 **PGA Tour Champions**
9.00 **Spirit of Yachting**
9.30 **Indycar** Milwaukee Mile 250.
10.00 **HotelPlanner Tour Golf**
10.30 **DP World Tour Golf**
11.00 **WTA Tennis** Monterrey Open.
12.00 M'T **PL Greatest Games**
1.00 AM **PDC Classics** Archive action.
3.00 **EFL Greatest Games**
4.00 **HotelPlanner Tour Golf**
4.30 **DP World Tour Golf**
5.00 **to 6.00** AM **Playing Lessons**

TNT Sports 3

413 415 523 410 432

6.00 AM **British Superbikes**
7.00 **British Speedway**
8.00 **MotoE Highlights**
8.30 **MotoGP Highlights**
9.30 **Motocross World Championship** From Arnhem.
12.30 PM **MLB Highlights**
1.30 **LIVE Cycling: La Vuelta Men** Coverage of the sixth stage of the Grand Tour race, a 171km route from Olot to Pal in Andorra.
5.00 **The Gruppetto** Cycling action.
5.15 **MotoGP Rewind**
5.30 **British Superbikes Highlights**
6.30 **MotoE Highlights**
7.00 **MotoGP Highlights** Action from the Grand Prix of Hungary.
8.00 **Lomu: The Lost Tapes**
9.15 **Ally's Social Club**
10.00 **Cycling: La Vuelta Men**
11.00 **UEFA Champions League**
3.00 AM **UEFA Champions League – Stories of the Finals**
3.30 **Ally's Social Club**
4.00 **to 6.00** AM **Serie A**

TNT Sports 4

414 416 524 411 434

6.00 AM **AFL** A match replay.
7.30 **UEFA Champions League**
11.30 **The WRC Magazine**
12.00 NOON **Fishing: On the Bank**
1.00 PM **CPL Highlights**
1.30 **UEFA Champions League**
5.00 **Discovery Golf**
5.30 **Ultimate Pool** Highlights from Group 13 of the Pairs Cup.
7.00 **NWSL** Action from NJ/NY Gotham FC v Utah Royals FC.
8.00 Highlights of San Diego Wave FC v Racing Louisville FC.
9.00 **Serie A – Full Impact**
9.30 **Hard Knocks** Behind the scenes of the Buffalo Bills' training camp.
10.30 **UFC** Another chance to see Johnny Walker v Zhang Mingyang.
1.30 AM **MotoE Highlights**
2.00 **MotoGP Highlights**
3.00 **British Superbikes Highlights**
4.00 **TNT Sports Reload**
4.30 **Onboard** The Ocean Race.
5.00 **to 6.00** AM **Rylan: Homophobia, Football and Me**

Premier Sports 1

419 551

6.00 AM **Transworld Sport** Magazine.
7.00 **LaLiga Match Highlights**
8.00 **FIM Sidecarcross** From Madona.
9.00 **DTM Highlights**
10.00 **British Minibikes**
12.00 NOON **Eredivisie Highlights**
1.00 PM **Scottish Football Social Club**
2.00 **LaLiga Highlights**
3.00 **NASCAR Highlights**
4.00 **Motorsport** Valentino Rossi.
4.30 **Euro Le Mans Highlights**
5.30 **World of FreeSports**
6.00 **Sporting Countdowns**
6.30 **Scottish Football Social Club**
7.30 **LaLiga Match Highlights**
8.00 **Eredivisie Highlights**
9.00 **LaLiga Specials**
10.00 **DTM Highlights**
11.00 **World of FreeSports**
11.30 **LaLiga Match Highlights**
12.30 AM **British Minibikes**
2.30 **LaLiga Specials**
3.30 **Top 14 Rugby Union Highlights**
4.30 **World Surf League**
5.30 **to 6.00** AM **World of FreeSports**

Premier Sports 2

420 552

6.00 AM **Football's Greatest**
6.30 **LaLiga Specials**
7.00 **LaLiga** Villarreal v Girona.
9.00 **NASCAR Xfinity Series**
12.00 NOON **FastZone** Highlights.
12.30 PM **Bike World** Magazine.
1.00 **Top 14 Rugby Union Highlights** The 2024/25 season.
2.00 **Football's Greatest** The finest players discuss their careers.
2.30 **LaLiga Specials** The top scorer in the 2024/25 season.
3.00 **German Cup** Action from Wehen Wiesbaden v Bayern Munich.
5.00 **FastZone** Motorsports highlights.
5.30 **Top 14 Rugby Union Highlights** The 2024/25 season.
6.30 **Major League Cricket** Another chance to see MI New York v Washington Freedom in the final.
11.00 **SPFL** Falkirk v Hibernian.
1.00 AM **Football's Greatest**
1.30 **LaLiga** Real Oviedo v Real Madrid.
3.30 Osasuna v Valencia.
5.30 **to 6.00** AM **Football's Greatest**

Sky Sports F1

407 407 516 506 424 444

6.00 AM **Formula 1** From Hungary.
7.00 **Indycar** Milwaukee Mile 250.
9.30 **British GT Championship**
12.05 PM **F1 Features**
2.00 **Formula 1** Highlights.
4.00 **F1 Features**
5.00 **Formula 1** Highlights.
7.00 **F1 Drivers Press Conference**
7.40 **F1 Features**
8.00 **Formula 1** The 2024 Dutch Grand Prix at Circuit Zandvoort.
9.00 Hungarian Grand Prix.
10.00 **F1 Drivers Press Conference**
10.40 **F1 Features**
11.00 **Formula 1** The Dutch Grand Prix.
12.00 M'T **Formula 1** Highlights.
1.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Friday

29 August

Evening Planner

Animation

The Lord of the Rings: The War of the Rohirrim

Sky Premiere, 9.45am & 5.45pm

Anime fantasy about a headstrong Middle-earth princess (voiced by Gaia Wise.)

Documentary

The Jury Australia: Death on the Staircase

C4, 10pm (box set, C4 Streaming)

Twelve Australians sit as jurors in the restaging of a manslaughter trail.

OnDemand

tv+

KPopped

Available today

PSY and Megan Thee Stallion present as acts from the East and West – including Kylie Minogue – collaborate.

OnDemand

NETFLIX

Unknown Number: The High School Catfish

Available today

Investigators uncover a terrible story behind a cyberbullying case.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 Our Lives: The...	8.00 Would I Lie to...	8.30 MasterChef	9.00 Here We Go	9.30 Mrs Brown's Boys	10.00 News; Local News	10.40 Mix...
	102 BBC2	7.00 Villages by the...	7.30 Beechgrove...	8.00 Gardeners' World		9.00 Miriam Margolyes Discovers New Zealand		10.00 Mammoth	10.30 Newsnight
	103 ITV1	‹ 6.30 News †	7.30 Emmerdale	8.00 Coronation Street		9.00 The Fortune Hotel		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Kirstie and Phil's Love It or List It...		9.00 The Jury: Murder Trial		10.00 The Jury Australia: Death on the...	
	105 5	7.00 A Country Life for Half the Price with...		8.00 Michael Palin: Into Iraq		9.00 Lost in the Desert with Nick Knowles		10.00 Bradley Walsh's Standup Comedy...	
	106 SKY SHOWCASE	7.00 The F1 Show		8.00 An Idiot Abroad 2		9.00 Never Mind the Buzzcocks		10.00 Peacemaker	
ENTERTAINMENT	115 BBC3	7.00 Horrible Histories		8.00 Top Gear		9.00 Destination X			
	116 BBC4	7.00 TOTP: 1998		8.00 Mahler's Fifth at the Proms				10.00 TOTP: 1979	10.40 Mary...
	118 ITV2	7.00 Deal or No Deal		8.00 The Bachelor Australia		9.00 Film: Pitch Perfect 3		10.10 Film: Pitch Perfect 3	
	136 MORE4	‹ 6.55 Location, Location, Location		7.55 Grand Designs		9.00 Inspector Gerri		10.15 24 Hours in A&E	
	135 E4	7.00 The Simpsons		8.00 The World's Biggest Cruise Ship		9.00 Film: Venom			
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Chicago Med		9.00 Chicago Fire		10.00 Chicago PD	
	108 SKY ATLANTIC	‹ 6.30 Six Feet Under		7.55 Game of Thrones		9.00 The Pacific		10.00 The Wire	
	110 U&GOLD	7.10 The Vicar of Dibley		8.00 Red Dwarf: The Promised Land				10.00 The Vicar of Dibley	10.40 Not...
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	‹ 6.55 Heartbeat		8.00 Midsomer Murders				10.00 Law & Order: UK	
	120 ITV4	‹ 6.50 The Motorbike Show		7.55 River Monsters		9.00 All Elite Wrestling: Forbidden Door			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Michael McIntyre's Big Show		10.00 Whose Line Is It Anyway? USA	
	139 SKY SCI-FI	7.00 Primeval		8.00 Stargate Atlantis		9.00 Film: TimeCop			
	113 SKY MAX	7.00 Stargate Atlantis		8.00 An Idiot Abroad 2		9.00 Never Mind the Buzzcocks		10.00 Peacemaker	
	109 U&ALIBI	7.00 Father Brown		8.00 Death in Paradise		9.00 Father Brown		10.00 Mudtown	
	124 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Guy Garvey: From the Vaults		9.00 Opry Live		10.00 ELO Live at Wembley 1978	
	132 U&W	7.00 MasterChef Australia			8.20 Simply Nigella	9.00 999 Rescue Squad			
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers: Dream Car		8.00 Deadliest Catch		9.00 Expedition Bigfoot		10.00 How the Universe Works	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 River of No Return		9.00 Alaska: The Last Frontier		10.00 Mountain Monsters	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Apocalypse: The Fall of Hitler				10.00 Gallipoli's Deep Secrets	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 World's First Battlefield		9.00 Field of Vampires		10.00 Ancient Aliens Special Presentation	
	155 U&YESTERDAY	7.00 Turkey with Simon Reeve		8.00 'Allo 'Allo!				10.00 Bangers & Cash	
	121 SKY DOCS	7.00 Amsterdam Narcos		8.00 The Yardbirds			9.50 Mr Dynamite: The Rise of James Brown		
FILMS – Sky Cinema	301 PREMIERE	‹ 5.45 The Lord of the Rings: The War of...		8.00 Sonic the Hedgehog 3				10.00 The Surfer	
	302 80S	‹ 6.00 Grease 2		8.00 Footloose			9.50 Flashdance		
	303 HITS	‹ 5.55 Twisters		8.00 The King's Speech				10.00 Fury	
	304 GREATS	‹ 6.45 Last Action Hero				9.00 Bad Boys			
	305 ANIMATION	7.05 Cloudy with a Chance of Meatballs			8.40 Cloudy with a Chance of Meatballs 2				10.20 Extinct
	306 BACK TO SCHOOL	‹ 5.50 IF	7.50 Matilda				9.45 Big Fat Liar		
	307 LORD OF THE RINGS	‹ 6.20 The Lord of the Rings: The Two Towers				9.20 The Lord of the Rings: The Return of the King			
	308 COMEDY	‹ 6.15 David Brent: Life on the Road		8.00 Talladega Nights: The Ballad of Ricky Bobby				10.10 The Truman Show	
	309 THRILLER	‹ 5.50 Jaws 2		8.00 The Surfer			9.50 Jack Reacher		
	310 DRAMA	‹ 5.50 The Convert		8.00 Lost in Translation				9.55 L'immensità	
	311 SCI-FI	‹ 5.55 Star Trek: Generations		7.55 Star Trek: First Contact			9.50 Star Trek: Insurrection		
	313 FILM4	7.05 Taxi				9.00 Monster Hunter			
SPORT	401 MAIN EVENT	7.00 EFL – Live: Leicester City v Birmingham City (Kick-off 8.00)							10.30 US Open Tennis
	402 PREMIER LEAGUE	7.00 The Transfer Show		8.00 PL Preview	8.30 Fantasy Show	9.00 Transfer 360		10.00 PL Stories	10.30 Big Interview
	403 FOOTBALL	7.00 EFL – Live: Leicester City v Birmingham City (Kick-off 8.00)							10.30 Dundee United...
	405 CRICKET	‹ 6.30 The Hundred						10.00 The Hundred	
	410 TNT SPORTS 1	7.00 TNT Sports...	7.30 MotoE Highlights	8.00 Discovery Golf	8.31 Fishing: On the Bank		9.30 Onboard	10.00 MLB: Off the Bat	10.30 MLB Highlights
	411 TNT SPORTS 2	7.00 Onboard	7.30 CPL Highlights	8.00 British Superbikes Highlights		9.00 British Speedway		10.00 Snooker Wuhan Open	

‹ Denotes programmes starting before 7.00pm † Regions vary

FRIDAY

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BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.30 **Animal Park** (S)(R)(AD)
10.15 **Countryfile Treasures** (S)(R)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** New edition From Builth Wells in Powys. (S)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Sister Boniface Mysteries** *The Shadow of Baron Battenburg:* 2/12. Sam and Ruth go undercover at a spiritual retreat. (S2) (S)(R)
2.45 **Escape to the Country** (S)(R)
3.45 **The Travelling Auctioneers** New edition A pharmacist-turned-comedian seeks to downsize. (S)
4.30 **The Answer Run** New edition (S)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.30 Mrs Brown's Boys

7 PM

7.00 **The One Show** Lauren Laverne and JB Gill present the topical show. (S)
7.30 **Our Lives: The Film I'll Never See** New edition Documentary following the life of Dave Steele, aka the Blind Poet. (S)(AD)

8 PM

8.00 **Would I Lie to You?** With Sophie Ellis-Bextor, Loyiso Gola, Jason Manford and Briony May Williams. (S)(R)
8.30 **MasterChef** New edition 12/24. Food critic Jay Rayner sets the brief for this week's quarter-final. (S)(AD)

9 PM

9.00 **Here We Go** New episode 6/7. The Jessops go on holiday to Malta. (S)(AD)
■ Entire series on BBC iPlayer
9.30 **Mrs Brown's Boys** Series finale 4/4. Agnes goes to Cathy's book club. (S)(AD)
■ Entire series on BBC iPlayer

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **Mix Tape** 1/4. Drama starring Teresa Palmer and Jim Sturgess. In 1989, two teenagers form a bond over their shared love of music. Years later, one of them reaches out, hoping to rekindle their spark. (S)(R)(AD)
11.35 **Mix Tape** 2/4. Daniel and Alison's relationship is beginning in earnest. As they trade their mix tapes, their passion for music and feelings for each other grow. (S1) (S)(R)(AD)
12.30 AM **FILM Absolutely Fabulous: The Movie** Comedy with Jennifer Saunders and Joanna Lumley. (S)(AD) (2016, 15, 85min) ★★★
1.55 **Weather for the Week Ahead** (S)
2.00 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.15 AM **Homes Under the Hammer**. (R)
7.15 **The Travelling Auctioneers** (S)(R)
8.00 **Sign Zone: Anna Haugh's Big Irish Food Tour** (S)(R)
8.30 **Sign Zone: Great Continental Railway Journeys** (S)(R)
9.00 **BBC News** (S)
1.00 PM **Impossible** Quiz show. (S)(R)
1.45 **Bridge of Lies** Game show. (S)(R)
2.30 **The Tournament** Quiz show. (S)(R)
3.15 **Great British Menu: Banquet Special** The final banquet. (S)(R)
4.15 **Big Cats About the House** (S)(R)
5.15 **Flog It!** From Aberystwyth. (S)(R)
6.00 **Richard Osman's House of Games** With guests Diarmuid Gavin, Roo Irvine, John Kearns and Claire Richards. (S)(R)
6.30 **Rick Stein's Cornwall** Rick visits a Cornish dairy and bakes cheese and chive scones. (S)(R)(AD)

9.00 Miriam Margolyes Discovers...

7.00 **Villages by the Sea** Archaeologist Ben Robinson visits Culross in Fife. (S)(R)
7.30 **Beechgrove Garden** New edition Tension builds as judging day approaches in the vegetable plot competition. (S)

8.00 **Gardeners' World** New edition Monty Don is taking salvia cuttings in the jewel garden and potting up nerines for an autumn display, while Adam Frost pays a visit to a ceramicist in Kent who created a prairie garden. (S)

9.00 **Miriam Margolyes Discovers New Zealand** Series finale 2/2. Miriam attends a unique community gym in Auckland, and meets a member of an organised crime gang in Wellington. (S)(AD)

10.00 **Mammoth** 3/3. Tony Mammoth takes on the task of dating in the modern world. (S1) (S)(R)(AD)
10.30 **Newsnight** (S)
11.00 **FILM Atonement** British romantic drama based Ian McEwan's novel, starring Keira Knightley and James McAvoy. In 1935, a 13-year-old girl falsely accuses her older sister's boyfriend of rape. (S)(AD) (2007, 15, 115min) ★★★★
12.55 AM **Sign Zone: The Moment of Proof** A fatal shooting. (S)(R)(AD)
1.25 **Sign Zone: Human** (S)(R)(AD)
2.25 **Sign Zone: Murder Case: The Vanishing Cyclist** (S)(R)(AD)
3.25 **to 6.00** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Fern Britton: Inside the Vet's** Series finale 6/6. Vet James is concerned about British shorthair cat Nico, and Fern meets cocker spaniel Nya as she enters the surgery for a scan on a potentially cancerous lump. (S)(AD)
3.00 **Lingo** Word-based quiz show hosted by Adil Ray. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

8.00 Coronation Street

7.30 **Emmerdale** Charity crumbles under the weight of everything, while Aaron makes a shocking discovery, and Moira makes a new friend. (S)(AD)

8.00 **Coronation Street** A hungover Asha calls in sick, Jenny stares death in the face, Miles turns up at Summer's birthday party, Tracy winds up Abi by propositioning Carl, while Theo orders Todd to choose between him and Billy. (S)(AD)

9.00 **The Fortune Hotel** Series finale 8/8. The final Hotel Game sees guests scramble to solve a puzzle in their rooms, and the final three pairs race across the Caribbean Sea in the Day Trip Challenge. Stephen Mangan hosts. (S)(AD)

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **FILM The Taking of Pelham 123** Action thriller remake starring Denzel Washington and John Travolta. Four ruthless gunmen hijack a crowded New York subway train, leading to a battle of wits between the gang's leader and a train dispatcher. (S) (2009, 15, 105min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.30 AM **Teleshopping**
3.00 **The Fortune Hotel** (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Katie Piper's Weekend Escape** Katie is joined by comedians Paul Merton and Suki Webster. (S)(SL)(R)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.25 AM **Cheers** 16-19/27. (S9) (S)(R)
8.10 **The King of Queens** (S)(R)(AD)
9.10 **Frasier** (S11 &1) (S)(R)(AD)
11.10 **Ramsay's Kitchen Nightmares USA** From New Orleans. (S)(R)
12.05 PM **News** (S)
12.10 **A New Life in the Sun** (S)(R)
1.10 **Car S.O.S** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun: What Happened Next?** (S)(R)
4.00 **The Great House Giveaway** Fashion stylist Karan and painter-decorator Zoe revamp a terraced house in Birmingham. (S)(R)
5.00 **Chateau DIY** Ithaca and Alex prepare for their annual fundraising brocante and flower fair. (S)(R)(AD)
6.00 **Sun, Sea and Selling Houses** A keen baker from Nottingham looks for a home in Alicante. (S)(R)

8.00 Kirstie & Phil's Love It or List It

7.00 **News** (S)

8.00 **Kirstie & Phil's Love It or List It: Brilliant Builds** New edition Kirstie and Phil recall renovation projects, including one in Edinburgh that was dealt a huge curveball threatening the very land the home was built on. (S)(AD)

9.00 **The Jury: Murder Trial** Series finale 4/4. After a final, surprising new piece of evidence from the defence, both sides present their closing arguments before the jurors retire to decide their verdicts. (S)(AD)

10.00 **NEW SERIES The Jury Australia: Death on the Staircase** 1/5. A re-enactment of a real manslaughter trial. A man is found dead at the bottom of the stairs in his home. (S)(AD)
■ Entire series on C4 streaming
11.20 **FILM Terminator Genisys** Sci-fi adventure sequel starring Arnold Schwarzenegger and Emilia Clarke. (S)(AD) (2015, 12, 130min) ★★★
1.30 AM **Ramsay's Kitchen Nightmares USA** 1/2. Gordon Ramsay visits Mill Street Bistro in Norwalk, Ohio. (S)(SL)(R)
2.20 **The Jury: Murder Trial** (S)(SL)(R)
4.10 **Location, Location, Location** (R)
5.00 **to 6.00** AM **George Clarke's Amazing Spaces** (S)(SL)(R)(AD)

+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 | 105 | 5 | 105 | 105 | 5

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley and Guests** (S)
12.30 PM **Vanessa** Discussion. (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.20 FILM PREMIERE **Cruel Love** Thriller starring Christian Oliver. (S) (2024, PG, 100min) ★★
4.00 **All Creatures Great and Small** *Second Time Lucky:* 1/7. It is spring 1939, and big changes are happening at Skeldale, with everyone having to learn how to adjust. (S3) (S)(R)(AD)
5.00 **News** (S)
6.00 **Bargain-Loving Brits in the Sun** Love is in the air as a pair of bar stewards celebrate their wedding anniversary. (S)(R)(AD)
6.55 **News** (S)

9.00 Lost in the Desert

7.00 **A Country Life for Half the Price with Kate Humble** New edition 7/8. Kate heads to the Shetland Islands to visit the Cook family. (S)
7.55 **News** (S)

8.00 **Michael Palin: Into Iraq** 1/3. The actor and presenter embarks on a journey through Iraq – considered one of the most dangerous and complex countries in the world. (S)(R)(AD)

9.00 **Lost in the Desert with Nick Knowles** Series finale 3/3. The presenter leaves the desert sands of the Gobi and the peaks of the West to travel to Ulaanbaatar, the coldest capital in the world. (S)

10.00 **Bradley Walsh's Standup Comedy Heroes** 2/3. The entertainer explores the world of stand-up, talking about his own experiences before celebrating the routines and comedians that influenced him as well as those he thinks are geniuses. (S)(R)
11.30 **When TV Goes Horribly Wrong** A selection of disastrous interviews. (S)(R)
1.25 AM **PlayOJO Live Casino Show**
3.25 **Susan Calman's Grand Day Out** The Scottish Glens. (S)(R)
4.15 **Friends** (S1) (S)(R)(AD)
4.40 **Me & My 10 Kids** (S)(SL)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 | 109 | 340 | 355

6.00 AM **Sky News Breakfast**
7.00 **Breakfast with Anna Jones**
8.00 **Border Patrol** (S)(R)(AD)
9.00 **Stargate Atlantis** (S)(R)
11.00 **Hope for Wildlife: The Next Generation** (S)(R)(AD)
12.00 NOON **The Simpsons** (S)(R)
1.00 PM **Hawaii Five-0** (S1) (S)(R)
3.00 **NCIS: Los Angeles** (S14) (S)(R)
4.00 **S.W.A.T.** 10/22. (S6) (S)(R)(AD)
5.00 **The Simpsons** *Bart Carny:* A carnival worker moves in. (S)(R) **5.30** *Much Apu About Something:* Sanjay's son turns the Kwik-E-Mart into a health-food store. (S)(R) **6.00** *The Joy of Sect:* The family are brainwashed by a cult. (S)(R) **6.30** *The Last Temptation of Krust:* Krusty attempts to spice up his comedy act. (S)(R)

9.00 Never Mind the Buzzcocks

7.00 **The F1 Show** A look ahead to the Dutch Grand Prix, the 15th round of the season at Circuit Zandvoort, providing a sneak peek of the paddock and the personalities involved at the heart of the race. (R)

8.00 **An Idiot Abroad 2** 1/8. Karl Pilkington visits destinations on his 'bucket list'. He begins with a night on a private island in Vanuatu in the South Pacific, meeting a Prince Philip-worshipping tribe. (S)(R)

9.00 **Never Mind the Buzzcocks** Guests Alex James, Julian Clary and Sister Bliss join Greg Davies, Noel Fielding and Jamali Maddix, with Mel B standing in as captain for a 1990s special. (S)(R)(AD)

10.00 **Peacemaker** New episode *A Man Is Only as Good as His Bird:* 2/8. Superhero action comedy spin-off from *The Suicide Squad* movie, starring John Cena, Danielle Brooks and Freddie Stroma. (S2)

11.00 **A League of Their Own** Guests Christian Horner and Alex Brooker take on a G-force challenge. (S)(R)(AD)
12.00 M'T **Boardwalk Empire** (S)(R)
2.10 AM **Sex and the City** (S1) (S)(R)
2.40 **The Office (US)** 6/22. (S)(R)
3.10 **NCIS: Los Angeles** (S14) (S)(R)
4.00 **S.W.A.T.** (S6) (S)(R)(AD)
5.00 **Motorway Patrol** (S)(R)
5.30 **to 6.00** AM **Monkey Life** (S)(R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
No variations

N. IRELAND
Sky 966, Virgin 863, Freesat 966
7.30pm Paula McIntyre's Hamely Kitchen USA (S)(R) **8.00-8.30** Our Lives: The Film I'll Never See New edition (S)(AD) **10.40** Paddy & Nigel's Tourist Trap (S)(R) **11.10** Mix Tape (S)(R)(AD) **12.10-12.30am** Mix Tape (S)(R)(AD) **1.05** The Hit List (S)(R) **1.50-6.00am** BBC News (S)

WALES
Sky 965, Virgin 864, Freesat 965
7.30pm Back in the Day New edition (S) **8.00-8.30** Wales' Home of the Year (S)(R) **10.40** Rewind: 60 Years of Welsh Pop – Gwynedd New edition (S) **11.10** Mix Tape (S)(R)(AD) **1.00am** The Hit List (S)(R) **1.45-6.00am** BBC News

BBC2

N. IRELAND
Sky 969, Freesat 969
10.00-10.30pm Limbs in the Loch: Catching a Killer New edition (S)(AD)

WALES
Sky 968, Freesat 968
6.00-7.00pm Richard Osman's House of Games (S)(R) **7.30-8.00pm** Our Lives: The Film I'll Never See New edition (S)(AD)

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Dim Byd i'w Wisgo **12.30** Heno **1.00** Gwladfa: Gwilym Bowen Rhys **1.30** Codi Hwyl (AD) **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Gwesty Aduniad **4.00** Awr Fawr **5.00** Stwnsh **6.00** Cais Quinnell (AD) **6.30** Garddio a Mwy **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Triathlon Cymru – Aberllydan **8.55** Newyddion a'r Tywydd **9.00** Rygbi Cymru: Y Gêm yn y Gwaed **10.00** NEW Tisho Fforc – Maes B **10.30** Curadur **11.00pm-12.05am** Ralïo Autograss Cenedlaethol

TV&Satellite week
New issue on sale now

BBC3

115/117/121 118 | 107/113 | 23 | 107 | 107 | 10

BBC3 programmes start at 7.00pm

7.00 PM **Horrible Histories** Medieval knights discover the most disgusting way to attack a castle. **7.30** A soldier spends his first day in the trenches during the Great War.
7.55 **The Catch Up**
8.00 **Top Gear** James, Jeremy and Richard attempt to find three small cars at an affordable price, and James May meets American rally driver Ken Block.
9.00 **Destination X** 9/10. The four remaining passengers hunt for clues and look to the stars for an advantage.
10.00 **Destination X** 10/10. Rob Brydon hosts, as the series reaches its conclusion.
11.00 **Tommy: The Good. The Bad. The Fury**
12.00 M'T **Charlotte in Sunderland** Double bill.
1.00 AM **Top Gear**
2.00 **The Fast and the Farmer-ish** Tractor racing.
2.30 **My Mate's a Bad Date**
3.00 **to 3.55** AM **Ashley Cain: Into the Danger Zone**

MORE4

136/137 127 | 147 | 18 | 124 | 15

8.55 AM **Find It, Fix It, Flog It**
10.00 **A Place in the Sun**
10.30 **A Place in the Sun: Home or Away**
11.35 **A Place in the Sun**
12.35 PM **Come Dine with Me** Five editions of the dinner party contest in Eastbourne.
3.10 **Four in a Bed** Five editions of the B&B challenge.
5.55 **Location, Location, Location** Helping house-hunters in Bath. **6.55** House-hunting in Didsbury and Chesire.
7.55 **Grand Designs** Presenter Kevin McCloud meets Andy and Jeanette, who are building a new house on top of a sheer cliff on the west coast of Scotland.
9.00 **Inspector Gerri** New episode *Like Snow in the South – Part Two:* 4/8. A tragedy hits the police team, affecting everyone. Meanwhile, Liliana Simeone is found to have a troubled past and there's possibly more than one death to investigate. Subtitled. (S1)
10.15 **24 Hours in A&E** A heart attack victim undergoes an emergency procedure.
11.15 **999: On the Front Line** A rail worker is hit by a train.
12.20 AM **999: On the Front Line** Medical documentary.
1.20 **24 Hours in A&E**
3.30 **to 3.55** AM **Food Unwrapped**

+1 hour 236/237 347 125

BBC4

116 119 | 107/108 | 9/24 | 106 | 108 | 11

BBC4 programmes start at 7.00pm

7.00 PM **TOTP: 1998** Featuring All Saints, The Mavericks, Catatonia and Tori Amos. **7.30** With The Tamperer with Maya, Boyzone, Freak Power, and Leann Rimes.
8.00 NEW **Mahler's Fifth at the Proms** Conductor Klaus Mäkelä and the Royal Concertgebouw Orchestra bring Mahler's *Fifth Symphony* with its famous Adagietto to the Proms, alongside Berio's composition *Rendering*.
10.00 **TOTP: 1979** Music by Nick Lowe, Secret Affair, Dollar, The Gibson Brothers, Gary Numan and Johnny Mathis.
10.40 **Mary J Blige at the BBC** A compilation of archive performances by the American R&B singer.
11.40 **First Ladies of Hip Hop** How female rappers fought for their voices to be heard. **12.40** AM The arrival on the scene of Salt-N-Pepa. **1.40** Female rappers from the 1990s onwards.
2.40 **to 3.40** AM **TOTP: 1998**

E4

135/136 126 | 106 | 13 | 122 | 13

6.00 AM **Modern Family**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **Brooklyn Nine-Nine**
9.00 **The Simpsons**
10.00 **Young Sheldon**
11.00 **Modern Family**
12.00 NOON **The Big Bang Theory** 3-6/24. (S4)
2.00 PM **Brooklyn Nine-Nine**
3.00 **The Simpsons**
4.00 **The Big Bang Theory**
6.00 **The Simpsons**
7.00 **The Simpsons** *Double, Double, Boy in Trouble:* Bart eagerly trades lives with a wealthy lookalike. **7.30** *Ned 'n' Edna's Blend Agenda:* Ned and Edna secretly tie the knot.
8.00 **The World's Biggest Cruise Ship** The construction and launch of cruise ship *Icon of the Seas*.
9.00 FILM **Venom** Fantasy with Tom Hardy. A struggling journalist gains superhuman powers when his body merges with an alien organism. (2018, 15, 112min) ★★★
11.00 **Naked Attraction**
12.05 AM **Gogglebox**
1.05 **The Big Bang Theory**
2.05 **The Simpsons**
2.35 **Brooklyn Nine-Nine**
3.30 **Modern Family**
4.20 **Young Sheldon**
5.10 **to 6.00** AM **Brooklyn Nine-Nine**

+1 hr 235/236 306 30 123 256

Friday primetime

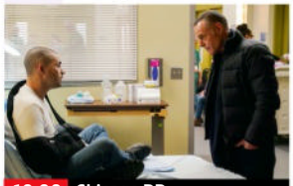
FRIDAY Entertainment

Friday

Sky Witness

107 107 110 341 356

6.00 AM **Motorway Patrol**
7.00 **Border Security: America's Front Line** Double bill.
8.00 **Border Patrol** Double bill.
9.00 **UK Border Force**
10.00 **Brit Cops: Rapid Response**
11.00 **Bondi Rescue** Double bill.
12.00 NOON **FBI** 7/22. The team work with Maggie to infiltrate a group building bombs. (S5)
1.00 PM **FBI: International** 6/22. Vo's friend asks for help to find her missing nephew. (S2)
2.00 **Caught on Dashcam**
4.00 **Nothing to Declare**


10.00 Chicago PD

7 PM
7.00 Nothing to Declare A nervous passenger is questioned by officials. **7.30** An unusual travel itinerary raise suspicions.

8 PM
8.00 Chicago Med New episode *Together One Last Time:* 18/22. Hannah makes a tough call to save a life. (S10)

9 PM
9.00 Chicago Fire New episode *Post-Mortem:* 18/22. Boden returns to investigate a disastrous firefight. (S13)

10 PM
10.00 Chicago PD New episode *Demons:* 18/22. Voight and Chapman uncover Deputy Chief Reid's shadowy dealings. (S12)
11.00 **The Good Doctor** 3/20. Shaun, Claire and Alex mentor a new group of resident hopefuls. (S4)
12.00 M'T **The Equalizer** 14/18. (S2)
1.00 AM **Caught on Dashcam**
3.00 **The Force: Manchester**
4.00 **Send in the Dogs**
5.00 **to 6.00** AM **The Real A&E**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Fish Town**
9.20 **True Blood** 5&6/12. (S5)
11.30 **Six Feet Under** 12/12. (S5)
1.05 PM **Game of Thrones** (S1)
2.10 **Babylon Berlin** 7&8/12. (S4)
4.20 **True Blood** 7/12. Russell lures more loyalist vampires to his anti-human cause. **5.25** 8/12. Sookie and Jason visit the site where their parents died. (S5)
6.30 **Six Feet Under** 12/12. Last episode. Brenda goes into labour, and Rico tells David to sell the funeral home. (S5)

9.00 The Pacific

7.55 Game of Thrones *Fire and Blood:* 10/10. Robb's bannermen make a momentous declaration, and Catelyn confronts Jaime Lannister. (S1)

9.00 The Pacific *Peleliu Airfield:* 6/10. The Marines undertake a manoeuvre that places the entire company in danger. (S1)

10.00 The Wire *Old Cases:* 4/13. McNulty and Bunk reinvestigate a woman's murder that may be linked to Barksdale's crew. (S1)
11.05 **The Sopranos** 4/13. Tony goes to Italy on business. (S2)
12.05 AM **The Time Traveler's Wife**
1.00 **Gomorrah** 3&4/12. (S3)
3.00 **Game of Thrones** (S1)
4.05 **Richard E Grant's Hotel Secrets** Tokyo.
5.00 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S1)
8.00 **The Blacklist** 7/22. (S9)
9.00 **Stargate Atlantis** (S4)
11.00 **SEAL Team** 2/20. (S3)
12.00 NOON **The Blacklist** (S9)
1.00 PM **Hawaii Five-0** (S1)
3.00 **NCIS: Los Angeles** (S14)
4.00 **S.W.A.T.** 10/22. The team race to locate a boy abducted from a homeless shelter. (S6)
5.00 **SEAL Team** 1/20. The team go on a mission in Serbia. (S3)
6.00 **Stargate Atlantis** 15/20. Sheppard and the team hunt an escaped Replicator. (S4)

8.00 An Idiot Abroad

7.00 Stargate Atlantis *Trio:* 16/20. Carter, McKay and Keller are sent to help a village that is being rocked by tremors. (S4)

8.00 An Idiot Abroad 2 1/8. Karl visits destinations on his 'bucket list', beginning with a trip to an island in the South Pacific.

9.00 Never Mind the Buzzcocks Alex James, Sister Bliss, Julian Clary and Mel B join the regulars for a 1990s special.

10.00 Peacemaker New edition *A Man Is Only as Good as His Bird:* 2/8. Superhero action comedy spin-off. (S2)
11.00 **A League of Their Own** Guests Christian Horner and Alex Brooker take on a G-force challenge.
12.00 M'T **S.W.A.T.** 6/22. (S8)
1.00 AM **Strike Back: Vendetta**
2.00 **Road Wars**
3.00 **NCIS: Los Angeles** (S14)
4.00 **S.W.A.T.** 10/22. (S6)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.45 **Dinner Date**
8.40 **Billie and Greg...**
9.35 **The Only Way Is Essex**
10.15 **Real Housewives of Potomac**
11.35 **Real Housewives of New...**
12.30 PM **Billie and Greg: The Family Diaries**
1.30 **The Only Way Is Essex**
2.30 **The Bachelor Australia**
4.05 **Real Housewives of Potomac**
5.00 **Real Housewives of New Jersey** Reality series.
6.00 **Celebrity Catchphrase**

9.00 Pitch Perfect 3

7.00 Deal or No Deal Stephen Mulhern hosts as Guy takes on the Banker for the chance to win life-changing money.

8.00 The Bachelor Australia New edition Jimmy decides that each of the three women left will organise the dates.

9.00 FILM Pitch Perfect 3 Comedy sequel starring Anna Kendrick and Rebel Wilson. After their win at the world championship, the Bellas reunite for one last singing competition. (2017, 12, 93min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
10.55 Family Guy 17/20. Stewie sets out to recover his tricycle after Peter throws it away. (S17)
11.25 **Family Guy** 10/20. (S17)
11.55 **American Dad!** (S13)
12.55 AM **Bob's Burgers** 5/22. (S9)
1.25 **Plebs** 1&2/8. (S4)
2.25 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Classic Emmerdale**
7.00 **Classic Coronation Street**
8.10 **Midsomer Murders**
10.15 **The Royal** *Consequences.*
11.20 **Heartbeat** Double bill.
1.35 PM **Classic Emmerdale**
2.40 **Classic Coronation Street**
3.40 **Midsomer Murders** *The Axeman Cometh:* A rock band's reunion seems doomed. Guest stars Suzi Quatro.
5.45 **Heartbeat** *Snake in the Grass:* Greengrass comes off worst in a car deal and responds by seizing goods.

8.00 Midsomer Murders

6.55 Heartbeat *Fall Out:* A radioactive isotope is stolen from outside the pub, and Greengrass gets a visit from his brother.

8.00 Midsomer Murders *The Glitch:* A school teacher is killed in a hit-and-run, and Barnaby suspects the intended target was a Midsomer University science fellow. Guest stars David Haig and Nigel Whitmey.

10.00 Law & Order: UK *Masquerade:* 6/7. A library book provides the only clue to the murder of a student. (S3)
11.00 **Law & Order: UK** 7/7. A cyberstalking case becomes a murder investigation. (S3)
11.50 **Professor T** 5/6. The professor lectures his students about the murder trial of a caretaker. (S2)
12.55 AM **Agatha Christie's Poirot**
2.00 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **Endurance Race: Itera** The qualifier for the 2026 Adventure Racing World Championship.
8.30 **Our Lives: Downhill Highs** A mountain biker attempts to scale all 282 of Scotland's highest mountains.
9.00 **Billy Connolly: Big Banana Feet** The long-lost film of the comedian's 1975 tour of Ireland.
10.15 **Still Game** 3/6. Jack and Victor try to stage the perfect sting. (S3)
10.45 **Jules and Greg's Wild Swim** Julie and Greg travel along the River Tay.
11.15 **Best of Chewin' the Fat** 4/10. Highlights of the sketch show. (S1)
11.45 PM **to 12.00** M'T **Short Stuff** Compilation of comedy sketches.

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Will & Grace** (S1)
9.00 **The Conners** (S3)
10.00 **The Office (US)** (S2)
11.00 **Sex and the City** (S3)
12.20 PM **Girls** 5&6/10. (S6)
1.30 **Sex and the City** (S3)
2.40 **Girls** 7&8/10. (S6)
4.00 **The Office (US)** (S2)
5.00 **Will & Grace** (S1)
6.00 **The Conners** (S3)
7.00 **The Office (US)** (S2)
8.00 **Will & Grace** 17/22. The gang go to stay at Karen's rural cabin. **8.30** 18/22. Will befriends his eccentric new neighbour Val. (S1)
9.00 **Maisie Adam: Appraisal** Stand-up performance at Harrogate Theatre.
10.25 **And Just Like That...** *Some of My Best Friends:* 4/10. Carrie decides to put her home up for sale. (S1)
11.15 **Entourage** (S2)
1.00 AM **Veep** 9&10/10. (S3)
2.20 **Curb Your Enthusiasm**
3.40 **to 5.00** AM **Barry**

Sky Arts

124/125 114/115 123 36 143 24 350 365

6.00 AM **Classic FM Live: Great British Classics**
8.00 **The Joy of Painting**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **Discovering: Robert Shaw**
1.00 PM **Tales of the...**
2.00 **Battle of the Bagpipes**
3.00 **World War II & Cinema**
4.00 **The Directors**
5.00 **Discovering: Rex Harrison**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Guy Garvey: From the Vaults** Music from 1978.
9.00 **Opry Live** New edition
10.00 **ELO Live at Wembley**
11.20 **The Moody Blues Live at the Isle of Wight**
12.50 AM **Paul McCartney and Wings: One Hand Clapping** Documentary.
2.20 **The Genesis Songbook**
3.40 **to 6.00** AM **National Treasures**

Sky Mix

151 158 135 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: Canada's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: Canada's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Enterprise**
5.00 **Stargate SG-1** (S7)
6.00 **Star Trek: Voyager** *The 37s:* 1/26. (S2)
7.00 **Star Trek: The Next Generation** *Up the Long Ladder:* 18/22. (S2)
8.00 **Star Trek: Deep Space Nine** 2/26. (S4)
9.00 **Forensics: Catching the Killer** Double bill.
11.00 **Grimm** 4/13. (S6)
12.00 M'T **Killer in My Village**
1.00 AM **Nothing to Declare**
2.00 **Brit Cops: Rapid Response** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Patrol**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Lingo** Word-based quiz hosted by Adil Ray.
10.00 **Tipping Point** Triple bill of the game show.
1.00 PM **Lingo** Word-based quiz hosted by Adil Ray.
2.00 **In with a Shout** Game show hosted by Joel Dommett.
3.00 **Tenable** Double bill of the quiz show hosted by Warwick Davis.
5.00 **Deal or No Deal** Stephen Mulhern hosts the game show.
6.00 **Lingo** Double bill of the word-based quiz show hosted by Adil Ray.
8.00 **Deal or No Deal** Stephen Mulhern hosts the game show in which a contestant takes on the ruthless Banker.
9.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.00 M'T **In with a Shout** Game show hosted by Joel Dommett.
12.55 **to 1.00** AM **Unwind**

GREAT! tv

157 167 170 34 48

8.00 AM **Father Dowling Mysteries** 15/22. (S3)
9.00 **Diagnosis Murder**
10.00 **Little House on the Prairie** 22&23/23. (S3)
12.00 NOON **Highway to Heaven** 10/24. (S2)
1.00 PM **Father Dowling Mysteries** 20/22. (S3)
2.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
8.00 **M*A*S*H** 5&6/22. (S10)
9.00 **FILM The Da Vinci Code** Thriller based on Dan Brown's novel, starring Tom Hanks. A professor and a cryptographer try to solve a series of clues about the true nature of the Holy Grail. (2006, 12, 149min) ★★★
12.05 AM **The Avengers** (S5)
1.05 **M*A*S*H** (S10)
2.05 **Hart to Hart** 6/22. (S5)
3.00 **Crazy Like a Fox** (S2)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **The Derby Through the Years** Memorable stagings.
6.20 **The Saint**
7.20 **Kojak** Double bill.
9.30 **Magnum, PI** Double bill.
11.35 **Giant Lobster Hunters**
1.35 PM **Kojak** Double bill.
3.40 **Magnum, PI** *Heal Thyself:* A doctor is accused of murder. **4.40** *Of Sound Mind:* Thomas inherits a fortune from an unpopular practical joker.
5.45 **The Saint** *Interlude in Venice:* Templar visits Venice to save a damsel in distress.

7.55 River Monsters

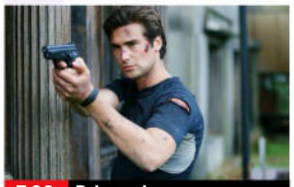
6.50 **The Motorbike Show** The California-based Brit who is reviving the American chopper.
7.55 **River Monsters** Extreme angler Jeremy Wade sets off on a journey to unmask a mystery sea monster that washed up on a UK beach.
9.00 **Wrestling: AEW Forbidden Door** Action from the wrestling event at London's O2 Arena, featuring Kazuchika Okada v Swerve Strickland for the AEW Unified Championship and Timeless Toni Storm v Athena for the AEW Women's World Championship.
2.20 AM **The Protectors** *Wam – Part Two:* The team come to the aid of a party of holidaymakers on an Austrian mountain.
2.50 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 6/26. (S1)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: Deep Space Nine** 14/20. (S1)
2.00 **Primeval** 8/10. (S3)
3.00 **Stargate Atlantis** (S3)
4.00 **Star Trek: Voyager** (S7)
5.00 **Star Trek: Deep Space Nine**
6.00 **Star Trek: The Next Generation** 6/26. The crew find themselves thrust into the middle of a mystery. (S1)


7.00 Primeval

7.00 **Primeval** 8/10. In a bid to escape a huge insect-like creature, Jack drives through an anomaly and into the future. (S3)
8.00 **Stargate Atlantis** *Submersion:* 18/20. The team awaken a dormant Wraith queen. (S3)
9.00 **FILM TimeCop** Sci-fi action thriller starring Jean-Claude Van Damme and Ron Silver. A 21st-century TimeCop discovers that an unscrupulous US senator is manipulating the past to his own advantage. (1994, 18, 94min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.00 **The Walking Dead** 13/24. Maggie, Lydia and Elijah run into Aaron. (S11)
11.50 **True Blood** 7/10. Eric makes a final attempt to save Nora. **12.55** AM 8/10. Sookie faces a major dilemma. (S6)
2.00 **Wynonna Earp** (S4)
3.00 **Primeval** As 7.00pm.
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S12)
9.00 **Father Brown** As 6.00pm.
10.00 **The Mentalist** 5/23. (S2)
11.00 **Hudson & Rex** 18/20. (S5)
12.00 NOON **Father Brown**
1.00 PM **Death in Paradise** (S6)
2.00 **Murdoch Mysteries** (S12)
4.00 **The Mentalist** 5/23. (S2)
5.00 **Hudson & Rex** 18/20. An imprisoned killer forces the station into lockdown. (S5)
6.00 **Father Brown** *The Invisible Friends:* Murder threatens to derail the live broadcast of an agricultural radio drama.

4.00 The Mentalist

7.00 **Father Brown** *The Wayward Girls:* Bunty and Father Brown uncover a dark secret at the local girls' borstal.
8.00 **Death in Paradise** *In the Footsteps of a Killer:* 7/8. DI Jack Mooney and the team reopen a seven-year-old murder. (S6)
9.00 **Father Brown** *The Cup of Calabria:* The priest joins forces with Flambeau to hunt for a priceless holy relic.
10.00 **Mudtown** *Cast Iron Fake:* 2/6. With Ned in a critical condition, Claire decides to take matters into her own hands. (S1)
11.00 **Father Brown** As 6.00pm.
12.00 M'T **White Collar** 6/16. The arrest of a thief leads Peter toward a scheme in which prospective adoptive parents are being blackmailed. (S2)
1.00 AM **Death in Paradise**
2.00 **to 4.00** AM **Elementary**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.15 AM **Don't Wait Up**
7.55 **Keeping Up Appearances**
8.35 **Last of the Summer Wine**
9.55 **Are You Being Served?**
10.35 **Porridge**
11.15 **Last of the Summer Wine**
12.35 PM **Keeping Up Appearances**
1.15 **Dad's Army**
2.35 **Porridge**
3.15 **Last of the Summer Wine**
4.30 **Don't Wait Up**
5.10 **Are You Being Served?**
5.50 **Dad's Army**
6.30 **Porridge**

5.50 Dad's Army

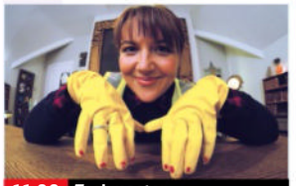
7.10 **The Vicar of Dibley** A summer water shortage presents problems for the locals – especially Alice.
8.00 **Red Dwarf: The Promised Land** The posse meet three cat clerics who worship Lister. Lister vows to help them as they're being hunted by a feral cat leader who wants to wipe out cats who worship anyone but him.
10.00 **The Vicar of Dibley** The villagers decide to set up a radio station.
10.40 **Not Going Out** Lee and Tim attempt to befriend a lesbian couple.
11.20 **Not Going Out**
12.00 M'T **Inside No 9**
12.40 AM **The Vicar of Dibley**
1.20 **Not Going Out**
2.40 **Inside No 9**
3.15 **to 4.00** AM **Back to Life**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Pointless** Quiz show.
8.00 **Border Force: America's Gatekeepers** Double bill.
10.00 **Railroad Australia**
12.00 NOON **Celebrity Storage Hunters** Double bill.
2.00 PM **Railroad Australia**
3.00 **Top Gear** Double bill.
5.00 **Rick Stein's Fresh Food** Rick tries out a Welsh bread recipe from the 18th century. **5.30** The chef cooks up a feast based on cider.
6.00 **Hairy Bikers' Best of British** A selection of gourmet dishes.


11.00 Taskmaster

7.00 **Would I Lie to You?** With guest panellists Joe Lycett, Nikki Fox, Miles Jupp and Nish Kumar. **7.40** **Richard Osman's House of Games** With Karim Zeroual and Rob Rinder. **8.20** Steve Cram, Lloyd Griffith, Jeanette Kwakye and Josie Long take part.
9.00 **QI XL** Guests Katy Brand, Sue Perkins and David Mitchell join regular panellist Alan Davies and host Stephen Fry.
10.00 **Have I Got a Bit More News for You** Jason Manford hosts the satirical quiz, with Glenn Moore and Jess Phillips. **11.00** **Taskmaster** It's time for the grand final, which features peas, teas and absent keys.
12.00 M'T **Mock the Week**
12.40 AM **Would I Lie to You?**
2.00 **Hate Thy Neighbour**
3.00 **to 4.00** AM **Richard Osman's House of Games**

+1 hour 211/212 327 74 259

7 PM
8 PM
9 PM
10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **Car S.O.S**
10.00 **Chateau DIY**
12.00 NOON **George Clarke's Amazing Spaces**
1.00 PM **A Place in the Sun**
3.00 **Come Dine with Me**
5.30 **A Place in the Sun**
6.00 **A Place in the Sun: What Happened Next?**
7.00 **Kirstie and Phil's Love It or List It**
8.00 **George Clarke's Kitchen vs Garden** An Exmouth couple choose between a high-end kitchen and a Mediterranean garden.
9.00 **24 Hours in A&E** A 20-year-old is rushed in to hospital after falling off her motorbike.
10.00 **Gogglebox** Show being appraised include of *The Masked Dancer* and *Married at First Sight UK*.
11.00 **Celebrity Gogglebox**
12.05 AM **First Dates**
1.05 **to 5.00** AM **The Jury: Murder Trial**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 14-16/24. (S7)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Dead Air:* 5/24. The team investigate the deaths of a radio DJ and a naval officer. **7.00** *Cracked:* 6/24. Abby gets personally involved in the case of a murdered naval scientist. **8.00** *Broken Arrow:* 7/24. Gibbs asks Tony's father to join them on a murder investigation. (S8)
9.00 **Person of Interest** *Relevance:* 16/22. Reese and Finch are assigned to protect two anti-terrorist operatives. **10.00** *Proteus:* 17/22. Reese and Finch track down a serial killer who is stealing identities. (S2)
11.00 **Law & Order: Special Victims Unit** (S18)
2.45 AM **Criminal Minds**
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Nightmare Tenants, Slum Landlords**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Car Pound Cops: Give Me My Car Back!**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **FILM Jason Bourne** Action thriller starring Matt Damon. Former government operative Jason Bourne is drawn out of hiding to uncover truths about his father. (2016, 12, 123min) ★★★
11.25 **FILM Final Destination 5** Horror thriller sequel. (2011, 15, 91min) ★★★
1.20 AM **101 Near Misses**
2.20 **The Resident** (S5)
3.50 **to 4.00** AM **Entertainment News**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Highway Patrol**
9.25 **Outback Truckers**
10.25 **Trucking Hell**
11.25 **Police Interceptors**
1.25 PM **FILM The Man Who Shot Liberty Valance** Western with James Stewart. (1962, b/w, U, 122min) ★★★★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors** Barry Peach outsmarts a disqualified driver. **7.00** PC Barry Peach hunts for a man suspected of assault. **8.00** Officers stop an uninsured driver.
9.00 **Police: Suspect No 1**
10.00 **The Motorway**
11.00 **MacGyver** 20/21. (S1)
12.00 M'T **Behind Bars: World's Toughest Prisons**
1.00 AM **Coastguard: Search & Rescue SOS**
2.00 **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.15 AM **MasterChef Junior USA Specials**
7.00 **Tipping Point**
10.00 **My Dream Home**
1.00 PM **Tipping Point**
4.00 **Property Brothers: Forever Homes**
6.00 **DIY SOS: The Big Build**
7.00 **MasterChef Australia** New edition The contestants must create a dish celebrating butter.
8.20 **Simply Nigella** Featuring dishes for sharing with family and friends.
9.00 **999 Rescue Squad**
11.00 **Inside the Ambulance at Christmas** Dan and Becky are called out to a baby with a worryingly high temperature.
12.00 M'T **The Undateables**
1.00 AM **Preaching Evil: A Wife on the Run with Warren Jeffs**
1.55 **to 3.00** AM **Sort Your Life Out with Stacey Solomon**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.35 AM **Soldier, Soldier**
8.35 **Doctors**
9.55 **Classic Holby City**
10.55 **Classic Casualty**
12.00 NOON **The Bill**
1.00 PM **Classic EastEnders**
2.20 **Soldier, Soldier**
3.20 **The Doctor Blake Mysteries** 5/8. (S4)
4.20 **London's Burning**
5.25 **'Allo 'Allo!**
6.00 **Waiting for God**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Father Brown**
9.00 **Whitstable Pearl** Series finale *Someone Like Me:* 6/6. A taxi driver turns up dead with a bullet through his head. (S3)
10.00 **New Tricks**
11.20 **Spooks** 2/10. (S6)
12.40 AM **Pie in the Sky**
1.40 **'Allo 'Allo!**
2.30 **Waiting for God**
3.00 **to 4.00** AM **Whitstable Pearl**

+1 hr 243 316 60 260

FRIDAY Entertainment

Friday

Really
142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Tuscany.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
11.00 **Escape to the Country**
1.00 PM **Salvage Hunters**
3.00 **Antiques Road Trip**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip** The experts search for items in Birmingham. **8.00** The search for antiques in Merseyside.
9.00 **Saving Lives at Sea** In Torbay, the RNLI crew respond to a Mayday alert from a yacht taking on water. **10.00** A boat catches fire outside a harbour.
11.00 **Helicopter ER** A picnic area becomes an operating theatre.
12.00 M'T **Help! My House Is Haunted** Reality series.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge
130/131 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Double bill.
11.00 **The Chase** Quiz show.
12.00 NOON **Classic Who Wants to Be a Millionaire?** Quiz show.
1.00 PM **The Bidding Room**
2.00 **Family Fortunes**
3.00 **Bullseye** Double bill of the darts-based quiz.
4.00 **Celebrity Who Wants to Be a Millionaire? Christmas Special**
5.00 **The Bidding Room** Including a corkscrew and a watch repair kit.
6.00 **Tenable** Double bill of the game show hosted by Warwick Davis.
8.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
10.00 **Who Wants to Be a Millionaire? Celebrity Special** Double bill.
12.00 M'T **Bullseye** Double bill.
1.00 AM **The Crystal Maze**
2.00 **The Chase** Triple bill.
5.00 **to 7.00** AM **Bullseye**

GREAT! action
323 319 426 42 33

8.00 AM **Wild West Chronicles** 3/11. (S2)
8.30 **FILM Apache Territory** Western drama. (1958, U, 77min) ★★
10.00 **The New Avengers**
11.00 **The High Chaparral**
12.00 NOON **Tombstone Territory** Double bill.
1.00 PM **FILM The Magnificent Seven Ride!** Western sequel. (1972, PG, 100min) ★★★
3.15 **FILM Fort Ti** Western. (1953, U, 73min) ★
5.00 **Wanted: Dead or Alive**
6.00 **Tombstone Territory**
7.00 **The High Chaparral**
8.00 **The New Avengers**
9.00 **FILM Barquero** Western. (1969, PG) ★
11.25 **FILM Red Sun** Spaghetti Western. (1971, 15, 112min) ★
1.50 AM **FILM The Hunter's Prayer** Action thriller. (2017, 15, 91min) ★★
3.40 **to 5.00** AM **Cops Uncut**
+1 hour 324 319

GREAT! movies
321 318 425 50 32

7.00 AM **Air Rescue**
8.00 **Saving Lives at Sea**
9.00 **Sue Thomas: F.B.Eye**
11.00 **FILM Lost Letter Mysteries: From the Heart** Drama. (2016, PG, 84min) ★★
1.00 PM **FILM The Wedding Stalker** Thriller. (2017, PG, 89min) ★★
2.55 **FILM Killer Family: A Nanny Nightmare** Thriller with Annie Heise. (2020, 12, 90min) ★★
5.00 **FILM Her Son's Secret** Thriller. (2018, PG) ★★
7.00 **Sue Thomas: F.B.Eye**
9.00 **FILM Eye for an Eye** Mystery thriller. (2019, 15, 98min) ★
11.05 **FILM Ties That Bind** Thriller. (2010, PG) ★★
1.10 AM **FILM Campus Caller** Thriller. (2016, 12) ★★
3.20 **Air Rescue**
4.00 **to 6.00** AM **FILM A Stolen Past** Drama. (2018, 12, 87min) ★★
+1 hour 322 318

GREAT! romance
319 317 424 52 47

8.00 AM **FILM Eat, Drink and Be Married** Drama. (2019, U, 120min) ★★
10.00 **FILM For the Love of Chocolate** Comedy. (2021, PG, 85min) ★★
12.05 PM **FILM Love, Romance and Chocolate** Romance. (2019, U, 84min) ★★
2.00 **FILM Truly, Madly, Sweetly** Drama. (2018, PG, 82min) ★★
4.05 **FILM Her Pen Pal** Drama. (2021, PG) ★★
5.55 **FILM A Dash of Love** Drama. (2017, PG) ★★
8.00 **FILM With Love, Your Sweetly Salted** Drama. (2023, U, 91min) ★★
9.55 **FILM Diagnosis Delicious** Drama. (2016, PG, 90min) ★★
11.50 **FILM Brimming with Love** Romantic drama. (2017, PG, 90min) ★★
1.55 **to 5.00** AM **Highway to Heaven**
+1 hour 320 317

Rewind TV
182 81 141

6.00 AM **Highlights**
10.30 **You're Only Young Twice**
11.00 **I Dream of Jeannie**
11.30 **Jokers Wild**
12.00 NOON **Please Sir!** (S3)
12.30 PM **Haggard** 5/7. (S1)
1.00 **The Last Days of Pompeii** 3/3. (S1)
2.45 **Auto Rewind**
3.00 **Mapp and Lucia** (S2)
4.00 **Born Free** 5/13. (S1)
5.00 **A Sharp Intake of Breath** 1/3. (S3)
5.30 **You're Only Young Twice**
6.00 **The Monkees** (S1)
6.30 **Carry On Laughing** (S1)
7.00 **I Dream of Jeannie**
7.30 **Haggard** 5/7. (S1)
8.00 **Jokers Wild**
8.30 **A Sharp Intake of...**
9.00 **Brass** 2&3/13. (S2)
10.00 **Game On** 2/6. (S3)
10.35 **Stereo Underground**
11.35 **The Monkees** (S1)
12.05 AM **FILM Invasion USA** (1952, b/w, 12, 73min) ★
1.30 **Brass** 2&3/13. (S2)
2.30 **to 6.00** AM **Highlights**

DMAX
159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Maine Cabin Masters**
12.00 NOON **Alaskan Bush People** Documentary.
1.00 PM **Edge of Alaska**
3.00 **Alaska: Homestead Rescue** Double bill.
6.00 **Outback Opal Hunters**
7.00 **Deadliest Catch**
9.00 **Shorty's Dream Shop** A 1971 Cutlass is showing its age with styling best left in the 1970s. **10.00** NFL's Matt Judon wants to make over his father's 1977 Eldorado.
11.00 **Mysteries of the Deep** Jeremy Wade explores a revolutionary technique that could identify the Loch Ness Monster.
12.00 M'T **Naked and Afraid XL** Documentary.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Building Alaska**
+1 hour 259 369 153

Food Network
140/141 154 190 43 148 39

6.00 AM **James Martin's Islands to Highlands**
7.00 **Barefoot Contessa**
8.00 **French Adventure**
9.00 **River Cottage to the Core** Plum compote.
10.00 **Hairy Bikers Go North**
11.00 **Great British Bake Off**
1.00 PM **James Martin's Great British Adventure**
2.00 **French Adventure**
3.00 **Barefoot Contessa**
4.00 **Delicious Miss Brown**
4.30 **Must Eat Sugar, Molly's Fave Desserts**
5.00 **River Cottage to the Core** Plum compote.
6.00 **Hairy Bikers Go North**
7.00 **Great British Bake Off**
9.00 **Classic Mary Berry**
10.00 **James Martin's Great British Adventure**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Guy's Grocery Games**
+1 hour 240/241 154

Legend
148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 14/24. (S8)
9.00 **The Fall Guy** 13/22. (S3)
10.00 **Charlie's Angels** (S1)
11.00 **FILM The Philadelphia Experiment** Sci-fi mystery thriller remake. (2012, 15, 89min) ★★
1.00 PM **FILM Vendetta for the Saint** Mystery. (1968, PG, 94min) ★★★
2.55 **FILM Shark** Thriller. (1969, 15, 88min) ★★
5.00 **Star Trek** 4/30. (S1)
6.00 **Charlie's Angels** (S1)
7.00 **The Fall Guy** 14/22. (S3)
8.00 **Walker, Texas Ranger**
9.00 **FILM Pathfinder** Action adventure. (2006, 15, 99min) ★★★★
11.10 **FILM Striking Distance** Action thriller. (1993, 18, 102min) ★
1.10 AM **FILM Johnny Handsome** Thriller. (1989, 15, 94min) ★★★
3.00 **to 4.50** AM **FILM Nomads** Horror. (1986, 15, 89min) ★★

Legend Xtra
317 316 171 69 138 51

6.00 AM **The Poseidon Adventure** 1&2/4. (S1)
8.00 **FILM Monster Island** Sci-fi thriller. (2019, PG, 90min) ★★
10.00 **Andromeda** 11/22. (S1)
11.00 **The Poseidon Adventure** 1&2/4. (S1)
1.00 PM **FILM Battle Star Wars** Sci-fi drama starring Alyson Gorske. (2020, 12, 86min) ★
3.00 **Andromeda** 11/22. (S1)
4.00 **The A-Team** 6/13. (S5)
5.00 **The Poseidon Adventure** 1&2/4. (S1)
7.00 **Andromeda** 12/22. (S1)
8.00 **The A-Team** 7/13. (S5)
9.00 **FILM Braven** Thriller starring Jason Momoa and Garret Dillahunt. (2018, 15, 94min) ★★★
10.55 **FILM Lionheart** Action adventure starring Jean-Claude Van Damme. (1991, 108min) ★★
1.00 **to 3.00** AM **FILM Braven** As 9.00pm.
+1 hour 318 316 371 139

Blaze
164 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Pawn Stars**
7.30 **Auction Hunters**
7.55 **Storage Hunters**
8.55 **Hardcore Pawn**
10.15 **UFO Hunters**
11.10 **Weird or What?**
12.10 PM **Mysteries from Above** Pyramids of Giza.
1.05 **Pawn Stars**
2.05 **Dickinson's Real Deal**
3.05 **Storage Hunters**
4.00 **Ancient Aliens**
6.00 **UFO Hunters**
7.00 **Storage Hunters**
8.00 **Dickinson's Real Deal**
9.00 **The Proof Is Out There: Military Mysteries**
10.00 **MonsterQuest**
11.00 **World's Most Unexplained...**
12.00 M'T **Paranormal Survivor**
1.00 AM **UFO Hunters**
2.00 **Ancient Aliens**
3.45 **Wicked Tuna**
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT
153 166 138 46 133 30

9.00 AM **Secrets of the Royal Palaces**
10.00 **Celebrity Puzzling**
11.00 **Ben Fogle: New Lives in the Wild** Ethiopia,
12.00 NOON **The Secret Life of Bees** Documentary.
1.00 PM **The Yorkshire Vet**
3.00 **Murder, She Wrote**
4.00 **Columbo**
5.35 **The Yorkshire Vet**
6.00 **Secrets of the Royal Palaces** Double bill.
8.00 **Ben Fogle: New Lives in the Wild** Ben meets an inventor in Panama.
9.00 **The Madame Blanc Mysteries** 3/6. A night watchman is attacked. **10.00** 4/6. A couple believe they possess valuable blueprints. (S4)
11.00 **Prisoner: Cell Block H**
1.00 AM **Dogs Behaving (Very) Badly**
3.00 **Paul Martin's Antiques Showdown**
3.50 **to 4.00** AM **Entertainment News**

HGTV
158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **My Lottery Dream Home** Six editions.
2.00 PM **A Place in the Sun**
3.00 **My Dream Derelict Home** Property series.
4.00 **Escape to the Country**
6.00 **A Place in the Sun**
8.00 **My Dream Derelict Home** Property series.
9.00 **My Lottery Dream Home International** A young couple hunt for a home in Leigh-on-Sea. **9.30** A family from Lewes look for a stunning character property.
10.00 **My Lottery Dream Home** Double bill.
11.00 **Home Town**
12.00 M'T **A Place in the Sun**
1.00 AM **Building Alaska**
2.00 **Flip or Flop**
3.00 **to 4.00** AM **My Lottery Dream Home**
+1 hour 258/262 391

TLC
133/134 139 165

7.00 AM **Extreme Couponing**
8.00 **My Lottery Dream Home** Double bill.
9.00 **Say Yes to the Dress**
11.00 **My 600lb Life**
12.00 NOON **Dr Pimple Popper** Medical series.
1.00 PM **7 Little Johnstons**
2.00 **Breaking Amish**
3.00 **Outdaughtered: Busby Quints** Double bill.
5.00 **My 600lb Life** 2/2. Angie seeks life-saving weight-loss surgery.
6.00 **Dr Pimple Popper** Gerald returns to see Dr Lee about an intrusive bump on his finger.
7.00 **The Bad Skin Clinic** Ali's huge lipoma keeps him awake at night.
8.00 **My 600lb Life**
12.00 M'T **I Was Bitten**
1.00 AM **I Didn't Know I Was Pregnant** Double bill.
2.00 **to 6.00** AM **My 600lb Life**
+1 hour 233/234 365

Comedy Central
112/113 135 132 345 360

8.00 AM **Impractical Jokers**
9.00 **New Girl** 1&2/8. (S7)
10.00 **Last Man Standing**
11.00 **Everybody Loves Raymond** 13-16/25. (S7)
1.00 PM **Friends** (S1)
8.00 **Friends** 23/24. Carol finally gives birth. **8.30** 24/24. Ross's true feelings for Rachel are revealed. (S1)
9.00 **Michael McIntyre's Big Show** With Little Mix.
10.00 **Whose Line Is It Anyway? USA**
11.00 **CC Live: Stand Up Shorts** New edition
11.30 **South Park** (S7&8)
12.30 AM **Mike Judge's Beavis and Butt-Head**
2.00 **South Park** 11/14. (S16)
2.30 **Key & Peele**
3.00 **Reno 911!** 3/13. (S3)
3.20 **Beavis and Butt-Head**
3.30 **Michael McIntyre's Big Show** As 9.00pm.
4.15 **to 5.00** AM **Friends**
+1 hour 212/213 332

Comedy Cen. Extra
127/128 136 154 345 360

6.00 AM **Last Man Standing**
7.00 **Teleshopping**
9.00 **Most Ridiculous**
10.00 **Daria** 5&6/14. (S5)
11.00 **Friends** (S5&6)
1.00 PM **Impractical Jokers**
2.00 **Daria** 7&8/14. (S5)
3.00 **Takeshi's Castle**
4.00 **Guessable?**
5.00 **Most Ridiculous**
6.00 **Mr Bean** 7&8/14. (S1)
7.00 **Everybody Loves Raymond** 13-16/25. (S7)
9.00 **New Girl** 7&8/8. (S7)
10.00 **Friends** 13-16/18. (S10)
12.00 M'T **Russell Howard: Right Here Right Now**
1.00 AM **Jack Whitehall Live**
2.00 **Jack Dee: So What?**
3.00 **The Alternative Comedy Experience**
3.45 **Jason Byrne: Audience Precipitation**
4.30 **Suzi Ruffell at the Comedy Store**
4.50 **Alex Edelman at the Comedy Store**
5.15 **to 7.00** AM **Last Man Standing**

Sky Replay
152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **Highway Cops**
11.00 **Hold the Front Page**
12.00 NOON **Blood & Treasure**
1.00 PM **Motorway Patrol**
2.00 **Border Security: America's Front Line**
4.00 **Highway Cops**
5.00 **Motorway Patrol**
6.00 **Blood & Treasure** (S2)
7.00 **Border Security: America's Front Line**
9.00 **Road Wars**
10.00 **The Force: Manchester**
11.00 **There's Something About Movies**
12.00 M'T **The Russell Howard Hour**
1.00 AM **A League of Their Own Road Trip: Southeast Asia**
2.00 **Duck Quacks Don't Echo** Lee Mack hosts.
3.00 **Road Wars**
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV
126/127 137 134 351 366

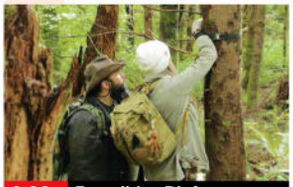
6.00 AM **The Hills**
6.20 **16 and Pregnant**
7.10 **Teen Mom: The Next Chapter** Reality show.
8.00 **Catfish: The TV Show**
1.00 PM **Catfish: The TV Show** Triple bill.
4.00 **Catfish: Worst Offenders** Reality show.
5.00 **Catfish: The TV Show**
6.00 **Dallas Cowboys Cheerleaders**
7.00 **Laguna Beach: The Real Orange County** Jason, Cedric and Talan enjoy a farewell surf. **7.30** A new class arrives, and narrator Tessa takes up the story.
8.00 **Catfish UK**
9.00 **Skin A&E**
10.00 **Lindsay Lohan's Beach Club** Reality series.
11.00 **Dating Naked UK**
12.00 M'T **MTV Family Legacy**
1.00 AM **Ink Master**
2.45 **Caught in the Act: Unfaithful** Reality show.
3.35 **to 4.00** AM **The Hills**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **The Last Alaskans**
9.00 **The Dino Hunters**
11.00 **Bad Chad Customs**
1.00 PM **Gold Divers** Double bill.
3.00 **Hoffman Family Gold** Hunter seeks new paydirt before the Lost Cut runs dry. **4.00** Andy re-engineers the entire water circulation system.
5.00 **Building Off the Grid** A catamaran-style home with a luxury yacht aesthetic.
6.00 **Baggage Battles** From Miami. **6.30** From London.



9.00 Expedition Bigfoot

7.00 **Wheeler Dealers: Dream Car** The guys try to hunt down a classic Nissan Patrol for surfer Kerry.

8.00 **Deadliest Catch** A knife injury on deck leaves Sig scrambling, and Keith's throttle fails in extremely rough seas.

9.00 **Expedition Bigfoot** New edition Bryce learns about the mysterious footprint, and Russell's bushcraft tripwire pays off.

10.00 **How the Universe Works** New discoveries that have rewritten the history of our solar system.

12.00 M'T **Moonshiners** Mark and Digger turn a strange barrel of mash into game-changing shine, while Tickle tries using an old-school tactic.
1.00 AM **Expedition Bigfoot**
2.00 **How the Universe Works**
4.00 **to 5.00** AM **Expedition Bigfoot**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Flying Wild Alaska**
9.00 **Fish or Die**
10.00 **Tanked**
11.00 **Animal Cops Miami**
1.00 PM **Crikey! It's the Irwins**
2.00 **Pit Bulls & Parolees**
3.00 **Insane Pools: Deeper Dive** Creating a jungle oasis in a suburban backyard. **4.00** Creating a Mexican-style resort in a Florida backyard.
5.00 **Lone Star Law** The wardens find blood in the boot of a car.
6.00 **Dr Jeff: Rocky Mountain Vet** A puppy suffering from a virus.

8.00 River of No Return

7.00 **Treehouse Masters** Pete Nelson builds a barn-like birdhouse for two retirees on their Wisconsin farm.

8.00 **River of No Return** The felling a huge dead tree puts Ron and Wes at risk from crashing widow makers.

9.00 **Alaska: The Last Frontier** Eivin builds a shelter for his horse, and Atz Sr goes on a solo hunt in the Alaskan wild.

10.00 **Mountain Monsters** The team enter the Dark Forest, where they are searching for the Woman of the Woods.

11.00 **Pit Bulls & Parolees** The shelter go to the Dog Bowl.
12.00 M'T **Crikey! It's the Irwins** Robert races to safety when a croc called Casper attacks.
1.00 AM **River of No Return**
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops Miami**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Europe from Above**
9.00 **Extreme China**
10.00 **Air Crash Investigation**
12.00 NOON **Construction Fails**
2.00 PM **WW2: Hell Under the Sea**
4.00 **Drain the Oceans: Deep Dive** Shipwrecks so mysterious, their fate became the stuff of legends.
5.00 **Car S.O.S** Restoring a tatty Mk.1 Toyota MR2.
6.00 **Hitler's Last Stand** A young US scout becomes separated from his regiment during the Battle of the Bulge.

8.00 Apocalypse: The Fall of...

7.00 **Air Crash Investigation** The investigation into South Korea's worst-ever air disaster encounters a major problem.

8.00 **Apocalypse: The Fall of Hitler** In 1943, the Allies prepare to rid the world of the Nazi leader once and for all.

9.00 **Apocalypse: The Fall of Hitler** In 1944, the Allied forces take over the West and the Nazis retreat in the East.

10.00 **Gallipoli's Deep Secrets** Dr Robert Ballard hunts for World War One wrecks in Turkish waters.
11.00 **Air Crash Investigation**
12.00 M'T **Trafficked with Mariana Van Zeller**
1.00 AM **Inside Airport Lost & Found** Documentary.
2.00 **Made in a Day**
2.30 **Lords of War**
3.20 **Food Factory**
4.10 **to 5.00** AM **Prairie Dog Dynasty**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Rust Valley Restorers**
6.55 **Salvage Kings**
7.50 **American Pickers**
8.45 **Pawn Stars**
10.10 **Storage Wars**
12.00 NOON **The Proof Is Out There**
1.00 PM **Hitler's Engineers**
3.00 **Mayhem! The Secret Lives of the Georgian Kings**
5.00 **Airport Security: USA** The work of law enforcement and customs officers.
6.00 **American Pickers** Robbie and Jersey explore a property in Mississippi.

10.00 Ancient Aliens Special...

7.00 **Forged in Fire** Two former champions duel it out in a five-hour round making a pichangatti to before making a shamshir.

8.00 **World's First Battlefield** 2/2. Miraculously preserved bones, skulls, and weapons found in Northern Germany.

9.00 **Field of Vampires** 1/2. Looking at a plot in Poland containing 30 'deviant burials.'

10.00 **Ancient Aliens Special Presentation** New edition The search for alien codes and messages.

12.00 M'T **Evil Encounters** Road trip stories with links to the paranormal.
12.55 AM **The Proof Is Out There** The remains of a massive skeleton found below the surface of the Mediterranean.
1.50 **Field of Vampires**
2.50 **Airport Security: USA**
3.40 **Pawn Stars**
4.25 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys** Four editions.
8.00 **Bangers & Cash** Double bill.
10.00 **Nazi Hunters** As 4.00pm.
11.00 **War Factories** As 5.00pm.
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash: Restoring Classics** Double bill.
4.00 **Nazi Hunters** The assassination of Reinhard Heydrich.
5.00 **War Factories** A look at Skoda's Czech factory.
6.00 **Antiques Roadshow** From Edinburgh's National Gallery of Modern Art.

8.00 'Allo 'Allo!

7.00 **Turkey with Simon Reeve** The adventurer explores the country that lies at the crossroads between Europe and Asia.

8.00 **'Allo 'Allo!** British troops save Edith and René from being executed. **8.40** When Colonel and Gruber's escape plan goes awry, they try to pretend that they were kidnapped. **9.20** Mimi, Edith and Yvette think that René is dead and hold a seance.

10.00 **Bangers & Cash** Jack and Amy are on a trip to collect motorbikes from a widow in the north-east of England.

11.00 **Billy Connolly Does...** The comedian looks at how our attitudes towards drinking have changed over the years.
12.00 M'T **Bangers & Cash: Restoring Classics**
1.00 AM **Abandoned Engineering**
2.00 **to 3.00** AM **Great British Railway Journeys**

+1 hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Find It, Fix It, Flog It**
7.00 **Vintage Voltage**
9.00 **American Pickers**
10.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Double bill.
2.00 PM **The Yorkshire Auction House**
3.00 **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
6.00 **Wheeler Dealers**
7.00 **Cycling: Vuelta a España** Highlights of stage seven of the Grand Tour race, a 187km route from Andorra la Vella to Cerler.
8.00 **Johnny Vegas' Little Shop of Antiques** Johnny and Bev ponder their future in the trade.
9.00 **Shed and Buried**
11.00 **How Do They Do It?**
1.00 AM **Fifth Gear**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1 hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes... UK**
7.00 **Say Yes to the Dress**
8.00 **Say Yes... Lancashire**
9.00 **Say Yes... UK**
10.00 **Say Yes to the Dress**
11.00 **Judge Rinder's Crime Stories**
12.00 NOON **Diabolical: Deadly Love**
1.00 PM **On the Case**
2.00 **Murder on CCTV**
3.00 **Faking It: Tears of a Crime** Fred Talbot.
4.00 **American Monster**
6.00 **American Detective with Lt Joe Kenda**
7.00 **The Killer in My Family**
8.00 **Murder on CCTV**
9.00 **Mean Girl Murders** New edition
10.00 **Mean Girl Murders**
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** Crystal Houston.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Fraud Squad** An accounts worker at a cancer hospital syphons off NHS money.
8.00 **Killers: Caught on Camera** In Washington State, a man's vlogs reveal his dark plans.
9.00 **Murder: First on Scene** A much-loved couple are killed by gunfire.
10.00 **Prosecuting Evil with Kelly Siegler** A torso found floating in a bay in Texas leads to the arrest of a billionaire.
11.00 **The Truth About My Murder** Double bill.
1.00 AM **Murder: First on Scene** As 9.00pm.
2.00 **Prosecuting Evil with Kelly Siegler**
3.00 **Killers: Caught on Camera** As 8.00pm.
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Evidence of Evil**
11.00 **Medical Detectives**
1.00 PM **Medical Detectives**
2.00 **Evidence of Evil**
4.00 **Medical Detectives** Detectives investigate a bomb blast which injured a farmer's wife. **4.30** A murderer with no lawyer or money tries to overturn his conviction. **5.00** The case of babies with bleeding lungs is linked to a killer fungus. **5.30** A girl admits the testimony used to convict her uncle was untrue. **6.00** The discovery of a woman's charred remains leads to a tale of drugs and greed. **6.30** Police use new technology to solve the murder of a student.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Highway Cops**
7.00 **Send in the Dogs**
8.00 **UK Border Force**
9.00 **The Force: Manchester**
10.00 **Road Wars**
10.30 **Caught on Dashcam**
11.30 **Snapped**
12.30 PM **Murders That Shocked the Nation**
1.30 **Britain's Most Evil Killers**
2.30 **Killer in My Village**
3.30 **How I Caught the Killer**
4.30 **World's Most Evil Killers**
5.30 **Murdered at First Sight**
6.30 **Killer in My Village**
7.30 **The Murderer & Me**
9.00 **Gilgo Beach Killer: House of Secrets**
11.20 **Devil in Disguise**
1.25 AM **What the Killer Did Next** Nicola Stephenson.
2.20 **Killer in My Village**
3.10 **Ireland's Evil Killers**
4.00 **Border Security: Canada's Front Line**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **Mary Beard's Ultimate Rome: Empire Without Limit**
9.40 **Hitler's Power**
10.55 **Edward VIII: Britain's Traitor King**
11.55 **Prince Albert: A Victorian Hero Revealed**
1.00 PM **Grand Tours of the Scottish Islands**
1.40 **Ultimate Rome: Empire Without Limit**
3.00 **Hitler's Power**
4.10 **Edward VIII: Britain's Traitor King**
5.15 **Prince Albert: A Victorian Hero Revealed**
6.15 **Ultimate Rome: Empire Without Limit**
7.35 **Hitler's Power**
8.40 **Edward VIII: Britain's Traitor King**
9.50 **Prince Albert: A Victorian Hero Revealed**
10.55 **Hitler's Power**
12.00 M'T **Edward VIII: Britain's Traitor King**
1.10 **to 2.00** AM **Grand Tours of the Scottish Islands**

FRIDAY

Friday

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **100 Foot Wave**
7.00 **Discovering: Bruce Willis**
8.00 **The Directors**
9.00 **The Seventies**
10.00 **Dave Not Coming Back**
12.00 NOON **Hill**
1.50 PM **My Icon: Casey Stoney**
2.00 **Lancaster**
4.00 **Discovering: Bruce Willis**
5.00 **The Directors**
6.00 **The Seventies**
7.00 **Amsterdam Narcos** 3/3. Dutch law-enforcement officers take a dramatic gamble.
8.00 **The Yardbirds** A history of the band, which was the launching pad for guitarists Eric Clapton, Jeff Beck and Jimmy Page.
9.50 **Mr Dynamite: The Rise of James Brown** The career of the singer, musician and producer.
12.00 M'T **100 Foot Wave**
1.00 AM **David Frost Vs**
2.00 **NEW I Am Joe Frazier** A profile of the former world heavyweight boxing champion.
3.45 **Adam Hills: Foot Fault**
5.00 **to 6.00** AM **Discovering: Bruce Willis**

Sky Nature

145 113/114 189 354 369

6.00 AM **Big Beasts: Last of the Giants** Documentary.
7.00 **Monkey Life**
8.00 **Valley of Flood and Fire**
9.00 **Wild Workers**
10.00 **Australia's Hidden Islands**
11.00 **Hope for Wildlife: The Next Generation**
12.00 NOON **Into the Wild: India**
1.00 PM **Monkey Life**
2.00 **Valley of Flood and Fire**
3.00 **Wild Workers**
4.00 **Australia's Hidden Islands**
5.00 **Land of Primates**
6.00 **Into the Wild: India**
7.00 **Monkey Life** Double bill.
8.00 **Animals Like Us**
9.00 **Deep Dive North America**
10.00 **Into the Wild: India**
11.00 **Land of Primates**
12.00 M'T **Hope for Wildlife: The Next Generation**
1.00 AM **Big Beasts: Last of the Giants** Documentary.
2.00 **Animals Like Us**
3.00 **Deep Dive North America**
4.00 **Valley of Flood and Fire**
5.00 **to 6.00** AM **Wild Workers**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Secrets of the Lost Liners**
9.00 **U-Boat Wargamers**
10.05 **Combat Ships**
11.05 **Ancient Aliens**
1.00 PM **Secrets of the Lost Liners**
2.00 **U-Boat Wargamers**
3.05 **Secrets of the Lost Ark**
4.00 **Truthseekers**
5.00 **Cracking the Code**
6.00 **UFOs Declassified**
7.00 **What on Earth?**
8.00 **Ancient Aliens** Investigating the movement known as Ancient Astronaut Theory.
9.00 **Inside the Tower of London** Cameras follow Chris, the ancient structure's Raven Master.
10.00 **How Disney Built America** The obstacles Walt Disney overcame to create his company's first theme park.
11.00 **Sex: A Bonkers History** Focusing on the Georgian era.
12.00 M'T **Ancient Aliens**
2.00 AM **Alien Files: Unsealed**
3.00 **Secrets of the Lost Ark**
4.00 **Truthseekers**
5.00 **to 6.00** AM **Cracking the Code**

Crime+Investigation

156 142 133

6.00 AM **Imperfect Murder**
7.00 **Homicide Hunter**
8.00 **Killer Town**
9.00 **Murdertown**
10.00 **Sunshine Slayings**
11.00 **#Textmewhenyougethome**
12.00 NOON **Exhumed: Killer Revealed** Documentary.
1.00 PM **Somebody's Hiding...**
2.00 **Judge Rinder's Crime Stories**
3.00 **Murdertown**
4.00 **Murder at My Door with Kym Marsh** The case of Margaret Fleming, who vanished in 1999.
5.00 **What the Killer Did Next**
6.00 **Imperfect Murder**
7.00 **An Hour to Kill**
8.00 **Somebody's Hiding Something** New edition
9.00 **Court Cam** New editions
10.00 **Ozark Law**
11.00 **Interrogation Raw**
12.00 M'T **Somebody's Hiding...**
1.00 AM **Court Cam**
3.00 **Exhumed: Killer Revealed**
4.00 **What the Killer Did Next**
5.00 **to 6.00** AM **Sunshine Slayings**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Yukon Vet**
9.00 **Alaska Animal Rescue**
10.00 **Monster Fish**
11.00 **Critter Fixers: Country Vets**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Untamed Americas**
3.00 **America's National Parks**
4.00 **Secrets of the Zoo: North Carolina**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City**
7.00 **Secrets of the Zoo** A cheetah fights for its life.
8.00 **Africa's Hunters** A buffalo herd move into a lion pride's territory.
9.00 **Hostile Planet: Africa** A look at how animals in Africa battle the raging sun, drought, and each other.
10.00 **Alaska: The Next Generation**
11.00 **Ice Road Rescue**
12.00 M'T **Animal Fight Club**
1.00 AM **Last of the Giants: Wild Fish** Powerful waves force Cyril into the path of poachers.
2.00 **The Incredible Dr Pol**
3.00 **Alaska Animal Rescue**
4.00 **to 5.00** AM **World's Deadliest**

Discovery History

174 147 181 320 325

7.00 AM **Storms of War**
7.30 **Battle of the Somme: How Do They Do It?**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works** The evolution of galaxies.
8.00 **Storms of War** Military meteorologist Dr Vladimir Jankovic reveals the impact of the Egyptian heat during the Battle of El Alamein in 1942.
8.30 **Battle of the Somme: How Do They Do It?**
9.00 **Paranormal Declassified**
10.00 **How Do They Do It?**
11.00 **Massive Engineering Mistakes**
12.00 M'T **Mysteries at the Museum**
2.00 AM **How the Universe Works**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 151

9.00 AM **Inside the Ambulance**
11.00 **999 Rescue Squad**
3.00 PM **Inside the Ambulance**
5.00 **999 Rescue Squad** A doctor fights for his life after a head-on collision with a truck. **6.00** A minibus carrying children with additional needs collides with a stolen car. **7.00** A rescue operation is launched after a DIY enthusiast leaves a trap-door open and his partner falls into the cellar. **8.00** On Hull docks, the team are called in after a group of asylum seekers are discovered in a cargo container.
9.00 **Inside the Ambulance** A patient whose toes have been removed suffers a fall. **10.00** Paramedics help a woman who has taken an overdose of paracetamol.
11.00 **999 Rescue Squad**
3.00 AM **Inside the Ambulance**
4.35 **999 Rescue Squad**
5.20 **to 6.00** AM **Celebrity Mastermind**

+1 hour 266 376

ID

154 141 166

8.00 AM **Twisted Love**
9.00 **Murder Under the Friday Night Lights** Double bill.
11.00 **Murder in the Heartland**
1.00 PM **People Magazine Investigates** Double bill.
3.00 **Southern Fried Homicide**
5.00 **The Killer in My Family**
7.00 **The Perfect Suspect** The case of 30-year old Katrina Smith. **8.00** A case that began when an expectant mother got caught in a love triangle.
9.00 **On the Case with Paula Zahn** A young woman is murdered in an ambush-style shooting.
10.00 **Death by Fame** Police sift through hours of surveillance to catch a killer in the act.
11.00 **Deadly Influence: The Social Media Murders** Online film reviewer Trey finds himself dragged into a world of guns, abuse and revenge.
12.00 M'T **Grave Secrets**
2.00 AM **The Killer in My Family**
4.00 **to 6.00** AM **The Perfect Suspect**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Scrapyard Dynasty**
7.00 **Kindig Customs**
8.00 **Motor Pickers**
9.00 **Bad Chad Customs**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Outback Car Hunters**
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **Bad Chad Customs**
4.00 **Shorty's Dream Shop**
5.00 **Motor Pickers**
6.00 **Salvage Hunters: Classic Cars**
7.00 **Shed and Buried**
8.00 **Shorty's Dream Shop** A Ford collector convinces the team to take on his 1971 Torino GT.
9.00 **Richard Hammond's Workshop** Richard takes a gamble on a 1970 Mark II Jensen Interceptor.
10.00 **British Superbikes**
11.00 **Shed and Buried**
12.00 M'T **Shorty's Dream Shop**
1.00 AM **Outback Car Hunters**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers: Dream Car**
4.00 **to 5.00** AM **Gear Dogs**

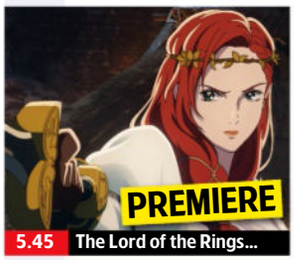
+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.40 AM **Gator Creek** As 1.40am.
8.15 **Into the Wonderwoods** Animation. (2024, PG, 81min)
9.45 **PREMIERE The Lord of the...**
12.10 PM **Sonic the Hedgehog 3**
2.05 **The Surfer** As 10.00pm.
3.55 **Saturday Night** Comedy. (2024, 15, 109min) ★★★★
5.45 **PREMIERE The Lord of the Rings: The War of the Rohirrim** Animated fantasy adventure. (2024, 12, 134min) ★★★★ *See review, page 24.*



5.45 The Lord of the Rings...

8.00 Sonic the Hedgehog 3 Fantasy adventure sequel starring Jim Carrey and James Marsden, and featuring the voice of Ben Schwartz. The blue hedgehog, Knuckles and Tails reunite to face the villainous Shadow. (2024, PG, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 The Surfer Thriller starring Nicolas Cage and Julian McMahon. A father returns to the beach of his childhood to surf, but is drawn into a conflict with local thugs. (2024, 15, 100min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **Night Call** French-Belgian crime thriller. Subtitled. (2024, 15, 97min) ★★★★
1.40 AM **Gator Creek** Horror thriller. (2025, 15, 87min) ★
3.15 **The Thicket** Western. (2024, 15, 108min) ★★★
5.15 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Hits

303 303 403 503 517

6.35 AM **The Cinema List**
6.55 **The First Wives Club** Comedy. (1996, PG, 102min) ★★★
8.45 **Cloudy with a Chance of Meatballs** (2009, U) ★★★★
10.20 **Antz** (1998, PG) ★★★
11.50 **Collateral** (2004, 15) ★★★★
1.55 PM **Charlie's Angels: Full Throttle** (2003, 12) ★★
3.55 **300: Rise of an Empire** Fantasy. (2014, 15) ★★★
5.55 **Twisters** Disaster drama. (2024, 12, 122min) ★★★★

8.00 The King's Speech

8.00 The King's Speech Oscar-winning drama starring Colin Firth and Geoffrey Rush. An unconventional speech therapist is the future George VI's last hope to cure his crippling stammer. (2010, 12, 118min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Fury War drama starring Brad Pitt, Shia LaBeouf and Logan Lerman. An American tank crew undertake a final dangerous mission behind enemy lines in the last months of World War Two. (2014, 15, 134min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **Interstellar** Sci-fi drama with Matthew McConaughey. (2014, 12, 166min) ★★★★
3.15 **Rampage** Fantasy adventure. (2018, 12, 107min) ★★★
5.10 **to 6.55** AM **Swordfish** Action thriller starring John Travolta. (2001, 15, 99min) ★★★

Sky Cinema Drama

310 310 410 510 524

6.35 AM **The Great Escape** Adventure with Steve McQueen. (1963, PG, 166min) ★★★★★
9.40 **The Post** Fact-based drama. (2017, 12, 113min) ★★★★
11.45 **Rent** Screen version of the hit musical. (2005, 12, 135min) ★★
2.10 PM **The Great Escaper** Drama. (2023, 12, 96min) ★★★★
4.00 **Wimbledon** Romantic comedy. (2004, 12, 98min) ★★★
5.50 **The Convert** Action drama. (2024, 15, 119min) ★★★★
8.00 **Lost in Translation** Bittersweet romantic comedy drama written and directed by Sofia Coppola, starring Bill Murray and Scarlett Johansson. A jaded Hollywood actor and a young woman strike up a tender friendship in a Tokyo hotel. (2003, 15, 102min) ★★★★★
9.55 **L'immensità** Italian drama starring Penélope Cruz. Subtitled. (2022, 12, 99min) ★★
11.40 **Breakfast at Tiffany's** Romantic comedy with Audrey Hepburn and George Peppard. (1961, PG, 106min) ★★★★★
1.50 AM **A Mistake** Medical drama. (2024, 15, 101min) ★★★
3.45 **Sky Cinema Preview**
4.45 **to 6.30** AM **Lost in Translation**

Sky Cinema Sci-fi/Horror

311 311 411 511 525

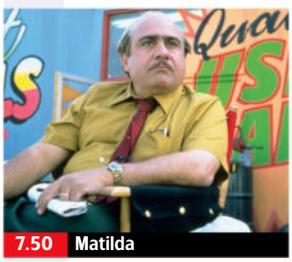
6.15 AM **Star Trek The Motion Picture** As shown at 5.55am.
8.25 **Star Trek II: The Wrath of Khan** Sci-fi adventure. (1982, 12, 113min) ★★★★
10.20 **Star Trek III: The Search for Spock** Sci-fi adventure. (1984, PG, 105min) ★★
12.10 PM **Star Trek IV: The Voyage Home** Sci-fi adventure. (1986, PG, 119min) ★★★★
2.10 **Star Trek V: The Final Frontier** Sci-fi. (1989, PG, 100min) ★★
4.00 **Star Trek VI: The Undiscovered Country** Sci-fi. (1991, PG, 109min) ★★★★
5.55 **Star Trek: Generations** Sci-fi. (1994, PG, 118min) ★★★
7.55 **Star Trek: First Contact** Sci-fi adventure with Patrick Stewart. (1996, 12, 110min) ★★★★
9.50 **Star Trek: Insurrection** Sci-fi. (1998, PG, 105min) ★★★
11.35 **Star Trek: Nemesis** Sci-fi. (2002, 12, 116min) ★★★
1.35 AM **Star Trek Into Darkness** Sci-fi adventure starring Chris Pine. (2013, 12, 132min) ★★★★
3.50 **Star Trek Beyond** Sci-fi. (2016, 12, 122min) ★★★★
5.55 **to 8.05** AM **Star Trek The Motion Picture** Sci-fi adventure. (1979, U, 132min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Back to School

306 306 406 506 519

6.00 AM **The Inventor** (2023) ★★★
7.45 **Barnyard** As 4.20am.
9.25 **The Cat in the Hat** Fantasy. (2003, PG, 82min) ★★★★
10.50 **Spy Kids 3: Game Over** Action comedy. (2003, U) ★★★
12.20 PM **Kung Fu Panda 3** Animation. (2016, PG) ★★★★
2.10 **Despicable Me 4** Animation. (2024, U, 94min) ★★★
4.00 **Kung Fu Panda 4** Animation. (2023, PG, 94min) ★★★
5.50 **IF** Fantasy. (2024, U) ★★★



7.50 Matilda

7.50 Matilda Roald Dahl's dark children's fantasy starring Danny DeVito and Mara Wilson. The bright young daughter of selfish parents discovers she has magical gifts. (1996, PG, 98min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 Big Fat Liar Comedy with Frankie Muniz and Paul Giamatti. A 14-year-old boy travels to Hollywood to force a movie producer to admit he stole the idea for his latest film. (2002, PG, 88min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 The Wild Thornberrys Movie Animated family adventure. (2002, U, 85min) ★★★★
1.10 AM **Rugrats Go Wild** Animated comedy adventure. (2003, U, 81min) ★★★
2.45 **Little Vampire** Animation. (2020, PG, 85min) ★★★
4.20 **to 6.00** AM **Barnyard** Animated family comedy. (2006, PG, 90min) ★

Sky Cinema Lord of the Rings

307 307 407 507 521

6.00 AM **The Lord of the Rings: The Fellowship of the Ring**
9.00 **The Lord of the Rings: The Two Towers** As 6.20pm.
12.00 NOON **The Lord of the Rings: The Return of the King**
3.20 PM **The Lord of the Rings: The Fellowship of the Ring** Epic fantasy adventure. (2001, PG, 178min) ★★★★★
6.20 **The Lord of the Rings: The Two Towers** Epic fantasy. (2002, 12, 179min) ★★★★★

3.20 The Lord of the Rings

The Lord of the Rings: The Two Towers (film started at 6.20pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.20 The Lord of the Rings: The Return of the King Epic fantasy concluding Peter Jackson's trilogy based on JRR Tolkien's mythical saga. As the forces of good and evil contend in a huge battle before the citadel of Minas Tirith, Frodo Baggins nears the end of his quest to destroy the magic ring of power. Stars Elijah Wood, Ian McKellen and Viggo Mortensen. (2003, 12, 201min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.40 AM **The Lord of the Rings: The Fellowship of the Ring** Epic fantasy adventure. (2001, PG, 178min) ★★★★★
3.40 **to 6.40** AM **The Lord of the Rings: The Two Towers**

Sky Cinema Comedy

308 308 408 508 522

7.15 AM **Brewster's Millions**
9.05 **David Brent: Life on the Road**
10.50 **The Truman Show** (1997)
12.40 PM **Baywatch** As 12.00m't.
2.40 **Pixels** Sci-fi action comedy starring Adam Sandler. (2015, 12, 105min) ★★
4.30 **Brewster's Millions** Comedy with John Candy and Richard Pryor. (1985, PG, 97min) ★★★
6.15 **David Brent: Life on the Road** Comedy spin-off starring Ricky Gervais. (2016, 15, 96min) ★★

8.00 Talladega Nights

8.00 Talladega Nights: The Ballad of Ricky Bobby Action comedy starring Will Ferrell. A stock car racer rises to the top, but his pride takes a dent when a French Formula 1 driver challenges his supremacy. With John C Reilly, Sacha Baron Cohen and Gary Cole. (2006, 15, 108min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 The Truman Show Comedy starring Jim Carrey as the unwitting star of the world's longest running documentary soap opera. With Laura Linney, Natascha McElhone and Ed Harris. (1997, PG, 99min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Baywatch** Action comedy. (2017, 15, 121min) ★★
2.05 AM **Pixels** As 2.40pm.
4.00 **to 6.00** AM **Coming 2 America** Comedy sequel. (2021, 12, 108min) ★★★

Sky Cinema Thriller

309 309 409 509 523

7.20 AM **To Catch a Killer** Thriller. (2023, 15, 119min) ★★★★
9.25 **The Dry** Crime drama. (2020, 15, 117min) ★★★★
11.30 **Nightcrawler** Crime thriller. (2014, 15, 115min) ★★★★
1.30 PM **Jack Reacher** As 9.50pm.
3.45 **Jaws** Steven Spielberg's thriller starring Roy Scheider. (1975, 12, 125min) ★★★★★
5.50 **Jaws 2** Adventure thriller sequel starring Roy Scheider. (1978, PG, 115min) ★★★

9.50 Jack Reacher

8.00 The Surfer Thriller starring Nicolas Cage and Julian McMahon. A father returns to the beach of his childhood to surf, but is drawn into a conflict with local thugs. (2024, 15, 100min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

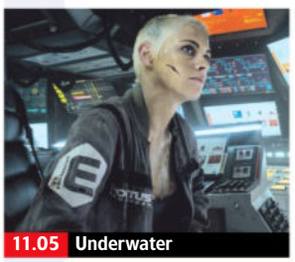
9.50 Jack Reacher Action thriller starring Tom Cruise as bestselling author Lee Child's vigilante hero. Former military cop Jack Reacher uncovers a murderous conspiracy after an unseen gunman shoots five people in Pittsburgh. (2012, 15, 130min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **The Island** Sci-fi thriller starring Ewan McGregor. (2005, 12, 136min) ★★★
2.35 **Django Unchained** Director Quentin Tarantino's Western. (2012, 18, 165min) ★★★★
5.30 **to 6.30** AM **Sky Cinema Preview**

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Sonic the Hedgehog** Fantasy. (2020, PG) ★★★
12.55 PM **Playing with Fire** Comedy. (2019, PG) ★★
2.50 **Broken Arrow** Western. (1950, PG, 93min) ★★★★
4.40 **Operation Petticoat** World War Two comedy. (1959, U, 124min) ★★★
7.05 **Taxi** Action comedy starring Queen Latifah and Jimmy Fallon. (2004, 12, 97min) ★★



11.05 Underwater

Taxi (film started at 7.05pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 Monster Hunter Fantasy adventure starring Milla Jovovich. Cpt Artemis and her soldiers are transported to a new world, and engage in a battle for survival against enormous enemies. With Tony Jaa and Ron Perlman. (2020, 12, 103min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.05 Underwater Sci-fi thriller starring Kristen Stewart. Miles beneath the surface of the Pacific Ocean, a drilling station crew fight for survival after a tremor wrecks their base. With Mamoudou Athie. (2019, 15, 99min) ★★★
12.55 **to 2.55** AM **Gaia** Horror starring Monique Rockman. (2021, 15, 96min) ★★★

11 PM

+1 hour 314 430 47 301 257

Sky Cinema 80s

302 302 402 502 516

7.25 AM **Do the Right Thing** (1989)
9.35 **Raiders of the Lost Ark** Steven Spielberg's adventure. (1981, PG, 115min) ★★★★★
11.35 **Indiana Jones and the Temple of Doom** Action adventure. (1984, PG, 118min) ★★★
1.35 PM **Indiana Jones and the Last Crusade** Steven Spielberg's adventure with Harrison Ford. (1989, PG, 127min) ★★★★★
3.45 **Gorillas in the Mist** Drama. (1988, 12, 124min) ★★★★
6.00 **Grease 2** Musical sequel with Maxwell Caulfield and Michelle Pfeiffer. (1982, PG, 109min) ★★
8.00 **Footloose** Teen dance drama starring Kevin Bacon as a foot-tapping Chicago kid who moves to the Midwest Bible Belt where rock 'n' roll is banned. (1984, 12, 107min) ★★★
9.50 **Flashdance** Adrian Lyne's dance drama starring Jennifer Beals. (1983, 15, 96min) ★★★
11.30 **Gorillas in the Mist** (1988)
1.40 AM **Against All Odds** Thriller. (1984, 18, 116min) ★★
3.45 **Do the Right Thing** Spike Lee's controversial comedy drama. (1989, 15, 120min) ★★★★★
5.45 **to 6.00** AM **The Cinema List: Sky Originals**

Sky Cinema Greats

304 304 404 504 518

6.50 AM **The Firm** As 1.05am.
9.40 **The Bridge on the River Kwai**
12.35 PM **In the Line of Fire** Thriller. (1993, 15, 127min) ★★★★
2.55 **Patriot Games** Action thriller. (1992, 15, 116min) ★★★
5.00 **Enter the Dragon** Thriller. (1973, 18, 97min) ★★★★
6.45 **Last Action Hero** Action fantasy starring Arnold Schwarzenegger. (1993, 15, 130min) ★★★
9.00 **Bad Boys** Action comedy thriller starring Martin Lawrence and Will Smith. A bachelor cop and his married partner have to switch identities in their pursuit of heroin thieves. With Téa Leoni. (1995, 15, 118min) ★★★
11.00 **Saturday Night Fever** Dance drama starring John Travolta as a working-class Brooklyn youth who is the dance king of his local disco. With Karen Lynn Gorney and Barry Miller. (1977, 18, 119min) ★★★★
1.05 AM **The Firm** Legal thriller based on John Grisham's bestseller, starring Tom Cruise. (1993, 15, 155min) ★★★
3.40 **to 6.35** AM **The Bridge on the River Kwai** David Lean's classic World War Two drama. (1957, PG, 161min) ★★★★★

Sky Cinema Animation

305 305 412 500 514

6.10 AM **The Road to El Dorado** Animated comedy adventure. (2000, U, 89min) ★★★
7.50 **Bon Voyage, Charlie Brown** Animation. (1980, U, 70min) ★★
9.20 **Despicable Me 4** Animated sequel. (2024, U, 94min) ★★★
11.00 **Migration** Animated comedy. (2023, U, 83min) ★★★
12.30 PM **Rango** Animated Western. (2011, PG, 103min) ★★★★
2.25 **Teen Titans Go! to the Movies** Animation. (2018, PG) ★★★
3.55 **Turbo** Animated comedy. (2013, U, 92min) ★★★★
5.35 **Wallace & Gromit: The Curse of the Were-Rabbit** Animation. (2005, U, 85min) ★★★★★
7.05 **Cloudy with a Chance of Meatballs** Animated comedy. (2009, U, 90min) ★★★★
8.40 **Cloudy with a Chance of Meatballs 2** (2013, U) ★★★
10.20 **Extinct** Animated adventure. (2021, U, 84min) ★★★
11.55 **Scarygirl** Animated fantasy. (2023, PG, 90min) ★★★
1.30 AM **SuperKlaus** Animation. (2024, U, 92min) ★★★
3.10 **Batman: Return of the Caped Crusaders** (2016, PG) ★★★★
4.35 **to 6.20** AM **Mavka: The Forest Song** Animation. (2023, PG) ★★

Movies 24

312 313 419

7.00 AM **Journey to You** Romantic drama. (2025, PG, 84min) ★★
9.00 **A Bridesmaid in Love** Romantic comedy drama. (2022, PG, 87min) ★★
11.00 **A Paris Proposal** Romantic comedy. (2023, PG, 84min) ★★
1.00 PM **An Easter Bloom** Drama. (2024, PG, 84min) ★★
3.00 **Stepping into Love** Romantic drama. (2023, PG, 82min) ★★
5.00 **CrimeTime: Freefall** Mystery. (2024, PG, 90min) ★★
7.00 **Pumpkin Everything** Romantic comedy drama starring Taylor Cole. (2022, PG, 84min) ★★
9.00 **Mystery Island: Play for Keeps** Crime drama starring Elizabeth Henstridge. A corporate retreat at the luxury resort results in a murder and Emilia being confronted with her past. (2025, PG, 90min) ★★
11.00 **Moriah's Lighthouse** Romantic comedy. (2022, PG, 84min) ★★
1.00 AM **His and Hers** Romantic drama starring Lacey Chabert. (2024, PG, 90min) ★★
3.00 **to 5.00** AM **The Magic of Lemon Drops** Romantic fantasy. (2024, PG, 84min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Minesweeper** War drama. (1943, b/w, U, 66min) ★★★
7.20 **The Black Rider** Crime drama. (1954, b/w, U, 66min) ★★
8.40 **Charlie Chester Don't Take Chances** Comic rhyming poem.
8.45 **The Mark of Cain** Crime drama. (1947, b/w, PG, 88min) ★
10.35 **Love in Pawn** (1953, U) ★
12.10 PM **Sleeping Car to Trieste** Mystery. (1948, b/w, PG) ★★★
2.00 **Time Without Pity** Thriller. (1957, b/w, PG, 88min) ★★
3.45 **King Rat** War drama. (1965, b/w, PG, 134min) ★★★★
6.30 **The Man Who Wouldn't Talk** Drama. (1957, b/w, PG) ★★
8.25 **Strange But True**
9.00 **Cellar Club with Caroline Munro**
9.05 **Doomwatch** 2/13. (S2)
10.05 **Cellar Club with Caroline Munro**
10.10 **Driller Killer** Horror thriller directed by and starring Abel Ferrara. (1979, 18, 90min) ★★
12.05 AM **Cellar Club with Caroline...**
12.10 **Roadgames** (1981, 15) ★★
2.15 **Invasion of the Bee Girls** Sci-fi thriller. (1973, 18, 82min) ★
4.00 **The Fabulous Dorseys** Musical biopic. (1947, b/w, U, 91min) ★★
5.45 **Look at Life**
5.55 **to 6.00** AM **Fuel Limerick Bath Water**

FRIDAY Sport 29 August

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
9.00 **Good Morning Transfers**
10.00 **Sky Sports FC**
11.00 **LIVE Formula 1** Coverage of the Dutch Grand first practice session from Circuit Zandvoort.
12.45 PM **LIVE DP World Tour Golf** Coverage of the second day of the Omega European Masters at Crans-sur-Sierre Golf Club in Crans-Montana, Switzerland.
2.45 **LIVE Formula 1** Coverage of the Dutch Grand second practice session at Circuit Zandvoort.
4.15 **LIVE US Open Tennis** Coverage of day six of the Grand Slam from the USTA Billie Jean King National Tennis Center in Flushing Meadows, New York.
7.00 **LIVE EFL Leicester City v Birmingham City.** The Championship match at the King Power Stadium. Kick-off **8.00pm**.
10.30 **LIVE US Open Tennis** Further coverage of day six of the Grand Slam staged at the USTA Billie Jean King National Tennis Center in Flushing Meadows, New York.
5.30 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League 100 Club**
9.00 **Good Morning Transfers**
10.00 **Sky Sports FC**
12.00 NOON **Transfer Talk**
1.00 PM **Total Football**
4.00 **The Transfer Show**
4.30 **Transfer 360** Robbie Fowler.
5.00 **Premier League Friday**
7.00 **The Transfer Show**
8.00 **Premier League Preview**
8.30 **Fantasy Show** Insight and tips.
9.00 **Transfer 360** The inside story of why David Ginola signed for Newcastle United.
9.30 Why Robbie Fowler left Liverpool for Leeds United.
10.00 **Premier League Stories** Christian Benteke reflects on his time in the Premier League.
10.30 **The Big Interview** With midfielder Sandro Tonali.
11.00 **Premier League Preview**
11.30 **Fantasy Show** Insight and tips.
12.00 M'T **Transfer 360**
1.00 AM **PL Retro** Arsenal v Manchester United from 2005.
3.00 **PL Greatest Games**
4.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL Cup Retro**
8.00 **Celtic's Invincibles**
9.00 **EFL Greatest Games**
10.00 **EFL Cup Highlights**
11.00 **SPFL** Archive action.
12.00 NOON **EFL Highlights**
1.00 PM **EFL Cup Highlights**
2.00 **EFL Highlights** Championship.
3.00 **SPFL Round-Up**
3.15 **SPFL Highlights**
3.30 **EFL Highlights**
4.00 **EFL Cup Highlights**
5.00 **EFL Greatest Games**
5.15 **Old Firm Derby Best Goals**
5.45 **SPFL Greatest Games**
6.00 **EFL Highlights** Championship.
7.00 **LIVE EFL Leicester City v Birmingham City.** The Championship match at the King Power Stadium. The sides last met two seasons ago, when Leicester won home and away in the league and also prevailed 3-0 here in the FA Cup. Kick-off is at **8.00pm**.
10.30 **Dundee United: Champions 83**
11.00 **EFL Greatest Games**
12.00 M'T **Championship Retro**
2.00 AM **EFL Greatest Games**
4.00 **EFL Cup** Archive action.
5.00 **Best Goals: EFL Cup 2020/21**
5.30 **to 6.00** AM **EFL Trophy**

Sky Sports Cricket

405 405 514 504 422 442

6.00 AM **The Hundred**
9.15 **The Hundred Bitesize**
10.30 **The Hundred** Southern Brave Men v Welsh Fire Men.
2.00 PM **The Hundred Bitesize** Brief highlights of Southern Brave Men v Welsh Fire Men.
2.15 Highlights of Southern Brave Women v Welsh Fire Women.
2.30 **The Hundred** Southern Brave Women v Welsh Fire Women.
5.45 **The Hundred Bitesize** Brief highlights of Oval Invincibles Men v London Spirit Men.
6.00 Highlights of Trent Rockets Men v Birmingham Phoenix Men.
6.15 Trent Rockets Women v Birmingham Phoenix Women.
6.30 **The Hundred** A chance to see the match between Southern Brave Men and Welsh Fire Men from Utilita Bowl in Southampton.
10.00 **The Hundred Bitesize**
10.15 **The Hundred** The match between Southern Brave Women and Welsh Fire Women from Utilita Bowl, Southampton.
1.30 AM **The Hundred Bitesize**
2.00 **The Hundred** A match replay.
5.30 **to 6.00** AM **The Hundred Bitesize**

Sky Sports Golf

406 406 515 505 423 443

6.00 AM **DP World Tour Golf**
7.00 **PGA Tour Golf** Event review.
8.00 **LPGA Tour Golf**
11.00 **HotelPlanner Tour Golf**
11.30 **My Ryder Cup**
12.00 NOON **Countdown to the Ryder Cup** A look ahead.
12.30 PM **LIVE DP World Tour Golf** Coverage of the second day of the Omega European Masters at Crans-sur-Sierre Golf Club in Crans-Montana, Switzerland.
5.30 **PGA Tour Champions**
6.30 **PGA Tour Champions Learning Centre** Golf tips and advice.
7.00 **PGA Tour: The Cut**
7.30 **HotelPlanner Tour Golf**
8.00 **LIVE LPGA Tour Golf** Day two of the FM Championship at TPC Boston in Norton, Massachusetts.
11.00 **PGA Tour Champions**
12.00 M'T **Ryder Cup Memories**
1.00 AM **DP World Tour Golf**
2.00 **Playing Lessons**
3.00 **PGA Tour Champions**
4.00 **Ryder Cup Memories**
5.00 **to 6.00** AM **Golf Academy**

TNT Sports 1

410 413 521 408 430

6.00 AM **UEFA Champions League**
7.30 **Premier League Reload**
7.45 **MotoE Highlights**
8.15 **MotoGP Highlights**
9.15 **Discovery Golf** The latest news.
9.45 **La Vuelta Men** The sixth stage.
10.45 **Ally's Social Club**
11.30 **Premier League Netbusters**
12.00 NOON **UEFA Europa League**
1.00 PM **PL: Big Interview**
1.30 **UEFA Conference League**
2.30 **LIVE Cycling: La Vuelta Men** Stage seven of the Grand Tour race.
4.30 **LIVE UCI Mountain Bike World Series** In Haute Savoie.
6.30 **Premier League Preview**
7.00 **TNT Sports Reload**
7.30 **MotoE Highlights**
8.00 **Discovery Golf** The latest news.
8.30 **Fishing: On the Bank**
9.30 **Onboard** The Ocean Race.
10.00 **MLB Highlights**
11.30 **LIVE MLB Philadelphia Phillies v Atlanta Braves.** Coverage of the National League East match. Start-time **11.45pm**.
2.45 AM **MLB: Off the Bat**
3.15 **MLB Plays of the Week**
3.45 **TNT Sports Reload**
4.00 **to 6.00** AM **LIVE AFLW GWS Giants v Adelaide Crows.**

TNT Sports 2

411 414 522 409 431

6.00 AM **La Vuelta Men** Stage six.
7.00 **LIVE Snooker: Wuhan Open** Coverage of the opening session of the semi-finals from Wuhan Gymnasium in China.
10.30 **Fishing: On the Bank**
11.30 **Onboard** The Ocean Race.
12.00 NOON **MotoGP Rewind**
12.15 PM **Premier League Reload**
12.30 **LIVE Snooker: Wuhan Open** The second session of the semi-finals from Wuhan Gymnasium.
4.00 **Fishing: On the Bank**
5.00 **Inside Serie A** The latest news.
5.30 **MLB Highlights**
6.30 **MLB Plays of the Week**
7.00 **Onboard** The Ocean Race.
7.30 **CPL Highlights**
8.00 **British Superbikes Highlights**
9.00 **British Speedway**
10.00 **Snooker Wuhan Open**
12.00 M'T **Hard Knocks** NFL insight.
1.00 AM **LIVE NWSL Orlando Pride v Gotham FC.** From Inter&Co Stadium. Kick-off is at **1.00am**.
3.15 **Playing for Our Future – Football** Documentary.
3.30 **Supertri E World Triathlon Championship** From Chicago.
4.30 **WNBA** Recent action.
5.30 **to 6.00** AM **TNT Sports Reload**

Sky Sports Action

412 410 517 507 426 446

6.00 AM **Rugby League Retro**
8.00 **Super League Retro**
10.00 **British and Irish Lions Tour**
11.00 **LIVE NRL Melbourne Storm v Sydney Roosters.** The match from the 26th round of fixtures at AAMI Park. Kick-off **11.00am**.
1.00 PM **Rugby Union Retro**
2.00 **British and Irish Lions Tour**
3.55 **LIVE Currie Cup Rugby Union Free State Cheetahs v Griquas.** The match from the sixth round of fixtures at Toyota Stadium. Kick-off is at **4.00pm**.
5.50 **Rugby Greatest Games**
6.05 **Rugby Union Retro**
6.20 **My Icon** Leon Pryce.
6.30 **British and Irish Lions Tour** Australia v British & Irish Lions at Accor Stadium in Sydney.
7.30 **LIVE Super League Hull Kingston Rovers v St Helens.** Coverage of the match from the 24th round of fixtures staged at Sewell Group Craven Park Stadium. Kick-off is at **8.00pm**.
10.15 **Rugby Union Retro**
10.45 **Rugby Greatest Games**
11.00 **Rugby League Retro**
3.00 **to 6.00** AM **British and Irish Lions Tour**

Sky Sports Sky Sports+

404 404 518 508 427 447

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
9.00 **Good Morning Transfers**
10.00 **Sky Sports FC**
12.00 NOON **Transfer Talk**
1.00 PM **Total Football**
3.30 **LIVE US Open Tennis** Coverage of day six of the Grand Slam from the USTA Billie Jean King National Tennis Center in Flushing Meadows, New York.
7.30 **LIVE Super League Hull Kingston Rovers v St Helens.** The match from the 24th round of fixtures at Sewell Group Craven Park Stadium. Kick-off **8.00pm**.
10.15 **LIVE US Open Tennis** Further coverage of day six of the Grand Slam at the USTA Billie Jean King National Tennis Center in Flushing Meadows, New York, where the third round is scheduled to begin. The top seeds in both the men's and women's draws continued their fine form in the corresponding stage 12 months ago, as Jannik Sinner beat Christopher O'Connell 6-1, 6-4, 6-2, and Iga Swiatek triumphed 6-4, 6-2 over Anastasia Pavlyuchenkova.
5.30 **to 6.00** AM **Sky Sports News**

Sky Sports Tennis

408 408 537 520 425 445

6.00 AM **ATP Tour This Week**
6.30 **US Open Tennis** The fifth day.
3.30 PM **LIVE US Open Tennis** Coverage of day six of the Grand Slam from the USTA Billie Jean King National Tennis Center in Flushing Meadows, New York.
12.00 M'T **LIVE US Open Tennis** Further coverage of the sixth day of the Grand Slam in New York.
5.30 **to 6.00** AM **WTA & ATP Tennis**

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **PGA Tour Champions**
8.00 **LPGA Tour Golf**
11.00 **The Hundred Bitesize**
11.30 **PL Retro** Action from 2005.
1.30 PM **The Hundred Bitesize**
2.00 **PL Greatest Games**
3.00 **Indycar** Milwaukee Mile 250.
4.00 **Tennis** Cincinnati Open.
5.30 **PGA Tour Champions**
6.30 **PGA Tour: The Cut**
7.00 **HotelPlanner Tour Golf**
7.30 **The Hundred Bitesize**
8.30 **Abbie Ward: Bump in the Road**
9.45 **PGA Tour Golf** Event review.
10.45 **PGA Tour Champions**
11.45 **PL Greatest Games**
12.00 M'T **One Championship Weekly**
12.30 AM **PL Greatest Games**
1.00 **PDC Classics** Archive action.
3.00 **EFL Greatest Games**
3.45 **LIVE NRLW Canberra Raiders v Wests Tigers.** Kick-off **3.45am**.
5.30 **to 6.00** AM **The Hundred**

TNT Sports 3

413 415 523 410 432

6.00 AM **MLB: Off the Bat**
6.30 **MLB Plays of the Week**
7.00 **Ultimate Pool** The Pairs Cup.
8.30 **TNT Sports Reload**
8.45 **Serie A – Full Impact**
9.15 **Premier League Netbusters**
9.45 **UEFA Champions League**
10.45 **LIVE Cycling: La Vuelta Men** Coverage of stage seven of the Grand Tour race, a 187km route from Andorra la Vella to Cerler.
5.00 PM **Tom Daley: 1.6 Seconds**
6.30 **Ultimate Pool** Pairs Cup.
8.00 **MLB Highlights**
9.00 **Supertri E World Triathlon Championship** From Chicago.
10.00 **La Vuelta Men** Stage seven.
11.00 **UCI Mountain Bike World Series** From Haute Savoie.
12.00 M'T **CPL Highlights**
12.30 AM **LIVE CPL Trinbago Knight Riders v Barbados Royals.** Coverage of the T20 match from Brian Lara Cricket Academy.
4.45 **to 5.45** AM **MotoGP Highlights**

TNT Sports 4

414 416 524 411 434

6.00 AM **British Superbikes Rewind**
6.15 **MotoGP Rewind**
6.30 **Discovery Golf** The latest news.
7.00 **One-Day International Cricket**
10.00 **British Superbikes Rewind**
10.15 **LIVE AFLW Richmond v Essendon.** From TIO Stadium in Darwin. Bounce-up is at **10.15am**.
12.15 PM **TNT Sports Reload**
12.30 **MLB: Off the Bat**
1.00 **CPL Highlights**
1.30 **MLB Highlights**
2.30 **MLB Plays of the Week**
3.00 **Inside Serie A** The latest news.
3.30 **Premier League Netbusters**
4.00 **UEFA Champions League**
10.00 **MotoGP Highlights**
11.00 **Onboard** The Ocean Race.
11.30 **Ultimate Pool** Pairs Cup.
1.00 AM **Premier League**
2.00 **UCI Mountain Bike World Series** From Haute Savoie.
3.00 **La Vuelta Men** Stage seven.
4.00 **to 6.00** AM **Snooker Wuhan Open**

Premier Sports 1

419 551

6.00 AM **LaLiga Highlights**
6.30 **LaLiga Match Highlights**
7.00 **FIM Sidecarcross**
8.00 **DTM Highlights** From Madona.
9.00 **Eredivisie Highlights**
10.00 **World Surf League**
11.00 **Ultimate Karting Championship**
12.00 NOON **Transworld Sport**
1.00 PM **LaLiga Highlights**
2.00 **NASCAR Highlights**
3.00 **World of FreeSports**
3.30 **Euro Le Mans Highlights**
4.25 **Eredivisie Highlights**
5.25 **LaLiga Highlights**
6.25 **LIVE LaLiga Elche v Levante.** From Estadio Manuel Martínez Valero. Kick-off is at **6.30pm**.
8.25 **LIVE LaLiga Valencia v Getafe.** Kick-off is at **8.30pm**.
10.30 **Temples of Sport**
11.00 **LaLiga Specials**
12.00 M'T **LaLiga** Elche v Levante.
2.00 AM **Football's Greatest**
2.30 **British Minibikes**
4.30 **to 6.00** AM **Top 14 Rugby Union**

Premier Sports 2

420 552

6.00 AM **Top 14 Rugby Union**
8.30 **Temples of Sport**
9.00 **Top 14 Rugby Union Highlights**
10.00 **SPFL** Falkirk v Hibernian.
12.00 NOON **Football's Greatest**
12.30 PM **German Cup** Wehen Wiesbaden v Bayern Munich.
2.30 **LaLiga Specials** The best saves from the 2024/25 season.
3.00 **LaLiga** Villarreal v Girona.
5.00 **Temples of Sport** Iconic sporting venues from around the globe.
5.30 **LaLiga** A replay of Real Madrid v Barcelona from 2023/24.
7.30 **Top 14 Rugby Union** Toulouse v Bordeaux Bègles in the final.
10.00 **NASCAR Xfinity Series** A chance to see the Wawa 250, the 25th round of the season held at Daytona Speedway in Florida.
1.00 AM **Bike World** Magazine.
1.30 **United Rugby Championship** Leinster v Bulls in the Grand Final.
3.30 **LaLiga Specials**
3.45 **to 6.00** AM **Champions Cup**

Sky Sports F1

407 407 516 506 424 444

6.00 AM **Formula 1** Highlights.
8.00 **F1 Drivers Press Conference**
8.40 **F1 Features**
9.05 **LIVE F1 Academy** The Dutch Grand Prix first practice session.
9.55 **F1 Features**
11.00 **LIVE Formula 1** The Dutch Grand Prix first practice session.
12.45 PM **F1 Features**
2.45 **LIVE Formula 1** The Dutch Grand Prix second practice session from Circuit Zandvoort.
4.25 **LIVE F1 Academy** Dutch Grand Prix second practice session.
5.20 **The F1 Show** A look ahead.
6.20 **F1 Features**
7.30 **The F1 Show** Race preview.
8.30 **Formula 1** The Dutch Grand Prix first and second practice sessions.
11.00 **The F1 Show** A look ahead.
12.00 M'T **Formula 1** Dutch Grand Prix.
1.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

KIDS WATCHLIST

Great shows for young viewers (from tots to teens) on linear TV and streaming

Into the Wonderwoods

Saturday, 6.45am & 4.45pm, Sky Premiere

When Angelo, a young boy with a big imagination, is accidentally left behind at a rest stop during a road trip to visit his sick grandmother, he decides to set off to find his family – and encounters a magical forested land that is inhabited by wondrous creatures, some more menacing than others.

Together with his new friends, Angelo embarks on a colourful adventure, during which they have to save the forest from destruction by a dastardly creature called Ultra.

CBeebies Musical: The Great Ice Cream Hunt

Monday, 9.00am, CBeebies & BBC iPlayer

In this super-sweet and colourful summer treat from the CBeebies gang, Lolly the Cow and Pinecone the Hedgehog set off on a musical road trip. Along the way, they have to find where the missing ice creams have gone – and who's responsible for the mischief...

A fun and joyous adventure, starring all of your CBeebies favourites, plus some special guests too!

More great shows to watch this week...

Around the World with Dora

Weekdays, 9.05am, Milkshake! on 5

The explorer invites us along on her global adventures, where this week's destinations include the Sequoia National Park in California, USA.

LEGO Disney Princess: Villains Unite NEW

From Monday, Disney+

After the princesses thwarted Gaston's attempt to take over their kingdoms, he calls on the other Disney villains to help in his evil plans.

Shape Island

From Friday, Apple TV+

Serious Square, intrepid Circle and tricky Triangle return for a second season of the animation, inviting us to their island for more imaginative, fun and clever adventures.

CROSSWORD

Solve the clues in our just-for-fun crossword puzzle and re-arrange the shaded squares so the letters spell the name of an American actor (6,7). Answers at the bottom of the page – no cheating!

ACROSS

1 Mark --------, actor who stars as Marlon Dingle in ITV1 soap *Emmerdale* (8)
4 See picture clue: Take That singer and former judge on talent show *The X Factor*, ---- Barlow (4)
8 Girl group whose hits include 1997's *Never Ever* (3,6)
9 American guitarist and singer whose real name was Ellas Otha Bates (2,7)
12 1980 movie with Peter Sellers and Shirley MacLaine, *Being* ------ (5)
13 ------ Tyler, lead singer with the rock band Aerosmith (6)
14 -------, American actor in the *Dune* films , and 2017's *The Greatest Showman* (7)
17 Joe -------, actor known for *EastEnders* and *Doc Martin* (7)
19 Role played by Ardal O'Hanlon in comedy series *Father Ted* (6)
20 Sooty's friend (5)
22 US actor and talk-show host, Drew ---------- (9)
24 1959 Chuck Berry song, *Memphis*, ---------- (9)
25 ITV1 game show spin-off, ---- *the Chasers* (4)
26 Cillian Murphy gangster drama, *Peaky* -------- (8)

DOWN

2 Marx brother famous for blowing a horn (5)
3 *Game of Thrones* actor, Oona -------- (7)
4 Iconic music festival held annually in Somerset (11)
5 Heidi -----, singer and 2013 *Celebrity MasterChef* contestant (5)
6 *Don't Hate the* ------, ITV2 comedy panel show presented by Jordan Stephens (6)
7 Musician born in Havana, Cuba in 1957, Gloria -------- (7)
10 Reality series fronted by Fred Sirieix, *First* ----- (5)
11 Jason Bateman sitcom, *Arrested* ---------- (11)
15 2004 movie with Billy Bob Thornton as Davy Crockett, *The* ----- (5)
16 Angela -------, 1993's *What's Love Got to Do with It* and *9-1-1* star (7)
18 See picture clue: Motsi ------, dancer and *Strictly* judge (6)
19 Gerald -------, late British author of *My Family and Other Animals* (7)
21 Bert's friend in children's show *Sesame Street* (5)
23 Lead singer with rock band The Who, ----- Daltrey (5)

WORDS: LYNETTE BRIGHTON. PHOTOS: GETTY, SKY CINEMA, BBC, APPLE TV+.

We are committed to only using magazine paper that is derived from responsibly managed, certified forestry and chlorine-free manufacture. The paper in this magazine was sourced and produced from sustainable managed forests, conforming to strict environmental and socioeconomic standards.
Recycle

CROSSWORD SOLUTION

ANSWER: George Clooney **ACROSS:** 1 Charnock 4 Gary 8 All Saints 9 Bo Diddley 12 There 13 Steven 14 Zendaya 17 Absolom 19 Dougal 20 Sweep 22 Barrymore 24 Tennessee 25 Beat 26 Blinders
DOWN: 2 Harpo 3 Chaplin 4 Glastonbury 5 Range 6 Playaz 7 Estefan 10 Dates 11 Development 15 Alamo 16 Bassett 18 Mabuse 19 Durrell 21 Ernie 23 Roger

Coming soon

Frauds

FIRST LOOK

Suranne Jones and Jodie Whittaker headline a Spain-set heist drama

The con is on in ITV1's upcoming thriller *Frauds*, which sees a pair of criminals reunite to attempt to carry out a risky theft.

In the six-part series, airing later this year, Suranne Jones portrays confidence trickster Bert, who has spent 10 years in a Spanish prison – but she has now been released on compassionate grounds.

Bert is soon reunited with her old partner in crime, Sam (Jodie Whittaker), who is living a quiet life in southern Spain. But Bert wants to accomplish one last job – a lucrative art heist – and she attempts to convince Sam to come out of retirement and join her. As the duo's complex past emerges, Sam must work out whether she can really trust her scheming pal…

Sam and Bert

WILD RIDE

Karan Gill plays forger Bilal, while Christian Cooke is moneylender Deegs, and Elizabeth Berrington, Kate Fleetwood, Talisa Garcia, Nansi Nsue, Lee Boardman, Abdul Salis, Thais Martin and Javier Taboada round out the cast.

'Working on *Frauds* has been a wild ride,' says Jones, who has also co-created the drama. 'We took the idea of toxic female friendship and turned it on its head to give the heist genre an emotional heartbeat. I have always wanted to work with Jodie. I hope you love Bert and Sam and all they get up to as much as we do.'

WHAT'S NEXT FOR...

Daniel Mays

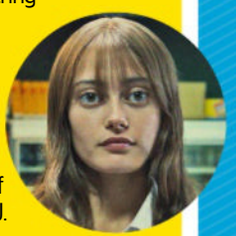
The actor will play cab driver and sex attacker John Worboys in ITV1's true-crime drama **Believe Me**, which follows several women who Worboys assaulted as they fight to be heard. Aimee-Ffion Edwards co-stars.

Gary Lineker

In ITV1's game show **The Box**, the presenter will oversee proceedings as famous faces are taken to mystery locations in yellow boxes, before the doors are opened and they tackle challenges to avoid elimination.

Coming Back

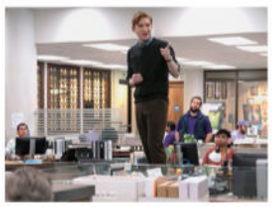
Filming is under way on the return of Sky Atlantic's comic thriller **Sweetpea**, centring on murderous wallflower Rhiannon (Ella Purnell, right). Tamsin Greig joins the cast as Liv, the mother of Rhiannon's ex AJ.



Monica Dolan will appear in the second run of BBC3's comedy **Smoggie Queens**, which follows a group of Middlesbrough LGBTQ+ friends. This time around, the gang tackle new relationships and revive old ones.

Next week

On sale Tuesday 26 August



The Paper

Sky Max's follow-up to the US version of *The Office* explores life on a struggling newspaper.

I Fought the Law

Sheridan Smith stars in ITV1's true-crime drama about a mother's battle for justice.

Mitchell and Webb Are Not Helping

Robert Webb and David Mitchell reunite for C4's sketch show.

Women's Super League

Lionesses feature as the new season kicks off on Sky Sports.

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